



The LTBB Tribal Governmental buildings will be closed from December 25, 2023 to January 2, 2024 for deep cleaning. Emergency assistance will be available during this time. All departments will return to regular hours on January 3, 2024. Tribal police and conservation officers will remain active.

LTBB Health Department, Dental Clinic and Behavioral Health Holiday Hours

Closed December 25, 26 & 28, 2023 & January 1 & 2, 2024

**Open December 27 & 29
8 am to 5 pm
for Urgent Care Only**

**Pharmacy Hours
Closed December 25, 2023 & January 1, 2024**

**December 26
8 am to 12 pm**

**December 27, 28 & 29, 2023
8 am to 5 pm**

**January 2, 2024
8 am to 12 pm**

GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY (GHWIC) SITE VISIT

Submitted by the **Community Health Department**

In the beginning of October, the Community Health Department was given the opportunity to host the bi-annual site visit from the Good Health and Wellness in Indian Country grantor and their tribal community recipients.

The Good Health and Wellness in Indian Country (aka GHWIC) traveled around Bay Shore, Petoskey, Harbor Springs, Good Hart and Cross Village, MI, to learn about the past, present and future of the Little Traverse Bay Bands of Odawa Indians. The group visited for 2.5 days with mornings scheduled for grant work purposes and collaborating to achieve ideas/goals set to bring health and wellness to our respectful tribal communities. Community Health staff, Community Wellness Advocate Marlene Gasco, Community Health Grant Coordinator Angeline Roberts and Registered Dietician Nutritionist Lauren Rabish, accompanied the group during the tour visit along with Archives Director Eric Hemenway who shared many stories about



our area history as Waganakising Odawa people. The group visited the historical sites, which included stops at the Holy Childhood Church in Harbor Springs, MI, the Greensky Hill Church in Bay Shore, MI, and the St. Ignatius Cemetery in Good Hart, MI, to name a few. The group was very moved to hear about the Indian Boarding School at the Holy Childhood Church and watched the NBC special, featur-

ing Yvonne Walker-Keshick and Fred Kiogima telling their stories about personal experiences while attending the school. They also learned about our traditional teaching of ghost suppers and grave crowns because of the fall time visit. The group was able to explore the newly remodeled Ogichidaa Trail, located at the LTBB Government Center in Harbor Springs, MI, and visit the Archives and Records Department

“Good Health” continued on page 34.

HO HO ... HOUSEHOLD HAZARDOUS WASTE?!

Season's greetings LTBB! Traven Michaels, the Environmental Services Program's Environmental Response Specialist here, wishing you happy holidays! As we enter into the coldest months of the year here in Northern Michigan, it is likely we will be spending more time indoors than other parts of the year. Over the winter which lies ahead, many of us will probably spend more time cooking, cleaning, recreating and simply *living* indoors. Our homes will be our safe havens when winter storms blow through. They will be the place where we spend quality time with our family and friends, too! With that in mind, I wanted to bring your attention to the issue of household hazardous wastes or HHWs. In order to keep your home as safe and as clean as possible, reducing how much household hazardous waste you produce and properly disposing



of these kinds of wastes is of the utmost importance, especially this time of year. So, without further ado, here is some important information and some tips and tricks to keep you and your family safe going into 2024!

What is Household Hazardous Waste? (HHW)

The Environmental Protection Agency (EPA) considers “some leftover household products that can catch fire, react, or explode under certain circumstances, or that are corrosive or toxic” as household hazardous waste. Products, such as paints, cleaners, solvents, oils, batteries, medications and pesticides can

contain hazardous ingredients and require special care when you dispose of them.

Some more specific and commonly found examples of household hazardous waste and the risks associated with them include, but are not limited to:

- Lithium batteries – explosion/fire risk
- Old propane tanks – explosion/fire risk
- Bleach – toxic ingestion/inhalation risks, pollutant
- Spray paint – explosion/fire/toxicity
- Automotive liquids like oil or anti-freeze – flammable/toxic

“Waste” continued on page 33.

LTBB TRIBAL CITIZENS ENROLLED AS OF 11-13-2023 = 4,543

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This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

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Little Traverse Bay Bands of Odawa Indians
7500 Odawa Circle
Harbor Springs, Michigan 49740

Return Service Requested

Tribal Telephone Directory and Website Information

LTBB Governmental Website <i>Odawa Trails</i> Website	www.ltbodawa-nsn.gov www.odawatrails.com
Beverly Wemigwase, Receptionist	231-242-1400 1-866-652-5822
<u>Tribal Administration</u> 242-1400	Health Clinic 242-1700
<u>Tribal Chairman's Office</u> Lakota Worthington, Administrative Assistant 242-1401	Health 242-1600 Community Health (Transportation) 242-1601
<u>Tribal Council/Legislative Office</u> Linda Gokee, Office Coordinator 231-242-1406 Marin Taylor, Administrative Assistant 242-1403	Dental Clinic 242-1740 Maternal Child Health Outreach 242-1614
<u>Legal Department</u> Su Lantz, Assistant 242-1407 NO Collect Calls Accepted	Pharmacy 242-1750
<u>Office of Citizens Legal Assistance</u> Cherie Dominic, Attorney 242-1433 NO Collect Calls Accepted	<u>Housing Department</u> Heidi Bosma, Administrative Assistant 242-1540
<u>Accounting Department</u> Jon Shawa, Assistant 242-1440	<u>Human Resources Department</u> Dorla McPeak, Administrative Assistant 242-1555
Mandy Szocinski, Contracts 242-1439	<u>Human Services Department</u> Emily Conners, Administrative Assistant 242-1621
<u>Archives, Records and Repatriation Department</u> Eric Hemenway, Director 242-1527	<u>IT Department</u> Jay Field, Director 242-1531
<u>Commerce Department</u> Hayden Hooper, Director 242-1584	<u>Law Enforcement Department</u> Tribal Police 242-1500
<u>Communications Department</u> Annette VanDeCar, Coordinator 242-1427 Wendy Congdon, Pre-Press Graphic Specialist 242-1429	<u>Natural Resource Department</u> Debra Smithkey-Browne, Administrative Assistant 242-1670
<u>Elders Department</u> Dorothy Pagel, Administrative Assistant 242-1423	<u>Planning, Zoning and Building Department</u> Tammy Willis, Administrative Assistant 242-1581
<u>Enrollment Department</u> Lindsey Doerfler, Administrative Assistant/Genealogist 242-1521	Amanda Swiss, Tribal Planner 242-1508
<u>Facilities Department</u> Simon Kenwabikise, Director 242-1532	<u>Substance Abuse/Mental Health Department</u> Pat Boda, Administrative Assistant 242-1640
<u>Education Department</u> Tammy Gasco, Administrative Assistant 242-1480	Brenda Schoolcraft, Office/Intake Coordinator 242-1642
<u>Gijigowi Anishinaabemowin Language Department</u> Theresa Keshick, Administrative Assistant 242-1457	<u>Tribal Court/Peacemaking Program</u> 242-1462
<u>GIS Department</u> Alan Proctor, Director 242-1597	<u>Tribal Prosecutor's Office</u> Gwen Teuthorn, Office Manager 242-1475
<u>Health Department</u> 242-1611	<u>Youth Services Department</u> Tina Dominic, Director 242-1593

Election Board

ElectionBoard@ltbbelectionboard.org

Little Traverse Bay Bands of Odawa Indians
Anishinaabemowin Interpretation of LTBB Mission Statement
Debendziwin aawan maanda Odawa aawiyiing. Geyaabi gdaa'anaa miinwaa gdanwewmi Anishinaabemowin, maanda egishkaago'iing debendziwin ebidgwasiing mnaadendziwin miinwaa wiimnaadendziyiing. Gdabendaanaa debendziwin kina gwaya Odawak naasaap eyaamjik, maanda naakinigewinan, maadziwin miinwaa mndoowaadziwin gaanaaniigaaniijik debendamowaad. Maanda debendziwin eyaamiing nangwa, kanamaajiidonaa niigaan ezhibezhigoyiing, kinoomaadwin, dbaakinigewin, giigidowin miinwaa naakinigewin. Kazhiibignaketaanaa maanda niizhwaachiing bimaadziwin waabi'aamigak mjignamiing ninda mnomaadziwinan echipiitendaakin: nbwaakaawin, zaagidwin, mnaadendamowin, aakdeewin, gwekwaadziwin, dbaadendziwin miinwaa debwewin. Kanakaazinaa ninda gdabendaaswinaanin, jimiigwe'iing nakaazwinan jimnomewzi'ing, enitaanokijik maampii Anishinaabek enaapshkaamwaaad maanda gbimaadziwin. Ninda eyaamiing echipiitendaakin, miigi kina gwaya maampii enjibaad jiniigaanibizad.

LTBB Mission Statement
Being Odawa is all about freedom. The Freedom to be a part of a people who, with integrity and pride, still have and speak our own language. The freedom to share in common with all other Odawak the customs, culture, and spirituality of our ancestors. The freedom we have today we will bring to the future through unity, education, justice, communication, and planning. We will reach out to the next seven generations by holding to cultural values of Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth. We will utilize our Tribal assets to provide the necessary tools to become successful, hard-working community members who proudly represent our culture. With these values we will move the Tribe forward.

Contact Information

ODAWA TRAILS



Annette VanDeCar
Communications
Coordinator
231-242-1427

Wendy Congdon
Pre-Press Graphic
Specialist
231-242-1429

The Communications Department welcomes submissions for our "Lines From Our Membership" section of the newsletter, but we cannot run anything political in nature or expressing an opinion due to a long-standing department policy. Because we have a newsletter and not a newspaper, we do not have an editorial page. We reserve the right to edit any material submitted for space and content.

The deadline for the January 2024 issue of *Odawa Trails* is November 27, 2023.

You can e-mail or call your submissions in to newsletter@ltbbodawa-nsn.gov or at 231-242-1427 or 231-242-1429. Please only call in your submissions if they are short. We also welcome comments, suggestions and story ideas.

ADVERTISE WITH US!

FREE GRAPHIC DESIGN SERVICES AVAILABLE!

3 Column X 3 in.

1 Month = \$36

3 months = \$91.80 **save \$16.20!**

6 Months = \$172.80 **save \$43.20!**

12 Months = \$324 **save \$108!**

4 of our most popular sizes!!

A complete listing of ad sizes and prices are on our website at:
www.odawatrails.com

1 Column X 4 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

2 Column X 4 in.

1 Month = \$32

3 months = \$81.60 **save \$14.40!**

6 Months = \$153.60 **save \$38.40!**

12 Months = \$288 **save \$96!**

2 Column X 2 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

DEPARTMENTS & PROGRAMS



COMMUNICATIONS DEPARTMENT

Christmas Coloring Contest Rules

Crayons * Markers * Paint * Stickers * Colored Pencils * Glitter * You choose!

- Age categories are 3-7 and 8-12.
- Limit one submission per child.
 - All entries must be the original size.
 - Open to LTBB Community Citizens.
 - Entries can be submitted by snail mail,

7500 Odawa Circle, Harbor Springs, MI 49740 or dropped off at the LTBB Governmental Center, 7500 Odawa Circle, Harbor Springs, MI 49740. **No exceptions!**

- All mailed entries must be postmarked

by November 27, 2023. **No exceptions!** Submissions judged by Communications/Odawa Trails staff with three winners being selected in each age category. Each winner will receive a prize!

WELCOME WE ARE BACK **OPEN!**

WEEKDAYS 9AM - 5PM
MONDAY, WEDNESDAY, FRIDAY 9AM - 7PM

MZINIGANGAMIK
— CULTURAL LIBRARY —

Do you need a Food & Utility Appropriation Allowance Application?

Go to www.ltbbodawa-nns.gov, look under the Services tab and go to the Forms Directory.

Still have questions? Call the Elders Department at 231-242-1423 for more information.

PLEASE NOTE:

The LTBB Grants Department works with LTBB Departments to obtain external funds for ongoing and special programming, services and resources for the tribal community. Please contact the respective LTBB Department for information on programming that may be of interest to you.



Name: _____ Age: _____

Phone: _____

Parent or Guardian must fill out information.

ARE THERE ANY SUPPORT GROUPS IN MY AREA?

I'M LOOKING FOR AFFORDABLE HEALTHCARE...

I NEED HELP WITH MY SECURITY DEPOSIT...

I NEED HELP WITH GROCERIES...

DIAL 211

FREE, CONFIDENTIAL INFORMATION & REFERRALS AVAILABLE 24/7

We want your birthdays, anniversary wishes, congratulations, wedding announcements, birth announcements or a miigwetch!!

Surprise the ones you love with a thinking of you!

Submissions can be e-mailed to newsletter@ltbbodawa-nns.gov



LEGISLATIVE BRANCH

2024

Legislative Branch/Tribal Council Regular Work Session & Meeting Schedule

*Monday and Tuesday, January 1 and 2, New Year's Eve and
New Year's Day Observed, Offices Closed*

Work Session

Tuesday, January 9
Tuesday, January 23

Tuesday, February 6
Tuesday, February 20

Tuesday, March 5
Tuesday, March 19

Tuesday, April 2
Tuesday, April 23

Tuesday, May 7
Tuesday, May 21

Monday, May 29, Memorial Day, Offices Closed

Tuesday, June 11
Tuesday, June 25

Thursday, July 4, Independence Day, Offices Closed

Tuesday, July 9
Tuesday, July 23

Tuesday, August 6
Tuesday, August 20

*Monday, September 2, Lewis and Doris Adams Day
(Labor Day), Offices Closed*

Tuesday, September 10

Friday, September 20, Sovereignty Day Observed, Offices Closed

Tuesday, September 24

Friday, September 27, Michigan Indian Day, Offices Closed

Tuesday, October 8

Monday, October 14, Indigenous Peoples' Day, Offices Closed

Tuesday, October 22

Tuesday, November 5

Monday, November 11, Veterans' Day, Offices Closed

Tuesday, November 19

*Thursday and Friday, November 28 and 29,
Thanksgiving Holiday, Offices Closed*

Tuesday, December 17

*Tuesday, December 24 through Wednesday, January 1, 2024,
Legislative Offices Closed*

Meeting

Thursday, January 11
Thursday, January 25

Thursday, February 8
Thursday, February 22

Thursday, March 7
Thursday, March 21

Thursday, April 4
Thursday, April 25

Thursday, May 9
Thursday, May 23

Thursday, June 13
Thursday, June 27

Thursday, July 11
Thursday, July 25

Thursday, August 8
Thursday, August 22

Thursday, September 12

Thursday, September 26

Thursday, October 10

Thursday, October 24

Thursday, November 7

Thursday, November 21

Thursday, December 19

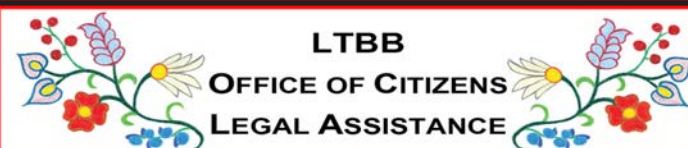
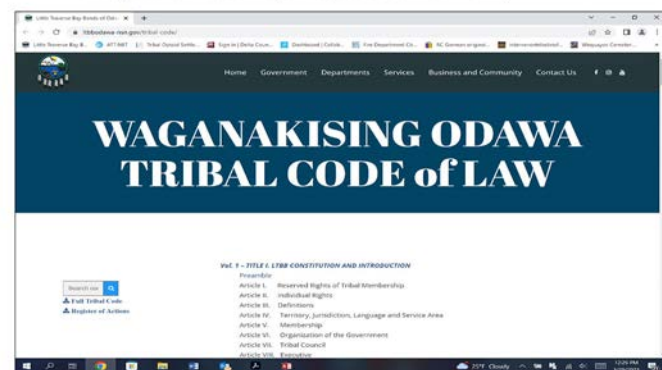
NOTICE:

NEW TRIBAL CODE WEBPAGE

The Tribal Code Webpage has been restructured!!!!

New features included:

- Tribal Code Titles posted separately and searchable
- Full Tribal Code posted in its entirety
- Register of Actions (all updates since 2012)



LTBB

OFFICE OF CITIZENS
LEGAL ASSISTANCE

The Office of Citizens Legal Assistance (OCLA) was established to provide free, limited-scope legal services to LTBB tribal citizens. Areas of law covered include, but are not limited to, the following:

- ❖ **Family Law**
 - Divorce
 - Child Custody
 - Child Support
- ❖ **Consumer**
 - Debt Collection
- ❖ **Indian Child Welfare Act / Michigan Indian Family Preservation Act**
- ❖ **Setting Aside Conviction/s**
- ❖ **Driver License Restoration**
- ❖ **Estate Planning**
 - Wills
 - Deeds
 - Health Care Directives
 - Powers of Attorney
- ❖ **Probate**
 - Estate Administration
- ❖ **Landlord/Tenant**
 - Evictions
 - Tenant Rights
- ❖ **Personal Safety**
 - Personal Protection Orders (PPO)
 - Abuse/Neglect of Adults

For assistance, please contact Cherie Dominic, OCLA attorney, at:
(231) 242-1433 Office
(231) 330-0529 Mobile
cdominic@LTBBodawa-nsn.gov

Michigan Indian
Legal Services 

WE ARE OPEN & READY
TO HELP YOU!



CALL US
800-968-6877
OR AT
231-947-0122

Must meet
income-eligibility
requirements
in order to
receive free
legal services.

WWW.MILS3.ORG



FOODS THAT WILL HELP OUR WILD FRIENDS DURING COLD WEATHER

guardiansofrescue.org

- Uncooked oats
- Cereal
- Cooked rice (ideally brown)
- Soaked dog kibble
- Wet dog or cat food
- Fresh coconut in the shell
- Baked potatoes
- Suet blocks / bird cake
- Raw peanuts / walnuts / others
- Raw sunflower seeds
- Wild birdseed
- Bread is better than nothing at all, but is very low in nutritional value.

Thank You for caring!

Guardians
of
Rescue

December Elders Birthdays

Happy Birthdays to everyone born in December!

December 1

Doreen Wilson
Danon Ervick
Howard Scott
Carol Lavergne
Ivy Bradley
Teresa Fletcher
Tonya Moore

December 2

Karen Kaleta
Wayne Glazier
Pamela Feldstein

December 3

Kemo Smith
Brian Thornburg
Rhonda Babcock
Wendy Timmons
Randal Beckhorn

December 4

Daniel McGraw
Roberta Hinman
Donna Webb
Virginia Sherwood
Dolphus Delmas, Sr.
Vera Olsen
Roger Wemigwase
Carl Strate, Sr.
Geri Wieseler

December 5

Connie Didomenico
Marilyn Wojack
Yvonne Salgat

December 6

Donna VanderHyde
Marcelino Bernard, Jr.
Robert Zalewski
James Shomin

December 7

Pamela Newman
James Minor
Florence Indelicato
Mel Cripps
Karen Brosseau

December 9

Jon Kilborn
Kathleen Mobley
Teresa Seume
Samuel Worthington
Bonnie Ramirez

December 10

Nathaniel Chingwa
Allan Himes
Marvin Sebeck
Debra Relph

December 11

Leonard Emery
Floyd Harrington, Jr.
Brian Denemy
Ronald Noack, Jr.

December 12

Alice Yellowbank
Teresa Schulz

December 13

Timothy Portman
Lori Blumke
Arthur LeClear
Robin Sloan
Stephen Minor
Kenneth Gibson
Deborah Root

December 14

Maanii Tall Cloud
Sherry Shananaquet
Barbara King
Arthur Keller

December 15

Marsha Anderson

December 16

Vincent Sanchez
Frederick Engstrom
Nancy Bennett
Patricia Chagoya
Lisa Bartels
Shirley Eaves
Sharon Curran

December 17

Patricia Weber
Scott Keway
Anna Bixler

December 18

Allan Voisard
Patricia Booth
Harvey Brubacker III

December 19

Kelly Cutler-Shafer
Shirley Davis
Jesse Hansen
Joseph Keller
Alice Liebgott

December 20

Gaila Carpenter
Thomas Adams, Jr.
Duane Cutler
Janeane Jackson

December 21

Mary Deneen
Byron Piler
Richard Andrews

December 22

Jack Ross
James Kagabitang, Jr.
Patricia DeHailey

December 23

Diane Gibson
Anita Coss
Lisa Carlson
Robert Noack
Dennis Hanson
Robert Devernay

December 24

Ronnie Head
Timothy Quick
Patrick Boda

December 25

Christina O'Banion
Marilyn Muskovin
Paula Hall

December 26

Allen Gasco
Jean Ansorge
Janice Shackelford
Daniel Root
Elizabeth Keller
David Paul
Merle Carson, Jr.
George Sandoz
Nancy Cassidy

December 27

Mary Mankin
Frances Compo
Marion Turner
Robert Boda
Levi Walker, Jr.
Michael Chisholm
Christine Sevener

December 28

Christine Levandoski-
Russell
Michele Eising
David Massey
Rena Anderson

December 29

Donald Portman
Zetta Propst
Deloise Mitchell

December 30

William King
Shirley Adkins
Anthony Clark
Stacey Miller
Karen Thiesse
Freda Baughman
Lily Anderson

December 31

Jamie Genia I
Mia Eilers
Ella Petoskey
Marie Simmons

HUMAN SERVICES DEPARTMENT

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) UPDATE



the building blocks for healthy bones, muscles, skin and blood. Frozen bison should be kept frozen until ready to thaw and use. Thaw in the refrigerator overnight or use the defrost setting in the microwave.

Cooking Tips

Use a slow cooker or braising pan in the oven to cook bison stew meat low and slow.

Bison stew meat goes well with added liquid and vegetables. Try braising in stock and adding vegetables such as carrots, potatoes and cabbage.

Pair your favorite bison stew recipe with prepared rice, finely chopped and sautéed cauliflower or cornbread.

Frozen Strawberries



Strawberries are a nutrition powerhouse, full of fiber, vitamins C and A, iron and folic acid. They provide natural sweetness and color to smoothies, sauces and jams or as a topping on yogurt or oatmeal. Frozen strawberries should be kept in the freezer at or below 0°F until ready to use. Thaw according to package instructions or use them frozen.

Storage and Preparation Tips

Did you know? Frozen strawberries are individually quick frozen, so you can open the "FDPIR Update" continued on page 6.

DO YOU QUALIFY FOR THE LTBB U.S.D.A. FOOD DISTRIBUTION PROGRAM?

Please call our office to see if we are able to help you!
Call Monday - Friday
8 am to 5 pm at 231-242-1620.

**food distribution varies depending on availability*

IN ACCORDANCE WITH FEDERAL LAW AND U.S DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, RELIGION, POLITICAL BELIEFS, OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING 1400 INDEPENDENCE AVENUE, S.W. WASHINGTON D.C. 20250-9410, OR CALL (202) 702-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

SEEKING: FOSTER HOMES

Little Traverse Bay Bands of Odawa Indians
Department of Human Services
is searching for foster homes!

If you, or someone you know, have the time and desire to become a foster parent for our youth, please contact the LTBB Department of Human Services at 231-242-1620

TOGETHER

With compassion and community we can end violence against women and girls

KNOW RESPECT
Mnaadendmowin
Be respectful

SHOW LOVE
Zaagidwin
Be caring

BE HONEST
Gwekwaadziwin
Be truthful

The 7 Grandfather Teachings
LOVE
RESPECT
COURAGE
HONESTY
WISDOM
HUMILITY
TRUTH

Get involved • Support survivors

Little Traverse Bay Bands of Odawa Indians
Call Monday through Friday 9-5: (231) 242-1620
Women's Resource Center of Northern Michigan
24-Hour Crisis and Information Line: (231) 347-0082 or (800) 275-1995

This brochure was developed by the Little Traverse Bay Bands of Odawa Indians. Services supported by Grant No. 2015-TW-AS-0030 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

Recipe Corner: How Do I Use the New Foods in the FDPIR Food Package?

Frozen bison stew meat in a two-pound package and frozen strawberries in a one-pound pack have been added to the food package. Have you tried them yet? Here are some things to consider when taking home these new foods:

Bison Stew Meat

Bison is a traditional food to many Native American communities across North America. It is a good source of lean protein, which provides

"FDPIR Update" continued from page 5.

bag, take what you need and put the rest back in the freezer. You may need to use your hands to break frozen strawberries apart when taking out the amount needed.

Add frozen strawberries to baked items such as breads and muffins or to smoothies.

For more recipes and information on how to use these two new foods, check out the product information sheets for bison stew meat and frozen strawberries.

Four Ways Tribes are Using their Nutrition Education Funding

FDPIR administering tribes and organizations have submitted plans for how they will use the \$4 million in FDPIR nutrition education funds in FY 2024. Are you wondering what other FDPIR programs are planning to do with their nutrition education funds? Take a look at some of the ideas below and start the conversation about how you can bring activities like these to your community.

- Hire a project coordinator and a graphic

designer to assist with projects and updating media with new nutrition education such as recipes, cooking videos, informational flyers and coordinating nutritional outreach events.

- Develop a raised bed herb garden adjacent to the store to conduct nutrition education on a variety of topics such as using herbs in place of salt.

- Implement quarterly or monthly in-person or virtual events where participants can earn a Nutrition Education certificate and become Nutrition Education Leaders in their community. Nutrition Education Leaders can teach and facilitate in-person food demos and virtual webinars to hold each other accountable to improve health and quality of life.

- Incorporate tribal wellness practices, create wellness policies and incorporate prompts at community gatherings and celebrations which reinforce one or more nutrition-related outcomes, including incorporating traditional food sources harvested locally.

Courtesy photos.

DECEMBER 2023 FOOD DISTRIBUTION PROGRAM SCHEDULE

Closed the 25th and 26th for Observance of Christmas Eve and Christmas Day.

Open Distribution: 4th - 8th from 9am - 3pm

Call 231-881-2855 or 231-347-2573 for food pick-up appointments outside of our Open Distribution Week

828 Charlevoix Ave. Petoskey, MI 49770 Behind Fletch's Auto

Deliveries:
Local: 7th and 8th
Peshawbestown: 13th
Traverse City: 19th

For more information, contact Food Distribution Program Specialist Joe VanAlstine at 231-347-2573



APRIL IS SEXUAL ASSAULT AWARENESS MONTH • EMBRACE THE SEVEN GRANDFATHER TEACHINGS

Sexual violence is not our tradition

Reclaim our original value system to restore balance and harmony in our community

SEVEN GRANDFATHER TEACHINGS:
Mnaadendmowin (respect) • Zaagidwin (love)
Nbwaakaawin (wisdom) • Gwewkaadziwin (honesty)
Dbaadendizwin (humility) • Aakde'ewin (bravery)
Debwewin (truth)

Little Traverse Bay Bands of Odawa
Survivor Outreach Services
Call Monday through Friday 8-5: (231) 242-1620
StrongHearts Native Helpline - 24/7: 1-844-762-8483

24-Hour Crisis and Information Line:
(231)347-0082 or (800)275-1995
Operated by Women's Resource Center of Northern Michigan

Less than 1% of the Little Traverse Bay Bands of Odawa Indians Survivor Outreach Services Family Violence Prevention and Services Act grant will be financing this project. Total Family Violence Prevention and Services Act grant 256,207, and 6% of total federal amount utilized.

NEED HELP PAYING FOR CHILD CARE? WE CAN HELP!

APPLICANT DOCUMENTS

- ★ TRIBAL ID
- ★ SOCIAL SECURITY CARDS FOR ALL HOUSEHOLD MEMBERS
- ★ 30 DAYS PROOF OF INCOME FOR ALL HOUSEHOLD MEMBERS
- ★ SUPERVISOR SIGNED WORK/SCHOOL SCHEDULE
- ★ PROVIDER AGREEMENT

LICENSED PROVIDERS

- ★ COPY OF STATE UNEXPIRED LICENSE

UNLICENSED PROVIDERS

- ★ STATE ISSUED ID
- ★ ABILITY TO PASS ANNUAL BACKGROUND CHECKS

LITTLE TRVERSE BAY BANDS OF ODAWA INDIANS, DEPARTMENT OF HUMAN SERVICES
911 SPRING STREET, PETOSKEY, MICHIGAN

MyPlate Holiday makeover

visit choosemyplate.gov for healthier options during the holidays

tweak the sweets

fruits make delicious desserts

cheers to good health

drink water to manage calories

bake healthier

use recipes with pureed fruits instead of butter or oil

spice it up

use spices and herbs instead of sugar and salt

brighten your meal

fill half your plate with fruits and vegetables

skim the fat

try skim evaporated milk instead of heavy cream

swap the grains

choose whole wheat flour instead of white flour

go easy on the gravy

a little bit of gravy goes a long way

USDA is an equal opportunity provider and employer.

DIRECT SERVICES FOR VICTIMS

Childhelp National Child Abuse Hotline
800-4-A-CHILD

Cyber Civil Rights Initiative
844-878-2274

Love Is Respect
866-331-9474, TTY 866-331-8453

Mothers Against Drunk Driving
877-MADD-HELP

National Domestic Violence Hotline
800-799-SAFE, TTY 800-787-3224

National Human Trafficking Hotline
888-373-7888, TTY 711

National Runaway Safeline
800-RUNAWAY

Parents of Murdered Children, Inc.
888-818-POMC

Rape, Abuse, & Incest National Network
800-656-HOPE

Pathways to Safety International
833-SAFE-833

StrongHearts Native Helpline
844-7NATIVE

National Suicide Prevention Lifeline
800-273-8255, TTY 800-799-4889

The Trevor Project
866-488-7386

Veterans Crisis Line
800-273-8255 x1, TTY 800-799-4889

INFO & REFERRALS FOR VICTIMS

Battered Women's Justice Project
Legal Helpline
800-903-0111 x1, TTY 711

Bureau of Indian Affairs, Indian Country Child Abuse Hotline
800-633-5155

Federal Trade Commission Identity Theft Hotline
877-FTC-HELP, TTY 866-653-4261

National Center for Missing & Exploited Children
800-THE-LOST*

Substance Abuse and Mental Health Services Administration Helpline
800-662-HELP, TTY 800-487-4889

VictimConnect Resource Center
855-4-VICTIM

Honoring Our Past. Creating Hope for the Future.

WE CAN HELP

Victim service providers help victims rebuild their lives. We can help you learn about your legal rights and options, cope with the impact of crime, access victim compensation, develop a safety plan, and navigate the criminal justice and social service systems.

CRISIS TEXT LINE |

Support wherever and whenever you need it.

Text **NATIVE** to 741741 or message **Crisis Text Line** on Facebook

DEPARTMENT OF COMMERCE

NEW AMENDMENT TO THE LTBB/STATE OF MICHIGAN TAX AGREEMENT

Submitted by **Hayden Hooper**, DOC Director

The LTBB Department of Commerce (DOC) is excited to announce we have successfully negotiated a 5th Amendment to our LTBB/State of Michigan Tax Agreement! Effective August 1, 2023, if you are looking to move into the Tax Agreement Area, there are now sales/use tax exemptions which could apply to your purchase before you move in. This includes sales/use tax exemptions on a modular/mobile home purchase or sales/use tax exemptions on permanent home improvement/renovation items. There is also an updated exemption for our current Resident Tribal Members. Please see below:

- Effective August 1, 2023 – sales/use tax exemptions on modular/mobile homes or permanent home improvement items for LTBB Tribal Citizens who are moving into the LTBB Tax Agreement Area with such purchases – meaning a person would not have to live within the Tax Agreement Area in order to be eligible

for these specific exemptions.

- The purchase(s) must be for the LTBB Tribal Citizen's future principal residence, which must be within the Tax Agreement Area. The tribal citizen must establish the home as their principal residence within 12 months for a modular/mobile home purchase or within 18 months for permanent home improvement item purchases.

- Effective August 1, 2023 – the AGI limit on the *Form 4013: Resident Tribal Member Annual Sales Tax Credit* has increased from \$80,000 to \$113,000 for the 2023 tax year and a mechanism has been built in, so the amount can be reviewed/updated each year.

Please contact DOC for complete details, requirements and new forms related to these exemptions. Information will also be available on the LTBB DOC web page. For any questions, please contact DOC at 231-242-1584 or DOC@ltbbodawa-nsn.gov. We are very excited to bring these additional benefits to our tribal citizens! Miigwech.

ATTENTION TRIBAL CITIZENS



I am happy to announce that an electronic form of payment will be now be accepted for Enrollment Department services. This includes debit cards, credit cards, and NFC payments. These electronic payment services are in addition to our current forms of payment: cash, money orders, cashier checks, and personal checks.

If you have any questions, please feel free to call the Enrollment office at (231) 242-1522.

IS YOUR CONTACT INFORMATION CURRENT?



Update your contact information with the Enrollment Department.

- ADDRESS
- PHONE NUMBER
- EMAIL ADDRESS
- VETERAN STATUS



Theresa Boda-Naganashe 231-242-1521
Lindsey Doerfler 231-242-1522

ATTENTION LTBB TRIBAL CITIZEN OWNED BUSINESSES

LTBB Tribal Citizen owned businesses wishing to be e-mailed of various business opportunities within the LTBB Government or LTBB-owned enterprises should contact the LTBB Department of Commerce (DOC) to provide an e-mail address in which they would like to be contacted and include a brief statement of what

their business offers.

LTBB DOC will reach out to these businesses directly when departments or entities ask for their business opportunities to be shared.

LTBB DOC can be reached at 231-242-1584 or DOC@ltbbodawa-nsn.gov.

REQUESTS FOR TRIBAL CERTIFICATE OF EXEMPTION (TCE)

The LTBB Department of Commerce (DOC) would like to remind all Resident Tribal Citizens (RTC) that Requests for Tribal Certificates of Exemption (TCE) must be submitted prior to making the purchases. DOC has up to 96 hours to process the request once all necessary information has been received. If the purchase is made before obtaining the TCE, there is now a fallback option which makes it possible for Citizens to request a refund directly from the Michigan Department of Treasury, however this should not be used in lieu of the regular TCE process. The refund process is more burdensome on the RTC and still requires that a TCE is obtained. Refund requests can be made within four (4) years of the original date of purchase. Please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov if you need to request a refund or for any other TCE questions.

partment of Treasury, however this should not be used in lieu of the regular TCE process. The refund process is more burdensome on the RTC and still requires that a TCE is obtained. Refund requests can be made within four (4) years of the original date of purchase. Please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov if you need to request a refund or for any other TCE questions.

IMPORTANT TRIBAL CERTIFICATE OF EXEMPTION UPDATE

The LTBB Department of Commerce would like to share an important update regarding the Tribal Certificate of Exemption (TCE).

While we strongly encourage Resident Tribal Members (RTMs) to obtain TCEs prior to the purchase(s), there is now a way to request a refund directly from the Michigan Department of Treasury for taxes paid on eligible items. If you made an eligible purchase while being an RTM, and you did NOT claim your exemption at the time of purchase – please contact the LTBB Department of Commerce for detailed information on how to request your refund. Refund claims must be made within four years of the original

date of purchase. Please note this refund option should not be used as an alternative to the regular TCE process; rather, it should be a fallback option as the process for a refund is more burdensome on the RTM and still requires the RTM to obtain a TCE. The refund will be requested directly from the Michigan Department of Treasury, however, LTBB DOC can walk you through the process and help you obtain the necessary paperwork to do so (TCE, appropriate receipts, forms from the seller, etc.).

Please contact the LTBB DOC office at 231-242-1584 or DOC@ltbbodawa-nsn.gov for additional information.

LTBB TAX AGREEMENT AREA & RESIDENT TRIBAL CITIZENS

Listed below are the townships included in the LTBB Tax Agreement Area. If your principal residence is within the Tax Agreement Area and your address is updated with the LTBB Enrollment department, you are considered a Resident Tribal Citizen and are eligible for several tax exemptions as defined in our Tax Agreement. For more information on the available exemptions, please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov.

- Little Traverse (all)
City of Petoskey (all)
Readmond (all)
West Traverse (all)
City of Harbor Springs (all)
Bear Creek (all)
*Resort (partial)
*Hayes (partial)
*Bay (partial)
*City of Charlevoix (North of the bridge only)
*Charlevoix Township (North of the bridge only)

LTBB Tax Agreement Area Townships:
Cross Village (all)
Friendship (all)

LTBB GOVERNMENTAL OFFICE CLOSINGS

Please note that **ALL LTBB Governmental offices are closed on these dates, this includes Mskiki Gumik offices**



- November 23, 2023 - Thanksgiving
- November 24, 2023 - Day After Thanksgiving
- December 25, 2023 - Christmas Eve
- December 26, 2023 - Christmas Day
- January 1, 2024 - New Year's Eve

Temporary Help Wanted

Are you a tribal citizen who would like to:

- Gain valuable work experience?
- Work in the tribal community?
- Make a little extra money?
- Gain experience in several fields?

Apply today to join our LTBB Temporary Worker pool!

Temporary assignments can last one day or as long as a month or more. Contact the Little Traverse Bay Bands of Odawa Indians Human Resources Department today!

Call: 231-242-1563

IRS impersonators have been around for a while. But as more people learn their tricks, they're switching it up. So instead of contacting you about tax debt and threatening to get you to pay up, scammers may text you about a "tax rebate" or some other tax refund or benefit. Here's what to know about the new twist.

The text messages may look legit and mention a "tax rebate" or "refund payment." But no matter what the text says, it's a scammer phishing for your information. And if you click on the link to claim "your refund," you're exposing yourself to identity theft or malware that the scammer could install on your phone.

If someone contacts you about a tax rebate or refund:
Never click on links in unexpected texts. Don't share personal information with anyone who contacts you out of the blue. Always use a website or phone number you know is real.
They'll always start by sending you a letter. If you want to confirm, call the IRS directly at 800-829-1040.
Find the status of any pending refund on the IRS official website. Visit Where's My Refund.
Report unsolicited texts or emails claiming to be the IRS. Forward a screenshot or the email as an attachment to phishing@irs.gov.
If you clicked a link in one of these texts or emails and shared personal information, file a report at [IdentityTheft.gov](https://www.ftc.gov) to get a customized recovery plan based on what information you shared.
Even if you didn't lose money to an IRS scam, tell us about it at [ReportFraud.ftc.gov](https://www.ftc.gov).

The IRS won't text you about your refund. It's a scam.

Let us know:
[ReportFraud.ftc.gov](https://www.ftc.gov)

A tax rebate of \$268.48 has been issued to you for an over-payment in year 2021-2022. Click the link to continue.
<https://irsdown...>

GIJIGOWI ANISHINAABEMOWIN LANGUAGE DEPARTMENT

GIJIGOWI ANISHINAABEMOWIN LANGUAGE DEPARTMENT (GALD)

DEVELOPING ANISHINAABEMOWIN LEARNING APPS

Submitted by Sarah Schilling, GALD Media Technician

During the first week of October 2023, the Gijigowi Anishinaabemowin Language Department staff were joined by members of the Niigaandiwon Education Department for a training on app development by Ogoki Learning.



learned to build apps which relate to curriculum projects in both departments.

We are thankful for our partners at Ogoki Learning and the Niigaandiwon Education Department for coming together for this week of learning and helping us to build these resources for the community. Ultimately, we want these apps to help make learning Anishinaabemowin



During the five-day training, staff members learned to update and create various aspects of apps for phones and tablets. Gijigowi is currently partnering with Ogoki to create three Anishinaabemowin learning apps.

The official launch date for the apps is still to be determined as they are in various stages of development and review. After they are reviewed, the apps will be available for free download on the Google Play or Apple app store. The three learning apps include a vocabulary app, a game app and a storybook app.

The main goal of the training was for staff to be able to update these apps with new categories, words, audio as well as game and story content. We hope to not only keep our language apps updated with new content, but to use what we've



more accessible and bring the language into our homes again.

Courtesy photos.

Check out our great Anishinaabemowin Facebook Groups!



LTBB Anishinaabemowin

Our main page is where we post learning materials, resources, announcements.

<https://www.facebook.com/groups/579880368807404>

LTBB Zoom Anishinaabe Language Classes

Here you will find announcements and the schedule of weekly Zoom classes, and handouts from class.

<https://www.facebook.com/groups/555794471766384>

Daminawinan Anishinaabemang

(Games in Anishinaabe Language)

Games and puzzles for the whole family.

<https://www.facebook.com/groups/131141284298625>

Anishinaabemowin Eta

(Anishinaabe Language Only)

No-English Group for Fluent Speakers & Intermediate Learners

<https://www.facebook.com/groups/177520107437>

Ebiimoshin (modern phrase to say "e-mail me")

Bibezhik Kidwin E-mail List - One word at a time - E-mails sent of a single word or phrase with MP3 audio sound attached.

Anishinaabemowin E-mail List: In addition to the Bibezhik Kidwin e-mails, you'll also receive occasional e-mails regarding Anishinaabemowin Language such as announcements of Language or Cultural Activities, Classes, Events or General Information and News.

Send us an e-mail, and we'll add you to the "Bibezhik Kidwin E-mail List" or the "Anishinaabemowin E-mail List." Carla Osawamick (McFall) at cosawamick@lbbodawa-nsn.gov

BIBOONG - IN THE WINTER CROSSWORD PUZZLE

T V X H G E U R N C O Q B P F W M C O E P O F X L C I L W L
 E S S B Y F A H T I O Y W Q B O G P W D I E J A S P U W T U
 S K X M T T Y R W H M D H O O Z Y Q D Q T O A G J D O Q P T
 T O C G I F R N V E E K C P E F N O W T O Z Y Z I K A X S I
 B J W J B X Y C P G D B W G F E H Q E W Y X Q O Z I Z U F L
 E A X M P Y Q I M E L M Y A R R I A F K N J A V O S M L G J
 N I O B E O N P X J I G U Y D B A U H J T V J G O I L S T F
 K W J J B U H G V N T V I C M A A P O H L L R U K N G M G F
 T O C R Q F E X G O I Q W T E O A F P R Z G N L P A K V Y V
 T Y J U X U Q A A T L I Y H M M U D R L P T J O O A Z S C Z
 Q O E J E R S N L U T C B G N L E F I U E O B I B O O N C V
 W O V D M J A P I A N H J A Y H I N U N S F O X T E N V H T
 M L Q E P I Q V E A Y V F I A U V E X J G E P R T K I U R E
 A A Q B O G T S M D M I K C I N E V S W K N K D L V Z P Q L
 N B K K W G J C M S U W C W S S A S Q G R F A S Y F A Z V J
 I F V F X R P M Z O E M U Q N L H M W D V H N A Z M P W D P
 D Z B U A F R F R K K C B C P I L A A J F B X X K B R M V T
 O Y U U O C L R X E F H B K F Q M A A A W I X K Z S H V E E
 O Z L E F K A X W Z J K R I A N V K P G N U P R A H H G O L
 G I M B L X Q M O Z Z Q E T F I S R W R A G C W Y T F I Y F
 I A K K Q S X O T S J V G X O L U J Y A G N P S D R G O O N
 I Y C V R N U F N W D L Z M T Q F Y F F D R I S O O U C O V
 Z V T O O K T O Z D I R Y I G Q G J O C C A L G S K S L P F
 I B K L K M J M B M O O L J A B U P A S U Z A U E E X P F W
 S Y U I H E E R V C J X X Z H O O S H K W A A D E I W N B P
 O I X L D N P C W U W K W X I T O L F R N O I E I N M G T M
 N G M I X R Z F T N A F O W F P O N H T S E P K Q N J N W C
 H V U A A O X B I B O O N M A A J T A A M I G A T L G E Z E
 S I H I P B L R J X D W E S H H I A J O U J B P O N T K F A
 V N H M S T Q U S A I G F F M D A Y L C J R Q F S W W F W W

Word Bank

Nimkwadaading Naakshi
New Year's Eve

Zookpo.
It is snowing.

Biboon Maajtaamigat
Winter Solstice

Manidoo Giizisonhs
Little Spirit Moon, December

Niibaanamaang
Christmas Day

Jiishaaganige.
S/he is shoveling.

Zhooshkwaade.
S/he is skating.

Kisinaa.
It is cold.

Nimkwadaading
New Year's Day

Aadsoke.
S/he is telling a story.

Biboon
Winter

Goon
Snow

Answer Key on page 24.

HEALTH DEPARTMENT

GIVE THE GIFT OF HEALTH

Submitted by **Emily Ferroni**, Patient Navigator

'Tis' the season of giving! Give yourself the gift of keeping your health sacred and taking care of yourself. Keeping up with your annual health screenings is one of the best ways to keep yourself healthy and prevent illness. Not sure what you might be due for? Schedule your annual check-up with your provider to ensure all is well with your health, give the clinic a call at 231-242-1700 to set up your appointment.

With the hustle and bustle of the holidays, it is easy to forget what health screenings you may be due for. This includes necessary cancer screenings if you are a certain age or are having symptoms that could relate to certain cancers. With the New Year coming up, make a list of health screenings you need to take care of, so you can check them off your to-do list and give yourself a peace of mind once they are completed. This is a great way to take care of your health for not only yourself, but for those who love you, too.

If you are a woman who is 21-64 years old, you may be due for your cervical cancer screening. This screening is a quick test that takes less than five minutes and is key to preventing cervical cancer. Your provider will tell you how often you need to have this screening performed, and if you forget, just call the clinic and they will look it up in your chart for you.

If you are a woman who is 40-75 years old, it may be time for your annual mammogram screening. This screening is important to ensure all is well with your breast health and is recommended you have it once per year. Are you uninsured and worried about cost? The LTBB Health Clinic is working with the Patient Navigator, Emily, to get uninsured woman enrolled in a special program that covers the cost of breast and cervical cancer screenings, diagnostics, and— if needed —breast and cervical cancer treatments. To see if you are eligible, call Emily at 231- 268-1307. It is very quick and easy to be enrolled, there is no cost or financial burden put on you, and it saves the clinic money to use towards oth-



er types of screenings and treatments.

Are you a man or woman who is 45-75 years old? Time to either have your first colorectal cancer screening or check and see if you are due for another. Making sure you stay on top of your colorectal cancer screenings and ensuring all feels well with your health is very important for your colon health. Catching any abnormalities within the colon early can save your life. Start getting screened at the recommended age of 45 and continue your screenings based on the time interval your provider tells you to that is specific to you and your colon health. Completing the screening can be as easy as completing a Cologuard at home kit — this kit is shipped directly to you. You can complete the kit following the directions given within it, and call the number right away to come pick it up to ship it back. This kit is completed every three years. However, if you don't want to do an at home kit, the gold standard of colorectal cancer screening is having a colonoscopy performed. This procedure is usually performed every three, five or 10 years depending on your current colon health history. If you are having abnormal bowel movements or have a family history of colorectal cancer, talk to your provider as they may recommend you start the screening earlier than 45 years old.

Take care of yourself and your loved ones this holiday season and ensure all is well with your health. Keep up on your cancer screenings. Talk to your provider or call Emily, the Patient Navigator for Cancer Screening, at 231-268-1307 to see if you are due or to schedule an appointment.

Happy Holidays!
Courtesy graphic.

We are OPEN and Accepting New Patients!

Compassionate Health Care
Serving the Medicaid Population of Northern Michigan

Q & A

Do I need to be Native?
No. The Clinic is open to both Native and Non-Native people.

What if I don't have insurance?
We only accept patients that have Medicaid as their primary insurance.

Do you accept any other insurance?
No. Our clinic only accepts patients with Medicaid as their primary insurance.

Can I just walk in?
We recommend calling us first, 231-242-1760. We typically can make same day appointments.

Medicaid

Open to Anyone w/Medicaid as their Primary Insurance!

<https://ctwc.health>

Same Day Appointments Available!

Call Us!
(231) 242-1760

TRADITIONAL HEALER SERVICES 2023 SCHEDULE

JOSEPH SYRETTE

December 20,21

TO VIEW EACH BIOGRAPHY, SCAN THE QR CODE WITH YOUR CELL CAMERA
To schedule, please contact LTBB Behavioral Health at 231-242-1640

December

2025

Get moving before the new year. Complete the amount of steps in each Christmas bulb.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
5	4	5	6	7	8	9
10	11	12	15	14	15	16
17	18	19	20	21	22	25
24	25	26	27	28	29	50
31						

ENROLLMENT DEPARTMENT

Publication Notice

In accordance with WOS #2006-001, notice is hereby given a petition has been filed, LTBB of Odawa Indians Tribal Court Case No: NC-025-1023, and Tribal Court ordered Lisa Gaye Flynn has legally changed her name to Lisa Gaye Keway. This notice will be published in the *Odawa Trails* newsletter for two consecutive months and in the *Odawa Register* on the tribe's website.

Date: November 6, 2023.

ELECTRONIC PAYMENT OPTION COMING FOR ENROLLMENT SERVICES

Aanii Tribal Citizens,

I am happy to announce electronic payment will soon be accepted for Enrollment Department services. This includes debit cards, credit cards and NFC payments. These electronic payment services are in addition to our current forms of payment: Physical

cash, money orders, cashier checks and personal checks.

If you have any questions, please feel free to call the Enrollment office at 231-242-1522.

Miigwech,
Pauline Boulton
Enrollment Officer
Courtesy graphic.



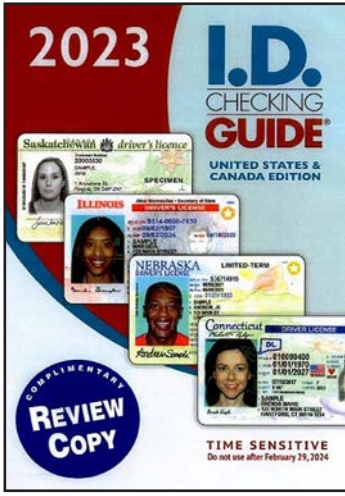
CITIZENSHIP IDENTIFICATION CARDS

Submitted by **Pauline Boulton**, Enrollment Officer

I wanted to share with you some exciting news. Our Citizenship Cards will now be included in the I.D. Checking Guide United States & Canada Edition.

The I.D. Checking Guide Book has been receiving a lot of requests from various government agencies, banks, the TSA and DMVs to expand the tribal ID coverage.

Published by the Drivers License Guide Company, this



up-to-date reference tool pro-

vides valid formats for driver's licenses and other identification documents in all U.S. states and Canadian provinces.

Published annually for more than 50 years, and now used at more than 200,000 locations, the driver's license and ID validation book is at the center of responsible business practices for banks, restaurants, bars, retailers and car rental agencies — as well as law enforcement and government agencies, including the FBI.

Courtesy graphic.

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS ENJIBOOZBIIGENG - ENROLLMENT OFFICE

Services for our citizens:

- Picture Tribal Identification Cards-Available same-day. May be requested via mail and electronically.

- Address Changes -Adults only need to be notarized if not having mail sent to their home! Minors must be notarized annually. We have a Tribal Notary in-office and many other on-site at the Government Complex.

- Marriage License Applications -Please allow one business day to pick up the Licenses.

- Tribal Directories -Available same-day!

We certify for our citizens:

- Michigan Indian Tuition Waivers
- Eagle Parts and Feather Applications
- LTBB Indian Blood Quantum

Apply to become a:

- Citizen – Application available via mail only

- Tribal Notary
 - Marriage Commissioner
- Need something?**

- Request a document from your Enrollment file
- Blood quantum adjustment
- Relinquishment requests

Have any questions or need a form? Call or e-mail:

E-mail: enrollment@ltbbodawa-nsn.gov
Theresa Boda-Naganashe - P: 231-242-1521
tnaganashe@ltbbodawa-nsn.gov
Lindsey Doerfler - P: 231-242-1522
E-mail: ldoerfler@ltbbodawa-nsn.gov
Pauline Boulton - P: 231-242-1520
E-mail: pboulton@ltbbodawa-nsn.gov
Forms are also available on the LTBB Website.
<https://ltbbodawa-nsn.gov/enrollment>
<https://ltbbodawa-nsn.gov/forms>

Attention Citizens! No Current Address on File

This list contains the names of tribal citizens who have not had a current Address Verification Form on file for multiple years or who haven't had contact with the tribe for over 10 years. It is important citizens keep their address current to ensure they receive their tribal benefits.

If you are on this list or know a person who is on this list, please contact the Enrollment Office at 231-242-1522 or send an e-mail to enrollment@ltbbodawa-nsn.gov. **Address Forms** can be printed from the tribal website and mailed.

Jeramie Lee Coleman	Deanna Marie Foxworthy	Karle Kay Harris
Justine Makala Gasco	Porter Ray Greensky	Dawn Mary Jackson
Alvina Rose Ruth	Tammra Lee Wirth	Philip Maurice Morey, Jr.
Jory Dean Purvis	Christopher Patrick Nagel	

2021 Tribal Directories Now Available!

Tribal Directories include adult name and addresses of LTBB Citizens enrolled before January 28, 2021, excluding undeliverable addresses and LTBB Citizens requesting not to be included.

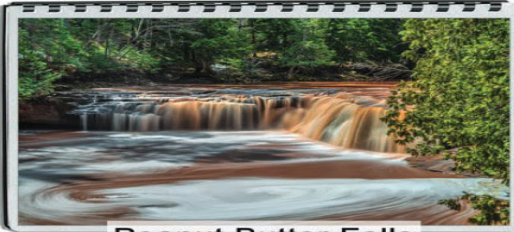
To receive your copy:

- ✓ Must include a copy of your Tribal Identification Card
- ✓ A \$5 check or money order payable to LTBB of Odawa Indians
- ✓ Choice of cover design. If you do not specify, we will choose for you!

Mail to: LTBB of Odawa Indians, ATTN: Enrollment Office
7500 Odawa Circle, Harbor Springs, MI 49740.



Hoar Frost



Peanut Butter Falls



Lake Plumbago

A message from your Enrollment Department

Little Traverse Bay Bands of Odawa Indians

Official Tribal Identification Card

Jane Doe

GENDER: Female
D.O.B.: 04/16/1992
ENROLL NO.: 0000
Street Address

ISSUE DATE
08/29/2022

Jane Doe
Citizen Signature

EXPIRE DATE
08/29/2027



Watch Out! ID Cards Expire!

There has been an uptick in the number of citizens who are attempting to use expired ID cards at the Tribal gas stations. You can see if your card is expired by looking at the red print under the smaller ID picture on your card. In order to renew your ID card the Enrollment Office needs both a new picture and \$10 as cash, check or money order. You may use any of the following methods to update your ID card.

1. Come into the Government Center for a new picture and fee.
2. Acquire a picture at a CVS/Walgreen's/etc. and send that picture in with a \$10 fee over mail.
3. Take a picture with your phone of your head and shoulders against a pure white background and email that picture to enrollment@ltbbodawa-nsn.gov. Then mail the \$10 fee separately.

THE \$10 FEE DOES NOT APPLY TO VETERANS AND THOSE 55 AND OVER.

Little Traverse Bay Bands of Odawa Indians Enjiboozbiigeng Enrollment Office	
Tribal Citizens Fee Schedule	FEES
Replacement/Expired Cards in person or via mail A replacement card is lost, stolen, expired or has an address change. Any name charges, no charge. Free to Elders.	\$10
Tribal Directory Adults 18 and enrolled prior to 2/1/2021 Published every 4 years.	\$5
Tribal Directory Labels Requestor must provide labels	\$5
LTBB List The list includes adult's first, middle and last names only.	\$5
Photocopies of Enrollment file First 3 copies free, \$1 for each page thereafter.	\$1 ea
Marriage License Application Certified Copies: \$10 Photo Copies: \$5	\$25
Tribal Notary Application Residency/Business residency requirement Surety Bond: \$125 **Cannot be waived**	\$10
Marriage Commission Application Residency/Business residency requirement	\$25
*** Enrollment Fees waived for LTBB Veterans***	
August 19, 2021	

For your convenience!

The Enrollment office mail drop box is located to the left of the front doors of the LTBB Governmental Center at 7500 Odawa Circle, Harbor Springs, MI.



THE ENROLLMENT OFFICE NEEDS YOUR HELP!

We would like to start tracking LTBB Tribal Citizens who have completed military service or who are currently on active duty. If you are a veteran, please call us toll free at 1-866-652-5822 ext. 1521 or 1520. We will be asking you the following questions:

- (1) Name
- (2) Date of Birth
- (3) Branch of Service

This information will be used by the Grants Department.

Megwetch,
Pauline Boulton, Enrollment Officer

Need to update your address?

When you move, please contact the Enrollment Office and we will send you an Address Verification Form.

Address Verification and many other Enrollment forms are also available at www.ltbbodawa-nsn.gov. They can be found in the Forms Directory or on the Enrollment page of the website.

It is the responsibility of the parent, guardian or custodial parent to complete an address form for any minor children.

If you are the custodial parent of a minor, please provide proof by documentation.

Upon reaching the age of 18, an Adult Address Verification form must be completed. Failure to do so may result in a delay of per capita payment.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current.

Minor verification forms must be signed and notarized.

Adult verification forms must be signed and either witnessed or notarized, depending on your address.

Contact the Enrollment Office at 231-242-1521, 231-242-1520 or by e-mail enrollment@ltbbodawa-nsn.gov.

NATURAL RESOURCE DEPARTMENT

OATH OF OFFICE



On November 2, 2023, Jacob Kiogima took his oath of office as a Natural Resource Department Conservation Enforcement Officer from LTBB Chief Judge JoAnne Cook. *Photo courtesy of the LTBB Tribal Court.*

Little Traverse Bay Bands of Odawa Indians Natural Resource Department Lead to Non-Lead Transition

Why Switch?

PHOTO OF BALLISTIC GELATIN

- We have limited centerfire rifle ammunition loaded with non-lead bullets available to eligible LTBB Citizens when lead ammo is brought into the Natural Resource Department (NRD) in exchange for non-lead (copper) ammunition.
- LTBB NRD seeks to reduce the amount of lead deposits that remain in harvested animals consumed by people and disposed of parts consumed by wild animals, causing a potential harmful effect.

For more information, contact the Little Traverse Bay Bands of Odawa Indians
Natural Resource Department
7500 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@ltbbodawa-nsn.gov

WELL AND SEPTIC ASSISTANCE PROGRAM

We can provide you with a new well and/or septic system for your new construction OR if your current well and/or septic system is deficient, we can help. Please call the LTBB Housing Department at 231-242-1540 to find out more about how you can get a free well and septic system or replace your current system. Please be aware it takes approximately 3 to 4 months to gain federal approval of your application.

EDUCATION DEPARTMENT

ISTEAM FREQUENTLY ASKED QUESTIONS

What is ISTEAM?
The Indigenous STEAM Collaborative is a group of researchers and educators who engages in cognitive and community co-design research to advance general knowledge, develop approaches for engaging youth in land- and water-based learning, and provide learning materials to indigenous families. We investigate how people reason about relationships in the natural world and develop teaching approaches to enhance learning. We apply what we learn to the development of learning tools for indigenous youth and families through collaboration with community organizations, educators and families.

How is ISTEAM funded?
ISTEAM is supported through funding from the National Science Foundation in collaboration with tribal and university partners for a five-year multi-site project titled: *Collaborative Research: Intergenerational Learning, Deliberation, and Decision Making for Changing Lands and Waters.*

What will this program bring to LTBB?
Through ISTEAM, our community will be able to host culturally-relevant programming, including summer camps for at least three years. This programming is being designed for and by the community.

This is a multi-site research-based project based in community design. The research gathered from this project will serve two main purposes:

- Develop a Waganakising Odawak educational framework which can be incorporated into LTBB tribal programming.
- Invite professional development opportunities for other tribes/nations to create similar indigenous education framework based in community.

Who are the contacts for the Little Traverse Bay Bands of Odawa Indians?
The LTBB ISTEAM leadership team consists of three individuals:

- Anna Lees - leesaa@wwu.edu, 425-418-2053
- Amanda Weinert - aweinert@ltbbodawa-nsn.gov, 231-242-1483
- Kerstine Omey - kromey@ltbbodawa-nsn.gov, 231-242-1480

Tribal Partners/Institutions
<ul style="list-style-type: none"> • The Little Traverse Bay Bands of Odawa Indians (Michigan) • The Tulalip Tribe (Washington) • The Chicago American Indian Community (Illinois) • The Seattle American Indian Community (Washington)
University Partners
<ul style="list-style-type: none"> • Northwestern University (Illinois) • Western Washington University • University of Washington - Seattle

How do I get involved as a community co-designer?
We encourage everyone to participate in our community co-design! If you are interested in serving as a co-designer, please join us at our Co-Design meetings held biweekly on Wednesday from 5:30 p.m. to 7 p.m. at the LTBB Governmental Center in Harbor Springs, MI, and on Zoom. We occasionally have place-design meetings onsite/offline e.g. at the Osborne Road Property, our waterways, etc. For more information, please contact Amanda Weinert.
<https://ltbbodawa.zoom.us/j/83889372309>
Meeting ID: 838 8937 2309

Where can I get more information about upcoming ISTEAM programming?

- Facebook
- Textedly
- Formsite:

Like our page at LTBB Education Department | Harbor Springs MI | Facebook.

Text "Cultural" to "33222" to receive text alerts.

For e-mail alerts, please complete the survey at <https://fs20.formsite.com/B6wV14/pkingyk3or/index>

Courtesy graphic.

DGWAAGI (FALL) 2023

LTBB ISTEAM CO-DESIGN MEETINGS

WEDNESDAYS

11/15/23, 5:30-7 PM
(IN-PERSON, LTBB GOV'T BLDG RM 312 & ZOOM)

11/22/23, 5:30-7 PM
(IN-PERSON, LTBB GOV'T BLDG RM 312 & ZOOM)

ZOOM MEETING ID: 838-8937-2309

QUESTIONS?
CONTACT AMANDA!
aweinert@ltbbodawa-nsn.gov
OR
(231)-242-1483

ISTEAM programming is funded by National Science Foundation (NSF): Advancing Informal STEM Learning (AISL) Grant: Collaborative Research: Intergenerational Learning, Deliberation, and Decision Making for Changing Lands and Waters. #DRL 1946478.

SAVE THE DATES

MORE INFO TBA

NIIBIN/SUMMER CAMPS

June 24-28, 2024
Osborne Rd Property + field trips
&
July 29-Aug. 2, 2024
Jiimaan Journey
Camping @ Camp Petosega
(In collaboration with Community Health/SPRING Prevention Grant)

Questions? Contact Amanda!
231-242-1483, aweinert@ltbbodawa-nsn.gov

ISTEAM programming is funded by National Science Foundation (NSF): Advancing Informal STEM Learning (AISL) Grant: Collaborative Research: Intergenerational Learning, Deliberation, and Decision Making for Changing Lands and Waters. #DRL 1946478.

INDIGENOUS STEAM SPONSORS YOUTH SUMMER CAMPS

By **Amanda Weinert**,
Ishkaakimikwe Kinoomaage-
winan (Teachings of the Earth)
Coordinator

Chi miigwech to all the families who allowed us to spend time with their kids this summer!

Chi miigwech to all our collaborators and co-designers!

Niigaandiwin Education Department co-designed and implemented two youth camps this summer:

Week 1 (July 31-August 4, 2023): Jiimaan Journey and overnights at Burt Lake State Park. In collaboration with LTBB Mina Mskiki Gumik Community Health SPRING Prevention Grant.

Week 2 (August 21-25, 2023): Days at Osborne Road property with field trips around Waganakising akiing (the land to which the people belong).

Both youth learning experiences were supported by our National Science Foundation (NSF): Advancing Informal STEM Learning (AISL) Grant: Indigenous STEAM (ISTEAM): our grant titled, *Collaborative Research: Intergenerational Learning, Deliberation, and Decision Making for Changing Lands and Waters #DRL 1946478*. This grant focuses on co-designing, teaching and learning structures for and by Native communities and partners with the Chicago American Indian Community and Tulalip Tribes. Our ISTEAM grant collects data which will be utilized to create curriculum and professional development for indigenous educators and communities. ISTEAM camp data includes (but is not limited to): Pre- and post-interviews/surveys, audio and video recordings, documenting student art and writing.

Our storylines or subject areas for this project have been determined by community members who have been involved in co-design. There has been an open call for LTBB community co-designers since early 2022. See the included co-design information below if you want to be involved!

We are!

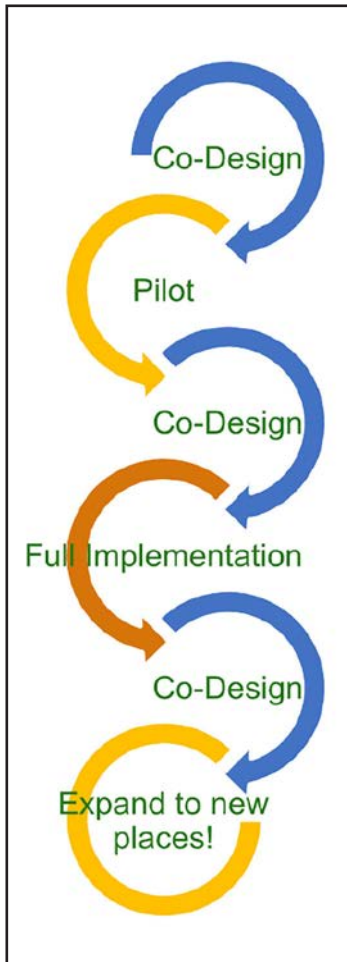
- Educators
- Family & Community Members
- Elders
- Community & Educational Leaders

What is co-design?
The PROCESS: Community Co-DESIGN
Iterative participatory process of learning and developing [educational]



models and practice through cycles of:

- Collectively conceptualizing and identify goals, needs, challenges, and opportunities.
- Developing designs (e.g. education models and tools, practices, curriculum ...)
- Implementing designs!
- Reflecting, studying, and refining designs



What did we do at camp this year?

Week 1 (July 31-August 4, 2023): Jiimaan Journey and overnights at Burt Lake State Park.

In collaboration with LTBB Mina Mskiki Gumik Community Health SPRING Prevention Grant.

Monday 7/31/2023
Pre surveys, tie-dying Jiimaan Journey shirts, Plant and water relative lesson 1. Paddle-making intro and starting with Fred Harrington. Visiting elder: Yvonne Walker Keshick. Braiding Sweetgrass youth edition reading prompts

Tuesday 8/1/2023
Paddle #1: Crooked Lake Little Traverse Township Boat Launch to Crooked River to Burt Lake's Maple Bay. Plant and water relatives lesson 2. Braiding Sweetgrass youth edition reading. Visiting LTBB Dept, Archives and Records - Odawa history of place and travel with Eric Hemenway.

Wednesday 8/2/2023
Paddle #2: Burt Lake State Park Boat Launch to Indian River - down IR almost to Mullet Lake (near the Landings Resort), a chance to see manoomin growing. Braiding

Sweetgrass Reading. Plant and water relatives lesson #3. Visiting elder: Deleta Gasco Smith.

Thursday 8/3/2023
Paddle #3: Cheboygan River (The Forks DNR Launch) to almost Lake Huron - Cheboygan City Beach. Plant and water relatives mapping of water route and lesson. Swimming. Visiting elders: Frank and Rochelle Ettawageshik.

Friday 8/4/2023
Reflections, adding final details to jiimaan journey route map/final plant and water relatives lesson, and community BBQ.

Week 2 (August 21-25, 2023): Days at Osborne Road property.

Monday 8/21/23
Pre-surveys, games, lodge teachings w/Netawn Kiogima & RJ Smith, visiting elder: Peggy Hemenway, plant relatives with Vicki Lynn & food w/Mary & Kevin Donner, making: dewegan/deweganak (drum/drums) w/Fred Harrington & Riley Sargent, okaanan zhaabnigaans (small bone sewing needle) & apakweshkwayag (cattail mats) weaving w/Wasson Renee Dillard, wiigwaas zhiishiigwan (birchbark shaker) w/Yvonne Walker Keshick & Jenna Wood), traditional game making wiigwaas/birch bark cone coordination game w/Dorothy Perry & Robin Barney-Lees.

Tuesday 8/22/2023
Lodge teachings and water ceremony w/Netawn & RJ. Visit to Cross Village and Spirit Lake with Eric Hemenway. Swimming in Goodhart, work on projects.

Wednesday 8/23/2023
Lodge teachings and water ceremony w/Netawn and RJ, plant relatives with Vicki (salve & tea making) & food w/Mary & Kevin (salads, fish fileting, and smoking), continue on projects started Monday. Drum teachings w/RJ and Fred. Visiting elders: Deleta Gasco Smith and Frank Ettawageshik.

Thursday 8/24/2023
Lodge teachings and water ceremony w/Netawn and RJ. Visits to Farms - Mshko'Ode Farm and Ziibimijwang. Continue on projects started Monday.

Friday 8/25/2023
Lodge teachings and water ceremony w/Netawn and RJ. Drawing exercise: what does Osborne property look like in the past and future?, finishing projects, Gijigowi Anishinaabemowin language dept lessons/booklets, and feasting in the lodge.

Courtesy graphics.

ARE YOU LOOKING TO DEVELOP SPECIFIC SKILLS & GAIN HANDS-ON EXPERIENCE?

INTRODUCING THE

AANJIGIN HONORARIUM PROGRAM

CONNECT

(231) 242-1480

aanjigin@ltbbodawa-nsn.gov

AVAILABLE TO ALL TRIBAL CITIZENS REGARDLESS OF RESIDENCY

DESIGNED TO SUPPORT NON-TRADITIONAL EDUCATION PATHS THAT LEAD TO AN INDUSTRY-RECOGNIZED CREDENTIAL

APPLICATIONS ARE AVAILABLE IN THE FORMS DIRECTORY ON THE LTBB WEBSITE OR SIMPLY SCAN THE QR CODE.

GROW WITH US - APPLY NOW!

**SUBJECT TO FUNDING AVAILABILITY*

Are you ready for a career change?

Did you know that the average Michigan CNC Programmer makes \$26.59 per hour?

SUPPORTED PROGRAMS

North Central Michigan College.

- Computer Numeric Control (CNC) Certificate of Development
- Manufacturing Technology Certificate
- Computer-Aided Design (CAD) Certificate
- Industrial Welding Certificate

FINANCIAL ASSISTANCE AVAILABLE

- \$12.75/hr Stipend
- Mileage Reimbursement
- Tuition Support
- Required Course Material Assistance
- Test Fee Coverage
- Equipment Assistance, and more!

Scan the QR code for more information!

Like us on Facebook!
www.facebook.com/ltbbnit

CONTACT

Benedict Hinmon
Project Director

(P) 231-242-1485 (F) 231-242-1490
bhinmon@ltbbodawa-nsn.gov

The production of this mailer was supported by Grant 90NAR359 from ACF. Its content is solely the responsibility of Little Traverse Bay Bands of Odawa and does not necessarily represent the official views of ACF.

Every full dollar spent = 1 cent towards community shared funding that we can redeem!

Receipts can date back to 1990!

Drop off or send receipts to:
LTBB Education Dept.
C/O: ISTEAM Program,
7500 Odawa Circle
Harbor Springs, MI 49740

chi miigwech to you &

www.olesons.com
Locally Owned & Operated.
Serving Our Communities Since 1926.

SAVE YOUR OLESON'S RECEIPTS

LTBB Education - ISTEAM Program is collecting receipts from Oleson's Markets to receive their Community Shared funds!

.....	
Bison chuck roast	\$32.97
Salad mix	\$4.99
Lemons	\$2.99
Corn	\$3.99
Sweet potatoes	\$2.79
.....	
Total:	47.73

Community Shared Points Earned Today: 47

We welcome everyone to visit our Official Facebook Page at
<https://www.facebook.com/LTBBODAWA>.
Please be respectful in your comments.

LTBB Town Hall meetings are available to be viewed at:
www.ltbbodawa-nsn.gov/townhallmeetings.html

LTBB Jiimaan Journey Camp 2023



Courtesy Photos



Life can feel lonely.

We're here to help you feel loved, valued and heard.

Text "CARING" to 65664

www.wernative.org
 /weRnative
 @wernative
 www.youtube.com/user/weRnative

This campaign was developed in part under a grant number 5MK02106 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

WOCTEP

Bay Mills Community College

BRIMLEY, MICHIGAN

231-242-1494
 WOCTEP@ltbbodawa-nsn.gov
 www.facebook.com/woctep.woctep

In crisis?
Text Native
to 741741.
#WeNeedYouHere

I'm not okay. I didn't know where else to turn.

You did the right thing by reaching out. I'm here, and I'm listening.

Can you tell me more about what's going on?

NPAIHB | CRISIS TEXT LINE | THRIVE

WOCTEP

NCMC
 North Central Michigan College
 Petoskey, MI

231-242-1494
 WOCTEP@ltbbodawa-nsn.gov
 www.facebook.com/woctep.woctep

For more information

Little Traverse Bay Bands of Odawa Indians

Osborne Road Camp 2023



Courtesy Photos

DANCE A FEW STEPS - SING A FEW SONGS - WORK ON YOUR OUTFIT - SHARE A MEAL

DRUM & DANCE PRACTICE / OUTFIT MAKING

FAMILY CULTURE Night

WEDNESDAY'S 5:00PM / LTBB GOVT COMPLEX

Session #1- Moccasins
October 4 & 18
November 1 & 15

Session #2- Basics: Skirt, Shirt
November 29, December 13
January 10 & 24

Session #3- Next Step: Bandolier, Aprons, Vest, Side Drops, ETC
February 7 & 21
March 6 & 20

Session #4- Accessories & Finish
April 3 & 17
May 1 & 15

Nightly Schedule:
5:00-5:45PM Dinner served
5:30-6:30PM Drum Practice
5:30-7:30PM Outfit Making
6:00PM Dance Presentation (Presentations TBA)
(Schedule subject to change)

Create an outfit OR Work on the outfit piece(s) of your choice at your own pace
Experienced sewers & beaders on hand/Sewing machines & some material(s) provided
Practice/Learn about dancing/Presentations TBA - Sing at OR Back up the DRUM
Dinner Provided (Welcome to Bring Feast Bag & Dish to Pass)
Some programming & support for children available
ACCEPTING MATERIAL & OUTFIT DONATIONS

SPONSORS: SPRING Prevention & LTBB Waanigwanjick Youth Services
INFO: RJ Smith c231/373-3745 w231/242-1648 rsmith@ltbbodawa-nn.gov
This project supported by SAMSHA Grants #SH73SP082767 & #H75SP081733, & IHS Grant #BZZH50006-01-00. Contents are solely the responsibility of LTBB SPRING & do not necessarily represent the official views of SAMSHA & IHS

Made with PosterMyWall.com



**SIGN UP FOR THE MNOZHIYAA WELLNESS HOUR:
PREVENT TYPE 2 DIABETES FOR LIFE!**

STARTING JANUARY 8TH, 2024

- WANT TO TAKE A MORE ACTIVE ROLE IN TRACKING YOUR HEALTH, OR HAVE MODERATE WEIGHT-LOSS GOALS?
- WANT TO LEARN HEALTHIER HABITS FOR YOURSELF AND YOUR FAMILY?
- ARE YOU AT RISK OF DEVELOPING TYPE 2 DIABETES?
- DO YOU HAVE 1-HOUR PER WEEK TO DEVOTE TO GROUP MEETINGS?

Sign up is required!
Contact Community Health at
(231)242-1664.



LTBB
COMMUNITY HEALTH

NATIVE WAY

OPEN EACH DAY
5AM - 11PM

We are excited to announce the new hours of operation for Native Way!

If you do not have a membership, you will need to have a current physical. Once your physical has been completed, you will need to call Marlene Gasco, Health Wellness Advocate, at 231-487-1616 to schedule your orientation.

Mid-Year Scholarships Now Open

NATIVE FORWARD

SUNNIE CLAHCHISCHILIGI, NAVAJO NATION

NATIVE NEWS

A BARBIE NAMED MANKILLER

By Sandra Hale Schulman

Editor's note: The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

Wilma Mankiller was the first woman to serve as principal chief of the Cherokee Nation, a fierce advocate for indigenous communities, and a winner of the prestigious Presidential Medal of Freedom in 1998.

Now, Mankiller, who died in 2010, is getting her own doll. Mattel, the Barbie doll maker, unveiled its latest incarnation on November 7 with Mankiller as the first real-life Native woman to be featured in the Barbie "Inspiring Women" series.

To sculpt a doll which is a genuine reflection of her likeness, the company worked closely with Mankiller's family and friends, including her long-time husband, Charlie Soap, and her friend, Kristina Kiehl, producer of the documentary "Cherokee Word for Water" as well as the Mankiller estate and the Cherokee Nation.

The design is modeled after a photo taken by Soap in 2005 and features Mankiller wearing a turquoise ribbon dress and carrying a woven basket.

"I am deeply honored Mattel is recognizing Wilma with the Wilma Mankiller doll," Soap said in a statement. "Wilma inspired me and many others to make the world a better place. As her community development partner for over 30 years, we shared a passion for empowering Indian communities and educating future generations. The Wilma Mankiller Barbie doll is an incredible tribute to Wilma that will share her legacy with even more people."

A U.S. quarter bearing the likeness of former Cherokee Nation Principal Chief Wilma Mankiller was released on June 6, 2022 with a celebration in Tahlequah, OK.

Kiehl said Mankiller would have been pleased.

"Wilma's impact on women's rights and her strength to break down barriers continues to be an inspiration for women and girls in Native communities throughout our world," Kiehl said in a statement. "Barbie celebrating her legacy with the Wilma Mankiller 'Inspiring Women' doll continues to share her story with so many others for years to come."

To honor Mankiller's dedication to Native and women's rights, Barbie will contribute \$25,000 to The American Indian Resources Center to support initiatives dedicated to empowering indigenous women and girls and fostering cultural preservation and traditions within the community.

"Gadugi"

Mankiller was born on November 18, 1945 in Tahlequah, OK, the sixth of 11 children to Charley Mankiller and Clara Irene Sitton.

In the mid-1950s, the family was relocated to San Francisco under a program operated by the Bureau of Indian Affairs. Inspired by the occupation of Alcatraz in 1969 and the women's movement, she grew up to serve as director of Oakland's Native American Youth Center and helped the Pit River Tribe fight Pacific Gas and Electric over millions of acres of land.

She returned to Oklahoma with her two daughters in 1976 at age 31, after a divorce, and created the Community Development Department for the Cherokee Nation.

She was elected deputy chief of the Cherokee Nation in 1983 and became chief in 1985 when then-Principal Chief Ross Swimmer left to head the Bureau of Indian Affairs. She was the first woman elected to either position.

She was elected principal chief in 1987 and again in 1991 before leaving office in 1995. As principal chief, Mankiller revitalized the nation's tribal government and advocated relentlessly for improved healthcare and housing services. Under her decade-long leadership, infant mortality declined and educational achievement rose in



the Cherokee Nation.

Her legacy was marked by her commitment to Cherokee self-determination and the cultural value of *Gadugi* — a Cherokee word which describes the community working together for the greater good.

Her work bringing together a community to build a water line for Bell, OK, was featured in the film, "The Cherokee Word for Water," and her likeness was featured on a U.S. quarter released in 2022.

"A Champion"

Barbie debuted the "Inspiring Women" series in 2018, paying tribute to women who were heroines of their time. It honors women who took risks, changed lives and paved the way for new generations of girls.

Mankiller will join three other women honored in the series this year — renowned Cuban singer Celia Cruz, Chinese-American actress Anna May Wong and African-American aviator Bessie Coleman. Last year, the series recognized Ida B. Wells, Dr. Jane Goodall and Madam C.J. Walker for their impact on civil rights, conservation and female entrepreneurship.

Other women honored in the series include Maya Angelou, Helen Keller, Eleanor Roosevelt, Billie Jean King, Ella Fitzgerald, Florence Nightingale, Susan B. Anthony, Amelia Earhart, Katherine Johnson, Frida Kahlo, Rosa Parks and Sally Ride.

Mattel has created generic Native women dolls in the past, including creating a Pocahontas Barbie to coincide with the release of the animated Disney film in 1995, and a "Princess of the Navajo" Barbie. Some of their creations have prompted Native artists and creators to make their own versions, including Navajo weaver Barbara Teller Ornelas, who hand-wove three dresses for the Navajo Barbie.

Cherokee Nation Principal Chief Chuck Hoskin, Jr. said the recognition of Mankiller will help inspire other Native women and girls.

"When Native girls see it, they can achieve it, and Wilma Mankiller has shown countless young women to be fearless and speak up for Indigenous and human rights," Hoskin said in a statement.

"She not only served in a role dominated by men during a time that tribal nations were suppressed, but she led," he said. "Wilma Mankiller is a champion for the Cherokee Nation, for Indian Country and even my own daughter. She truly exemplifies leadership, culture and equality and we applaud Mattel for commemorating her in the Barbie Inspiring Women Series."

She died in 2010 of pancreatic cancer after years of battling health problems.

For More Information

For more information about Wilma Mankiller, visit the website for her or for the Wilma Mankiller Foundation.

Sandra Hale Schulman, of Cherokee Nation descent, has been writing about Native issues since 1994. The recipient of a Woody Guthrie Fellowship, she is an author of four books, has contributed to shows at the Smithsonian's National Museum of the American Indian, The Grammy Museum, The Museum of Modern Art NYC and has produced four films on Native musicians.

Courtesy photo.

Sharing Our Wisdom, Values & Diverse Cultures
but Auntie's frybread recipe is still a secret

DECEMBER 2-9

Learn more at Indian-Affairs.org

100 ASSOCIATION ON AMERICAN INDIAN AFFAIRS
1922 YEARS 2022

TRIBAL MUSEUMS DAY 2023

Michigan Indian Legal Services

Federal DHHS ANA Grant
Introducing Laura Forester & Hank Fields

MMIP, Murdered and Missing Indigenous People, is a significant concern in Indian Country. In 2023, MILS completed a legal needs assessment of the critical legal needs in the Native American communities in Michigan. The surveys found that MMIP is of huge concern in Michigan. MILS successfully sought a grant from the federal DHHS ANA to address the issues. MILS staff will now be able to provide legal assistance.

- for family members of the Murdered and Missing (up to 500% of poverty);
- to prevent vulnerabilities created by being housing insecure and overcoming legal barriers to obtaining housing (up to 300% of poverty); and
- by creating educational and self-help materials for the family members left behind.

Laura Foerster and Hank Fields started in October under this 3-year grant. They will work collaboratively to serve family members and to decrease the number of vulnerable people. Laura was initially trained and practiced as a Registered Nurse and she graduated from WMU/Cooley Law School in 1990. Hank's education includes Duke University's paralegal program as well as a masters in IP law from U of New Hampshire Law.

MILS E-Blast

WIOA WORKFORCE DEVELOPMENT

WHO ARE WE
The Niigaandiiwin Education Department receives Department of Labor funding for the Workforce Innovation and Opportunity Act (WIOA) section 166, which funds supportive services to eligible Federally Recognized Native Americans, Alaskans, Hawaiian & First Generation Descendants in need of assistance with barriers to employment in the 28-county program service area.

HOW WE CAN HELP
Services we help with, but are not limited to the following:

- Tuition, Training, & Testing Fees
- Licensing & Certification
- Work & Interview Clothes / Shoes
- CED Completion Award
- Transportation Assistance
- Entrepreneurial Related Expenses
- Needs Related Payments
- Individual Employment Plan

Emmet • Charlevoix • Cheboygan • Presque Isle
Ottawa • Montmorency • Alpena • Kalkaska
Crowford • Oscoda • Alcona • Westford
Mistaukee • Roscommon • Ogemaw • Iosco
Mason • Lake, Osceola • Clare • Gladwin
Arenac • Oceana • Newaygo • Mecosta
Isabella • Midland • and Bay County

FOR MORE INFO ABOUT WIOA:
CONTACT RACHAEL AT 231-242-1488 or EMAIL: RKoepp@ltbbodawa-nsn.gov

MY MIND, BODY, AND SPIRIT ARE SACRED. PREVENT SEXUAL ASSAULT.

IT WILL TAKE ALL OF US — MEN, WOMEN, YOUTH, AND ELDERS — TO STAND TOGETHER TO PREVENT SEXUAL ASSAULT: BELIEVE VICTIMS — SUPPORT HEALING — KNOW YOUR RESOURCES

1-800-656-HOPE (4673) | WWW.RAINN.ORG | THRIVE

DEA'S NATIONAL PRESCRIPTION DRUG TAKE BACK DAY REMOVES ALMOST 600,000 POUNDS OF UNNEEDED PRESCRIPTION MEDICATIONS ACROSS THE COUNTRY

On October 28, 2023, the community once again emptied their medicine cabinets to help dispose of old, unwanted and expired medications. Nationwide, Drug Enforcement Administration and its law enforcement partners collected 599,897 pounds of unneeded medications at 4,675 collection sites nationwide.

For more than a decade, DEA's National Prescription Take Back Day has removed almost 17.9 million pounds of unneeded medications from communities across the country. According to a report published by the Substance Abuse and Mental Health Services Administration (SAMHSA), a majority of people who use prescription medication for a non-medical purpose obtained the medication from a family member or friend. Removing unnecessary medications from the home can help prevent situations involving; not taking medication as intended or dosed; taking someone else's prescription; and taking the medicine for euphoric effects rather than medicinal purposes.



DEA continues to expand opportunities to make safe disposal of medications more accessible nationwide. We encourage people to remove unnecessary medications from their home regularly and dispose of it at one of the nearly 17,000 permanent drug-drop boxes located in communities across the country. Those locations can be found here. Safe medication disposal receptacles along with DEA Take Back events provide families easy, no-cost opportunities to get rid of unnecessary medicines stored in the home.

Courtesy graphic.

NAVIGATE DIABETES WITH CONFIDENCE USING USDA'S NUTRITION RESOURCES



November is National Diabetes Month — a time to raise awareness about diabetes and the importance of proper nutrition and lifestyle choices in managing this condition. The Food and Nutrition Information Center (FNIC) and Nutrition.gov offer ev-

idence-based resources tailored for healthcare providers, patients and families affected by diabetes.

Recipes: Managing diabetes doesn't mean you have to miss out on delicious meals. Find diabetes-friendly recipes from Nutrition.gov's recipes webpage to inspire balanced eating.

Educational Materials: Stay informed on diabetes and general nutrition with credible resources and publications:

- Nutrition.gov's Diabetes webpage provides comprehensive insights and actionable

tips on diabetes nutrition and more.

- FNIC's Human Nutrition Research Roundup helps you stay informed on nutrition-related research from the six USDA Agricultural Research Service (ARS) Human Nutrition Research Centers.

The Historical Dietary Guidance Digital Collection provides historic perspectives on how the USDA's publications and policies related to diabetes and general nutrition have evolved over time.

Courtesy graphic.

MICHIGAN SENATE PASSES BILL DESIGNATING MANOOMIN (WILD RICE) AS THE STATE NATIVE GRAIN

Editor's note: The following is a press release from the Anishinaabek Caucus of the Michigan Democratic Party dated November 2, 2023.



The Michigan Senate passed the bipartisan House Bill 4852 today (November 2, 2023), clearing the final hurdle for designating Manoomin as the state's native grain.

Governor Gretchen Whitmer is expected to sign the bill, which was sponsored by Representative Carrie Rheingans (D-Ann Arbor). The Anishinaabek Caucus has diligently worked on this bill for five years to help assure the cultural interests of indigenous constituents be recognized, respected and impactful.

Manoomin is a culturally significant plant to the Anishinaabek (Odawa, Ojibwe and Potawatomi) and is directly linked to their migration from the northeastern coast to the Great Lakes region several hundred years ago. In the prophecies, the people were instructed to travel

westward to the place "where food grows on the water" or risk being destroyed by people soon to land on the east coast. When the Anishinaabek reached the rivers, bays and marshes of the Great Lakes region, they found Manoomin growing in abundance. It has been harvested as a staple food for hundreds of years, is used in ceremony and as medicine.

Manoomin is an important part of Michigan's ecological landscape, providing valuable food and cover for waterfowl, mammals, fish, amphibians and bird species. Historically, Manoomin was widespread with most of the largest beds found in the vast coastal marshes along the Great Lakes and at the outlets of Michigan's major rivers. Several of the historic beds were thousands of acres in size. Tragically, most of these have been lost due to channelization, sedimentation and industrial pollution.

Overall, Manoomin has significantly declined in the last 175 years. Today, there are less than 200 (mostly small) Manoomin beds across the state with only one of the historic large beds remaining. Logging, the dredging and draining of wetlands, dams and pollution all played a role



in the historic decline of the inland beds. Manoomin is now threatened by climate change, herbicides, habitat fragmentation and physical destruction by those who do not understand the plant's significance.

HB 4852

THE PEOPLE OF THE STATE OF MICHIGAN ENACT: Sec. 1. Manoomin (*Zizania palustris* and *Zizania aquatica*), also known as Michigan wild rice, is designated as the official native grain of this state. Let it be known that manoomin is a sacred and important component to many wetlands and has a cultural significance to indigenous people of this state.

Courtesy photo and courtesy graphic.

Hearing Aid Program

ELIGIBILITY:

- LTBB CITIZENS FROM ANYWHERE IN THE COUNTRY

REQUIREMENTS FOR APPLICATION:

- DOCUMENTATION OF MEDICAL NECESSITY (RESULTS OF A HEARING TEST)

BENEFITS:

- \$2,500 PER HEARING AID EVERY 4 YEARS



Questions?
Abigail Dawson
231-242-1752

Elders Dental Program

ELIGIBILITY:

- LTBB ELDER CITIZENS (55 YEARS AND OLDER) FROM ANYWHERE IN THE COUNTRY

REQUIREMENTS FOR APPLICATION:

- PROPOSED TREATMENT PLAN
- ANY DENTAL INSURANCE

BENEFITS:

- WITHIN THE SERVICE AREA: \$1,500 PER YEAR
- ELDER MUST USE THE LTBB DENTAL CLINIC
- OUTSIDE THE SERVICE AREA: \$2,400 PER YEAR



Questions?
Abigail Dawson
231-242-1752

ELDERS VISION PROGRAM

ELIGIBILITY:

- LTBB ELDER CITIZENS LIVING OUTSIDE OF THE SERVICE AREA

REQUIREMENTS FOR APPLICATION:

- ITEMIZED STATEMENT/RECEIPT SHOWING PROOF OF PAYMENT

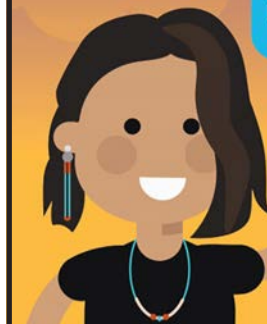
BENEFITS:

- \$200 FOR AN ANNUAL EYE EXAM
- \$300 FOR YOUR CHOICE OF FRAMES/LENSES/CONTACTS



Questions?
Abigail Dawson
231-242-1752

I know you might be feeling alone right now. I want you to know that I am rooting for you! 🙌



Text CARING to 65664

...to get regular reminders about how awesome you are from people who care and who've got your back.

BEAR MANAGEMENT COOPERATOR PATCH DESIGN CONTEST

Help design next year's Michigan Department of Natural Resources Bear Management Cooperator patch.

Michigan Bear Hunters Association (MBHA) is holding a design contest to create the 2023 Bear Management Cooperator Patch. K-12 students attending public, private or home schools in Michigan are eligible to enter.

Designs should be simple and easily re-

produced as a patch. This year's entry deadline will be December 1, 2022.

First place will receive \$100 and be invited to the MBHA convention. Second place will receive \$50 and be invited to the MBHA convention. Third place will receive \$25 and be invited to the MBHA convention.

For more information, visit www.mibearhunters.org

Courtesy graphic.



INITIATIVE TO PLANT 250 MILLION TREES IN 10 YEARS LAUNCHED BY GREAT LAKES ST. LAWRENCE GOVERNORS AND PREMIERS

A new initiative to plant 250 million trees by 2033 launched with a ceremonial tree planting at the Great Lakes Science Center in Cleveland, Ohio. Four Great Lakes Governors gathered to inaugurate the Great Lakes St. Lawrence Trees Initiative as part of the Conference of Great Lakes St. Lawrence Governors & Premiers (GSGP) Leadership Summit.

"Our goal to plant 250 million trees over the next 10 years will support a healthier environment and contribute to a better future along our Great Lakes," Ohio Governor Mike DeWine, GSGP Vice Chair, said. "Trees impact our lives on so many levels – our health, economy, and quality of life. By planting these seeds now, those living in our communities will benefit from them for years to come."

Governor DeWine was joined in Cleveland by GSGP Chair and Wisconsin Governor Tony Evers, Indiana Governor Eric Holcomb and Michigan Governor Gretchen Whitmer for the two-day GSGP Leadership Summit. The ceremonial tree planting was done in partnership with the Western Reserve Land Conservancy and the Cleveland Tree Coalition.

In addition to the tree planting, GSGP announced a new project to promote the health benefits of trees. GSGP will partner with the Cleveland Clinic and the Cleveland Tree Coalition to plant 200 trees in low-canopy Cleveland neighborhoods and create informational resources for health care professionals and local communities. A grant from the Cleveland Foundation will support the project.



Lillian Kuri, President & CEO, The Cleveland Foundation, said, "I want to commend the Great Lakes St. Lawrence Governors and Premiers on the launch of this transformative program. 250 million trees will be a game changer for the quality of life for the residents of the Great Lakes region."

Over the next decade, GSGP will work with the region's eight U.S. states and two Canadian provinces, federal governments, corporations, cities and other institutions to plant 250 million trees in the region. Tree planting creates many benefits, including carbon storage, water quality improvements, habitat, recreational access and improved health outcomes. Widescale tree planting has strong public support. A 2020 Pew Research Center poll found 90% of Americans embrace tree planting to protect the environment.

In addition to the 10-year tree planting goal, the Trees Initiative includes several other components:

- A Supporting Partners program to expand corporate, non-profit, philanthropic and other assistance for tree planting on public and private lands. Michigan-based Consumers En-

ergy is the first Supporting Partner.

• A Great Lakes Green Events program which encourages sustainability at conferences and events and supports local tree planting projects. The Great Lakes Healing Our Waters Coalition, Great Lakes Commission and GSGP recently held the first Great Lakes Green Events.

• A partnership with The Nature Conservancy to track the number of trees planted and help quantify the benefits of tree planting.

• A focus on developing strategies and policies which maximize the environmental and public health benefits of tree planting.

About GSGP

GSGP unites the chief executives from Illinois, Indiana, Michigan, Minnesota, New York, Ohio, Ontario, Pennsylvania, Québec and Wisconsin. The Governors and Premiers work as equal partners to grow the region's \$6 trillion economy and protect the world's largest system of surface fresh water. This partnership builds upon 40 years of work by the Council of Great Lakes Governors to encourage and facilitate environmentally responsible economic development.

Courtesy photo.

Hunting Terms in Anishinaabe

Him and Her, or She or He is used as a replacement for any kind of animate being in our language. When we talk about killing him or her in this context, we are talking about an animal we are going to harvest.

- Nandawashibe – s/he is hunting ducks
- Giiyose – s/he is hunting
- Baashkizige – s/he is shooting
- Nitaage – s/he hunts animals
- Akaandowin – Hunting Stand/Blind
- Bimo – shoot him/her with an arrow
- Biindaakojige – s/he offers tobacco
- Baakizh – cut him/her open



- Odaabaazh – drag him/her
- Obaashkizigani – s/he has a gun
- Baashkizigan – a gun
- Mitigwaab – bow
- Bikwak – arrow
- Waaakonenjigan – flash light/lantern
- Mookomaan – a knife
- Gijinagizhiin – gut/field dress
- Niishi – kill
- Doskaabaan – Aim at someone
- Anwi – bullet



WHITE EARTH TRIBAL & COMMUNITY COLLEGE

NEW

OPTICAL GUIDELINES

Services Covered

- Eye exam will be covered each year but are not required to get glasses and/or contacts
- Up to \$300 will be covered each year
 - This can be spent on any frames, lenses, and/or contacts
 - These can be purchased from the provider -or- from an online retailer and submit a receipt for reimbursement

Important Notes

- Reference numbers must be issued BEFORE the appointment
- Other medically necessary eye care services will need to be reviewed and approved by the Managed Care Team

YOU PROTECTED US.

LET US WALK WITH YOU. #WENEEDYOUHERE

Prevent Veteran Suicide To Give Help or Get Help:

- Dial 988 to reach the Suicide & Crisis Lifeline, and press 2 if you are in the Military or are a Veteran.
- Text "NOW" to 838255 to chat via text.
- Call 911 if you or someone you know is in immediate danger.
- Visit www.veteranscrisisline.net to learn about suicide signs and prevention resources.
- Ask trusted friends/family for help, find a support group, access health and/or veterans services, and keep yourself safe.

ASK YOUR RELATIVES

I want to learn jingle dancing. Who can teach me?

How do I talk to homophobic friends?

I want to explore the faith of my ancestors. Where do I start?

What is it like to get an STD test?

Auntie Amanda

Cousin Asia

Auntie Jane

Uncle Patge

You got questions! We got answers!

Medicine Game Heads to 2028 Olympics

By Kalle Benallie



Editor's note: The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

The medicine game has reached the Olympics.

Lacrosse, along with four other sports, has been named an Olympic sport by the International Olympic Committee in Mumbai, India. The new additions will debut in 2028 in Los Angeles.

Los Angeles will be the sixth time lacrosse has been part of the Olympics, but the first time as a medal sport since 1908, according to USA Lacrosse.

The Haudenosaunee Nationals Lacrosse Organization has been working for years to have the sport included in the Olympics. The game of lacrosse originates with the Haudenosaunee people and is the most revered tradition, regarding it a "medicine game" which can heal an individual, family or community.

"First and foremost, it's our game. We are the originators of the sport," Rex Lyons, former Nationals player, board member of the Haudenosaunee Nationals and president of the Haudenosaunee Nationals Development Group, said. "We have an opportunity here to make positive progress."

If the new Olympic sport is like current sports, a team would have to qualify to compete. The Nationals, both the men's and women's teams, are often ranked among the top lacrosse teams in the world and frequently compete in world tournaments, including the World Games.

Lyons said his father and lacrosse legend Oren Lyons is positive the Haudenosaunee Nationals will be at the Olympics despite any difficulties which may lie ahead.

Oren was a former lacrosse goalie and All-American player at Syracuse University. He was inducted into the Lacrosse Hall of Fame in 1993 and the Native American Hall of Fame in 2008. He co-founded the Haudenosaunee Nationals Lacrosse program in 1983 and is an honorary chairman.

"In a time where our world is really in, kind of in such uncertainty and so decisive, I think this is an opportunity for some positivity to take the world stage, and where I think it's going to be a story that people are going to feel good about around the world, especially Indigenous people. Indigenous nations around the world have always rallied behind us," Rex said.

Casey Wasserman, the chairperson of LA28, the host city's organizing committee, told *USA Today* the new sports "ignite the imagination on the field of play and drive culture off it."

Baseball/softball, cricket, flag football and squash are the other sports approved.

"They're relevant, innovative and community-based, played in backyards, schoolyards, community centers, stadiums and parks across the U.S. and the globe," Wasserman said.

Rex Lyons said World Lacrosse has reached out to the National Olympic Committees for the United States and Canada and the International Paralympic Committee about the importance of having the Haudenosaunee Nationals participate in the Olympics.

Wesserman has additionally stated LA28 would like to see the Haudenosaunee Nationals in the Olympics.

"The Indigenous people of North America created lacrosse," he said to *Sportico*. "If we could find a solution to allow them to compete, that would be incredible. We don't have that solution today because it requires the IOC to create a competition structure other than the norm ... I understand this is not a simple decision, but we would love to see it, I think it would be a really powerful moment for our country and for the sport."

The next steps to look at will be what the inclusion and format look like for the Haudenosaunee Nationals to compete. Such as working with the International Olympic Committee and if they will have to be a National Olympic Committee. A spokesperson for the IOC told *The Associated Press* it's up to Olympic committees in the U.S. and Canada, in coordination with World Lacrosse, "to decide if they include athletes from Haudenosaunee in their respective teams depending on the passport they hold."

The team has had difficulty gaining entry into some international events. They were prevented from competing in the world championships in England in 2010 due to the Haudenosaunee Confederacy having their own passports. British officials said the passports did not meet security requirements and asked for the Haudenosaunee to claim Canadian or U.S. passports to compete, but they refused.

Most recently, they were deemed ineligible for the 2022 World Games because they were not recognized as a sovereign nation. After 50,000 people signed a petition to let them play, they reversed their decision.

"Personally, I can't even begin to express how much this means to me, thinking that we would be represented, carrying our flag alongside other nations in the world and potentially be medal winners, it would be beyond belief," Lyons said. "In order for them to have the best experience for lacrosse and the Olympics, and the world audience, the Haudenosaunee has to be there."

Lyons added there has been real inclusion and growth for the Haudenosaunee to be at the head of the table.

"I really want to commend the powers that be that have already stepped out in front of this conversation. They're not waiting for us to knock on the door. I think that's an extraordinary change of status quo," Lyons said.

He also said he can really see the Haudenosaunee helping light the torch in Los Angeles.

"I feel like that would be a very monumental and extraordinary symbolism of how far we come and how far we have to go," Lyons said.

The Associated Press contributed to this article

Kalle Benallie, Navajo, is a reporter-producer at ICT's Phoenix bureau. Follow her on Twitter at @kallebenallie or e-mail her at kalle@ictnews.org.

Courtesy photo.

NATIONAL BRUSH DAY

By Jessica A. Rickert, DDS, Anishinaabe Dental Outreach

National Brush Day encourages a healthy smile for all. National Brush Day was observed on November 1 to reinforce the importance of children's oral health and promote good tooth-brushing habits. Parents are encouraged to make sure their family brushes their teeth for two minutes, twice a day. This year's campaign had a variety of materials available for download, including a National Brush Day logo, posters, social media posts with graphics.

We encourage all folks to sing a favorite toothbrushing song at least two minutes long while brushing twice a day. Common songs can be adapted such as "The Wheels On The Bus Go 'Round and 'Round" can become "The Bristles On The Brush Go 'Round And 'Round!" "So Early In The Morning" can include "this is the way we brush our teeth, brush our teeth, brush our teeth. This is the way we brush our teeth so early in the morning!"

Here are Tooth Brushing videos for kids:

https://www.youtube.com/watch?v=FA8O_Ff0CFk & <https://www.youtube.com/watch?v=ENAMlqxqZRI>



An entertaining National Brush Day Spotify playlist can be found at <https://spotify.fi/3r5F5Cr>

The American Dental Association (ADA) recommends a toothbrush which has soft bristles; the ADA recommends replacing your toothbrush every three-four months. Replace it more often if bristles are in bad shape or if the toothbrush has been contaminated. In general, power toothbrushes clean better than manual toothbrushes, removing more plaque.

Don't forget to clean between your teeth with floss or other aids.

For more information about National Brush Day and to download campaign materials, please visit:

<https://dentaltradealliance.org/mpage/national-brush-day>
<https://9033392.fs1.hubspotusercontent-na1.net/>

<https://www.delta-dentalmi.com/getmedia/60d5e266-4e78-4c06-b312-91da2b9c8d47/Delta-Dental-2x2-20-Brushing-and-Reading-Poster.aspx>
https://9033392.fs1.hubspotusercontent-na1.net/hubfs/9033392/files/8.5x11%20Lets%20Talk%20Teeth%20Coloring%20Book_v3%20with%20Manny.pdf

[https://www.ada.org/resources/research/science-and-research-institute/ada-seal-of-acceptance/product-search#sort=%40productname%20ascending&f:@category=\[manual%20tooth-brushes\]](https://www.ada.org/resources/research/science-and-research-institute/ada-seal-of-acceptance/product-search#sort=%40productname%20ascending&f:@category=[manual%20tooth-brushes])

[https://www.ada.org/resources/research/science-and-research-institute/ada-seal-of-acceptance/product-search#sort=%40productname%20ascending&f:@category=\[powered%20tooth-brushes\]](https://www.ada.org/resources/research/science-and-research-institute/ada-seal-of-acceptance/product-search#sort=%40productname%20ascending&f:@category=[powered%20tooth-brushes])

<https://med.umn.edu/Biomedical/diversity-inclusion/kina-together>

https://www.youtube.com/watch?v=FA8O_Ff0CFk
<https://www.youtube.com/watch?v=ENAMlqxqZRI>
<https://spotify.fi/3r5F5Cr>
 Courtesy graphic.

North American Indigenous Student Organization MICHIGAN STATE UNIVERSITY

UPDATE SAVE THE DATE!

THE 38TH ANNUAL Powwow of Love!

February 10th, 2024
 East Lansing, MI
 One day Powwow - Two grand entries

LTBB TRADITIONAL **Jiingtamok** and Kinomaage

SAVE THE DATE

SEPTEMBER 7th & 8th, 2024
 Osborne Road
 Harbor Springs, MI

MORE DETAILS TO BE ANNOUNCED
 For questions contact: culturalprogramming@ltbbodawa-nsn.gov

Serve your Tribal Nation

tinyurl.com/ltbbcbc

Join a board, commission or corporation
 Open your camera and scan the QR code or follow the link to fill out an intake form and attach your resume.

Vacancies

- Citizenship Commission – 1 seat
- Elders Commission – 1 seat
- Election Board – 1 seat
- HEMP Regulatory Commission – 2 seats
- Housing Commission – 2 seats
- Gaming Authority – 1 seat
- Gaming Regulatory Commission – 1 seat
- Odawa Economic Affairs Holding Corporation – 3 seats
- Odawa Economic Development, Inc. – 1 seat

SKULL BELIEVED TO BE OF NATIVE AMERICAN ON SALE AT FLORIDA THRIFT SHOP FOR \$400

By Levi Rickert

Editor's note: The following article and photograph appeared on *Native News Online*, and they are reprinted here with permission.

Michelle Calhoun was shopping in a thrift store in North Fort Myers, FL, and noticed a human skull in the Halloween section on November 4, 2023.

Calhoun, an anthropologist with Archaeological Consultants, based in Sarasota, FL, said she identified the skull as being of a Native American.

At approximately 11:25 a.m., the Lee County Sheriff Office received a call about the discovery at the Paradise Vintage Market located in the Antique Mall. The caller who made the call stated the skull was of a Native American, according to the Lee County Sheriff Office police report obtained by *Native News Online*.

The officer who responded made contact with the store owner and manager Beth Meyer, who told the officer the skull was placed out for Halloween and was selling for \$400. The officer called in the Lee County Sheriff's Office Major Crimes Unit detectives to further investigate.

Meyer told the officer the skull was located



in a storage locker at I Storage in Fort Myers, FL. She said she purchased the skull years prior.

The sheriff's office called the medical examiner to remove the skull from the thrift shop. Preliminary examination shows the skull is about 75 years old and there does not appear to be any trauma to the bones. The Lee County Sheriff's Office will work in conjunction with the District 21 Medical Examiner's Office to facilitate further testing of the skull.

According to the Lee County Sheriff's Office, the case is not suspicious in nature.

If the skull is ascertained to be of a Native American, by law, it should be repatriated to a local tribe.

Courtesy photo.

[Anishinaabemdaa.com](https://www.anishinaabemdaa.com)

Well, here it is folks - the long awaited, updated website!

Games

- Bowling
- Word Search
- Body Game
- Crossword Puzzles
- Concentration Games
- Drop and Catch
- Count and Climb

Lessons & 150+ Videos

- Ceremonies
- Jokes, Songs, Riddles
- Around the House
- History
- Grammar
- Creation, Nature
- Animals, Birds, Fish
- Stories, Legends
- Food, Cooking, Eating
- Teachings

LTBB Tribal Flags for Sale!!

For more information, contact Don Portman at biindigen@gmail.com or 231-487-1093

Michigan Christmas tree farmers grow and sell more varieties of Christmas trees than any other state



**2023 LTBB
EMPLOYEE
TAILGATE PARTY**

Photos by Wendy Congdon



**AA MEETING
@ BEHAVIORAL
HEALTH**

RECOVERY IS SACRED

BEGINNING
Monday, APRIL 4, 2022
6PM TO 7PM
BEHAVIORAL HEALTH

ENTRANCE AT REAR DOOR

WOCTEP

**CHECK OUT OUR
NEW PROGRAMS!**

Including 4 fast-track programs through NCMC:

- AUTO REPAIR TECHNICIAN
- HVAC TECHNICIAN
- MEDICAL ASSISTANT BUNDLE
- PHLEBOTOMY TECHNICIAN

WOCTEP is funded by the US Department of Education through the NACTEP program. Federal funds contribute to 70% of funding \$500,000 and initial support of \$5 (SALBA2) for project year 2.



**Spirit
Week
2023**

Courtesy photos



**Attention Michelle
Chingwa Award
Recipients!**

**EFT is now available!!
(Electronic Funds Transfer)**

In lieu of receiving a paper check, your payment would be sent via electronic transfer and credited to your account at your financial institution.


If you elect the ACH Payment option, an Electronics Funds Transfer (EFT) Authorization Form will need to be completed. This form can be found in the Forms Directory at <https://ltbbodawa-nsn.gov/>. Please complete all information on the Electronic Funds Transfer Authorization Form, review the Electronic Payment Terms and Conditions, sign and e-mail to accountspayable@ltbbodawa-nsn.gov. Forms can also be mailed to LTBB Accounts Payable at 7500 Odawa Circle, Harbor Springs, MI 49740

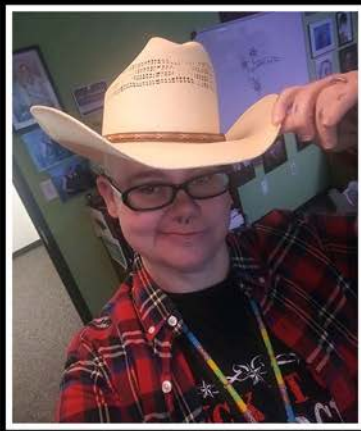


Marty Van De Car Memorial Scholarship Fund

This scholarship fund was established through the Petoskey-Harbor Springs Area Community Foundation in memory of Marty Van De Car to provide educational opportunities for students with preference given to an American Indian student graduating from an Emmet County high school. To donate to the scholarship fund, visit <https://bit.ly/MartyVDC>

**Marty VanDe Car
MEMORIAL SCHOLARSHIP FUND**

 Petoskey-Harbor Springs Area community foundation



INVISIBLE NO MORE

5,712 Native women were reported murdered or missing in 2016
Now we've lost count

MMIW-GIC.COM
#SOMEBODYS DAUGHTER



#MMIW



MICROBIAL ALLIES MAY HELP TURN TABLES ON TAR SPOT FUNGUS IN CORN

Agricultural Research Service (ARS) scientists are leaving no stone — or rather, leaf — unturned in their search for new ways to counter the fungus which causes tar spot, a yield-robbing disease of field corn in the midwestern United States.

First reported in Illinois and Indiana in 2015, tar spot has now expanded to include other nearby states as well as Florida and Canada. The disease manifests as raised black spots which mottle the leaves, husks and stalks of susceptible corn varieties, diminishing their photosynthetic ability and, in severe cases, killing the plants and inflicting grain yield losses of 20 to 60 bushels an acre.

Now, however, those same spots may reveal a hidden foe of the fungus which causes tar spot, *Phyllachora maydis*. The spots, called stromata, are a tough, structural form of the fungus which enables it to survive the winter and release a bevy of spores the following spring which infect the next corn crop. But a team of sharp-eyed scientists with ARS's National Center for Agricultural Utilization Research in Peoria, IL, observed some stromata specimens they collected failed to germinate — the "handiwork" of other fungi and bacteria which parasitize the tar spot fungus, potentially opening the door to a biologically based approach to controlling it.

The scientists' observation came while inspecting a research plot of corn near the ARS center in April 2022. Mild outbreaks of tar spot can generally be reduced with synthetic fungicide applications and corn varieties which can tolerate some damage from the fungus. But under the right weather conditions, severe outbreaks can overwhelm these defenses, exacting a costly toll on farmer profits and underscoring the need for additional countermeasures which can be deployed.

Fortunately, nature, with its system of checks and balances, offered several different species of fungi and bacteria which grow and reproduce on or inside the fungus's stromata — some of which appeared as a whitish fuzz on the stromata when researchers examined them under a microscope in the laboratory.

The researchers' use of DNA-based identification methods revealed some of the fungi and bacteria were known biological control agents of diseases affecting other crops. In trials, for example, exposure to spores of *Gliocladium catenulatum* (a commercially available biocontrol fungus) prevented 88% of the tar spot fungus' stromata from germinating. An *Alternaria* fungus isolated from a tar spot stroma prevented about 45%



of stromata from germinating. Several research studies have demonstrated some strains of *Alternaria alternata* are effective biocontrol organisms which can reduce the damage caused by plant pathogens, said Eric Johnson, a research molecular biologist with the ARS center's Crop Bioprotection Research Unit in Peoria. Additionally, laboratory assays indicated the *Alternaria* strain tested did not cause disease in a susceptible variety of corn when added to damaged portions of leaves. It may be additionally useful in killing overwintering tar spot stromata given the tested strain grew well at cold temperatures, Johnson added.

The scientists' studies are in the early stages and more research will be necessary to fully ascertain the fungi and bacteria's potential to biologically control tar spot in commercial fields when applied during the growing season or to kill overwintering. In the meantime, other approaches for managing the disease are also being explored, both in Peoria and at ARS's Crop Production and Pest Control Research Unit in West Lafayette, IN. These include:

- Examining the basic biology and genetic underpinnings of the tar spot fungus for clues to new ways of controlling it.
- Developing molecular markers to speed the search for new sources of tar spot resistance in corn.
- Exploring strategies to make better use of fungicides registered for use against tar spot in corn as part of an integrated approach to managing the disease.

Details on the biocontrol potential of the tar spot fungus's natural rivals were published in the June 2023 issue of the journal *Microorganisms* by Johnson and co-authors Pat Dowd, Jose Ramirez and Robert Behle — all with the ARS center's Crop Bioprotection Research Unit in Peoria. Additional research on biological control of tar spot disease in Peoria is now being funded by the Illinois Corn Growers Association and ARS National Plant Disease Recovery System.

Courtesy photo.

GEOSPATIAL TECHNOLOGY CAN HELP CORN PRODUCERS ASSESS POTENTIAL WIND DAMAGE IN FIELDS

As cornfields suffer crop damage caused by weather, corn producers can use geospatial and remote sensing technologies to get a more accurate measurement of the damage and estimate potential economic loss, according to a recent study published in *Frontiers in Agronomy*.

The United States is the largest producer of corn in the world, and Mississippi alone produced more than 28 million tons of corn in 2021. As the Mississippi Delta is one of Mississippi's major corn-growing regions, crop damage from natural disasters like flooding, hailstorms and wind can pose major threats to production.

In the study, the United States Department of Agriculture's (USDA), Agricultural Research Service (ARS) researchers from the Crop Production System Research Unit used a GPS-mounted yield monitoring system to assess green snap or "brittle snap" — a condition caused when corn stalks break from wind damage — in cornfields located in Stoneville, MS, after severe winds affected the Delta region in May and June 2022.

"A corn producer may not be able to see the extent of wind damage just by driving along the edges of the corn field," said ARS Research Agronomist Ammar Bhandari. "A corn producer may mistakenly believe their fields did not suffer damage when in reality may have occurred deep inside the fields."

Researchers collected the yield maps from



multiple cornfields and analyzed them to assess yield loss due to wind damage. Results indicated an average yield loss of approximately 26 pounds per acre per 1% of total wind damage. The potential loss was estimated to vary from approximately \$76 per acre for areas with less than 25% of wind damage to approximately \$232 per acre for areas with more than 75% of wind damage.

By getting accurate GPS coordinates of the damage locations and combining them with yield monitor data to estimate yield loss through geospatial technologies, producers can have a more reliable reference tool for assessing site-specific wind damage over large areas.

"The research results could help predict potential yield loss (approximately 26 pounds per acre per 1% of total wind damage) and economic loss to assist producers and other stakeholders in decision-making to prepare for changing weather patterns and unprecedented severe windstorms in the future," said Bhandari.

Courtesy photo.

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SECTION 184 LOAN GUARANTEE PROGRAM

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Office of Public & Indian Housing

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FOR MORE INFORMATION, CALL THE LTBB HOUSING DEPT at 231-242-1540.

HOUSING DEPARTMENT PROGRAMS

Services are available to citizens residing within the 27 county service area. An application packet must be completed and returned to the Housing Dept. for processing to determine qualification. To obtain an application, please contact the Housing Dept. at 231-242-1540.

STR - Short Term Rental Assistance: This program offers up to \$1,500 for new tenants who need assistance with the first month's rent and/or security deposit. This can be used ONE TIME ONLY and the rent requested must be affordable and can NOT exceed 35% of the household gross monthly income. Please note the application packet must be received and approved in advance of your moving into the rental in order to qualify for this program.

HIP - Home Improvement Program: This program offers up to \$2,500 for non-cosmetic home repairs and may be utilized once every five years.

DPA - Down Payment Assistance: This program offers up to \$2,500 or 10% of your mortgage (whichever is less) and can be used to purchase or refinance a home. In order for you to receive any grant dollars, you must be able to match the grant amount with your own guaranteed funds.

FPA - Foreclosure Prevention Program: This program offers up to \$3,000 to assist in foreclosure prevention.

Well & Septic Assistance Program: Funded by the Indian Health Services located in Sault Ste. Marie, MI this program provides the resources and technical assistance associated with the installation of a new well and sanitation service or replacement of deficient existing well/septic.

Credit Counseling: We provide confidential advice and referrals to assist tribal citizens in regaining their financial stability and credibility.

Tribal Rental Housing Program: The LTBB Housing Department offers 40 rental units in the Northern Michigan area. These units are available to rent to Tribal Citizens and most rents are based on a family's monthly income. Any Tribal Citizen interested in renting a unit from the LTBB Housing Department should contact our offices for an application. Currently, there is a waiting list for available units.

****HUD will no longer allow services on Land Contracts****

NOW ACCEPTING APPLICATIONS

For the Mtigwaakiis housing development. Tribal Preference applies. For more information, contact the Housing Department at 231-242-1540

Equal Housing Opportunity TTY 7-1-1

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS
HOUSING DEPARTMENT
7500 Odawa Circle
Harbor Springs, MI 49740
Tel: 231-242-1540 Fax: 231-242-1550
TTY: 7-1-1

Apartments for Rent

Now accepting applications

- Must belong to Little Traverse Bay Bands of Odawa Indians
- Bedrooms are approximately 121 sq. feet and 94 sq. feet
- Must be 55 or older or disabled of any age
- Located in a quiet country setting, but only 4 miles from Harbor Springs, MI
- Rents are based on income
- Barrier free units are available
- Accept very low, low and moderate income applicants
- LTBB Housing office hours are Monday through Friday, 8 am to 5 pm
- All units are 2 bedroom and 1 bath

Wah Wahs Noo Da Ke Tribal Village is approximately 4 miles north of Harbor Springs, MI

Contact person: LTBB Housing Department 231-242-1540

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form found online at http://www.ascr.usda.gov/complaint_filing_cust.html, at any USDA office or call 866-632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax 202-690-7442 or e-mail at program.intake@usda.gov.

NCAI UNVEILS NEW VISUAL IDENTITY, MARKING A HISTORIC MILESTONE IN 80-YEAR LEGACY



more than just a change in our visual identity — it is a profound commitment to unity, solidarity, and a brighter future for Tribal Nations. This rebrand is a symbol of our collective strength as Native peoples, and we invite all of Indian Country to join us on this exciting journey.” Central to NCAI’s rebrand is a captivating new logo — a symbol of hope, unity and the enduring spirit of tribal nations. The logo features key elements such as 12 feathers representing the 12 NCAI regions, a forward-looking eagle symbolizing progress and advocacy, and soaring wings embodying the spirit of hope for the next seven generations. The organization is also making waves in the digital landscape with a brand new website and recent launch of “The Sentinel” podcast and blog, reinforcing its dedication to amplifying the voice of Indian country. “Within this rebrand, we have completely transformed NCAI’s digital presence, ensuring that our resources are more accessible than ever,” said NCAI Executive Director Larry Wright, Jr. “This new website not only showcases our fresh identity but also serves as a hub to explore NCAI’s 80-year legacy, discover key resources, and stay updated on issues that matter most to Tribal Nations. It is a true reflection of who we are, and it’s designed to be a valuable asset for all who rely on us.”

Courtesy graphic.

To mark the start of Native American Heritage Month, the National Congress of American Indians (NCAI), the oldest, largest and most representative American Indian and Alaska Native organization serving tribal nations, is proud to announce the unveiling of its new visual identity. This transformative moment in NCAI’s 80-year history is the result of years of collaborative efforts led by tribal leaders and feedback from across Indian country. As NCAI approaches its 80th anniversary, this landmark rebrand signifies a bold step toward the future while honoring its rich legacy of tribal policy advocacy. The timely launch during Native American Heritage Month underscores the organization’s long-standing commitment to safeguarding traditional laws, cultures and ways of life while championing a more representative and empowered future. “Today is a pivotal moment in NCAI’s history,” said NCAI President Fawn Sharp. “It represents

Construction is underway!

Housing is pleased to announce that we will be building new apartments in Charlevoix at Murray Road and in Harbor Springs on Second Street.

Construction will start in 2024.

We are accepting applications now!

Contact us today to be ready to move into your new home!

Contact us today at
231-242-1540
for more information.

M MATTHAEI BOTANICAL GARDENS
AND NICHOLS ARBORETUM
UNIVERSITY OF MICHIGAN
GRAPHICS © HERON HILL DESIGNS



CALL FOR ANISHINAABEK ART

SUBMISSION DEADLINE: DECEMBER 10, 2023

Kina n'da-nowendaaganag (All My Relations) will be an Anishinaabek art show focused on how artists relate to plant relatives through their inherent connections to the land.

**MIIGWECH! TO APPLY PLEASE VISIT:
WWW.CO-LIB.COM/CALL-FOR-ART**

U.S. DEPARTMENT OF AGRICULTURE EDUCATIONAL OPPORTUNITIES, APPLICATION DEADLINE IS DECEMBER 1



National Institute of Food and Agriculture and Natural Resources Conservation Service. The application deadline is December 1, 2023.

Terra Preta do Indio Tribal Faculty Fellowship Program

This Faculty Fellowship program seeks to strengthen tribal college and university research capacity and introduce TCU faculty and staff to USDA programs and services. In June 2024, the Faculty Fellows will spend a week in Washington, D.C. to meet with USDA program leads, identify areas for collaboration and learn more about USDA resources. During a second week, they are placed at a USDA research facility which aligns with their academic research interests. This year’s research collaborations will take place with USDA’s Agricultural Research Service, Forest Service and the National Institute of Food and Agriculture. The Faculty Fellows return to their institution with new knowledge to benefit their community, cooperative research opportunities and advance their tribal college land-grant mission of research, education and extension. The application deadline is December 1, 2023.

USDA and Tribal Colleges and Universities

There are 36 federally recognized tribal colleges and universities designated as land-grant institutions through the Equity in Educational Land-Grant Status Act of 1994. They are centers of culture, education and community for tribal nations. USDA works with tribal colleges to help ensure equitable participation in USDA programs and services. These efforts include support for scholarships, internships, fellowships, research, classroom education and extension (training and informal education with agricultural professionals and local communities).

USDA touches the lives of all Americans each day in many positive ways. In the Biden-Harris Administration, USDA is transforming America’s food system with a greater focus on more resilient local and regional food production and fairer markets for all producers. USDA is dedicated to ensuring access to safe, healthy and nutritious food in all communities, building new markets and streams of income for farmers and producers. In order to reach these goals, USDA encourages the use of climate smart food and forestry practices. USDA is making historic investments in infrastructure and clean energy capabilities in rural America and is committed to equity across the Department by removing systemic barriers and building a workforce more representative of America. To learn more, visit www.usda.gov.

Courtesy graphic.

The U.S. Department of Agriculture (USDA) announced two tribal higher education opportunities to train the next generation of agricultural professionals and strengthen ties with tribal higher education institutions. The USDA 1994 Tribal Scholars Program offers a fast-track career path with USDA, and the Terra Preta do Indio Tribal Faculty Fellowship engages tribal college faculty with USDA resources and research. These programs reflect USDA’s commitment to advance equity and remove barriers to service for tribal nations and encourage tribal workforce development. The announcement also marks the 29th anniversary of the day legislation was signed to give tribal colleges land-grant status.

“Tribal land-grant colleges are central to empowering a workforce that better reflects our clients in agriculture, nutrition, food, development — and at USDA,” said Agriculture Secretary Tom Vilsack. “USDA is committed to making USDA programs and services more accessible to tribal colleges and universities and their students and faculty.”

New Four-Year Tuition Coverage for Tribal Scholars Program

The USDA 1994 Tribal Scholars Program provides full tuition, fees, books, a housing stipend and paid workforce training to any interested and eligible student pursuing degrees in agriculture, food, natural resource sciences or related academic disciplines at a tribal college or university. New this year, the tuition coverage can follow the student from a two-year associate program at a tribal college or university (TCU) to a four-year bachelor’s degree program (at a TCU or another land-grant institution). When the student has completed the scholarship requirements, including a paid internship, USDA may convert the student to a permanent USDA employee without further competition. Eligible applicants include graduating high school seniors, full-time students currently enrolled at a 1994 land-grant tribal college or university or recent TCU associate degree graduates. For FY 2024, 27 scholarship slots are available at Agriculture Research Service, Farm Service Agency, Farm Production and Conservation, Forest Service,

CARE FOR US BY US
TRIBES UNITED TO FIGHT COVID-19
INTER-TRIBAL COUNCIL OF MICHIGAN, INC.

A recommendation from a health care provider is one of the strongest predictors of patients getting vaccinated.

VISIT KEEPITSACRED.ITCMI.ORG/VACCINEEQUITY/
FOR PROVIDER VACCINE RESOURCES AND TRAININGS

Native American Education Program
Anishinaabe Cultural Awareness Program

PROGRAMS ARE AVAILABLE FOR STUDENTS KINDERGARTEN THROUGH 12TH GRADE

Classes are held at:
Straight School
850 Chatham NW
Grand Rapids, MI 49504

Biindigen

All students are welcome, however we need every parent/guardian to fill out a consent form in order to attend these classes.

If you have any questions, please call 616-819-3318

Tuesdays and Thursdays 4:00 pm to 6:00 pm	
11-28-23	2-8-24
11-30-23	2-13-24
12-7-23	2-15-24
12-12-23	2-22-24
12-14-23	2-27-24
12-19-23	2-29-24
1-9-24	3-5-24
1-11-24	3-7-24
1-16-24	3-12-24
1-18-24	3-14-24
1-23-24	3-19-24
1-25-24	3-21-24
1-30-24	3-26-24
2-6-24	3-28-24

NOTICE TO MEDICAID BENEFICIARIES

Michigan Department of Health and Human Services (MDHHS) has announced that Medicaid Eligibility Renewals will **resume starting April 2023**.

IF YOU HAVE MEDICAID: GET READY TO RENEW NOW.

Following these steps will help determine if you still qualify:



Make sure your contact information is up to date with MDHHS.



Check your mail, text, or MI Bridges account for notifications.



If received, complete the Medicaid Renewal Form immediately.



The Renewal Form must be mailed in or submitted on your MI Bridges account

FOR HELP OR TO UPDATE YOUR CONTACT INFORMATION:

Visit the MI Bridges Webpage:
michigan.gov/mibridges

Or Contact:

Abigail Dawson
LTBB PRC Benefits Assistant

P: 231-242-1752
E: adawson@ltbbodawa-nsn.gov



DON'T RISK A GAP IN YOUR MEDICAID OR PRC COVERAGE!

2023 LTBB Halloween

Photos by
Annette VanDeCar



Fall Encampment 2023



100% \$\$ RAISED GOES TO
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CHILI COOK-OFF

Friday 12/01/23
11:30 to 1PM
@ LTBB's Government Center
7500 Odawa Circle, Harbor Springs
Enter your Chili by November 29th
Contact: Rachael Koepf
Rkoepf@ltbbodawa-nsn.gov
231-242-1488

\$10

ENTER YOUR
CHILI

\$7

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how to keep your pets safe this holiday season!

The holidays bring festive decorations and joyous gatherings to our homes. Keep an eye out for the following holiday hazards to keep your pets safe:

decorations

Beware of: wrapping paper, ornaments, tinsel, ribbon, and small decorations

Dangers: choking, intestinal blockages, vomiting, stomach pain, diarrhea, can cause death

plants

Beware of: Christmas tree pine needles, mistletoe, poinsettia, and holly

Dangers: mouth irritation, stomach pain, vomiting, diarrhea, can cause death

food

Beware of: alcohol, candy, chocolate, nuts, bones, and drinking the sap from the tree stand

Dangers: choking, gastric and respiratory distress, vomiting, diarrhea, can cause death

lights

Beware of: strands of light, electrical cords, candles

Dangers: burns, loss of consciousness, abnormal heartbeat, difficulty breathing, electrical shock, can cause death

information sourced from: vetsupplysource.com

NATIVE AMERICAN HOLIDAY ART & GIFT MARKET

SATURDAY, DECEMBER 2, 2023
10AM-4PM

LIVE DRUM & DANCE EXHIBITION
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INDIAN TACO SALE (11AM-4PM)

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AMERICAN INDIAN CENTER

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PUZZLE ON PAGE 8.

TVXHG EURNC OQBP FWMCOE POFXLC I LWL
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BAWATING ASEKENG GABESHIWIN

AWEGONEN WAA ASEKEYAN?
WHAT (HIDE) DO YOU WANT TO TAN?

Gaashiboojiganaabik(oon) Knife sharpener
Zisiboojigan(an) flat file
Jiishaakwa/igan a hide scraper
Zhiiba'iganaatig stretching frame
Wiinindib his brain





Bakonige s/he is skinning
Bakon skin someone
Nibakonaa amik I'm skinning beaver

Jiishaakwa'ige s/he is scraping (with bone)
Jiishaakwa' scrape him
Gaaskaaska' scrape him using something
Gaaskaaska'an scrape it using something
Maada'an scrape hair and fat from skin

Zhiishaakwa'wige s/he is scraping
Zhiibiigishkaa it stretches (something sheet like)
Naazhiiga'ige she stretches a hide
Zhiibiigibidoon stretch it by pulling

Baaswi dry him
Agoozh ji baasod Hang it to dry
Aaniin minik ge danaakadozod ji baasod? How long is it gonna take to dry up?

Mooz gizhawenimig giizhinigeyaan moose blesses me as I'm tanning
Amikwayaan beaver hide
Bizhikiwayaan buffalo hide
Waawaashkeshiwayaan deer hide
Mooziwayaan moose hide
gidigaakoonsiwayaan fawn hide
Asekaan(ag) a tanned hide


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Aid we can provide: tuition & fees, advising, mileage, internet reimbursement, books/materials, early registration, exam fees, hourly stipend, laptop assistance



WOCTEP is funded by the US Department of Education through the NACETP program. Federal funds contribute to 92% of funding (\$500,000) and total support of \$5 (842,329) for project year 1 (2022)



MANNA FOOD PROJECT
AGENCY PARTNER PANTRIES

AMTRIM COUNTY						
Partner Food Pantry	Phone	Street	City	Day	Start	End
Bellaire Community Pantry	231-533-8973	205 Broad Street	Bellaire	Mon & Thur	10:00 AM	4:00 PM
Bellaire Community Pantry	231-533-8973	205 Broad Street	Bellaire	Saturday	10:00 AM	Noon
Good Samaritan Center	231-588-2208	9746 Main Street	Ellsworth	Tuesday	10:00 AM	5:00 PM
Good Samaritan Center	231-588-2208	9746 Main Street	Ellsworth	Wed, Thur, Fri	10:00 AM	4:00 PM
Good Samaritan Center	231-588-2208	9746 Main Street	Ellsworth	Saturday	10:00 AM	2:00 PM
First Congregational Church	231-544-6878	1875 Main Street	Central Lake	Friday	3:00 PM	5:00 PM
First Congregational Church	231-544-6878	1875 Main Street	Central Lake	Tuesday	5:00 PM	7:00 PM
Mancelona Food Pantry & Resale	231-587-9606	200 N Maple Street	Mancelona	Tue, Wed, Thur, Fri	9:00 AM	3:00 PM
CHARLEVOIX COUNTY						
Partner Food Pantry	Phone	Street	City	Day	Start	End
Boyne Valley	231-468-4615	3031 Main Street	Boyne Falls	Thursday	Noon	5:00 PM
Bread Of Life Food Pantry	231-547-4300 Ext 2	05855 M-66 N	Charlevoix	1st & 3rd Thur	4:30 PM	6:00 PM
Care & Share	231-536-7426	6710 M-32	East Jordan	Thursday	9:30 AM	Noon
Care & Share	231-536-7424	6710 M-32	East Jordan	Tuesday	2:00 PM	4:30 PM
Charlevoix Community	231-237-9490	100 W Huriburt Street	Charlevoix	Mon & 1st Thur	9:00 AM	Noon
Charlevoix Community	231-237-9491	100 W Huriburt Street	Charlevoix	Monday	5:00 PM	7:00 PM
Good Neighbors	231-497-8678	624 State Street	Boyne City	Tuesday	10:00 AM	Noon
Good Neighbors	231-497-8679	624 State Street	Boyne City	Tuesday	2:00 PM	5:30 PM
Jesus Is Lord Church	231-347-4837	06072 US 31 N	Bay Shore	2nd & 4th Tues	Noon	2:00 PM
Seventh Day Adventist	231-582-0151	326 North Park	Boyne City	All	Appt Only	Appt Only
EMMET COUNTY						
Partner Food Pantry	Phone	Street	City	Day	Start	End
Harbor Springs Community	231-526-2017 X.43	201 W. 3rd Street	Harbor Springs	Monday	9:00 AM	11:30 AM
Brother Dan's	231-347-7423	415 State Street	Petoskey	Tuesday	9:00 AM	Noon
Church Of Christ	231-347-6181	320 Monroe Street,	Petoskey	Monday	11:30 AM	Noon
Church of the Nazarene	231-548-5462	7489 Mission Road	Alanson	Wednesday	4:00 PM	5:00 PM
Manna Food Pantry	231-347-8852	8791 McBride Park Ct	Harbor Springs	Tuesday	9:00 AM	Noon
Manna Food Pantry	231-347-8852	8791 McBride Park Ct	Harbor Springs	2nd & 4th Thurs	2:00 PM	5:00 PM
Manna Mobile Pantry - Carp Lake	231-347-8852	6339 E Gill Rd	Carp Lake	1st Thursday	4:00 PM	6:00 PM
Manna Mobile Pantry - Bliss	231-347-8852	265 W Sturgeon Bay Tr	Levering	3rd Thursday	4:00 PM	6:00 PM
Pellston Area	231-838-4499	161 US 31 N	Pellston	Wednesday	5:00 PM	7:00 PM
Salvation Army	231-347-3531	712 Pleasant Ave	Petoskey	Mon through Fri	9am-11:30am	Call for emergency

ANISHINAABEMOWIN ONLINE

COME AND JOIN IN LEARNING OUR ANISHINAABEMOWIN SPEAKING CHALLENGE PHRASES!

MONDAYS 1-2PM

ZOOM LINK: 858 6801 5282

ANISHINAABEMOWIN SPEAKING CHALLENGE

VA U.S. Department of Veterans Affairs

AMERICAN INDIAN AND ALASKA NATIVE VETERANS Copayment Exemption

You may be eligible for copayment exemption and reimbursement of copays for health care and all urgent care visits.

Learn about eligibility and how to submit official Tribal documentation:

- Visit www.va.gov/health-care/copay-rates
- Call 1-800-MyVA411 (1-800-698-2411)
- Scan With your smartphone

LTBB Department of Commerce Announcement: The Economic Diversification and Recovery Strategy (EDRS) is underway!

This project is a result of grant funding from the US Economic Development Administration, and will include the following activities:

- Hire Economic Recovery Coordinator.
- Hire Consultant to develop an Economic Diversification and Recovery Strategy (EDRS) - This will be a tangible document used to guide LTBB's economic decisions for the next 5-25 years.
- Assemble an LTBB workgroup to help build the EDRS.
- Conduct market research, workforce research, Tribal-needs research, and land-use analysis.
- Explore options and needs for completing a Tribal Census.
- Develop resources for business start-ups and provide assistance to bring business to Tribal Lands.
- Conduct outreach and surveys to hear input directly from the Tribal Community.

Information will continue to come out as we work through the activities and we will be seeking input!

This project is 100% with funds available through U.S. Department of Commerce's Economic Development Administration (EDA) Economic Recovery and Diversification Project grant Number 06-69-06380- URI: 118783.

MICHIGAN STATE UNIVERSITY Extension

Cooking Matters for Adults

TUESDAYS: (6 week series) February 6, 13, 20, 27 March 5, 12

TIME: 3:30pm - 5:30pm

PRESENTED BY: Jane Sherry, Community Nutrition Instructor - MSU Extension, 989-731-0265, sherryja@msu.edu

TO REGISTER: Contact Lauren Rabish @ (231) 242-1664 By January 30th

Join us for engaging nutrition activities, live food demos, practice with food budgeting and more! This series consists of six, 2 hour lessons. Topics include:

- Healthy Cooking Basics
- Food Safety and Kitchen Safety
- Varying Your Fruits and Veggies
- Meal Planning
- Shopping Smart
- Healthy Drinks

Participants can receive \$10 worth of take-home groceries for each lesson attended (up to a \$60 value).

There is no charge to attend this series, but you must pre-register.

MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

Persons with disabilities have the right to request and receive reasonable accommodations.

Follow **MI Health Matters** from Michigan State University Extension on social media!

#SNAPedWorks Funded by the USDA's Supplemental Nutrition Assistance Program—SNAP. Delivered by MSU Extension.

SAVE THE DATES

For Char-Em ISD Career and Technical Education's **Summer Camps 2024!**

Career Academy for Kids
Lineworker Training Academy
Public Safety Academy
Welding Academy

June 18-20, 2024 | 9 a.m. - 2:30 p.m.

Career Academy for Kids
Career Academy for Kids is a three-day summer program of enrichment classes operated. Classes are designed to help students currently enrolled in grades 2-8 experience a particular field of interest in-depth and hands-on. Diverse sessions offer kids a variety of opportunities!

Lineworker Training Academy
During this camp, students in grades 8-11 will learn what it is like to climb power poles, use various tools that a lineworker uses on a daily basis, learn the gear and clothes that are required in this field, fly a drone simulator, and visit lineworkers in action! Students will learn the ins and outs of the electric utility industry and how power gets to our homes and businesses.

Public Safety Academy
The Public Safety Academy will immerse students grades 8-11 in law enforcement, EMS, and firefighting careers in this a one-of-a-kind camp experience! Join local police and emergency responders, U.S. Customs & Border Patrol agents, K-9 handlers, and U.S. Coast Guard staff – even learn to SCUBA dive. The three-day camp culminates in a real-life search-and-rescue operation on land and water!

Welding Academy
Welding Academy takes place at East Jordan High School, where students will develop basic welding knowledge and skill application. They will participate in the creation of a team welding project and complete student-made take home projects. Students will experience first-hand what it is like to operate various equipment used in the welding industry, including welding power sources, grinders and manual plasma tables. For students in grades 8-11.

ONLINE REGISTRATION opens April 15, 2024! Courses fill quickly, be sure to register early.
www.charemsidcareertech.org

Career and Technical Education Department
Charlevoix-Emmet Intermediate School District
www.charemsidcareertech.org

It is the policy of Charlevoix-Emmet Intermediate school district to comply with all federal laws and regulations prohibiting discrimination. Char-Em ISD does not discriminate on the basis of race, color, national origin, age, sex (including sexual orientation or transgender identity), marital status, religion, disability, language, diversity or lack of English language skills. For more information contact the Civil Rights Coordinator at 231.547.9947.

LTBB NIZGAANDIWIN EDUCATION DEPARTMENT

Tutoring Subsidy
for LTBB Citizens in PK-12th Grade

OPEN TO ANY CITIZEN THAT NEEDS TUTORING - DO NOT NEED TO LIVE IN SERVICE AREA

\$800
AVAILABLE EACH ACADEMIC YEAR TO OFFSET THE COST OF HIRING A PRIVATE TUTOR

For more info & to get an application 231-242-1480 AcademicServices@ltbbodawa-nsn.gov

Or visit the LTBB forms directory Education Tab <https://ltbbodawa-nsn.gov/services/forms-directory/>

NITAAZHITOOJIK INDUSTRIAL TRAINING

Did you know that the average Michigan CNC Programmer makes \$26.59 per hour? NIT can help you reach your full potential!

The **Nitaazhitoojik Industrial Training Program (NIT)** provides financial assistance to eligible students pursuing the following supported programs that are *short-term and offer flexible scheduling!*

Available assistance includes tuition & course fee assistance, textbook and course equipment coverage, **a \$12.75/hr stipend**, mileage reimbursement, and training fee assistance.

Supported Programs

- Computer Numerical Control (CNC) Certificate of Development
- Manufacturing Technology Certificate
- Computer-Aided Design (CAD) Certificate
- Industrial Welding Certificate

Scan for more information or contact NIT at (231) 242-1485 • bhinmon@ltbbodawa-nsn.gov

North Central Michigan College, Michigan State University, Michigan State University Extension, Michigan State University Extension, Michigan State University Extension, Michigan State University Extension

The production of this flyer was supported by Grant 90NA8359 from ACF. Its content is solely the responsibility of Little Traverse Bay Bands of Odawa Indians, and does not necessarily represent the official views of ACF.

ATTN:

Recent LTBB Graduates

Shirley Naganashe Oldman Secondary Education Honorarium

Available to citizens who recently received their:
High School Diploma
GED Certificate/Diploma
Certificate of Completion

***Must be submitted w/in 180 days**

Questions?
231-242-1480

"Minutes" continued from page 27.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Tribal Council Member Reports:

Councilor Fred Kiogima – No report

Councilor Tamara Munson

Conversation with Councilor Jordan Shananaquet in regards to Odawa Economic Development Management, Inc. and Odawa Economic Affairs Holding Corporation.

Would like to start planning for a Youth Center.

Would like to collaborate with the Substance Abuse Department and other Michigan Tribes to build a Native American treatment center in Michigan.

Councilor William Ortiz – No report

Councilor Aaron Otto

Approached by Tribal Citizens and non-citizens regarding the possibility of the Tribe opening a birthing center.

Councilor Melissa Pamp

Will be attending the upcoming conferences: Savannah's Act on October 3, 2023 and the National Murdered Missing Indigenous Women (MMW) on October 24-26, 2023. Will not be in attendance of the Tribal Council Work Session (10/24) or Meeting (10/26) due to conference.

A Tribal Citizen approached her in regards to Odawa Economic Affairs Holding Corporation charitable contributions. This information was forwarded to the Interim Executive Director Michele Portman-LaCount

Councilor Jordan Shananaquet

Since our last Tribal Council meeting, I have spoken with Legislative Leader Marcella Reyes, Treasurer Shomin, Councilor Pamp, Councilor Ortiz, Councilor Munson, Councilor Otto, and Legislative Services Attorney Zach Welcker regarding OEDMI & economic development.

Met with Tribal Chair Regina Gasco-Bentley and Unit Director 2 Duffy Johnson regarding Odawa Economic Development Management, Inc.

Reached out to OEDMI Board of Directors requesting information regarding loan applications as well as grant applications.

Waiting to hear back from general counsel regarding public documents (from last council report) re: OEDMI.

Registered for Uniting Three Fires Against Violence's (UTFAV) Tribal Leadership Summit October 24th-25th on Mackinac Island (travel is covered by UTFAV) Note, the 25th is a council day, and I will not be in attendance. After speaking with the Lead Survivor Outreach Specialist, I am currently reviewing our current Domestic Violence statute including the VAWA 22' provisions and other applicable statutes (sex offense, PPO's, Human Trafficking, etc.) in preparation for this meeting.

Heard from several tribal citizens since our work session on Tuesday regarding a number of concerns regarding some of the legislation that is slated to vote on—especially regarding the Asset Statute, Financial Disclosures, Tax Statute among others. I will share these thoughts further at discussion during Roll Call votes.

Activity/Discussion:

-Continuing research around OEDMI & review of OEDMI documents -Conducted research regarding Economic Development—specifically a Tribal Business Structure and currently reviewing documents from a number of sources including but not limited to US Department of

Interior, Tulalip Tribes, etc. -Currently reviewing relevant Economic Development Statutes. -I have been in conversation with Chairman Stuck from NHPB and working to get a meeting scheduled to discuss their economic development structures.

-I have been in conversation with Councilor Munson regarding Youth Services

-I spoke with the Youth Services Director regarding the need for a building for Youth

Services. This is something I would like to bring forward to a work session for further

discussion with the Department Director and Unit Director.

Community Events Attended -Attended the LTBB Natural Resources Department Nme/Sturgeon Release on September 16th; NRD (Hatchery) did a wonderful job!

Motion made by Councilor Melissa Pamp and supported by Councilor Aaron Otto to acknowledge receipt of Councilor Tamara Munson, Councilor Aaron Otto, Councilor Melissa Pamp, and Councilor Jordan Shananaquet's verbal reports for September 28, 2023.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Legislative Office Reports continued.

Tribal Historic Preservation Office: No report

Legislative Office Director:

Motion made by Treasurer Leroy Shomin and supported by Councilor Aaron Otto to acknowledge receipt of Legislative Office Director Michele Portman-LaCount's verbal and written report for September 28, 2023.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Legislative Services Attorney:

Office update

Closed Session for Confidential Legal

Discussion: Ziibimijwang supplemental request

Overview of presentation request for supplemental funding from the Appropriations and Finance Committee.

Motion made by Councilor Melissa Pamp and supported by Secretary Emily Proctor to adopt Tribal Resolution Ziibimijwang, Inc. Requests for FY 2023 Supplemental Funding in the Amount of \$250,000.00 to come from the General Fund-Fund Balance.

Roll Call Vote: Councilor Fred Kiogima – No, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – No, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Legislative Services Attorney report continues.

4:06 p.m. Motion made by Treasurer Leroy Shomin and supported by Secretary Emily Proctor to enter into Closed Session for Confidential Legal Matters.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent

Motion carries.

5:40 p.m. Motion made by Councilor Melissa Pamp and supported by Councilor Jordan Shananaquet to return to Open Session.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent

Motion carries.

5:40 p.m. Break

6:03 p.m. Meeting resumes

Motion made by Councilor Melissa Pamp and supported by Secretary Emily Proctor to acknowledge receipt of Legislative Services Attorney Zach Welcker's

verbal report for September 28, 2023.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Tribal Council Action Items:

Motion made by Councilor Melissa Pamp and supported by Councilor Jordan Shananaquet to accept donations received from the Gloria Frank Funds, Wings of Wonder, and Myrna Hitchman.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to approve Citizenship List A (Eligible) dated September 19, 2023 for a total of thirty-six (36).

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent

Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to approve Citizenship List B (Ineligible) dated September 19, 2023 for a total of six (6).

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to amend the Legislative Branch Travel Reimbursement Policy to include trip insurance coverage.

Vote: 8 – Yes, 0 – No, 0 – Abstain, 1 – Absent (Councilor William Ortiz) Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Emily Proctor to reappoint Regina Kiogima to the Election Board for a 4-year term ending September 21, 2027.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to reappoint Fredrick Holdorph to the Natural Resources Commission for a 4-year term ending September 21, 2027.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to appoint James Pontiac to the Citizenship Commission for a 3-year term ending September 21, 2026.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Secretary Emily Proctor and supported by Councilor Fred Kiogima to post to the web for comment the draft Repeal of Waganakising Odawak Statute 2009-011 Education Appeals Board.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Secretary Emily Proctor and supported by Councilor Fred Kiogima to approve CERTIFIED MOTION # 092823-01 Creation of an Ad Hoc Committee for Economic Development.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion to **not** approve the Energy Improvement Loan between GNI Phase I, L.L.C. and PACE Loan Group and **not** move forward with the "B" Loan between GNI Phase I, L.L.C. and Native American Bank.

Motion **fails** due to **lack of support**

Motion made by Councilor Aaron Otto and supported by Secretary Emily Proctor to **TABLE** the approval of the Energy Improvement Loan between GNI Phase I, L.L.C. and PACE Loan Group and to move forward with the "B" Loan between GNI Phase I, L.L.C. and Native American Bank.

Vote: 4 – Yes, 5 – No (Councilor Fred Kiogima, Councilor William Ortiz, Councilor Melissa Pamp, Councilor Jordan Shananaquet,

Treasurer Leroy Shomin), 0 – Abstain, 0 – Absent Motion **fails**.

Motion made by Councilor Melissa Pamp and supported by Councilor Jordan Shananaquet to approve the Energy Improvement Loan between GNI Phase I, L.L.C. and PACE Loan Group and to move forward with the "B" Loan between GNI Phase I, L.L.C. and Native American Bank.

Vote: 1 – Yes, 8 – No (Councilor Fred Kiogima, Councilor Tamara Munson, Councilor William Ortiz, Councilor Aaron Otto, Councilor Melissa Pamp, Councilor Jordan Shananaquet, Treasurer Leroy Shomin, Legislative Leader Marcella Reyes), 0 – Abstain, 0 – Absent Motion **fails**.

Motion made by Councilor Melissa Pamp and supported by Legislative Leader Marcella Reyes to approve Confidential Memo #092823-01.

Vote: 7 – Yes, 0 – No, 1 – Abstain (Councilor Melissa Pamp), 1 – Absent (Councilor Tamara Munson) Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Jordan Shananaquet to adopt Tribal Resolution Acceptance of Tribal Settlement Trusts for the National Prescription Opiate Multi-District Litigation Tribal Opioid Abatement Funds.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.
Motion made by Treasurer Leroy Shomin and supported by Councilor William Ortiz to adopt Tribal Resolution Budget Modification for FY 2023 in the amount of \$72,015.94 to create a Community Health Case Manager and a Community Health Navigator within the Health Department to come from Third Party Revenue, AOA Workforce Grant, and Community Health Funds.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to adopt Tribal Resolution Budget Modification for FY 2024 in the amount of \$196,600.80 to create a Community Health Case Manager and a Community Health Navigator within the Health Department to come from Third Party Revenue, AOA Workforce Grant, and Community Health Funds.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Jordan Shananaquet to adopt Tribal Resolution Supplemental Funding in the amount of \$120,000 for design and construction of exterior egress stairway at 911 Spring Street.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara

Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.
Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to pass Waganakising Odawak Statute Tribal Notary Public.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.
Motion made by Councilor Fred Kiogima and supported by Councilor Aaron Otto to pass Waganakising Odawak Statute Jurisdictional Adjustment Statute.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – No, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Emily Proctor to pass Waganakising Odawak Statute Financial Disclosures of Tribal Officials.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Motion made by Secretary Emily Proctor and supported by Councilor Melissa Pamp to pass Waganakising Odawak Statute Elders Commission.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Emily Proctor to pass Waganakising Odawak Statute Probate Code.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader Marcella Reyes – Yes

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Emily Proctor to pass Waganakising Odawak Statute Probate Code for Small Estates.

Roll Call Vote: Councilor Fred Kiogima – Yes, Councilor Tamara Munson – Yes, Councilor William Ortiz – Yes, Councilor Aaron Otto – Yes, Councilor Melissa Pamp – Yes, Councilor Jordan Shananaquet – Yes, Treasurer Leroy Shomin – Yes, Secretary Emily Proctor – Yes, Legislative Leader

"Minutes" continued on page 29.

“Minutes” continued from page 29.

3:41 p.m. Motion made by Councilor Fred Kiogima and supported by Secretary Emily Proctor to return to Open Session.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

3:43 p.m. Public Comment opened: no comments.

3:44 p.m. Public Comment closed.

Motion made by Councilor Fred Kiogima and supported by Councilor Jordan Shananaquet to acknowledge receipt of General Counsel Jim Bransky’s verbal report for October 12, 2023.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

3:45 p.m. Break

4:05 p.m. Meeting resumes

Legislative Office Director:

Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Office Director Michele Portman-LaCount’s verbal and written report for October 12, 2023.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to amend the agenda to include approval of Confidential Memos 101223-01, 101223-02, and

101223-03.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Tribal Council Action Items:

Motion made by Councilor Jordan Shananaquet and supported by Councilor Aaron Otto to acknowledge receipt of the Executive Camping Regulations REG-WOS 2005-001-100923-004 Camping Regulations for Camping on Tribal Lands.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to approve Confidential Memo #101223-01.

Vote: 7 – Yes, 1 – No (Councilor Tamara Munson), 1 – Abstain (Councilor Melissa Pamp), 0 – Absent Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to approve Confidential Memo #101223-02

Vote: 8 – Yes, 1 – No (Councilor Tamara Munson), 0 – Abstain, 0 – Absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to approve Confidential Memo #101223-03.

Vote: 3 – Yes, 5 – No (Councilor Tamara Munson, Councilor Wil-

liam Ortiz, Councilor Aaron Otto, Councilor Jordan Shananaquet, Treasurer Leroy Shomin), 1 – Abstain (Councilor Melissa Pamp), 0 – Absent Motion fails.

Other Items of Business: Closed Session for Personnel

4:35 p.m. Motion made by Melissa Pamp and supported by Councilor Jordan Shananaquet to enter into Closed Session for Confidential Personnel matters.

Vote: 8 – Yes, 0 – No, 0 – Abstain, 1 – Absent (Councilor Fred Kiogima) Motion carries.

4:58 p.m. Motion made by Councilor Fred Kiogima and supported by Councilor Jordan Shananaquet to return to Open Session.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Adjournment:

5:01 p.m. Motion made by Councilor Fred Kiogima and supported by Councilor Jordan Shananaquet to adjourn.

Vote: 9 – Yes, 0 – No, 0 – Abstain, 0 – Absent Motion carries.

Next Scheduled Meeting: Thursday, October 26, 2023 at 9:00 a.m. in Council Chambers and via Zoom

These Minutes have been read and are approved as corrected.

Emily Proctor, Tribal Council Secretary Date

Little Traverse Bay Bands of Odawa Indians

NOTICE: Sex Offender Registration Requirements

All persons who have been convicted as a sex offender are required by the LTBB Sex Offender Registration and Notification Statute to register with LTBB Law Enforcement if any of the following circumstances are true:

1. If your residence is on Tribally owned land;
2. If you will be visiting and staying on Tribally owned land for more than seven (7) days;
3. If you are enrolled in any classes or schools located in Tribal buildings; or
4. If you are employed on Tribally owned lands.

LTBB Law Enforcement is located at:
 911 Spring Street, Petoskey, MI 49770
 231-242-1500

For more information regarding Sex Offender Registry, you can visit the LTBB Website www.ltbbodawa-nsn.gov and choose the Law Enforcement link on the right side of the page.

ALTERNATE MEDICAL CARE WITHIN 27-COUNTY SERVICE AREA

PRC offers coverage for medically necessary services when:

- Care cannot be fulfilled at the Mina Mskiki Gumik
 - Must receive authorization from their doctor at the clinic prior to going to an outside provider.
- Care is needed after clinic hours or when closed
- Care is needed on the weekends

For more information, call PRC's front desk at 231-242-1600 opt. 3.



Little Traverse Bay Bands of Odawa Indians
ELECTION BOARD
 P.O. Box 160
 Conway, MI 49722

VOTER REGISTRATION FORM

IMPORTANT NOTICE

- Use this fillable form, then sign or print the form and fill it in by hand and sign.
- All information must be accurate and complete.
- **This Voter Registration Form must be signed by the Tribal Citizen.**
- Mail the signed form to the mailing address above or email the signed form to ElectionBoard@LtbbElectionBoard.org
- The information and signature must be clear and legible.

YOUR VOTER REGISTRATION FORM WILL NOT BE ACCEPTED IF THESE REQUIREMENTS ARE NOT MET

“PLEASE PRINT”

TRIBAL ROLL NUMBER **EMAIL ADDRESS (optional)** _____
DATE OF BIRTH

LAST NAME **SUFFIX (SR., JR., ETC.)** **MAIDEN OR PREVIOUS NAMES**

FIRST NAME **MIDDLE NAME**

MAILING ADDRESS

CITY **STATE** **ZIP CODE**

SIGNATURE OF VOTER **DATE**

LTBB ELECTION BOARD CONTACT INFORMATION

Andrea Pierce,
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 734-796-0710
 E-mail: APierce@ltbbodawa-nsn.gov

Regina Gasco,
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 231-838-6107
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Jon Shawa,
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 517-927-3255
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Carla Osawamick,
 Secretary
 517-862-363
 E-mail: odawakwe4@gmail.com

Melissa Wiatrolik,
 Member
 E-mail: MRWiatrolik@ltbbodawa-nsn.gov

PRC Eye Exam Coverage



Ages 0-18 & Diabetics:
 Eye Exam, Lenses, and Frames covered once per 12 months

Ages 19 and older:
 Eye Exam, Lenses, and Frames covered once per 24 months

PRC Regulations apply. Call 231-242-1600 (opt. 3) for more information.

December

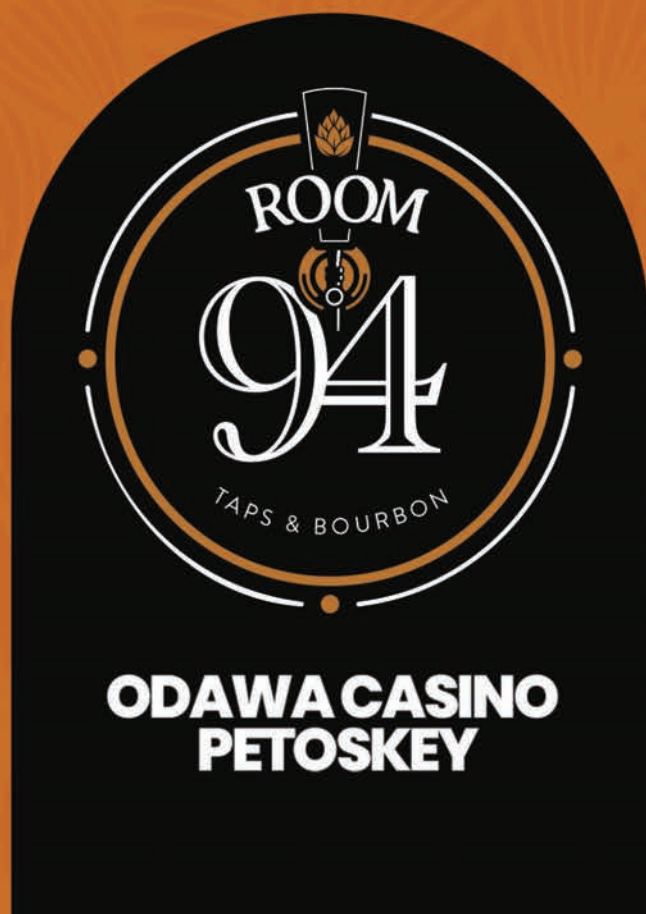
Sunday (Name-Giizhigat)	Monday (Ntamm-Nokii Giizhigat)	Tuesday (Niizho-Giizhigat)	Wednesday (Nso-Giizhigat)	Thursday (Niiwo-Giizhigat)	Friday (Naano-Giizhigat)	Saturday (Nwebi-Giizhigat)
<p>Please Note: Meeting times and dates are subject to change. Any changes will be posted on the LTBB Website.</p>						
3	4	5	6	7	8	9
OEDMI Board Meeting 12:15 pm	Elders Luncheon at Noon Land and Reservation Committee Meeting 9 am	Elders Luncheon at Noon	Elders Luncheon at Noon Tribal Burial Board Work Session 1 pm Elders Commission Meeting 5 pm Ziibimijwang, Inc. Meeting 6 pm	Elders Luncheon at Noon Child Welfare Commission Meeting 3:30 pm	Appropriations & Finance Committee Meeting 9 am	Election Board Meeting & Work Session 9 am
10	11	12	13	14	15	16
Gaming Regulatory Commission Meeting 5:30 pm	Elders Luncheon at Noon Tribal Council Work Session 9 am	Elders Luncheon at Noon Executive Branch Town Hall Meeting 10 am on Zoom Natural Resources Commission Meeting 6 pm	Elders Luncheon at Noon	Elders Luncheon at Noon Tribal Council Meeting 9 am	Tribal Burial Board Work Session 10 am	Gaming Authority Work Session Meeting 9 am Gaming Authority Odawa Online GSP Meeting 1 pm
17	18	19	20	21	22	23
OEDMI Board Meeting 12:15 pm	Elders Luncheon at Noon Housing Commission Meeting 3 pm	Elders Luncheon at Noon	Elders Luncheon at Noon	Elders Luncheon at Noon		
24	25	26	27	28	29	30
	Christmas Eve Observed All Governmental Offices Closed	Christmas Day Observed All Governmental Offices Closed	Tribal Burial Board Meeting 10 am			
31	Governmental Buildings are closed for deep cleaning and will re-open January 3, 2024					

COMING 2024

Tap



INTO TOGETHERNESS.



**ODAWA CASINO
PETOSKEY**

“Waste” continued from page 1.

to animals, pollutant

- Medications – toxic/poisonous at high doses, pollutant
- CFL light bulbs - toxic materials, sharps if broken
- Scrap tires – fire risk, mosquito breeding ground

How Do I Safely Manage My Household Hazardous Wastes?

To avoid the potential risks associated with household hazardous wastes, it is important people always monitor the use, storage and disposal of products with potentially hazardous substances in their homes. Improper disposal of HHW can include pouring them down the drain, on the ground, into storm sewers or in some cases, putting them out with the regular trash.

The dangers of such disposal methods might not be immediately obvious, but improper disposal of these wastes can pollute the environment and pose a threat to human health. Certain types of HHW have the potential to cause physical injury to sanitation workers, contaminate septic tanks or wastewater treatment systems if poured down drains or toilets. They can also present hazards to children and pets if left around the house.

Don't put your family at risk!

Some quick tips for the safe handling of household hazardous wastes include:

- Follow any instructions for use and storage provided on product labels carefully to prevent any accidents at home.
- Making sure lids are tight on storage containers is a must!
- Be sure to read product labels for disposal directions to reduce the risk of products exploding, igniting, leaking or mixing with other chemicals or posing other hazards on the way to a disposal facility.
- Never store hazardous products in food containers; keep them in their original containers and never remove labels. Corroding containers, however, require special handling. Call your local hazardous materials official or fire department for instructions.

• When leftovers remain, never mix HHW with other products. Incompatible products might react, ignite or explode and contaminated HHW might become unrecyclable.

• Check with your local environmental, health or solid waste agency for more information on HHW management options in your area.

• Remember, even empty containers of HHW, can pose hazards because of the residual chemicals which might remain, so handle them with care also.

What Are Some Safer and Greener Alternatives to HHWs?

Consider reducing your purchase of products which contain hazardous ingredients. Learn about the use of alternative methods or products — without hazardous ingredients — for some common household needs. When shopping for items such as multipurpose household cleaners, toilet cleaners, laundry detergent, dish soap,



dishwashing machine pods and gels, bug sprays and insect pest control, consider shopping for environmentally friendly, natural products or search online for simple recipes you can use to create your own.

Additional information is available from EPA's Safer Choice program.

Safer Choice helps consumers, businesses and purchasers find products which perform and contain ingredients safer for human health and the environment. Safer Choice is an EPA Pollution Prevention (P2) program, which includes practices which reduce, eliminate or prevent pollution at its source such as using safer ingredients in products.

Participation in the Safer Choice program is voluntary. Companies who make products carrying the Safer Choice label have invested heavily in research and reformulation to ensure their products meet the Safer Choice Standard. These companies are leaders in safer products and sustainability.

Products have to pass EPA's stringent criteria in order to earn the Safer Choice label. The Safer Choice program reviews more than just product ingredients. We also look at product performance, pH, packaging and more to ensure products with the label are safer for you and your family. Once a product meets the Safer Choice Standard, EPA conducts annual audits to ensure our standards continue to be met.

Every ingredient is reviewed: Before a product can carry the Safer Choice label, EPA reviews all chemical ingredients, regardless of their percentage, in the product. Every ingredient must meet strict safety criteria for both human health and the environment, including carcinogenicity, reproductive/developmental toxicity, toxicity to aquatic life and persistence in the environment. This means Safer Choice-labeled products are safer for:

- You, your family and pets;
 - Workers' health; and
 - Fish and the environment.
- Look for this logo:



Below are some more ideas to get you started with safer DIY products.

Hazardous Waste Source Reduction around the Home	
Drain Cleaner	Use a plunger or plumber's snake.
Glass Cleaner	Mix one tablespoon of vinegar or lemon juice in one quart of water. Spray on and use newspaper to dry.
Furniture Polish	Mix one teaspoon of lemon juice in one pint of mineral or vegetable oil and wipe furniture.
Rug Deodorizer	Liberaly sprinkle carpets with baking soda. Wait at least 15 minutes and vacuum. Repeat if necessary.
Silver Polish	Boil two to three inches of water in a shallow pan with one teaspoon of salt, one teaspoon of baking soda and a sheet of aluminum foil. Totally submerge silver and boil for two to three more minutes. Wipe away tarnish and repeat if necessary.
Mothballs	Use cedar chips, lavender flowers, rosemary, mints or white peppercorns.

When in doubt always remember: Baking soda cleans everything!

What Resources Exist in Our Community to Help with HHW?

Here in our area, we are incredibly lucky to

“Waste” continued on page 34.

EAGLE REMAINS RETENTION INFORMATION

The LTBB Natural Resource Department is pleased to announce that after years of work on the issue, the U.S. Fish and Wildlife Service has recently changed its policy to allow federally recognized tribes to keep eagle remains found in Indian country. Tribal citizens who encounter eagle remains or feathers within the LTBB reservation boundaries may be able to retain them for culturally significant use. Any deceased eagle encountered must be reported to LTBB Conservation Enforcement immediately for investigation prior to moving or taking the eagle.

For more information, contact the Little Traverse Bay Bands of Odawa Indians Natural Resource Department at: 7500 Odawa Circle, Harbor Springs, MI 49740 231-242-1670 E-mail: dbrowne@ltbbodawa-nsn.gov

HELP PROTECT OUR NATURAL RESOURCES

1-855-NRD-TIPS
TOLL FREE 1-855-673-8477

Please provide any information related to the tip which may include date, time, subject or vehicle description, nature of the incident, and location (Example: nearest crossroad). It is ok if you wish to remain anonymous. All tips are investigated in a timely manner.

INCLUSIVITY WAANIIGAANZIJK YOUTH SERVICES AFTER-SCHOOL PROGRAM **Fall 2023**

K-5 TUTORING & K-12 HOMEWORK LAB

For academic/tutoring program registration information, please contact our Academic-Cultural Support Specialist: Lisa Wells at 231.373.0870 or LWELLS@LTBBODAWA-NSN.GOV

Northmen Den Snack Pantry **Cultural academic materials**

Scan the above code for Tutoring Application Packet!

HOMEWORK LAB IS OPEN MONDAYS - THURSDAYS FROM 3:00PM-5:30PM
LOCATIONS FOR FALL 2023:
MON/TUES @LTBB GOVERNMENT CENTER
WED/THURS @PETOSKEY PUBLIC LIBRARY

Waanigaanzijik academic support staff have degrees in Elementary Education/English, and Education Administration. We are ready to tutor K-5 tribal youth who have fallen below grade level and support all K-12 tribal students during our daily homework lab. Program includes Food Pantry and Youth Spa Pantry.

Youth Services After-school Program

NEW LOCATIONS FOR FALL 2023

LTBB Government Center on Mondays & Tuesdays

Petoskey Public Library on Wednesdays & Thursdays

TRIBAL YOUTH AGES 6-18

- LTBB Enrolled
- LTBB Descendants
- Enrolled in other tribes

Waanigaanzijik embraces shared teachings of Odawa/Anishinaabe culture, traditional practices, and healthy lifestyles for the betterment of youth and community.

✓ Cultural Activities
✓ Homework Lab
✓ Tutoring Center
✓ Snack Pantry

Transportation Available
Limited seating for Petoskey

Email Youth Services Director at: Kdominic@LTBBODAWA-NSN.GOV

Scan QR code to download our fillable/printable registration form >>>>>

Interested in working for LTBB?

Jobs are updated daily at www.ltbbodawa-nsn.gov
Job Hotline toll free 1-866-582-2562

Submit your applications, resumes, and cover letters:

- In person at our LTBB Human Resources office
- E-mail: hr@ltbbodawa-nsn.gov
- Mail to LTBB Human Resources, 7500 Odawa Circle, Harbor Springs, MI 49740

Questions? Please contact the Human Resources Department at 231-242-1563.

“Waste” continued from page 33.

have one of the best waste disposal programs in the State of Michigan called the Emmet County Transfer Station. The folks who work there are always willing to answer questions you may have about household hazardous waste and other topics such as recycling, yard waste, composting, etc. Their website is an incredible resource and can be found at www.emmetrecycling.org. If you have specific questions, they can be reached at 231-348-0640 as well.

In terms of HHW, the Emmet County Transfer Station hosts bi-annual Household chemical drop off days. Household chemical drop-off is offered on event days only, by appointment only. They require appointments to prevent traffic jams. In addition to blocking a major county road and causing frustration, a jam made up of vehicles loaded with chemicals would be especially dangerous. A traffic bottleneck could also block emergency vehicles in the case of a chemical spill or fire.

Emmet County Transfer Station’s 2024 dates have not been announced yet, but there is generally one in the spring and one in the fall each year.

Items you can bring on these days include: Acids and bases, adhesives and sealers, aerosol cans, automotive products (polishes, fluids, paints, etc.), cleaners and polishes, flammables, gasoline and diesel fuel, mercury, pesticides, solvents, oil-based paints and finishes, paint thinner and unidentified chemicals. Items you cannot bring include:

NO explosives and ammunition. Call the State Police at 231-347-8101 for information on disposing of these.

NO radioactive materials. At present, there

is no proper method for disposing of radioactive materials. You may be able to return items to the manufacturer. If that isn’t possible, please store them until a proper disposal method becomes available.

Other HHWs mentioned earlier in this article are accepted year-round at the Transfer Station as well.



So... as festive days approach, take some time to educate yourself on household hazardous wastes in your home. Do your part to use them properly and in a safe manner. Store them properly and never dump them down your drains. Use greener and safer alternatives for projects whenever you can. Read your labels! And finally, make sure you aren’t exposing your loved ones to unnecessary risks!

Environmental Services Program Contact

If you have any further questions or have any interest in tribal specific HHW advice, please contact:

Traven Michaels, Environmental Response Specialist

Little Traverse Bay Bands of Odawa Indians Natural Resources Department – Environmental Services Program

7500 Odawa Circle, Harbor Springs, MI 49770

Office: 231-242-1573, Cell: 231-758-2399

E-mail: tmichaels@ltbbodawa-nsn.gov

Courtesy photo and courtesy graphics.

“Good Health” continued from page 1.

thanks to Eric. Everyone on the tour was able to put a check mark on their bucket list of traveling the “Tunnel of Trees” as it was the route taken from Good Hart, MI, to the beautiful beach in Cross Village, MI. Fall colors were just starting to peak and made many of our area views breathtaking.

The Good Health and Wellness in Indian Country grant’s focus is to improve American Indian and Alaskan Native (AI/AN) tribal health, focused on health promotion and chronic disease prevents. The Good Health and Wellness in Indian Country allows tribal communities to take their health promotion and disease prevention programs into their own hands, using traditional knowledge, community engagement and culturally relevant programs and materials.

The LTBB Community Health Department has been able to provide numerous events and programs with these grant funds. The events listed below are some the Good Health and Wellness in Indian Country grant has sponsored:

- LTBB Sovereignty Day Celebration
- Live Well – Lunch and Learn Series
- Food Preservation Workshops
- Community Food Distributions (corn, tomato, squash and apples)
- LTBB Health Fair
- Spring Kiitigaan (Garden) Kits
- U-Pick Pumpkin Event
- LTBB Snowsnake Competition
- LTBB’s participation in the Michigan Indian Family Olympics (MIFO)

The programs listed below have also been made possible by the Good Health and Wellness in Indian Country grant.

- HomeGrown U-Pick
- Diabetes Prevention Program (DPP)
- Native Way Nike N7 Program
- Ogichidaa Trail
- Traditional Healers

The grant helped fund the March visit from the Native Wellness Institute (Josh Cocker and Thosh Collins). In addition to the visit, The Seven Circles of Wellbeing: Indigenous Teachings for Living Well by Chelsey Luger & Thosh Collins book was made available to the community via the GHWIC grant.

The Community Health Department is very thankful for the opportunity to work with the Good Health and Wellness in Indian Country Grant for the past four years and going on our 5th year together. Because of GHWIC, Community Health has been able to provide good medicine for the tribal community and hopes to continue the great work in the future. This medicine helps keep our identity strong as Anishinaabe people and aides us in continuing to thrive for the next seven generations.

Picture provided by Lauren Rabish.

Picture description: GHWIC Great Lakes Region (Michigan, Wisconsin and Minnesota). Upper & Lower Sioux Falls Community, Menominee, Bay Mills Indian Community, White Earth Community, Little Traverse Bay Bands of Odawa Indians, Public Law Health Center and Lac du Flambeau Band of Lake Superior Chippewa Indians.

Stand Up. Stand Strong. Don't just Stand by.

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
National Domestic Violence Hotline: 1-800-799-SAFE (7233)

Text BRAVE to 94449 to sign up

The videos and text messages will give you the tools you need to get support for yourself or a friend, if they're going through a tough time.

You will receive 3 text messages per week for 8 weeks.

PADDLE INTO NEW GENERATIONS

LESSONS FOR NAVIGATING THROUGH LIFE'S ROUGH WATERS

DATES SUBJECT TO CHANGE

<p>2023</p> <p>OCTOBER 26TH</p> <p>NOVEMBER 9TH, 23RD</p> <p>DECEMBER 7TH, 25TH</p>	<p>2024</p> <p>JANUARY 4TH, 18TH</p> <p>FEBRUARY 1ST, 15TH</p> <p>MARCH 14TH, 28TH</p> <p>APRIL 11TH, 25TH</p> <p>MAY 9TH, 23RD</p> <p>JUNE 6TH, 20TH</p>
--	--

5:00 TO 7:30 PM

PADDLE MAKING
CULTURAL TEACHINGS
DINNER
AND SO MUCH MORE!

FEATURING GUEST SPEAKERS FROM OUR TRIBAL COMMUNITY!

LOCATION:

LTBB GOVERNMENT BUILDING

7500 ODAWA CIRCLE

HARBOR SPRINGS, MI 49740

QUESTIONS? CALL ANGIE WOODIN AT 231-242-1649

The project described is supported by Grants #5H79SP082767 and #1H79SP081753 from SAMHSA, and Grant #BH22HS0006-01-00 from IHS. Its contents are solely the responsibility of the LTBB SPRING and do not necessarily represent the official views of SAMHSA and IHS.

REGISTER HERE

LTBB

Wawiiayaa Giigidoowin

“Talking Circle”

Thursday 5pm – 6pm

LTBB Conference Room

LTBB Pharmacy

Hours: Monday – Friday 8 am – 6 pm

Phone: 231-242-1750

What prescriptions are filled at the LTBB Pharmacy?

- Prescriptions written by LTBB Clinic Providers
- Prescriptions written by providers where you have been referred to by the LTBB Clinic

PLEASE BE AWARE OF HOLIDAY HOURS AND MEDICATION REFILLS.

PRC PRESCRIPTION COVERAGE

NOW AVAILABLE AT:

Petoskey Location
1201 Lears Road
Petoskey, MI 49770

- AFTER HOURS AND WEEKEND COVERAGE
- MEDICATIONS THAT CANNOT BE FILLED AT LTBB

*Subject to PRC Coverage Guidelines. Call PRC at 231-242-1600 for payment authorization prior.

Enroll in Medicaid: For yourself, your family, and your community.

American Indians and Alaska Natives who are eligible for Medicaid or CHIP benefit by having *greater access to health care services*. Tribes benefit because their health programs get *more resources to help their community*.

To see if you qualify, contact:

Abigail Dawson

Patient Benefits Assistant

P: 231-242-1752

NATIONWIDE MEDICARE REIMBURSEMENT PROGRAM

ANY LTBB CITIZEN WITH MEDICARE PART B OR PART D CAN APPLY FOR A REIMBURSEMENT!

PAYMENTS ARE COMPLETED TWICE A YEAR. TO APPLY:

- **FILL OUT AN APPLICATION, BEFORE THE DEADLINES:**
 - **FEBRUARY 14TH (1ST PAYMENT), AND**
 - **AUGUST 14TH (SECOND PAYMENT).**
- **SUBMIT TRIBAL ID AND MEDICARE INSURANCE CARDS.**
- **SHOW PROOF OF MEDICARE PREMIUM EXPENSES.**

FOR MORE INFORMATION, CONTACT: VALORIE GLAZIER, LTBB SPONSORSHIP SPECIALIST AT 231-242-1748!

LINEs FROM OUR MEMBERSHIP

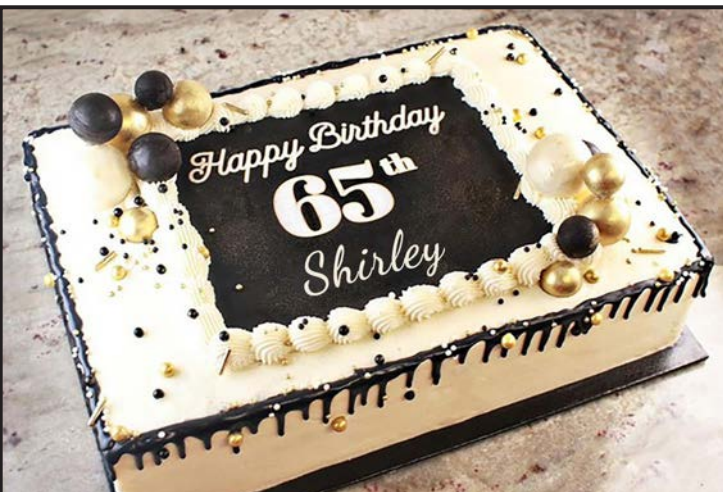


Birthdays



Happy 82nd birthday to **Dennis King** on December 30. May your special day be filled with Vernors, birthday cupcakes, hot dogs and any of your other favorites. Have a great day! Love, the King and VanDeCar families.

A very happy birthday to my lovely mother on December 19th! We love you! Cynthia & Gabe.



Sending lots of 65th birthday wishes to our sister, **Shirley Eaves**, on December 16, her special day. From the whole family.

TALK, READ, AND SING TOGETHER EVERY DAY! IT'S NEVER TOO EARLY TO HELP YOUR CHILD LEARN.

Learn more about your baby by watching for developmental milestones. Smiling, cooing, and babbling are just a few. Your baby will show you many more milestones in how he plays, learns, speaks, acts, and moves! Look for your child's milestones regularly and share his progress with the doctor at every well-child visit.

BIRTH TO 2 MONTHS

- Cooes, makes gurgling sounds
- Turns head toward sounds

4 MONTHS

- Begins to babble
- Babbles with expression and copies sounds he hears

6 MONTHS

- Responds to sounds by making sounds
- Responds to own name
- Begins to say consonant sounds (babbling with "m," "b")

9 MONTHS

- Understands "no"
- Makes a lot of different sounds like "mama" and "babababab"

12 MONTHS

- Uses simple gestures, like shaking head "no" or waving "bye-bye"
- Tries to say words you say

18 MONTHS

- Says several single words
- Points to show someone what he wants

2 YEARS

- Points to things or pictures when named
- Says sentences with 2 to 4 words
- Follows simple instructions

3 YEARS

- Follows instructions with 2 or 3 steps
- Talks well enough for strangers to understand most of the time
- Carries on a conversation using 2 to 3 sentences

4 YEARS

- Tells stories
- Can say first and last name
- Knows some basic rules of grammar, such as correctly using "he" or "she"

5 YEARS

- Speaks very clearly
- Says name and address
- Uses future tense; for example, "Grandma will be here."

SHARPS DROP-OFF LOCATIONS

No need to leave your car, we come to you!

Sharps must be in an approved hard impermeable plastic container.

Sharp drop-offs are for needles only.

Questions call: 800-248-6777

DOING WHAT'S BEST®

Struggling with anxiety

THERE IS HOPE.

Text or Call 988

to connect with someone who cares.

988 SUICIDE & CRISIS LIFELINE

#MentalHealthAwareness #988Lifeline 24/7

LTBB OF ODAWA INDIAN HEALTHY START FAMILY SPIRIT

PRENATAL TO 5 YEARS OLD

AS TRAINED PROFESSIONALS WE ARE ALSO MOTHERS, GRANDMOTHERS, SISTERS AND AUNTS WHO CARE DEEPLY ABOUT THE WELL-BEING OF OUR NATIVE COMMUNITY.

WHAT DO WE OFFER?

- *FREQUENT CONTACT AND SUPPORT
- *EDUCATIONAL MILESTONES
- *PRENATAL EDUCATION
- *POSTPARTUM
- *LABOR AND BIRTH EDUCATION
- *RESOURCES FOR OUR PROGRAMS INVOLVMENT PROVIDED
- *AND MUCH MORE

WE WILL COME TO YOUR HOME OR SEE YOU RIGHT HERE IN THE OFFICE.

FOR MORE INFORMATION SCAN THE QR BARCODE, CALL OR EMAIL:

CAROL @ 231-242-1614
csodman@ltbbodawa-nsn.gov
Or TRACEY @ 231-242-1721
tostrander@ltbbodaw-nsn.gov

PRC Chiropractic Coverage

Monthly Benefits:
3 Adjustments
1 Massage

Schedule an appointment with your doctor at the Mina Mskiki Gumik to discuss further.

One Year Approval Only:
Follow up required with primary care in one year for a possible renewal of services

Loved Here, Safe Here.

We Welcome...

- All Races & Ethnicities
- All Religions & Spiritual Practices
- All Disabilities & Abilities
- All Gender Identities
- All Sexual Orientations
- All Ages
- All Nations

Text 2SLGBTQ to 94449



OVER \$96,000 IN WINNINGS

THIS DECEMBER AT ODAWA CASINO!

PETOSKEY & MACKINAW CITY

Holly Jolly Hot Seats

**SATURDAYS IN DECEMBER
(2, 9, 16 & 23) | 12PM-8PM**

Play Slots with your Pure Rewards Card for your chance to win your share of over \$17,600 in Prizes and Gift Cards in Petoskey or win your share of over \$8,000 in Prizes and Gift Cards in Mackinaw City!

JOIN US FOR A NYE CELEBRATION FULL OF PURE IMAGINATION!

NEW YEAR'S EVE 2023



**DECEMBER 26 & 28
GUMDROP GOLDMINE
POINT MULTIPLIER**

Both Locations • 10AM-10PM
Earn Up To 7X Points



**DECEMBER 31
GOLDEN EGG
HOT SEATS**

Mackinaw City
11:30AM-3:30PM &
7:30PM-11:30PM
Win \$100 Free Slot Play



**DECEMBER 31
PURE IMAGINATION
PAYOUT PARTY**

Petoskey • 11:30AM-3:30PM
& 7:30PM-11:30PM
Win up to \$5,000 Cash, plus random
Hot Seats for \$75 Free Slot Play



**JANUARY 1
LUCKY LOLLIPOP
HOT SEATS**

Both Locations • 2PM-8PM
Win \$200 Free Slot Play



**DECEMBER 29
SNOZZBERRY
BONUS GAMES**

Both Locations • Beginning at 2PM
Win Up To \$50 Free Slot Play



**DECEMBER 30
FIZZY LIFTING FREE
PLAY HOT SEATS**

Both Locations • 2PM-8PM
Win \$224 Free Slot Play



**DECEMBER 31
CHOCO-CHIPS
HOT SEATS**

Petoskey • 2PM-9PM
Win \$99 in Chips

**PLUS
STELLAR SHOWS
IN VICTORIES!**

Doors at 7PM

DEC 29 - Class of '98

DEC 30 - DJ Lee

DEC 31 - DJ Snozzberry

WANT TO KNOW MORE?
VISIT ODAWACASINO.COM FOR FULL DETAILS!

PETOSKEY | MACKINAW CITY
877.442.6464 | 231.344.4433

   | odawacasino.com

Standard promotional rules apply. See Players Club for details. 2023.

