

# Odawa Trails

## MNOZHIIAADA

LTBB Community Health Newsletter

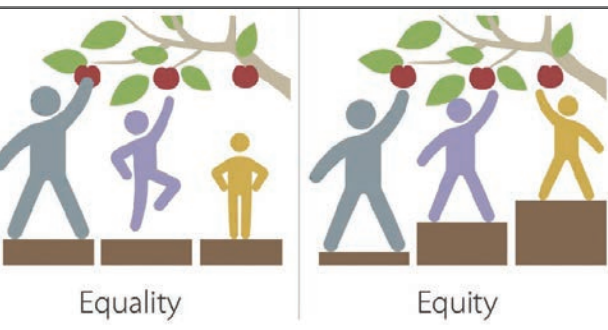
### April 2022: National Minority Health Month

The National Institute For Health's division of Minority Health and Health Disparities recognizes April as National

Minority Health Month. Minority populations are more likely to develop chronic illnesses earlier in life as well as experience an earlier death. Taking April to recognize minority health helps to encourage action through health education, early detection and disease control. Health equity is what healthcare should strive for.



"Native Americans are three times more likely to be diagnosed with diabetes."



### Health Inequity?

According to the Department of Health and Human Services, American Indians and Alaska Natives are disproportionately affected by several chronic conditions. These conditions include heart disease, cancer, diabetes and stroke as well as unintentional injuries (accidents).

Data from the Centers for Disease Control (CDC) shows American Indians and Alaska Natives are:

Three times more likely than non-Hispanic white adults to be diagnosed with diabetes.

50% more likely to be diagnosed with coronary heart disease than their white counterparts.

Working together with your healthcare team can turn around the negative statistics. Making good choices for your own health is important for having a good quality of life.

### Full Health Potential

To experience a chronic illness is different than getting sick with the flu or a cold. When we get a cold, we know it only lasts for so long. A chronic illness, according to the CDC, is a health condition which lasts for one year or more and requires ongoing medical attention or limits what a person normally does throughout their day or both. Examples of chronic diseases are diabetes, heart

"Mnozhiiadaa" continued on page 30.

## RESERVATION LITIGATION

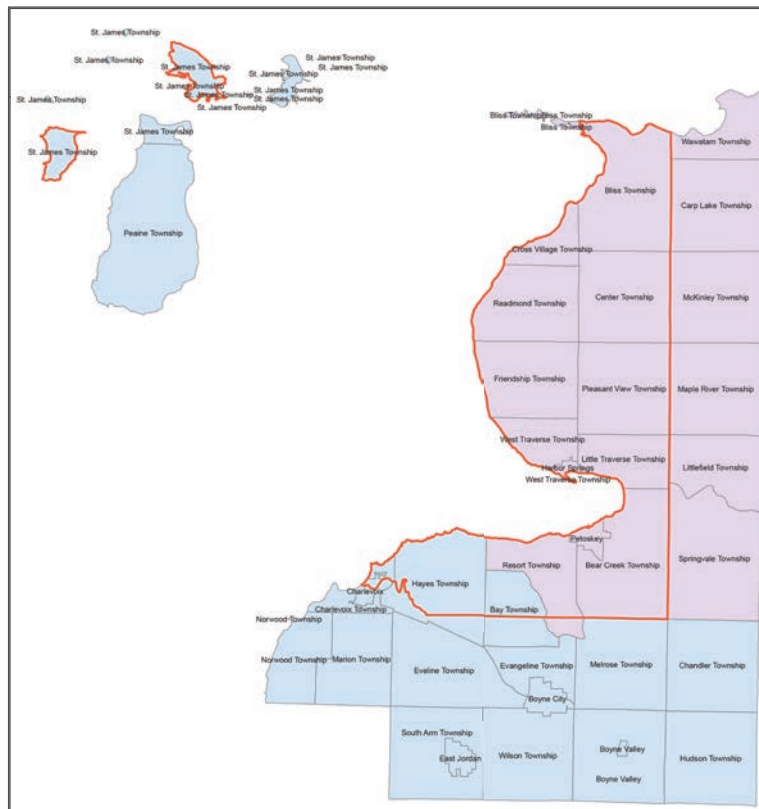
Tribal Chairperson Regina Gasco-Bentley has released a statement regarding the Little Traverse Bay Bands of Odawa's reservation litigation.

On Monday, February 28, 2022, the Supreme Court of the United States denied review of our case in Federal Court in which we sought affirmation of the reservation boundaries in the 1855 Treaty of Detroit. In legalese, the U.S. Supreme court ordered that, "The petition for a writ of certiorari is denied." We sought review of the May 28, 2021 ruling of the Federal Court of Appeals for the 6th Circuit in which the Court held that the 1855 Treaty did not establish a jurisdictional reservation. The Supreme Court's refusal to review that decision leaves the 6th Circuit Court of Appeals decision in place as final and binding.

This case cannot change the fact that this region has always been and remains our home.

Most important, this case in no way impairs the Indian Country status of our trust lands, our programs, services, inter-governmental agreements or programs and services. All of the following remain in full force and effect:

- Our off-reservation hunting, fishing and gathering rights throughout the territory that the Odawa and Chippewa gave to the United States in the 1836



Treaty, which stretches roughly from Grand Rapids, MI, to Alpena, MI, to Escanaba, MI;

- Our jurisdiction over our Federal trust lands, which includes 47 parcels totaling about 1,000 acres;
- Our Tax Agreement with the State of Michigan;
- Our right to exercise original jurisdiction over our children who live on our trust lands, and

"Reservation Litigation" continued on page 28.

## LTBB's BIA-FUNDED ROAD PROJECTS

By Amanda Swiss, LTBB Planning Director

The Little Traverse Bay Bands of Odawa Indians' Tribal Transportation Program utilizes funds allocated by the Federal Bureau of Indian Affairs and Federal Highway Administration as authorized by P.L. 93-638 (638 funds) and administered by the LTBB Planning Department. The tribe collaborates extensively with local road commissions on an annual basis to improve local roads. The program requires a Tribal Transportation Improvement Plan (TTIP) to be submitted annually to the BIA for approval. The plan is required to plan road projects on a rolling 4-year cycle. Road projects are selected to be placed on LTBB's Tribal Transportation plan primarily based on the road's impact to tribal businesses, tribal government operations or the likely impact it would have on tribal citizens as well as the condition of the road and the cost of improvements. Once road projects have tentatively been selected, they are placed on the plan for public comment. After public comment, the plan goes to Tribal Council for approval and then the Planning Department is responsible for submission to the BIA and implementation of the plan.

### LTBB/Emmet County Road Commission Partnership

The working relationship with the Emmet County Road Commission (ECRC) has been ongoing since 2004 and LTBB plans to continue working with the ECRC in the future. The tribe's road improvement budget is approximately \$1.2 million per year, most of which is spent to reconstruct roads under the jurisdiction of the ECRC. As part of this annual collaboration, transportation safety improvements are included in most of these road projects. Safety-related improvements include adding and/or upgrading guardrail, pavement markings and paved shoulders as part of these road projects. Site distance and intersection safety are also considered as part of these projects.

### LTBB/Charlevoix County Road Commission Partnership

Only about 15% of the original 1855 LTBB reservation lies within Charlevoix County, MI; therefore, the collaboration between the LTBB and the Charlevoix County Road Commission (CCRC) has been more limited. The tribe has, however, partnered with the CCRC on one project in the past - the reconstruction of Bear River Road from US-131 east 0.8 miles to Sterly Road. In 2022, the tribe will again partner with CCRC for safety improvements to Upper Bay Shore

"Road Projects" continued on page 28.

## LTBB TRIBAL CITIZENS ENROLLED AS OF 3-21-2022 = 4,470

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This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

Presorted First Class  
U.S. Postage  
PAID  
Big Rapids, MI 49307  
Permit No. 62

Little Traverse Bay Bands of Odawa Indians  
7500 Odawa Circle  
Harbor Springs, Michigan 49740  
Return Service Requested

# Tribal Telephone Directory and Website Information

LTBB Governmental Website <i>Odawa Trails</i> Website	www.ltbodawa-nsn.gov www.odawatrails.com
Beverly Wemigwase, Receptionist	231-242-1400 1-866-652-5822
<b><u>Tribal Administration</u></b> 242-1400	Health Clinic 242-1700
<b><u>Tribal Chairman's Office</u></b> Lakota Worthington, Administrative Assistant 242-1401	Health 242-1600  Community Health (Transportation) 242-1601
<b><u>Tribal Council/Legislative Office</u></b> Linda Gokee, Administrative Assistant 231-242-1403	Dental Clinic 242-1740  Maternal Child Health Outreach 242-1614
<b><u>Legal Department</u></b> Su Lantz, Assistant 242-1407 <b>NO Collect Calls Accepted</b>	Pharmacy 242-1750
<b><u>Office of Citizens Legal Assistance</u></b> Cherie Dominic, Attorney 242-1433 <b>NO Collect Calls Accepted</b>	<b><u>Housing Department</u></b> Heidi Bosma, Administrative Assistant 242-1540
<b><u>Accounting Department</u></b> Jon Shawa, Assistant 242-1440  Mandy Szocinski, Contracts 242-1439	<b><u>Human Resources Department</u></b> Dorla McPeak, Administrative Assistant 242-1555
<b><u>Archives, Records and Repatriation Department</u></b> Eric Hemenway, Director 242-1527	<b><u>Human Services Department</u></b> Veronica Sanders, Administrative Assistant 242-1621
<b><u>Commerce Department</u></b> Hayden Hooper, Director 242-1584	<b><u>IT Department</u></b> Gary Appold, Director 242-1531
<b><u>Communications Department</u></b> Annette VanDeCar, Coordinator 242-1427  Wendy Congdon, Pre-Press Graphic Specialist 242-1429	<b><u>Law Enforcement Department</u></b> Tribal Police 242-1500  <b><u>Natural Resource Department</u></b> Debra Smithkey-Browne, Administrative Assistant 242-1670
<b><u>Elders Department</u></b> Dorothy Pagel, Administrative Assistant 242-1423	<b><u>Planning, Zoning and Building Department</u></b> Shari Temple, Administrative Assistant 242-1581
<b><u>Enrollment Department</u></b> Marin Taylor, Administrative Assistant/ Genealogist 242-1521	Amanda Swiss, Tribal Planner 242-1508
<b><u>Facilities Department</u></b> Simon Kenwabikise, Director 242-1532	<b><u>Substance Abuse/ Mental Health Department</u></b> Pat Boda, Administrative Assistant 242-1640
<b><u>Education Department</u></b> Tammy Gasco, Administrative Assistant 242-1480	Brenda Schoolcraft, Office/Intake Coordinator 242-1642
<b><u>Gijigowi Anishinaabemowin Language Department</u></b> Carla Osawamick, Director 242-1454	<b><u>Tribal Court/Peacemaking Program</u></b> 242-1462
<b><u>GIS Department</u></b> Alan Proctor, Director 242-1597	<b><u>Tribal Prosecutor's Office</u></b> Gwen Teuthorn, Office Manager 242-1475
<b><u>Health Department</u></b> 242-1611	<b><u>Youth Services Department</u></b> Tina Dominic, Coordinator 242-1593

Election Board Chairperson

ElectionBoard@ltbbelectionboard.org

Little Traverse Bay Bands of Odawa Indians  
Anishinaabemowin Interpretation of LTBB Mission Statement  
Debendziwin aawan maanda Odawa aawiyiing. Geyaabi gdaa'anaa miinwaa gdanwewmi Anishinaabemowin, maanda egishkaago'ing debendziwin ebidgwasiing mnaadendziwin miinwaa wiinmaadendziyiing. Gdabendaanaa debendziwin kina gwaya Odawak naasaap eyaamjik, maanda naakinigewinan, maadziwin miinwaa mndoowaadziwin gaanaaniigaaniijk debendamowaad. Maanda debendziwin eyaamiing nangwa, kanamaajiidonaa niigaan ezhibezhigoyiing, kinoomaadwin, dbaakinigewin, giigidowin miinwaa naakinigewin. Kazhiibiignaketaanaa maanda niizhwaachiing bimaadziwin waabi'aamigak mjignamiing ninda mnomaadziwinan echipiitendaakin: nbwaakaawin, zaagidwin, mnaadenda-mowin, aakdeewin, gwekwaadziwin, dbaadendziwin miinwaa debwewin. Kanakaazinaa ninda gdabendaaswinaanin, jimiigwe'ing nakaazwinan jimnomewzi'ing, enitaanokijik maampii Anishinaabek enaapshkaamwaaad maanda gbimaadziwin. Ninda eyaamiing echipiitendaakin, miigi kina gwaya maampii enjibaad jiniigaanibizad.

**LTBB Mission Statement**  
Being Odawa is all about freedom. The Freedom to be a part of a people who, with integrity and pride, still have and speak our own language. The freedom to share in common with all other Odawak the customs, culture, and spirituality of our ancestors. The freedom we have today we will bring to the future through unity, education, justice, communication, and planning. We will reach out to the next seven generations by holding to cultural values of Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth. We will utilize our Tribal assets to provide the necessary tools to become successful, hard-working community members who proudly represent our culture. With these values we will move the Tribe forward.

## Contact Information

# ODAWA TRAILS



**Annette VanDeCar**  
**Communications**  
**Coordinator**  
**231-242-1427**

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**Wendy Congdon**  
**Pre-Press Graphic**  
**Specialist**  
**231-242-1429**

The Communications Department welcomes submissions for our "Lines From Our Membership" section of the newsletter, but we cannot run anything political in nature or expressing an opinion due to a long-standing department policy. Because we have a newsletter and not a newspaper, we do not have an editorial page. We reserve the right to edit any material submitted for space and content.

The deadline for the May 2022 issue of *Odawa Trails* is April 4, 2022.

You can e-mail or call your submissions in to newsletter@ltbbodawa-nsn.gov or at 231-242-1427 or 231-242-1429. Please only call in your submissions if they are short. We also welcome comments, suggestions and story ideas.

## ADVERTISE WITH US!

**FREE** GRAPHIC DESIGN SERVICES AVAILABLE!

3 Column X 3 in.

1 Month = \$36

3 months = \$91.80 **save \$16.20!**

6 Months = \$172.80 **save \$43.20!**

12 Months = \$324 **save \$108!**

4 of our most popular sizes!!

A complete listing of ad sizes and prices are on our website at: [www.odawatrails.com](http://www.odawatrails.com)

1 Column X 4 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

2 Column X 4 in.

1 Month = \$32

3 months = \$81.60 **save \$14.40!**

6 Months = \$153.60 **save \$38.40!**

12 Months = \$288 **save \$96!**

2 Column X 2 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

# DEPARTMENTS & PROGRAMS



## DEPARTMENT OF COMMERCE

### FORM 4013: RESIDENT TRIBAL MEMBER ANNUAL SALES TAX CREDIT - TAX YEAR 2021

The Form 4013: Resident Tribal Member Annual Sales Tax Credit is now available for the 2021 tax year. This form will not automatically be distributed; however, it is available **upon request** from the LTBB Department of Commerce (DOC) office. Most programs used for e-filing taxes or programs used by professional tax preparers will automatically generate the Form 4013 upon selecting you are a Resident Tribal Member. For those who do not e-file or do not use a tax preparer or those who prefer to have a paper copy of the Form 4013 – please contact the LTBB DOC office to request a copy be mailed or e-mailed to you. The LTBB DOC office can be reached at 231-242-

1584 or DOC@ltbbodawa-nsn.gov.

For any Resident Tribal Members who are unaware of the purpose of the Form 4013 – this form is used to obtain the annual sales tax credit per our Tax Agreement with the State of Michigan. The Form 4013 is filed with your Michigan Income Taxes and the credit is given based on a formula using your adjusted gross income. It is to your advantage to submit this form so you may receive your annual credit. If you have any questions on this form, including how to submit – please contact the LTBB DOC office. Miigwetch – *Hayden Hooper, LTBB Department of Commerce Director.*

### ATTENTION LTBB TRIBAL CITIZEN OWNED BUSINESSES

LTBB Tribal Citizen owned businesses wishing to be e-mailed of various business opportunities within the LTBB Government or LTBB-owned enterprises should contact the LTBB Department of Commerce (DOC) to provide an e-mail address in which they would like to be contacted and include a brief statement of what

their business offers.

LTBB DOC will reach out to these businesses directly when departments or entities ask for their business opportunities to be shared.

LTBB DOC can be reached at 231-242-1584 or DOC@ltbbodawa-nsn.gov.

### IMPORTANT TRIBAL CERTIFICATE OF EXEMPTION UPDATE

The LTBB Department of Commerce would like to share an important update regarding the Tribal Certificate of Exemption (TCE).

While we strongly encourage Resident Tribal Members (RTMs) to obtain TCEs prior to the purchase(s), there is now a way to request a refund directly from the Michigan Department of Treasury for taxes paid on eligible items. If you made an eligible purchase while being an RTM, and you did NOT claim your exemption at the time of purchase – please contact the LTBB Department of Commerce for detailed information on how to request your refund. Refund claims must be made within four years of the original

date of purchase. Please note this refund option should not be used as an alternative to the regular TCE process; rather, it should be a fallback option as the process for a refund is more burdensome on the RTM and still requires the RTM to obtain a TCE. The refund will be requested directly from the Michigan Department of Treasury, however, LTBB DOC can walk you through the process and help you obtain the necessary paperwork to do so (TCE, appropriate receipts, forms from the seller, etc.).

Please contact the LTBB DOC office at 231-242-1584 or DOC@ltbbodawa-nsn.gov for additional information.

### REQUESTS FOR TRIBAL CERTIFICATE OF EXEMPTION (TCE)

The LTBB Department of Commerce (DOC) would like to remind all Resident Tribal Citizens (RTC) that Requests for Tribal Certificates of Exemption (TCE) must be submitted prior to making the purchases. DOC has up to 96 hours to process the request once all necessary information has been received. If the purchase is made before obtaining the TCE, there is now a fallback option which makes it possible for Citizens to request a refund directly from the Michigan De-

partment of Treasury, however this should not be used in lieu of the regular TCE process. The refund process is more burdensome on the RTC and still requires that a TCE is obtained. Refund requests can be made within four (4) years of the original date of purchase. Please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov if you need to request a refund or for any other TCE questions.

### LTBB TAX AGREEMENT AREA & RESIDENT TRIBAL CITIZENS

Listed below are the townships included in the LTBB Tax Agreement Area. If your principal residence is within the Tax Agreement Area and your address is updated with the LTBB Enrollment department, you are considered a Resident Tribal Citizen and are eligible for several tax exemptions as defined in our Tax Agreement. For more information on the available exemptions, please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov.

LTBB Tax Agreement Area Townships:  
 Cross Village (all)  
 Friendship (all)

Little Traverse (all)  
 City of Petoskey (all)  
 Readmond (all)  
 West Traverse (all)  
 City of Harbor Springs (all)  
 Bear Creek (all)  
 \*Resort (partial)  
 \*Hayes (partial)  
 \*Bay (partial)  
 \*City of Charlevoix (North of the bridge only)  
 \*Charlevoix Township (North of the bridge only)

Casino vouchers and Shuttle available!  
 Family Owned

## Coachhouse Inn LLC

Tribal Member Discount  
**\$74.85 per night\***

1011 US-31 N, Petoskey, MI 49770 Ph: 231-347-8281

\* Room rate subject to availability  
 Tribal ID must be shown at check-in

### HOMEOWNER ASSISTANCE FUND PROGRAM (HAF)

Are you?

- ... behind in your mortgage payments due to COVID-19?
- ... a homeowner and behind in your property taxes?
- ... a homeowner and behind in your utility bills?

This program will pay for mortgage arrearage costs that have incurred because of COVID-19 (homeowners only, no renters). Available to LTBB Citizens in ANY U.S. State. Income restrictions will apply.

This assistance is only available for your primary residence. Program is funded by the United States Department of Treasury and will be available through 2022 or until all funds are expended.

Help us help you! Have questions? Contact us at 231-242-1540. Applications are available at <https://tinyurl.com/HAF2022> and can be submitted in person, mailed to LTBB Housing, 7500 Odawa Circle, Harbor Springs, MI 49740, or e-mailed to [Lrowland@ltbbodawa-nsn.gov](mailto:Lrowland@ltbbodawa-nsn.gov)

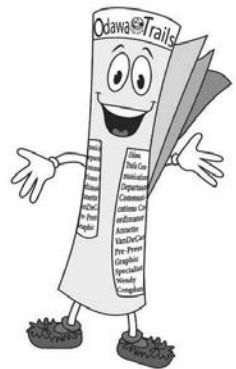


LTBB Behavioral Health has an open **Talk-line** for community members.

If you are feeling a need to talk with someone, please reach out to us! Take advantage of this resource before experiencing a crisis.

The **Talk-line** is open from 8 AM to 5 PM and is staffed by a LTBB Behavioral Health counselor.

Call 231-242-1645 to speak to a counselor.



**We want your birthdays, anniversary wishes, congratulations, wedding announcements, birth announcements or a miigwetch!!**  
**Surprise the ones you love with a thinking of you!**

**Submissions can be e-mailed to [newsletter@ltbbodawa-nsn.gov](mailto:newsletter@ltbbodawa-nsn.gov)**

## IMPORTANT NOTICE!

IF YOU HAVE ANY QUESTIONS OR ISSUES CONCERNING LAND CLAIMS DISTRIBUTION (TRUST FUND), PLEASE CONTACT **CARRIE CARLSON, CFO, AT 231-242-1442.**

# COMMUNICATIONS DEPARTMENT

## Easter Coloring Contest Rules

### WELL AND SEPTIC ASSISTANCE PROGRAM



We can provide you with a new well and/or septic system for your new construction OR if your current well and/or septic system is deficient, we can help. Please call the LTBB Housing Department at 231-242-1540 to find out more about how you can get a free well and septic system or replace your current system. Please be aware it takes approximately 3 to 4 months to gain federal approval of your application.

### HOME IMPROVEMENT PROGRAM CHANGE

Due to HUD guidelines, the Housing Department is required to do an environmental review regardless of the work being done. The process of these reviews can take up to three to six months; we cannot proceed until this process has been completed. Please be aware there is a possibility the review could come back with a negative impact, in which case, could be cause for denial.

### PLEASE NOTE:

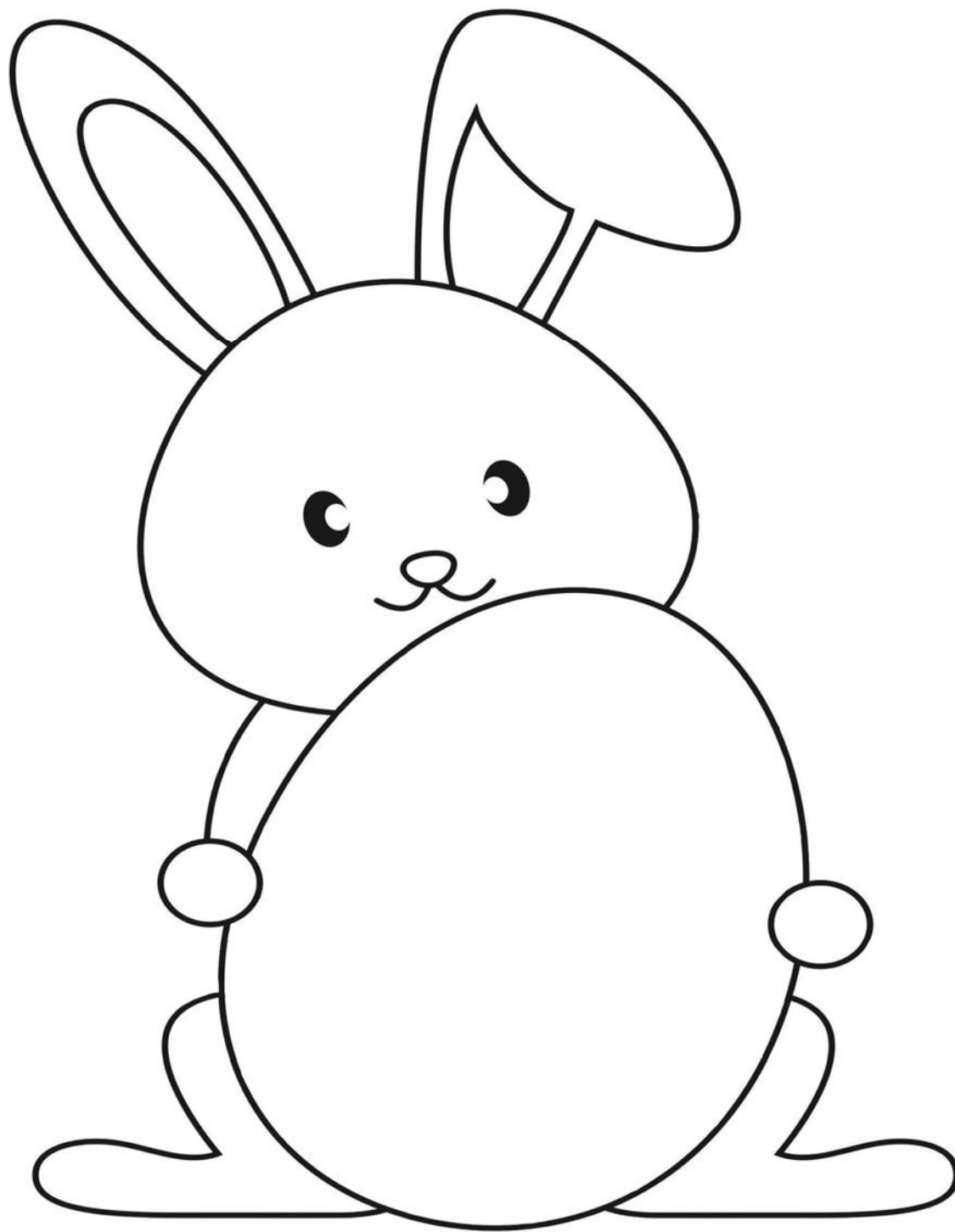
The LTBB Grants Department works with LTBB Departments to obtain external funds for ongoing and special programming, services and resources for the tribal community. Please contact the respective LTBB Department for information on programming that may be of interest to you.

**Crayons \* Markers \* Paint \* Stickers \* Colored Pencils \* Glitter \* You choose!**

- Age categories are 3-7 and 8-12.
- Limit one submission per child.
- All entries must be the original size.
- Open to LTBB Community Citizens.
- Entries can only be submitted by snail mail to: Attention: Communications Department, LTBB Governmental Center, 7500

Odawa Circle, Harbor Springs, MI 49740. No exceptions!  
 • All mailed entries must be postmarked by April 8, 2022. No exceptions!  
 Submissions judged by Communications/Odawa Trails staff with three winners being selected in each age category. Each winner will receive a prize!

# HAPPY EASTER



Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_

Parent/Guardian, please fill in the phone number

### SMILE WITH CONFIDENCE

Elders Dental Assistance Program is now processed through the Health Department! Call to see if you qualify! 231-242-1600



Don't miss out on the sounds of life.



Hearing aid assistance is now processed through the Health Department. Call to see if you qualify! 231-242-1600

# April Elders Birthdays

- |  |  |  |
|--|--|--|
| <p><b>April 1</b><br/>Loretta Cook<br/>John Kenoshmeg, Sr.<br/>Christine Kawegoma<br/>Audrey Gribben</p> <p><b>April 2</b><br/>Keith Kiogima, Sr.<br/>Marilyn Hume<br/>Betty Peacock<br/>Vicki Emery<br/>Anne Cowell</p> <p><b>April 3</b><br/>William Denemy<br/>Lynn Martin</p> <p><b>April 4</b><br/>Sandra Tipton<br/>Viola Wood<br/>Mary Kiogima</p> <p><b>April 5</b><br/>Regina Hardwick<br/>Gloria Purifoy<br/>Yvonne Sineway<br/>Susan Townley</p> <p><b>April 6</b><br/>Steven Shenoskey<br/>Ricky Reiter</p> <p><b>April 7</b><br/>Thomas Nongueskwa<br/>Ivan Taylor<br/>Larry Cartwright<br/>Cynthia Kiogima<br/>Brion Himes<br/>Nannette Clearing<br/>Sky-Christensen<br/>Christopher Walker</p> <p><b>April 8</b><br/>Daniel Keller<br/>Karyn Krueger<br/>Joseph Nowak<br/>Kelly Lyle<br/>Rose Newman<br/>Mitchell Baker, Sr.</p> <p><b>April 9</b><br/>Sharon Tracey<br/>Wayne Stine<br/>Karyn Young<br/>Dawn Malcomson<br/>Melissa Moses<br/>Susan Wysocki</p> <p><b>April 10</b><br/>Mary Wemigwase<br/>Louretta Eidt<br/>Sadi Synn<br/>Carl Shawa<br/>Michael Smith<br/>Michael Shomin</p> | <p><b>April 11</b><br/>Robin Barney-Lees<br/>Jamie Martin<br/>Melissa Goorhouse<br/>Matthew Kiogima<br/>Gerald Keller<br/>Karen Morrison<br/>John Naganashe<br/>Lauretta Gilbert<br/>Christine Haines</p> <p><b>April 12</b><br/>Michelle Neveau<br/>Michele Beaman<br/>Elaine Ramirez<br/>LaVerne Bottoms<br/>Norman Rittenhouse, Sr.</p> <p><b>April 13</b><br/>Janice Grooms<br/>Willie Rawls, Jr.</p> <p><b>April 14</b><br/>Kevin Barry<br/>Richard Klevgard<br/>William Crampton</p> <p><b>April 15</b><br/>Aaron Mobley<br/>Laura Esford<br/>Kenneth Sands<br/>Sharon Duffey<br/>Karl Kilborn<br/>Jacqueline Myers</p> <p><b>April 16</b><br/>Frederick Perry, Sr.<br/>Claire Reinhout<br/>Diane Roe<br/>Elizabeth Gillispie<br/>Laura Morche'</p> <p><b>April 17</b><br/>Kevin Gasco<br/>Angeline Woodin<br/>Susan Grech<br/>Gregory Warren<br/>Merle Hansen<br/>Michael Crossett</p> <p><b>April 18</b><br/>Thomas Kiogima, Sr.<br/>Martin VanDeCar</p> <p><b>April 19</b><br/>Margaret Gasco<br/>Debra Holbeck<br/>Michael Cherette<br/>Gregory Barrette<br/>Mary Niswander<br/>Tina Hea<br/>Brenda Sabella<br/>Frank Ettawageshik</p> | <p><b>April 20</b><br/>Linda Steinman<br/>Catherine Laba<br/>Deborah Shawanibin<br/>Veda Segundo Estrada</p> <p><b>April 21</b><br/>Richard Hays</p> <p><b>April 22</b><br/>Harold Salter<br/>Wanda Carr<br/>Mary Hill</p> <p><b>April 23</b><br/>Brian Darling<br/>Michele Portman-LaCount</p> <p><b>April 24</b><br/>Sharon Cranick<br/>William Denemy<br/>Mary Bowers</p> <p><b>April 25</b><br/>Gary Kaestner<br/>Virgil Honson<br/>Susan Sloan</p> <p><b>April 26</b><br/>Kelly Wesaw<br/>Scott Pliier</p> <p><b>April 27</b><br/>Mary Baldwin<br/>Dena Sims<br/>Dale Willis<br/>Aaron Chingwa<br/>Michael Shepard</p> <p><b>April 28</b><br/>Margaret Kiogima Gardner<br/>Donald Houghton</p> <p><b>April 29</b><br/>Michael Anthony<br/>Cynthia Daley<br/>Carmalene Baker<br/>Richard Kewaygeshik<br/>Lisa Keefer<br/>Merry Hinmon</p> <p><b>April 30</b><br/>Johnathan Medicine<br/>Catherine Wright<br/>Judith Smith<br/>James Keway<br/>Robert Kaestner<br/>Pauline Walker</p> |
|--|--|--|

Happy Birthday

## LTBB ANNUAL COMMUNITY MEETING

**SAVE THE DATE:**  
Saturday, June 11, 2022  
8AM to 5PM  
Ovation Hall • Odawa Casino  
Petoskey, MI

Agenda and Details to Follow

⋮

If you have suggestions or are looking for more information regarding the annual community meeting, please contact the Community Meeting Speaker/Coordinator Eva Oldman at [ltbbcommunitymtg@gmail.com](mailto:ltbbcommunitymtg@gmail.com)



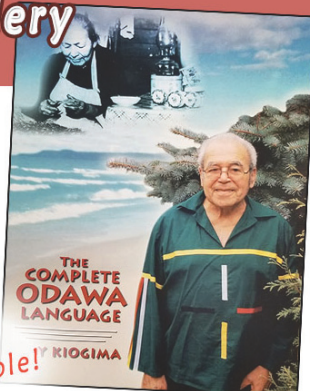
## Indian Hills Gallery



BEADS, BOOKS,  
MUSIC, JEWELRY

OPEN TUESDAY TO SATURDAY 11AM-4PM

Now Available!



1581 M-119 PETOSKEY, MI 49770  
231-347-3789 OR 1-866-385-2026



AMERICAN INDIAN COMMUNITIES LEADERSHIP COUNCIL PRESENTS

## American Indian Festival

Powwow Dancing, American Indian Crafts, Food Sale

May 7th, 2022  
10-4pm

10 am Vendors Open  
12 pm Powwow Grand Entry  
Free Admission/Open to the Public

Outdoor Event  
Clay Township Park  
4768 Pointe Tremble Rd.  
Algonac, MI 48001

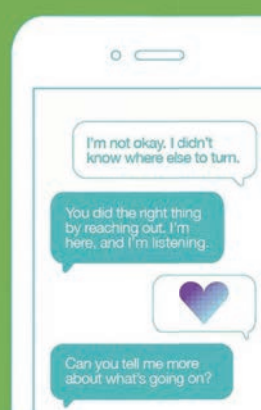


AMERICAN INDIAN/FIRST NATIONS VENDORS INVITED  
PRE-REGISTRATION REQUIRED

FOR MORE INFORMATION CONTACT:  
SUE WROBEL SWROBEL@ABS.MISD.NET

This event is supported by Clay Township and the Michigan Council for Arts and Cultural Affairs, administered by the Huron County Economic Development Corporation

In crisis?  
Text Native  
to 741741.  
#WeNeedYouHere



Please join us as we celebrate the first 50 years of the Native American Rights Fund.

**HONORING OUR PAST  
PROTECTING OUR FUTURE**

**SATURDAY, APRIL 16, 2022**



CRISIS TEXT LINE



# NATURAL RESOURCE DEPARTMENT



## LTBB WATER QUALITY STAFF CONDUCT FEBRUARY MONITORING

When biologists use the term “field season,” they often are only referring to the warmer months of the year, generally May through October, when they actually go out into the field and collect biological data. Unfortunately, that means most biologists and natural resources agencies are only gathering data for about half the year. Meanwhile, plants and animals are still going about living their lives; ask any ice fisherman if there are still fish to be caught in the winter and they might give you a funny look. The lack of sampling in these colder months can lead to a poor understanding of the harsh conditions organisms are experiencing outside of the typical “field season.”



Water Quality staff collecting water samples from Walloon Lake.

From an aquatic organism's viewpoint, there are a lot of struggles to overcome in winter. An issue which affects many lakes during the winter, particularly shallow lakes, is low dissolved oxygen in the water. With ice season extending from December through mid to late March in our region, lakes have up to four months with ice cover! Shorter winter days combine with thick ice and snow cover to cause less and less sunlight to reach the unfrozen water below the ice. With limited sunlight, algae and aquatic plants which produce oxygen in the lake, slowly begin to die off. At the same time, bacteria and other microbes use the limited available oxygen to break down the dead and dying algae and plants. Fish and other larger aquatic organisms are also using the limited oxygen left in the water column. Consequently, oxygen begins to dip dangerously low in some lakes by February without algae and plants to replenish dissolved oxygen levels in the lake and fish die from suffocation.

Another prominent water quality issue in winter, is chloride pollution. As road salt on icy



Water Quality staff collecting discharge (amount of water moving past a point per second) on Big Sucker Creek.

roads melts into storm drains and ditches, highly concentrated chloride from the salt enters nearby streams and lakes. The result is these waters become slightly saltier throughout winter and into spring. Over the course of many years, lakes and rivers can see chloride levels skyrocket to the point the water becomes too salty for freshwater organisms to survive. This is particularly problematic for organisms very sensitive to changes in chloride concentrations such as aquatic macroinvertebrates (bugs which make up the base of the food web for fish).

In order to monitor important water quality parameters like dissolved oxygen and chloride (and many more!) through the winter, Environmental Service's Water Quality Protection Program conducts routine water quality sampling in February. That means donning warm neoprene waders for wading in half frozen rivers and bright orange survival float suits on completely frozen lakes. This past February, staff completed surveys on a slew of rivers and lakes in the area with a variety of data collected such as dissolved oxygen, temperature, nutrient concentrations (Chloride, Nitrogen and Phosphorous), ice thickness and many more. By monitoring the water quality in these lakes and rivers, we can better understand the conditions aquatic organisms are going through and address water quality impairments which might be occurring seasonally in the winter and over the long term.

*Courtesy photos.*

**HELP PROTECT OUR  
NATURAL RESOURCES**  
**1-855-NRD-TIPS**  
TOLL FREE 1-855-673-8477

Please provide any information related to the tip which may include date, time, subject or vehicle description, nature of the incident, and location (Example: nearest crossroad). It is ok if you wish to remain anonymous. All tips are investigated in a timely manner.

**EAGLE  
REMAINS  
RETENTION  
INFORMATION**



The LTBB Natural Resource Department is pleased to announce that after years of work on the issue, the U.S. Fish and Wildlife Service has recently changed its policy to allow federally recognized tribes to keep eagle remains found in Indian country. Tribal citizens who encounter eagle remains or feathers within the LTBB reservation boundaries may be able to retain them for culturally significant use. Any deceased eagle encountered must be reported to LTBB Conservation Enforcement immediately for investigation prior to moving or taking the eagle.

For more information, contact the Little Traverse Bay Bands of Odawa Indians Natural Resource Department at: 7500 Odawa Circle, Harbor Springs, MI 49740 231-242-1670 E-mail: [dbrowne@ltbbodawa-nsn.gov](mailto:dbrowne@ltbbodawa-nsn.gov)

The Little Traverse Bay Bands of Odawa Indians Natural Resources Commission is looking for LTBB tribal citizens with an interest in Great Lakes Commercial Gill Net Fishing

The LTBB Commercial Small Boat Apprentice Program is designed to provide eligible LTBB tribal citizens with an opportunity to learn the trade of commercial fishing from an experienced LTBB Great Lakes Commercial Fishing Captain

For more information on eligibility and requirements, please stop in or contact the LTBB Natural Resources Department



7845 Odawa Circle  
Harbor Springs, MI 49740  
231-242-1670

[dbrowne@ltbbodawa-nsn.gov](mailto:dbrowne@ltbbodawa-nsn.gov)

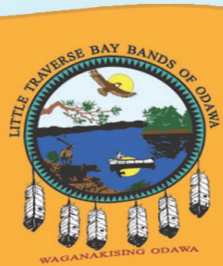


### Little Traverse Bay Bands of Odawa NATURAL RESOURCES COMMISSION 2022 MEETING SCHEDULE

January	Location: Zoom Dates & Time: 01/12/2022, 01/26/2022 6:00PM
February	Location: Zoom Dates & Time: 02/09/2022, 02/23/2022 6:00PM
March	Location: Zoom Dates: 03/09/2022, 03/23/2022 6:00PM
April	Location: Zoom Dates: 04/13/2022, 04/27/2022 6:00PM
May	Location: Zoom Dates: 05/12/2022, 05/26/2022 6:00PM
June	Location: Zoom Dates: 06/08/2022, 06/22/2022 6:00PM
July	Location: Zoom Dates: 07/13/2022, 07/27/2022 6:00PM
August	Location: Zoom Dates: 08/10/2022, 08/24/2022 6:00PM
September	Location: Zoom Dates: 09/14/2022, 09/28/2022 6:00PM
October	Location: Zoom Dates: 10/12/2022, 10/26/2022 6:00PM
November	Location: Zoom Dates: 11/09/2022 6:00PM
December	Location: Zoom Dates: 12/14/2022 6:00PM

\*Meeting dates and times are subject to change. Any canceled, rescheduled, or additional meetings will be posted on the LTBB website. Meetings are held at 5:30PM at 911 Spring Street, Petoskey, MI, 49770 but due to COVID-19 restrictions, some meetings may be held via Zoom.

## LTBB Tribal Flags for Sale!!



For more information,  
contact Don Portman  
at  
[biindigen@gmail.com](mailto:biindigen@gmail.com)  
or 231-487-1093

**ACCESS  
SCHOLARSHIP**

FOR GRADUATE EXAMINATIONS



TASHA FRIDIA, AIGC ALUMNA - WICHITA, KIOWA & CADDO TRIBES

# ENROLLMENT DEPARTMENT

## THE ENROLLMENT OFFICE HAS A MAIL DROP BOX



It is located to the left of the front doors of the LTBB Governmental Center in Harbor Springs, MI. We will have limited quantities of adult and minor address forms stocked. **\*\*Weather Permitting\*\***

We will happily set aside an envelope with any specific form(s) you may need as well.

Just give our office a call, and we will be more than happy to try to accommodate you.

All Enrollment services are available by appointment only. You may call or e-mail to work with our staff.

231-242-1521, 231-242-1522, 231-242-1520 or enrollment@ltbbodawa-nsn.gov

## LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS ENJIBOOZBIIGENG - ENROLLMENT OFFICE

### Services for our citizens:

- Picture Tribal Identification Cards – Available same day. May be requested via mail and electronically.
  - Address Changes – Adults only need to be notarized if not having mail sent to their home. Minors must be notarized annually. We have a Tribal Notary in office and many other onsite at the Government Complex.
  - Marriage License Applications – Please allow one business day to pick up the Licenses.
  - Tribal Directories – Available same day.
- We certify for our citizens:
- Michigan Indian Tuition Waivers
  - Eagle Parts and Feather Applications
  - LTBB Indian Blood Quantum
- Apply to become a:
- Citizen – Application available via mail

### only

- Tribal Notary
  - Marriage Commissioner Need something?
  - Request a document from your Enrollment file
  - Blood quantum adjustment
  - Relinquishment requests Have any questions or need a form sent to you? Call or email: Lindsey Doerfler – P: 231-242-1522 E-mail: ldoerfler@ltbbodawa-nsn.gov
  - Marin Taylor – P: 231-242-1521 E-mail: mtaylor@ltbbodawa-nsn.gov
  - Pauline Boulton – P: 231-242-1520 E-mail: pboulton@ltbbodawa-nsn.gov
- Forms are also available on the LTBB Website.
- <https://ltbbodawa-nsn.gov/enrollment>  
<https://ltbbodawa-nsn.gov/forms>

**Save on your next computer with Dell**

Tribal Citizens and Employees can save money on their next computer purchase when shopping with Dell. It's easy, just log on to [www.dell.com/EPP](http://www.dell.com/EPP) or call 1-877-289-9437 and enter Member ID#: CS25031222 to take advantage of the discount.

If you have any questions, please call Purchasing Technician Mandy Szocinski at 231-242-1439

**You can QUIT!**  
 We can help.

**1-855-372-0037**

For the health of you and your future generations, call today.

**Need to update your address?**

When you move, please contact the Enrollment Office and we will send you an Address Verification Form.

Address Verification and many other Enrollment forms are also available at [www.ltbbodawa-nsn.gov](http://www.ltbbodawa-nsn.gov). They can be found in the Forms Directory or on the Enrollment page of the website.

It is the responsibility of the parent, guardian or custodial parent to complete an address form for any minor children.

If you are the custodial parent of a minor, please provide proof by documentation.

Upon reaching the age of 18, an Adult Address Verification form must be completed. Failure to do so may result in a delay of per capita payment.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current.

Minor verification forms must be signed and notarized.

Adult verification forms must be signed and either witnessed or notarized, depending on your address.

Contact the Enrollment Office at 231-242-1521, 231-242-1520 or by e-mail [enrollment@ltbbodawa-nsn.gov](mailto:enrollment@ltbbodawa-nsn.gov).

**2021 Tribal Directories Now Available!**

Tribal Directories include adult name and addresses of LTBB Citizens enrolled before January 28, 2021, excluding undeliverable addresses and LTBB Citizens requesting not to be included.

To receive your copy:

- ✓ Must include a copy of your Tribal Identification Card
- ✓ A \$5 check or money order payable to LTBB of Odawa Indians
- ✓ Choice of cover design. If you do not specify, we will choose for you!

Mail to: LTBB of Odawa Indians, ATTN: Enrollment Office  
 7500 Odawa Circle, Harbor Springs, MI 49740.

Little Traverse Bay Bands of Odawa Indians Enrollment Office  
 231-242-1520 or 231-242-1521  
 Fax 231-242-1526

**Hoar Frost**

**Lake Plumbago**

**Peanut Butter Falls**

Little Traverse Bay Bands of Odawa Indians  
 Enjiboozbiigeng  
 Enrollment Office

Tribal Citizens Fee Schedule	FEES
<b>Replacement/Expired Cards in person or via mail</b> A replacement card is lost, stolen, expired or has an address change. Any name charges, no charge. Free to Elders.	\$10
<b>Tribal Directory</b> Adults 18 and enrolled prior to 2/1/2021 Published every 4 years.	\$5
<b>Tribal Directory Labels</b> Requestor must provide labels	\$5
<b>LTBB List</b> The list includes adult's first, middle and last names only.	\$5
<b>Photocopies of Enrollment file</b> First 3 copies free, \$1 for each page thereafter.	\$1 ea
<b>Marriage License Application</b> Certified Copies: \$10 Photo Copies: \$5	\$25
<b>Tribal Notary Application</b> Residency/Business residency requirement Surety Bond: \$125 <b>**Cannot be waived**</b>	\$10
<b>Marriage Commission Application</b> Residency/Business residency requirement	\$25

\*\*\* Enrollment Fees waived for LTBB Veterans\*\*\*

August 19, 2021

**Make time to play outside**

- play tag
- play hide and go seek
- climb a tree
- go to the playground
- roll down a hill
- jump in puddles
- jump off rocks
- build a fort
- jump in a lake
- get muddy
- run through a sprinkler
- look for worms
- jump rope

**Get together for a family activity**

- bike ride
- after dinner walk
- obstacle course
- geocaching
- dance party
- go skating
- soccer in the park
- scrub baseball game
- go bowling
- do some yoga

**Remember to help around the house**

- make your bed
- take out the garbage
- pick up toys
- fold laundry
- rake leaves
- garden
- vacuum

**Have fun developing skills**

- play catch
- hit a ball with a bat
- stand on one foot while brushing teeth
- balance on line of masking tape on the floor (like a tightrope)
- dribble a ball
- shoot hoops or throw laundry into a hamper
- play hopscotch
- kick a ball back and forth

**IS YOUR CONTACT INFORMATION CURRENT?**

**Update your contact information with the Enrollment Department.**

- ADDRESS
- PHONE NUMBER
- EMAIL ADDRESS
- VETERAN STATUS

Marin Taylor 231.242.1521  
 Pauline Boulton 231.242.1520

# HEALTH DEPARTMENT

## OPPORTUNITIES TO TALK WITH TRIBAL HEALTH CENTER STAFF



### CAREMESSAGE

#### Texting with Care Message

If you are a patient at the LTBB Health Clinic, you may have noticed clinic staff and providers have been sending you texts using a program called Care Message. You may have already received text messages regarding the COVID-19 vaccine clinics or a cancer screening reminder through this text messaging system. It is our hope this program will help our patients remember to attend or book appointments to keep up to date on medical appointments and health screenings recommended by their doctor or health care provider. Next time you come in or call for an appointment, make sure your phone number

is up to date in our system to ensure you receive the messages intended for you.



#### Upcoming Men's Breakfast – Meet Dr. Frank Animikwam

Coming up in May 2022, our new Medical Director, Dr. Frank Animikwam, will be hosting a breakfast buffet and a talk on men's health. The University of Michigan is co-sponsoring this health event for the men of the Little Traverse Bay Bands of Odawa Indians community.

This event for the men of our community will provide attendees the opportunity to meet or become reacquainted with Dr. Animikwam, provide

insight to traditional strategies for preserving the culture and an open space for the men and male providers to speak freely about certain aspects of men's health. This event will cater to men who are ages 45 and older — invitations will be mailed to eligible and interested clinic patients. Dr. Animikwam is looking forward to learning what you have to share and what he has learned in his practice.

The men's health event will be held on a Saturday morning. In addition to the free breakfast, there will be gifts and incentives for those in attendance. Additionally, Community Health will also have information booths attendees can visit before and after the breakfast with Dr. Animikwam.

We will be sending out invitations in late March/early April. Please be sure to RSVP with our Patient Navigator, Emily, to save your seat for this event.

*Courtesy graphic and courtesy photo.*

## DON'T LET SPRING FEVER TURN INTO SPRING INJURIES



Similarly, injuries can stem from not taking proper steps to make sure your body is warm before working out.

#### Make Sure You Warm Up, Too

"You should take it easy at the beginning and warm up before your workout. Don't go from zero or light levels of exercise to a high level of intense workout without first allowing your body to warm up and get used to the increased exercise loads," says Dr. Jacobs.

If running outdoors is your exercise of choice when the seasons change, remember to take it easy, especially if you haven't done it in a while.

"Don't try and lace up your running shoes and hit the pavement with the goal of running several miles. You're better off slowly increasing your running distance over a few days or weeks to avoid injury," says Dr. Jacobs.

#### How to Treat an Injury at Home

Unfortunately, even if you take the time to warm up and work back up to the fitness regimen due to the spring weather, injuries can still happen.

"If you feel any pain more than mild soreness, that's a sign you have an injury that you shouldn't ignore," says Dr. Jacobs. The good news? Most of these injuries aren't serious and don't cause permanent damage.

If you think you have an injury, follow the RICE method:

- R – Rest the injury for 48 hours
- I – Apply ice for 20 minutes at a time, 4 to 8 times a day
- C – Compress the injury to reduce swelling



- E – Elevate the injured limb about 8 inches above your heart

You can also try age- or weight-based over-the-counter medications like ibuprofen, naproxen or acetaminophen. (But not if they'd interact with your current medications or you have health conditions which make them unsafe for you.)

Rest doesn't mean you can't exercise at all, though. Focus your efforts on stretching and core strengthening exercises while giving your injury a break.

"If your pain doesn't go

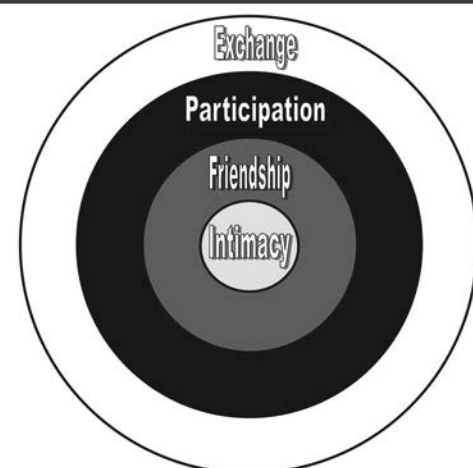


away after two weeks, you should see your doctor," says Dr. Jacobs. "They'll help you find a diagnosis and work with you to create a treatment plan and an exercise plan you can safely follow while you heal."

<https://www.geisinger.org/health-and-wellness/wellness-articles/2021/01/20/14/38/prevent-spring-injuries>

Courtesy graphics.

## Circles of Support



**Circle of Intimacy**– includes close family members and friends we feel safe with and can be vulnerable with.

**Circle of Friendship**– includes good friends we may spend time with in social situations.

**Circle of Participation**– includes acquaintances in areas such as school, work, church and social clubs. (There's an opportunity to move these individuals to inner circles of support.)

**Circle of Exchange**– Includes those paid to be a part of our lives such as doctors, teachers, social workers, etc. These relationships are transactional.

#### Questions to reflect on:

Who are some of your personal supports for yourself or a loved one?

Are there areas where you do not have many supports?

What connections do you need more of?

An emergency planning and isolation prevention tool provided by your Community Health team.

Did you know..?  
Kiikendaan na..?

The game of peek-a-boo supports your child's social-emotional development.

Want to try in Anishinaabemowin?

Kidan (Say), "Kiimoozaamin. (Peek-a-boo)"

"Kwaabmin! (I see you!)"

CONGRATULATIONS,  
ASHLEY DAVIS!

Ashley, PRC's Patient Benefits Specialist, has received a promotion within LTBB. Her last day with PRC is **March 11th, 2022.**

After March 11th, if any patients have questions about Medicaid Applications/Screenings, please have them contact our mainline. PRC's Health Services Navigator will get them to one of our employees who can assist!



Miigwetch!



Purchased/Referred Care  
1260 Ajijaak Avenue  
Petoskey, MI 49770  
P: 231-242-1600  
F: 231-242-1617

### Are You:

Currently not eligible for Medicaid?

19-64 years old?

Not eligible for Medicare?

Not pregnant?

Making under \$15,000 for a family of 1 or making under

\$34,000 for a family of 4?



If you have answered "YES" to these questions, you may qualify for Medicaid due to the Michigan Medicaid Expansion: Healthy Michigan!! Please contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 for assistance.



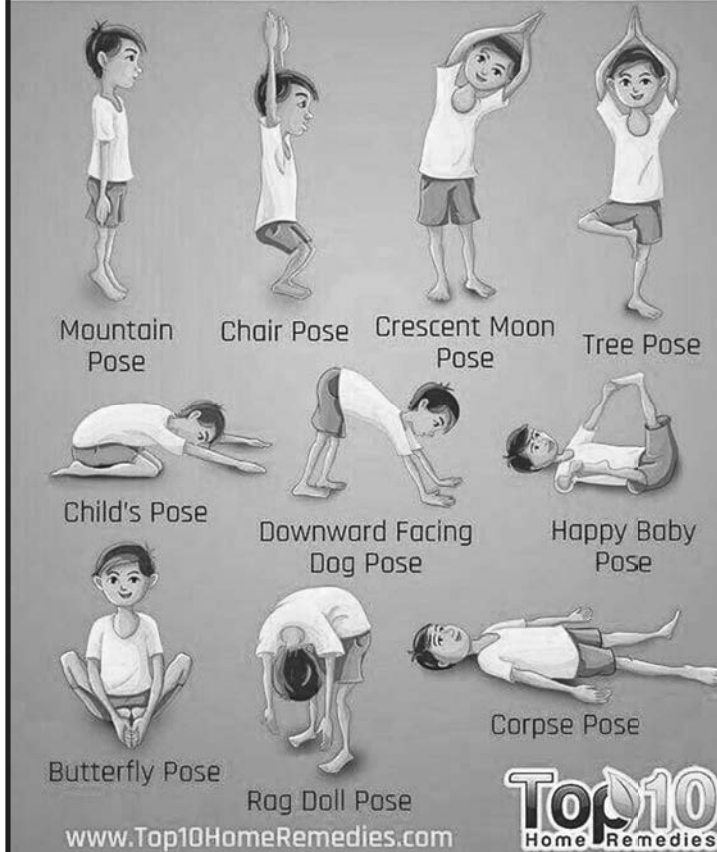
# SIMON SAYS

SIT DOWN  
 TURN AROUND IN A CIRCLE  
 JUMP UP AND DOWN  
 HOP ON YOUR RIGHT FOOT  
 HOP ON YOUR LEFT FOOT  
 CLAP YOUR HANDS  
 TOUCH YOUR NOSE  
 WIGGLE YOUR FINGERS  
 PUT ONE ARM IN THE AIR  
 FLAP YOUR ARMS LIKE A BIRD  
 SLITHER ON THE GROUND LIKE A SNAKE  
 QUACK LIKE A DUCK  
 RUN IN PLACE  
 STAND ON ONE FOOT  
 PUT YOUR HANDS ON YOUR HIPS  
 PRETEND YOU ARE A DOG  
 MOO LIKE A COW  
 WINK YOUR RIGHT EYE  
 PUCKER YOUR LIPS  
 SING AS LOUD AS YOU CAN  
 PAT YOUR BELLY  
 PUT BOTH HANDS ON YOUR HEAD  
 GIVE SOMEONE A HIGH FIVE  
 RAISE BOTH HANDS IN THE AIR  
 SHAKE YOUR RIGHT ARM  
 SHAKE YOUR LEFT ARM

PRETEND LIKE YOU ARE SLEEPING  
 ROLL ON THE FLOOR  
 DO A SOMERSAULT  
 SKIP AROUND THE ROOM  
 GALLOP LIKE A HORSE  
 MEOW LIKE A CAT  
 HOP TO THE RIGHT  
 HOP TO THE LEFT  
 MAKE CIRCLES WITH YOUR ARMS  
 TOUCH YOUR EARS  
 STICK OUT YOUR TONGUE  
 DO JUMPING JACKS  
 DO A SILLY DANCE  
 DO A CARTWHEEL  
 SQUEAK LIKE A MOUSE  
 WALK LIKE A PENGUIN  
 SIT DOWN AND SCOOT ACROSS THE ROOM  
 WALK ON YOUR TIP TOES  
 MAKE A SAD FACE  
 MAKE A HAPPY FACE  
 ACT LIKE YOU ARE ICE SKATING  
 DO A SIT UP  
 TALK LIKE A ROBOT  
 ACT LIKE YOU ARE DRIVING A CAR  
 DO A PUSH UP  
 WIGGLE YOUR TOES

THEBESTIDEASFORKIDS.COM

## Kid - Friendly YOGA for a Healthier Generation



## Kids Roll-A-Work Out

ROLL A DICE AND DO WHATEVER THE NUMBER SAYS

		Do 1 Squat
		Do 2 Knee Ups
		Twirl around 3 times
		Do 4 Side Stretches
		Do 5 Jumping Jacks
		Do a 6 Second Plank



For Parents & Caregivers of Children 0-5  
 April & May Dates

1st & 3rd Wednesday 5:30-6:30 p.m.	Topics	2nd & 4th Thursday 9:30-10:30 a.m.
April 6	Parenting & Child Development	April 14
April 20	Social & Emotional Competence of Children	April 28
May 4	Concrete Support in Times of Need	May 12

\*Virtual social hour will be presented via Zoom. Access via link or QR code.  
<https://tbbodawa.zoom.us/j/89260769821?pwd=RUIyTEJSV0JGOTdEZTB1bGVGV2Vsdz09>  
 Topics included to help facilitate discussion. Attendance of multiple socials is encouraged since discussions will vary.



# EXECUTIVE BRANCH



## LTBB GOVERNMENTAL OFFICE CLOSINGS

Please note that **ALL** LTBB Governmental offices are closed on these dates, this includes Mskiki Gumik offices

- May 30, 2022 - Memorial Day
- July 4, 2022 - Independence Day
- September 5, 2022 - Lewis & Doris Adams Day
- September 21, 2022 - Sovereignty Day
- September 24, 2022 - Michigan Indian Day
- October 10, 2022 - Indigenous People's Day
- November 11, 2022 - Veteran's Day
- November 23, 2022 - Thanksgiving
- November 24, 2022 - Day After Thanksgiving
- December 23, 2022 - Christmas Eve
- December 24, 2022 - Christmas Day
- December 30, 2022 - New Year's Eve

## FROM THE EXECUTIVE OFFICE



Boozhoo,

It has been a very busy month for the Executive Branch with 2023 budget meetings being held for all departments and programs. Budgets have been finalized and sent to Tribal Council for review and approval on April 12, 2022. As always, this meeting is open to the public, so please feel free to attend to provide input on the budget formulation process.

Our Emergency Management Team has been closely monitoring the COVID-19 pandemic response at the lo-

cal, state and federal levels. With cases at an all-time low, tribal government operations are slowly opening back up and restrictions are being lifted. On February 28, the tribe transitioned to Phase 3.5, which increased staffing levels to 50%-75% and allowed work-related travel. On March 14, the tribe transitioned once more to Phase 5, which restores in-person operations to 100% and removes the requirement of face masks and health screenings upon entry into the buildings.

With the amazing progress our community has had in mitigating the spread of COVID-19, the 2022 LTBB Community Meeting is being planned as an in-person event at the Odawa Casino and Resort, Ovation Hall, on June 11, 2022. Eva Oldman has resumed the title of community meeting organizer after planning a successful event last year. A big chi-miigwech to

Eva for all of her hard work to ensure the LTBB community has a safe platform to engage with elected officials and staff.

Lastly, as many of you are aware, the U.S. Supreme Court denied LTBB's review of our reservation boundary case last week. While this is disappointing news, it is important to remember this case was never a matter of convincing ourselves this region is our home, but of gaining the State of Michigan's recognition this has *always* been the land of the Waganakising Odawa. The Supreme Court's decision does not change this fact nor does it impede the services our government provides or the boundaries of our established tax agreement area. For more information on how the Supreme Court's decision impacts our tribe as well as a brief history of the litigation, please see my full statement on the matter on the front page of this newsletter.



## LTBB CULTURAL LIBRARY

### CELEBRATE NATIONAL POETRY MONTH

The month of April is National Poetry Month, a month to create more awareness of poetry and how it is used to express feelings, thoughts and reflections. We have a collection of Native-authored poetry books in our very own Mzingangamik Cultural Library. You can review

what books we have on our library's website: <https://littletraversebay.library.site/>

Drop in for a visit and experience new perspectives and writing styles through poetry. Hope to see you soon. Miigwech!

*Courtesy graphics.*



### Executive Town Hall Meeting Schedule

Please join the Executive Branch on the second Wednesday of each month from 10AM to 12PM to receive updates on the LTBB Government's COVID-19 response, department services, Tribal Elder teachings, and more! Attendees can attend by phone, or Zoom. Meeting dates and times are subject to change. Agendas and notices for any rescheduled meetings will be posted on the LTBB website, and other tribal communication outlets.

#### 2022 EXECUTIVE TOWN HALL MEETING DATES

- March 9th, 2022
- April 13th, 2022
- May 11th, 2022
- June 8th, 2022
- July 13th, 2022
- August 10th, 2022
- September 14th, 2022
- October 12th, 2022
- November 9th, 2022
- December 14th, 2022



Scan the QR code with your camera or see below on how to join!  
(786)-635-1003 Passcode: 002323  
Webinar ID: Webinar ID: 870 1757 9318

<https://ltbbodawa.zoom.us/j/87017579318?pwd=M3kxTkFMS0hFZENPZG5lTXVhMzIzZz09>

## Read to Own Program Deadline Reminder

Students who still have iPads out have until June 2022 to return 6 book reviews to Mzingangamik Cultural Library



Please contact [readtoown@ltbbodawa-nsn.gov](mailto:readtoown@ltbbodawa-nsn.gov) or call 231-242-1487 if you need additional forms or if you have any questions

Connect WITH YOUR LIBRARY

NATIONAL LIBRARY WEEK 2022

Blue Horses Rush In  
Luci Tapahonso  
POEMS & STORIES

POET WARRIOR  
A MEMOIR

JOY HARJO  
POET LAUREATE OF THE UNITED STATES

Original Fire  
Selected and New Poems  
Louise Erdrich  
Author of The Master Butchers Singing Club



HOMETOWN WIRELESS GROUP will give 15% off ALL ITEMS to ANY LTBB TRIBAL CITIZEN, LTBB EMPLOYEE, OR FAMILY MEMBER OF AN EMPLOYEE. ALL WE NEED IS YOUR TRIBAL ID OR EMPLOYEE BADGE. WE HAVE 3 LOCATIONS TO SERVE YOU:

HARBOR SPRINGS  
HARBOR PLAZA  
8430 M-119  
231-487-9390

ALANSON  
7722 US 31 NORTH  
(NEXT TO SUBWAY)  
231-548-5997

KALKASKA  
559 S. CEDAR (131)  
800-757-5997

# HUMAN SERVICES DEPARTMENT

## HUMAN SERVICES MAILBOX NOW AVAILABLE



The Department of Human Services (DHS) would like to announce our new mailbox for tribal citizens to drop off DHS applications. It is located outside the main door at the 911 building in Petoskey, MI. Staff will be checking it throughout the day Monday through Friday, and it will be available for tribal citizen use on the weekends.

DHS is not responsible for lost/stolen items if used for other departments.

*Courtesy photo.*

# TOGETHER

With compassion and community we can end violence against women and girls

**KNOW RESPECT**  
Mnaadendmowin  
Be respectful

**SHOW LOVE**  
Zaagidwin  
Be caring

**BE HONEST**  
Gwekwaadziwin  
Be truthful

**The 7 Grandfather Teachings**

LOVE  
RESPECT  
COURAGE  
HONESTY  
WISDOM  
HUMILITY  
TRUTH

**Get involved • Support survivors**

Little Traverse Bay Bands of Odawa Indians  
Call Monday through Friday 9-5: (231) 242-1620  
Women's Resource Center of Northern Michigan  
24-Hour Crisis and Information Line: (231) 347-0082 or (800) 275-1995

WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN, INC.

## NATIONAL CHILD ABUSE PREVENTION MONTH COLORING CONTEST

As part of National Child Abuse Prevention Month, the Little Traverse Bay Bands of Odawa Indians Department of Human Services is asking youth to join us in raising awareness of the importance of child abuse and neglect prevention. The pinwheel is the national symbol for child abuse prevention. It signifies innocence,

childhood and hope.

Youth are invited to participate in the coloring contest below for a chance to be selected to win a prize! Two winners will be selected in each age category. Please note the rules for the coloring contest.

### Crayons \* Markers \* Paint \* Stickers \* Colored Pencils \* Glitter \* You choose!

- Age categories are 3-7 and 8-12.
- Limit one submission per child.
- All entries must be the original size.
- Contest is open to not just tribal members and their descendants, but also those children who are part of the local tribal community.
- Entries can only be submitted by snail mail or dropped off at the

LTBB Governmental Center (7500 Odawa Circle, Harbor Springs, Michigan, 49740) or the LTBB DHS office (911 Spring St. Petoskey, Michigan, 49770).

- All mailed entries must be postmarked or hand delivered by April 29, 2022. No exceptions!



Honoring Our Past.  
Creating Hope for the Future.

### WE CAN HELP

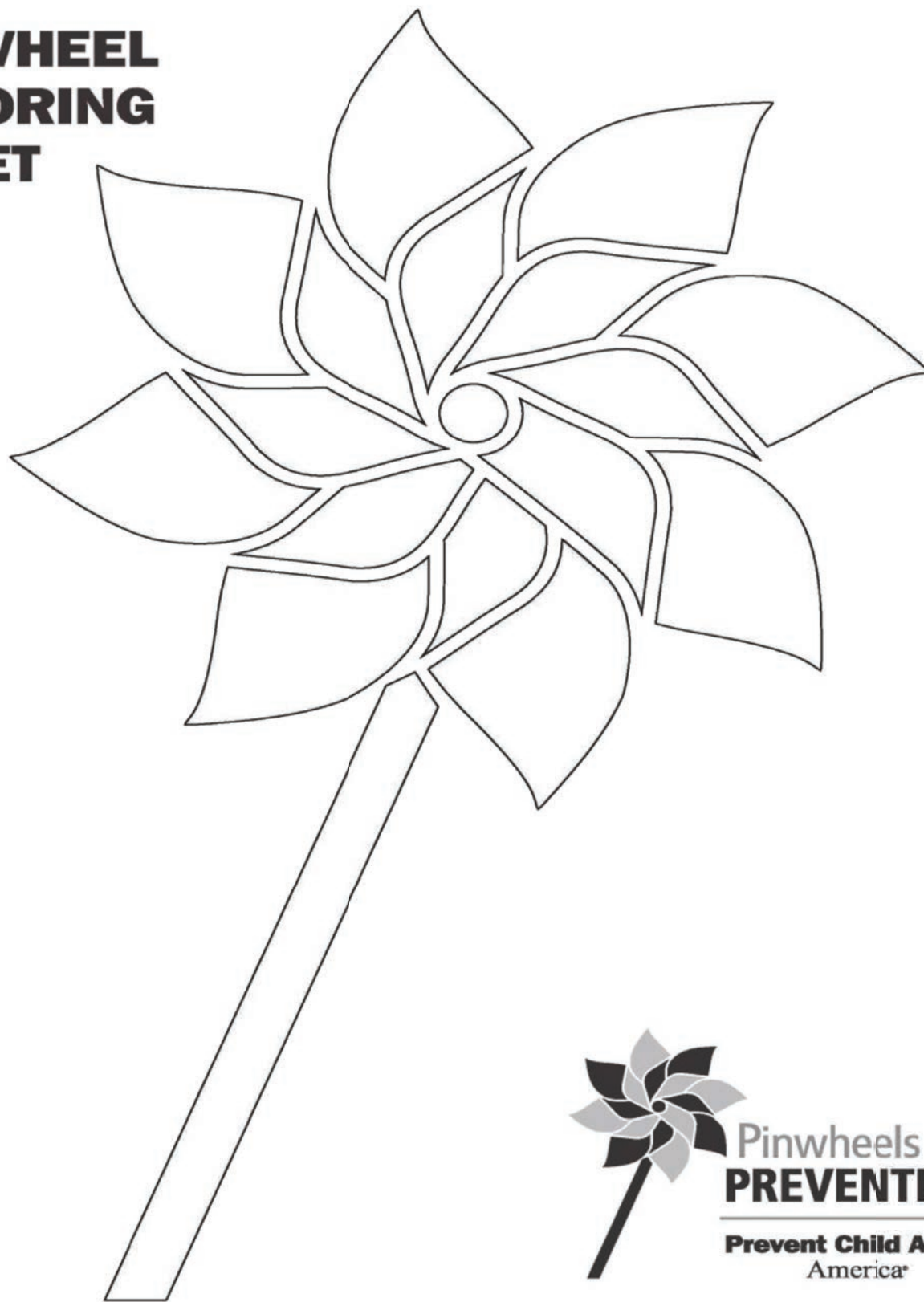
Victim service providers help victims rebuild their lives. We can help you learn about your legal rights and options, cope with the impact of crime, access victim compensation, develop a safety plan, and navigate the criminal justice and social service systems.

#### DIRECT SERVICES FOR VICTIMS

- Childhelp National Child Abuse Hotline  
800-4-A-CHILD
- Cyber Civil Rights Initiative  
844-878-2274
- Love Is Respect  
866-331-9474, TTY 866-331-8453
- Mothers Against Drunk Driving  
877-MADD-HELP
- National Domestic Violence Hotline  
800-799-SAFE, TTY 800-787-3224
- National Human Trafficking Hotline  
888-373-7888, TTY 711
- National Runaway Safeline  
800-RUNAWAY
- Parents of Murdered Children, Inc.  
888-818-POMC
- Rape, Abuse, & Incest National Network  
800-656-HOPE
- Pathways to Safety International  
833-SAFE-833
- StrongHearts Native Helpline  
844-7NATIVE
- National Suicide Prevention Lifeline  
800-273-8255, TTY 800-799-4889
- The Trevor Project  
866-488-7386
- Veterans Crisis Line  
800-273-8255 x1, TTY 800-799-4889

#### INFO & REFERRALS FOR VICTIMS

- Battered Women's Justice Project  
Legal Helpline  
800-903-0111 x1, TTY 711
- Bureau of Indian Affairs, Indian Country  
Child Abuse Hotline  
800-633-5155
- Federal Trade Commission Identity  
Theft Hotline  
877-FTC-HELP, TTY 866-653-4261
- National Center for Missing &  
Exploited Children  
800-THE-LOST\*
- Substance Abuse and Mental Health  
Services Administration Helpline  
800-662-HELP, TTY 800-487-4889
- VictimConnect Resource Center  
855-4-VICTIM



Name: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_

Parent/Guardian, please fill in the phone number

## APRIL 2022 FOOD DISTRIBUTION PROGRAM SCHEDULE

Open Distribution: 4<sup>th</sup> - 8<sup>th</sup> from 9am - 3pm  
 Call 231-881-2855 or 231-347-2573 for food pick-up appointments outside of our Open Distribution Week  
 828 Charlevoix Ave. Petoskey, MI 49770 Behind Fletch's Auto  
 Deliveries:  
 Local: 1<sup>st</sup>  
 Peshawbestown: 13<sup>th</sup>  
 Traverse City: 20<sup>th</sup>  
 For more information, contact Food Distribution Program Specialist Joe VanAlstine at 231-347-2573



**DO YOU QUALIFY FOR THE LTBB U.S.D.A. FOOD DISTRIBUTION PROGRAM?**

Please call our office to see if we are able to help you!  
 Call Monday - Friday  
 8 am to 5 pm at 231-242-1620.  
 \*food distribution varies depending on availability

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, RELIGION, POLITICAL BELIEFS, OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING 1400 INDEPENDENCE AVENUE, S.W. WASHINGTON D.C. 20250-9410, OR CALL (202) 702-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

**SEEKING: FOSTER HOMES**  
 Little Traverse Bay Bands of Odawa Indians  
 Department of Human Services  
 is searching for foster homes!  
 If you, or someone you know, have the time and desire to become a foster parent for our youth, please contact the LTBB Department of Human Services at 231-242-1620

**NEED HELP PAYING FOR CHILD CARE? WE CAN HELP!**

**APPLICANT DOCUMENTS**

- ★ TRIBAL ID
- ★ SOCIAL SECURITY CARDS FOR ALL HOUSEHOLD MEMBERS
- ★ 30 DAY'S PROOF OF INCOME FOR ALL HOUSEHOLD MEMBERS
- ★ SUPERVISOR SIGNED WORK/SCHOOL SCHEDULE
- ★ PROVIDER AGREEMENT

**LICENSED PROVIDERS**

- ★ COPY OF STATE UNEXPIRED LICENSE

**UNLICENSED PROVIDERS**

- ★ STATE ISSUED ID
- ★ ABILITY TO PASS ANNUAL BACKGROUND CHECKS

LITTLE TRVERSE BAY BANDS OF ODAWA INDIANS DEPARTMENT OF HUMAN SERVICES  
 811 SPRING STREET, PETOSKEY, MICHIGAN



# BUSY DAY soup

- 1 lb ground beef
- 1 package onion soup mix
- 1 3/4 cup mixed frozen vegetables
- 5 cups water
- 1 can diced tomatoes
- 1 cup macaroni



**SURVIVOR OUTREACH SERVICES**

The LTBB Survivor Outreach Advocate administers Support Services and is located in the LTBB DHS office. Assistance is available to Native American women and children who are survivors of domestic or sexual violence as well as non-Native intimate partners and their families.

Assistance may include the following:  
 Non-Emergency Transportation Assistance ~ Assistance with Personal Protection Orders ~ Problem Solving and Safety Planning ~ Emergency Food Vouchers ~ Advocacy and Referrals ~ Court Accompaniment ~ Relocation Assistance ~ Clothing / Toiletries

Please call LTBB Survivor Outreach Services at 231-242-1620, Monday - Friday, from 8 am to 5 pm

Support for domestic abuse or sexual assault is also available at the Women's Resource Center of Northern Michigan 24-hour crisis and information line at 231-347-0082 or for long distance callers 1-800-275-1995.

"THIS DOCUMENT WAS DEVELOPED BY THE LITTLE TRVERSE BAY BANDS OF ODAWA INDIANS SURVIVOR OUTREACH SERVICES SUPPORTED BY GRANT No. 2012-TW-AX-0034 AWARDED BY THE OFFICE ON VIOLENCE AGAINST WOMEN, U.S. DEPARTMENT OF JUSTICE. THE OPINIONS, FINDINGS, CONCLUSIONS, AND RECOMMENDATIONS EXPRESSED IN THIS PUBLICATION/PROGRAM/EXHIBITION ARE THOSE OF THE AUTHOR(S) AND DO NOT NECESSARILY REFLECT THE VIEWS OF THE DEPARTMENT OF JUSTICE, OFFICE ON VIOLENCE AGAINST WOMEN."

## GIJIGOWI ANISHINAABEMOWIN LANGUAGE DEPARTMENT

**LANGUAGE DEPARTMENT SEEKS YOUR ASSISTANCE**  
 Boozhoo! The Language Department needs community input! <https://ltbbodawa-nsn.gov/departments/language/>

Our team has been unable to get out and take photos due to the pandemic and all the safety guidelines. We are seeking photographs from community members to use in our on-line Anishinaabemowin language classes and curriculum for video lessons and learning materials.  
 Based on the number or quality of photos submitted, the department will provide a \$30 gift card.  
 Visit our website to see a list of photos needed.

**PHOTOS NEEDED**

**BE A CONTRIBUTOR TO LTBB'S LANGUAGE CLASS**

**AANKWADONG** on the cloud

[Click Here to See A List of Photos Needed](#)

**If you or a loved one is a victim of Domestic Violence, help is available.**

National Resource Center on Domestic Violence  
 1-800-799-7233

Stronghearts Native Helpline  
 844-762-8483

National Domestic Violence Hotline  
 1-800-799-7233

LTBB Survivor Outreach  
 231-242-1628

LTBB Behavioral Health  
 231-242-1640

Women's Resource Center  
 231-347-0082 or  
 1-800-275-1995

**STOP!**

This project was supported by Grant No.2016-SD-AX-K004 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

**NGIWAAMDAANAA NBI**

By **Maryann Endanawas**, Project Instructor/Fluent Speaker



Nbiish giinaadnaawaa jiigbiik niizh kwezenhsak minwaa zhishenhwan giibaanaadmaagewan. Miidash giwaabmaawaad aanind shkinwen gi-ji-mkom maptonid minwaa mbagwaashkininid. "Aaniish ezhichigewad?" di-naan dawemaan. "Minwendaagziwok!" kidwan dawemaan.

mkom minwaa maajii'aashi naawinch." "It's dangerous," said their uncle. "This is not the time to be out on the lake," he said. "Don't ever do this. The ice melts and moves out to the center of the lake very quickly."

Two young girls went down to the lake to get water and their uncle went along to help them. They saw a few of their peers running and jumping along the ice. Her sister asked, "What are they doing?" she replied, "They're having fun!"

Miidash zhiwe enjiginawaabmaawaad enokiinid shkinwen. "Aambe aabjitaadaa enokiying" jigaazwok kwe-senhsag. Wewiip giimooshkinebjigaazawok kikook. Miidash aabdek zhishenhwan wiiniwiikbinaad zhooshkjiwensan gidaaki. Kchigeskana giinoondaagozi wayaa. "Mbe!" kida zhishenhwan "Mii goyaa giipikoobiiset."

"Bekaa" kida Zhishenhwan "wiiba ngabipskaabii." Ginwaabmaawaan jiig-bik nizhaanid semaa'in giimidebigidnaan nbiing. Miidash giigiigidat Zhishenhwan "Pii nimkiik miyaawaat, minwaa mkom daashkaabiiset miisa maajii'aashwaad mkomiik."

The girls were standing on the shore watching their peers. "Come on, let's finish what we were doing," their uncle told them. They quickly filled the containers. Their uncle had to pull the sled up the hill. Suddenly, they heard someone yelling. "Darn!" said their uncle, "Someone fell in the water."

"Wait a minute," said their uncle, "I will be right back." They watched him as he walked to the lake and put his tobacco in the water. Then, uncle spoke and said, "When the thunders come, the ice will crack and form smaller pieces of ice that will start to move out and melt."

Mtig giininoojbidoon zhishenhwan. Wewiip giiniisaakiieptoo wiinaadmaaget. "Gegeti goyaa giipikoobiise" dinaan shiimeyin.

"Aapji niizaanad" kida zhishenhwan. "Gegwaa wiikaa maanda zhichigekego. Aapji nii wewiip ngizo

Uncle grabbed a branch. He quickly ran down the hill to go help. "Someone really fell in the lake," said sister.

Aapji aanmizwok wiiwiikbinaawaad gi-ji-mkom gaapkobiisenid. Jiigbiik giizhinaashkawaan shkinwen wiiboodwenit enjiwiikweyak. Miidash Zhishenh giinaakmasdoot tikon wiimijignang shkinwe. Miisa giigwaabiignad minwaa giibiiskonaan dobiskowaagan. Wewiip gnimaajiinaan oodi jiigi-shkode. Giigiiskan maaba shkiniigish en-saabaawek giigoojigaadeni tikoning besha shkodeng.

The young people were struggling to pull their friend onto the ice. Uncle sent them to shore to build a fire away from the wind. Then, Uncle laid the branch towards the young boy, so he could hang on to it. He quickly pulled him out of the water and put his coat on him. He took him to the fire. He took off all the young man's wet clothing and they hung them on a branch near the fire.

Miigo wiiba dabaatek jigaazo. Waabowaan giimiiwdoon pane doozhooshkjiwesing miidash gaawiikwepnaad.

Uncle told him, "They will dry quickly." He wrapped him with a blanket that he always carried in his sled.

Giidibaajimaa dash epiichi baabiichgewaad wiibaatenik gwiiwnan. Giwiindimaagaazwok nbi ezhigchi-

naadmaaget maampii shkakmigaang ensa giizhigak.

He spoke to them while they waited for their friend's clothes to dry. He told them how important water is and how it helps us, and mother earth, every day.

Gewii maaba nbi doskwe'aabiin daa'aanan dibishko kiinmi. Mkom gewii daa'aan din'nokiwin, wiizhiitaasjiget minookmik, minwaa goonda naamkamik nebaajik wiiba wiishkoziwok. Maaba dash "nbi" kwewok ginwenmaa'aan. kinomaagewinan gewii daa'aanaawaan.

"Water has veins like us," he said. "Water has its work to do, too. It is preparing for the spring that will arrive soon and also for those who sleep underground and will be waking soon. Women take care of the water. They have many teachings to share."

Kina gwa 'nbi' ewaamdamaang goji daa'aan nokiwin maampii shkakmigaang. Aabdek wiiminaadendimang 'nbi' pane. Gamaapiich giigiigida shkinwe, "Miigwech giibinaadamoyin minwaa miigwech giidibaadamaan pane wiimnaadenmaang 'nbi.'"

All the waters, seen everywhere, have a purpose on earth. You must always respect water. In time, the young man spoke, "Thank you for coming to help and for sharing teachings about the respect of 'water.'"

*Courtesy photo.*

**DANAKAMIGZIWIN (ACTIVITIES/PUZZLES/GAMES) FOR EXTRA PRACTICE**

Aanii kina wiya. The Language Department developed puzzles for the Aankwadong online class. Every month, we will post links to online

puzzles for extra practice and fun. This month, we are going over gindaaswinak (numbers). Below are the links to the puzzles:

- <https://puzzel.org/en/crossword/play?p=-Mj9oye1-7y88R5vUplv>
- <https://puzzel.org/en/wordseeker/play?p=-Mj9oOfK2j5b95N6GrUe>
- [https://puzzel.org/en/matching-pairs/play?p=-MjAjwA0zv0\\_bVSyWufr](https://puzzel.org/en/matching-pairs/play?p=-MjAjwA0zv0_bVSyWufr)
- <https://puzzel.org/en/memory/play?p=-MjAh1H3JVBQBL9mMw3V>

1 Bezhik

2 Niizh

3 Nswe

4 Niiwin

5 Naanan

6 Ngodwaaswe

7 Niizhwaaswe

8 Nshwaaswe

9 Zhaangswe

10 Mdaaswe

**Gindaaswinak**  
(numbers)

Vowel	Sounds Like:
a	bus
aa	father
e	bed
i	sit
ii	see
o	phone
oo	joe
nh	nasal sound

Little Traverse Bay Bands Odawa Gijigowi Anishinaabemowin Department

## Zoom Community Language Class

### with Maryann Endanawas

**Come join us Tuesday Evenings**  
from 6 - 7:30 PM EST  
**Zoom: 990 147 0213**  
**NO code required**  
**January 18th - May 24th**

For more information, contact:  
Theresa Keshick, Gijigowi Language Department @ 231-242-1457 or via email: [tkeshick@ltbbodawa-nsn.gov](mailto:tkeshick@ltbbodawa-nsn.gov)

**LTBB Anishinaabemowin**

Find us on **facebook**

Dengwe-Mzinigan: Face-Book

Gijigowi Anishinaabemowin Language Department hosts Facebook Group called "LTBB Anishinaabemowin."

We will post materials for language learning, announcements and flyers. Materials will be accessible on the group page under the "Photos" tab or the "Files" tab. PowerPoints with audio and PDF's are downloadable.

- Search our name and "Join."
- Add your family and friends.
- Post Comments and Language Items.

For more information, contact Little Traverse Bay Bands of Odawa Indians, Gijigowi Anishinaabemowin Language Department at 231-242-1457 or toll free 1-866-652-5822 or e-mail [LangTech@ltbbodawa-nsn.gov](mailto:LangTech@ltbbodawa-nsn.gov)

Message: **GIHN (YOU)**

Subject: **Bibezhik Kidwin**

**Bibezhik Kidwin - One Word at a Time. AUDIO ATTACHED**

LTBB Gijigowi Anishinaabemowin Language Department would like to add you to our Bibezhik Kidwin e-mail list. A word or phrase is sent each work day and includes mp3 audio, so you can hear the word sounded out. Just another little tool to learn and practice Anishinaabe Language! To be added to the list, e-mail [Carla Osawamick at cosawamick@ltbbodawa-nsn.gov](mailto:cosawamick@ltbbodawa-nsn.gov)



- 0 Kaagego
- 1 Bezhib
- 2 Niizh
- 3 Nswe
- 4 Niiwin
- 5 Naanan
- 6 Ngodwaaswe
- 7 Niizhwaaswe
- 8 Nshwaaswe
- 9 Zhaangsw
- 10 Mdaaswe

**Gindaaswinak**  
(numbers)



- 11 Mdaaswe shi bezhib
- 12 Mdaaswe shi niizh
- 13 Mdaaswe shi nswe
- 14 Mdaaswe shi niiwin
- 15 Mdaaswe shi naanan
- 16 Mdaaswe shi ngodwaaswe
- 17 Mdaaswe shi niizhwaaswe
- 18 Mdaaswe shi nshwaaswe
- 19 Mdaaswe shi zhaangsw

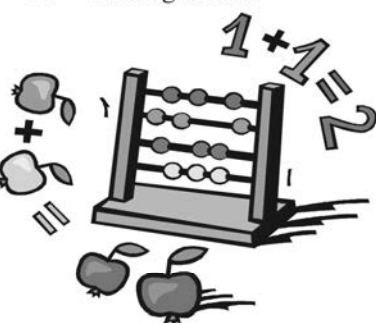
- 20 Niizhtana
- 30 Nsemtana
- 40 Niimtana
- 50 Naanmitana
- 60 Ngodwaasmitana
- 70 Niizhwaasmitana
- 80 Nshwaasmitana
- 90 Zhaangsmiitana

shi is a 'connector'  
examples:

- 16 Mdaaswe shi ngodwaaswe
- 23 Niizhtana shi nswe
- 37 Nsemtana shi niizhwaaswe
- 44 Niimtana shi niiwin
- 52 Naanmitana shi niizh
- 61 Ngodwaasmitana shi bezhib
- 78 Niizhwaasmitana shi nshwaaswe
- 89 Nshwaasmitana shi zhaangsw
- 95 Zhaangsmiitana shi naanan
- 129 Ngodwaak shi Niizhtana shi Zhaangsw
- 357 Nswaak shi Naanmitana shi Niizhwaaswe
- 562 Naanwaak shi Ngodwaasmitana shi Niizh
- 899 Nshwaaswaak shi Zhaangsmiitana shi Zhaangsw

- 100 Ngodwaak
- 200 Niizhwaak
- 300 Nswaak
- 400 Niiwaak
- 500 Naanwaak
- 600 Ngodwaaswaak
- 700 Niizhwaaswaak
- 800 Nshwaaswaak
- 900 Zhaangswaak
- 1000 Mdaaswaak

Vowel	Sounds Like:
a	bus
aa	father
e	bed
i	sit
ii	see
o	phone
oo	joe
nh	nasal sound



Little Traverse Bay Bards Odawa Gijigowi Anishinaabemowin Department

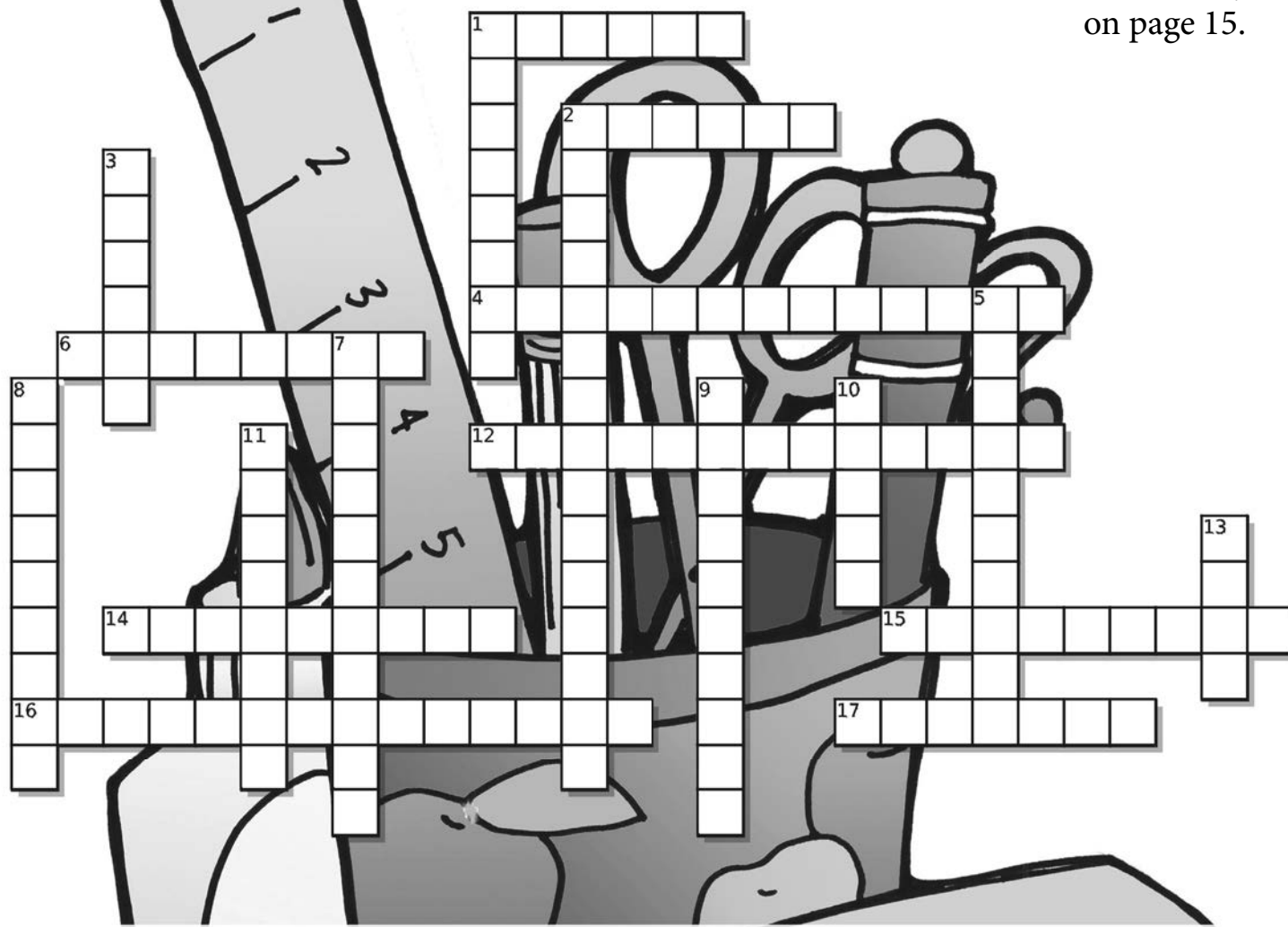
**NISHNAABE  
EXPRESSIONS**

- Gaanaamninaak - as if or you've go to be kidding
- Giiownaadis na? - Are you crazy?
- Kiibaadzi - he or she is foolish
- Wasmaanoo - nevermind or leave it alone
- Shkedesh - see what happens
- Wasgapsaan! - Shut up!
- Psaanyaan! - Be quiet
- Wewiipaan - Hurry up
- Wasgojimaa - get out of here
- Bekaa - slow down or quiet
- Waamdayshin zhoonyaa! - show me the money!
- Enweksanaa - somewhat
- Mii yi - that's it
- Miisgo yi - Ok or alright then
- Wasga - go on, get out of here
- Ayii - whatchama call it!
- Ayaa - what's his or her name?
- Maajaan - Go
- Aandiidok - "don't know where it is" or don't know where he/she is" etc.
- Gaan memkaach - never mind or not necessary
- Pane - always or he/she is gone
- Maajji - starting



**Gindaaswinak**  
Numbers

Answer key  
on page 15.



ACROSS

- 1 five
- 2 four
- 4 eighty
- 6 forty
- 12 ninety
- 14 eight
- 15 nine
- 16 sixty
- 17 ten

DOWN

- 1 thirty
- 2 seventy
- 3 one
- 5 fifty
- 7 seven
- 8 twenty
- 9 six
- 10 two
- 11 one hundred
- 13 three

**Ebiimoshin**

(modern phrase to say "e-mail me")

**Bibezhib Kidwin E-mail List -**

One word at a time - E-mails sent of a single word or phrase with MP3 audio sound attached.

**Anishinaabemowin E-mail List -**

In addition to the Bibezhib Kidwin e-mails, you'll also receive occasional e-mails regarding Anishinaabemowin Language such as announcements of Language or Cultural Activities, Classes, Events or General Information and News.

Send us an e-mail, and we'll add you to the "Bibezhib Kidwin E-mail List" or the "Anishinaabemowin E-mail List." Carla Osawamick (McFall) at [cosawamick@ltbbodawa-nsn.gov](mailto:cosawamick@ltbbodawa-nsn.gov)

**THE ENROLLMENT OFFICE  
NEEDS YOUR HELP!**

We would like to start tracking LTBB Tribal Citizens who have completed military service or who are currently on active duty. If you are a veteran, please call us toll free at 1-866-652-5822 ext. 1521 or 1520. We will be asking you the following questions:

- (1) Name
- (2) Date of Birth
- (3) Branch of Service

This information will be used by the Grants Department.

Megwetch,  
Pauline Boulton, Enrollment Officer

# ELDERS DEPARTMENT

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS

## ELDERS DEPARTMENT

231-242-1423

7500 ODAWA CIRCLE  
HARBOR SPRINGS, MI 49740

### FOOD & UTILITY APPROPRIATION ALLOWANCE APPLICATION

Please print the following information:

CURRENT YEAR \_\_\_\_\_ TRIBAL ENROLLMENT NUMBER \_\_\_\_\_

Name \_\_\_\_\_

First

Middle

Last

Address \_\_\_\_\_

Street

City

State

Zip Code

Date of Birth \_\_\_\_\_ Telephone Number \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

By signing above I certify this appropriation will be used towards food, cleansers, or utility expenditures.

### DO NOT WRITE BELOW THIS LINE! OFFICE USE ONLY.

Amount

Food & Utilities Allowance	2107-2-6370-10	
<b>Total Amount of Check</b>		

ACCOUNTING USE ONLY

VENDOR #: \_\_\_\_\_  
A.P. REVIEW: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
CONTROLLER: \_\_\_\_\_

Requestor: \_\_\_\_\_ Date: \_\_\_\_\_

Approval: \_\_\_\_\_ Date: \_\_\_\_\_

<input checked="" type="checkbox"/>	MAIL:
<input type="checkbox"/>	RETURN TO DEPARTMENT:
<input type="checkbox"/>	OTHER:

NATIONAL  
**SUICIDE PREVENTION LIFELINE**  
1-800-273-TALK (8255)  
suicidepreventionlifeline.org

#### LTBB ELECTION BOARD CONTACT INFORMATION

**Office Location**  
407A Michigan St.  
Petoskey, MI

**Mailing Address**  
P.O.Box 160  
Conway, MI 49744

**Office Phone/FAX**  
231-348-8209

General Email for all Board Members  
ElectionBoard@LtbbElectionBoard.org

Andrea Pierce, Chairperson  
APierce@LtbbElectionBoard.org  
(734) 796-0710

Regina Gasco, Vice-Chairperson  
RGasco@LtbbElectionBoard.org  
(231)838-6107

Jon Shawa, Treasurer  
JShawa@LtbbElectionBoard.org  
(517) 927-3255

Carla Osawamick, Secretary  
COsawamick@LtbbElectionBoard.org  
(517) 862-3633

#### Gindaaswinak Puzzle

Puzzle on page 14.

Across

- ninety – zhaangsmitaana
- five – naanan
- seven – niizhwaaswe
- three – nswe
- one hundred – ngodwaak
- forty – niimtana
- seventy – nniizhwaasmitana
- nine – zhaangswwe
- six – ngodwaaswe
- two – niizh
- twenty – niizhtana
- fifty – naanmitana

Down

- eighty – nshwaasmitana
- thirty – nsemtana
- four – niwin
- eight – nshwaaswe
- sixty – ngodwaasmitana
- one – bezhik
- ten – mdaaswe

IRS.gov/rrc

### Claiming the 2021 Recovery Rebate Credit When You Don't Normally File a Tax Return

Most eligible people already received their stimulus payments and are not eligible to claim a credit.

If you're eligible and didn't receive the full third Economic Impact Payments, you may be eligible to claim the Recovery Rebate Credit. To claim it, you must file a 2021 tax return even if you otherwise are not required to file a tax return. Your 2021 Recovery Rebate Credit will be included in your tax refund.

To file accurately and avoid processing delays, you'll need the total amount of any third Economic Impact Payments you received. You can find this information on your individual Online Account or in Letter 6475, titled Your Third Economic Impact Payment, which the IRS is sending to confirm your total amount of payments for tax year 2021.

IRS Free File is a great option for people who are only filing a tax return to claim the 2021 Recovery Rebate Credit. The most secure and fastest way to get a tax refund, which would include your Recovery Rebate Credit, is to combine electronic filing with direct deposit.

See the special section on IRS.gov about claiming the Recovery Rebate Credit if you aren't required to file a tax return.

### MEDIA GIRLFRIENDS INDIGENOUS STUDENT SCHOLARSHIP

\$10,000 SCHOLARSHIPS  
Deadline: April 30, 2022

OPEN TO  
Indigenous students, any gender ages 17-30

REQUIREMENTS  
Essay, letter of recommendation, resume

This scholarship is for Indigenous high school, college, or university students of any gender entering a college or university program in journalism, communications, media, or tech in Canada. One scholarship will be awarded to a high school student entering a program or a student already enrolled in a college or university program.

Write a personal essay up to 500 words on what you hope to achieve working in the media. Provide one letter of recommendation, highlighting your schoolwork and extracurricular activities, and a recent resume or biography highlighting your student activities, hobbies, and/or related media experience.

More info at [mediagirfriends.com](http://mediagirfriends.com)  
Or search ScholarTree.ca

### GET HELP TO QUIT SMOKING

"If you don't let [the nicotine] back in, staying away from it gets easier. And you get happier too."  
- Christopher, former smoker

Keep tobacco sacred while protecting your children and future generations from commercial tobacco. Get help to quit smoking by calling the American Indian Commercial Tobacco Program Quitline.

Over 30% of callers stay quit after 6 months.

**CALL TODAY!**  
855.5AIQUIT  
(855.524.7848)

AMERICAN INDIAN Commercial Tobacco Program  
[www.aiquitline.com](http://www.aiquitline.com)

IN PARTNERSHIP WITH  
THREE FIRES Comprehensive Cancer Consortium  
[www.itcmi.org](http://www.itcmi.org)

# NATIVE NEWS

## ST. JOSEPH'S INDIAN SCHOOL PROGRAM PROVIDES FUNDING TO HELP SOLVE MISSING AND MURDERED INDIGENOUS PERSONS CASES



Native Hope, an outreach program of the St. Joseph's Indian School, recently contributed more than \$250,000 to fund the position created in the South Dakota Attorney General's Office for Missing and Murdered Indigenous Persons (MMIP) cases.

Native Hope made this commitment believing the outcome can serve as a model for bridging the jurisdictional gaps systemic throughout the country. The grant is for \$85,000 per year over three years.

Some 40% of sex trafficking victims in South Dakota are Native women and children, dispropor-

tionate to the 8.57% of Native residents. Domestic violence is another contributing factor to missing and murdered indigenous people.

The FBI and tribal police handle missing persons and criminal cases on reservations, which are managed by local and state agencies elsewhere. As a result, cases can involve multiple jurisdictions and the new funding will allow for better coordination between the South Dakota Office of Liaison for Missing and Murdered Indigenous Persons, the U.S. Attorney's Office and Department of Justice and state and tribal law enforcement agencies.

Native Hope also works with Counseling Services at St. Joseph's on educational events and resources on the issue.

*Courtesy graphic.*

## STRONGHEARTS NATIVE HELPLINE WELCOMES THREE TRIBAL ADVOCACY PROGRAMS

StrongHearts Native Helpline welcomes Little River Band of Ottawa Indians (LRBOI), Keweenaw Bay Indian Community and Bay Mills Indian Community to the Michigan Enhancement Project.



In 2021, StrongHearts launched a pilot project in Michigan to expand its existing domestic and sexual violence advocacy services to support tribal programs and their contacts in that state. The project is a partnership with the Division of Victim Services at Michigan's Department of Health and Human Services, which is also provid-



ing the funding. A well-recognized issue



throughout tribal domestic violence advocacy and shelter work is many tribal programs are small with limited staff. Their advocates may need to carry pagers or cell phones at all times in order to respond to victims, resulting in overtime and additional stress. Sometimes, advocates are unable to respond and victims calling after hours are simply advised to call back during office hours, which can create a safety issue for them. This project will give Native American victim-survivors in Michigan access to culturally appropriate advocacy 24/7 even if they call their local tribal program after regular operating hours.

"The LRBOI Victim Services Program (VSP) is not funded to provide a 24-hour hotline service; for years, we have done our best to answer after-hours calls but there are times, calls have been missed," said Shanaviah Canales, Victim Services program manager. "This partnership benefits victim-survivors by providing culturally-honoring services after hours. This partnership will sustain the VSP, which provides a coordinated collaborative multidisciplinary

response to victims of crime, their families and the community."

By opting in, tribal programs will be able to set their after-hours answering service to prompt callers to press one to transfer directly to StrongHearts Native Helpline advocates. StrongHearts advocates will be aware the call is coming from a tribal program in Michigan, but the call will be completely confidential and anonymous.

"We are looking forward to continuing to work together with enhancing the culturally-honoring advocacy services and to ensure all Native victim-survivors are provided life-saving tools and receive immediate support to ensure safety and can be free from living in a life of abuse," said Canales.

StrongHearts Native Helpline is a 24/7 culturally appropriate domestic, dating and sexual violence helpline for Native Americans and Alaska Natives available by calling or texting 1-844-7NATIVE or clicking on the chat icon on stronheartshelpline.org.

*Courtesy graphics.*

**LTBB Pharmacy**  
Hours: Monday – Friday 8 am – 6 pm  
Phone: 231-242-1750

What prescriptions are filled at the LTBB Pharmacy?

- Prescriptions written by LTBB Clinic Providers
- Prescriptions written by providers where you have been referred to by the LTBB Clinic

PLEASE BE AWARE OF HOLIDAY HOURS AND MEDICATION REFILLS.

LTBB COMMUNITY HEALTH

# NATIVE WAY

OPEN EACH DAY  
5AM - 11PM

We are excited to announce the new hours of operation for Native Way!

If you do not have a membership, you will need to have a current physical. Once your physical has been completed, you will need to call Marlene Gasco, Health Wellness Advocate, at 231-487-1796 to schedule your orientation.

# COVID-19 VACCINE OR BOOSTER

If you are in need of a Covid-19 Vaccine or Booster, please call the Tribal Health Clinic at (231) 242 - 1780 to schedule an appointment.

LET'S PROTECT THE TRIBAL COMMUNITY FROM COVID-19

### TRIBAL NOTARY INFORMATION

The Tribal Notaries listed below are eligible to perform notarial acts within Little Traverse Bay Bands Jurisdiction unless he/she violates section C. Revocation WOS#2008-05 Tribal Notary Statute

Tribal Notary Commission Full Name	Current Status	Phone Number (231)	Expiration Date	Serial Number
Rebecca R Fisher	Active	NA	February 20, 2027	02-09
Cynthia Brouckaert	Active	242-1462	June 5, 2023	05-09
Beverly J Wemigwase	Active	242-1400	February 21, 2027	10-09
Julie Rose Janiskee	Active	242-1610	August 23, 2027	11-09
Marin C Taylor	Active	242-1521	May 14, 2024	13-09
Hayden Hooper	Active	242-1584	February 1, 2027	15-09
Lakota Worthington	Active	242-1401	May 4, 2027	16-09
Kerstine Omey	Active	242-1418	January 17, 2028	17-09

### PRC Covers Chiropractic Care!

How do I get covered?

1. Make an appointment at the LTBB Health Clinic and discuss with your physician if chiropractic care would be helpful for you.
2. If so, your physician will refer you for chiropractic care and your referral will be reviewed by our managed care team.



All approved referrals will be eligible for three visits and ONE medical massage per month! Patients are required to follow up with their physician annually to continue chiropractic care.

Call the LTBB Health Clinic today to get started! 231-242-1700



# INTERTRIBAL RESOLUTIONS CALL FOR THE UNITED STATES TO TAKE ACTION

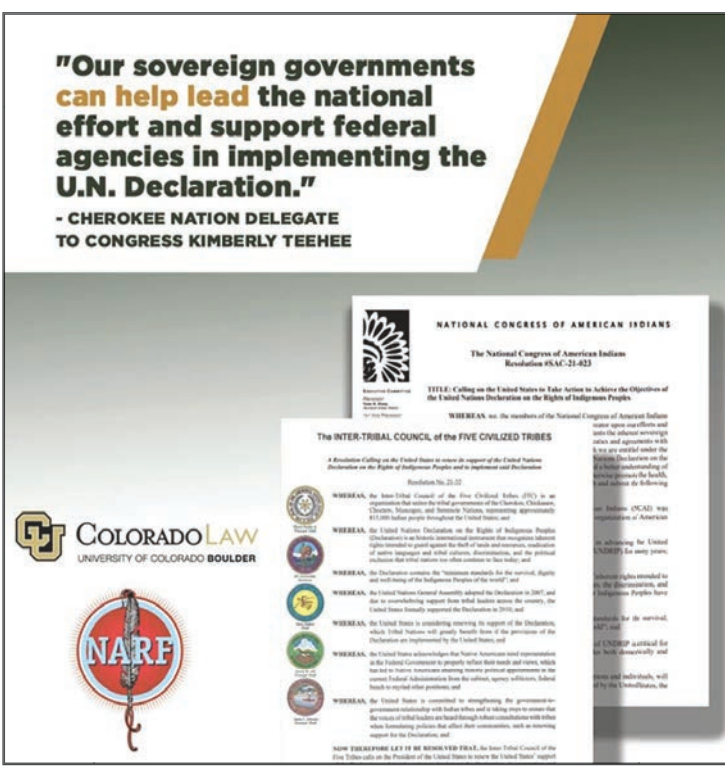
Two of the nation's most prominent intertribal organizations – the National Congress of American Indians (NCAI) and the Inter-Tribal Council of the Five Civilized Tribes – have passed resolutions calling on the U.S. to jumpstart implementation of the United Nations Declaration on the Rights of Indigenous Peoples (declaration), adopted 15 years ago.

While step one of the resolution calls for the U.S. to develop a national plan in consultation with indigenous peoples in the U.S., step two requests the U.S. to appoint a Global Indigenous Affairs Ambassador. Step three calls for the U.S. to support the full and effective participation of indigenous peoples in all United Nations bodies.

The Implementation Project is a joint project of the Native American Rights Fund (NARF) and the University of Colorado Law School (Colorado Law) to advance education and advocacy regarding the declaration and to work toward its implementation.

The Inter-Tribal Council of the Five Civilized Tribes also adopted a resolution urging the Biden administration to take the same three steps towards implementation.

Indigenous peoples of the U.S. worked alongside other Native activists and indige-



nous intellectuals from around the globe for more than three decades to develop the declaration and support its adoption by the United Nations General Assembly. Tribal governments have continuously advocated for the U.S. to adopt the declaration and to begin implementation. This movement for UN recognition of indigenous rights and participation of Native peoples has spanned the history of the UN and faced many challenges along the way.

The provisions of the declaration comprehensively describe the minimum standards governments must take

to provide basic human rights to indigenous peoples.

### Resources

Today, indigenous peoples in the U.S. and the U.S. federal government have an important opportunity to move forward in implementing the declaration. Indigenous peoples and others seeking resources on the declaration and how to implement it, can visit The Implementation Project website (<https://un-declaration.narf.org/>) to download a copy of publications, including the Tribal Implementation Toolkit, and to access news, resources and events.

*Courtesy graphic.*

# AREA AGENCY ON AGING OF NORTHWEST MICHIGAN PUBLIC HEARINGS ON AREA PLAN

The Area Agency on Aging of Northwest Michigan (AAANM) will conduct two public hearings on the Fiscal Year 2023-2025 Multi-Year Plan (MYP) for aging programs and services.

The 10-county area served by AAANM consists of Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee and Wexford counties in Michigan.

The MYP serves as a guide for the development and funding of aging services. Services include but are not limited to, information and assistance, homemaking, personal care, respite care, family caregiver support, elder abuse prevention, legal assistance, long term care ombudsman, congregate and home delivered meals, adult day care and transportation. AAANM is soliciting input, comments and suggestions from the general public which may assist in the development of the MYP.



The public hearings are scheduled for April 7, 2022 at 11:15 a.m. This will be a virtual session. Please call 1-800- 442-1713 for details. The second session will be on April 11, 2022 at 12:15 p.m. at the Kalkaska County Commission on Aging, 303 S. Coral St., Kalkaska, MI.

Copies of the draft FY 2023-2025 MYP will be available on March 24, 2022. To obtain a copy or for further information, call 231-947-8920 or 1-800-442-1713 or visit [www.aaanm.org](http://www.aaanm.org). Written testimony will be accepted at the hearings or by e-mail to [gustineh@aaanm.org](mailto:gustineh@aaanm.org) or by mail to the Area Agency on Aging of Northwest Michigan, 1609 Park Drive, Traverse City, MI 49686. All testimony must be received by April 25, 2022.

*Courtesy graphic.*

# NEW MASTER OF FINE ARTS IN CULTURAL ADMINISTRATION AT IAIA

The Institute of American Indian Arts (IAIA) is excited to announce a new Master in Fine Arts (MFA) program —MFA in Cultural Administration.

This new MFA in Cultural Administration, referred to as MFACA, is the first of its kind focusing on Indigenous Arts and Cultures not only nationally, but internationally. MFACA offers two uniquely distinct tracks, one with an emphasis on Tribal Museum and Cultural Center Administration, and the other track is based in Arts Administration.

The two-year low-residency program, geared toward postgraduate indigenous professionals in leadership positions in museums and arts and cultural organizations, is for those who believe leadership should be driven and guided by community engagement and involvement. The teachings of the MFACA program are



founded on the respect and reverence of indigenous community-based traditions and the support of community-led growth and preservation of indigenous culture, art, language, history and governance.

The MFACA was recently accredited by the Higher Learning Commission (HLC). Requirements and more information about the program forthcoming.

*Courtesy photo.*

**WE ARE ALL IN THE SAME SHOES.** OPIOID ADDICTION DOESN'T DISCRIMINATE

Opioid addiction is a medical condition that can affect any race, gender, or social class. Those affected need our compassion and respect.

- Opioids can be highly addictive.
- Talk to your doctor about other options for pain management.
- Never share an opioid prescription.
- Dispose of unused medication safely at a take-back program near you.

**STOP THE STIGMA.**

If you are a member of our Tribal Community and you need help, call Little Traverse Bay Bands of Odawa Indians Behavioral Health at (231) 242-1640

100% Funded by SAMHSA Tribal Opioid Response grant #14793108174

**EAT WELL BE WELL**

The LTBB Community Health / Mnozhyaadaa Department is EXCITED to announce that our Dietitian is able to meet with patients via Zoom!

Recently, Charla Gordon, MA, RD, CDCES, CHES, completed her Certification for Well Coaches! So, if you need assistance in preparing your pantry, making healthier food choices, or to have someone work with you on making changes to improve your health, then contact Charla!

[CGordon@ltbbodawa-nsn.gov](mailto:CGordon@ltbbodawa-nsn.gov)

**SPECIALTY SERVICES:**

- +Weight Management
- +Children's Health
- +Specialty Diets
- +Improve performance for all body types

Email Charla today to schedule an appointment!

**Maajtaag Mnobmaadzid**

**Healthy Start Family Spirit**

Services provided for expectant mothers, children ages 0-5, and their families.

Serving citizens and descendants of LTBB and other recognized tribes within our community.\*

**What to expect:**

- Educational materials and skill building to support and promote the growth, development, health and well-being of child and family.
- Additional support services provided by community resources and referrals, and based off family needs.
- Midwifery Program available for prenatal and postpartum mothers.
- guided curriculum developed by the Johns Hopkins Center for American Indian Health and the use of a supplementary curriculum called Gikinawaabi provided by the Intertribal Council of Michigan.
- Monthly visits in home, office or agreed location.
- \*Monthly group experiences to be determined.
- Out of our service area? Follow us on Facebook for supplemental information on parenting topics open to all.

facebook <https://www.facebook.com/ltbbhealthystart>

**Contact:**

Carol J. Sodman-Morris: P: 231-242-1614 | Email: [CSodman@ltbbodawa-nsn.gov](mailto:CSodman@ltbbodawa-nsn.gov)  
Maternal/Child Health Nurse/Midwife

Cheyenne Kiogima: P: 231-242-1721 | Email: [CMKiogima@ltbbodawa-nsn.gov](mailto:CMKiogima@ltbbodawa-nsn.gov)  
Family Spirit Support Health Educator

Address: 1260 Ajjjaak Avenue, Petoskey, MI \*servicing the 27 county area

**No Insurance? See if you qualify for the Healthy Michigan Plan!**

The Healthy Michigan Plan provides health care benefits to Michigan residents at a low cost so that more people can have health care coverage. Individuals are eligible for the Healthy Michigan Plan if they:

- Are age 19-64 years
- Have income at or below 133% of the federal poverty level\* (\$16,000 for a single person or \$33,000 for a family of four)
- Do not qualify for or are not enrolled in Medicare
- Do not qualify for or are not enrolled in other Medicaid programs
- Are not pregnant at the time of application
- Are residents of the State of Michigan

\*Eligibility for the Healthy Michigan Plan is determined through the Modified Adjusted Gross Income methodology.

If you do not have insurance and would like to fill out an application, contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 or by e-mail at [vglazier@ltbbodawa-nsn.gov](mailto:vglazier@ltbbodawa-nsn.gov) to set up an appointment today!

# SUPREME COURT TO REVIEW ICWA CASE

By *Indian Country Today*



of child welfare law, which is why both Republican and Democratic administrations, tribes and tribal organizations, and child welfare experts continue to defend it. We will never accept a return to a time when our children were forcibly removed from our communities and look forward to fighting for ICWA before the Court.”

There’s a long legal and constitutional precedent favoring ICWA.

The Native American Rights Fund (NARF) says the 44-year-old law is widely supported by an “impressive array of stakeholders within and outside of Indian Country” who recognize the importance of keeping children connected to family and cultural identity.

Those positive outcomes are far-reaching and include higher self-esteem and academic achievement, according to NARF.

The case will be argued during the court’s new term which begins in October.

Texas, Louisiana, Indiana and seven individuals had sued over provisions in the law, and a federal district court initially sided with the group and struck down much of the law. But in 2019, a three-judge federal appeals court panel voted 2-1 to reverse the district court and uphold the law. The full court then agreed to hear the case and struck some provisions.

The Biden administration asked the Supreme Court to review the case, arguing the provisions should not have been struck.

Before the Indian Child Welfare Act was passed, between 25% and 35% of Native American children were being taken from their homes and placed with adoptive families, in foster care or in institutions. Most were placed with white families or in boarding schools in attempts to assimilate them.

*The Associated Press contributed to this report.*

Courtesy photo.

**Editor’s note:** The following article appeared on *Indian Country Today* and is reprinted here with permission.

The U.S. Supreme Court agreed to hear *Texas v. Haaland*, a case seeking to overturn the Indian Child Welfare Act (ICWA).

The high court said it would take the case reviewing the 1978 federal law. Many call the Indian Child Welfare Act a gold standard for child welfare policy.

A federal appeals court in April upheld the law and Congress’ authority to enact it. But the judges also found some of the law’s provisions unconstitutional, including preferences for placing Native American children with Native adoptive families and in Native foster homes.

“The far-reaching consequences of this case will be felt for generations,” stated the National Indian Child Welfare Association in a statement. “In a coordinated, well-financed, direct attack, Texas and other opponents aim to simultaneously exploit Native children and undermine tribal rights.”

ICWA has long been championed by tribal leaders to preserve Native families and cultures involving Native children, and it places reporting and other requirements on states.

“In keeping (Native children) connected to their extended family and cultural identity, the positive outcomes are far-reaching and include higher self-esteem and academic achievement. Further, they recognize that collaboration between sovereign Tribal Nations and state child welfare systems is effective and just governance,” the national organization stated.

Tribal leaders from Cherokee Nation, Morongo Band of Mission Indians, Oneida Nation and Quinault Indian Nation issued a joint statement which read in part:

“We are glad to hear that the U.S. Supreme Court has granted cert to reexamine these aspects of the decision and look forward to once again seeing ICWA fully upheld, as courts have repeatedly done for over four decades.

“As leaders of our respective tribes, we know the importance of keeping our children connected with their families, communities, and heritage. ICWA has proven itself as the gold standard

**Helping Native Americans achieve self-sufficiency through employment and training opportunities in 28 counties throughout Michigan.**

**Examples of Services Provided:**

- Help with job search & placement
- Development of an Individual Employment Plan
- Opportunities for classroom training
- Assistance for entrepreneurs and small business related costs
- Financial assistance for education and employment related costs.

For more information, contact Rachael Koepf at 231-242-1488 or e-mail [rkoepf@ltbbodawa-nsn.gov](mailto:rkoepf@ltbbodawa-nsn.gov)

LTBB of Odawa Indians is the recipient of this grant under the Department of Labor (DOL). In accordance with the Jobs for Veterans Act, WIOA

**LTBB EDUCATION'S TEXT MESSAGE ALERTS**

Little Traverse Bay Bands Of Odawa Indians 1h ago

- Want to be updated everytime there is an event?
- Stay updated with our text message alerts!
- Receive information on events, news, updates and more...

Text one of the keywords listed below to 33222 in order to sign up for updates from that department!

**LTBB** – General updates from the Education Dept. & the Cultural Library.  
**WIOA** – Updates from WIOA: Employment and Training Services.  
**WOCTER** – Updates from Waganakising Odawa Career and Technical Education Program.  
**K12** – Updates from LTBB K-12 Services.  
**HIGHERED** – Updates from Higher Educational Services.  
**CULTURAL** – Updates from Cultural Services.  
 \*Standard messaging & data rates may apply.

**STAY CONNECTED!**

Text "HigherEd" to 33222 to receive LTBB Higher Education updates and deadline reminders. Standard data and msg rates apply.

**NITAAZHITOOJIK INDUSTRIAL TRAINING**

Did you know that the average Michigan CNC Programmer makes \$26.59 per hour?

NIT can help you reach your full potential!

The **Nitaazhitoojik Industrial Training Program** (NIT) provides financial assistance to eligible students pursuing the following supported programs that are short-term and offer flexible scheduling!

Available assistance includes tuition & course fee assistance, textbook and course equipment coverage, **a \$12.75/hr stipend**, mileage reimbursement, and training fee assistance.

**Supported Programs**

- **Computer Numeric Control (CNC)** Certificate of Development
- **Manufacturing Technology** Certificate
- **Computer-Aided Design (CAD)** Certificate

Scan for more information or contact NIT at (231) 242-1485 • [bhinmon@ltbbodawa-nsn.gov](mailto:bhinmon@ltbbodawa-nsn.gov)

The production of this flyer was supported by Grant 90NA8359 from ACF. Its content is solely the responsibility of Little Traverse Bay Bands of Odawa Indians, and does not necessarily represent the official views of ACF.

# NAJA-FACEBOOK JOURNALISM PROJECT SCHOLARSHIP

Five indigenous college students will receive one-time awards of \$10,000 each as winners of the NAJA-Facebook Journalism Project Scholarship.

The Native American Journalists Association is committed to increasing the representation of indigenous journalists in mainstream media. NAJA supports and empowers members through annual scholarship opportunities for Native American, Alaska Native, Native Hawaiian, First Nations and Métis students.

To be eligible, applicants must be enrolled juniors, seniors or graduate students at an accredited university in the United States pursuing a degree in digital media/journalism/communications. Applicants must highlight a commitment to indigenous storytelling as demonstrated



ed by completed coursework, clips/work samples and a letter of recommendation from a professor or internship super-

visor familiar with their work and attesting to career commitment.

Courtesy graphic.

**INTERNATIONAL CONFERENCE OF INDIGENOUS ARCHIVES, LIBRARIES & MUSEUMS**

OCTOBER 25-27, 2022  
 PECHANGA RESORT CASINO, TEMECULA, CA  
 Major funding provided by the Institute of Museum and Library Services

Like us at [www.facebook.com/LTBBHigherEducation](http://www.facebook.com/LTBBHigherEducation)

FOR CURRENT SCHOLARSHIP OPPORTUNITIES AND FINANCIAL AID UPDATES

**The Shirley Naganashe Oldman Secondary Education Completion Award** recognizes your academic achievements as an LTBB tribal member. This program has been developed to promote the completion of secondary education programs. The Shirley Naganashe Oldman Completion Award, in the amount of \$100, will be awarded to LTBB tribal members who complete a secondary education program. In order to receive this award, a copy of your official transcript, copy of high school diploma, GED certificate or certificate of completion **MUST** be submitted.

Award applications can be found online, in person at the Education office or mailed per request (contact Education at 231-242-1480).

# JOE BIDEN NOMINATES INDIAN HEALTH SERVICE DIRECTOR

By Kalle Benallie



the Biden-Harris Plan for Tribal Nations it would strengthen the nation-to-nation relationship, provide “reliable, affordable, quality health care and address health disparities, restore tribal lands, address climate change, and safeguard natural and cultural resources.”

In the fiscal year 2022 budget presented to Congress, Biden requested an additional \$2.2 billion be allocated for Indian Health Service, pushing the budget to \$8.5 billion, and for advanced appropriation of \$9 billion for fiscal year 2023.

The “FY 2022 Tribal Budget Formulation Workgroup Recommendations,” released by the National Indian Health Board, stated the Biden administration, at a minimum, should recommend a \$12.759 billion budget for Indian Health Service. To be fully funded, the agency would need \$48 billion. While Biden’s \$8.5 billion recommendation does increase the budget by 20%, it would need an additional \$40 billion to fulfill trust and treaty obligations made with indigenous nations.

The advanced appropriation bill for Indian Health Service was introduced in the Senate by Senator Ben Ray Lujan, a New Mexico Democrat, on October 7 and a related bill was introduced in the house by U.S. Representative Betty McCollum, a Minnesota Democrat, on October 12. There has yet to be any other action on the bills.

Another position which remains empty is the commissioner of the Administration for Native Americans, according to the *Washington Post’s* political appointee tracker. Hope MacDonald LoneTree, Navajo, is currently acting as the deputy commissioner and manages a nationwide discretionary grant program.

*Kalle Benallie, Navajo, is a reporter-producer at Indian Country Today’s Phoenix bureau. Follow her on Twitter at @kallebenallie or e-mail her at kbenallie@indiancountrytoday.com.*

Courtesy photo.

**Editor’s note:** The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

Roselyn Tso is President Joe Biden’s nominee for director of the Indian Health Service, after more than a year without an appointed leader.

If confirmed by the Senate, she will serve and manage the Indian Health Service’s administration of health care programs and services, including its approximately \$7.4 billion budget and 15,000 employees. The agency provides health-care to approximately 2.6 million indigenous people across the country. Indian Health Service is part of the Department of Health and Human Services.

It’s unclear when a confirmation hearing will be held.

Tso, Navajo, brings nearly 40 years of service in the Indian health system, including most recently on the Navajo Nation.

She began her career with IHS in 1984 working a variety of jobs in the Portland, OR, area as the administrative officer for the Yakama Service Unit, the planning and statistical officer, the equal employment officer and the special assistant to the area director.

In 2005, she continued her work in Portland as the Office of Tribal and Service Unit Operations director and the acting director for the Office of Direct Services and Contracting Tribes in 2010 and 2016 to 2018. Since 2019, she has been the director of the Navajo Area of IHS.

She has a Bachelor of Arts in interdisciplinary studies from Marylhurst University in Oregon and a master’s in organizational management from the University of Phoenix in Portland.

The last IHS director to be confirmed was Rear Admiral Michael Weahkee, Zuni Pueblo, of New Mexico, in April 2020. He served as the principal deputy director from June 2017 until his confirmation. He resigned less than a year later on January 20, 2021, the same day Biden was sworn in as president. He said he was asked to leave by the new administration to appoint new leadership. Elizabeth A. Fowler, a citizen of the Comanche Nation with descendance from the Eastern Band of Cherokee Indians, has acted as the deputy director since.

The Biden administration stated in

# JILL BIDEN VISITS TOHONO O’ODHAM NATION

By Carina Dominguez

**Editor’s note:** The following article appeared on *Indian Country Today* and is reprinted here with permission.

First lady Jill Biden touted her husband’s push to eradicate cancer and the Biden administration’s efforts to improve health care for Native people during a stop at the Tohono O’odham Nation.

Her motorcade was met by two cultural runners and escorted onto the nation, an honor bestowed to distinguished guests.

The runners led the way to cleanse and purify the road traveled on to make the journey a success for everyone.



Biden met with tribal health officials and leaders of the University of Arizona Cancer Center, who discussed their joint efforts to improve cancer screening and treatment for Native Americans at the San Xavier Health Care Center in southern Arizona.

“You’re doing a great job because you’re getting out into the rural areas and you’re reaching people,” Biden said. “And that’s what we need. So

really incredible. I mean, really, it’s inspiring.”

She was joined by Health and Human Services Secretary Xavier Becerra to discuss the administration’s Cancer Moonshot initiative and the nation’s cancer program and services.

She first met with Veronica Geronimo, CEO of Tohono O’odham Nation Health Care, who gave her a tour of the facility.

Then, she met with health care leaders from the nation and the university in the courtyard, which included Dr. Tara Chico-Jarillo, interim executive director of the nation’s Department of Health and Human Services, and Dr. Joann Sweasy, director of the university’s cancer center.

Later, Biden visited the San Xavier del bac Mission, founded by Father Eusebio Kino in 1692, where she was met by Tohono O’odham Nation Vice Chairwoman Wavalene Saunders.

“Oh, this is amazing. It’s beautiful,” Biden said as she entered the church.

Elders welcomed the first lady to tribal lands with a traditional blessing, and a group of women performed a dance which honors the tribe’s tradition of basket weaving.

Many tribal citizens and non-Natives lined up along the roadsides to get a glimpse of Biden, including students from the San Xavier Mission School who Biden met and posed for a group photo with.

Biden commemorated International Women’s Day in the backyard of Tucson Mayor Regina Romero, where the first lady said she was thinking of the women in Ukraine.

“So many of you know, it’s International Women’s Day and as we really recognize the in-

“Biden Visits” continued on page 20.

## Serve your Tribal Nation.



### Join a board or commission.

Open your camera and scan the QR code or follow the link below to fill out an intake form and attach your resume.

[tinyurl.com/ltbbcbc](https://tinyurl.com/ltbbcbc)



#### Vacancies

- HEMP Board – 2 seats
- Housing Commission – 2 seats
- Gaming Authority – 2 seats
- Liquor & Tobacco License Board – 1 seat
- Odawa Economic Affairs Holding Corporation – 2 seats
- Odawa Economic Development, Inc. – 1 seat

## Bullying Hurts.

Everyone should feel safe at school and online.

### Reach Out.



Visit [StopBullying.gov](https://StopBullying.gov) for information and support.



Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with North Central Michigan College:



- Computer Numerically Controlled (CNC) Certificate of Development
- Medical Billing and Coding Certificate of Development
- Medical Assistant Certificate
- Phlebotomy Certificate of Development
- Computer Information Services (AAS)
- Computer Support Specialist Certificate
- Basic EMS Certificate of Development
- Criminal Justice (AAS)



Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with Bay Mills Community College:



- ◆ Associate of Arts Early Childhood Education
- ◆ Associate of Arts Business Administration
- ◆ Associate of Applied Science Construction Technology
- ◆ Associate of Applied Science Computer Information Systems
- ◆ Medical Office Certificate



WOCTEP offers Financial Assistance!

- ◆ Tuition Assistance
- ◆ Textbook and required course materials Assistance
- ◆ Mileage Assistance
- ◆ Hourly Stipend (based on household income)
- ◆ Examination/qualification fee Assistance

In addition to WOCTEP Financial assistance, Native WOCTEP students may be eligible for Board of Regents Tuition Award at BMCC.

WOCTEP is funded by the US Department of Education through the NACTEP program. Federal funds contribute to 90% of funding (\$448,744) and tribal support of 10% (\$50,108) for project year 1 (2019) budget.

"Biden Visits" continued from page 19.

credible contributions of the women who have shaped our history, I'm thinking of the countless women whose names we really don't know, the women in Ukraine fighting to keep their country free and those holding their children close as they flee to safety," Biden said.

She also recognized women in Russia bravely protesting the war.

In a visit last year to Arizona, Jill Biden spent a day on the Navajo Nation listening to female tribal leaders. Biden invited Native educator Melissa Isaac, Saginaw Chippewa Indian Tribe, as an official guest of the First Lady to the president's State of the Union Address. Jill Biden met Isaac in October to talk about youth mental health in Michigan.

Biden was in Phoenix where she toured an Intel semiconductor factory and raised money for the Democratic National Committee.

The Biden administration has been fanning out across the country promoting the president's domestic agenda.



The Associated Press contributed to this report.

Carina Dominguez, Pascua Yaqui, is a correspondent and producer for *Indian Country Today*. Previously, she worked for *CBS Television Network*. Carina's work has appeared in news outlets such as *The Arizona Republic*, *The Billings Gazette*, *Casper Star-Tribune*, *The Tucson Sentinel*, *Navajo-Hopi Observer* and *CBS News*. Reach her at [CarinaDominguez@indiancountrytoday.com](mailto:CarinaDominguez@indiancountrytoday.com)

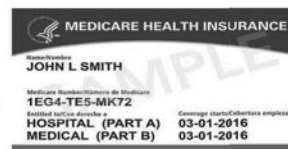
Courtesy photos.



## MEDICARE REIMBURSEMENT PROGRAM



REIMBURSEMENT FOR BOTH  
B AND D PREMIUM EXPENSES



### WHO QUALIFIES?

To qualify for this program, you must:

1. Be an enrolled member of LTBB
2. Be enrolled in Medicare
3. Show proof of Medicare premium expenses

\*DOCUMENTATION WILL BE REQUIRED\*

### ! IMPORTANT INFORMATION !

YEARLY APPLICATION DEADLINES:

FIRST PAYMENT: **FEBRUARY 14TH**

SECOND PAYMENT: **AUGUST 14TH**

APPLICATION **PROCESSING** BEGINS JANUARY 1ST AND JULY 1ST. CHECKS CAN TAKE SEVERAL WEEKS TO BE SENT OUT DEPENDING ON VOLUME OF APPLICATIONS. PLEASE BE PATIENT AS WE WORK TO SEND PAYMENTS OUT TO ALL OUR ELIGIBLE TRIBAL CITIZENS. INCOMPLETE APPLICATIONS WILL BE **NOT** BE ACCEPTED.

QUESTIONS? CONTACT VALORIE GLAZIER, LTBB SPONSORSHIP SPECIALIST, AT 231-242-1748



based oils like olive oil or sunflower oil instead of butter and shortening and reading the Nutrition Facts label when selecting prepared foods.

- Reduce sodium. Sodium, also known as salt, can be found in many processed foods such as frozen meals, chips and canned and deli meats. Many people also add salt while cooking or eating. Consuming too much sodium may increase blood pressure, which is a factor in heart health. Look for packaged foods labeled "low-sodium" or "no salt added," and use herbs and spices to add flavor without salt when cooking at home.

Discover more healthy eating tips on [Nutrition.gov](http://Nutrition.gov)'s Heart Health resource page.

Courtesy photo.

## HEART HEALTHY HABITS

Did you know heart disease is the leading cause of death in the United States, according to the Centers for Disease Control and Prevention (CDC)? Fortunately, healthy habits like nutrition and exercise can help with managing risk factors for heart disease, including high blood pressure, obesity, diabetes and high cholesterol. Make heart-healthy food choices at home with these three tips:

- Eat more fruit and vegetables. Many vegetables and fruits contain important nutrients such as vitamins, minerals, fiber and antioxidants. In fact, MyPlate recommends making half of your plate fruits and vegetables as they are low in calories and fat and can help reduce the risk of certain chronic diseases. Try adding sliced banana or apples to your breakfast cereal or mixing chopped broccoli into your favorite pasta dish.

- Eat less saturated and trans fats. Saturated fats are naturally found in animal products such as butter, cream and fatty meats and tropical oils such as coconut and palm oils. Trans fats are usually added during food processing and can be found in cakes, cookies and shortening. Cut down on saturated and trans fats by eating lean meats like chicken and pork, cooking with plant-

## STRONGHEARTS NATIVE HELPLINE OBSERVES FIVE-YEAR ANNIVERSARY

This month, StrongHearts Native Helpline observes five years of successful operation. More than 20,000 calls have been received since the organization's launch in 2017.

Significant organization milestones over the past five years include:

- An increase in operating hours to 24/7/365
- Launch of a new website
- Addition of sexual violence advocacy, chat and text advocacy
- Opening of a branch office in Sault Ste. Marie, MI, (in addition to the national headquarters in Eagan, MN)

- Launch of the Michigan Enhancement Project to expand that state's existing domestic and sexual violence advocacy services to support tribal programs and their contacts (a partnership with the Division of Victim Services at Michigan's Department of Health and Human Services, which also provided the funding)

- In October 2021, StrongHearts became an independent, national Native non-profit 501(c)3 organization with its



own board of directors

"In 2021, StrongHearts Native Helpline continued its commitment to provide culturally-appropriate advocacy despite the continuing COVID-19 pandemic — it is through the resilience of our ancestors and our own experience with hardships that we were able to stay the course," said Lori Jump (Sault Ste. Ma-

rie Tribe of Chippewa Indians) director, StrongHearts Native Helpline. "With tenacity, we will continue our mission to restore power to Native Americans and Alaska Natives impacted by domestic, dating and sexual violence by providing a system of safety, sovereignty and support in 2022 and beyond."

Courtesy graphic.



# STOP THE STIGMA.

Member of our Tribal Community and need help? Call LTBB Behavioral Health.

**(231) 242-1640**

## Community Support Group

Provided by: LTBB Behavior Health

Zoom meeting will take place every Tuesday and Thursday @ 12 pm Starting 4/9/2020

The meetings are intended for anyone that would like to talk to others during this difficult time. Cultural Advisor, Matt Davis and Case Manager, Sara Hacker will provide the community with information on; community resources, cultural teachings, talking circles and more.

Information on how to participate please call 231-242-1640

# SORGHUM: A SWEET PROPOSITION FOR SUSTAINABLE BIOFUEL



Sweet sorghum is best known for the amber-colored syrup made from its juices. Now, this hardy member of the grass family could also be tapped as a “home-grown” resource for making a renewable transportation fuel called bio-butanol.

Towards that end, a team of Agricultural Research Service (ARS) and Ohio State University (OSU) scientists has devised a procedure for making bio-butanol from sweet sorghum bagasse.

Barley and wheat straw, lesquerella presscake and most recently, sweet sorghum bagasse. To help them, the researchers recruited hardy new strains of bacteria such as *Clostridium beijerinckii* P260 to ferment the wastes’ cellulosic sugars inside specialized vats called bioreactors.

Bagasse refers to the pulpy, fibrous remains of the crop’s stalks after they’ve been crushed to extract the sugary juices within. Some bagasse is re-applied back onto crop fields; what remains can present a disposal problem. But within that pulp is a valuable cache of sugars locked within cellulose and hemicellulose—the “scaffolding” of plant cell walls. Once freed, these cellulosic sugars can be fermented into bio-butanol, explained Nasib Qureshi, a chemical and biochemical engineer with the ARS’s National Center for Agricultural Utilization Research in Peoria, IL.

Bio-butanol derived from cellulosic sugars in agricultural wastes is appealing because of its potential to lessen the reliance on gasoline and other nonrenewable fuels. Bio-butanol, along with ethanol, is also considered a cleaner burning alternative gasoline. However, bio-butanol can be transported in existing pipelines and is less corrosive to internal combustion engines than ethanol. Bio-butanol also packs 33% more energy per gallon and is easier to blend with gasoline, said Qureshi. It also can be catalytically upgraded to bio-jet fuel (sustainable aviation fuel).

Up until the 1950s, butanol had primarily been made from the fermented sugars of cornstarch and sugarcane molasses before manufacturers switched to using petroleum, which proved cheaper and more efficient. Today, butanol is primarily used as an industrial solvent.

Over the last several years, however, Qureshi and his collaborators leveraged advances in fermentation science and product recovery technology to rekindle butanol’s commercial prospects — not from petroleum, but rather a broader array of agricultural materials than had been used in the past.

In particular, the researchers set their sights on harvest or processing wastes like corn stover,

As a crop, sweet sorghum offers promise as a bio-butanol resource because of its drought tolerance, thrifty water uptake and adaptability to wide-ranging growing conditions, including marginal cropland.

A paper detailing the advance was published in the December 2021 issue of *Fermentation* by Qureshi and co-authors Badal Saha, Siqing Liu and Nancy Nichols — all with ARS — and Thaddeus Ezeji of OSU.

Courtesy photo.

# NAIHC LAUNCHES HOUSING ASSISTANCE RESOURCE HUB FOR NATIVE HOMEOWNERS

The National American Indian Housing Council (NAIHC), in partnership with Wells Fargo, launched a Tribal Housing Assistance Resource Hub which lists mortgage, utilities and rental assistance services offered by state and tribal programs through the federal Homeowner Assistance Fund (HAF) and the Emergency Rental Assistance Program (ERAP). The website is designed to be a tool for American Indian, Alaska Native and Native Hawaiian homeowners, individuals and families to find a variety of tribal housing services offered on and off tribal lands.

Congress established the HAF and ERAP in response to the pandemic to help states and tribes alleviate the impacts of COVID-19. The HAF provides a minimum of \$50 million for each state and \$498 million collectively for tribes or Tribally Designated Housing Entities and the Department of Hawaiian Homelands. At the Resource Hub website, visitors can scroll over a map and click on a state to find a listing of state and tribal HAF and ERAP services as well

as all housing services offered by tribal housing programs in that state such as home loan assistance, homebuyer education, elder and veteran housing and other services.

Over the past three years, NAIHC, with assistance from Wells Fargo Foundation, has awarded nearly 40 tribes with additional funding to provide maintenance needs for senior-owned homes and offer additional resources to address the impacts of COVID-19. Also, with help from Wells Fargo, NAIHC moved its Leadership Institute training program designed for tribal housing professionals to an online platform while continuing to provide needed technical assistance directly to tribal housing programs. The Housing Assistance Resource Hub is another project which strengthens the collaboration between NAIHC and Wells Fargo.

Visit the NAIHC Tribal Housing Assistance Resource Hub at: <https://naihc.net/tribal-housing-assistance-resource-hub/>.

Courtesy graphic.

## Enroll in Medicaid: For yourself, For your family, For your community.

Medicaid and the Children’s Health Insurance Program (CHIP) offers low-cost or free health insurance for you and your family. In many states, more adults than ever before may qualify for Medicaid.

**Who may be eligible?**

- Children and teens up to age 19
- Parents (and other adults, depending on the state)
- Pregnant women
- People with disabilities
- Youth “aging out” of foster care

Eligibility depends on income, the size of your family and the rules in your state.

**When you enroll, you can get:**

- Doctor visits
- Preventive care, such as immunizations, mammograms and colonoscopy
- Prenatal and maternity care
- Hospital stays
- Mental health care
- Needed medications
- Children get vision and dental care (adults may get these benefits too)

**American Indians and Alaska Natives who are eligible for Medicaid or CHIP:**

- Can still get care from your Indian care provider.
- Don’t have to pay premiums or co-payments.
- Indian trust income is not counted to determine eligibility and is protected from Medicaid estate recovery rules.

**You benefit** by having greater access to health care services. Tribes benefit because their health programs get more resources.

To find out if you qualify, visit [HealthCare.gov](http://HealthCare.gov) or call 1-800-318-2596 (TTY: 1-855-889-4325) or contact your local Indian health care provider for help applying.

**Little Traverse Bay Bands of Odawa Indians Patient Benefits Specialist**

1260 Ajiak Ave. Petoskey, MI 49770  
P: (231) 242-1752 F: (231) 242-1617  
[ardavis@lbtbbodawa-nsn.gov](mailto:ardavis@lbtbbodawa-nsn.gov)

Apply online at [michigan.gov/mibridges](http://michigan.gov/mibridges), call your local MDHHS, or contact the LTBB Patient Benefits Specialist

CMS Product No. 11832-N June 2016

## SECTION 184 LOAN GUARANTEE PROGRAM

Office of Native American Programs  
Office of Public & Indian Housing

- Low Monthly Payment
- Flexible Underwriting
- Low Interest Rates
- Monthly Mortgage Insurance - Now at a Lower Rate!

**THE SECTION 184 LOAN CAN BE USED FOR:**

- Acquisition of existing housing
- Rehabilitation of existing housing
- Construction of new housing, including manufactured housing affixed to a permanent foundation

**REFINANCING IS BACK!!!** Includes rate and term, streamline, cash out

FOR MORE INFORMATION, CALL THE LTBB HOUSING DEPT at 231-242-1540.

## HOUSING DEPARTMENT PROGRAMS

Services are available to citizens residing within the 27 county service area. An application packet must be completed and returned to the Housing Dept. for processing to determine qualification. To obtain an application, please contact the Housing Dept. at 231-242-1540.

**STR - Short Term Rental Assistance:** This program offers up to \$1,500 for new tenants who need assistance with the first month’s rent and/or security deposit. This can be used ONE TIME ONLY and the rent requested must be affordable and can NOT exceed 35% of the household gross monthly income. Please note the application packet must be received and approved in advance of your moving into the rental in order to qualify for this program.

**HIP - Home Improvement Program:** This program offers up to \$2,500 for non-cosmetic home repairs and may be utilized once every five years.

**DPA - Down Payment Assistance:** This program offers up to \$2,500 or 10% of your mortgage (whichever is less) and can be used to purchase or refinance a home. In order for you to receive any grant dollars, you must be able to match the grant amount with your own guaranteed funds.

**FPA - Foreclosure Prevention Program:** This program offers up to \$3,000 to assist in foreclosure prevention.

**Well & Septic Assistance Program:** Funded by the Indian Health Services located in Sault Ste. Marie, MI this program provides the resources and technical assistance associated with the installation of a new well and sanitation service or replacement of deficient existing well/septic.

**Credit Counseling:** We provide confidential advice and referrals to assist tribal citizens in regaining their financial stability and credibility.

**Tribal Rental Housing Program:** The LTBB Housing Department offers 29 rental units in the Northern Michigan area. These units are available to rent to Tribal Citizens and most rents are based on a family’s monthly income. Any Tribal Citizen interested in renting a unit from the LTBB Housing Department should contact our offices for an application. Currently, there is a waiting list for available units.

## NOW ACCEPTING APPLICATIONS

For the Mtigwaakiis housing development. Tribal Preference applies. For more information, contact the Housing Department at 231-242-1540

**Equal Housing Opportunity TDD: 800-649-3777**

## APARTMENTS FOR RENT

Now accepting applications

- Must belong to Little Traverse Bay Bands of Odawa Indians
- Must be 55 or older or disabled of any age
- Rents are based on income
- Accept very low, low and moderate income applicants
- All units are 2 bedroom and 1 bath
- Bedrooms are approximately 121 sq. feet and 94 sq. feet
- Located in a quiet country setting, but only 4 miles from Harbor Springs, MI
- Barrier free units are available
- LTBB Housing office hours are Monday through Friday, 8 am to 5 pm

Wah Wahs Noo Da Ke Tribal Village is approximately 4 miles north of Harbor Springs, MI

Contact person: LTBB Housing Department 231-242-1540

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form and online at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), at any USDA office or call 866-632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax 202-690-7442 or e-mail at [program.intake@usda.gov](mailto:program.intake@usda.gov).



# TIPS TO START YOUR QUITTING JOURNEY TODAY

## QUITLINES CAN BE A KEY TO YOUR SUCCESS

1. You can get free help to stop smoking with no judgment.
2. Quit coaches help create a plan that can work for you.
3. Quit coaches can help you get quit-smoking medicines.
4. You can get helpful tips on cravings and withdrawals; websites, apps, and texting programs to help you quit; and, handle setbacks.
5. And the best reason of all to use a quitline - you're more likely to stay quit!



### LEARN ABOUT QUITTING MEDICINES

- Reasons to use medicines when you quit
- New ways to quit with medicines
- How quit smoking medicines work
- Which quit smoking medicine is right for you
- How to use quit smoking medicines



### MAKE A QUIT PLAN

#### Before you Quit:

- Know your reasons for quitting
- Make a decision to quit
- Take steps to quit
- Build your quit plan



#### Strategies for Effective Quitting:

- Manage your quit day
- Recognize signs of depression
- Reduce your stress
- Avoid secondhand smoke

#### Maintaining your Quit:

- Prevent slips
- Build support to stay quit
- Prepare to stay smoke-free
- Enjoy the benefits of being smoke-free

### CALL TO TALK TO A QUIT SMOKING COACH TODAY



**1-800-QUIT-NOW** (1-800-784-8669)

**Spanish:**  
**1-855-DEJELO-YA** (1-855-335-3569)

**Asian Languages:**

- **1-800-556-5564 (Korean)**
- **1-800-778-8440 (Vietnamese)**
- **1-800-838-8917 (Mandarin & Cantonese)**

### SIGN UP FOR FREE TEXTS



Free 24/7 quit help texted to your phone. **Text CDC to 47848**, answer a few questions and you will start receiving messages.



### FIND SOCIAL SUPPORT

- Follow CDC Tobacco Free & Tips from Former Smokers® campaign on social media @CDCTobaccoFree
- Join the conversation and share facts and stories with your friends and family about the dangers of smoking and tobacco use.

The Tips from Former Smokers® Campaign provides free support and tools to help you quit.

Visit: <https://www.cdc.gov/tips>



## GOT HOMEWORK? GET HELP NOW!

### BRAINFUSE PROVIDES FREE ONLINE ACADEMIC SUPPORT TO COLLEGE STUDENTS!

Whether you are considering college or already enrolled in classes, Brainfuse offers a variety of subjects that students can access for homework help, essay review, study group tools and so much more!

- Calculus
- Biology
- Accounting
- Economics
- Spanish
- GRE Prep
- Psychology
- Pre-Calculus
- Statistics
- Sociology
- Finance
- Oncology
- Women's Health
- Government
- College Algebra
- Java Script
- History
- Microbiology
- Medical Terminology
- Anatomy
- Cloud Computing and so much more!

Available to LTBB tribal citizens and descendants! Contact the Education Department at (231) 242-1692 for login credentials.



## #WHY WE WEAR RED

### MISSING & MURDERED INDIGENOUS WOMEN

IN MANY TRIBES, RED IS KNOWN TO BE THE ONLY COLOR THAT SPIRITS SEE. BY WEARING RED, WE HOPE TO CALL BACK THE MISSING SPIRITS OF OUR WOMEN AND CHILDREN



# NEA BIG READ: PETOSKEY

## AN AMERICAN SUNRISE



ATTEND AND CHECK OFF 5 OUT OF THE 11 EVENTS AND BRING THIS CARD BACK TO THE LIBRARY'S FRONT DESK FOR A COMPLIMENTARY T-SHIRT!

### BY POET LAUREATE JOY HARJO

- MARCH 09** **KICK-OFF EVENT, 5:30PM**  
Eagle Spirit Dancer Roberta Shalfoe and complimentary book giveaway.  
Crooked Tree Arts Center Theater  
461 E Mitchell St
- MARCH 21** **BOOK DISCUSSION #1, 5:30PM**  
Facilitated by local poet Warren Petoskey.  
Library Classroom, 500 E Mitchell St
- MONTH OF APRIL** **POETRY MONTH POET-TREE**  
Add an original poem to the tree in our Lobby! Bring in a poem, or stop and write one at our writing station next to the tree!  
Library Lobby, 500 E Mitchell St
- APRIL 20** **CECELIA LAPOINTE, 7:00PM**  
Poet and writer published in anthologies, booklets, chapbooks, dissertations, journals, magazines, and online Indigenous-Native publications.  
Carnegie Building, 451 E Mitchell St
- APRIL 25** **FIRST CONTACT: WHEN THE INDIANS AND EUROPEANS FIRST MET, 7:00PM**  
Northern Michigan author Robert Downes will discuss the first encounters between Indigenous peoples and the Vikings, Spanish conquistadors, English colonists and French voyagers with focus on the people of the Great Lakes.  
Carnegie Building, 451 E Mitchell St

# NEA BIG READ: PETOSKEY

- APRIL 26** **TEEN BOOK BUNDLE COMPANION TITLE DISCUSSION, 4:00PM**  
Register at teen desk by March 24 for a copy of *Hearts Unbroken* by Cynthia Leitch.  
Large Meeting Room, 500 E Mitchell St
- MAY 03** **MARGARET NOODIN STORYTIME, 3:30PM**  
Annishinaabe Poet and Educator will be reading and discussing Dakonaninjingwaan, *To Fall Asleep Holding Hands*.  
Children's Mural Area, 500 E Mitchell St
- MAY 05** **EZHI-DIBAA JIMOYAANG MICHIGAMING: TELLING STORIES BY THE GREAT SEA, 7:00PM**  
Margaret Noodin will share the history and importance of the Great Lakes from an Indigenous perspective.  
Carnegie Building, 451 E Mitchell St
- MAY 10** **BOOK DISCUSSION #2, 7:00PM**  
Facilitated by Glen Young  
Harbor Springs Festival of the Book office, 160 State Street
- MAY 13** **RUMBLE: THE INDIANS WHO ROCKED THE WORLD FILM SCREENING, 7:00PM**  
Carnegie Building, 451 E Mitchell St
- MAY 17** **PAGETURNERS BOOK CLUB COMPANION TITLE, 5:30PM**  
*Firekeeper's Daughter* by Angeline Boulley  
Large Meeting Room, 500 E Mitchell St
- MAY 26** **POETRY & MUSIC OPEN MIC NIGHT, 7:00PM**  
Hosted by Tom Renkes  
Crooked Tree Arts Center Theater  
461 E Mitchell St



NEA Big Read is a program of the National Endowment for the Arts in partnership with Arts Midwest.

## Temporary Help Wanted

Are you a tribal citizen who would like to:

- Gain valuable work experience?
- Work in the tribal community?
- Make a little extra money?
- Gain experience in several fields?

### Apply today to join our LTBB Temporary Worker pool!

Temporary assignments can last one day or as long as a month or more. Contact the Little Traverse Bay Bands of Odawa Indians Human Resources Department today!

Call: 231-242-1563

# TRIBAL COUNCIL MEETING MINUTES



*In accordance with law and policy, Elders Comment/Public Comment as recorded in the minutes will contain the name of the Citizen or "Immediate Family" or "Family member" and only the subject matter brought forth by the individual. No attempt will be made by the Legislative Branch to summarize the comments. Written public comments will be accepted by the Legislative Office. Written comments shall be attached to the official approved minutes housed in the Legislative Branch. Written comments are not published, however shall be open to review within the Legislative Office in accordance with any laws regarding such documents.*

**PLEASE NOTE:** Approved Tribal Council meeting minutes were not available in time for printing this issue of the Odawa Trails. Minutes will be published in the May issue of the Odawa Trails.

## NIZHÓNÍ SOAP BRINGS NATIVE FLAIR

By Kalle Benallie

**Editor's note:** The following article and photograph appeared in *Indian Country Today*, and they are reprinted here with permission.

Kamia Begay is the 13-year-old owner of Nizhóní Soaps. She wants to be the next Lush or Bath and Body Works but "with a Native American flair to it."

The Navajo entrepreneur has three locations with about 16 employees in Mesa, Farmington, NM, and Albuquerque, NM.

"I like how I get to express myself through the soaps I create," she said.

In March 2019, Kamia's dad died and as a coping mechanism, she turned to a new hobby in making soaps. She found ways to tie in her culture by infusing herbs like Navajo tea, yucca, sage and sweetgrass. *Nizhóní* means beautiful in Navajo.

Soon, friends and family encouraged her to sell them. She sold her products for the first time in late 2019 at First Friday, a monthly event in downtown Phoenix where artists and community members come together.

Later, she went every weekend for months to the Native Art Market in nearby Scottsdale where she met other artisans and was given a larger platform.

She said she enjoys naming the soaps because it allows her to "share different parts of the reservation." Some soaps are personal to her like the "Shima Red Rose," which stands for Kamia's late great-grandmother, the "Chei is New Boots" smells of red leather because her *cheii* (grandfather) would always buy boots, and her favorite "Rez Dirt" reminds her of home in Shiprock, NM.

A lot of time and planning is done when making a scent. She goes to Cove, an area in northeast Arizona, to pick out herbs to infuse in the soap. She said it takes about two weeks to make a bar.

Some Native customers have told her they are reminded of a specific memory like their grandmother's home when they smell her products.

"It brings me joy to see that people like my creations and I hope it inspires them," she said.

Shirley Deedman, Navajo, from Chinle, AZ, came to visit the store after hearing about it from her daughter. She said she's amazed Kamia makes her own soaps instead of outsourcing elsewhere.

When she was a teacher, she would tell her students to go as far as they could up the ladder from rug weaving to jewelry making.

"I just came to tell her I'm very proud of her, as a Navajo child. I like to support students in that way too — the youth," Deedman said.

Kamia is working on opening up a soap factory in Farmington, NM, for various activities like soap-making classes and workshops. She



said she wants to teach the younger generations their culture and local people about the culture.

"I also want to show that people have the capability of going into whatever they want or passionate about whether it be sports, music, entrepreneurship," she said.

It's expected to open around spring and she plans to open up more stores in other states in the future and expand the product line within the next few months.

As of now, the Nishino Soap Company LLC is priority one for her and she's still deciding on what she wants to do, focusing on either medical school or art. She likes to read comics, draw, clean, listen to music, play the violin and percussion.

She is also the student council president and on the student advisory group while maintaining straight A grades.

Her mom, Rhianna Begay, said she never expected her daughter to be where she currently is. She said Kamia began learning how to make soaps from YouTube.

"It started from seeing a lady infusing flowers. That's when she was like, why not give it a Native flair, and she went to Navajo tea, and I was upset with her because that was my Navajo tea," she said.

She describes Kamia as very independent, who starts her day at 5 a.m., cleans, does her online store orders and cooks for the family. Kamia also has three younger siblings.

"She's been through a tough time when she lost her father, and I've seen how much joy this has brought her," Begay said. "It was a blessing in disguise. We can definitely say that."

Begay said one day her daughter wants to open a shop in New York City.

"All the younger generation, I really hope they start going into businesses or whatever they are passionate about," she said.

Nizhoni Spa in Apache Junction, AZ, and the Grand Canyon National Park visitor center sell her products as well. The company is at various flea markets too in New Mexico and Arizona like the Holbrook Flea Market, Begaye Flea Market, Shiprock Flea Market and Gallup Flea Market.

*Kalle Benallie, Navajo, is a reporter-producer at Indian Country Today's Phoenix bureau. Follow her on Twitter at @kallebenallie or e-mail her at kbenallie@indiancountrytoday.com.*

Courtesy photo.

## NATIVE AMERICAN JOURNALISM FELLOWSHIP



The Native American Journalists Association (NAJA) is committed to increasing the representation of indigenous journalists in mainstream media. One of the ways NAJA supports and empowers members is through

the annual Native American Journalism Fellowship (NAJF), which is open to current indigenous, American Indian, Alaskan Native, Native Hawaiian, First Nations and Métis college students, undergraduate and graduate, pursuing media degrees.

NAJF is an opportunity for students to deepen and broaden their reporting and multimedia skills while learning from tribal journalists and news industry professionals from across the country.

Student fellows will work with mentors to produce cov-

erage throughout the year. Several visiting mentors will provide specific digital skills training during the onsite newsroom experience.

Thanks to the support from sponsors and sustaining members, all student travel expenses, including airfare, food and accommodations are covered by NAJA for the newsroom immersion experience.

For more information about the fellowship or the National Native Media Conference, please contact NAJA at [contact@naja.com](mailto:contact@naja.com).

Courtesy graphic.

## Tribal Council Meeting Dates

All Tribal Council meetings and work sessions are held in the Tribal Council Chambers located at 7500 Odawa Circle, Harbor Springs, MI.

April 5 Work Session	May 3 Work Session
April 6 Council Meeting	May 5 Council Meeting
April 19 Work Session	May 17 Work Session
April 21 Council Meeting	May 19 Council Meeting

### Legislative Tribal Council Members

Emily Proctor, Legislative Leader - Marcella Reyes, Secretary - Leroy Shomin, Treasurer - Tamara Kiogima, Councilor - Aaron Otto, Councilor - Melissa Pamp, Councilor - Marty Van De Car, Councilor - Fred Kiogima, Councilor - William Oritz, Councilor

In an intimate relationship, emotional abuse can look like:

- ACTING EXTREMELY JEALOUS OR POSSESSIVE
- HUMILIATING OR SHAMING YOU
- THREATENING TO HURT YOU OR THEMSELVES
- REPEATEDLY LYING TO YOU OR DECEIVING YOU
- CHEATING ON YOU TO INTENTIONALLY HURT YOU

**STRONGHEARTS**  
Native Helpline

**LTBB**  
**OFFICE OF CITIZENS**  
**LEGAL ASSISTANCE**

The Office of Citizens Legal Assistance has been established to provide free legal advice to enrolled tribal citizens in non-criminal matters such as:

- ❖ **Family Law**
  - Divorce
  - Child Custody
  - Child Support
  - Guardianships
  - Parentage/Paternity
- ❖ **Indian Child Welfare Act / Michigan Indian Family Preservation Act**
- ❖ **Setting Aside a Conviction**
- ❖ **Driver License Restoration**
- ❖ **Estate Planning**
  - Wills
  - Health Care Directives
  - Powers of Attorney
- ❖ **Probate**
- ❖ **Landlord/Tenant**
  - Evictions
  - Tenant Rights
- ❖ **Consumer**
  - Debt Collection

The office is available to provide legal guidance and drafting of certain legal documents but does not provide in court representation at this time. The office may give procedural advice only on matters that are of a criminal nature or involve the Tribe or other Tribal Citizens as a potential party in a dispute.

For assistance and to make appointments, Please call Monday – Friday, 9 am – 5 pm  
**231-242-1433**

**Michigan Indian Legal Services**

**WE ARE OPEN & READY TO HELP YOU!**

**CALL US**  
**800-968-6877**  
**OR AT**  
**231-947-0122**

Must meet income-eligibility requirements in order to receive free legal services.

[WWW.MILS3.ORG](http://WWW.MILS3.ORG)

# DETROIT POLICE BREAK UP INDIGENOUS SUGARBUSH, LATER APOLOGIZE

By Chris Aadland

**Editor's note:** The following article and photographs appeared on *Indian Country Today*, and they are reprinted here with permission.

Organizers of an indigenous sugarbush ceremony broken up by Detroit police say their apology for the incident didn't go far enough and are pushing for bigger changes.

On February 18, more than a dozen police officers broke up an indigenous sugarbush ceremony led by the Detroit Sugarbush Project at the city's nearly 1,200-acre River Rouge Park because, police said, the group didn't have the proper permits.



Organizers of the project – a partnership of several different area groups, the city and indigenous leaders to educate youth and the community about the traditional indigenous practice of tapping sugar maple trees for its sap to make sugar or syrup – had gathered with community members, including children and elders, to celebrate the beginning of the sugarbush season.

“That’s great that they put that apology out, but we want more,” said Rosebud Bear-Schneider, citizen of the Lac Courte Oreilles Band of Lake Superior Chippewa Indians of Wisconsin and project leader. “There’s a bigger issue happening.”

In a statement apologizing for “the interruption of a sacred ceremony,” Detroit Police Department Chief James White said police were responding to a report of a fire in the park from a Michigan State Police helicopter at about 8 p.m. When police arrived at the park, White said officers found a memorandum of understanding between the city and the group had expired and the group also didn't have a permit for their bonfire or insurance.

The department would “identify opportunities for our officers to work with the organizers” and would meet with the Michigan Department of Civil Rights, elected officials and the Native American community “to learn and grow from this situation.”

Police said they didn't arrest or detain anyone during the incident. The department has also said it's been in contact with those leading the



project. “I am very proud of the Detroit Police Department for having an incredibly diverse workforce, however, we can always do better to address these types of incidents,” he said in the statement.

The department's response to the ceremony also raised concern from some it had violated treaty rights from several treaties signed in Detroit by several tribal nations in the 1800s and the American Indian Religious Freedom Act, said Jefferson Ballew, a citizen of the Pokagon Band of Potawatomi Indians, at a meeting of the Board of Police Commissioners. Those, he said, supersede any violations of city laws which may have occurred.

“We were there as a peaceful people,” Ballew, one of the project's spiritual leaders and sugar making experts who was at the ceremony.

The department defended the actions of its officers during the meeting, saying they acted appropriately and professionally, amid questions about the incident and concern from some board members about why the department interrupted the event. A police official told the board the event they broke up didn't appear to be religious or ceremonial partly because nobody was dressed in traditional or religious clothing and it didn't appear to be a spiritual or religious event.

While the department's apology was welcome, Bear-Schneider who is also a farmer and food sovereignty advocate, said the department needs to do more, like institute indigenous cultural competency training, and provide an explanation of why so many officers responded to what was a peaceful event the city knew about and has supported.

“We were definitely not expecting any of this to happen,” she said. “We were within our rights, and we were doing everything we were supposed to be doing. A lot of us are traumatized.”

Antonio Cosme, an education coordinator for the National Wildlife Federation, said the project has been gathering in the park to tap trees and boil the sap into sugar and syrup and educate the public about the cultural importance of the practice to the region's indigenous people for three years. The group previously had to deal with police who interrupted them during their first year of the project with their

guns drawn, Cosme said. The National Wildlife Federation is one of the partner groups helping lead the project.

Cosme said the police presence was unnecessary because although the MOU had recently expired, he was working with the city to renew it before police broke up the ceremony, and criticized the police department for poor communication with the city as well as for threatening to arrest those gathered and for disrespectful language he alleged several of the officers directed at the group. Cosme added he had been in communication with the local fire department about the group's plan for a fire, which is why it also didn't respond to the incident.

He also called the department's apology misleading and inadequate, especially because he met officers before they entered the woods and told them they would be disrupting an indigenous ceremonial event and officers had originally agreed the group's MOU was valid.

While an updated MOU should be approved sometime next week, he said the group decided to hold the ceremony then because the sap had started to run, which they have no control over.


“The maple syrup doesn't run on our time and our clocks and our schedules; it comes when it comes,” Cosme said. “The police should expect us there [in] February and March of every year.”

The group, Bear-Schneider said, went back to the park the next morning to properly finish the ceremony and on Sunday to tap the trees to begin the process of collecting the sap. Once she and other leaders of the project have recovered from the incident, they'll decide what other actions or changes they want to push for. So far, at least, she said the incident has raised awareness about the project and has led to a lot of groups and individuals reaching out in support.

But for sure, she said, the project will move forward with collecting the maple trees' sap and boiling it down to maple sugar or syrup, just as the Anishinaabe and Algonquin people have done in the area for thousands of years.

“We're gonna move forward,” Bear-Schneider said. “We're not trying to cause trouble or make things worse for us. We just want to practice our ways and be protected.”

*Courtesy photos.*

 Little Traverse Bay Bands of Odawa GAMING REGULATORY COMMISSION 2022 MEETING SCHEDULE	
January	Location: Zoom Dates: 01/05/2022, 01/19/2022
February	Location: Zoom Dates: 02/02/2022, 02/16/2022
March	Location: Zoom Dates: 03/02/2022, 03/16/2022, 03/30/2022
April	Location: Zoom Dates: 04/13/2022, 04/27/2022
May	Location: Zoom Dates: 05/11/2022, 05/25/2022
June	Location: Zoom Dates: 06/08/2022, 06/22/2022
July	Location: Zoom Dates: 07/06/2022, 07/20/2022
August	Location: Zoom Dates: 08/03/2022, 08/17/2022, 08/31/2022
September	Location: Zoom Dates: 09/14/2022, 09/28/2022
October	Location: Zoom Dates: 10/12/2022, 10/26/2022
November	Location: Zoom Dates: 11/09/2022, 11/22/2022
December	Location: Zoom Dates: 12/07/2022, 12/21/2022

\*Meeting dates and times are subject to change. Any canceled, rescheduled, or additional meetings will be posted on the LTBB website. Meetings are held at 5:30PM at 911 Spring Street, Petoskey, MI, 49770 but due to COVID-19 restrictions, some meetings may be held via Zoom.

## LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS COMMUNITY HEALTH DEPARTMENT MEDICAL TRANSPORTATION GUIDELINES

Transportation is available to medical appointments only.

You must exhaust all other means available to you, i.e. Friendship Center Bus, Straits Regional Transit, Char/Em Transit, Taxi or Family.

Clients of the Little Traverse Bay Bands Health Department must notify the Community Health Department 72 hours prior to their appointments.

Transportation is based on availability.

Call 231-242-1601 to set up a ride as soon as possible.

**Miigwech!**


The Little Traverse Bay Bands of Odawa Indians Community Health Staff

# STOP THE STIGMA.

Member of our Tribal Community and need help? Call LTBB Behavioral Health. (231) 242-1640

## LTBB TOWN HALL MEETINGS

### MARK YOUR CALENDAR



Please join the Executive Branch on the second Wednesday of each month from 10AM to 12PM to receive updates on the LTBB Government's COVID-19 response, department services, Tribal Elder teachings, and more! Attendees can attend by phone, or Zoom. Meeting dates and times are subject to change. Agendas and notices for any rescheduled meetings will be posted on the LTBB website, and other tribal communication outlets.

**2022 LTBB Town Hall Meeting Schedule:**  
 February 9, March 9, April 13, May 11, June 8, July 13, August 10, September 14, October 12, November 9, and December 14

Call 786-635-1003 Webinar ID: 870 1757 9318 Passcode: 002323 or on Zoom at [www.tinyurl.com/lbbtownhall](http://www.tinyurl.com/lbbtownhall) Use passcode 002323



# EXPERTS RAISE ENVIRONMENTAL AND PUBLIC SAFETY CONCERNS OVER LINE 5 TUNNEL PROJECT



A coalition of tribal nations, public safety experts and environmental groups brought together all the pieces of their case before the Michigan Public Service Commission (MPSC) to deny a permit for the Enbridge Line 5 Tunnel Project. In their initial briefs submitted to the commission, the groups underscored the serious risks the pipeline tunnel in the Straits of Mackinac would pose to tribal treaty rights, public safety and efforts to combat the climate crisis.

The Bay Mills Indian Community (BMIC) has lived along the Straits of Mackinac for centuries and retains treaty-protected access to the waterway. One of the intervening parties opposing the project, the tribe has been a vocal opponent of the existing pipeline and tunnel replacement and has been battling Enbridge for nearly a decade.

The tribe stressed to the commission how constructing an underwater tunnel to transport crude oil through such ecologically sensitive waters poses an untenable risk to its frontline indigenous communities, fish populations, sacred burial sites and medicinal plant species.

"The Straits of Mackinac are a precious and culturally sacred part of our ecosystem that should not be jeopardized in the name of corporate greed," said BMIC President Whitney Gravelle.

"It's more than just our food and water that's at stake. It's our connectedness to the natural world, our cultural identity, and deep sense of community that this landscape keeps alive. This is not just a tribal fight; we are fighting on behalf of all who value the Great Lakes and our environment," said President Gravelle.

Due to the proposed tunnel's design, the likelihood of a catastrophic explosion which would cause irreparable harm to the Great Lakes and to surrounding communities is also a serious concern.

"Enbridge's proposal to run a liquids pipeline through an enclosed tunnel has never been done before and creates the conditions for a catastrophic explosion in the Straits," said Christopher Clark, attorney with Earthjustice, which represents the tribe before the public service commission along with the Native American Rights Fund (NARF). "This is not the right

time or right place for such a dangerous experiment."

"Climate change is disproportionately ravaging the natural resources, economic livelihoods, and safety of the Tribal Nations located in Michigan," said NARF Staff Attorney David L. Gover. "These are the very same communities that are bearing the brunt of the unacceptable risks posed by the existing Line 5 pipeline and this tunnel replacement."

All of the parties have submitted their initial briefs to the commission. They had an opportunity to formally respond to each other's arguments by March 11.

For the first time in Michigan history, the potential climate impacts of proposed fossil fuel infrastructure are being considered under the Michigan Environmental Protection Act (MEPA) during a separate but simultaneous permit hearing. That hearing is also before the MPSC.

"This decision to allow consideration of potential climate impacts sets precedent that climate change is within the scope of MEPA," said Environmental Law Policy Center Senior Attorney Margrethe Kearney. "This means, moving forward, MEPA can be a much more powerful tool in preventing investments in fossil fuels that create a worst-case climate scenario."

Courtesy photo.

# INTER-TRIBAL COUNCIL OF MICHIGAN AWARDED TRIBAL VACCINE EQUITY PROJECT



The Inter-Tribal Council of Michigan was awarded a grant by the National Network of Public Health Institutes (NNPHI) to build national infrastructure for mitigating the impact of COVID-19 within racial and ethnic minority communities, called The Vaccine Equity Project.

The Inter-Tribal Council of Michigan will utilize the reach of the National Native Network communication channels to reach tribal communities across the U.S. in order to provide training, technical assistance and monetary awards to support local vaccination efforts.

American Indian and Alaska Native (AI/AN) communities across the United States have experienced disproportionate rates of COVID-19 infection, hospitalization and deaths compared to other racial and ethnic groups. These disproportionate rates are the result of historic inequalities experienced in AI/AN communities, like limited access to healthcare resources which

lead to higher rates of chronic disease and illness. Although AI/AN communities across the country have much to celebrate reporting the highest vaccination rates than any other racial and ethnic group in the country, there is still a large segment of the AI/AN population which is not yet vaccinated.

Specifically, the Inter-Tribal Council of Michigan will:

Implement a culturally appropriate communication campaign to address social norms, provide accurate information and encourage AI/AN communities to get vaccinated.

Utilize the National Native Network platform to host training and technical assistance webinars for tribal health care providers to help them reach and engage community members.

Host a series of webinars to support partnerships with trusted community businesses and organizations which share best practices from successful tribal outreach and vaccination efforts, accompanied by toolkits with templates and "how to" guidelines and protocols to make local replication of these efforts streamlined and easy. Participation in webinars will offer community-based businesses and organizations incentives to help with the cost of implementing

local vaccine events.

The National Native Network will begin hosting these webinars in April 2022.

Detailed information will be sent via the listserv and social media channels as well as [keepitsacred.itcmi.org/covid-19-vaccine-equity](http://keepitsacred.itcmi.org/covid-19-vaccine-equity)

*The Vaccine Equity Project is authorized under the Public Health Service Act Section 317(k)(1) of the Public Health Service Act (42 U.S.C. 247b(k)(1)), as amended. The funding authority is the Consolidated Appropriations Act and the Coronavirus Response and Relief Supplement Appropriations Act, 2021 (P.L. 116-260). This project is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award with 100% funded by CDC/HHS through NNPHI. The contents of this document are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS or the U.S. Government.*

Source: Centers for Disease Control and Prevention. (2021). COVID-19 Vaccinations in the United States. U.S. Department of Health & Human Services. [https://covid.cdc.gov/covid-data-tracker/#vaccinations\\_vacc-total-admin-rate-total](https://covid.cdc.gov/covid-data-tracker/#vaccinations_vacc-total-admin-rate-total)

Courtesy graphic.

# Weekend Urgent Care Alternative!

## Urgent Care

Petoskey  
116 W. Mitchell Street Petoskey, MI 49770  
231-348-2828

## McLaren

NORTHERN MICHIGAN REGIONAL HOSPITAL  
416 Connable Avenue Petoskey, MI 49770  
1-800-248-6777

## MUNSON HEALTHCARE

Charlevoix Hospital  
14700 Lake Shore Drive, Charlevoix, MI 49720  
231-547-4024

Petoskey Urgent Care can be utilized when immediate attention is needed for an urgent, but not life-threatening condition, and the LTBB Health Clinic in Petoskey, MI, is closed.

When using Petoskey Urgent Care, you are required to call LTBB Contract Health at 231-242-1600. Notice must be received within 72 hours of the visit. LTBB Elders have 30 days to notify Contract Health.

After hours and weekend emergency treatment can be obtained at McLaren Northern Michigan Regional Hospital in Petoskey, MI, or Munson Healthcare Charlevoix Hospital in Charlevoix, MI.



## Little Traverse Bay Bands of Odawa Indians



### NOTICE: Sex Offender Registration Requirements

All persons who have been convicted as a sex offender are required by the LTBB Sex Offender Registration and Notification Statute to register with LTBB Law Enforcement if any of the following circumstances are true:

1. If your residence is on Tribally owned land;
2. If you will be visiting and staying on Tribally owned land for more than seven (7) days;
3. If you are enrolled in any classes or schools located in Tribal buildings; or
4. If you are employed on Tribally owned lands.

LTBB Law Enforcement is located at:

911 Spring Street, Petoskey, MI 49770  
231-242-1500

For more information regarding Sex Offender Registry, you can visit the LTBB Website [www.ltbbodawa-nsn.gov](http://www.ltbbodawa-nsn.gov) and choose the Law Enforcement link on the right side of the page.

## The 7 Grandfather Teachings guide us in our

# actions

to end sexual violence

- mnaadendmowin (respect)
- nbwaakaawin (wisdom)
- zaagidwin (love)
- gwekwaadziwin (honesty)
- dbaadendizwin (humility)
- aakde'ewin (bravery)
- debwewin (truth)



Little Traverse Bay Bands of Odawa  
Survivor Outreach Services  
Call Monday through Friday 8-5: (231) 242-1620

24-Hour Crisis and Information Line:  
(231)347-0082 or (800)275-1995  
Operated by Women's Resource Center of Northern Michigan

This brochure was developed by the Little Traverse Bay Bands of Odawa Indians Survivor Outreach Services, supported by Grant No. 2018-WB-48-0013 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



## Little Traverse Bay Bands of Odawa CHILD WELFARE COMMISSION 2022 MEETING SCHEDULE

January	Location: Zoom Date & Time: 01/06/2022 3:00PM
February	Location: Zoom Date & Time: 02/03/2022 3:30PM
March	Location: Zoom Date & Time: 03/03/2022 3:30PM
April	Location: Zoom Date & Time: 04/07/2022 3:30PM
May	Location: Zoom Date & Time: 05/05/2022 3:30PM
June	Location: Zoom Date & Time: 06/02/2022 3:30PM
July	Location: Zoom Date & Time: 07/07/2022 3:30PM
August	Location: Zoom Date & Time: 08/12/2022 3:30PM
September	Location: Zoom Date & Time: 09/01/2022 3:30PM
October	Location: Zoom Date & Time: 10/06/2022 3:30PM
November	Location: Zoom Date & Time: 11/03/2022 3:30PM
December	Location: Zoom Date & Time: 12/01/2022 3:30PM

\*Meeting dates and times are subject to change. Any canceled, rescheduled, or additional meetings will be posted on the LTBB website.

# TRIBES TO RECEIVE \$1.7 BILLION WATER SETTLEMENT

By Kalle Benallie

**Editor's note:** The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

Interior Secretary Deb Haaland, Laguna Pueblo, was in Phoenix, AZ, to meet with tribal leaders for a big water settlement announcement.

At the Arizona Department of Water Resources building, she announced the Interior's plan for tribes to receive \$1.7 billion in Indian water rights claims.

"I am grateful that tribes, some of whom have been waiting for this funding for decades, are finally getting the resources they are owed," she said. "With this crucial funding, Interior will uphold our trust responsibilities and ensure that tribal communities receive the water resources they have long been promised."

The money is for "outstanding federal payments necessary to complete their terms," according to an Interior press release, and comes from President Joe Biden's infrastructure law which invests more than \$13 billion directly in tribal communities.

Roughly \$2.5 billion will be used to implement the Indian Water Rights Settlement Completion Fund. Along with the available funds from the existing Reclamation Water Settlement Fund — which is expected to receive \$120 million in mandatory funding annually from 2020 to 2029 — numerous tribes and settlements will be receiving money this year.

Those include: Aamodt Litigation Settlement (Pueblos of San Ildefonso, Nambe, Pojoaque and Tesuque), Blackfeet Nation, Confederated Salish and Kootenai Tribes, Crow Nation, Gila River Indian Community, Navajo-Utah Water Rights Settlement and Navajo-Gallup Water Supply Project, San Carlos Apache Nation, Tohono O'odham Nation and the White Mountain Apache Tribe. The fund also has an executive committee made up of Bureau of Reclamation, Bureau of Indian Affairs, Water and Science and Indian Affairs representatives and the solicitor. Additionally, the committee will recommend the remainder of the fund in the future to Haaland based on its current project needs.

The U.S. Supreme Court ruled in 1908 tribes have rights to as much water as they need to establish a permanent homeland, and those rights stretch back at least as long as any given reservation has existed. As a result, tribal water rights often are more senior to others in the West where competition over the scarce resource is fierce.

Litigation can be expensive and drawn-out, which is why many tribes have turned to settlements. The negotiations generally involve tribes, states, cities, private water users, local water districts and others and can take years if not decades to hash out.

Currently, there were 34 Indian Water Rights settlements enacted by Congress.

Haaland has visited Salt River to highlight the Urban Waters Federal Partnership and the work of the Rio Salado Project, "that is helping



protect, restore and revitalize the Salt and Middle Gila River Watershed." She also visited the Arizona Department of Water Resources and met with the Inter Tribal Council of Arizona and the Gila River Indian Community.

#### Tribal Leaders' Response

The tribes in Arizona who will receive \$224 million are the Tohono O'odham Nation's Southern Arizona Indian Water Rights Settlement, the Gila River Indian Community's Water Rights Settlement and White Mountain Apache Tribe's Water Rights Settlement.

Gila River Governor Stephen Roe Lewis praised U.S. Senators Kyrsten Sinema and Mark Kelly, both Democrats, for including water infrastructure funding in the bill. Haaland met with both senators during her visit.

"The water rights funding in the Bipartisan Infrastructure Funding is historic and will have an immediate impact in the community by accelerating irrigation projects that will create approximately 200 jobs," Lewis said. "(The Community) looks forward to continuing to work together to address the water and drought conditions in Arizona and along the Colorado River."

White Mountain Apache Tribe Chairwoman Gwendena Lee-Gatewood was one of the tribal leaders to meet with Haaland at the Inter Tribal Council of Arizona.

"On behalf of the White Mountain Apache Tribe, we are ecstatic and grateful for the funding our tribe will receive from the bipartisan infrastructure law," she said. "This funding is crucial to effectuate the White Mountain Apache Tribe Water Rights Quantification Act. For a tribe like ours, where clean, reliable drinking water is not always available, this funding means that we are closer to completing our Rural Water System Project that will provide safe drinking water for generations to come."

San Carlos Apache Chairman Terry Rambler posted on Facebook the meeting with Haaland went well.

"I requested Secretary Haaland to help provide funding from the infrastructure bill to start and finish our CAP water delivery project, so that we can start replenishing our water aquifers and expand our farming and cattle businesses," Rambler said. "We need to know the true impact to the environment and local water resources not just for today but also forty years from now in light of the severe drought we are in."

*The Associated Press contributed to this story.*

Kalle Benallie, Navajo, is a reporter-producer at *Indian Country Today's* Phoenix bureau. Follow her on Twitter at @kallebenallie or e-mail her at kbenallie@indiancountrytoday.com.

*Courtesy photo.*

## 5 MINUTE SELF CARE



Make an appointment for spa



Eat a snack



Text a friend



Grab a coffee



Give your pet a treat



Moisturize your hands

## The Mille Lacs Band of Ojibwe Rosetta Stone is HERE!

Native languages and cultures are at a critical point in their existence... We know our language is a core part of who we are.

The Mille Lacs Band of Ojibwe has partnered with Rosetta Stone to create a language learning platform for our Ojibwe Language to empower our community, to maintain our identity, and to help us be successful.

Free to Mille Lacs Band members and descendants of the Mille Lacs Band of Ojibwe, the Ojibwe language is a gift to enrich your life.

Effective January 11, 2022, Mille Lacs Band of Ojibwe members and descendants of the Mille Lacs Band of Ojibwe will have free access to the Mille Lacs Band of Ojibwe Rosetta Stone. Others should check back March 1, 2022 for access.

To register, scan the QR code with your phone's camera or go to:

<https://mlbo-laserfiche.millelacsband.com/Forms/Rosetta>

A welcome email from Rosetta Stone will arrive in 1 to 2 business days with information to set up your account.

Please note: This registration link needs to be accessed from a device that is NOT connected to the internet on an MLBO network. (After registration is finalized, the Rosetta Stone Fluency Builder App can be accessed within the network via computer or smartphone.)



If you have questions, or would like to learn more about this project visit <https://www.culture.aanij.org/ojibwe-rosetta-stone/> or call Aanjibimaadizing at 320-532-7407.

## AMERICAN INDIAN COLLEGE FUND

The American Indian College Fund offers scholarships to Native American and Alaska Native undergraduate and graduate college students from various majors. Please visit website for more information.

Applications Open Now!

Deadline: May 31st, 2022

Contact Info  
scholarships@collegefund.org  
or (800) 776-3863

For more information visit  
<https://collegefund.org/students/scholarships/>



AMERICAN INDIAN COLLEGE FUND  
EDUCATION IS THE ANSWER

LTBB Town Hall meetings are available to be viewed at:  
[www.ltbbodawa-nsn.gov/townhallmeetings.html](http://www.ltbbodawa-nsn.gov/townhallmeetings.html)

## Interested in working for LTBB?

Jobs are updated daily at [www.ltbbodawa-nsn.gov](http://www.ltbbodawa-nsn.gov)  
Job Hotline toll free 1-866-582-2562  
Submit your applications, resumes, and cover letters:

- In person at our LTBB Human Resources office
- E-mail: [hr@ltbbodawa-nsn.gov](mailto:hr@ltbbodawa-nsn.gov)
- Mail to LTBB Human Resources, 7500 Odawa Circle, Harbor Springs, MI 49740

Questions? Please contact the Human Resources Department at 231-242-1563.

First Peoples Fund

WE THE PEOPLES BEFORE

THE KENNEDY CENTER | WASHINGTON D.C. JUNE 30 - JULY 2, 2022



We welcome everyone to visit our Official Facebook Page at

<https://www.facebook.com/LTBBODAWA>.

Please be respectful in your comments.



# VAWA REAUTHORIZATION HEADED TO PRESIDENT'S OFFICE

**Editor's note:** The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

Tribal nations are celebrating the reauthorized Violence Against Women Act.

Congress passed the omnibus spending package for the 2022 fiscal year, which included major tribal provisions. It passed in the Senate with a 68-31 vote. The bill will now head to the president's desk to be signed.

This means tribal nations "will continue to increase safety and justice for victims who had previously seen little of either," said Fawn Sharp, president of the National Congress of American Indians in a statement.

Here is a breakdown of the VAWA reauthorization:

- Reaffirmation of tribes' jurisdiction to prosecute non-Native perpetrators of sexual violence, sex trafficking, stalking, child violence and obstruction of justice
- Gives tribes authority to prosecute non-Natives who assault tribal law enforcement officers
- Tribal nations in Maine and Alaska can exercise tribal jurisdiction under the act
- Non-Native defendants must exhaust all tribal court remedies
- Funding for and ensuring tribes can access national crime information systems via the Tribal Access Programs
- Increased resources for tribes "to exercise Special Tribal Criminal Jurisdiction and establish a reimbursement program to cover tribal costs"
- Re-establishes the Tribal Prisoner Program

Passage of the bill is not only a win for tribes in the Lower 48, but for Alaska, because of a different legal framework (Metlakatla is the only reservation in the state) and the jurisdiction excluded non-Native perpetrators.

The act establishes the Alaska pilot project which empowers up to 30 tribal courts in the state and allows civil jurisdiction over non-Native perpetrators since the U.S. Supreme Court's 1998 ruling in *Alaska v. Native Village of Venetie*.

"The Alaska pilot program and Alaska Native Village jurisdiction is pivotal to transforming the public safety crisis in Alaska," said Chief Mike Williams, Akiak Native Community and vice president of the NCAI Alaska Region in a statement.

Along with protecting Native women and



tribal law enforcement, the Muscogee Nation said the act gives resources to the tribe which will allow them to implement the McGirt ruling.

"We continue to make significant investments to expand our criminal-justice infrastructure to fully implement McGirt as it adds more safety, security and judicial resources for all," said Muscogee Nation Principal Chief David Hill in a statement. "We welcome Congress' recognition that decades of illegal actions by the State of Oklahoma have created the need to expand tribal capacity and are grateful for the addition of vital funding to support these efforts as an extension of the federal government's trust authority and responsibilities to tribal nations."

The passage of the bill, however, came at a cost, especially for Native people with uteruses. In order to maintain Republican support, Democrats agreed to keep restrictions on spending federal money on abortions in the form of the Hyde Amendment. The amendment prohibits the use of federal dollars by agencies such as Indian Health Service for abortions. Passed in 1976, it has been renewed every year.

"Unfortunately, this is not unexpected," said Charon Asetoyer, chief executive of the Native American Women's Health Education Resource Center in Lake Andes, SD. "It's a sad state of affairs when men still control the most personal decision women make about their families."

Planned Parenthood in Sioux Falls is the only clinic performing abortion in South Dakota and does so only on a limited basis, according to Asetoyer who is a citizen of Comanche Nation.

"It's an enormous financial burden for our women to raise resources for travel and lodging for what should be a basic health care right," she said. "Native women don't really have a choice; this situation is repeated throughout Indian Country."

*Courtesy photo.*

## WHAT IS PHYSICAL LITERACY?

### PHYSICAL LITERACY LIFE CYCLE

Physical literacy is when kids have developed the skills, confidence, and love of movement to be physically active for life.



Physical literacy begins when parents encourage movement in infancy...



... develops throughout life...



... and can be a gift that is shared between generations.



7-8%

Higher annual earnings.



Reduced risk of heart disease, stroke, cancer, and diabetes



40%

Higher test scores.



Increased self-esteem and happiness

### THE BENEFITS OF BEING PHYSICALLY ACTIVE\*

\* Adapted from Aspen Institute Sport for All - Play for Life: A Playbook to Get Every Kid in the Game

### HOW IS PHYSICAL LITERACY DEVELOPED?

Kids develop physical literacy gradually through a variety of structured and unstructured activities. The nature of these activities changes as kids grow in age and ability.



0-3 years

Encourage early movement.



3-5 years

Expand on play, and keep it fun.



5-8 years

Increase the focus on fundamental movement skills.



8-12 years

Introduce more complex skills as kids are ready.

ACTIVE FOR LIFE

Learn more at: [ActiveForLife.com](http://ActiveForLife.com)



© Active For Life 2015



[IRS.gov/ChildTaxCredit](http://IRS.gov/ChildTaxCredit)



## Claiming the 2021 Child Tax Credit When You Don't Normally File a Tax Return



If you don't normally file a tax return, but you're eligible for the Child Tax Credit, you can still claim the Child Tax Credit on a 2021 tax return - even if you had no income in 2021. Advance payments sent in 2021 were not the full amount of the credit.



The 2021 Child Tax Credit is \$3,600 for each qualifying child under age 6 and \$3,000 for each child age 6 to 17.

Learn more at 2021 Child Tax Credit Frequently Asked Questions.



IRS Free File is a great electronic option for people who are only filing a tax return to claim the Child Tax Credit.

The most secure and fastest way to get a tax refund, which would include your Child Tax Credit, is to combine electronic filing with direct deposit.

The IRS's Volunteer Income Tax Assistance (VITA) program offers free basic tax return preparation to qualified individuals.

Publication 5534-H (2-2022) Catalog Number 92759S Department of the Treasury Internal Revenue Service [www.irs.gov](http://www.irs.gov)



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**Domestic violence is not a Native American tradition.**



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Native Helpline

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“Road Projects” continued from page 1.

Road, the road adjacent to our Mtigwaakiis Housing development. The project will improve site distance at an intersection where a fatality occurred and provide a full reconstruction of the road. This project is made possible utilizing a BIA safety grant, BIA roads funds, Charlevoix County Road Commission funding and Hayes township funding.

**LTBB Roads Projects**

All roads eligible for BIA funding must be open to the public without limitation. For this reason, not all LTBB roads have been built us-

ing BIA dollars. Some examples of LTBB owned roads which have been constructed or improved using BIA Tribal Transportation dollars include Lears Road, Hatchery Road, the roads at the Shops at Victories Square, Odawa Circle, Waganakising Drive and the roads at Mtigwaakiis Housing and Wah-Was-Noo-Da-ke Housing.

The included map provides an overview of the roads which have been constructed in the area since LTBB began receiving Tribal Transportation funding.

Map courtesy of the LTBB GIS Department.



“Reservation Litigation” continued from page 1.

to transfer child-in-need-of-care cases to Tribal Court from State Court under the Indian Child Welfare Act and Michigan Indian Family Preservation Act;

- Our cross-deputization and mutual aid agreements, and fire protection agreements with counties, townships and municipalities.
- All of our federal, state and foundation grants.
- Our rights to operate our casinos under the Indian Gaming Regulatory Act and LTBB law.

So, this unfortunate outcome in federal court on our 1855 Treaty reservation boundary will not keep us from preserving our sovereignty, promoting our culture and economy and providing services to our citizens.

Of course, we would have preferred to have won the case to honor our history and increase services to our citizens, and protection of our children, elders, lands and waters. The Federal Court affirming the reservation would have put the whole world on notice that the entire area reserved for us in the 1855 Treaty is our permanent reservation home. Even without the Indian Child Welfare Act or Michigan Indian Family

Preservation Act, we would have had exclusive jurisdiction over our children throughout the entire reservation area. We would have had greater authority to protect the remains of our ancestors throughout the entire area under the Native American Graves and Repatriation Act. We would have had authority to protect Tribal victims of domestic violence and jurisdiction over Tribal citizens in the criminal justice system throughout the entire reservation area. These are the types of considerations that led the Tribe to take on this long, arduous and costly fight.

The area shown in the map was set aside for our ancestors in the 1855 Treaty of Detroit. The treaty expressly refers to this area as a reservation. Land within the reservation was to be allotted in parcels of 80 acres to families and 40 acres to single persons. Had the Treaty been properly implemented almost all the land within the reservation would have consisted of Odawa allotments. Mismanagement and fraud in the decades following the 1855 Treaty led to the loss of Odawa title, but the Tribe maintained that the jurisdictional boundaries of the reservation remain intact, just as a city or state’s boundaries

“Reservation Litigation” continued on page 29.

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**For more information, please contact:**  
SCTI Powwow Committee at 989.775.4000 or PowwowCommittee@Sagchip.org

**Saginaw Chippewa Indian Tribe of Michigan**  
“Working Together for Our Future”

"Reservation Litigation" continued from page 28.

contain land within them that are not owned by the government.

The 1994 Reaffirmation Act (Public Law 103-324) that reaffirmed the federally recognized status of LTBB and the Little River Band referenced the 1855 reservation, and LTBB's Constitution that the citizenship adopted in 2005 and the Bureau of Indian Affairs certified, specifically defines LTBB's reservation as the areas set aside for it in the 1855 Treaty. Dr. James McClurken's historic research and publication of Gah-Baeh-Jhagwah-Buk during the late 1980s and early 1900s were critical in convincing Congress to pass the Reaffirmation Act. In 1996, the Tribe retained Dr. McClurken to research and prepare a history of LTBB's reservation. Dr. McClurken spent years unearthing vast documentation in federal and Tribal archives that culminated in a 1000-page report which cited 5,000 primary documents supporting the intent of the Tribal and Federal negotiators to establish a reservation in the 1855 Treaty that remains to this day. Over 17 years, from the mid-90s through 2014, the Tribe repeatedly requested that the Department of Interior issue an official opinion regarding the establishment and continued existence of the reservation. Tribal leaders and representatives repeatedly travelled to Washington to press the reservation issue and submitted legal memoranda to accompany the historic reports. The Interior field solicitor's office in Minneapolis, MN, was favorably impressed with the McClurken report and we believe agreed with the legal analysis regarding the Tribe's reservation. However, by the end of 2014, the Department of Interior did not take any official action to recognize the 1855 Treaty reservation.

The refusal of the State and local governments to recognize the 1855 Treaty boundary created a difficult situation for the Tribe and its citizens, especially in areas of child protection, criminal and domestic violence jurisdiction and application of the Native American Graves and Repatriation Act. The situation put the Tribe and its citizens, who are bound by the LTBB Constitution's definition of reservation, at odds with the State, local and even federal governments who refused to recognize the 1855 Treaty reservation. By the end of the 2014, the Tribal Council decided it needed to take decisive action to affirm the reservation, rather than letting the issue languish for future generations to grapple with.

The Saginaw Chippewa Tribe litigated a similar case 10 years earlier that resulted in settlement with the State that recognized their reservation through a series of agreements. The Tribal Council decided to retain the same legal team that represented the Saginaw Chippewa, who by then were in the Hogen Adams law firm out of Minneapolis, MN, to assess litigating the LTBB reservation. Tribal Council ultimately authorized filing a lawsuit against the State of Michigan seeking a declaration that the 1855 Treaty established the reservation that remains in place and constitutes Indian Country.

In August of 2015, LTBB filed suit in the Federal Court for the Western District of Michigan against the State of Michigan seeking a ruling that the 1855 Treaty established a permanent reservation that continues to exist to this day. All of the local governments within the reservation and two non-governmental entities, joined the case on the State's side as co-defendants: City of Petoskey, City of Harbor Springs, Emmet County, Charlevoix County, Bear Creek Twp, Bliss Twp, Center Twp, Cross Village Twp, Friendship Twp, Little Traverse Twp, Pleasantview Twp, Readmond Twp, Resort Twp, West Traverse Twp, Emmet County Lake Shore Association, The Protection of Rights Alliance, City of Charlevoix, and Charlevoix Twp. Rather than litigating against a single defendant, LTBB had to litigate against 19 defendants. The two non-governmen-

tal defendants were particularly well funded.

Recognition of LTBB's reservation area would designate it as "Indian country" which would allow the Tribe to more fully exercise its sovereignty and protect its citizens, natural resources, environment and ancestral remains along with its cultural identity and the history of its members. Recognition of the reservation boundaries would reduce conflicts between the Tribe, State and local governments concerning competing claims of jurisdiction within the reservation. The only lands that the State and local governments currently agreed were "Indian country" were the parcels that are held in trust for LTBB by the United States.

Massive trial preparation took place between from 2015-2019, including all parties retaining numerous PhD historians, many discovery requests and depositions and numerous pre-trial motions. In litigation, plaintiffs or defendants may file motions for summary judgment claiming that there are no facts in dispute that must be resolved by a trial and that they are entitled to judgment as a matter of law based on undisputed facts. In 2019, the defendants filed a motion for summary judgment asking the judge to rule that the 1855 Treaty did not establish a reservation. In August of 2019, without conducting a trial, the Federal District Court granted the defendants' motion for summary judgment ruling that the 1855 Treaty did not establish a reservation, but only temporarily withdrew land from sale to allot to individual Odawa families. After amassing vast historical documentation and the oral history of the Tribe, the summary judgment ruling denied the Tribe a trial in which to tell its story.

The Tribe then retained the Ann Arbor and Seattle based firm of Kanji & Katzen to lead the appeal because of their vast experience in Indian law appellate work, including their recent successful representation of the Creek Tribe in the United State Supreme Court in a case that affirmed a large portion of the State of Oklahoma as the Creek reservation. The Tribe filed its appeal of the August 2019 ruling with the Federal Court of Appeals for the 6th Circuit. On May 18, 2021, a three-judge panel of the Appellate Court issued its opinion upholding the District Court's August 2019 ruling. We were heartbroken by that decision which fundamentally misconstrued our history. We then requested rehearing before all of the 16 judges of the 6th Circuit Court of Appeals, but the Appellate Court denied that request.

Our last avenue was to seek review in the United States Supreme Court. On the advice of Kanji & Katzen, we had Ian Gershengorn of the Washington, D.C, firm of Jenner & Block lead the Supreme Court effort. Mr. Gershengorn also worked on the McGirt case, representing Mr. McGirt, is frequently retained by NCAI and served as acting Solicitor General in the Obama administration where he was largely credited with preserving the Affordable Care Act. The Supreme Court only grants cert. (accepts a case for review) for about 2% of the petitions. Based on the critical historic and jurisdictional issues raised in our case, and the Court of Appeals opinion's contradiction of United States Supreme Court and Appellate Court precedent, we made a strong case to come within that 2%. Sadly, the Supreme Court turned down our petition to review the Court of Appeals decision.

After so many years of work by Odawa citizens, staff, historians and attorneys, at a cost of about \$8.5 million for the years of trial preparation and historic research, and about \$670,400 on the appeals, the U.S. Supreme Court's denial of cert ended our case without even an opportunity to present our testimony at trial. This is profoundly disappointing and frustrating, but only strengthens the resolve of the Odawa to continue building our culture and community in this land of our ancestors.

Courtesy map.

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BY-THE-NUMBERS

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**SEPTEMBER 20-22, 2022**  
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"Mnozhiyaadaa" continued from page 1.

disease, cancer, Chronic Obstructive Pulmonary Disease (COPD) and chronic liver disease.

A chronic illness is caused from several different risk factors. According to the World Health Organization, a risk factor is "any attribute, characteristic, or exposure of an individual that increases the likelihood of developing a disease or injury." Some risk factors are manageable, others we cannot control. Examples of risk factors are prolonged unhealthy eating habits, aging, family history of an illness, smoking commercial tobacco and alcohol consumption, lack of exercise, exposure to toxins at work and many more.

As mentioned, CDC data shows Native Americans are more likely to develop chronic illnesses earlier on in life than non-Hispanic white adults. There are several explanations for what causes this difference in disease occurrence. Some reasons are obvious such as experiencing racial discrimination in healthcare and not trusting healthcare professionals because of generational trauma. But, the most devastating reason for health disparities, according to the National

Indian Council on Aging, is the changes in the diets of indigenous people due to colonization.

The CDC states health equity is achieved when every person has the opportunity to "attain his or her full health potential" and no one is "disadvantaged from achieving this potential because of social position or other socially determined circumstances." Now is the time to make changes for future generations. Taking time to take the best care of ourselves is the best thing we can do for our loved ones. Talk to your healthcare provider about what screenings or tests are needed to be sure you are staying healthy!

In April, we look for the Ziisabaakdake Giizis or Sugar Bush Moon. Reach out to Charla Gordon, RD, for information on how to get involved with the 13 Moons Challenge!

If you have diabetes and would like guidance in your wellness journey, feel free to contact us. Sarah Cameron - RN Diabetes Educator at 231-242-1664, Charla Gordon - Registered Dietitian at 231-242-1601, or Marlene Gasco - Wellness Advocate at 231-242-1616.

Courtesy graphics.

**IRS.gov/childtaxcredit2021**

**File a 2021 Tax Return to Get the Remainder of Your 2021 Child Tax Credit**

Many families got up to half of their estimated 2021 Child Tax Credit as advance payments last year. Here are three steps to getting the rest of your credit:

**Step 1: Review Letter 6419**

- You should have received this letter in January 2022 if you received advance Child Tax Credit payments in 2021.
- It shows the amount of advance payments you received and the number of qualifying children the payments were based on.
- You or your tax preparer will use this information to figure your remaining credit accurately.
- If you misplaced your letter, you can look up your information using the IRS's CTC Update Portal or Online Account.

**Step 2: Claim the Rest of Your 2021 Child Tax Credit**

- File your 2021 federal tax return and claim the Child Tax Credit, if you're eligible.
- Choose direct deposit if you're getting a refund. Make sure your bank account information is correct.

**Step 3: Get Paid!**

- After you file your return, you can check on the status of your refund using the Where's My Refund? tool on IRS.gov or the mobile app IRS2Go.
- You can check within 24 hours of e-filing or within four weeks of mailing a return. Updates to the online tool are made daily, usually overnight.
- To use this tool, you need your Social Security number, filing status and the exact whole dollar amount of your refund.

**Important Information**

- Filing a tax return is the only way to get the remainder of your 2021 Child Tax Credit.
- Electronic filing with direct deposit is the safest and fastest way to get a tax refund.
- Many people qualify for free e-filing through IRS Free File or at a volunteer tax preparation site.

Publication 5534-G (12-2021) Catalog Number 92617L. Department of the Treasury Internal Revenue Service www.irs.gov

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**IMPORTANT NOTICE**

- Use this fillable form, then sign or print the form and fill it in by hand and sign.
- All information must be accurate and complete.
- This Voter Registration Form must be signed by the Tribal Citizen.**
- Mail the signed form to the mailing address above or email the signed form to [ElectionBoard@LtbbElectionBoard.org](mailto:ElectionBoard@LtbbElectionBoard.org)
- The information and signature must be clear and legible.

**YOUR VOTER REGISTRATION FORM WILL NOT BE ACCEPTED IF THESE REQUIREMENTS ARE NOT MET**

**"PLEASE PRINT"**

TRIBAL ROLL NUMBER \_\_\_\_\_ EMAIL ADDRESS (optional) \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

LAST NAME \_\_\_\_\_ SUFFIX (SR., JR., ETC.) \_\_\_\_\_ MAIDEN OR PREVIOUS NAMES \_\_\_\_\_

FIRST NAME \_\_\_\_\_ MIDDLE NAME \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

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## Birthdays



Happy 58th birthday to **Marty Van De Car** on April 18. If you can pull yourself away from those Two and a Half Men reruns, go out and celebrate your special day. Have a great day, from the King and VanDeCar families.

Happy birthday to **LaVerne Bottoms**, April 12th, from all of your brothers, sisters and cousins. We love you and wish you the best birthday EVER. YOU'RE THE BEST.

## Congratulations



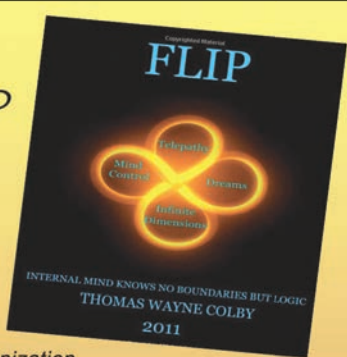
Congratulations to **Trevor** and **Brendan Swiss**, both LTBB Descendants, on their successful high school wrestling season. Trevor, a junior at Petoskey High School, finished 48-4 this season while achieving his 100th career victory and was fourth at the Division 2 state meet in the 145-pound weight class. Trevor is a three-time district champion and a two-time state placer. Brendan, a freshman at Petoskey High School, finished 41-9 this season, competed at the Division 2 state meet in the 135-pound weight division and was named to the Division 2 All-Freshman team by michigangrappler.com. They along with **Hiram Walker-Gross**, an LTBB Tribal Citizen, helped Petoskey High School to its first district title since 2007. In his first year of wrestling, Hiram competed in the 171-pound weight division. Hiram is now transitioning to baseball, which is his favorite sport.

## Birth Announcement



Cisco Angel Galeano was born on December 3, 2021 at 12:46 p.m. in Palm Springs, CA, to mother, Alicia Galeano (LTBB Tribal Citizen), and father, Hector Galeano.

**ODAWA MAGIC FOR THE WARRIOR TELEPATHY & SOUND**  
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To Sound Flip, you start by breaking a word into syllables in your conscious mind and then match one syllable of word, pushing this syllable into one beat of a sound.

This matching of word syllables with sound beats is called *synchronization*. If the push of the word syllable into the beat of music or sound is not synchronized properly, the word transmitted will not be received clear with the sound used. With just a little more concentration focused on the word-syllable synchronization with the sound beat, these discrepancies or fuzziness of Sound Telepathy will clear up. The word synchronization used in this book refers to the timing of the attachment of the word syllable to the beat of sound.

FLIP: TELEPATHY is available in paperback and Kindle at Amazon at <https://tinyurl.com/FlipTelepathy>  
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