LITTLE TRAVERSE BAY BANDS OF ODAWA OFFERS BASIC INDUSTRIAL WELDING TO TRIBAL CITIZENS AND DESCENDANTS

By Benedict A. Hinmon, NIT Project Director

The Little Traverse Bay Bands of Odawa Indians (LTBB) recently reintroduced a Basic Industrial Welding Course in conjunction with North Central Michigan College (NCMC) to the LTBB community. The NMFG 310 Basic Welding Course comes after a year of intensive planning by Niigaandiwin Education and Nitaazhitoojik Industrial Training (NIT) who understood this program would be a great fit for the regional manufacturers and the LTBB Community.

NIT funds S.T.E.M. related Industrial Manufacturing Careers such as Industrial Welding, Computer Numeric Control, Computer Aided Design and Mechatronics for people interested in short-term training programs.

Located in the heart of Northwest Michigan, Emmett, Charlevoix and Cheboygan counties, LTBB's primary service area is home to some 81 manufacturing companies who employ approximately 8,000 workers and boast an annual payroll of \$200 million. NIT's primary goal is to provide solid industrial training programs which address the growing need for skilled workers by local industrial manufacturing companies. If you've driven by any number of businesses recently, especially manufacturing companies, you'll see signage advertising hiring bonuses to attract new

workers.

A recent study of the Northwest Michigan Labor market revealed the majority of workers are age 60 or older in the tri-counties of Emmett, Cheboygan and Charlevoix. These are people who are at the top of the wage and skillset, many of whom will be heading for retirement in the next decade, leaving a need to train and introduce new highly skilled workers in the region to replace

Welding is among a number of industrial manufacturing careers hot right now. The American Welding Society is predicting a shortage of 400,000 welders by 2024, causing a huge spike in available jobs for certified welders. Welding offers successful candidates the opportunity to earn a six-figure income, enjoy highly transferrable job skills in a variety of industries and job security in coming years.

Despite statistical data which indicated nearly two jobs for every unemployed worker, Native Americans unemployment remains higher than any other racial group. According to the Brookings analysis of Bureau of Labor Statistics (BLS) data, unemployment among Native Americans skyrocketed to 28.6% in May of 2020, just as the pandemic was being declared in the United States. Although unemployment numbers for Native Americans fluctuated throughout the pandemic,



Pictured left to right in the back row are Arvin Sanders, John Witherspoon, Robert Zhaawon Smith, Gregory Shananaquet, Jeremy Steele, McKenna Kiogima and Zane Peltier III. Pictured left to right in the front row are Nathaniel Gibson, David Steele, Haley Crouterfield and Taden Shalifoe.

unemployment among Native Americans remained higher than any other racial groups. The key to finding a job which offers job security, incredible wage-earning potential is training for jobs which have a greater than average demand in the labor market as a whole.

Combine this data with the fact 70% of all products produced in America have some form of welding in their production and you begin to understand the need for certified welders.

Even before the pandemic, Industrial Welding was one of the most popular training programs offered by NIT. With industrial manufacturing coming back online, the demand for certified welders across the industry is expected to be

NIT is already accepting applications for a January 2023 NMFG 310 Basic Welding Course at Cheboygan High School in Cheboygan, MI. If you think

"Welding" continued on page 26.

Indigenous Steam

Collaborative Research: Intergenerational Learning, Deliberation and Decision Making for Changing Lands and Waters. https://indigenoussteam.org/

What is ISTEAM? — A five-year research project aimed to broaden participation and strengthen infrastructure and capacity for indigenous learners — to meet, adapt to and lead change in relation to the socio-ecological challenges of the 21st century. The intent of this grant is to engage indigenous learners in a multi-site community-based design experiment. We are developing and researching the impacts of indigenous informal, field-based, science education with three leadership communities from the Pacific Northwest and the Great Lakes. We recently received funding from the National Science Foundation (NSF) in collaboration with tribal and university partners for a fiveyear multi-site grant funded through NSF's Advancing Informal STEM Learning (AISL) initiative.

Big Rapids, MI 493 Permit No. 62

Little Traverse Bay Bands of Odawa Indians 7500 Odawa Circle Harbor Springs, Michigan 49740

Return Service Requested

Tribal Partners/Institutions

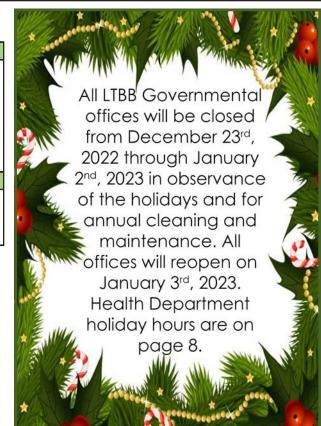
- Little Traverse Bay Bands of Odawa
- Tulalip Tribes (Washington)
- Chicago American Indian Community
- Seattle American Indian Community (Washington)

University Partners

- Northwestern University (Illinois)
- Western Washington University
- University of Washington Seattle

What does this mean for LTBB?

- This funding will allow our community to host cultural camps/programming for at least three years. This summer, we started to co-design and data collect at two events:
- In July, we spent a weekend taking the Native North Tour led by Yvonne Walker Keshick, led a group discussion on important LTBB spaces and places and LTBB's constitution.
 - In August, we gathered for a four-day clean-up "ISTEAM" continued on page 28.



LTBB TRIBAL CITIZENS ENROLLED AS OF 11-14-2022 = 4,478

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Tribal Telephone Directory and Website Information

LTBB Governmental Website Odawa Trails Website

Beverly Wemigwase, Receptionist

231-242-1400

Tribal Administration 242-1400

Tribal Chairman's Office

Lakota Worthington, Administrative Assistant 242-1401

Tribal Council/Legislative Office

Linda Gokee, Administrative Assistant 242-1403

Legal Department

Su Lantz, Assistant 242-1407 **NO Collect Calls Accepted**

Office of Citizens Legal **Assistance**

Cherie Dominic, Attorney 242-1433

NO Collect Calls Accepted

Accounting Department

Jon Shawa, Assistant 242-1440

Mandy Szocinski, Contracts 242-1439

Archives, Records and Repatriation Department

Eric Hemenway, Director 242-1527

Commerce Department

Hayden Hooper, Director 242-1584

Communications Department

Annette VanDeCar, Coordinator 242-1427

Wendy Congdon, Pre-Press Graphic Specialist 242-1429

Elders Department

Dorothy Pagel, Administrative Assistant 242-1423

Enrollment Department

Marin Taylor, Administrative Assistant/Genealogist 242-1521

Facilities Department

Simon Kenwabikise, Director 242-1532

Education Department

Tammy Gasco, Administrative Assistant 242-1480

Gijigowi Anishinaabemowin

Language Department

Theresa Keshick, Administrative Assistant 242-1457

GIS Department

Alan Proctor, Director 242-1597

Health Department

242-1611

www.ltbbodawa-nsn.gov www.odawatrails.com

1-866-652-5822

Health Clinic 242-1700

> Health 242-1600

Community Health (Transportation) 242-1601

> Dental Clinic 242-1740

Maternal Child Health Outreach 242-1614

> Pharmacy 242-1750

Housing Department

Heidi Bosma, Administrative Assistant 242-1540

Human Resources

Department

Dorla McPeak, Administrative Assistant 242-1555

Human Services Department

Patricia Waucaush, Administrative Assistant 242-1621

IT Department

Gary Appold, Director 242-1531

Law Enforcement

Department Tribal Police 242-1500

Natural Resource **Department**

Debra Smithkey-Browne, Administrative Assistant 242-1670

Planning, Zoning and **Building Department**

Shari Temple, Administrative Assistant 242-1581

> Amanda Swiss, Tribal Planner 242-1508

Substance Abuse/ **Mental Health Department**

Pat Boda, Administrative Assistant 242-1640

Brenda Schoolcraft, Office/Intake Coordinator 242-1642

Tribal Court/Peacemaking Program

242-1462

Tribal Prosecutor's Office

Gwen Teuthorn, Office Manager 242-1475

Youth Services Department

Tina Dominic, Coordinator 242-1593

Election Board

ElectionBoard@ltbbelectionboard.org

Little Traverse Bay Bands of Odawa Indians

Anishinaabemowin Interpretation of LTBB Mission Statement

Debendiziwin aawan maanda Odawa aawiyiing. Geyaabi gdaa'aanaa miinwaa gdanwewmi Anishinaabemowin, maanda egishkaago'iing debendiziwin ebidgwasiing mnaadendiziwin miinwaa wiimnaadendiziyiing. Gdabendaanaa debendiziwin kina gwaya Odawak naasaap eyaamjik, maanda naakinigewinan, maadiziwin miinwaa mnidoowaadiziwin gaanaaniigaaniijik debendamowaad. Maanda debendiziwin eyaamiing nangwa, kanamaajiidonaa niigaan ezhibezhigoyiing, kinoomaadwin, dbaakinigewin, giigidowin miinwaa naakinigewin. Kazhiibiignaketaanaa maanda niizhwaachiing bimaadiziwin waabii'aamigak mjignamiing ninda mnomaadiziwinan echipiitendaakin: nbwaakaawin, zaagidwin, mnaadendamowin, aakde'ewin, gwekwaadiziwin, dbaadendiziwin miinwaa debwewin. Kanakaazinaa ninda gdabendaaswinaanin, jimiigwe'iing nakaazwinan jimnomewzi'iing, enitaanokiijik maampii Anishinaabek enaapshkaamwaad maanda gbimaadziwinaa. Ninda eyaamiing echipiitendaakin, miigo kina gwaya maampii enjibaad jiniigaanibizad.

Being Odawa is all about freedom. The Freedom to be a part of a people who, with integrity and pride, still have and speak our own language. The freedom to share in common with all other Odawak the customs, culture, and spirituality of our ancestors. The freedom we have today we will bring to the future through unity, education, justice, communication, and planning. We will reach out to the next seven generations by holding to cultural values of Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth. We will utilize our Tribal assets to provide the necessary tools to become successful, hard-working community members who proudly represent our culture. With these values we will move the Tribe forward.

Contact Information



Annette VanDeCar Communications Coordinator 231-242-1427

Wendy Congdon Pre-Press Graphic Specialist 231-242-1429



The Communications Department welcomes submissions for our "Lines From Our Membership" section of the newsletter, but we cannot run anything political in nature or expressing an opinion due to a long-standing department policy. Because we have a newsletter and not a newspaper, we do not have an editorial page. We reserve the right to edit any material submitted for space and content.

The deadline for the January 2023 issue of Odawa Trails is November 23, 2022.

You can e-mail or call your submissions in to newsletter@ltbbodawa-nsn.gov or at 231-242-1427 or 231-242-1429. Please only call in your submissions if they are short. We also welcome comments, suggestions and story ideas.

Advertise With Us!

FREE GRAPHIC DESIGN SERVICES AVAILABLE!

3 Column X 3 in.

1 Month = \$36

3 months = \$91.80 save \$16.20!

6 Months = \$172.80 save \$43.20!

12 Months = \$324 save \$108!

4 of our most popular sizes!!

A complete listing of ad sizes and prices

are on our website at: www.odawatrails.com

T Column X 4 in.

1 Month = \$16

3 months = \$40.80

save \$7.20!

6 Months = \$76.80

save \$19.20!

12 Months = \$144

save \$48!

2 Column X 4 in.

1 Month = \$32

3 months = \$81.60save \$14.40!

6 Months = \$153.60save \$38.40!

12 Months = \$288save \$96!

2 Column X 2 in.

1 Month = \$16

3 months = \$40.80 save \$7.20!

6 Months = \$76.80 save \$19.20!

12 Months = \$144 save \$48!

Departments & Programs





Christmas Coloring Contest Rules

Crayons * Markers * Paint * Stickers * Colored Pencils * Glitter * You choose! mail, 7500 Odawa Circle, Harbor Springs,

Age categories are 3-7 and 8-12.

- Limit one submission per child.
- All entries must be the original size.
- Open to LTBB Community Citizens.
- Entries can be submitted by snail

MI 49740 or dropped off at the LTBB Governmental Center, 7500 Odawa Circle, Harbor Springs, MI 49740. No exceptions! · All mailed entries must be post-

marked by November 28, 2022. No exceptions! Submissions judged by Communications/Odawa Trails staff with three winners being selected in each age category. Each winner will receive a prize!



NAME:

PHONE:

Parent or Guardian needs to fill out information!

41ST ANNUAL **Protecting Our** Children Conference Healing Our Spirits: Nurturing and Restoring Hope • April 2-5, 2023



BOARD CONTACT INFORMATION

LTBB ELECTION

Office Location 407A Michigan St. Petoskey, MI

Mailing Address P.O.Box 160 Conway, MI 49744

Office Phone/FAX 231-348-8209

General Email for all

Board Members

ElectionBoard@LtbbElectionBoard.org

Andrea Pierce, Chairperson APierce@LtbbElectionBoard.org (734) 796-0710

Regina Gasco, Vice-Chairperson RGasco@LtbbElectionBoard.org (231)838-6107

Jon Shawa, Treasurer JShawa@LtbbElectionBoard.org (517) 927-3255

Carla Osawamick, Secretary COsawamick@LtbbElectionBoard.org (517) 862-3633

WELL AND SEPTIC ASSISTANCE **PROGRAM**



We can provide you with a new well and/or septic system for your new construction OR if your current well and/or septic system is deficient, we can help. Please call the LTBB Housing Department at 231-242-1540 to find out more about how you can get a free well and septic system or replace your current system.

Please be aware it takes approximately 3 to 4 months to gain federal approval of your application.

NEED HELP PAYING FOR CHILD CARE?
WE CAN HELP!

AGE:

LICENSED PROVIDERS

COPY OF STATE UNEXPIRED LICENSE
UNLICENSED PROVIDERS
STATE ISSUED ID
ABILITY TO PASS ANNUAL BACKGROUND CHECKS

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS DEPARTMENT OF HUMAN SERVICES 981 SPRING STREET, PETOSKEY, MICHEGAN

EPARTMENT OF COMMERCE

REQUESTS FOR TRIBAL CERTIFICATE OF EXEMPTION (TCE)

The LTBB Department of Commerce (DOC) would like to remind all Resident Tribal Citizens (RTC) that Requests for Tribal Certificates of Exemption (TCE) must be submitted prior to making the purchases. DOC has up to 96 hours to process the request once all necessary information has been received. If the purchase is made before obtaining the TCE, there is now a fallback option which makes it possible for Citizens to request a refund directly from the Michigan De-

partment of Treasury, however this should not be used in lieu of the regular TCE process. The refund process is more burdensome on the RTC and still requires that a TCE is obtained. Refund requests can be made within four (4) years of the original date of purchase. Please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov if you need to request a refund or for any other TCE questions.

Important Tribal Certificate of Exemption Update

The LTBB Department of Commerce would like to share an important update regarding the Tribal Certificate of Exemption (TCE).

While we strongly encourage Resident Tribal Members (RTMs) to obtain TCEs prior to the purchase(s), there is now a way to request a refund directly from the Michigan Department of Treasury for taxes paid on eligible items. If you made an eligible purchase while being an RTM, and you did NOT claim your exemption at the time of purchase - please contact the LTBB Department of Commerce for detailed information on how to request your refund. Refund claims must be made within four years of the original

date of purchase. Please note this refund option should not be used as an alternative to the regular TCE process; rather, it should be a fallback option as the process for a refund is more burdensome on the RTM and still requires the RTM to obtain a TCE. The refund will be requested directly from the Michigan Department of Treasury, however, LTBB DOC can walk you through the process and help you obtain the necessary paperwork to do so (TCE, appropriate receipts, forms from the seller, etc.).

Please contact the LTBB DOC office at 231-242-1584 or DOC@ltbbodawa-nsn.gov for additional information.

Kesident Tribal Citizens LTBB TAX AGREEMENT AREA D

Listed below are the townships included in the LTBB Tax Agreement Area. If your principal residence is within the Tax Agreement Area and your address is updated with the LTBB Enrollment department, you are considered a Resident Tribal Citizen and are eligible for several tax exemptions as defined in our Tax Agreement. For more information on the available exemptions, please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov.

LTBB Tax Agreement Area Townships: Cross Village (all)

Friendship (all)

Little Traverse (all) City of Petoskey (all) Readmond (all) West Traverse (all) City of Harbor Springs (all)

Bear Creek (all) *Resort (partial)

*Hayes (partial)

*Bay (partial)

*City of Charlevoix

(North of the bridge only)

*Charlevoix Township

(North of the bridge only)

ATTENTION LTBB TRIBAL CITIZEN OWNED BUSINESSES

LTBB Tribal Citizen owned businesses wishing to be e-mailed of various business opportunities within the LTBB Government or LTB-Bowned enterprises should contact the LTBB Department of Commerce (DOC) to provide an e-mail address in which they would like to be contacted and include a brief statement of what

their business offers.

LTBB DOC will reach out to these businesses directly when departments or entities ask for their business opportunities to be shared.

LTBB DOC can be reached at 231-242-1584 or DOC@ltbbodawa-nsn.gov.

EXECUTIVE BRANCH

From The Executive Office



Aanii boozhoo!

As winter quickly approaches, I would like to wish everyone a Happy and Healthy Holiday season. While this time of year brings families together with great joy, we must keep in mind COVID is still present in our communities. With all of the excitement in gathering, we can still do our part to minimize the spread through hand washing, social distancing and staying home when you are sick.

We have had a few changes in the Tribal Chairperson's office. I would like to say chi-miigwech to Kerstine Omey, Executive Assistant, for her time spent with our office. Kerstine has transitioned to the new Education Programs Manager. We wish her the best of luck and believe she will do great things in her new position. As we say goodbye to Kerstine, we also welcome Hunter Johnson into the Executive Assistant position. Hunter is joining the Tribal Chairperson's office from the Housing Department and is ready to hit the ground running.

We were pleased to announce per cap checks were mailed out on November 2, 2022 to all eligible tribal citizens with verified addresses. If you move, please remember to always update your address with Enrollment and other departments that you may have pending applications with.

This month, I attended the Tribal Summit with Michigan Governor Gretchen Whitmer to discuss significant matters affecting Michigan's tribal communities. I will continue to work with the state's government officials in pursuit of our tribal sovereignty and success.

Vice Chairperson Stella Kav attended the White House Tribal Nations Summit in Washington, D.C. to continue the important discussion of issues tribal communities face and where the federal government can join in to show sup-

Finally, as we gear up for a new year, I would like to give a big chi-miigwech to all of our staff and community for their hard work in 2022. As we look forward to 2023, we can be proud of the strength we have shown throughout the difficult years behind us and be excited for a new year just around the

Stay Warm and Stay Safe! Happy Holidays!



TRIBAL NOTARY INFORMATION

The Tribal Notaries listed below are eligible to perform notarial acts within Little Traverse Bay Bands Jurisdiction unless he/she violates section C. Revocation WOS#2008-05 Tribal Notary Statute

Tribal Notary Commission Full Name		Phone Number (231)	Expiration Date	Serial Number
Rebecca R Fisher	Active	NA	February 20, 2027	02-09
Cynthia Brouckaert	Active	242-1462	June 5, 2023	05-09
Beverly J Wemigwase	Active	242-1400	February 21, 2027	10-09
Julie Rose Janiskee	Active	242-1610	August 23, 2027	11-09
Marin C Taylor	Active	242-1521	May 14,2024	13-09
Hayden Hooper	Active	242-1584	February 1, 2027	15-09
Lakota Worthington	Active	242-1401	May 4, 2027	16-09
Kerstine Omey	Active	242-1418	January 17, 2028	17-09



Executive Town Hall Meeting Schedule

Please join the Executive Branch on the second Wednesday of each month from 10AM to 12PM to receive updates on the LTBB Government's COVID-19 response, department services, Tribal Elder teachings, and more! Attendees can attend by phone, or Zoom. Meeting dates and times are subject to change. Agendas and notices for any rescheduled meetings will be posted on the LTBB website, and other tribal communication outlets.

2022 EXECUTIVE TOWN HALL MEETING DATES

November 9th, December 14th



(786)-635-1003 Passcode: 002323

Serve your Tribal Nation



tinyurl.com/ltbbcbc



Join a board, commission or corporation

Open your camera and scan the QR code or follow the link to fill out an intake form and attach your resume.

Vacancies

- Gaming Authority 2 seats
- **Elders Commission 1 seat**
- **HEMP Regulatory Commission 2 seats**
- **Housing Commission 2 seats**
- Liquor & Tobacco Licensing Board 1 seat
- Odawa Economic Affairs Holding Corporation 3 seats
- Odawa Economic Development, Inc. 1 seat

Temporary Help Wanted

Are you a tribal citizen who would like to:

Gain valuable work experience?

Work in the tribal community?

Make a little extra money?

Gain experience in several fields?

Apply today to join our LTBB Temporary Worker pool!

Temporary assignments can last one day or as long as a month or more. Contact the Little Traverse Bay Bands of Odawa Indians Human Resources Department today!

Call: 231-242-1563

LTBB GOVERNMENTAL OFFICE CLOSINGS

Please note that ALL LTBB Governmental offices are closed on these dates, this includes Mskiki Gumik offices

November 23, 2022 - Thanksgiving

November 24, 2022 - Day After Thanksgiving

December 23, 2022 - Christmas Eve

December 24, 2022 - Christmas Day

December 30, 2022 - New Year's Eve

December Elders Birthdays

December 1

Doreen Wilson Danon Ervick **Howard Scott** Carol Lavergne Ivy Bradley Teresa Fletcher Tonya Moore

December 2

Karen Kaleta Wavne Glazier Pamela Feldstein

December 3

Kemo Smith Rhonda Babcock **Brian Thornburg**

December 4

Donna Webb Daniel McGraw Roberta Hinman Virginia Sherwood Dolphus Delmas, Sr. Vera Olsen Roger Wemigwase Carl Strate, Sr. Geri Wieseler

December 5

Connie Didomenico Marilyn Wojack Yvonne Salgat

December 6

Donna VanderHyde Marcelino Bernard, Jr. James Shomin Robert Zalewski

December 7

Pamela Newman James Minor Mel Cripps Karen Brosseau Florence Indelicato

December 8

Archie Kiogima, Jr.

December 9

Teresa Seume Samuel Worthington **Bonnie Ramirez** Kathleen Mobley Jon Kilborn Kay Bekampis

December 10

Marvin Sebeck Allan Himes Nathaniel Chingwa

December 11

Wesley Andrews **Leonard Emery** Ronald Noack, Jr. **Brian Denemy** Floyd Harrington, Jr.

December 12

Teresa Schulz Scott Williamson Alice Yellowbank

December 13

Arthur LeClear Robin Sloan Stephen Minor Kenneth Gibson Deborah Root Timothy Portman

December 14

Arthur Keller Maanii Cloud **Sherry Shananaquet** Freida Carroll Barbara King

December 16

Nancy Bennett Patricia Chagoya Lisa Bartels **Shirley Eaves Sharon Curran** Vincent Sanchez Frederick Engstrom

December 17

Patricia Weber Scott Keway Anna Bixler

December 18

Allan Voisard Patricia Booth Harvey Brubacker III

December 19

Kelly Cutler-Shafer **Shirley Davis** Jesse Hansen Joseph Keller Alice Liebgott

December 20

Gaila Carpenter Thomas Adams, Jr. **Duane Cutler** Janeane Jackson

December 21

Mary Deneen Byron Pliler Richard Andrews

December 22

Jack Ross James Kagabitang, Jr. Patricia DeHainey Anita Coss Diane Gibson

December 23

Lisa Carlson Robert Noack Robert Devernay

December 24

Patrick Boda Ronnie Head Timothy Quick

December 25

Paula Hall Marilyn Muskovin Christina O'Banion

December 26

Janice Shackleford Jean Ansorge **Daniel Root** Elizabeth Keller **David Paul** Allen Gasco George Sandoz Merle Carson, Jr. Nancy Cassidy

December 27

Mary Mankin Christine Sevener Frances Compo **Marion Turner** Robert Boda Michael Chisholm Levi Walker, Jr.

December 28

Christine Levandoski-Russell Renae Anderson **David Massey** Michele Eising

December 29

Zetta Propst **Deloise Mitchell**

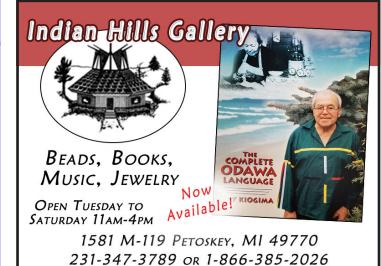
December 30

Shirley Adkins William King Stacey Miller Karen Thiesse Freda Baughman Lily Anderson

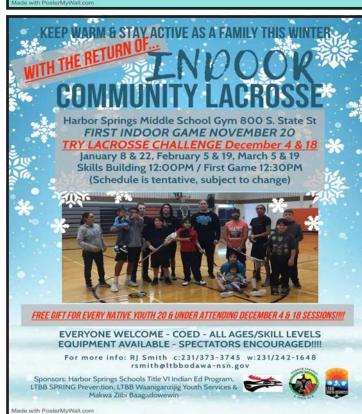
December 31

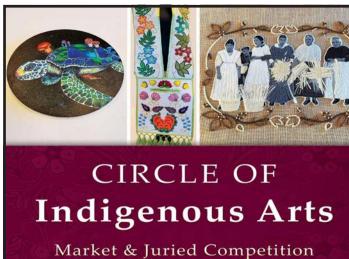
Jamie Genia I Ella Petoskey Marie Simmons











Dec. 3-4, 2022 • 10 a.m. to 4 p.m.

Awards and Prizes

▶ Best in Division Award▶ Best in Show Award

Come support local Anishinabek artists



HEALTH DEPARTMENT

Mnozhiyaadaa - LTBB Community Health

December 2022: Winter Wellness



From a lack of Vitamin D, possibly causing Seasonal Affective Disorder to cold weather making us want to stay cozy inside, the winter months present their own challenges to us living healthy lives.

It can be easy to let our healthy habits go in the winter months as the weather often deters us from wanting to leave the house much.

For December, Mnozhiyaadaa will provide tips for living healthy in the winter months.

"Living in Michigan, we expect extreme weather changes."

Winter Lulls

Michigan has an old favorite license plate which has recently been brought back. It describes the state as a "Water-Winter Wonderland." Living in Michigan, we expect extreme weather changes. It's a part of our lives. While our summers are full of beautiful days we love to spend outside, sometimes, the extreme cold weather of our winters can slow us down.

The winter months not only bring cold weather, they bring shorter days, more susceptibility to illness, and even the possibility of a form of depression caused by lack of sun. It is so easy to let go of any exercise routines or healthy habits when we have less light in the day. Who wants to go for a hike after work in the dark?

Even though it is easy to stay in and get cozy during the cold winter months, our bodies still need movement and healthy habits.

Source: The Ultimate Winter Wellness Guide for Staying Active, Energized, and Healthy | Everyday Health; Extreme Weather Preparedness - Anne Arundel County Department of Health (aahealth.org)

Winter Wellness

Seasonal Affective Disorder (SAD) - This form of depression is believed to be caused by shorter winter days and lack of Vitamin D. When there are fewer hours of sunlight, the brain produces less of the chemical Serotonin. Serotonin is a mood-regulating neurotransmitter and having too little of it, often causes depression. The sun is known to provide us with Vitamin D. In the winter months, we have less sun around to give us that dose of Vitamin D. Vitamin D stimulates production of Serotonin. Treatments for SAD include UV light therapy, talk therapy and anti-depression medications.

Stay Active, but Be Safe – It can be so easy to ditch working out in the winter months. But exercise does not just help keep us in shape, it also boosts the immune system. Every little bit of exercise helps. Before you go out, be sure to



check the wind chill and dress appropriately. Yak Trax attached to shoes can be very helpful for walking on icy pavement.

Stay Well – With the winter months comes cold and flu season. Be sure to get your yearly influenza (flu) shot and stay updated on COVID boosters. Because we tend to spend more time inside, we become more susceptible to the illnesses in the air. Getting vaccines, staying active and getting enough Vitamin C will help keep illness at bay.

Keep Skin Hydrated - The cold Michigan winter weather can wreak havoc on the skin. Red, dry, patchy, cracking skin is normal for most people living in the North during the winter time. The cold, windy air has less moisture in it compared to other times of the year. The heat we have in our homes may also cause skin to become more dry. A humidifier in the home can help bring moisture to the air. Trying lukewarm showers instead of piping hot ones can also help with dryness. Never forget to moisturize your skin as well, especially if you have diabetes. Glycerin, shea butter and petroleum are all great moisturizing agents. It is important to do regular foot checks if you have dry skin and diabetes. Neuropathy can cause those with diabetes to not feel sores on the feet. Regular checks can prevent severe infection.

Sources: The Ultimate Winter Wellness Guide for Staying Active, Energized, and Healthy | Everyday Health What Are the Causes of Seasonal Affective Disorder (SAD) and How Do You Fight *It?* (*medicinenet.com*)



The Thirteen Moons

December is the month of the Manidoo Giizisonhs or Little Spirit Moon. During this moon, we celebrate the winter solstice and walk a little slower on our life journey. Contact Charla, RD, for information on the 13 Moons

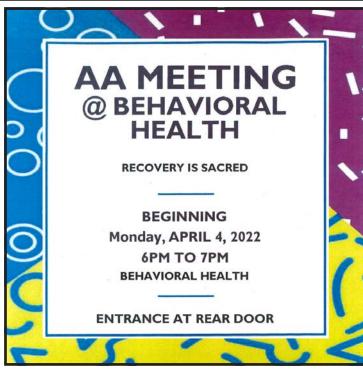
Challenge.

If you would like guidance in your wellness journey, feel free to contact us. Sarah Cameron -RN Diabetes Educator at 231-242-1664, Charla Gordon - Registered Dietitian at 231-242-1601, or Marlene Gasco - Wellness Advocate at 231-242-1616.

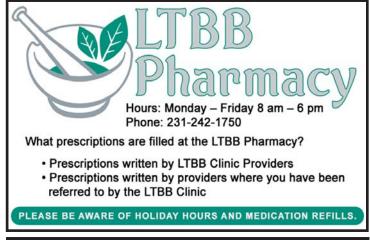
Courtesy graphics.













May 18, 19 September 28, 29 **June 1, 2** October 19, 20 🦞

July 20, 21 November 22, 23

August 24, 25 December 21, 22

TO VIEW EACH BIOGRAPHY, SCAN THE QR CODE WITH YOUR CELL CAMERA

To schedule, please contact LTBB Behavioral Health at (231) 242 - 1640

GIVE THE GIFT OF HEALTH

Submitted by Emily Ferroni, Patient Navigator for Cancer Screening

Tis' the season of giving! Give yourself the gift of keeping your health sacred and taking care of yourself. Keeping up with your annual health screenings is one of the best ways to keep yourself healthy and prevent illness. Not sure what you might be due for? Schedule your annual check-up with your provider to ensure all is well with your health, give the clinic a call at 231-242-1700 to set up your appointment.

With the hustle and bustle of the holidays, it is easy to forget what health screenings you may be due for. This includes necessary cancer screenings if you are a certain age or are having symptoms which could relate to certain cancers. With the New Year coming up, make a list of health screenings you need to take care of, so you can check them off your to-do list and give yourself a peace of mind once they are completed. This is a great way to take care of your health for not only yourself, but for those who love you,

If you are a woman who is 21-64 years old, you may be due for your cervical cancer screening. This screening is a quick test which takes less than five minutes and is key to preventing cervical cancer. Your provider will tell you how often you need to have this screening performed, and if you forget, just call the clinic and they will look it up in your chart for you. If you are a woman who is 40-75 years old, it may be time for your annual mammogram screening. This screening is important to ensure all is well with your breast health and is recommended you have it once per year. Are you uninsured and worried about the cost? The LTBB Health Clinic is working with the Patient Navigator, Emily, to get uninsured woman enrolled in a special program which covers the cost of breast and cervical cancer screenings, diagnostics and — if needed - breast and cervical cancer treatments. To see if you are eligible, call Emily at 231-268-1307. It is very quick and easy to be enrolled, there is no cost or financial burden put on you, and it saves the clinic money to use towards other types of



screenings and treatments.

Are you a man or woman who is 45-75 years old? Time to either have your first colorectal cancer screening or check and see if you are due for another. Making sure you stay on top of your colorectal cancer screenings and ensuring all feels well with your health is very important for your colon health. Catching any abnormalities within the colon early can save your life. Start getting screened at the recommended age of 45 and continue your screenings based on the time interval your provider tells you to that is specific to you and your colon health. Completing the screening can be as easy as completing a Cologuard at home kit — this kit is shipped directly to you. You can complete the kit following the directions given within it, and call the number right away to come pick it up to ship it back. This kit is completed every three years. However, if you don't want to do an at home kit, the gold standard of colorectal cancer screening is having a colonoscopy performed. This procedure is usually performed every 3, 5 or 10 years depending on your current colon health history. If you are having abnormal bowel movements or have a family history of colorectal cancer, talk to your provider as they may recommend you start the screening earlier than 45 years old.

Take care of yourself and your loved ones this holiday season and ensure all is well with your health. Keep up on your cancer screenings. Talk to your provider or call Emily, the Patient Navigator for Cancer Screening, at 231-268 -1307 to see if you are due or to schedule an ap-

> Happy Holidays! Courtesy graphic.

Weekend Urgent Care Alternative!

McLaren NORTHERN MICHIGAN REGIONAL HOSPITAL

Urgent Care

MUNSON HEALTHCARE Charlevoix Hospital

14700 Lake Shore Drive, Charlevoix, MI 49720 231-547-4024

Petoskey Urgent Care can be utilized when immediate attention is needed for an urgent, but not life-threatening condition, and the LTBB Health Clinic in Petoskey, MI, is closed.

When using Petoskey Urgent Care, you are required to call LTBB Contract Health at 231-242-1600. Notice must be received within 72 hours of the visit. LTBB Elders have 30 days to notify Contract Health.

After hours and weekend emergency treatment can be obtained at McLaren Northern Michigan Regional Hospital in Petoskey, MI, or Munson Healthcare Charlevoix Hospital in Charlevoix, MI.

MEDICARE REIMBURSEMENT PROGRAM



REIMBURSEMENT FOR BOTH **B AND D PREMIUM EXPENSES**

HOSPITAL (PART A) MEDICAL (PART B)

MEDICARE HEALTH INSURANCE

WHO QUALIFIES?

- To qualify for this program, you must:
- 1. Be an enrolled member of LTBB
- 2. Be enrolled in Medicare
- 3. Show proof of Medicare premium expenses *DOCUMENTATION WILL BE REQUIRED*

! IMPORTANT INFORMATION

YEARLY APPLICATION DEADLINES: FIRST PAYMENT: FEBRUARY 14TH SECOND PAYMENT: AUGUST 14TH

APPLICATION PROCESSING BEGINS JANUARY 1ST AND JULY 1ST. CHECKS CAN TAKE SEVERAL WEEKS TO BE SENT OUT DEPENDING ON VOLUME OF APPLICATIONS. PLEASE BE PATIENT AS WE WORK TO SEND PAYMENTS OUT TO ALL OUR ELIGIBLE TRIBAL CITIZENS. INCOMPLETE APPLICATIONS WILL BE NOT BE ACCEPTED.

QUESTIONS? CONTACT VALORIE GLAZIER, LTBB SPONSORSHIP SPECIALIST, AT 231-242-1748

LTBB Wawiiayaa Giigidoowin "Talking Circle" **Beginning** April 7, 2022 Thursday 5pm - 6pm LTBB Conference Room



Marlene Gasco, Health Wellness Advocate, at 231-487-1616 to schedule your orientation.

Native Way Fitness Center



8730 COMMERCE PARK HARBOR SPRINGS, MI

Gym Hours: Sunday -Saturday, 5:00 am – 11:00 pm Guidelines to Applying

for a Native Way Card Have a physical performed no more than one year prior to your request to use the Native Way Gym. Provide a note for your file from your current physician giving you permission to exercise with or without restrictions.

Schedule and attend a Native Way orientation. The date and time will be determined by the Community Wellness

Complete the Native Way packet presented at the time of orientation.

Note: Native Way Rules are included in the packet.

Pay the required \$5 (five dollars) for your access card. Please correct currency.

When all requirements

are fulfilled, you are eligible to use the Native Way Gym.

Native Way Two offers a variety of exercise classes not associated with use of the exercise equipment. If you are interested in participating in any of the classes offered or would like more information, please contact Marlene Gasco, Community Wellness Advocate, at (231)242-1616 Mon-

day - Friday 8:00am - 5:00pm. Little Traverse Bay Bands of Odawa Indians Community

Health Department 7500 Odawa Circle, Harbor Springs, MI 49740

Phone: (231) 242-1601 Fax: (231) 242-1717

Native Way Two = Weekly Exercise Classes

Tuesdays Mondays Wednesdays Thursdays Fridays Morning **Pilates Pilates** Meditation Class Class Class 8am-9am 8am-9am 8am-9am

Native Strength: Circuit **Training** Class

4pm-5pm

Youth **Fitness** Class (Ages 9-12) 4pm-5pm

HIIT Class 4pm-5pm

Youth **Fitness** Class (Ages 4-8) 4pm-5pm

Please contact Marlene Gasco at (231)242-1616 for any inquiries. All fitness levels welcomed and ages 13+ years, unless specified.





LTBB Community Wellness Advocate Marlene Gasco regularly facilitates chair exercise sessions with our tribal elders prior to Elders Luncheons at the LTBB Governmental Center in Harbor Springs, MI. *Courtesy photos.*

Live Well Women's Health Event

On October 19, 2022, Community Health was able to host its first in a long time gathering for the Live Well Women's Health Event in honor of Breast Cancer Awareness month.

The event provided free services in haircuts, manicures and massages along with information provided by Diabetes Educator Sarah Cameron, Tracey Conant, Behavioral Health Cultural Advisor Deleta Gasco Smith and Regina Brubacker-Carver. Dietician Charla Gordon and other

Community Health staff sliced and chopped together a wonderful Fall meal for all attendees.

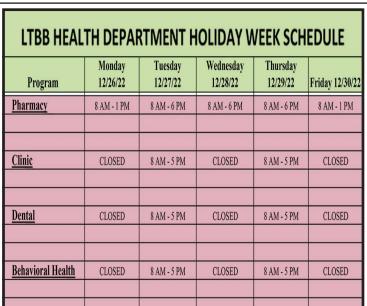
It was a great day to get pampered and wear pink with pride.

Pictures and recipes are located on the LTBB Mnozhiyaa Facebook page.

Be on the lookout for more events in the coming future from your Community Health Department.

Courtesy photos.





LTBB TOWN HALL MEETINGS



Please join the Executive Branch on the second Wednesday of each month from 10_{AM} to 12_{PM} to receive updates on the LTBB Government's COVID-19 response, department services, Tribal Elder teachings, and more! Attendees can attend by phone, or Zoom. Meeting dates and times are subject to change. Agendas and notices for any rescheduled meetings will be posted on the LTBB website, and other tribal communication outlets.

2022 LTBB Town Hall Meeting Schedule:

December 14

Call 786-635-1003 Webinar ID: 870 1757 9318 Passcode: 002323 or on Zoom at www.tinyurl.com/ltbbtownhall Use passcode 002323

Breaking Ground Spring of 2023!

Housing is pleased to announce that we will be building 35-45 new apartments in Charlevoix at Murray Road and in Harbor Springs on Second Street.

The new apartments will start becoming available at the end of 2023.

We are accepting applications now!

Contact us today to be ready to move into your new home!

Contact us today at 231-242-1540 for more information.

Now Accepting Applications For the Mtigwaakiis housing development. Tribal

For the Mtigwaakiis housing development. Tribal Preference applies. For more information, contact the Housing Department at 231-242-1540



Equal Housing Opportunity TTY 7-1-1

-1 6 1



We're not taking any **excuses** this holiday season. In about

10 minutes a day and from the comfort of your own home, you can squeeze in a workout and get your heart rate elevated to help beat the extra holiday stress.

Up for the challenge? For each day, complete the workout below and share your progress with #TheBowflex12. Remember to take breaks and move at your own pace!



with 15-30

AB ATTACK

:60 Plank

- · :60 Regular Crunches
- :60 Bent-Knee Side Crunches (:30 Per Side)
- · :60 Bicycle Crunches
- · :60 Bent-Knee Lower Ab Pulls



DAY

4

6

Complete

ALL LEGS

- Regular Squats
- Stationary Lunges (Both Legs)
- Plié Squats
- Jump Squats

Chest Press

· Chest Flys

Push-ups

PUSH AND PULL

Bent-Over Rows



ARM BLAST

- Biceps Curls
- Overhead Shoulder Presses
- Triceps Kickbacks
- Front & Side Raises



CARDIO CHALLENGE

- :60 Running in Place
- :60 Jumping Jacks · :60 Skaters
- · :60 Mountain Climbers
- · :60 Burpees



BURPEE CHALLENGE

· :30 Burpees



DAY

2-3 circuits of 10 – 15 reps. Break up reps to fit your

BOXING CHALLENGE

- :60 Invisible Jump Rope
- · :60 Punches
- · :60 Alternating Front Kicks



Squats with Dumbbell

- Shoulder Presses
- Alternating Front Lunges with Dumbbell Biceps Curls
- Alternating Back Lunges with Dumbbell Side Raises
- Alternating Side Lunges with Dumbbells
- Dumbbell Rows with Triceps **Kickbacks**



PUSH-UP CHALLENGE

- · Start with a set of 10 push-ups
- Do a Set of 9, Set of 8, Set of 7, etc., decreasing by 1 until You Finish with Just 1 (55 Total Push-ups)





Church Of Christ

Pellston Area

Salvation Army

Church of the Nazarene

Manna Mobile Pantry - Carp Lake

Manna Mobile Pantry - Bliss

Manna Food Pantry

Manna Food Pantry

- :60 Plank
- · :60 Crunches



BODYWEIGHT CHALLENGE

- · :60 Jumping Jacks
- · :60 Squats
- :60 Running in place
- · :60 Push-ups
- :60 Crunches
- :60 Plank
- :60 Burpees







9-MIN. "TRI" CHALLENGE

- · :30 Squats
- · :30 Crunches :30 Push-ups

· Repeat 6 Times



For more tips and video tutorials, visit bowflexinsider.com/12-days-of-fitness

231-347-6181

231-548-5462

231-347-8852

231-347-8852

231-347-8852

231-347-8852

231-838-4499

231-347-3531



MANNA FOOD PROJECT AGENCY PARTNER PANTRIES

Monday

Tuesday

Wednesday

2nd & 4th Thurs

Mon through Fri

1st Thursday

3rd Thursday

Wednesday

Petoskey

Carp Lake

Levering Pellston

Petoskey

Harbor Springs

Harbor Springs

Alanson

		ANTITION COO.	that is the second of the seco	1.5		
Partner Food Pantry	Phone	Street	City	Day	Start	End
Bellaire Community Pantry	Bellaire Community Pantry 231-533-8973 205 Bi		Bellaire	Mon & Thur	10 AM	4 PM
Bellaire Community Pantry 231-533-8973		205 Broad Street	Bellaire	Saturday	10 AM	Noon
Good Samaritan Center	231-588-2208	9746 Main Street	Ellsworth	Tuesday	10 AM	5 PM
Good Samaritan Center	231-588-2208	9746 Main Street	Ellsworth	Wed, Thur, Fri	10 AM	4 PM
Good Samaritan Center	231-588-2208	9746 Main Street	Ellsworth	Saturday	10 AM	2 PM
First Congregational Church	231-544-6878	1875 Main Street	Central Lake	Friday	3 PM	5 PM
First Congregational Church 231-544-6878		1875 Main Street	Central Lake	Tuesday	5 PM	7 PM
Mancelona Food Pantry & Resale	231-587-9606	200 N Maple Street	Mancelona	Tue, Wed, Thur, Fri	9 AM	3 PM
		CHARLEVOIX CO	UNTY			
Partner Food Pantry	Phone	Street	City	Day	Start	End
Boyne Valley	231-468-4615	3031 Main Street	Boyne Falls	Thursday	Noon	5 PM
Bread Of Life Food Pantry	231-547-4300 Ext 2	05855 M-66 N	Charlevoix	1st & 3rd Thur	4:30 PM	6PM
Care & Share	231-536-7426	6710 M-32	East Jordan	Thursday	9:30 AM	Noon
Care & Share	231-536-7424	6710 M-32	East Jordan	Tuesday	2PM	4:30 PM
Charlevoix Community	231-237-9490	100 W Hurlburt Street	Charlevoix	Mon & 1st Thur	9 AM	Noon
Charlevoix Community	231-237-9491	100 W Hurlburt Street	Charlevoix	Monday	5 PM	7 PM
Good Neighbors	231-497-8678	624 State Street	Boyne City	Tuesday	10 AM	Noon
Good Neighbors	231-497-8679	624 State Street	Boyne City	Tuesday	2 PM	5:30 PM
Jesus is Lord Church	231-347-4837	06072 US 31 N	Bay Shore	2nd & 4th Tues	Noon	2 PM
Seventh Day Adventist	231-582-0151	326 North Park	Boyne City	All	Appt Only	Appt Only
		EMMET COUN	ITY			
Partner Food Pantry	Phone	Street	City	Day	Start	End
Harbor Springs Community	231-526-2017 X 43	201 W. 3rd Street	Harbor Springs	Monday	9AM	11:30 AM
Brother Dan's	231-347-7423	415 State Street	Petoskev	Tuesday	9 AM	Noon

320 Monroe Street

7489 Mission Road

6339 E Gill Rd

161 US 31 N

712 Pleasant Ave

8791 McBride Park Ct

8791 McBride Park Ct

265 W Sturgeon Bay Tr

AMTRIM COUNTY

CHRISTMAS TREE PYRAMID WORKOUT l minute Star Jumping Jacks * 10 Burpees 10 w/push up 20 Squat jumps 20 30 Sit ups 30 40 Switch lunges 40 50 **Mountain Climbers** 50 Repeat 1-3x Start STRONGER. With JenG





Apartments for Rent Now accepting applications

Wah Wahs Noo Da Ke Tribal Village is approximately 4 miles north of Harbor Springs, MI

- Must belong to Little Traverse Bay Bands
- Must be 55 or older or disabled of any · Located in a quiet country setting, but only 4 miles from Harbor Springs, MI
- Rents are based on income
- Accept very low, low and moderate income applicants

- Barrier free units are available LTBB Housing office hours are Monday through Friday, 8 am to 5 pm

and 94 sq. feet

· Bedrooms are approximately 121 sq. feet

Contact person: LTBB Housing Department 231-242-1540





Housing Department Programs

Services are available to citizens residing within the 27 county service area. An application packet must be completed and returned to the Housing Dept. for processing to determine qualification. To obtain an application, please contact the Housing Dept. at 231-242-1540.

STR - Short Term Rental Assistance: This program offers up to \$1,500 for new tenants who need assistance with the first month's rent and/or security deposit. This can be used ONE TIME ONLY and the rent requested must be affordable and can NOT exceed 35% of the household gross monthly income. Please note the application packet must be received and approved in advance of your moving into the rental in order to qualify for this program. for this program.

HIP - Home Improvement Program: This program offers up to \$2,500 for non-cosmetic home repairs and may be utilized once every five years.

DPA - Down Payment Assistance: This program offers up to \$2,500 or 10% of your mortgage (whichever is less) and can be used to purchase or refinance a home. In order for you to receive any grant dollars, you must be able to match the grant amount with your own guaranteed funds.

FPA - Foreclosure Prevention Program: This program offers up to \$3,000 to assist in foreclosure prevention.

Well & Septic Assistance Program: Funded by the Indian Health Services located in Sault Ste. Marie, MI this program provides the resources and technical assistance associated with the installation of a new well and sanitation service or replacement of deficient existing well/septic.

Credit Counseling: We provide confidential advice and referrals to assist tribal citizens in regaining their financial stability and credibility.

Tribal Rental Housing Program: The LTBB Housing Department offers 40 rental units in the Northern Michigan area. These units are available to rent to Tribal Citizens and most rents are based on a family's monthly income. Any Tribal Citizen interested in renting a unit from the LTBB Housing Department should contact our offices for an application. Currently, there is a waiting list for available units.

11:30 AM

4 PM

9 AM

2 PM

4 PM

4 PM

5 PM

9am-11:30am

Noon

5 PM

Noon

5 PM

6 PM

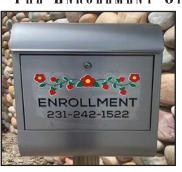
6 PM

7 PM Callfor

emergency

ENROLLMENT DEPARTMENT

THE ENROLLMENT OFFICE HAS A MAIL DROP BOX



It is located to the left of the front doors of the LTBB Governmental Center in Harbor Springs, MI. We will have limited quantities of adult and minor address forms stocked. **Weather Permitting**

We will happily set aside an envelope with any specific form(s) you may need as well.

Just give our office a call, and we will be more than happy to try to accommodate you.

All Enrollment services are available by appointment only. You may call or e-mail to work with our staff.

231-242-1521, 231-242-1522, 231-242-1520 or enrollment@ltbbodawa-nsn.gov

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS Enjiboozbiigeng - Enrollment Office

Services for our citizens:

- Picture Tribal Identification Cards Available same day. May be requested via mail and electronically.
- Address Changes Adults only need to be notarized if not having mail sent to their home. Minors must be notarized annually. We have a Tribal Notary in office and many other onsite at the Government Complex.
- Marriage License Applications Please allow one business day to pick up the Licenses.
- Tribal Directories Available same day. We certify for our citizens:
 - Michigan Indian Tuition Waivers
 - Eagle Parts and Feather Applications
 - LTBB Indian Blood Quantum Apply to become a:
 - Citizen Application available via mail

- Tribal Notary
- Marriage Commissioner Need something?
- · Request a document from your Enrollment file
 - Blood quantum adjustment
- · Relinquishment requests Have any questions or need a form sent to you? Call or email:

Lindsey Doerfler - P: 231-242-1522 E-mail: ldoerfler@ltbbodawa-nsn.gov Marin Taylor - P: 231-242-1521 E-mail: mtaylor@ltbbodawa-nsn.gov Pauline Boulton - P: 231-242-1520 E-mail: pboulton@ltbbodawa-nsn.gov Forms are also available on the LTBB Web-

https://ltbbodawa-nsn.gov/enrollment

https://ltbbodawa-nsn.gov/forms

LTBB Veteran Cards

Dear Tribal Citizen,

Tribal Council passed WOS# 2021-009 Waiver of Fees for Military Veterans Statute on June 10, 2021, which was signed by Regina Gasco Bentley, Tribal Chairperson, on July 7, 2021.

Under the statute, the Executive has authorized the waiver of identification card fees for military veterans.

Definition

"Military Veteran" means a person who served in the active military, naval or air service and who was discharged or released there from under conditions other than dishonorable, this includes United States Army, Navy, Marine Corps, Air Force, Coast Guard service and members of the Reserves, Air or Army National Guard.

We have created new



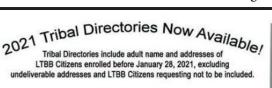
Tribal Identification Cards for our LTBB Veterans.

If you are a veteran, give us a call and we will verify if your picture and address are current. We will issue you a new Tribal Identification Card. We have issued our first Veteran ID Card to Thomas Henry Naganashe.

Zhimaaganish - Veteran

Please contact the Enrollment Office through Lindsey Doerfler at 231-242-1522 or Marin Taylor 231-242-1521. You may also contact the Enrollment Office via e-mail at enrollment@ltbbodawa-nsn.

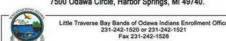
> Sincerely, Pauline Boulton **Enrollment Officer**



- To receive your copy:

 ✓ Must include a copy of your Tribal Identification Card
- ✓ A \$5 check or money order payable to LTBB of Odawa Indians
- ✓ Choice of cover design. If you do not specify, we will choose for you!

Mail to: LTBB of Odawa Indians, ATTN: Enrollment Offi 7500 Odawa Circle, Harbor Springs, MI 49740.





Lake Plumbago

Hoar Frost

Peanut Butter Falls



Update your contact information with the Enrollment Department.

- ADDRESS
- PHONE NUMBER
- EMAIL ADDRESS
- VETERAN STATUS



Marin Taylor 231-242-1521 Lindsey Doerfler 231-242-1522



There has been an uptick in the number of citizens who are attempting to use expired ID cards at the Tribal gas stations. You can see if your card is expired by looking at the red print under the smaller ID picture on your card. In order to renew your ID card the Enrollment Office needs both a new picture and \$10 as cash, check or money order. You may use any of the following methods to update your ID card.

- Come into the Government Center for a new picture and fee.
 Acquire a picture at a CVS/Walgreen's/etc. and send that picture in with a \$10 fee over mail.
- Take a picture with your phone of your head and shoulders against a pure white background and email that picture to enrollment@ltbbodawa-nsn.gov. Then mail the \$10 fee separately.

THE \$10 FEE DOES NOT APPLY TO VETERANS AND THOSE 55 AND OVER.



Little Traverse Bay Bands of Odawa Indians Enjiboozbiigeng Enrollment Office

·V.	ronnent Office	
Tribal Citizens I	Fee Schedule F1	EES
Replacement/Expired Cards A replacement card is lost, sto address change. Any name ch Elders.	olen, expired or has an	0
Tribal Directory Adults 18 and enrolled prior to Published every 4 years.	o 2/1/2021 \$5	
Tribal Directory Labels Requestor must provide labels	\$5	
LTBB List The list includes adult's first, only.	middle and last names \$5	
Photocopies of Enrollment f First 3 copies free, \$1 for each		ea
Marriage License Application Certified Copies: \$10 Photo Copies: \$5		5
Tribal Notary Application Residency/Business residence Surety Bond: \$125 Cannot be		0
Marriage Commission Appl Residency/Business residence	ication \$2	5

*** Enrollment Fees waived for LTBB Veterans***

LTBB ENROLLMENT DEPARTMENT ANNOUNCEMENT

Address Verification Forms are now being accepted through Email & Fax.

- Forms must be completed in full
- Hardcopies MUST still be mailed in or left in outdoor mailbox located in front of Administration Building





Office is open for appointments For questions or appointments call:

231-242-1522 -Lindsey 231-242-1521 - Marin 231-242-1520 - Pauline



Gijigowi Anishinaabemowin ANGUAGE DEPARTMENT

Minido Gilzoonhs - Little Spirit Moon - December 2022 -Niikaanenh minwaa Niin - My Brother and I

Translated/Rewritten by Maryann Endanawas, Project Instructor/Fluent Speaker

Ngoding biboong gojiing nwiikaanenh daminayaang ngiibaanoopnanaa. Nwaanch gegoo ngiizhichigemi, ngiishooshkwaadwemi, ngiishooshkji-wemi, ngiizhitoonaa gooni wiigwaamens, niibina goonesak ewaawejiisjik ngiizhiyaanaanik.

One winter day, my brother and I were playing outside, I followed him around. We did all kinds of activities, we went skating, sliding, made a snow fort and made lots of snow-

Gchi gbegiishik gojiing ngiibaayaami mikwechtooyaang nwaanch gego. Aapiichin ngii biindigeptomi wiimnakweyaang gezhaagpakwezhi-gaanhsak ngii'mwaanaanik minwaa midaasan. wii'aanskamaang Pane minwaa gojiing.

We were outdoors all day trying different things. Every now and again, we would run indoors and have something warm to drink, eat a few cookies and change our socks. Then, off we would go outside.

ngiizhichigemi ngiinaamdaabmi goon wiigwaam -esing minwaa ngii'aansokemi minwaa ngiingami. Ngchibaapaapmi.

We did a different activity, we sat in our snow fort and shared stories and sang songs. We laughed and laughed.

Gimaapiich nwiikaanenh



kida, "Nishke giishpin toyin maampii gdeniiw kamooshtoon ezhi tikaamgak. Miisa genii giignawaabmak ezhichiget giitoon deniiw biiyaapkong aapji jina. Miigogenii giikwechto'aanh. Niin dash gaawii namdaa wiigidiskiiyaanh. Baataasin ndeniiw biiyaapkong.

Then, my brother says, "Look, if you put your tongue on this metal, you will feel how cold it is. Then, I watched brother, he barely touched the metal and pulled away quickly. Then, I tried it. Then, my tongue got stuck to the metal.

Ngiizegis miigego giimaademyaanh. Niikaanenh kida bekaa ngandazhichige gwaa, gego miwike. Ngiidebaamaa ndawemaa waasechiganing ginwaabmigyaang.

I was scared and started to cry. My brother said, "Don't cry, I will do something to help you. Then, I saw our older sister at the window watching us.

Miigego wewiip giibizhaat ode. Mbe! wenesh maanda gaazhinoomak wiizhichigeyin? Gaawii ngiishkitosiin wiinkwetwag ndawemaa zaam

giibaataasin deniiw biiyaap-

Then, she came over immediately. "Oh no," she said, "Who showed you how to do this?" I couldn't answer my sister because my tongue was stuck to the metal.

Nwiikaanenh giimide giigdo, "Niin! giizhinomawaa wi." Genii ngiizhichige wi deniiw ngiitoon biiyaapkong miidash wewiip ngiimowaanh. Maaba dash gii'ngadaan deniiw zhiwe biiyaapkoong, miidash giibaataashiing.

Then, my brother spoke up and said, "I showed her how to do it!" I did it and I quickly moved my tongue once I touched the metal. But she left her tongue on the metal and got stuck to it.

Wewiip giinimaajiiptoo ndawemaa miigego giipskaabiit mbiish bimwidoon. Ngiiwiindimak waazhichiget. Negaach maanda nwiiziignan nbi, bekaa kanaaniibow miidash ndagdiskaak deniiw zhewe biyaabikoong.

My sister left quickly to get something and returned with a pot of warm water. She explained what she was going to do. That she would pour the water slowly and I was to stand still until my tongue was able to come off the metal.

Gamaapiich giigiigidiskaa ndeniiw!! Gchimiigwechwiyaa ndawemaa giibinaadmowit.

After a while, my tongue came off!! I thanked my sister for her helping me.

Courtesy graphic.



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If your credit isn't perfect, or you need help getting your financial life in order, Northern Shores Community Development is here to help you achieve your goals.

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Nscdi.org

NISHNAABEMW

PANE Language Classes - FALL SEMESTER 2022

Offered by Bay Mills Community College Nishnaabemwin Pane Immersion Program (NPIP) at LTBB Satellite Community

WEEKEND CLASS

6 Credits

Wenesh pii? When? September 9 & 10 Sept 30 & Oct 1 October 21 & 22 November 11 & 12 December 2 & 3

Aaniish epiichaak? At what time?

Saturdays 8 am - 8 pm

Fridays 12 - 8 pm

WEEKDAY CLASS

6 Credits

Wenesh pii? When? Tuesdays & Wednesdays 5 - 8 pm Via Zoom

SPEAKING CLASS

1 Credit

Wenesh pii? When? Sundays 9 am - 12 pm Sept 11, Oct 2, Oct 23, Nov 13 & Dec 4

The Weekend Class & the Speaking Class
will be offered with both options
Students attend in person * (at LTBB Harbor Springs location)
or Students attend via Zoom. *In-Person Classes Contingent on LTBB Safety Protocol.

For more information and/or assistance with registration, contact: Michele Wellman-Teeple, NPIP Director at BMCC, mwellman@bmcc.edu 906-248-3354 or Gijigowi Anishinaabemowin Language Department, langtech@ ltbbodawa-nsn.gov 231-242-1457

Check out our great Anishinaabemowin Facebook Groups!



LTBB Anishinaabemowin

Our main page is where we post learning materials, resources, announcements.

https://www.facebook.com/groups/579880368807404

LTBB Zoom Anishinaabe Language Classes

Here you will find announcements and the schedule of weekly Zoom classes, and handouts from class.

https://www.facebook.com/groups/555794471766384

Daminawinan Anishinaabemang

(Games in Anishinaabe Language)

Games and puzzles for the whole family.

https://www.facebook.com/groups/131141284298625

Anishinaabemowin Eta

(Anishinaabe Language Only)

No-English Group for Fluent Speakers & Intermediate

https://www.facebook.com/groups/177520107437

ANISHINAABEMODAA PANE

Let's Always Speak Ojibwe

On-Line Ojibwe Language Class

Tuesday & Wednesday 7:00 -8:30 pm

September 28th - June 28th, 2023

No prior language experience necessary Open to all

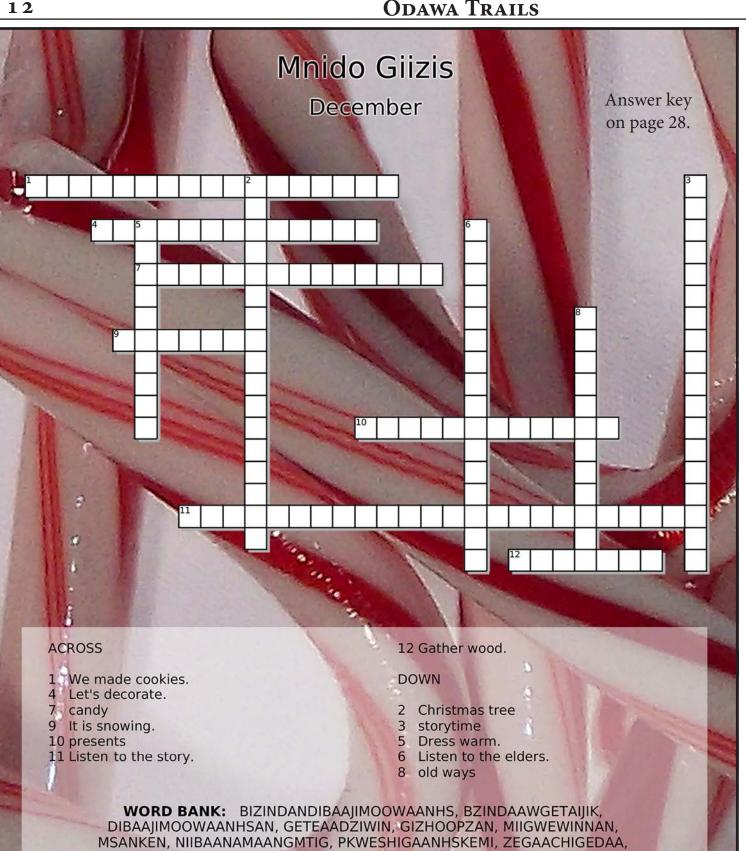
Register Here! Registration Link

Instructor: Clarice Pangowish



LTBB Town Hall meetings are available to be viewed at:

www.ltbbodawa-nsn.gov/townhallmeetings.html



ZIISBAAKDOONHS, ZOOKPWA

***** Ebiimoshin

(modern phrase to say "e-mail me")

Bibezhik Kidwin E-mail List -One word at a time - E-mails sent of a single word or phrase with MP3 audio sound attached.

Anishinaabemowin E-mail List -In addition to the Bibezhik Kidwin e-mails, you'll also receive occasional e-mails regarding Anishinaabemowin Language such as announcements of Language or Cultural Activities, Classes, Events or General Information and News.

Send us an e-mail, and we'll add you to the "Bibezhik Kidwin E-mail List" or the "Anishinaabemowin E-mail List." Carla Osawamick (McFall) at cosawamick@ltbbodawa-nsn.gov ******

PLEASE NOTE:

The LTBB Grants Department works with LTBB Departments to obtain external funds for ongoing and special programming, services and resources for the tribal community. Please contact the respective LTBB Department for information on programming that may be of interest to you.





<u>Tataagaanhs</u>

(Chorus, Twice) tataagaanhs, tataagaanhs tataagaanhs midwesin aapijigo minwendaagwazim bbaandi-zhooshkjiweng

aapiji minwendaagwazim bbaandi-zhooshkjiweng miigweta gchi-zookpwak ezhi-ndwendaagwag

wiibaatiinad wa goon mii dash ji-shpaag nigaag mii dash ji minwendaagwag bbaandi zhooshkjiweng

(Chorus, Twice)

Santa Masat

(Santa's Belly)

Tune: All Around the Mulberry Bush

Kina gwaji Biidaasigeng Santa masat giiniingshkaa Kaawiin gwa zheye giidepzhesii 'Oops' giikida.

Kina gwaji Wiikwedonhsing Santa masat giiniingshkaa Kaawiin gwa zheye giidepzhesii 'Oops' giikida.



All around Biidaasige (Petoskey) / All around Wiikwedonhsing (Harbor Springs) Santa's belly shook like jelly, He couldn't fit down the chimney pipe, "Pop" goes his belly



2023

Legislative Branch/Tribal Council Regular Work Session & Meeting Schedule

Monday, January 2, New Year's Day Observed, Offices Closed

Work Session: Tuesday – January 10, 2023 Meeting: Thursday – January 12, 2023 Work Session: Tuesday – January 24, 2023 Meeting: Thursday – January 26, 2023

Work Session: Tuesday - February 7, 2023 Meeting: Thursday – February 9, 2023 Meeting: Thursday - February 23, 2023 Work Session: Tuesday – February 21, 2023

Meeting: Thursday - March 9, 2023 Work Session: Tuesday – March 7, 2023 Meeting: Thursday – March 23, 2023 Work Session: Tuesday – March 21, 2023

Work Session: Tuesday – April 4, 2023 Meeting: Thursday – April 6, 2023 Meeting: Thursday – April 20, 2023 Work Session: Tuesday – April 18, 2023

Work Session: Tuesday - May 9, 2023 Meeting: Thursday – May 11, 2023 Work Session: Tuesday – May 23, 2023 Meeting: Thursday – May 25, 2023

Monday, May 29, Memorial Day, Offices Closed

Work Session: Tuesday – June 6, 2023 Meeting: Thursday – June 8, 2023

Wednesday June 21, SUMMER SOLSTICE

Meeting: Thursday – June 22, 2023 Work Session: Tuesday – June 20, 2023

Tuesday, July 4, Independence Day, Offices Closed

Work Session: Tuesday – July 11, 2023 Meeting: Thursday – July 13, 2023

Meeting: Thursday - July 27, 2023 Work Session: Tuesday – July 25, 2023

Work Session: Tuesday – August 8, 2023 Meeting: Thursday – August 10, 2023

Work Session: Tuesday – August 22, 2023 Meeting: Thursday – August 24, 2023

Monday, September 4, Lewis and Doris Adams (Labor Day), Offices Closed

Work Session: Tuesday – September 12, 2023 Meeting: Thursday – September 14, 2023

> Thursday, September 21, Reaffirmation Day, Offices Closed Friday, September 22, Michigan Indian Day, Offices Closed

Meeting: Thursday – September 28, 2023 Work Session: Tuesday – September 26, 2023

Monday, October 9, Indigenous Peoples' Day, Offices Closed

Meeting: Thursday – October 12, 2023 Work Session: Tuesday - October 10, 2023

Work Session: Tuesday – October 24, 2023 Meeting: Thursday – October 26, 2023

Meeting: Thursday – November 9, 2023 Work Session: Tuesday – November 7, 2023

> Friday, November 10, Veteran's Day Observed, Offices Closed Thursday, November 23, Thanksgiving Holiday, Offices Closed Friday, November 24, Thanksgiving Holiday, Offices Closed

Work Session: Tuesday – November 28, 2023 Meeting: Thursday - November 30, 2023

Work Session: Tuesday - December 12, 2023 Meeting: Thursday - December 14, 2023

Thursday, December 21, WINTER SOLSTICE

Friday, December 22, Christmas Eve Observed, Offices Closed

Legislative Offices will also be CLOSED from December 25, 2023 to January 1, 2024

Monday, December 25, Christmas Day, Offices Closed Friday, December 29, New Year's Eve Observed, Offices Closed Monday, January 1, 2024, Offices Closed

Need to update your address?

When you move, please contact the Enrollment Office and we will send you an Address Verification Form.

Address Verification and many other Enrollment forms are also available at www.ltbbodawa-nsn.gov. They can be found in the Forms Directory or on the Enrollment page of the website

It is the responsibility of the parent, guardian or custodial parent to complete an address form for any minor children.

If you are the custodial parent of a minor, please provide proof by documentation.

Upon reaching the age of 18, an Adult Address Verification form must be completed. Failure to do so may result in a delay of per capita payment.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current.

Minor verification forms must be signed and notarized.

Adult verification forms must be signed and either witnessed or notarized, depending on your address.

the Enrollment Office at 231-242-1520 or by e-mail enrollment@ltbbodawa-nsn.gov.





If you are in need of a Covid-19 Vaccine or Booster, please call the Tribal Health Clinic at (231) 242 - 1780 to schedule an appointment.

LET'S PROTECT THE TRIBAL COMMUNITY FROM COVID-19



SECTION 184 LOAN GUARANTEE



- Monthly Payment Flexible Underwriting
 - Low Interest Rates

Monthly Mortgage Insurance - Now at a Lower Rate! THE SECTION 184 LOAN CAN BE USED FOR:

- Acquisition of existing housing Rehabilitation of existing housing
- Construction of new housing, including manufactured housing affixed to a permanent foundation

REFINANCING IS BACK!!! Includes rate and term, streamline, cash out

FOR MORE INFORMATION, CALL THE LTBB HOUSING DEPT at 231-242-1540.



WIOA WORKFORCE DEVELOPMENT

HOW WE CAN HELP

WHO ARE WE

Entrepreneurial Related Expense

FOR MORE INFO ABOUT WIOA

KNOW RESPECT Be respectful

> SHOW LOVE Zaagidwin Be caring

LOVE RESPECT COURAGE HONESTY HUMILITY

The 7 Grandfather Teachings

DECEMBER 2022

Be truthful

Get involved • Support survivors Little Traverse Bay Bands of Odawa Indians



DO YOU QUALIFY FOR THE LTBB U.S.D.A. FOOD DISTRIBUTION PROGRAM?

Please call our office to see if we are able to help you! Call Monday - Friday 8 am to 5 pm at 231-242-1620.

*food distribution varies depending on availability

IN ACCORDANCE WITH FEDERAL LAW AND U.S DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN SEX, AGE, RELIGION, POLITICAL BELIEFS, OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING 1400 INDEPENDENCE AVENUE, S.W. WASHINGTON D.C. 20250-9410, OR CALL (202) 702-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.





The Nitaazhitoojik Industrial Training Program (NIT) provides financial assistance to eligible student pursuing the following supported programs that are short-term and offer flexible scheduling!

Available assistance includes tuition & course fee assistance, textbook and course equipment coverage a \$12.75/hr stipend, mileage reimbursement, and

North Centra

Computer Numeric Control (CNC)

Manufacturing Technology

Computer-Aided Design (CAD)

Industrial Welding







Scan for more information or contact NIT at

(231) 242-1485

bhinmon@ltbbodawa-nsn.gov





www.facebook.com/woctep.wocter

DECEMBER 2022 FOOD DISTRIBUTION PROGRAM SCHEDULE

HUMAN SERVICES DEPARTMENT

CLOSED DECEMBER 23RD THROUGH JANUARY 2ND FOR THE CHRISTMAS AND NEW YEAR HOLIDAYS.

Open Distribution: 5th - 19th from 9am - 3pm

Call 231-881-2855 or 231-347-2573 for food pick-up appointments outside of our Open Distribution Week

828 Charlevoix Ave. Petoskey, MI 49770 Behind Fletch's Auto

Deliveries: Local: 1st and 2nd Peshawbestown: 14th

Traverse City: 20th

For more information, contact Food Distribution Program Specialist Joe VanAlstine

at 231-347-2573



white

Anishinaabe Hunter-Gather raditional loods Pyramid

Eating the foods the Creator gave us will honor Him and give us good health

Traditional

Extra Virgin Olive Oil, Butter, Coconut oil, Stevia

Healthy Modern Additions: Citrus, Bananas & all other fresh fruit

Traditional Vegetables

Healthy Modern Additions: Spinach, swiss chard, and other lettuce greens, misc. fresh herbs (dill, mint, basil, oregano, ginger, etc.), onion, peppers, carrots, parsnips, potatoes, yams, beans, cauliflower, broccoli, etc.

nda, sacchann, etc.), soda

op, bleached flour, partially

drogenated vegetable

d most packaged

Eating the foods that

and climate that you

live in is very impor

Traditional Grains, Nuts & Beans Wild rice Indian biscuits (Bannock)
 Dried corn (Hominy) and popcorn Wild cats Acorns, hazelnuts, or pinenuts
 Adzuki beans (Small red beans)

fealthy Modern Additions: Whole grains (barley, wheat, steel-cut oats, flax seeds, buckwheat naranth, etc.); almonds, walnuts and other nuts and nut butter; all bean and lentil varieties Traditional Meats, Fish, Birds, Eggs

. Duck, geese, pheasant, grouse, quail

A NOTE on DAIRY: Dairy, while included in "American" food pyramids, is not a traditional food for Anishinaabe Hunter-gathers

Breast milk for babies and children under two years

Traditional Calcium and Mineral Sources Included:

Bone soup or broth

Fish head soup

Canned fish with the bones nized dairy products have been found to increase risk of Type 2 diabetes, while only raw milk from healthy cows is a healthy and ber to a traditional diet. Cultured diary (yogurt, kefir, buttermilk, etc.) from raw milk is digestible for those who are otherwise lactose intolerant.

Eat According to the Seasons & the Land

Colder Weather

increases the need for heavier foods such as meat (venison, buffalo), it's naturally occuring fat (like lard) and starches found in potatoes, winter squash and wild rice (and other foods which can be stored over the winter months). This might also include dried jerky (pemmican), dried berries, corn (hominy), canned goods, etc.

INTER

Fall or Autumn

is a time to enjoy the harvest

and to prepare for the winter months

Cooler weather brings hunting season,

some which is dried or smoked to save for

winter. Squash, tubers (like potatoes,

yams and carrots), corn, apples and

bles and nuts (acorns, etc.) are

collected and many are stored for

winter use.

Spring Time

is a time of renwal. Fish, eggs, fresh shoots (such as horsetail and cattail sprouts) and tender greens (such as lambs guarters which is also known as wild spinach, dandelion, plantain, perslane, mint, wintergreen, nettles, wood ferns, and creeping snowberry leaves) help us to cleanse our systems from the heavy winter foods.

Summer Time

we tend to be more active and need more high energy foods like berries, nettles and fish. An abundance of fresh greens and vegetables from gardens are available now to be enjoyed, some are canned for winter use. Summer is not a good time to hunt game because of ticks, bacteria and it's too warm to hang the animal. In late summer wild rice is harvested and prepared for winter use.

tropical fruits may be a healthy treat for us, their nutrition is better geared for those who live in the

so for thousands of years

regions they are grown in. If the Cre or pineapple or coconut he would have had them grow here, but they cannot. This does not mean we cannot ever enloy them, they simply should not be the STAPLES of our diet.

FOCUS on LOCAL

tant. These STAPLE foods provide the

Creator has given us everything we

need literally within walking distance

from where you live (wild rice, fish, deer

corn, various greens, and the other tradi-

tional foods mentioned above.) How else

modern transportation? ... and they did

could people have survived without

cific nutrients your body needs. The

2006 Created for the DEFEAT DIABETES PROGRAM, Anishinaabe Center, Detroit Lakes, MN www.anishinaabe.org 218-846-9463



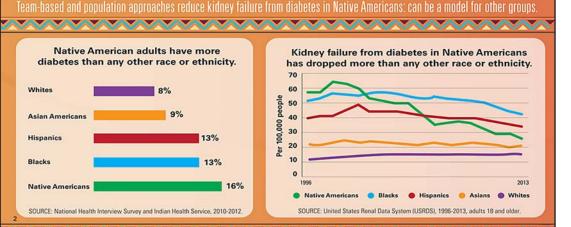
Mzinigangamik Cultural Library Closure

The Mzinigangamik Cultural Library is closed until further notice as we work to update the library space. During this time, services will be limited.

If you are in need of library assistance, please contact (231) 242-1480. We apologize for any inconvenience but look forward to providing a more comfortable, accessible library experience upon reopening.

NATIVE NEWS

DIABETES PREVENTION



By **Jessica A. Rickert, DDS**, Anishinaabe Dental Outreach

Diabetes mellitus is a disease which affects how the body uses blood sugar (glucose). Glucose is an important source of energy for the cells which make up the muscles and tissues. It is also the brain's main source of fuel.

Insulin is a hormone made by the pancreas which allows your body to use sugar (sucrose) and glucose from carbohydrates for immediate energy. Or, insulin allows the body to store glucose for future use. These metabolic activities keep your blood sugar level from getting too high (hyperglycemia) or too low (hypoglycemia). In diabetics, the pancreas does not function. This leads to excess sugar in the blood. Too much sugar in the blood can lead to serious health problems.



Diabetes can start at any age. Type 1 diabetes often starts during childhood or teen years. Type 2 diabetes is more common in people older than 40.

Potentially reversible diabetes conditions include prediabetes and gestational diabetes. Prediabetes happens when blood sugar levels are higher than normal but are not high enough to be called diabetes. Prediabetics can take steps to prevent the disease. Gestational diabetes happens during pregnancy.

Some of the symptoms of diabetes are thirst, urinating often, weight fluctuation, feeling tired, weak or shaky, having mood changes, blurry vision, infections, such as gum, skin, vaginal infections and slow-healing sores.

American Indians and Alaska Natives (AIAN) have higher rates of diabetes than any other U.S. racial group.

The Native Diabetes Wellness Program is a Center for Disease Control program which honors AIAN cultural practices and western science. The Native Diabetes Wellness Program supports tribal efforts to reclaim traditional foods. If AIAN ate only the pre-Columbian diet, they would be far healthier, including less diabetes.

If you have diabetes, a healthy mouth is even more important. High blood sugar weakens white blood cells. These are your body's soldiercells to fight infections.

If the sugar level is high in the blood, it is high in the saliva, too. Bacteria which form plaque, a sticky film, use sugar as food. These bacteria can cause tooth decay and gum disease. Both conditions can lead to tooth loss.

Lots of fresh fruits and vegetables are recommended for diabetics. Tooth loss makes it difficult to chew and digest fresh fruits and vegetables. Without healthy teeth, diabetics tend to eat soft, processed food. These foods, which are high in carbohydrates, cause dangerous plaque, which leads to more dental disease. Dental disease itself can cause insulin levels to fluctuate. This unhealthy cycle can spiral out of control, making diabetes harder to manage.



Here is a quick look at how diabetes can take its toll on your oral health:

- Less saliva causes a dry mouth.
- The gums may become inflamed and bleed often.
 - · Loose teeth.
- Infections and sores in the mouth can take longer to heal.
 - Pain.
- Regular dental visits are important to keep your mouth healthy and happy.

Here are a few more important tips:

- Brush your teeth at least twice a day with fluoride toothpaste.
 - Floss your teeth at least once a day.
 - Tell your dentist if you have diabetes.
- If you smoke, quit. Smoking increases your risk of gum disease and can worsen your diabetes.

When you have diabetes, high blood sugar can take a toll on your entire body, including



your teeth and gums. The good news? Prevention is in your hands. Take charge of your dental health.

https://www.mayoclinic.org/diseases-conditions/diabetes/in-depth/diabetes/art-20

https://www.mayoclinic.org/diseases-conditions/diabetes/symptoms-causes/syc-20371444

https://www.cdc.gov/diabetes/managing/diabetes-oral-health.html

https://www.cdc.gov/vitalsigns/aian-diabetes/index.html

https://www.cdc.gov/diabetes/ndwp/index. html#:~:text=Welcome%20to%20the%20Native%20Wellness,Natives%20who%20are%20 at%20risk

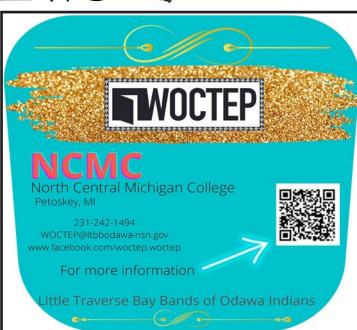
https://cadiresearch.org/topic/asian-indian-heart-disease/cadi-us/diabetes-among-indians-in-us

https://diabetes.org/

https://www.cdc.gov/healthytribes/native-american-diabetes.html

https://diabetes.org/get-involved/community/american-diabetes-month

Courtesy photos and courtesy graphics.





Recent LTBB Graduates

Shirley Naganashe Oldman Secondary Education Honorarium

Available to citizens
who recently received their:
High School Diploma
GED Certificate/Diploma
Certificate of Completion

*Must be submitted w/in 180 days

Questions? 231-242-1480



With Fluent Speaker Maryann Endanawas

When: Tuesday evenings from 6-7:30 PM, beginning September 20th - December 13th, 2022

Where: Via Zoom

Open Zoom app; click "Join a Meeting," enter 990-147-0213
OR click on/type into browser: www.https://Zoom.us/join
and then enter 990-147-0213



For more information, contact:

Theresa Keshick tkeshick@ltbbodawa-nsn.gov Phone: 231-242-1457



HELP PROTECT OUR NATURAL RESOURCES

1-855-NRD-TIPS

Please provide any information related to the tip which may include date, time, subject or vehicle description, nature of the incident, and location (Example: nearest crossroad). It is ok if you wish to remain anonymous. All tips are investigated in a timely manner.

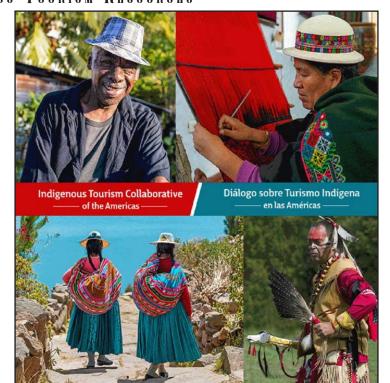
CALL FOR INDIGENOUS TOURISM RESOURCES

The Indigenous Tourism Collaborative of the Americas (ITCA) brings indigenous and tourism industry organizations and leaders together in a network to support sustainable indigenous tourism development across the Americas. ITCA launched in October 2021.

The Native American Rights Fund serves as a member of the ITCA Indigenous Leaders Advisory Committee.

This fall, ITCA seeks recommended resources to help create an Indigenous Tourism Resource Portal: A "comprehensive online inventory of tourism development and management tools for Indigenous peoples and their stakeholders and partners." Resource topics needed include capacity building, cultural industries, purchasing and supply chain management, climate resilience, destination marketing, agritourism and

Ready to Help?



The ITCA website provides a full list of topic areas and example resource types needed to develop a comprehensive portal. To recommend appropriate and useful books, case studies, reports, trainings,

plans or other vital knowledge for consideration, please submit your suggestions by December 16, 2022 online at https://indigenoustourism.

Courtesy graphic.

LTBB Represented at Michigan Indian Elders Association FALL MEETING



The Michigan Indian Elders Association (MIEA) was formed in 1997 to address the varied needs for the elders in the state of Michigan.

The purpose is to aid and assist in the improvement of the economic, social, healthful and spiritual well-being of



those elders through a forum where the elder may speak, learn, grow and exercise control over their environment by having representation, enabling access to services, provide prevention training and act as an advocate for member organizations.

MIEA has representation from 11 of the state's 12 federally recognized tribes.

Per Tribal Resolution 091522-04, LTBB's MIEA representatives are LTBB Tribal Citizens Steven Otto and Debra Smithkey-Browne. They attended the Fall MIEA meeting held October 16-19, 2022 in New Buffalo, MI.

Courtesy photo and courtesy graphic.

Michigan Governor Gretchen Whitmer Establishes Juvenile Residential Facilities Advisory Committee

On October 20, 2022, Michigan Governor Gretchen Whitmer created the Michigan Juvenile Residential Facilities Advisory Committee to review procedures for juvenile residential facilities and make recommendations to improve the system and better serve Michigan's youth. The committee, which will be housed in the Michigan Department of Health and Human Services (MDHHS), will work across state government to implement evidence-based practices in areas of need, explore solutions to increase juvenile access to behavioral health beds and ensure kids in Michigan's juvenile justice system have the resources and opportuni-

The announcement builds on the work of the Michigan Juvenile Justice Reform Task Force, which recommended the creation of a residential fa-

ties to succeed.



cilities advisory committee.

Michigan Juvenile Residential Facilities Advisory Committee

Structure

The Juvenile Residential Facilities Advisory Committee will serve as an advisory body within MDHHS and include the Director of the Department, the Executive Director of the Children's Services Agency or their designees and a representative from the State Court Administrative Office. The committee will also include representatives from the juvenile justice community and residential facilities, prosecutors, defense attorneys, family court administrators, probate or circuit court judges, local governments, tribal governments, mental health advocates, behavioral specialists and individuals with lived experience in the juvenile justice residential system.

Responsibilities The committee will re-

view licensing, staff training, length-of-stay and case management standards and make recommendations to standardize guidelines and improve procedures throughout the state. The committee will promote evidence-based practices to treat and measure progress towards outcomes for youth in residential facilities and may develop recommendations to support a statewide strategic plan to increase juvenile access to behavioral health

Courtesy graphic.



Join us for the 29th Annual **EMPTY BOWLS LUNCHEON!**

> Stafford's Perry Hotel Monday, November 21, 2022

11:15 am to 1:15 pm

Ticket's Available At:

- Petoskey Regional
 - Chamber of Commerce Sturgeon River Pottery
- Harbor Springs
- Manna Food Project
- Little Traverse Tile Works

\$35 Per Person Includes:

- Your choice of soup prepared by Stafford's Perry Hotel.
- Fresh bread from Crooked Tree Breadworks
- and Johan's Bakery · A complimentary hand-crafted bowl donated by one of the following local studios: Cora Smith Waite, Cottage Pottery, Coveyou

Pottery, Somebody's Gallery, Marilyn Stover, Mary Dye, and Sturgeon River Pottery

Thank You Stafford's Perry Hotel!

231.347.8852

www.mannafoodproject.org 8791 McBride Park Court, Harbor Springs

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 Credit is important, but you are not judged on your score



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TO HELPOUR YOUTH ACHIEVE THEIR FUTURES



NEED YOU! YOU the students, families and community! If you are a parent or youth living in Greater Detroit with any Indigenous or Tribal affiliation sign up for our contact list. Get updates and invites to a round of dinner gatherings next spring to form community partnership around the needs of our youth. If you aren't "in the D", you know somebody who is, so <u>share this flyer!</u>

Sault Ste. Marie Tribe of Chippewa Indians). I am a USMC Veteran and PhD student with 15 years experience working in mental health, public health, and research. I believe our Indigenous Youth are a force to be reckoned with, not statistic or a risk to be predicted and managed. Chi Miigwetch! (thank you!)





Word Search

Crossword Puzzles

Drop and Catch

Count and Climb

Concentration Games

Body Game

Anishinaabemdaa.com



Wheel



Lessons & 150+ Videos Jokes, Songs, Riddles Around the House History Grammar Creation, Nature Animals, Birds, Fish

Stories, Legends Food, Cooking, Eating Teachings











2022 LTBB Fall Encampment

Photos by Annette VanDeCar























"Desolate Country": Abusive Priests Clustered at Mission SCHOOLS

By Mary Annette Pem-

Editor's note: The following article appeared on Indian Country Today (ICT) and is reprinted here with permission.

Nearly half the Jesuit priests or brothers found to be credibly accused of sexual abuse in a 10-state region in the western United States spent time working in Indian schools and missions, according to a new database drawn from Catholic data on abuse.

The new database allows users to track how priests moved within the church and supports allegations the church used rural tribal communities as dumping grounds for "problem priests," according to researchers Kathleen Holscher and Jack Downey, who compiled the data.

"It helps us visualize these clusters of abuse," said Holscher, an associate professor of religious studies and American studies at the University of New Mexico. "We created a database that let us track how each priest moved over the course of his career."

The database, "Desolate Country: Mapping Catholic Sex Abuse in Native America," provides public access to records dating back to 1950 of priests and brothers in the Jesuits West Province, which includes Arizona, Alaska, California, Hawai'i, Idaho, Montana, Nevada, Oregon, Utah and Washington.

Holscher teamed up with Downey, associate professor of religion at the University of Rochester in New York, to map and analyze data released by the Jesuits West Province of the Society of Jesus after tens of millions of dollars were paid to more than 500 survivors of abuse. Many survivors are indigenous.

Of the 97 priests accused of sexual misconduct who could be tracked through the system, 47 had allegations originating in Native missions, the researchers found. The 97 were among 112 Jesuit priests and brothers included on the list, but not all could be tracked.

"We realized that nearly half of the men on the list had accusations coming from reservation missions," Holscher said.

The analysis shows abusive priests clustered at St. Catholic Mary's Mission Confederated School on Tribes lands in Omak, WA. Sixteen men were included on the Jesuits' list who worked at St. Mary's, and at least 12 had accusations which corresponded with their time at St. Mary's, Holscher said.

The Jesuits West Province was formed after the Oregon Province of the Society of Jesus joined with the California Province in 2017. The merger came after the Oregon Province filed for bankruptcy in 2009 and settled abuse claims in 2011.



The new database, released in July after two years of work, provides a more comprehensive accounting than other databases, according to Downey and Holscher.

The Jesuit data provided an important link allowing the priests to be tracked by providing locations for each priest from ordination to death unlike similar listings such as the ones on the Bishop Accountability.org website released for the entire U.S.

The researchers found anecdotal evidence priests who never offended in white communities saw opportunities at Native missions.

'Some priests may have taken advantage of stereotypes about Native children as being more sexually available as well as the lack of consequences at mission schools," Holscher

Downey described a racist notion among some priests indigenous children were inherently sinful and promiscuous. Indeed, Downey makes reference to a Catholic movement called Jansenism, which frames certain people as incapable of receiving God's grace.

Kate Sanchez, citizen of Colville Confederated Tribes and former student at St. Mary's, told ICT in an earlier interview she noticed abusive priests targeted Native students who were placed at the mission by child welfare authorities.

"They picked on the ones whose parents weren't involved at the school," Sanchez said. "I think they figured that those of us in foster care were lost anyway. They seemed to know our families wouldn't say anything."

Sanchez, who took part in the class-action lawsuit against the Oregon Province, was placed at St. Mary's through the 1960s and 1970s by child welfare authorities. She was abused by one of the priests on the Jesuit West list and witnessed other priests abusing classmates.

Child abuse experts say perpetrators often target children from single-family or broken homes. Children without either parent present are 10 times more likely to be abused than children who live with their biological parents, according to the Children's Assessment Center of Houston.

The rates of child sexual abuse among Native people are hard to come by, but some researchers estimate it could be as high on one in every two children, according to a report by Tucson Weekly.

And the U.S. Department Justice estimates Native

people are 2.5 times more likely to experience sexual assault crimes than other groups.

Holscher and Downey hope to include other data sets of abusive priests in the database but have been frustrated by the lack of records among other Catholic orders. In most cases, researchers aren't allowed to see the personnel files of priests until 50 years after they have died.

"There is an almost complete lack of records from the last decade, which is when most of the accusations from the 1960s and 1970s came out," Holscher said.

Downey acknowledges the database includes only a small amount of data available about sexually abusive priests, but she notes it presents an important example of how mapping data can provide useful information for survivors, Native communities and the general public.

"This could present a means to get a sense of the scope of what happened at a particular place," Holsher said.

The researchers hope to secure funding and expand the project. Leaders at the Jesuit West Conference did not respond to e-mails from ICT requesting comment.

Mary Annette Pember, a citizen of the Red Cliff Ojibwe tribe, is a national correspondent for ICT.



AND CENTRALLY LOCATED BUS PICK-UPS Monday - Friday 8:30 AM - 4 PM EARLY HEAD START CAN WORK IN COORDINATION WITH THE Intermediate School District to provide Services for children with physical, emotional and/or learning disabilities

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Magna Invests in Three Michigan Locations

With the support of the Michigan Strategic Fund, Magna announced three projects in St. Clair, Highland Park and Shelby Charter Township, MI, which are expected to generate a capital investment of more than \$526 million and create 1,569 jobs for Michigan residents.

Magna is a mobility technology company and one of the largest suppliers in automotive whose roots go back to 1957 when the company began working with General Motors. Today, Magna makes everything from seats to powertrains and is the only auto supplier to build complete vehicles. Magna's products include body, chassis, exterior, seating, powertrain, active driver assistance, electronics, mechatronics, mirrors, lighting and roof systems. The products the company manufactures can be found on most vehicles today. Michigan is Magna's U.S. corporate home and the state with their largest U.S. footprint. Magna operates 32 facilities in Michigan and employs more than 10,000 Mich-

Magna Expanding St. Clair Facility, Investing \$426.6 Million and Creating 920 Jobs

Magna Electric Vehicle Structures was created in 2021 to produce complex structural battery enclosures for electric propulsion vehicles. At that time, the project was expected to generate a total private investment of \$70.1 million and create more than 300 jobs over the next five years in St. Clair, MI. The project was supported by a \$1.5 million Michigan Business Development Program grant which would be awarded over time as jobs are created. The 345,000-square-foot facility was constructed with the ability to support an expansion of up to one million square feet.

The company has recently secured a new contract to supply additional battery enclosures. To house the new business, Magna is expanding its St. Clair facility and will create an additional 920 jobs with an additional investment of \$426.6 million. The new jobs will include mechanical engineers, mechanical engineering technicians, production workers and machinery maintenance workers.

To support the project, the Michigan Strategic Fund approved an amendment to the company's previously approved Michigan Business Development Program (MBDP) grant from \$1.5 million to \$7.5 million and a 15-year, 100% SESA exemption for the company valued at up to \$6,304,520 for its \$287,590,000 eligible invest-

In addition, the city of St. Clair anticipates approval of a property tax abatement in support



of the project as well as supporting the construction of a water tower for the project. MEDC also authorized a State Education Tax abatement to be used in conjunction with the locally approved

Magna Expanding in Highland Park, Adding 490 Jobs

Magna plans to expand in Highland Park where it will assemble seat frames and insource trim and foam assembly. The company will also bring in new assembly equipment for the frame lines and redeploy equipment from its sub supplier. The project is expected to generate a total capital investment of \$3.7 million and create 490 jobs, supported by a \$2.9 million MBDP grant. Michigan was chosen for the project over competing sites.

The city of Highland Park anticipates approval of a property tax abatement in support of the project.

Magna will hire production workers, mechanical engineers, machinery maintenance works and mechanical engineering technicians for the new positions. All operators will go through extensive training and have opportunities for advancement within the organization. The company has developed a training program and mentorship program and provides its employees with full benefits packages. Magna has also put together an executive leadership program, which works directly with local school districts, colleges, universities and other workforce agencies to help build out an employment pipeline strategy.

Magna Bringing Jobs to Shelby Charter Township

Magna has been awarded a new powertrain business from an existing customer to manufacture internal components for battery enclosures for electric vehicles. The company plans to lease an existing facility in Shelby Charter Township where it will invest \$96.1 million and create 159 jobs, supported by a \$1.3 million MBDP grant. Michigan was chosen for the project over competing sites. Shelby Township plans to provide staff assistance in support of the project. The Michigan Strategic Fund also approved a fiveyear, 50% Alternative State Essential Services Assessment exemption valued at \$369,837 in support of the project.

Courtesy graphic.

COURT STRIKES DOWN TWO MONTANA LAWS RESTRICTIVE OF Native American Voting Rights

On September 30, 2022, a Montana court struck down as unconstitutional two state laws which hinder Native American participation in the state's electoral process.

One measure, HB 176, would have ended Election Day registration; the other, HB 530, aimed to prohibit paid third-party ballot assistance. Native American voters living on reservations disproportionately rely upon both Election Day registration and ballot assistance to cast votes in Montana.

In 2020, two Montana courts struck down a substantially similar measure to HB 530, finding the restriction on ballot collection "disproportionately harms...Native Americans in rural tribal communities."

Plaintiffs Western Native Voice, Montana Native Vote, the Blackfeet Nation, the Confederated Salish and Kootenai Tribes of the Flathead Reservation, the Fort Belknap Indian Community and the Northern Cheyenne Tribe brought the lawsuit, Western Native Voice v. Jacobsen, against HB 176 and HB 530. They are represented by the Native American Rights Fund, American Civil Liberties Union, ACLU of Montana and Harvard Law School's Election Law Clinic.

The ruling from the Montana 13th Judicial District Court follows a two-week trial in August 2022 challenging four voting-related laws. (The Montana Democratic Party and Montana Youth Action had challenged two other laws — SB 169, which makes the state's voter ID requirement



much more restrictive, and HB 506, which places further limits on absentee voting. The court in this order also struck down SB 169; it had previously granted summary judgment to plaintiffs on HB 506.) The court ruled these various laws violate

several provisions of the Montana Constitution, including the right to vote, equal protection, free speech and due process. Plaintiffs had previously obtained a prelim-

inary injunction against HB 176 and HB 530, when the court found Plaintiffs had made a prima facie showing those laws were unconstitutional. On September 21, 2022, the Montana Supreme Court upheld the preliminary injunction as to HB 176. (The state did not appeal the preliminary injunction ruling as to HB 530).

Courtesy photo.

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0.27.22	11 17 22	2022
9-27-22	11-17-22	2-9-23
9-29-22	11-29-22	2-14-23
10-4-22	12-1-22	2-16-23
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10-13-22	1-3-23	2-28-23
10-18-22	1-5-23	3-2-23
10-20-22	1-10-23	3-7-23
10-25-22	1-12-23	3-9-23
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11-3-22	1-24-23	3-21 23
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11-10-22	2-2-23	3-28-23
11-15-22	2-7-23	

parent to fill out a consent form in order to attend

If you have any questions, please call 616-819-3318





ITC TO BUILD TRANSMISSION PROJECTS EXPECTED TO PROVIDE OVER \$6 BILLION IN ECONOMIC BENEFITS TO MICHIGAN RATEPAYERS

Michigan Electric Transmission Company, a wholly owned subsidiary of ITC Holdings Corp., announced its intent to construct, own and operate new transmission line projects in Michigan which are expected to provide Michigan ratepayers with over \$6 billion in economic benefits while creating approximately 4,100 jobs across Michigan by 2030.

The new electric transmission projects are part of the Midcontinent Independent System Operator's (MISO) Long Range Transmission Planning (LRTP) Tranche 1 Portfolio of projects and is the first new interstate connection to Michigan's transmission system in nearly 50 years.

With an estimated investment of \$850 million, these projects are strategically engineered to improve grid reliability and resiliency, reduce system congestion, support the state's economic development efforts and enable an electrified economy as Michigan continues its transition towards a lower carbon and renewable energy future.

Approximately 110 miles of new 345 kilovolt (kV) lines will be constructed from



northern Indiana to a new ITC substation located approximately 20 miles southwest of Lansing, MI, and will include new 345kV lines extending west of Lansing, MI, to Gratiot County, MI. Additionally, 75 miles of existing transmission lines from Jackson County, MI, to Wayne County, MI, will be upgraded to help improve reliability, storm resiliency and system efficiency.

The formal notice of intent was filed with the Michigan Public Service Commission (MPSC) and in accordance with the Transmission Infrastructure Plan-

ning Act (TIPA). The bipartisan legislation passed by the Michigan legislature last year ensures utilities with a proven track record in the state can construct these systems. These will be the first new transmission projects since the legislation took effect.

ITC will be evaluating and proposing specific route options and working with state regulators to advance the project through the regulatory processes.

For more information about ITC, visit www.itc-holdings.com.

Courtesy graphic.

OUR NEXT ENERGY TO ESTABLISH NEW GLOBAL HEADQUARTERS IN MICHIGAN

On October 20, 2022, a ribbon-cutting ceremony was held for Our Next Energy's (ONE) new global headquarters in Novi, MI. The headquarters is a \$1.6 billion battery manufacturing campus in Van Buren Township, MI, which will create 2,112 jobs.

Our Next Energy (ONE) is an energy storage company founded with the mission to double the distance electric vehicles can travel using safer, more sustainable materials. Founded in 2020, ONE uses safe, sustainable, low-cost battery chemistries for consumer and commercial electric vehicles, in addition to developing technology for stationary storage, particularly around utility-scale energy storage systems. ONE is dedicated to the long-term vision of achieving vertical integration for American energy storage manufacturing by working to develop a robust and resilient domestic supply chain for critical minerals.

The new headquarters is home to ONE's business operations and engineering teams. Corporate functions, including supply chain, procurement, IT, finance and HR will also be operated out of the campus. The lobby of the building houses a collection of electric vehicle historical artifacts where the origins of electrification in Detroit can be explored by guests.

The new facility enhances ONE's product development and validation capabilities by co-locating cell, battery pack, battery management systems



(BMS), manufacturing and administrative functions in one place, allowing for fully vertically integrated product development.

Announced earlier in October, the ONE Circle factory will be ONE's first cell and EV battery pack gigafactory. ONE is partnering with Ashley Capital to locate this inaugural factory in the Crossroads Distribution Center where it will establish a state-of-the-art 659,589 square foot facility in Van Buren Charter Township, Wayne County, MI. ONE will use a newly developed cell factory model in this project with an emphasis on developing a North American raw material supply chain and a co-located material refinement strategy. The campus plans to scale to 20 GWh capacity within five years and will include raw material refinement, cathode materials production as well as cell and battery manufac-

This gigafactory battery cell manufacturing campus will create 2,112 good-paying jobs and generate \$1.6 billion in capital investment. The gigafactory will further have a generational impact in terms of workforce development,

economic impact and tax rev-

00110

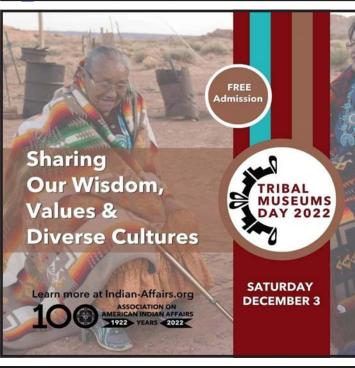
Michigan was chosen for the project over competing sites in the United States and Canada. The project will bring highly skilled engineering, manufacturing, and operations jobs for Michiganders, including those in disadvantaged regions of the state. The company is partnering with Focus: HOPE to develop a training program which will provide skills-based training for its employee base modeled after established certification programs.

The company's investment will create a significantly bigger impact on the state's overall economy than just the direct new jobs created. It is expected 3.3 jobs will be created for every new direct job this project is creating. In addition, the project will result in significant job creation and capital investment. It is anticipated the influx of jobs will result in spin-off investments and redevelopment opportunities. More than \$13 billion in new personal income is expected to be generated by the direct, indirect and induced jobs this project will create over 20 years.

Courtesy graphic.











2022 LTBB
Halloween
Trick-or-Treat
Photos by
Annette
VanDeCar































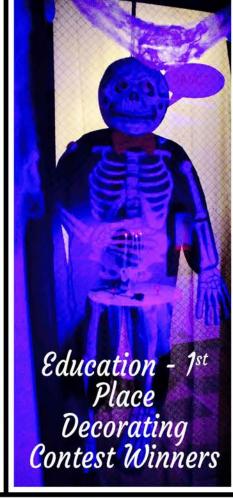




















EETING MINUTES OUNCIL In accordance with law and policy, Elders Comment/Public Comment as recorded in the minutes will contain the name of the Citizen or "Immediate Family" or "Family member" and only the subject matter brought

forth by the individual. No attempt will be made by the Legislative Branch to summarize the comments. Written public comments will be accepted by the Legislative Office. Written comments shall be attached to the official approved minutes housed in the Legislative Branch. Written comments are not published, however shall be open to review within the Legislative Office in accordance with any laws regarding such documents.

Little Traverse Bay Bands of Odawa Indians **Tribal Council Chambers** 7500 Odawa Circle, Harbor Springs, MI 49740 **Tribal Council Meeting Minutes** October 13, 2022 In Person and Via ZOOM

Call to Order: 9:04 a.m. Opening ceremony: Regina Gasco Bentley

Closed Session: Yes

Council Present: Councilor William Ortiz, Councilor Aaron Otto, Councilor Melissa Pamp, Treasurer Leroy Shomin, Secretary Marcella Reyes, Legislative Leader Emily Proctor

Absent: Councilor Fred Kiogima, Councilor Tamara Kiogima

Legislative Office Staff Present: Legislative Office Manager Michele Portman-LaCount, Legislative Administrative Assistant Linda Gokee, Sr Financial Analyst Rachel Cope, Tribal Historic Preservation Officer Melissa Wiatrolik, General Counsel Jim Bransky, Executive Legal Assistant Su Lantz

Corporate Charters Present: Odawa Economic Affairs Holding Corporation Secretary Jeremy Steele and Executive Director Shanna Shananaquet

Executive Officials and Staff Present: Tribal Chairperson Regina Gasco Bentley, Unit II Executive Director Daugherty "Duffy" Johnson, Unit I Executive Director Phil Harmon, Chief Financial Officer Carrie Carlson, Natural Resources Department Office Coordinator Debra Smithkey-Browne, Education's WOCTEP Administrative Assistant Mary Schneider, Regulatory Internal Audit Dan Pierzynowski, Natural Resources Department Great Lakes Fishery Program Manager Kevin Donner, Planning Department Director Amanda Swiss, GIS Director Alan Proctor, Executive Administrative Assistant Lakota Worthington, Gijigowi Language Department Administrative Assistant Theresa

Keshick Judicial Officials and Staff: Public: Brian Anthony, Melissa Shomin, Susan Gasco, Marvin

Mulholland, Patrick Anthony Invited Guest: Odawa Casino Resort Director of Finance Roger

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to adopt the agenda of October 13, 2022 as amended.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Review and Approve Minutes of September 29, 2022

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to approve the minutes of September 29, 2022 as presented.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Closed Session Legal - Councilor William Ortiz

9:10 a.m. Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to enter into closed session for legal.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries. 10:29 a.m. Motion made by Councilor Melissa Pamp and sup-

ported by Councilor William Or-

tiz to return to open session.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

10:29 a.m. Break

10:47 a.m. Meeting resumes

Executive Oversight Report: Discussion: Unit II Execu-

tive Director Daugherty "Duffy"

Attended a meeting with Michigan Department of Health and Human Services (MDHHS) to make sure our relationship with one another keeps moving forward.

Attended another meeting with Bear Creek Township, Resort Township, City of Petoskey, City of Harbor Springs, and the Harbor Sewer Authority regarding the development of housing within the cities and townships.

Discussion: Unit I Executive <u>Director Phil Harmon</u>

Sovereignty Day Celebration was very successful. Chi miigwech to all of the volunteers, Kerstine Omey, Lakota Worthington, and the Education Department.

A per cap notice is on the website. Please keep address up to date. Citizens turning 18-yrs old will need to update their form in the Enrollment Office.

Indoor trick-or-treating will be held at the Government Complex on Monday, October 31, 2022.

A Harvest Feast will be held on Saturday, October 15, 2022 at the Ziibimijwang farm.

Ghost Supper time is drawing near and will be updated on the Tribal website as much as possi-

Discussion: Tribal Chairperson Regina Gasco Bentley

Good feedback from citizens regarding Sovereignty Day.

Attended the Harbor Stars Award Banquet in Harbor Springs. The late Councilor Marty Van De Car-baa was honored.

The Sobriety Feast was well at-

A meeting with the State of Michigan will be held regarding boarding schools.

Will be attending the Civil Rights Commission Meeting on October 24, 2022 in Traverse City Michigan.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of the verbal Executive Oversight Report as presented by Tribal Chairperson Regina Gasco Bentley, Unit I Executive Director Phil Harmon, and Unit II Executive Director Daugherty "Duffy" Johnson for October 13, 2022.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries

Tribal Council Officer Reports:

Legislative Leader Report:

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of Legislative Leader Emily Proctor's verbal and written report for October 13,

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries. Secretary Report:

Documents Delivered to the Executive on 09/16/2022 and is due back to Tribal Council on or before October 17, 2022:

-Waganakising Odawak Statute

Odawa Economic Affairs Holding Corporation

Vetoes (a vote of Tribal Council to override a veto shall occur within 90-days of the veto): None

Phone Polls passed by Tribal Council: None

Motion made by Councilor William Ortiz and supported by Councilor Aaron Otto to acknowledge receipt of Secretary Marcella Reyes' verbal and written report as provided on the agenda for October 13, 2022.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima) Motion carries.

<u>Treasurer Report</u>:

Appropriations and Finance Committee

-Last Meeting: September 6,

(Motions made at Appropriations and Finance Committee Meeting were presented to Tribal Council at their September 15, 2022 meeting.)

Phone Polls passed by Appro-

Tribal Council **Meeting Dates**

November 29 Work Session December 1 Council Meeting December 13 Work Session December 15 Council Meeting

January 10 Work Session January 12 Council Meeting January 24 Work Session January 26 Council Meeting

All Tribal Council meetings and work sessions are held in the Tribal Council Chambers located at

7500 Odawa Circle, Harbor Springs, MI.

Legislative **Tribal Council Members**

Emily Proctor, Legislative Leader Marcella Reyes, Secretary Leroy Shomin, Treasurer Tamara Kiogima, Councilor Aaron Otto, Councilor Melissa Pamp, Councilor Fred Kiogima, Councilor William Oritz, Councilor

priations and Finance Committee:

-Next Meeting: Tuesday, October 18, 2022 at 9:00 a.m. in Council Chambers and via Zoom

Motion made by Councilor Melissa Pamp and supported by Councilor Aaron Otto to acknowledge receipt of the Appropriations and Finance Committee verbal report as provided on the agenda by Treasurer Leroy Shomin, Committee Chair for October 13, 2022.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima) Motion carries.

Land and Reservation Committee Report -Last Meeting: October 6, 2022

(Motions made at Land and Reservation Committee Meeting) Motion made by Council-

or Fred Kiogima and supported by Secretary Marcella Reyes to approve Confidential Memo 100622-01 to recommend to Tribal Council to pursue Land Parcel

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor

Fred Kiogima and supported by Secretary Marcella Reyes to recommend to Tribal Council to approve CERTIFIED MOTION #101322-01 Approval of Site Plan for Pole Barn located at the Giigoohns Miikaan Avenue property in Levering, MI.

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to recommend to Tribal Council to approve CERTIFIED MOTION #101322-02 Approval of Site Plan for Townhouse Units at Second Street Property, Harbor Springs,

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to ap-

Confidential Memo #100622-02 to recommend to Tribal Council to not pursue Land Parcel

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to ap-

Confidential Memo #100622-03 to recommend to Tribal Council to pursue Land Parcel #170.

Vote: 2 yes, 1 no (Councilor Aaron Otto), 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to ap-

Confidential Memo #100622-04 recommend to Tribal Council to pursue Land Parcel #172.

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to recommend to Tribal Council to not pursue Land Parcel #160 (SOLD).

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to recommend to Tribal Council not pursue Land Parcel #169 (SOLD).

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to recommend to Tribal Council to not pursue Land Parcel #150.

Vote: 3 yes, 0 no, 0 abstain, 0 absent Motion carries.

Phone Polls passed by Land and Reservation Committee: None

-Next Meeting: Friday, Novemer 4, 2022 at 9:00 a.m. in Council Chambers and via Zoom Motion made by Councilor

Melissa Pamp and supported by Treasurer Leroy Shomin to acknowledge receipt of the Land and Reservation Committee verbal and written report as provided on the agenda by Councilor Aaron Otto, Committee Chairperson for October 13, 2022. Vote: 6 Yes, 0 No, 0 Abstain, 2

Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima) Motion carries. Tribal Council Member Re-

Councilor Fred Kiogima - Ab-

Councilor Tamara Kiogima -

morning Confidential Closed Ses-

Absent Councilor William Ortiz - See

sion for legal

Councilor Aaron Otto - No

Councilor Melissa Pamp - Will provide a detailed, written travel report at the next Tribal Council Meeting. Will be attending the United Tribes of Michigan (UTM) conference on October 26 & 27,

Legislative Leader Emily Proctor - Will be attending the United Tribes of Michigan confer-Secretary Marcella Reyes - No

additional report Treasurer Leroy Shomin - Na-

tive American Finance Officers Association (NAFOA) Travel Re-Motion made by Councilor

Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of Councilor William Ortiz, Councilor Melissa Pamp, Legislative Leader Emily Proctor, and Treasurer Leroy Shomin's verbal and written reports for October 13, 2022.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Legislative Office Reports:

Office of Finance and Revenue Senior Financial Analyst Office Update

Corporate Charters and/or Board Updates: Gaming Authority - Odawa

Casino Resort written August 2022 Monthly Report

Odawa Economic Affairs Holding Corporation – Snow plowing Odawa Economic Development Management, Inc. - No re-

Tribal Burial Board, Inc. - No report

Ziibimijwang, Inc. – No report Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of Sr Financial Analyst Rachel Cope's verbal and written report for October 13,

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor Melissa Pamp to acknowledge receipt of the written Gaming Authority/Odawa Casino Resort August 2022 Monthly Re-

port dated September 30, 2022. Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of BDO's 2021 Audit report for Little Traverse Bay Bands of Odawa Indians.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Tribal Historic Preservation <u>Officer</u> Motion made by Councilor

Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of Tribal Historic Preservation Officer Melissa Wiatrolik's verbal report for Octo-

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries. **Public Comment:**

11:50 a.m. Opens Melissa Shomin commented

"Minutes" continued on page 24.

ODAWA TRAILS

"Minutes" continued from page 23.

Tribal Council needs to review their Compensation Statute and adjust their compensation.

11:53 a.m. Closes

Discussion: Odawa Economic Affairs Holding Corporation **Snow Plowing**

Executive Director update regarding the need for a plow at the commercially owned building.

Looking for a Tribal Council motion today for permission to move forward with creation of a snowplowing business.

More documents requested from charter.

12:29 p.m. Lunch break

1:36 p.m. Meeting resumes Legislative Office Manager

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to acknowledge receipt of Legislative Office Manager Michele Portman-LaCount's verbal and written report for October 13, 2022.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

Discussion: Land Parcel #167 More documents sent to Tribal Council for review.

Move into closed session for discussion

2:15 p.m. Motion made by Councilor Aaron Otto and supported by Councilor William Ortiz to enter into closed session for Confidential Business Matters.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

3:09 p.m. Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to return to open session.

Vote: 6 Yes, 0 No, 0 Abstain, 2 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima)

Motion carries.

3:11 p.m. Legislative Leader Emily Proctor exits meeting

Public Comment: 3:11 p.m. Opens

No public comments

3:13 p.m. Closed General Counsel

Motion made by Councilor Melissa Pamp and supported by Treasurer Leroy Shomin to acknowledge receipt of General Counsel Jim Bransky's verbal re-

port for October 13, 2022. Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Aaron Otto to adopt Tribal Resolution to Restrict and Appropriate \$1,627,168.83 of the Reserved Account Set Aside by Tribal Resolution # 071218-01for Land Acquisition for Hunting and Exercising Treaty Rights, Housing, Services and Economic Development.

Roll Call: Councilor Fred Kiogima-absent, Councilor Tamara Kiogima-absent, Councilor William Ortiz-yes, Councilor Aaron Otto-yes, Councilor Melissa Pamp-yes, Treasurer Leroy Shomin-yes, Secretary Marcella Reyes-yes, Legislative Leader Emily Proctor-absent

Motion carries.

3:43 p.m. Break

4:01 p.m. Meeting resumes Tribal Council Action Items:

Motion made by Councilor

William Ortiz and supported by Councilor Melissa Pamp to not pursue Land Parcel #150 as recommended by the Land and Reservation Committee.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor) Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor William Ortiz to not pursue Land Parcel #160 as recommended by the Land and Reservation Committee.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor William Ortiz to table pursuit of Land Parcel #167.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Aaron Otto to not pursue Land Parcel #168 as recommended by the Land and Reservation Committee.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to not pursue Land Parcel #169 as recommended by the Land and Reservation Committee.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to pursue Land Parcel #170 as recommended by the Land and Reservation Committee.

Vote: 4 Yes, 1 No (Councilor Aaron Otto), 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor Melissa Pamp to approve Confidential Memo 101322-04 land parcel #170.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Melissa Pamp and supported by Councilor William Ortiz to pursue Land Parcel #172 as recommended by the Land and Reservation Committee.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Treasurer Leroy Shomin and supported by Councilor Aaron Otto to approve Confidential Memo # 101322-05 land parcel #172

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to approve CERTIFIED MOTION # 101322-01 Approval of Site Plan for Pole Barn located at the Giigoohns Miikaan Avenue property in Levering, MI.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor Melissa Pamp to approve CERTIFIED MOTION #

101322-02 Approval of Site Plan for Townhouse Units at the Second Street property in Harbor Springs, MI.

Vote: 4 Yes, 1 No (Councilor William Ortiz), 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to reappoint Steven Sochay to the Child Welfare Commission for a 3-year term ending October 13, 2025.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Discussion: Odawa Economic Affairs Holding Corporation regarding snowplowing for commercial property.

Motion made by Councilor Melissa Pamp and supported by Councilor Aaron Otto to amend the agenda to include Tribal Council travel to the United Tribes of Michigan Conference on October 26 and 27, 2022 in Bay Mills, MI.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to approve Tribal Council travel to the United Tribes of Michigan Conference on October 26 and 27, 2022 at Bay Mills Resort and Casino, Bay Mills MI.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

4:56 p.m. Break

5:15 p.m. Meeting resumes Other Items of Business:

Closed Session Personnel

5:19 p.m. Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to enter into closed session for personnel.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

5:33 p.m. Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to return to open session

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to table the Legislative Branch to use the 2019 Wage Grid as established by the Executive and Judicial Branches.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to table Confidential Memo 101322-01 Personnel.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor) Motion carries.

Motion made by Councilor

Melissa Pamp and supported by Councilor William Ortiz to table Confidential Memo 101322-02 Personnel. Vote: 5 Yes, 0 No, 0 Abstain, 3

Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Motion made by Councilor Melissa Pamp and supported by Treasurer Leroy Shomin to table Confidential Memo 101322-03 Personnel.

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries. Adjournment:

5:40 p.m. Motion made by Councilor William Ortiz and

supported by Councilor Melissa Pamp to adjourn.

DECEMBER 2022

Vote: 5 Yes, 0 No, 0 Abstain, 3 Absent (Councilor Fred Kiogima, Councilor Tamara Kiogima, Legislative Leader Emily Proctor)

Motion carries.

Next Scheduled Meeting:

Thursday, October 27, 2022 at 9:00 a.m. in Council Chambers and via Zoom

These Minutes have been read and are approved as corrected. Marcella R. Reyes, Tribal Coun-

cil Secretary Date

Little Traverse Bay Bands of Odawa Indians NOTICE: Sex Offender

All persons who have been convicted as a sex offender are required by the LTBB Sex Offender Registration and Notification Statute to register

Registration Requirements

If your residence is on Tribally owned land; If you will be visiting and staying on Tribally

with LTBB Law Enforcement if any of the

following circumstances are true:

owned land for more than seven (7) days; If you are enrolled in any classes or schools located in Tribal buildings; or

If you are employed on Tribally owned lands. LTBB Law Enforcement is located at:

911 Spring Street, Petoskey, MI 49770 231-242-1500

For more information regarding Sex Offender Registry, you can visit the LTBB Website www.ltbbodawa-nsn.gov and choose the Law Enforcement link on the right side of the page.



LTBB OFFICE OF CITIZENS **LEGAL ASSISTANCE**



The Office of Citizens Legal Assistance has been established to provide free legal advice to enrolled tribal citizens in non-criminal matters such as:

Family Law

Divorce

Child Custody

Child Support Guardianships

Parentage/Paternity Indian Child Welfare Act / Michigan Indian Family

Setting Aside a Conviction

Driver License Restoration

 Estate Planning Wills Health Care Directives

Powers of Attorney

Probate

Landlord/Tenant

Evictions Tenant Rights

Consumer

Debt Collection

The office is available to provide legal guidance and drafting of certain legal documents but does not provide in court representation at this time. The office may give procedural advice only on matters that are of a criminal nature or involve the Tribe or other Tribal Citizens as a potential party in a

> For assistance and to make appointments, Please call Monday - Friday, 9 am - 5 pm 231-242-1433

Michigan Indian Legal Services

> WE ARE OPEN & READY TO HELP YOU!



Nicole Mann: Continuing the Legacy of Carrying Hopes, Dreams

By Jourdan Bennett-Begaye

Editor's note: The following article and accompanying photograph appeared on *Indian Country Today (ICT)*, and they are reprinted here with permission.

NASA Astronaut Nicole Mann's feet hooked under a blue post on the International Space Station to prevent her from floating out of the camera frame. She occasionally allowed the microphone to float in front of her while answering media questions and would grab the microphone before it floated too far from her.

The first Native woman to travel to space left a message for children in her community: "Please know that I carry your hopes and your dreams with me to the International Space Station. And I hope for you that you will be able to achieve your dreams and I pass along the energy for you to persevere in your childhood to do everything that you aspire to do in life."

The Associated Press' Aerospace writer Marcia Dunn tossed questions to Mann gathered from indigenous news outlets from across the country and AP members for a 20-minute interview. The first in-flight interview with the International Space Station Expedition 68 since NASA's SpaceX Crew-5 docked the space station on October 6.

Mann, Wailacki of the Round Valley Indian Tribes, has been living aboard the space station since and will for the next five months conducting 200 scientific experiments.

"There's a lot of incredible science that we're doing," she said.

The view of Earth in the last couple of weeks has blown her away.

"It is an absolutely incredible experience. I thought about it a lot before launch and wondered what it was going to feel like and it's difficult to explain because the emotions are absolutely overwhelming. It is an incredible scene of color, of clouds and land," she said. "And it's difficult not to stay in the cupola all day and just see our planet Earth and how beautiful she is and how delicate and fragile she is against the blackest of black that I've ever seen space in the background."

Her legacy is part of the larger legacy of Native women — and Native people — contributing to the aerospace industry which dates back 80 years when Cherokee citizen Mary G. Ross' was hired by Lockheed. Mann is the second Native astronaut in space. Navy veteran John Herrington, Chickasaw, was the first Native person 20 years ago.

The 45-year-old said she is grateful for those breaking down those barriers before her.

"There's a long line of people that broke down barriers throughout the years to create these opportunities, and I feel grateful to be able to participate and represent onboard the International Space Station and I really hope to continue that inspiration to other young children around the world," Mann said. "It makes me proud to be able to follow in the footsteps of those trailblazers of those other Native Americans and Native American women that have been involved in aerospace industry and in engineering."

As Herrington did, Mann showed us her



personal keepsake she took with her: A dream catcher her mother gave her as a kid.

She usually keeps it in the crew quarter but tucked it into her pants pocket for the interview. She brought it out to show the camera how the feathers float in different directions.

"It's a very small one because space is limited on the International Space Station. It's pretty amazing in microgravity because it just floats and the feathers kind of go every which way," Mann said. "And so, I have that in my crew quarters every night to remind me of my family and my community."

In fact, the biggest inspiration for her career was the importance of family and community. They are the ones she draws strength from when times are difficult or frustrating, and, in this case, a successful mission.

"I've received lots of blessings and prayers from my family and lots of strength," she said.

Mann said she also relies on her mother's advice of positive energy.

"I think I focused on that positive energy quite often, especially on launch day, there was so much going on. It was such a very exciting day. There was actually a lot of really great energy," she said. "But when it came time for us to launch and to execute our operations on board Dragon, we really needed to maintain a focus on executing that mission. The same holds true here on the International Space Station."

The same focus will come into play for space walks, which Mann says, will be a "high stressful time" for the two weeks leading up to it.

"It'll be important that the entire crew focuses during that time and stays focused on the mission," she said. "And at the same time, make sure that we take care of our own well-being, so that we can sustain and have that endurance to last throughout these high stressful situations."

Mann hopes to find time to do the "fun things" in between work and living on the space station like looking at the constellations.

"There's a lot of lights on board, so you need to find the time after working hours when it's dark. Unfortunately, I haven't had a chance to do that yet since I've only been up here two weeks, but it's definitely on my bucket list."

Jourdan Bennett-Begaye, Diné, is editor of ICT and based in its Washington bureau. She is the first woman to be the chief news executive and top editor of the 40-year-old newspaper and website. Bennett-Begaye's Grey's Anatomy obsession started while attending the S.I. Newhouse School of Public Communications. Follow her on Twitter at @jourdanbb or e-mail her at jourdan@ictnews.org.

Courtesy photo.

HEMLOCK SEMICONDUCTOR BREAKS GROUND ON \$375 MILLION EXPANSION PROJECT IN SAGINAW COUNTY, MI

Hemlock Semiconductor (HSC), the nation's leading manufacturer of hyper-pure polysilicon used in the semiconductor and solar industries, broke ground on a major expansion project in Saginaw County, MI, on October 21, 2022.

Company officials say this expansion project will modernize the manufacturing process HSC uses to refine its semiconductor-grade polysilicon and represents a planned \$375 million investment by HSC in Thomas Township, MI. The project is expected to create 170 new permanent jobs and more than 200 construction jobs.

The next-generation technologies HSC will deploy through the project will increase the purity of the company's semiconductor-grade polysilicon and improve supply to meet rising global demand, according to a company news release.

The expected timeline for the project, which includes three new buildings, is 2022 to 2025.



A ground-breaking ceremony for the new polysilicon finishing plant took place on October 21, 2022.

This investment would not be possible without major improvements in critical public infrastructure in Thomas Township, MI, where HSC's manufacturing facility is located, and neighboring Saginaw Township, MI, according to company officials. The Michigan Legislature recently approved \$37 million in state funds to assist the two townships in building out the local wastewater capacity needed to enable HSC's expansion.

Courtesy graphic.









The LTBB Natural Resource Department is pleased to announce that after years of work on the issue, the U.S. Fish and Wildlife Service has recently changed its policy to allow federally recognized tribes to keep eagle remains found in Indian country. Tribal citizens who encounter eagle remains or feathers within the LTBB reservation boundaries may be able to retain them for culturally significant use. Any deceased eagle encountered must be reported

For more information, contact the Little Traverse Bay Bands of Odawa Indians Natural Resource Department at: 7500 Odawa Circle, Harbor Springs, MI 49740 231-242-1670 E-mail: dbrowne@ltbbodawa-nsn.gov

to LTBB Conservation Enforcement immediately for

investigation prior to moving or taking the eagle.

Interested in working for LTBB?

Jobs are updated daily at www.ltbbodawa-nsn.gov Job Hotline toll free 1-866-582-2562

Submit your applications, resumes, and cover letters:

- In person at our LTBB Human Resources office
 - E-mail: hr@ltbbodawa-nsn.gov
- Mail to LTBB Human Resources, 7500 Odawa Circle, Harbor Springs, MI 49740

Questions? Please contact the Human Resources Department at 231-242-1563.

"Welding" continued from page 1.

you would be interested in pursuing a career in Industrial Welding, please contact Benedict Hinmon, Project Director for Nitaazhitoojik Industrial Training (NIT), at 231-242-1485 or e-mail him at bhinmon@ltbbodawa-nsn.gov

You can also go to the LTBB Government website, click on the Education Department and go to Nitaazhitoojik Industrial Training, click on the Forms Directory and click Education, then click on NIT Intake Forms. Once you've completed the forms, download them to your computer, and you can e-mail them to our office at the e-mail address above. It's that simple, once we receive your applications, you get an e-mail acknowledging receipt, and you're on your way.

Courtesy photo.

2022 Tribal Nations Summit

The White House is pleased to announce the 2022 White House Tribal Nations Summit on November 30 and December 1, 2022 at the Department of the Interior in Washington, D.C.

Building on the 2021 summit and the progress made to strengthen our nation-to-nation relationships and invest record levels of resources in tribal communities, we look forward to hosting a robust and meaningful engagement with tribal leaders on important issues facing tribal communities. The summit will feature new administration announcements and efforts to implement key policy initiatives supporting tribal communities. The Biden-Harris Administration is deeply committed to honoring its trust and



treaty responsibilities to federally recognized tribes and this summit provides an opportunity for tribal leaders to engage directly with officials in the highest levels of the administration.

Courtesy graphic.

Investiture Ceremony Held for United States Attorney Mark Totten

On October 19, 2022, a formal investiture ceremony was held for United States Attorney Mark A. Totten at the Grand Rapids Center for Community Transformation. Chief United States District Judge Hala Y. Jarbou administered the ceremonial oath of office.

"My focus is on upholding the rule of law, keeping the district safe and protecting Civil Rights," Totten said during the ceremony, which was attended by judges, family and members of the law enforcement, legal and local communities.

Totten underscored his commitment to addressing violent crime, disrupting the trafficking of narcotics and protecting democratic institutions.

"I am honored to serve as the United States Attorney for the Western District of Michigan and lead a team of outstanding attorneys and support staff dedicated to protecting our state," he said recognizing the hard work and dedication of his office.

Totten praised the partnerships his office has with local, state, federal and tribal agencies. He also noted the importance of working together with the community to continue building trust and strengthening law enforcement and community relations.

As U.S. Attorney, Mr. Totten is the chief federal law enforcement officer in the Western District of Michigan. He supervises a staff of approximately 42 attorneys and 44 support staff. The District covers 49 counties, including the western half of Michigan's lower peninsula and the whole of the upper peninsula. The main office is in Grand Rapids, MI, but the district also



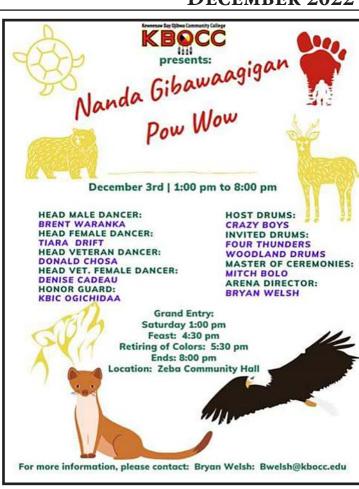
has staffed offices in Lansing and Marquette, MI, and an unstaffed office in Kalamazoo, MI.

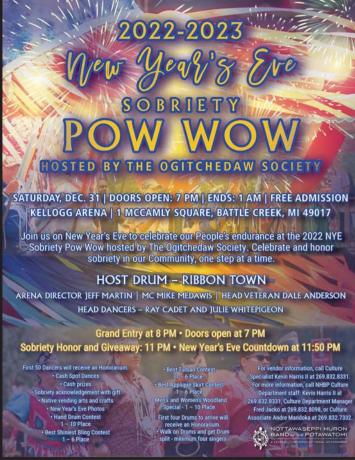
Totten was born and raised in Kalamazoo, MI, where he lives today. Most recently, he served as Chief Legal Counsel in the Executive Office of the Governor for the State of Michigan. Prior to entering government service, Totten was a law professor at Michigan State University from 2008-2018 where he taught criminal law and criminal procedure. From 2011-2013, he served part-time as a Special Assistant U.S. Attorney handling criminal appeals in the office he now leads. He was a judicial law clerk on the U.S. Court of Appeals for the D.C. Circuit and began his career as an attorney in the U.S. Department of Justice, Civil Appellate Staff, in Washington, D.C. Totten received his B.A. from Cedarville College and his law degree and a Ph.D. in ethics from Yale University.

Totten was nominated by President Joe Biden on November 12, 2021 and the U.S. Senate confirmed him on April 27, 2022. Chief U.S. District Judge Robert J. Jonker previously administered the official oath of office May 5, 2022 at the federal courthouse in Grand Rapids, MI.

Courtesy photo.









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Saturday (Nwebi-Giizhigat)	Gaming Authority Work Session 9 am - 10 am Meeting 10 am - 11 am	Election Board Meeting 9 am. Tribal Burial Board Work Session 9 am.	Gaming Authority Work Session 9 am - 10 am Meeting 10 am - 11 am	24	Please Note: Meeting times and dates are subject to change. Any changes will be posted on the LTBB Website.
Friday (Naamo-Giizhigat)	7	Land and Reservation Committee Meeting 9 am Election Board Work Session 5 pm	16	23 Christmas Eve Holiday Observed All Governmental Offices Closed	30 New Year's Eve Holiday Observed All Governmental Offices Closed
Thursday (Niiwo-Giizhigat)	Elders Luncheon at Noon Tribal Council Meeting 9 am Child Welfare Commission Meeting 3:30 pm - 5:30 pm	Elders Luncheon at Noon 8	Elders Luncheon at Noon 15 Tribal Council Meeting 9 am	Elders Luncheon at Noon 22	All Governmental Offices Closed for Cleaning and Annual Maintenance
Wedmesday (Neo-Giizhigat)		Elders Luncheon at Noon Ziibimijwang, Inc. Meeting 2 pm Gaming Regulatory Commission Meeting 5:30 pm	Elders Luncheon at Noon Executive Branch Town Hall Meeting 10 am on Zoom Natural Resources Commission Meeting 6 pm	Elders Luncheon at Noon 21 Gaming Regulatory Commission Meeting 5:30 pm	Tribal Burial Board Meeting 28 All Governmental Offices Closed for Cleaning and Annual Maintenance
Tuesday (Niizho-Giizhigat)		Appropriations & Finance Committee Meeting 9 am	Elders Luncheon at Noon 13 Tribal Council Work Session 9 am	Elders Luncheon at Noon 20	All Governmental Offices Closed for Cleaning and Annual Maintenance
Monday (Ntam-Nokli Giizhigat)		OEDMI Meeting 12:15 pm OEAHC Meeting 5 pm	12	Housing Commission Meeting 12 pm OEDMI Meeting 1 pm OEAHC Meeting 5 pm	Christmas Day Holiday Observed All Governmental Offices Closed
Sumday (Name-Güzhigat)		4		18	25

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"ISTEAM" continued from page 1.

and lodge rebuild at Osborne Road.

- Camps and programming will be designed for and by the community.
- For 2023, we are planning Sugar Bush programming in the spring and a 1-2-week camp in the summer
- Programming and curricula are co-designed with LTBB citizens and community members. Development, design and implementation of programming is a shared responsibility between LTBB, and our tribal and university partners listed above. Everyone involved is offered the opportunity to give consent before any data is collected on them or their family.
- The research gathered from this project will serve two main purposes:
- Develop a Waganakising Odawak educational framework which can be incorporated into LTBB tribal programming.
- Invite professional development opportunities for other tribal nations to create similar indigenous education frameworks based on community wants and needs.

Chi miigwech for considering helping to develop Waganakising Odawak educational frameworks. Please reach out to Amanda Weinert with any questions at aweinert@ltbbodawa-nsn.gov or 231-242-1483.

Courtesy photos.







We want your birthdays, anniversary wishes, congratulations, wedding announcements, birth announcements or a miigwetch!!

Surprise the ones you love with a thinking of you!

Submissions can be e-mailed to newsletter@ltbbodawa-nsn.gov





Work from Home? Native Americans are Left Behind

By Mark Trahant

Editor's note: The following article and accompanying photograph and graphics appeared on *Indian Country Today (ICT)*, and they are reprinted here with permission.



Let's start with an important question: What would the economy look like for tribal nations if every citizen could work at home? The idea of remote work – something which boomed during the pandemic – could be a vehicle to end the "out migration" from rural tribal communities and create new opportunities.

Now, hold that thought while considering a report about the data.

Robert Maxim, Mashpee Wampanoag, is one of the authors of a paper, "Native Americans are getting left behind in the remote work economy," published jointly last month by the Brookings Institution and the Federal Reserve Bank of Minneapolis. The paper found so far, Native Americans are being consistently left behind other workers in the work-from-home trend. And, "even as media outlets and researchers have begun to emphasize the benefits of remote work, fewer analyses have focused on its racial disparities."

"At the height of the COVID-19 economic crisis, Native Americans worked remotely due to the pandemic at a rate eight percentage points lower than white workers," the report found. "As workers returned to the office in 2021 and 2022, that gap closed but never disappeared, and by early summer 2022, Native Americans were still working remotely due to the pandemic at a rate two percentage points lower than white workers."

The researchers cited a variety of factors, ranging from the lack of high-speed Internet to a decent desk and other furniture. On top of that, multigenerational families often share a home (and by extension, a workplace).

The report said: "Native Americans live in overcrowded housing at a rate higher than any other racial group and likely have fewer rooms available to convert into workspaces."

Matthew Gregg, a co-author of the report, told the *ICT* Newscast the result "is a pretty large racial gap in teleworking among all the racial groups that are measured by the Bureau of Labor Statistics, American Indians, Alaska Natives on average have the lowest, remote work access rate. It was lower relative to other races at the start of the pandemic."

One key point: The different categories of jobs do not explain the gap.

The report said past research has found a "distinct occupational distribution" which has impacted Native American workers. "Native Americans tend to be overrepresented in certain frontline occupations (which often cannot be done remotely) and underrepresented in occupations which require a college degree (which are more likely to be able to be done remotely)," the report said. But then, the researchers looked at a later timeframe - May 2021 to April 2022 - and discovered occupational differences did not explain the gap. "If differences in the jobs that Native American and white workers hold are unable to fully account for the difference in remote work rates, what other factors may help explain the gap?"

The reasons could be the number of multigenerational families working in the same home or affordable Internet access. "Now we're reaching the stage where we're getting this hybrid work environment, and we are seeing long lasting barriers to equality in the labor force, especially between whites and American Indians,"

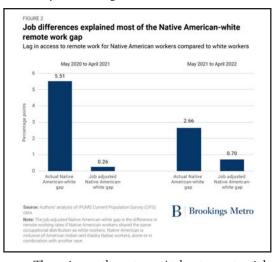
Gregg said.

"Beyond space considerations, inadequate construction may mean Native American work-

ers face challenges around soundproofing or lighting that make remote work difficult," the report said.

There is one additional factor: Job discrimination. "Multiple scholars have found that even when controlling for educational disparities, Native Americans still tend to end up in jobs that require less education and have worse labor market outcomes — with the effects of the latter being particularly strong in states where Native Americans make up a larger share of the population. This may be a function of discrimination that Native Americans face in the labor market, which would in turn affect their ability to work remotely."

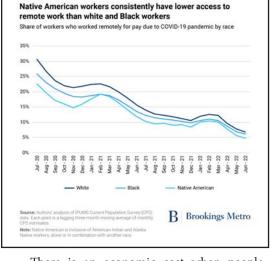
New data shows Native Americans are still last. "So, it's this kind of constant story and we're just trying to shed light on not only the remote work access, but what it kind of symbolizes and it symbolizes as a whole, it's kind of a proxy for work engagement and work life balance and all these other variables. And it does suggest that like, like, the title suggests in the paper, American Indians are lagging behind and this kind of new way of working."



There is another story. At least a potential story. And that's the possibility for remote work to reshape tribal economies.

"For Native nations, remote work has the potential to bring new economic opportunity," the report says. "This matters because Native nations differ from many other communities in that out-migration not only has economic impacts, but is also a threat to cultural well-being ... Remote work has the potential to address these challenges by creating new opportunities for Native American workers to connect with jobs without leaving their community as well as for Native-owned firms to connect with workers while still being based in their tribe's homelands."

"There's benefits to individuals around remote work, and then there's benefits for Native nations as well and tribal economies in particular," Maxim said. "Remote work has the potential to reduce out migration from Native Nations, in particular by creating both new opportunities for Native American, American Indian, Alaska Native workers to connect with jobs without leaving their home communities, but also by creating opportunities for Native firms, for example, to connect with workers elsewhere while still being based on their homelands. And that's a huge source of potential spillover jobs as well."

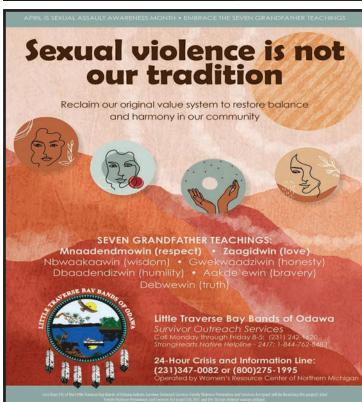


There is an economic cost when people leave Native nations. And remote work at least offers the potential for people to build a livelihood while staying connected to their culture at

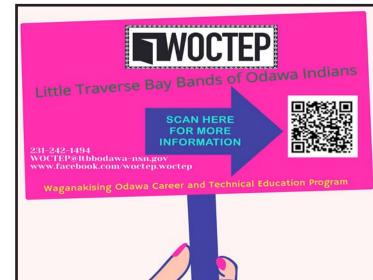
home.

"Work from Home" continued on page 30.









"Work from Home" continued from page 29.

One of the challenges to make that idea happen is to increase the investment in Native

"I don't think that there's a single policy fix that will eliminate the remote work gap, but rather in order to rectify some of these discrepancies, we think that the Native American workers and tribal economies really as a whole will need sustained investment over time," Maxim said.

"Congress' surge of pandemic-era spending is partially addressing other barriers to remote work in rural tribal communities such as high-speed broadband access and housing infrastructure. But these barriers are the results of centuries of shortcomings in federal funding and will require additional, sustained investment over years or decades," the report said. "Policymakers

could consider a new tribal-focused infrastructure bill with the goal of expanding investments in housing and digital infrastructure."

The report concluded there is a larger issue than remote work because "it's also a proxy for how well certain groups can access good-paying work. That Native Americans consistently have the lowest access to remote work indicates the continued challenges they face in the U.S. labor market."

Mark Trahant, Shoshone-Bannock, is editor-at-large for Indian Country Today. Trahant is based in Phoenix, AZ.

The Indigenous Economics Project is funded with a major grant from the Bay and Paul Foundations.

Courtesy photo and courtesy graphics.

USDA SCIENTISTS COLLABORATE WITH PARTNERS TO ADDRESS SOIL MOISTURE CHALLENGES ON FARMS

The topic of soil moisture is not a new thing to Michael Cosh. He grew up on a dairy farm in northern New Jersey and understood at an early age that knowing the amount of surface soil moisture was useful when trying to prevent his truck from being stuck in the mud. But he soon learned fickle soil moisture could tip the proverbial scales for farms which grapple with higher crop insurance and drought conditions.

Now, Dr. Cosh is a research hydrologist for the USDA's Agricultural Research Service (US-DA-ARS), and he is leading the agency to inform farmers and engineers about the side effects of soil moisture, so farms have a chance to thrive under agricultural challenges.

"There can be severe financial consequences for farmers if there is too much or too little soil moisture," Cosh said. "This means farmers cannot easily manage their crops due to 'prevented planting.' Prevented planting occurs when tractors cannot traverse fields to plant because the soil is too wet. When this happens, the farmer loses money and wastes resources. Likewise, a 'delayed harvest' occurs when harvesters cannot harvest crops at the end of the season due to soil moisture or drought. Both scenarios have severe financial impacts on farmers, the agriculture industry and the food on our dinner tables."

A part of the severe financial impact includes higher crop insurance and the high cost of water for irrigation. Since 2008, the USDA's Livestock Forage Disaster Program has offered more than \$7.6 billion in assistance to farmers to offset this cost. But monitoring soil moisture can provide farmers with more than 70% cost savings on irrigation. These challenges are some of the reasons why Dr. Cosh pulled together a research team of colleagues from federal agencies and higher education

The research is conducted jointly with teams from the National Coordinated Soil Moisture Monitoring Network, the Marena Oklahoma In Situ Sensor Testbed and the annual National Soil Moisture Workshop. The shared data are compiled from in-ground and satellite sensors placed in the ground across multiple states. Station data collected by several national and state networks provide information to the National Mesonet Program at the National Oceanic and Atmospheric Administration (NOAA). The sensors accurately rate the soil's moisture so USDA and NOAA can determine and monitor the drought status. These data also inform water managers in basins with significant irrigation and water usage. Some farmers directly access data from



the USDA's Soil Climate Analysis Network or NOAA's Climate Reference Network.

Individual farmers rely upon the government's decisions regarding the drought monitor to be accurate and in-ground monitoring is the key to that. Once the committees translate the data, farmers can prepare their soil for a pending drought, improve crop insurance decision-making, gauge the probability of flood and flood damage and monitor the impact of climate change.

Additionally, the U.S. Army Corps of Engineers is expanding soil moisture monitoring in the Upper Missouri River Basin by adding more than 300 stations to the national footprint. These stations will help Midwestern and Western states as well as local farms to monitor their soil moisture and improve flood prediction and crop yield forecasting.

"We're interacting with network operators regularly to develop end-user listening sessions and soil moisture standards," Cosh said. "River forecast centers and state climatologists are some of the primary users of soil moisture information at the regional level. The findings ultimately help certain parts of the country to better manage their water resources."

Cosh is a leader in many of these networks, steering the teams toward successful resolutions in some of the nation's most hard-hit agricultural areas.

In addition to national soil moisture networks, there are ongoing region-focused efforts designed to solve national agricultural challenges. A consortium of state soil researchers in Florida, Georgia and Alabama are continually increasing their monitoring programs to better capture soil moisture status across their regions. They are also exploring ways to better increase the quantity and quality of soil moisture stations in the southeast, so they can capture the changing dynamics of soil moisture distribution.

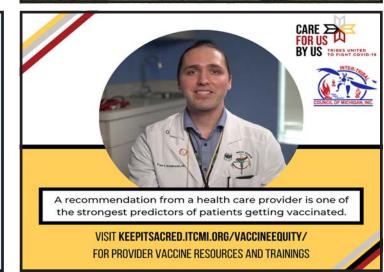
Courtesy photo.











Join Us at the Inaugural Marty Van De Car Chef's Challenge

The Marty Van De Car Chef's Challenge is a fundraiser for both the Petoskey Salvation Army and to fund a scholarship in Marty's honor. The event, to be held on December 5, 2022 from 6-9 p.m., is a special collaboration between the Petoskey Sunrise Rotary Club and the Odawa Casino in Petoskey, MI.

The contest dinner will take place inside the Sage Restaurant at the Odawa Casino. The three chefs competing for a first-place prize of \$1,000, a second-place prize of \$400 and a third-place prize of \$200 are Chef Mickey Cannon of the Sage Restaurant; Chef Nancy Kelly, former owner of the Pellston Market and current owner of the catering business, The Traveling Chef, Inc.; and Chef Rob Sargent of Stafford's Pier Restaurant. They will prepare three of the six courses for judging, the amuse, the appetizer and the entrée. Other courses featured include a soup course from Toski-Sands, a salad course plus olive oil and balsamic vinegar for the bread on the tables from Fustinis, a sorbet palette cleanser served twice from Snickerdoodlz, Epi bread from Crooked Tree Breadworks, a dessert by Stafford's Hospitality and a cheese to go with the dessert from Petoskey Cheese. Sage Manager, Shawn Peterson, is selecting three wines to pair with the food for a wine flight option of \$20 additional cost.

After the diner's votes are tabulated and the Chef's prizes are awarded, the diners will be treated to a blackjack tournament exclusively for our event. The top 25 chip earners for the tournament will receive prizes and the top prize for the best blackjack player is a \$100 gift certificate to the Sage Restaurant. There will also be a stack the deck drawing for a holiday dinner for six, including three bottles of wine at the Sage Restaurant. Only 52 cards will be sold at a cost of \$100 per card



and the winner will be drawn at the end of the blackjack tournament that night.

Currently, we only have 15 tables for four available and 10 tables for two available. The cost is \$150 per person, so a four top table is \$600 and a two top table is \$300. It does not include the wine flight option which is an additional \$20 per person. There will also be a cash bar available for those not wishing to purchase from the wine flight. Tables can be purchased from any sunrise Rotary Club member.

We hope to see you there, it will be night to remember and supporting two great causes. For anyone who does not know yet, the Salvation Army is renovating the former Red Cross building in Petoskey, MI. Through fundraising like this, they will be able to provide better services for our community with a much larger facility and improved kitchen design which is needed now more than ever. Thank you for supporting us as always.

For any questions, please reach out to Jenny Brower via e-mail at jenny@harborbreen.com

Courtesy graphic.





Lines From our Membership

Birthday



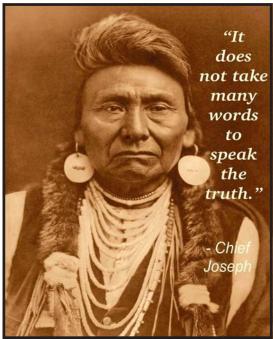
Happy 81st birthday to Dennis King on December 30. You may have slowed down over the years, but you still keep everyone on their toes. Enjoy your special day! Love, the King and VanDeCar fam-

Merry Christmas



McKenzie and Cameron, another Christmas without you. Our hearts are sad you have not been with all of us making holiday memories through the years. You've missed so much. We've missed so much. But you two are always in our daily thoughts, in our hearts and in our prayers! Our Christmas wish for you is that you feel our never-ending love, always! Wherever you are, our love will find you! O Merry Christmas! Grandma and Grandpa Kiogima and your whole Kiogima family.





Walking On...



Anne Kathryn Kishigo,

Anne Kathryn Kishigo walked on, October 18, 2022, she was 54 years old.

Anne was born on September 3, 1968, in Ottawa, IL, to Victor and Patricia (Beaver) Kishigo. She was raised in Petoskey, MI, and graduated from Petoskey High School in 1986. She obtained a Bachelor's degree from Michigan State University. After college, she returned to Petoskey to work in her family's store, Indian Hills Art Gallery.

She married the love of her life, Brandon E. Baker, on August 31, 1996. They were blessed with two children, Sjana and Simon.

She enjoyed being with friends and family, attending live music concerts, hiking in the woods with dogs, snowboarding and boating. She was steadfast in her convictions. She had a wonderful laugh and a kind heart.

She was a proud member of the Little Traverse Bay Bands of Odawa Indians and was a lifelong learner of the Anishinaabemowin language. She was passionate about keeping the language alive.

Anne is survived by her husband, Brandon Baker; her daughter, Sjana Baker; son, Simon Baker; mother, Patricia Kishigo; mother and father-inlaw, Martha and Walter Baker; and many of her Kishigo and Beaver family.

She is preceded in death by her father, Victor; and sister, Sjana Kishigo.

THE ENROLLMENT OFFICE NEEDS YOUR HELP! We would like to start tracking LTBB Tribal Citizens who have completed military service or who are currently on active duty. If you are a veteran, please call us toll free at 1-866-652-5822 ext.

1521 or 1520. We will be asking you the following questions:

(1) Name

(2) Date of Birth (3) Branch of Service

This information will be used by the Grants Department. Megwetch,

Pauline Boulton, Enrollment Officer





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