



MARCH IS COLON CANCER AWARENESS MONTH

Submitted by **Emily Ferroni**, Cancer Screening Patient Navigator



Did you know colon cancer can be prevented if you complete the screenings recommended for you by your doctor? Colon cancer is the third most common form of cancer, and the second-leading cause of cancer death for Native Americans. Native Americans have a higher death rate due to colon cancer because they often have a late-stage diagnosis as most colon cancer symptoms are not present until it is too late.

The screenings for colon cancer can find small amounts of blood in stool, cancer DNA or polyps in the colon. The polyps are found during a colonoscopy and can be removed before they turn into cancer. Because there were so many people being diagnosed under the age of 50, the recommended screening age for colon cancer has been changed from 50 years old to 45 years old.

Finding polyps or other symptoms early can greatly eliminate the threat of death as polyps can be removed before they develop into cancerous growths. If you are 45 years old or think you may be at an increased risk for colon cancer because of a family history of cancer or unhealthy lifestyle choices, talk to your doctor at 231-242-1700 about getting screened as soon as possible.

If you were recommended for screening and haven't yet completed or scheduled it, call Emily, our cancer screening patient navigator, and she will get you the information you need for the type of screening recommended by your doctor. Emily's phone number at the clinic is 231-242-1772.

What Types of Screenings for Colon Cancer are Available?

There are several different screening methods for colon cancer. You can talk to your doctor about which screening method is best for you. If you've already spoken to your doctor and haven't completed or scheduled your screening, call Emily at the clinic at 231-242-1772, and she'll get you the materials or an appointment you need to complete your colon cancer screening.

Fecal Occult Blood Test
The fecal occult blood test (FOBT) is a screening test which can be used to detect blood in the stool, which
"Colon Cancer Awareness" continued on page 35.

FIRST PEOPLES FUND HONORS LTBB TRIBAL CITIZEN RENEE "WASSON" DILLARD WITH A 2022 JENNIFER EASTON COMMUNITY SPIRIT AWARD

Editor's note: First Peoples Fund honors and celebrates exceptional Native artists and culture bearers across the country through the Jennifer Easton Community Spirit Awards. These artists embody their people's cultural assets in their creations and their way of life. Bringing spirit to the community is an important responsibility for artists — it is part of a sacred honor system. Through this award, First Peoples Fund strengthens that honor system by recognizing exceptional artists who have worked selflessly throughout their lives to weave their cultural knowledge and ancestral gifts into their communities. The following appears on the First Peoples Fund website <http://firstpeoplesfund.org/> and is reprinted here with permission.

Renee "Wasson" Dillard is a traditional Anishinaabe natural fiber artist and teacher, raised in the Anishinaabe communities of Michigan. The art of natural fibers and weaving was passed on to Wasson at a very young age by both her mother and her paternal grandmother. Wasson started weaving her first yarn sash at age nine. It came naturally to her, and thus, began a lifetime of artistic expression and community teaching through traditional Anishinaabe approaches. Throughout the years, she has also learned from other Anishinaabe community teachers and continues on her path to re-discover knowledge and further sharpen her skills.

Wasson uses various indigenous materials in teaching to produce traditional pieces. In staying true to Anishinaabe methods, she harvests and processes the materials herself. Such materials commonly include basswood, birch bark, cedar, cattails, spruce, milkweed, red willow, black ash, sweetgrass and bulrush. Whichever the fiber, she prefers to teach the discipline in its entirety, from plant botany, en-



"Dillard" continued on page 32.

AMERICAN RECOVERY PLAN NEW HOME PROJECT

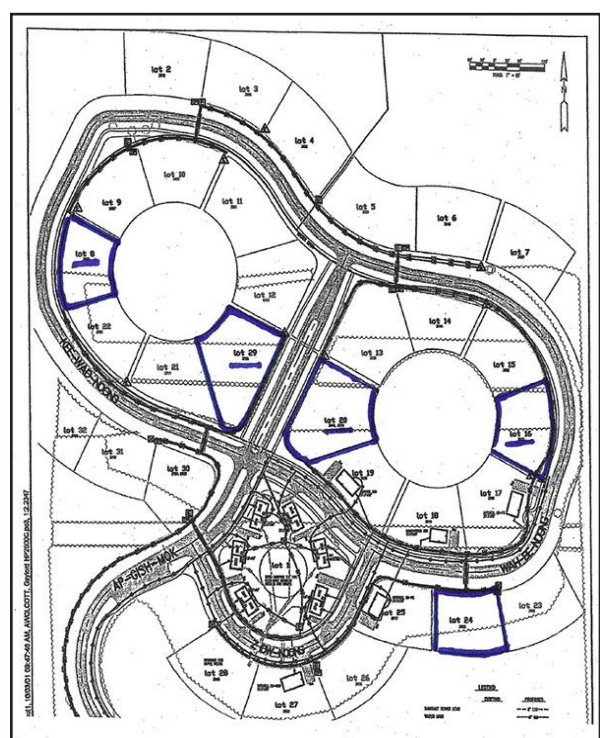
Submitted by **John Givens**, Housing Director

The main goal of LTBB Housing is to provide affordable housing opportunities for LTBB Citizens. Part of that mission is to manage rental units which we can offer to tribal citizens with rents which are affordable.

Going into 2021, LTBB Housing managed 35 rental units in the Northern Michigan area with all of those units being occupied. We needed to provide more rental units to address our waiting list of tribal citizens seeking affordable rentals in Northern Michigan.

During 2020-2021, LTBB Housing, as well as the tribe as a whole, received funding from the federal government through the American Recovery Plan Act. The decision was made to utilize those funds to build more homes which could be offered as rentals to LTBB Citizens.

With money to spend, we moved into the planning process of what to build and where to build it. With the help of LTBB Planning and Unit II Director Daugherty Johnson, we decided on building modular homes at the Wah Wahs Noos Da Ke Development, north of Harbor Springs, MI. We chose this location because it was the site most suitable to build single



family homes. The choice to utilize modular construction was due to the cost savings provided over
"New Home Project" continued on page 32.

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Permit No. 62

Little Traverse Bay Bands of Odawa Indians
7500 Odawa Circle
Harbor Springs, Michigan 49740
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LTBB TRIBAL CITIZENS ENROLLED AS OF 2-22-2022 = 4,471

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This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

Tribal Telephone Directory and Website Information

LTBB Governmental Website
Odawa Trails Website

www.ltbodawa-nsn.gov
www.odawatrails.com

Beverly Wemigwase, Receptionist

231-242-1400
1-866-652-5822

Tribal Administration

242-1400

Health Clinic
242-1700

Tribal Chairman's Office

Lakota Worthington,
Administrative Assistant
242-1401

Health
242-1600

Community Health
(Transportation)
242-1601

Tribal Council/Legislative Office

Linda Gokee,
Administrative Assistant
1-866-972-0077

Dental Clinic
242-1740

Legal Department

Su Lantz, Assistant
242-1407

Maternal Child
Health Outreach
242-1614

NO Collect Calls Accepted

Pharmacy
242-1750

Office of Citizens Legal Assistance

Cherie Dominic, Attorney
242-1433

Housing Department

Heidi Bosma,
Administrative Assistant
242-1540

NO Collect Calls Accepted

Accounting Department

Jon Shawa, Assistant
242-1440

Human Resources Department

Dorla McPeak,
Administrative Assistant
242-1555

Mandy Szocinski, Contracts
242-1439

Human Services Department

Veronica Sanders,
Administrative Assistant
242-1621

Archives, Records and Repatriation Department

Eric Hemenway, Director
242-1527

IT Department

Gary Appold,
Director
242-1531

Commerce Department

Hayden Hooper, Director
242-1584

Law Enforcement Department

Tribal Police
242-1500

Communications Department

Annette VanDeCar, Coordinator
242-1427

Natural Resource Department

Debra Smithkey-Browne,
Administrative Assistant
242-1670

Wendy Congdon,
Pre-Press Graphic Specialist
242-1429

Elders Department

Dorothy Pagel,
Administrative Assistant
242-1423

Planning, Zoning and Building Department

Shari Temple,
Administrative Assistant
242-1581

Enrollment Department

Marin Taylor, Administrative
Assistant/ Genealogist
242-1521

Amanda Swiss,
Tribal Planner
242-1508

Facilities Department

Simon Kenwabikise, Director
242-1532

Substance Abuse/ Mental Health Department

Pat Boda,
Administrative Assistant
242-1640

Education Department

Tammy Gasco,
Administrative Assistant
242-1480

Brenda Schoolcraft,
Office/Intake Coordinator
242-1642

Gijigowi Anishinaabemowin Language Department

Carla Osawamick, Director
242-1454

Tribal Court/Peacemaking Program

242-1462

GIS Department

Alan Proctor, Director
242-1597

Tribal Prosecutor's Office

Gwen Teuthorn, Office Manager
242-1475

Health Department

242-1611

Youth Services Department

Tina Dominic, Coordinator
242-1593

Election Board Chairperson

ElectionBoard@ltbbelectionboard.org

Contact Information



Annette VanDeCar
Communications
Coordinator
231-242-1427

Wendy Congdon
Pre-Press Graphic
Specialist
231-242-1429

The Communications Department welcomes submissions for our "Lines From Our Membership" section of the newsletter, but we cannot run anything political in nature or expressing an opinion due to a long-standing department policy. Because we have a newsletter and not a newspaper, we do not have an editorial page. We reserve the right to edit any material submitted for space and content.

The deadline for the April 2022 issue of *Odawa Trails* is March 7, 2022.

You can e-mail or call your submissions in to newsletter@ltbbodawa-nsn.gov or at 231-242-1427 or 231-242-1429. Please only call in your submissions if they are short. We also welcome comments, suggestions and story ideas.

ADVERTISE WITH US!

FREE GRAPHIC DESIGN SERVICES AVAILABLE!

3 Column X 3 in.

1 Month = \$36

3 months = \$91.80 **save \$16.20!**

6 Months = \$172.80 **save \$43.20!**

12 Months = \$324 **save \$108!**

4 of our most
popular sizes!!

A complete listing of
ad sizes and prices
are on our website at:
www.odawatrails.com

1 Column
X 4 in.

1 Month = \$16

3 months = \$40.80
save \$7.20!

6 Months = \$76.80
save \$19.20!

12 Months = \$144
save \$48!

2 Column X 4 in.

1 Month = \$32

3 months = \$81.60
save \$14.40!

6 Months = \$153.60
save \$38.40!

12 Months = \$288
save \$96!

2 Column X 2 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

DEPARTMENTS & PROGRAMS



COMMUNICATIONS DEPARTMENT

Easter Coloring Contest Rules

Crayons * Markers * Paint * Stickers * Colored Pencils * Glitter * You choose!

- Age categories are 3-7 and 8-12.
- Limit one submission per child.
- All entries must be the original size.
- Open to LTBB Community Citizens.

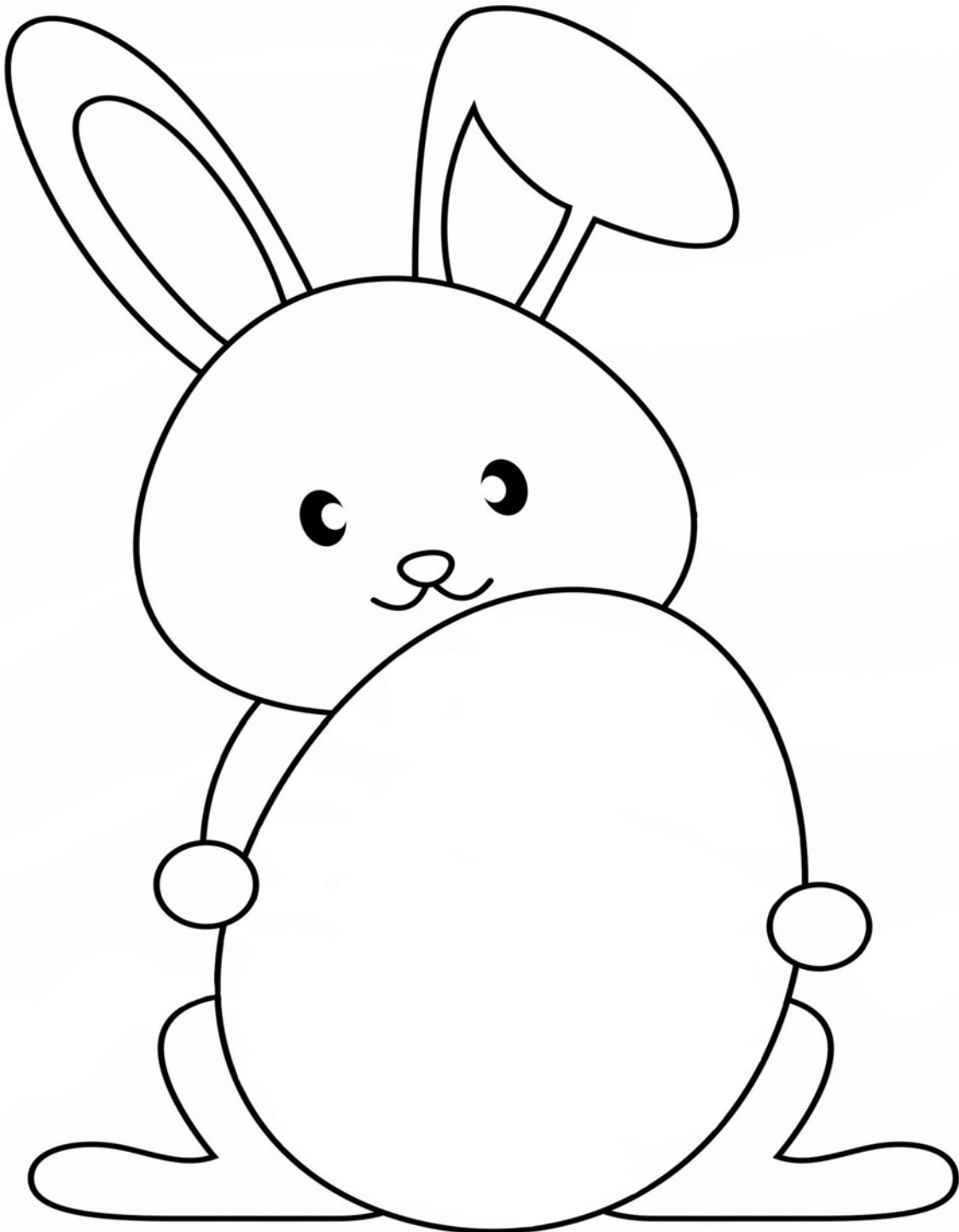
• Entries can only be submitted by snail mail to: Attention: Communications Department, LTBB Governmental Center, 7500

Odawa Circle, Harbor Springs, MI 49740. No exceptions!

- All mailed entries must be postmarked by April 8, 2022. No exceptions!

Submissions judged by Communications/Odawa Trails staff with three winners being selected in each age category. Each winner will receive a prize!

HAPPY EASTER



Name: _____ Age: _____

Phone: _____

Parent/Guardian, please fill in the phone number



Honoring Our Past.
Creating Hope for the Future.

WE CAN HELP

Victim service providers help victims rebuild their lives. We can help you learn about your legal rights and options, cope with the impact of crime, access victim compensation, develop a safety plan, and navigate the criminal justice and social service systems.

DIRECT SERVICES FOR VICTIMS

- Childhelp National Child Abuse Hotline
800-4-A-CHILD
- Cyber Civil Rights Initiative
844-878-2274
- Love Is Respect
866-331-9474, TTY 866-331-8453
- Mothers Against Drunk Driving
877-MADD-HELP
- National Domestic Violence Hotline
800-799-SAFE, TTY 800-787-3224
- National Human Trafficking Hotline
888-373-7888, TTY 711
- National Runaway Safeline
800-RUNAWAY
- Parents of Murdered Children, Inc.
888-818-POMC
- Rape, Abuse, & Incest National Network
800-656-HOPE
- Pathways to Safety International
833-SAFE-833
- StrongHearts Native Helpline
844-7NATIVE
- National Suicide Prevention Lifeline
800-273-8255, TTY 800-799-4889
- The Trevor Project
866-488-7386
- Veterans Crisis Line
800-273-8255 x1, TTY 800-799-4889

INFO & REFERRALS FOR VICTIMS

- Battered Women's Justice Project
Legal Helpline
800-903-0111 x1, TTY 711
- Bureau of Indian Affairs, Indian Country
Child Abuse Hotline
800-633-5155
- Federal Trade Commission Identity
Theft Hotline
877-FTC-HELP, TTY 866-653-4261
- National Center for Missing &
Exploited Children
800-THE-LOST*
- Substance Abuse and Mental Health
Services Administration Helpline
800-662-HELP, TTY 800-487-4889
- VictimConnect Resource Center
855-4-VICTIM

PLEASE NOTE:

The LTBB Grants Department works with LTBB Departments to obtain external funds for ongoing and special programming, services and resources for the tribal community. Please contact the respective LTBB Department for information on programming that may be of interest to you.

SMILE WITH CONFIDENCE

Elders Dental Assistance Program is now processed through the Health Department! Call to see if you qualify! 231-242-1600



Don't miss out on the sounds of life.



Hearing aid assistance is now processed through the Health Department. Call to see if you qualify! 231-242-1600

DEPARTMENT OF COMMERCE

COVID-RELATED ASSISTANCE AVAILABLE FOR LTBB BUSINESSES

The LTBB Department of Commerce (DOC) is now accepting applications from eligible businesses for COVID-related financial assistance. DOC will be distributing a total of \$1,600,000 in the form of grants to businesses to be used in responding to the negative economic impacts caused by COVID. Business entities eligible to apply include LTBB-owned businesses, LTBB Tribal Citizen-owned businesses and

LTBB-registered non-profits. The deadline to submit an application and all supporting documents is **March 8, 2022**. The application is available at <https://tinyurl.com/DOC-ARP2022>, on the LTBB website under the Department of Commerce section or it can be requested by contacting the LTBB DOC office at 231-242-1584 or DOC@ltbbodawa-nsn.gov.

FORM 4013: RESIDENT TRIBAL MEMBER ANNUAL SALES TAX CREDIT - TAX YEAR 2021

The Form 4013: Resident Tribal Member Annual Sales Tax Credit is now available for the 2021 tax year. This form will not automatically be distributed; however, it is available **upon request** from the LTBB Department of Commerce (DOC) office. Most programs used for e-filing taxes or programs used by professional tax preparers will automatically generate the Form 4013 upon selecting you are a Resident Tribal Member. For those who do not e-file or do not use a tax preparer or those who prefer to have a paper copy of the Form 4013 – please contact the LTBB DOC office to request a copy be mailed or e-mailed to you. The LTBB DOC office can be reached at 231-242-

1584 or DOC@ltbbodawa-nsn.gov.

For any Resident Tribal Members who are unaware of the purpose of the Form 4013 – this form is used to obtain the annual sales tax credit per our Tax Agreement with the State of Michigan. The Form 4013 is filed with your Michigan Income Taxes and the credit is given based on a formula using your adjusted gross income. It is to your advantage to submit this form so you may receive your annual credit. If you have any questions on this form, including how to submit – please contact the LTBB DOC office. Miigwech – *Hayden Hooper, LTBB Department of Commerce Director.*

ATTENTION LTBB TRIBAL CITIZEN OWNED BUSINESSES

LTBB Tribal Citizen owned businesses wishing to be e-mailed of various business opportunities within the LTBB Government or LTBB-owned enterprises should contact the LTBB Department of Commerce (DOC) to provide an e-mail address in which they would like to be contacted and include a brief statement of what

their business offers.

LTBB DOC will reach out to these businesses directly when departments or entities ask for their business opportunities to be shared.

LTBB DOC can be reached at 231-242-1584 or DOC@ltbbodawa-nsn.gov.

IMPORTANT TRIBAL CERTIFICATE OF EXEMPTION UPDATE

The LTBB Department of Commerce would like to share an important update regarding the Tribal Certificate of Exemption (TCE).

While we strongly encourage Resident Tribal Members (RTMs) to obtain TCEs prior to the purchase(s), there is now a way to request a refund directly from the Michigan Department of Treasury for taxes paid on eligible items. If you made an eligible purchase while being an RTM, and you did NOT claim your exemption at the time of purchase – please contact the LTBB Department of Commerce for detailed information on how to request your refund. Refund claims must be made within four years of the original

date of purchase. Please note this refund option should not be used as an alternative to the regular TCE process; rather, it should be a fallback option as the process for a refund is more burdensome on the RTM and still requires the RTM to obtain a TCE. The refund will be requested directly from the Michigan Department of Treasury, however, LTBB DOC can walk you through the process and help you obtain the necessary paperwork to do so (TCE, appropriate receipts, forms from the seller, etc.).

Please contact the LTBB DOC office at 231-242-1584 or DOC@ltbbodawa-nsn.gov for additional information.

REQUESTS FOR TRIBAL CERTIFICATE OF EXEMPTION (TCE)

The LTBB Department of Commerce (DOC) would like to remind all Resident Tribal Citizens (RTC) that Requests for Tribal Certificates of Exemption (TCE) must be submitted prior to making the purchases. DOC has up to 96 hours to process the request once all necessary information has been received. If the purchase is made before obtaining the TCE, there is now a fallback option which makes it possible for Citizens to request a refund directly from the Michigan De-

partment of Treasury, however this should not be used in lieu of the regular TCE process. The refund process is more burdensome on the RTC and still requires that a TCE is obtained. Refund requests can be made within four (4) years of the original date of purchase. Please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov if you need to request a refund or for any other TCE questions.

LTBB TAX AGREEMENT AREA & RESIDENT TRIBAL CITIZENS

Listed below are the townships included in the LTBB Tax Agreement Area. If your principal residence is within the Tax Agreement Area and your address is updated with the LTBB Enrollment department, you are considered a Resident Tribal Citizen and are eligible for several tax exemptions as defined in our Tax Agreement. For more information on the available exemptions, please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov.

LTBB Tax Agreement Area Townships:
Cross Village (all)
Friendship (all)

Little Traverse (all)
City of Petoskey (all)
Readmond (all)
West Traverse (all)
City of Harbor Springs (all)
Bear Creek (all)
*Resort (partial)
*Hayes (partial)
*Bay (partial)
*City of Charlevoix
(North of the bridge only)
*Charlevoix Township
(North of the bridge only)

IMPORTANT NOTICE!

IF YOU HAVE ANY QUESTIONS OR ISSUES CONCERNING **LAND CLAIMS DISTRIBUTION (TRUST FUND)**, PLEASE CONTACT **CARRIE CARLSON, CFO, AT 231-242-1442.**

Need to update your address?

When you move, please contact the Enrollment Office and we will send you an Address Verification Form.

Address Verification and many other Enrollment forms are also available at www.ltbbodawa-nsn.gov. They can be found in the Forms Directory or on the Enrollment page of the website.

It is the responsibility of the parent, guardian or custodial parent to complete an address form for any minor children.

If you are the custodial parent of a minor, please provide proof by documentation.

Upon reaching the age of 18, an Adult Address Verification form must be completed. Failure to do so may result in a delay of per capita payment.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current.

Minor verification forms must be signed and notarized.

Adult verification forms must be signed and either witnessed or notarized, depending on your address.

Contact the Enrollment Office at 231-242-1521, 231-242-1520 or by e-mail enrollment@ltbbodawa-nsn.gov.



Little Traverse Bay Bands of Odawa Indians
Enjiboozbiigeng
Enrollment Office

Tribal Citizens Fee Schedule

Tribal Citizens Fee Schedule	FEES
Replacement/Expired Cards in person or via mail A replacement card is lost, stolen, expired or has an address change. Any name charges, no charge. Free to Elders.	\$10
Tribal Directory Adults 18 and enrolled prior to 2/1/2021 Published every 4 years.	\$5
Tribal Directory Labels Requestor must provide labels	\$5
LTBB List The list includes adult's first, middle and last names only.	\$5
Photocopies of Enrollment file First 3 copies free, \$1 for each page thereafter.	\$1 ea
Marriage License Application Certified Copies: \$10 Photo Copies: \$5	\$25
Tribal Notary Application Residency/Business residency requirement Surety Bond: \$125 **Cannot be waived**	\$10
Marriage Commission Application Residency/Business residency requirement	\$25

*** Enrollment Fees waived for LTBB Veterans***

August 19, 2021

IS YOUR
CONTACT
INFORMATION
CURRENT?



Update your contact information
with the Enrollment Department.

- ADDRESS
- PHONE NUMBER
- EMAIL ADDRESS
- VETERAN STATUS



Marin Taylor 231.242.1521
Pauline Boulton 231.242.1520



Like us at www.facebook.com/LTBBHigherEducation

FOR CURRENT SCHOLARSHIP OPPORTUNITIES AND FINANCIAL AID UPDATES



STAY CONNECTED!

Text "HigherEd" to 33222 to receive LTBB Higher Education updates and deadline reminders. Standard data and msg rates apply.

March Elders Birthdays

March 1

Evelyn Cody
Melvin Kiogima
Richard Masse
Yvonne Fronczak

March 2

Pricilla Dickerson

March 3

Leonard Dashner-Gasco
James Fisher
Mary Cody-Gibson
Tammi Lee
Paul Booth

March 4

Deanne Samuels
Darla Roush
Camilla Jensen
Helen Bonneau

March 5

Dennis Hardwick
Rayna Shawa
Karen Randolph
Paul Shell

March 6

Steven Thompson
Robert Taylor
Raymond Suhr

March 7

David Minor
James Vincent
Kevin Wall
Jeffrey Gasco

March 8

Timothy Todd
Shane Hart
Duane Boda
Mary Lawler
Beverly Wemigwase

March 9

Donna Lord
Kevin Cutler

March 10

Sara Curto
Elroy Davenport
Thomas Minor
Marcia Bane

March 11

Marie Miskell
Raymond Cody, Jr.
Kimberly Johnson
Patsy McGowan
Peggy Holappa
Douglas Wright, Jr.
Richard Crossett
Lucy Keshick
Shirley Coyle

March 12

Judith Pierzynowski
Daniele Montez
Regina Kiogima
Henry Rowland
Virginia Lewis

March 13

Robert Ortnier
Marsha Griffin
Deborah Blake
Rosalie Springfield
Alice Hughes
Marie Miller

March 14

Beverly Cabral
Mary Zeppa
Gail Neeb
Gina Gregory

March 15

Lucy Daniels
James Lasley
Arlene Naganashe

March 16

Carla Hilyard
Rebecca Healy
Louise Beauchamp
Dawn Thorpe
Roger Emery
Jeffrey Hardwick

March 17

Sharon Miller
Ronald Bekampis
Joe Montez, Jr.
Jewell Chingman
Fred Kiogima
Charles Brooks
Gary Otto

March 18

George Shomin
Sharon Casey-Hook
David Shonibin
George Leo, Jr.
Gary Miller, Jr.
Lewis Adams, Jr.
Kevin Keller

March 19

Marc Pamp
Judith Shell
Katherine Fletcher
Raymond Bottoms
Linda Kilborn
James Skippergosh, Sr.
Theresa Fischer
Joseph Allen

March 20

Patrick Sloniker
Sheran Patton
Bennie Lacroix
Laura Damon
Glenda Turner
Donald McMillan
Andrea Matteson
Lisa Keller

March 21

Nichelle Bunkley
Mark Shenoskey
Carolyn Medawis
Frank Emery
Laura Kieliszewski

March 22

Judith Kosequat
Madeline Hawkins

March 23

Douglas Sprague

March 24

Mildred Shomin
Sharon Sanders
Michelle Shananaquet

March 25

Marion Genia
Theresa Stieve

March 26

Harry Fenner
Donald Seymour, Jr.
Linda Massey

March 27

Robbie Schlappi
William LaCroix

March 28

Wendy Morris

March 29

Stanley Crisp
Gary Kenoshmeg
Robert Baldon
Diane Alsop
David Anthony

March 30

Rachel Neville
Jo Ann Seay
Pauline Bowers
Rodger DeBoer

March 31

William Devernay, Jr.
Bonita Crowe

Baapin, Kendan, miinwaa Maadizin: Coffee with an Elder Series

Friday, March 18, 2022
6 pm - 7 pm

Speakers:
JD Gibson
Gerald Garrow

Topic:
Winter Storytelling

There will be 20 Care Packages to raffle for LTBB Citizens. You must register for the raffle by Friday, March 4 to be entered.

Thursday, March 31, 2022
6 pm - 7 pm

Speakers:
Dan Hirmon, Paul Raphael, and Tom Teuthorn

Topic:
Ziinzibaakwad

Everyone is invited to listen. Join us @ <https://lbbodawa.zoom.us/j/3937392960>

BAAPIN (LAUGH), KENDAN (LEARN), MIINWAA (AND) MAADIZIN (LIVE)

To register for the raffle or for more information about this event, please reach out to:

LTBB Education
culturalprogramming@lbbodawa-nsn.gov

TO VIEW UPCOMING LTBB EVENTS, SCAN THE QR CODE WITH YOUR CELL CAMERA



BROUGHT TO YOU BY: THE SDPI GRANT, LTBB COMMUNITY HEALTH, AND LTBB EDUCATION

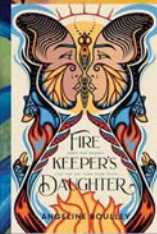
Michigan Indian Education Council

Jichag Seeking Balance and Centering Identity

52nd Annual

Native American Critical Issues Conference

March 10-12, 2022



Key Note Speaker Angeline Bouley
Angeline Bouley, an enrolled member of the Sault Ste. Marie Tribe of Chippewa Indians, is a storyteller who writes about her Ojibwe community in Michigan's Upper Peninsula. She is a former Director of the Office of Indian Education at the U.S. Department of Education. Angeline lives in southwest Michigan, but her home will always be on Sugar Island.
Firekeeper's Daughter is her debut novel, and was an instant #1 NYT Bestseller.

This year's theme is *Jichag: Seeking Balance and Centering Identity*. Join us as we gather virtually with the Nottawaseppi Huron Band of the Potawatomi, to celebrate and revitalize our cultural identities as centered in our traditional teachings about our spirit selves in relation to Mother Earth and all of our relations.

Register at <https://www.mieccconference.org/>

CULTURAL CARE PACKAGES

*Culture is powerful!
Culture is healing!*



The Native Justice Coalition is distributing care packages to individuals and families across the Michigan Native American Community.

Learn more & request a package www.nativejustice.org/culturalcare

Illustrations by Neebinnaukzhik Southall - Chippewas of Rama First Nation

TREES & UTILITIES



MILWAUKEE, WISCONSIN
SEPTEMBER 20-22, 2022

#TREESANDUTILITIES



DEPARTMENT OF THE REPATRIATION, ARCHIVES & RECORDS

REGAINING CONTROL: INDIGENOUS-OWNED AND OPERATED ARCHIVES

By **Meghanlata Gupta**, *Native American Journalism Fellowship 2021*

Editor's note: The following article and photographs appeared on *Indian Country Today*, and they are reprinted here with permission.

Eric Hemenway has had a front row seat to his tribe's history since he was born.

Growing up on his tribal homelands in Harbor Springs, Michigan, the Little Traverse Bay Bands first generation descendant watched as tribal leaders and community members fought for the rights of their nation, their culture and their people. His mother was on the first tribal council and was part of the team which successfully pursued federal reaffirmation of the Little Traverse Bay Bands of Odawa Indians in 1994.

Years later, Hemenway was backpacking in southern Mexico when his mom called. She said a job opened to work with the tribe's archives. The decision to take the job was a "no brainer." At that moment, he dedicated his career to preserving the history of his people. He got on a plane and flew home to serve his community.

Hemenway has spent the past 16 years working as a tribal archivist and historian. He currently holds the position of director of archives and records for his tribal nation. His numerous job responsibilities are vital to the Little Traverse Bay Bands community: Collecting and curating historical information and artifacts; seeking ways to use archival materials to support the tribal government and citizens; and creating historical educational materials and collaborating with state governments, museums, parks and other organizations.

Hemenway and two other staff members manage the 3,000-square-foot physical space, which consists of a community area, staff offices, a library and two storage units.

Hemenway talked about the significance of



The story comes from a lot of different sources where somebody within the community will come in and donate some beadwork that their mom made or somebody has been collecting newspaper clippings their entire life, and they donate those, so it becomes a repository for people and their belongings that they're giving to the tribe really for safekeeping," he said.

One of the archive's primary functions is historical education. Hemenway and his team collaborate with various state organizations and museums for public educational exhibits. They partnered with the Mackinac State Historic Parks on a number of projects, including the curation of the Biddle House, a museum on Mackinac Island which focuses on the Anishinaabek of northern Michigan and their continuing relationship with the island. They are currently working with the Michigan Historical Society to redesign the society's pre-contact exhibit. Other partners include the Harbor Springs History Museum, the Little Traverse Historical Museum, Mackinac Historic Village, Sleeping Bear Dunes, the National Park Service, the Grand Rapids Museum and the Weltmuseum in Austria.

They also co-develop lesson plans with teachers from Harbor Springs Public Schools in Michigan, using primary sources to teach students about Anishinaabek history and culture. These lesson plans bring students out of the classroom and onto the lands and water. For the ninth-grade students, the team worked with another local group to bring two dozen canoes to a local beach. The students paddled out into Little Traverse Bay while learning about the canoe voyage which an Anishinaabek delegation undertook from Little Traverse to Washington, D.C., in order to negotiate the Treaty of 1836.

Within these endeavors, he sees an opportunity to use tribal archives for education about Native peoples and cultures.

"When it comes to the educational outreach, we see there's a real hunger," he said. "These people want to learn; they want to know. And we're taking advantage of that."

Hemenway and the Little Traverse Bay Bands are not alone in their archival work but rather part of an ongoing movement across Indian country toward indigenous-owned and-operated archives.

Archivist and historian Jennifer O'Neal explained the tribal self-determination and restoration movements in the late 1970s and early 1980s encouraged tribal communities to create their own archives.

"Tribes were having to go to all these different repositories and places to gather their records and getting frustrated," she said. "So, it did start this movement to ensure that Native people had access to those records and then also to start creating their own tribal archives, ensuring that they preserve their own records, that they were in control of their history, of the records telling

"Archives" continued on page 7.



working with an archive run by and for Little Traverse Bay Bands people. He emphasized the value of archival materials during tribal self-determination efforts in the 1990s.

"When we were going through our federal reaffirmation, we had to rely on a lot of documentation," he said. "So, we've always had this idea of the importance of records."

After securing tribe reaffirmation, the Little Traverse Bay Bands established an archives department as one of its first governmental departments. The archives have grown to hold approximately 300 artifacts, 250,000 records, 3,000 photos and 200 books.

Hemenway said he cares for a wide variety of materials.

"The archives aren't just paper," he said. "They include photos, interviews and artwork, a collection of history that is driven largely by Little Traverse Bay Bands community members.

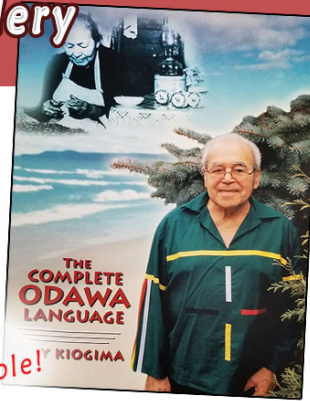
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Member of our Tribal Community and need help? Call LTBB Behavioral Health.
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Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with Bay Mills Community College:



- ◆ Associate of Arts Early Childhood Education
- ◆ Associate of Arts Business Administration
- ◆ Associate of Applied Science Construction Technology
- ◆ Associate of Applied Science Computer Information Systems
- ◆ Medical Office Certificate

WOCTEP offers
Financial Assistance!



- ◆ Tuition Assistance
- ◆ Textbook and required course materials Assistance
- ◆ Mileage Assistance
- ◆ Hourly Stipend (based on household income)
- ◆ Examination/qualification fee Assistance

In addition to WOCTEP Financial assistance, Native WOCTEP students may be eligible for Board of Regents Tuition Award at BMCC.

WOCTEP is funded by the US Department of Education through the NACTEP program. Federal funds contribute to 90% of funding (\$448,744) and tribal support of 10% (\$50,108) for project year 1 (2019) budget.

“Archives” continued from page 6. their own story, instead of having that story told through another repository.”

The Association of Tribal Archives, Museums and Libraries has supported this movement since its establishment in 2010. The organization’s President and CEO, Susan Feller, said the organization strives to raise awareness and organize programming and collaborations related to the cultural sovereignty of Native nations. For Feller and her team, one of their main goals is to support Native communities as they attempt to regain control over cultural materials.



“We are working with the Doris Duke Charitable Foundation and seven universities to repatriate more than 6,000 oral histories to 160 tribes,” she said. “We also are working with another foundation to establish a multi-million dollar fund to help Native communities regain control over their material culture.”

The association’s programming has included training for tribal archivists on topics such as caring for indigenous cultural materials, managing audiovisual collections and planning and constructing tribal museums. During its 2019 annual conference, the association provided training to more than 2,600 cultural practitioners from 352 Native nations and online training to an additional 1,432 participants.

On the National Planning Council for the conference was Cherity Bacon, tribal archivist for the San Manuel Band of Mission Indians in California. In her essay for the California Institute for Community, Art and Nature, Bacon describes a “Stone Soup” archival approach, which involves “developing partnerships and sharing resources with other Tribal Communities, Universities and Archives.” The archive features a growing collection of baskets made generations ago by Serrano weavers as well as other cultural and historical materials.

Bacon said she hopes to “bring home” as many of these materials as possible. Foundational to her work are repatriation and consulting efforts with non-Native institutions with the goal of properly contextualizing, protecting and preserving the tribe’s history.

“Once those materials are taken from the tribe, they’re completely taken out of context,” she said. “We have to really make sure that, one, tribes know where their materials are, and two, that they have access to those materials, whether they have their own copy set or they’re actually granted access for some of these institutions.”

An Act of Sovereignty

Both Hemenway and Bacon consider tribal archives to be important forms of tribal sovereignty.

“It’s important that you use the term sovereignty,” Hemenway said. “That’s really in my mind all the time, that we’re putting the narrative out from our perspective.”

Having a tribal archive means tribal citizens can manage and govern their historical materials on their own terms. Cultural beliefs and knowledge systems often guide archival organization and caretaking techniques. Bacon noted San Manuel Band’s cultural understandings of the Serrano woven baskets and how it impacts tribal archival practices.

“The community looks at the baskets as ancestors, that these are living, breathing, organic beings,” she said. “So, there is an acknowledgement that there is life in these baskets, and they’re not just treated as objects.”

Guidelines about access are another important part of tribal archives. Unlike with a state or university archive, access to tribal archives can

be supervised by tribal archivists, which is especially important when dealing with personal and sensitive materials.

“We’re making sure that sensitive materials are not just available out there for public consumption,” Bacon said.

Culturally-sensitive materials related to spirituality, family history, language and sacred places can be restricted for access solely by tribal members.

Digital Space

Indigenous archives and protocols have expanded into digital spheres as well.

Paul Grant-Costa and Tobias Glaza are the co-directors of the Native Northeast Research Collaborative, a digital humanities project dedicated to the history of New England Indigenous Peoples. The project’s digital archive contains more than 3,000 items reviewed by Native scholars and community members for sensitivity.

The digital form of the archive has several benefits. For one, it takes a quick web search to access the archive, something scholars around the country and world can engage in. Grant-Costa noted digital editing allows the archivists and Native community members to “make updates or corrections to the records or use the materials with new technologies.” Additionally, the digitization of the archive helps with the repatriation of records.

“We’ve seen our images distributed to tribal governments but also to tribal citizens across the country,” he said.

The Native Northeast Research Collaborative is hosted on the web through Mukurtu, a content management system developed for Native communities. The system prioritizes ethical practices for review and curation of indigenous archival materials and community members can contribute to curation and restrict access to sensitive materials.

Platforms like Mukurtu have encouraged the growth of digital indigenous archival projects like the Native Northeast Research Collaborative.

“Several years ago, the number of Native digital archival projects were relatively low,” Grant-Costa said. “Today, many institutions of higher learning have joined with tribes to jointly steward collections held at universities and colleges. Another exciting development is the growing participation of Native communities in initiatives driven by their own archival needs.”

Non-Traditional Archives

Indigenous peoples are also finding innovative ways to preserve cultural history through social media.

Ojibwe beadwork artist Hema Patel has created a personal archive of her own work and stories on her Instagram account, @beadwork-byhema. The page functions as a platform for selling and promoting her beadwork as well as documenting her artistic and cultural journey. Her page holds a vibrant collection of photos, stories and comments from her community of followers.

“Instagram provided a unique opportunity to capture the growing history of my business,” Hema said. “Everything is captured and memorialized on the page. And just like that, I’ve been able to create a very unique historical record preserved through this public framework.”

Hema also noted the significance of the captions for each post, which feature stories, language lessons and background information about her art. She likened the captions to those seen accompanying archival or exhibition materials.

“I have captions like you’d see in a museum about the artist and a title and description of the art,” she said. “They are also stories for my family that I can pass down through the arts, anecdotes and short passages that make up an online archive.”

From tribal archives to web-based repositories to social media pages, there are myriad ways for indigenous peoples to engage in historical preservation. Hemenway expressed excitement for the future of this archival movement and the continued strength and resilience of indigenous peoples and histories.

“Having this conversation is an act of victory,” he said.

This story was originally published at Native Voice.

Courtesy photos.

Community Support Group

Provided by: LTBB Behavior Health

Zoom meeting will take place every Tuesday and Thursday @ 12 pm Starting 4/9/2020

The meetings are intended for anyone that would like to talk to others during this difficult time. Cultural Advisor, Matt Davis and Case Manager, Sara Hacker will provide the community with information on; community resources, cultural teachings, talking circles and more.

Information on how to participate please call 231-242-1640



TRIBAL NOTARY INFORMATION

The Tribal Notaries listed below are eligible to perform notarial acts within Little Traverse Bay Bands Jurisdiction unless he/she violates section C. Revocation WOS#2008-05 Tribal Notary Statute

Tribal Notary Commission Full Name	Current Status	Phone Number (231)	Expiration Date	Serial Number
Rebecca R Fisher	Active	NA	February 20, 2027	02-09
Cynthia Brouckaert	Active	242-1462	June 5, 2023	05-09
Beverly J Wemigwase	Active	242-1400	February 21, 2027	10-09
Julie Rose Janiskee	Active	242-1610	August 23, 2027	11-09
Marin C Taylor	Active	242-1521	May 14, 2024	13-09
Hayden Hooper	Active	242-1584	February 1, 2027	15-09
Lakota Worthington	Active	242-1401	May 4, 2027	16-09
Kerstine Omey	Active	242-1418	January 17, 2028	17-09

Temporary Help Wanted

Are you a tribal citizen who would like to:

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Gain experience in several fields?

Apply today to join our LTBB Temporary Worker pool!

Temporary assignments can last one day or as long as a month or more. Contact the Little Traverse Bay Bands of Odawa Indians Human Resources Department today!

Call: 231-242-1563

LTBB GOVERNMENTAL OFFICE CLOSINGS

Please note that ALL LTBB Governmental offices are closed on these dates, this includes Mskiki Gumik offices



- May 30, 2022 - Memorial Day
- July 4, 2022 - Independence Day
- September 5, 2022 - Lewis & Doris Adams Day
- September 21, 2022 - Sovereignty Day
- September 24, 2022 - Michigan Indian Day
- October 10, 2022 - Indigenous People’s Day
- November 11, 2022 - Veteran’s Day
- November 23, 2022 - Thanksgiving
- November 24, 2022 - Day After Thanksgiving
- December 23, 2022 - Christmas Eve
- December 24, 2022 - Christmas Day
- December 30, 2022 - New Year’s Eve

Save on your next computer with Dell

Tribal Citizens and Employees can save money on their next computer purchase when shopping with Dell. It’s easy, just log on to www.dell.com/EPP or call 1-877-289-9437 and enter Member ID#: CS25031222 to take advantage of the discount.

If you have any questions, please call Purchasing Technician Mandy Szocinski at 231-242-1439



ENROLLMENT DEPARTMENT

THE ENROLLMENT OFFICE HAS A MAIL DROP BOX



It is located to the left of the front doors of the LTBB Governmental Center in Harbor Springs, MI. We will have limited quantities of adult and minor address forms stocked. ****Weather Permitting****

We will happily set aside an envelope with any specific form(s) you may need as well.

Just give our office a call, and we will be more than happy to try to accommodate you.

All Enrollment services are available by appointment only. You may call or e-mail to work with our staff.

231-242-1521, 231-242-1522, 231-242-1520 or enrollment@ltbbodawa-nsn.gov

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS ENJIBOOZBIIGENG - ENROLLMENT OFFICE

Services for our citizens:

• Picture Tribal Identification Cards – Available same day. May be requested via mail and electronically.
• Address Changes – Adults only need to be notarized if not having mail sent to their home. Minors must be notarized annually. We have a Tribal Notary in office and many other onsite at the Government Complex.

• Marriage License Applications – Please allow one business day to pick up the Licenses.
• Tribal Directories – Available same day.

We certify for our citizens:

- Michigan Indian Tuition Waivers
- Eagle Parts and Feather Applications
- LTBB Indian Blood Quantum

Apply to become a:

- Citizen – Application available via mail

only

- Tribal Notary
- Marriage Commissioner Need something?
- Request a document from your Enrollment file

• Blood quantum adjustment
• Relinquishment requests Have any questions or need a form sent to you? Call or email:

Lindsey Doerfler – P: 231-242-1522

E-mail: ldoerfler@ltbbodawa-nsn.gov

Marin Taylor – P: 231-242-1521

E-mail: mtaylor@ltbbodawa-nsn.gov

Pauline Boulton – P: 231-242-1520

E-mail: pboulton@ltbbodawa-nsn.gov

Forms are also available on the LTBB Website.

<https://ltbbodawa-nsn.gov/enrollment>

<https://ltbbodawa-nsn.gov/forms>



We welcome everyone to visit our Official Facebook Page at

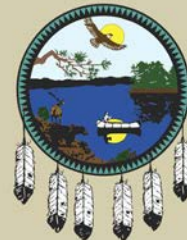
<https://www.facebook.com/LTBBODAWA>.

Please be respectful in your comments.



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Open your camera and scan the QR code or go to tinyurl.com/ltbbcbc to fill out an intake form and attach your resume.



Vacancies

- HEMP Board – 2 seats
- Housing Commission – 2 seats
- Gaming Authority – 2 seats
- Liquor & Tobacco License Board – 1 seat
- Odawa Economic Affairs Holding Corporation – 2 seats
- Odawa Economic Development, Inc. – 1 seat

2021 Tribal Directories Now Available!

Tribal Directories include adult name and addresses of LTBB Citizens enrolled before January 28, 2021, excluding undeliverable addresses and LTBB Citizens requesting not to be included.

To receive your copy:

- ✓ Must include a copy of your Tribal Identification Card
- ✓ A \$5 check or money order payable to LTBB of Odawa Indians
- ✓ Choice of cover design. If you do not specify, we will choose for you!

Mail to: LTBB of Odawa Indians, ATTN: Enrollment Office
7500 Odawa Circle, Harbor Springs, MI 49740.



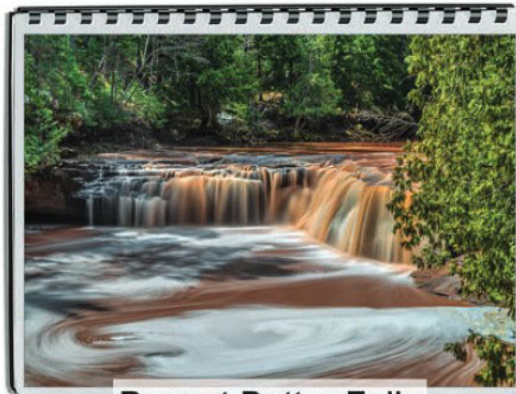
Little Traverse Bay Bands of Odawa Indians Enrollment Office
231-242-1520 or 231-242-1521
Fax 231-242-1526



Hoar Frost



Lake Plumbago



Peanut Butter Falls

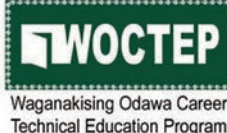
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Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with North Central Michigan College:



- Computer Numerically Controlled (CNC) Certificate of Development
- Medical Billing and Coding Certificate of Development
- Medical Assistant Certificate
- Phlebotomy Certificate of Development
- Computer Information Services (AAS)
- Computer Support Specialist Certificate
- Basic EMS Certificate of Development
- Criminal Justice (AAS)



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For more information, contact Rachael Koeppe at 231-242-1488 or e-mail rkoeppe@ltbbodawa-nsn.gov

LTBB of Odawa Indians is the recipient of this grant under the Department of Labor (DOL). In accordance with the Jobs for Veterans Act, WIOA

HUMAN SERVICES DEPARTMENT

MARCH 2022 FOOD DISTRIBUTION PROGRAM SCHEDULE

Open Distribution: 7th - 11th from 9am - 3pm

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Deliveries:

Local: 3rd and 4th

Peshawbestown: 16th

Traverse City: 22nd

For more information, contact

Food Distribution Program

Specialist Joe VanAlstine

at 231-347-2573



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*food distribution varies depending on availability

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The Department of Human Services (DHS) would like to announce our new mailbox for tribal citizens to drop off DHS applications. It is located outside the main door at the 911 building in Petoskey, MI. Staff will be checking it throughout the day Monday through Friday, and it will be available for tribal citizen use on the weekends.

DHS is not responsible for lost/stolen items if used for other departments.

Courtesy photo.

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LICENSED PROVIDERS

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UNLICENSED PROVIDERS

- ★ STATE ISSUED ID
- ★ ABILITY TO PASS ANNUAL BACKGROUND CHECKS

LITTLE TRVERSE BAY BANDS OF ODAWA INDIANS DEPARTMENT OF HUMAN SERVICES
911 SPRING STREET, PETOSKEY, MICHIGAN

FOOD DISTRIBUTION ON INDIAN RESERVATIONS (FDPIR) UPDATE

Virtual FDPIR Food Package Review Workgroup Strategic Planning Meeting

On November 16 and 17, 2021, members of the FDPIR Food Package Review Workgroup met virtually for their yearly strategic planning meeting. The meeting covered a variety of topics focused on enhancing the food package, including a nutrition analysis of the food package and discussions about adding/reformulating foods.



Food and Nutrition Services (FNS) announced to the workgroup USDA was able to purchase frozen peas, carrots and blueberries in one-pound packages. These new products are scheduled to arrive in the national warehouses soon and are expected to be available for distribution in the spring.

FNS provided the workgroup an overview of participant take rates for FY 2020 and discussed the food package's nutrition profile.

Tribal Leaders Consultation Work Group Continues at USDA

The workgroup discussed adding new foods to the food package and have been asked to get feedback from ITOs in their respective region to help prioritize the list of new items discussed during the meeting. Once workgroup members complete the prioritization process, FNS will work closely with the Agricultural Marketing Service (AMS) who will conduct market research and help FNS determine what is possible. FNS will provide the workgroup with updates on this process throughout the year.



Lastly, the Oklahoma Tribal Engagement Partners (OKTEP), provided an overview of the FDPIR Nutrition Paraprofessional Training Project and how it was designed to meet the needs of staff from various distribution models.



On December 7, 2021, USDA consulting officials and staff joined tribal leaders and representatives to consult on the Food Distribution Program on Indian Reservations and the Supplemental Nutrition Assistance Program (SNAP). The meeting, held both in person and virtually, brought together more than 40 attendees to consult on specific issues surrounding self-determination, information technology systems which support food distribution programs, nutrition education and SNAP-Ed state consultations among other important topics. Deputy Undersecretary Stacy Dean of the Food, Nutrition and Consumer Services and tribal leaders discussed their shared commitment to Indian country and the importance of consultation.

Courtesy photos.

SEEKING: FOSTER HOMES

Little Traverse Bay Bands of Odawa Indians
Department of Human Services
is searching for foster homes!

If you, or someone you know, have the time and desire to become a foster parent for our youth, please contact the LTBB Department of Human Services at 231-242-1620

The 7 Grandfather Teachings guide us in our

actions

to end sexual violence

mnaadendmowin (respect)
nbwaakaawin (wisdom)
zaagidwin (love)
gwekwaadziwin (honesty)
dbaadendizwin (humility)
aakde'ewin (bravery)
debwewin (truth)

Little Traverse Bay Bands of Odawa
Survivor Outreach Services
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24-Hour Crisis and Information Line:
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- Healthy colon
- Prevents ulcers
- Lowers cholesterol
- Healthy heart

Beauty

- Healthy heart
- Lowers cholesterol
- Healthy joints/tissues
- Supports eyesight
- Healthy skin

Cancer prevention

- Healthy heart
- Immune system
- Skin protection
- Supports eyesight
- Antioxidant

Heart health

- Healthy heart
- Lowers cholesterol
- Skin protection
- Helps cell renewal
- Prevents cancer

Longevity

- Healthy heart
- Lowers cholesterol
- Helps memory
- Anti-aging
- Healthy urinary system

Detoxification

- Improves digestion
- Supports eyesight
- Healthy bones
- Immune system
- Prevents cancer

HEALTH DEPARTMENT

MEET PHARMACIST JENNIFER CUPER

By Annette VanDeCar,
Communications Coordinator

Jennifer Cuper started as a Pharmacist at the LTBB Pharmacy on January 3, 2022.

Cuper earned a bachelor's degree in Biochemistry from Michigan State University and a Doctor of Pharmacy from the University of Michigan in 1996.

"I started as pre-med, but decided although I was extremely interested in it, I didn't necessarily want to treat patients," said Cuper, who grew up in Southeast Michigan in Wayne and graduated from Wayne Memorial High School. "I stayed with the hard science, thinking I would do research in a lab. The farther I got into that, I realized I didn't enjoy being stuck in a lab. I had a friend in pharmacy school who said it was something I would enjoy. It was still a medical profession with a lot of opportunity to talk to and help people."



While living in Southeast Michigan, she worked 15 years as a Staff Pharmacist and Pharmacy Manager for Arbor Drugs, which was bought out by CVS. When she moved to Northern Michigan in 2012, she started working as a Staff Pharmacist at Walgreens South Pharmacy in Petoskey, MI, and also worked as a Pharmacy Manager there until accepting her position with LTBB. While working at Walgreens South Pharmacy, she worked with LTBB Chief Pharmacist Mark Dawson,

son, who was the Pharmacy Manager at Walgreens, and LTBB Pharmacy Tech Maritza Fuerte, who was a Pharmacy Technician at Walgreens.

"Mark talked to me quite a bit about how much he enjoyed it here (at LTBB)," she said. "It has become more and more difficult in retail pharmacy to really be able to take care of patients because there are so many demands on top of that. Mark has felt that LTBB is a place where the patients truly matter and we as employees are given the ability to take care of them. When this position became available, I jumped at the opportunity to be a part of your team and to be able to finally do my job the way it was meant to be done."

She and her husband have two grown sons, who live in Chicago, IL, and Manhattan, KS, and whom they enjoy visiting.

In addition to traveling, she enjoys reading.

Courtesy photo.

MEET CHIEF PHARMACIST MARK DAWSON

With the retirement of Tom Sandison on January 4, 2022, Mark Dawson became the Chief Pharmacist at the LTBB Pharmacy.

He joined LTBB on November 27, 2017, working as a Pharmacist at the LTBB Pharmacy.

"Over the years, retail pharmacy was becoming a battleground with the cutbacks in help and the increased demands to do more with less," he said. "It just got old. I heard through word of mouth that the Tribe was looking to hire a pharmacist and I applied. I still remember the call from (Human Resources Director) Denise (Petoskey) telling me they wanted to hire me. It's been life-changing."

Prior to joining LTBB, Mark worked with Walgreens for 32 years. He worked the last 27 years as Pharmacy Manager here in Petoskey and prior to that in Northern Indiana as a Staff Pharmacist. He worked with both LTBB Pharmacist Jennifer Cuper and LTBB Pharmacy Tech Maritza Fuerte, an LTBB Tribal Citizen, at Walgreens Pharmacy



in Petoskey. Maria Sargent, an LTBB Tribal Citizen, is also a Pharmacy Tech at the LTBB Pharmacy.

"I've seen pharmacy change a lot since I started," he said. "However, with the advancements in technology, it's still all about helping people. I enjoy helping other people and making a difference in their lives. I also like to dig in and learn new things. This job offers not just working with people but some interesting challenges in navigating regulations, certifications and continuing to grow the potential of this pharmacy."

He grew up in Petoskey, MI, and graduated from Petoskey High School before

attending Central Michigan University where he earned a Preprofessional Bachelor of Science in Biology with Chemistry and Music minors. His Bachelor's degree satisfied the prerequisites for Ferris State University's Pharmacy program, and he graduated from Ferris State with a Bachelor of Science in Pharmacy. He attended Pharmacy School with Tom Sandison, who helped LTBB establish its pharmacy in December 2017.

"My father was a doctor, and my sister became a neonatal nurse, so I guess I was destined to do something in the medical field," Dawson said. "I grew up with several of the people I now get to serve at the pharmacy."

He and his wife will be married for 25 years in September.

In his free time, he enjoys playing the bass guitar, downhill skiing, fishing and hunting deer.

"It's just the best to get together with and play with other musicians," he said. "No better fun."

Courtesy photo.

DR. TERRY SAMUELS, M.D. TO RETIRE AFTER NEARLY 20 YEARS OF SERVICE

Aanii.

To all tribal citizens and their families,

It has been my pleasure to serve our tribe as your medical director for nearly 20 years. I have been honored and humbled to serve all of you. It has been a great privilege. I have witnessed and been a part of a wonderful period of tremendous growth within our health department and within our tribe. I will miss the time



we shared together, but I won't be far away. I plan to spend as

much time as possible in the woods and on the water in our beloved homeland. I am hereby announcing my retirement effective March 4, 2022. I am grateful for the opportunity to have served you. Miigwetch.

Sincerely,

Terry J. Samuels M.D.
(Animikwam)

Medical Director
Little Traverse Bay Bands
of Odawa Indians

Courtesy photo.

LTBB
Native Way Health & Wellness Center
HOURS

- MONDAY - TUESDAY - WEDNESDAY - THURSDAY -
8:00 A.M. - 6:00 P.M.
- FRIDAY - SATURDAY - SUNDAY -
CLOSED

Due to COVID-19 Pandemic, mask wearing is a must whether you are vaccinated or not. Also, Community Health has changed the limit to one gym member at a time, so it is very important for you to schedule on the website or call (231)487-1796 to schedule and keep your scheduled appointment time.

Scan the QR code with your cell phone camera to be taken right to the Signup website!

"Fit is not a decision, it is a way of life!"

LTBB
Pharmacy

Hours: Monday – Friday 8 am – 6 pm
Phone: 231-242-1750

What prescriptions are filled at the LTBB Pharmacy?

- Prescriptions written by LTBB Clinic Providers
- Prescriptions written by providers where you have been referred to by the LTBB Clinic

PLEASE BE AWARE OF HOLIDAY HOURS AND MEDICATION REFILLS.

Are You:

Currently not eligible for Medicaid?
19-64 years old?
Not eligible for Medicare?
Not pregnant?
Making under \$15,000 for a family of 1 or making under \$34,000 for a family of 4?

Medicaid

If you have answered "YES" to these questions, you may qualify for Medicaid due to the Michigan Medicaid Expansion: Healthy Michigan!! Please contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 for assistance.

PRC Covers Chiropractic Care!

How do I get covered?

1. Make an appointment at the LTBB Health Clinic and discuss with your physician if chiropractic care would be helpful for you.
2. If so, your physician will refer you for chiropractic care and your referral will be reviewed by our managed care team.

All approved referrals will be eligible for **three visits and ONE medical massage per month!** Patients are required to follow up with their physician annually to continue chiropractic care.

Call the LTBB Health Clinic today to get started! 231-242-1700

WE ARE ALL IN THE SAME SHOES. OPIOID ADDICTION DOESN'T DISCRIMINATE

Opioid addiction is a medical condition that can affect any race, gender, or social class. Those affected need our compassion and respect.

- Opioids can be highly addictive.
- Talk to your doctor about other options for pain management.
- Never share an opioid prescription.
- Dispose of unused medication safely at a take-back program near you.

STOP THE STIGMA.

If you are a member of our Tribal Community and you need help, call Little Traverse Bay Bands of Odawa Indians Behavioral Health at (231) 242-1640.

100% Funded by SAMHSA Tribal Opioid Response grant #497108174.

MEET DIABETES EDUCATOR SARAH CAMERON

Aanii Boozhoo!



There have been a lot of changes within the Community Health Department here at LTBB. We are hoping to help you become more familiar with our team and more comfortable coming to us with any questions or concerns you have about your health.

Some information about the new Diabetes Educator: My name is Sarah Cameron. I have been a registered nurse for eight years. I joined the LTBB Health Clinic in December 2020 as the COVID response nurse. You may have encountered me if you had to contact the clinic to discuss COVID symptoms or if you received your COVID vaccine through the tribe. I am very excited to now be the Diabetes Educator in the Community Health Department for the LTBB tribe.

I moved up here last December from the Metro De-

troit (Michigan) area. After working at Henry Ford Hospital in Detroit, MI, for over two years, I realized city living is not for me. As a child, I spent my summers on Torch River where my grandmother had a home. Northern Michigan has always been my favorite place to be. Last year, I reconnected with old friends in the Bellaire, MI, area and decided I just want to be up here full-time.

My background includes hemodialysis and peritoneal dialysis. I enjoyed making a connection with my clients and providing training which made them feel confident in performing their own dialysis exchanges. My greatest passion in nursing is education. I try my best to explain medical information in a way anybody can understand.

Please feel free to reach out to me with any questions you may have regarding your health. If it's something I am not confident about, I will find someone who can help. My goal is to meet you wherever you are in your wellness journey and provide support and resources for reaching your goals. I look forward to meeting you all at some point!

Contact information:
Work desk phone number: 231-242-1664, E-mail: scameron@ltbbodawa-nsn.gov
Courtesy photo.

EAT WELL BE WELL

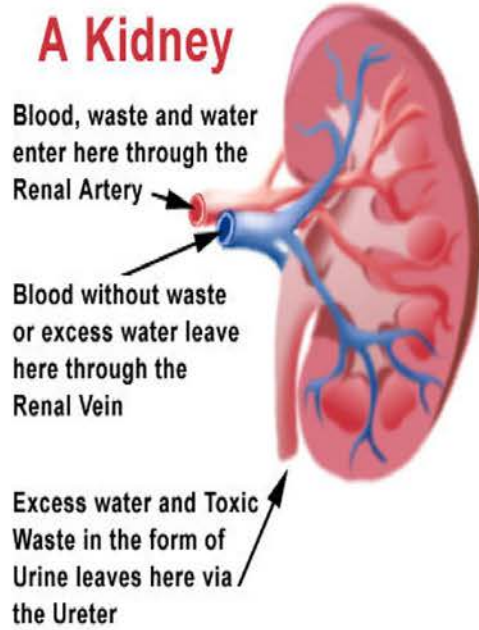
The LTBB Community Health / Mnozhyaadaa Department is EXCITED to announce that our Dietitian is able to meet with patients via Zoom!

Recently, Charla Gordon, MA, RD, CDCES, CHES, completed her Certification for Well Coaches! So, if you need assistance in preparing your pantry, making healthier food choices, or to have someone work with you on making changes to improve your health, then contact Charla!

SPECIALTY SERVICES:
+Weight Management
+Children's Health
+Specialty Diets
+Improve performance for all body types

Email Charla today to schedule an appointment!

CGordon@ltbbodawa-nsn.gov



Mnozhyaadaa

LTBB Community Health

March 2022: National Kidney Month

March has been designated as National Kidney Month. The kidneys have very important jobs within our body. The main focus of the kidneys is to filter toxins from the blood and create urine, but many people do not realize they also help to regulate blood pressure and filter out just the right amount of calcium and phosphorus to keep our bones healthy.

"The kidneys have several very important functions in the body"

How Do the Kidneys Work?

Before we can understand how to take better care of our kidneys, we need to understand how they work and the many functions they perform in our bodies. The kidneys are a very important organ in the body. We know the kidneys produce urine, but how do they work?

The **renal artery** carries blood from the heart to the kidneys to be cleaned. The artery takes the blood to tiny filtration centers within the kidneys called **nephrons**. Each kidney has millions of nephrons working hard to filter out waste and excess water. Within each tiny nephron is a glomerulus and a tubule. The **glomerulus** is a cluster of tiny blood vessels which act as the filter. Clean blood with nutrients is then reabsorbed into the body by the renal vein alongside the **tubule** and the rest of the fluid becomes urine.

Image and adapted information taken from National Institute of Diabetes and Digestive and Kidney diseases

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

With help comes hope

Help is available for you or someone you care about, 24/7

WELL AND SEPTIC ASSISTANCE PROGRAM



We can provide you with a new well and/or septic system for your new construction OR if your current well and/or septic system is deficient, we can help. Please call the LTBB Housing Department at 231-242-1540 to find out more about how you can get a free well and septic system or replace your current system.

Please be aware it takes approximately 3 to 4 months to gain federal approval of your application.

Functions of the Kidneys

As mentioned, the kidneys perform a lot of important jobs within the body:

Toxin filtration: Healthy kidneys filter about a half cup of blood every minute, removing wastes and extra water to make urine. The clean blood and nutrients are then reabsorbed back into the body.

Blood Pressure Regulation: The kidneys produce and secrete a hormone called **Renin** which helps to regulate blood pressure.

Vitamin D Conversion: If we use vitamin D supplements or soak it in from the sun, our body has to convert it into a different form so it can be used by our bodies. This active form of vitamin D is what is needed for calcium to be absorbed and for the creation of healthy bones.

Stimulate Red Blood Cell Production: Healthy kidneys produce another hormone called **Erythropoietin** which leads to red blood cell production. Red blood cells keep our blood oxygenated.

In kidney disease, the blood vessels leading to the kidneys become hardened over time and slowly lose their ability to perform all of their important functions. Kidney disease occurs after extended periods of time when blood sugars and/or blood pressures have been elevated. Your kidneys can also become damaged from over use of common over-the-counter medications ibuprofen (ex: Advil, Motrin, Midol) and naproxen (ex: Aleve and Naprosyn).

Diabetes is the leading cause of kidney disease. But, with the right information you can keep your kidneys healthy. Be sure to get your kidney function checked yearly with your doctor. It's also important to work with your health care provider (or team) to keep your blood sugars and blood pressure readings in the target range that you and your provider have agreed on.

If you have diabetes and would like guidance in your wellness journey, feel free to contact us. —————>

Information adapted from the National Institute of Diabetes and Digestive and Kidney Diseases and www.kidney.org.

The Thirteen Moons

March is the month of the Onaabani Giizis or Snow Crust Moon. The maple sap begins to run, providing us with one of the main medicines given to the Anishinaabe which balances our blood sugar and reminds us to keep our lives in balance as well. Ask Charla Gordon, RD, about the 13 Moons Challenge!



© Carol Duke 2013

CONTACTS

Sarah Cameron,
RN Diabetes Educator
231-242-1664

Charla Gordon,
Registered Dietician
231-242-1601

Marlene Gasco
Wellness Advocate
231-242-1616

HOME IMPROVEMENT PROGRAM CHANGE

Due to HUD guidelines, the Housing Department is required to do an environmental review regardless of the work being done. The process of these reviews can take up to three to six months; we cannot proceed until this process has been completed. Please be aware there is a possibility the review could come back with a negative impact, in which case, could be cause for denial.

THE ENROLLMENT OFFICE NEEDS YOUR HELP!

We would like to start tracking LTBB Tribal Citizens who have completed military service or who are currently on active duty. If you are a veteran, please call us toll free at 1-866-652-5822 ext. 1521 or 1520. We will be asking you the following questions:

- (1) Name
- (2) Date of Birth
- (3) Branch of Service

This information will be used by the Grants Department.

Megwetch,
Pauline Boulton, Enrollment Officer

LTBB ELECTION BOARD CONTACT INFORMATION

Office Location
407A Michigan St.
Petoskey, MI

Mailing Address
P.O.Box 160
Conway, MI 49744

Office Phone/FAX
231-348-8209

General Email for all Board Members
ElectionBoard@LtbbElectionBoard.org

Andrea Pierce, Chairperson
APierce@LtbbElectionBoard.org
(734) 796-0710

Regina Gasco, Vice-Chairperson
RGasco@LtbbElectionBoard.org
(231)838-6107

Jon Shawa, Treasurer
JShawa@LtbbElectionBoard.org
(517) 927-3255

Carla Osawamick, Secretary
COsawamick@LtbbElectionBoard.org
(517) 862-3633

FOR A HEALTHIER YOU SPRING CLEAN YOUR BODY

FULL BODY CARDIO WORKOUT

MONDAY	TUESDAY	WEDNESDAY
10 High Knees 10 Pushups of your choice 10 Crunches 10 Front Kicks each leg 10 Burpees	20 Jumping Jacks 20 Crunches 20 Squats 20 Standing Twists 20 Butt Kicks	REST
THURSDAY	FRIDAY	SATURDAY
10 Shoulder Presses 10 Pushups of your choice 10 Crunches :15 Second Superman Hold 10 Burpees	20 Jumping Jacks 20 Standing Side Crunches 20 Squats 20 Mountain Climbers 20 Side Lunges	SUNDAY 1 Mile Walk

Complete as many rounds as you wish

As always, if you need further assistance, please contact our Health Wellness Advocate, Marlene Gasco at (231) 242-1616



Virtual Social Hour



For Parents & Caregivers of Children 0-5 Starting in March

1st & 3rd Wednesday 5:30-6:30 p.m.	Topics	2nd & 4th Thursday 9:30-10:30 a.m.
March 2	Parental Resilience	March 10
March 16	Social Connections	March 24
April 6	Parenting & Child Development	April 14

*Virtual social hour will be presented via zoom. Access via link or qr code.

<https://ltbbodawa.zoom.us/j/89260769821?pwd=RUJyTEJSV0JGOTdEZTB1bGVGV2Vsdz09>

Topics included to help facilitate discussion. Attendance of multiple socials is encouraged since discussions will vary.



Hosted by: Maahtaag Mnobmaadzid
Healthy Start/Family Spirit Program
Updates posted on Facebook @ltbbhealthystart

Maahtaag Mnobmaadzid

Healthy Start Family Spirit



Services provided for expectant mothers, children ages 0-5, and their families.

Serving citizens and descendants of LTBB and other recognized tribes within our community.*

What to expect:

-Educational materials and skill building to support and promote the growth, development, health and well-being of child and family.

guided curriculum developed by the Johns Hopkins Center for American Indian Health and the use of a supplementary curriculum called Gikinawaabi provided by the Intertribal Council of Michigan.

-Monthly visits in home, office or agreed location.

*Monthly group experiences to be determined.

-Additional support services provided by community resources and referrals, and based off family needs.

-Midwifery Program available for prenatal and postpartum mothers.

Out of our service area? Follow us on Facebook for supplemental information on parenting topics open to all.



<https://www.facebook.com/ltbbhealthystart>

Contact:

Carol J. Sodman-Morris:
Maternal/Child Health Nurse/Midwife

P: 231-242-1614

Email: CSodman@ltbbodawa-nsn.gov

Cheyenne Kiogima:
Family Spirit Support Health Educator

P: 231-242-1721

Email: CMKiogima@ltbbodawa-nsn.gov

Address: 1260 Ajjaak Avenue, Petoskey, MI

*servicing the 27 county area

Weekend Urgent Care Alternative!

Urgent Care

116 W. Mitchell Street Petoskey, MI 49770
231-348-2828

McLaren
NORTHERN MICHIGAN REGIONAL HOSPITAL
416 Connable Avenue Petoskey, MI 49770
1-800-248-6777

MUNSON HEALTHCARE
Charlevoix Hospital
14700 Lake Shore Drive, Charlevoix, MI 49720
231-547-4024

Petoskey Urgent Care can be utilized when immediate attention is needed for an urgent, but not life-threatening condition, and the LTBB Health Clinic in Petoskey, MI, is closed.

When using Petoskey Urgent Care, you are required to call LTBB Contract Health at 231-242-1600. Notice must be received within 72 hours of the visit. LTBB Elders have 30 days to notify Contract Health.

After hours and weekend emergency treatment can be obtained at McLaren Northern Michigan Regional Hospital in Petoskey, MI, or Munson Healthcare Charlevoix Hospital in Charlevoix, MI.

NATURAL RESOURCE DEPARTMENT

BUILD A RAIN GARDEN TO PROTECT WATER QUALITY

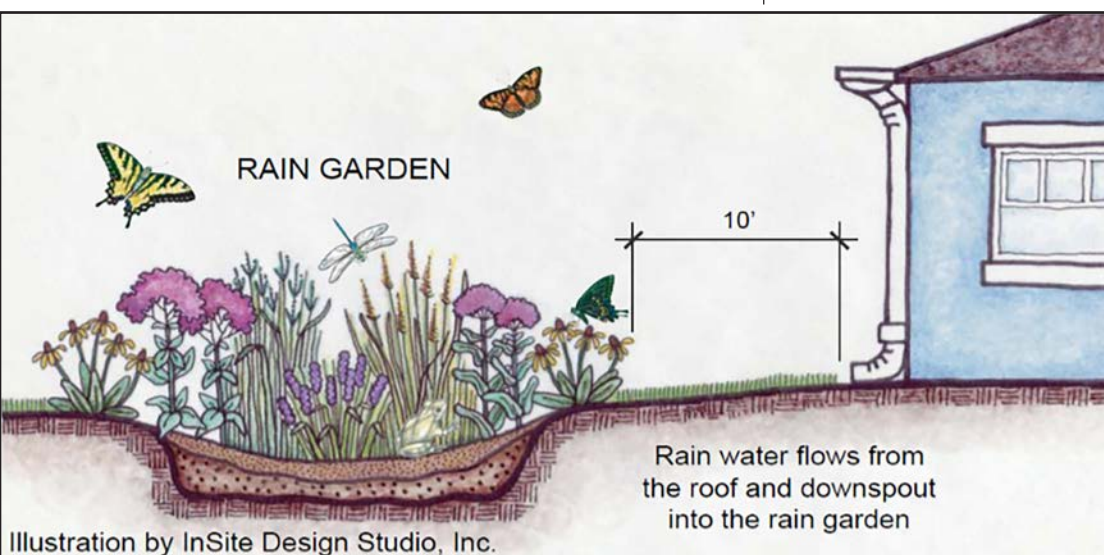


Illustration by InSite Design Studio, Inc.

Submitted by Samuel Day, Water Quality Biologist

Have you ever wondered what you can do at home to help protect water quality? There are lots of activities you can incorporate in your daily routine to help protect and conserve water. One of the most satisfying and visually appealing is creating your very own rain garden at home.

Residential areas can be very bad for the water quality of our lakes and streams. Many homeowners have well maintained lawns which need LOTS of water and frequent fertilizer applications. Aside from wasting water and contributing to excess nutrients in local waterbodies, these monoculture lawns lack the diversity to support beneficial pollinators and wildlife. To make matters worse, most landscaping bordering lawns feature non-native flowers, shrubs and trees which can potentially spread into wild areas and outcompete native plants; further reducing habitat for wildlife. Fortunately, you can help boot these harmful practices and create beautiful greenspaces at home by planting a rain garden.

With the long winter coming to an end, now is the perfect time to begin planning a rain garden at your home. By constructing a rain garden

at home, you can help treat run-off water from your roof, driveway or sidewalk and create a beautiful, low maintenance garden. With a diverse assemblage of native plants, your rain garden can draw all kinds of pollinators, birds and other wildlife to your yard year-round. Blue Flag Iris is as beautiful as any tulip and attracts bees and hummingbirds in droves. Common milkweed, long considered a weed, is important food and habitat for the monarch butterfly. The berries and twigs of Red Osier Dogwood provides food for birds and deer throughout the winter as well as providing a bright red contrast against snow. All in all, rain gardens can be a bright boost to your yard with countless benefits for both you and the environment.

Don't know where to begin? Washtenaw County offers a free, self-paced online class which covers the basics of designing and building your own rain garden. The class also features a Facebook group and online forum with tons of fellow rain gardeners to help give you feedback on your own project. To find the course, go to www.washtenaw.org/675/Master-Rain-Gardener-Class or e-mail sday@ltbbodawa-nsn.gov for a link.

Courtesy graphic.



LTBB Behavioral Health has an open Talk-line for community members.

If you are feeling a need to talk with someone, please reach out to us! Take advantage of this resource before experiencing a crisis.

The Talk-line is open from 8 AM to 5 PM and is staffed by a LTBB Behavioral Health counselor.

Call 231-242-1645 to speak to a counselor.

Little Traverse Bay Bands of Odawa Indians Natural Resource Department Lead to Non-Lead Transition

Why Switch?



PHOTO OF BALLISTIC GELATIN



We have limited centerfire rifle ammunition loaded with non-lead bullets available to eligible LTBB Citizens when lead ammo is brought into the Natural Resource Department (NRD) in exchange for non-lead (copper) ammunition.

LTBB NRD seeks to reduce the amount of lead deposits that remain in harvested animals consumed by people and disposed of parts consumed by wild animals, causing a potential harmful effect.



For more information, contact the Little Traverse Bay Bands of Odawa Indians
Natural Resource Department
7500 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@ltbbodawa-nsn.gov

ELDER'S DEPARTMENT

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS

ELDER'S DEPARTMENT

231-242-1423

7500 ODAWA CIRCLE

HARBOR SPRINGS, MI 49740

FOOD & UTILITY APPROPRIATION ALLOWANCE APPLICATION

Please print the following information:

CURRENT YEAR _____ TRIBAL ENROLLMENT NUMBER _____

Name _____
 First Middle Last

Address _____
 Street _____
 City State Zip Code

Date of Birth _____ Telephone Number _____

Signature _____ Date _____

By signing above I certify this appropriation will be used towards food, cleansers, or utility expenditures.

DO NOT WRITE BELOW THIS LINE! OFFICE USE ONLY.

	Amount
Food & Utilities Allowance 2107-2-6370-10	
Total Amount of Check	

ACCOUNTING USE ONLY

VENDOR #: _____

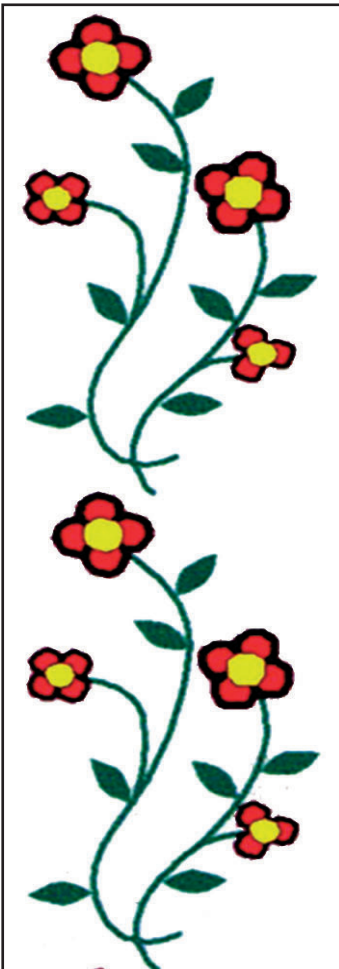
A.P. REVIEW: _____

CONTROLLER: _____

Requestor: _____ Date: _____

Approval: _____ Date: _____

<input checked="" type="checkbox"/>	MAIL:
<input type="checkbox"/>	RETURN TO DEPARTMENT:
<input type="checkbox"/>	OTHER:



Naabdin Giizis Puzzle Key

- Naabdin Giizis Snowcrust Moon
- Mewzha Long Ago
- Anishinaabeg Original People
- Nimkodaading New Year
- Ziisabaakwat Sugar
- Ninaatig Maple Tree
- Mtig Tree
- Aagamak Snowshoes
- Kik Bucket
- Ziisabaakodaaboo Maple Sap
- Nokomis Grandmother
- Mshoomis Grandfather

Puzzle on page 16.

42nd NINAETC - 166/477
 Hard Rock Tulsa
 Catoosa, Oklahoma
 May 2-5, 2022

Little Traverse Bay Bands of Odawa

Executive Town Hall Meeting Schedule

Please join the Executive Branch on the second Wednesday of each month from 10AM to 12PM to receive updates on the LTBB Government's COVID-19 response, department services, Tribal Elder teachings, and more! Attendees can attend by phone, or Zoom. Meeting dates and times are subject to change. Agendas and notices for any rescheduled meetings will be posted on the LTBB website, and other tribal communication outlets.

2022 EXECUTIVE TOWN HALL MEETING DATES

- March 9th, 2022
- April 13th, 2022
- May 11th, 2022
- June 8th, 2022
- July 13th, 2022
- August 10th, 2022
- September 14th, 2022
- October 12th, 2022
- November 9th, 2022
- December 14th, 2022

Scan the QR code with your camera or see below on how to join!
 (786)-635-1003 Passcode: 002323
 Webinar ID: Webinar ID: 870 1757 9318

<https://lbbodawa.zoom.us/j/87017579318?pwd=M3kxTkFmSM0fZFNZPS5lTXVMZk9BZz09>

We want your birthdays, anniversary wishes, congratulations, wedding announcements, birth announcements or a miigwetch!!

Surprise the ones you love with a thinking of you!

Submissions can be e-mailed to newsletter@lbbodawa-nsn.gov

JUDICIAL BRANCH

ROLE OF EXTENDED FAMILY AND RAISING CHILDREN

By Kevin Gasco, (Male)
Cultural Resource Advisor



house and her husband would not let me leave the table until I ate some peas. I remember at that age, I disliked the texture, but it was my aunt and uncle's rule we had to try everything, so I was stuck. My parents were there, however, they just let my aunt and uncle handle it. I did end up eating the peas and now, I love them. It reinforced the fact I had more than my parents teaching and guiding me.

In our oral tradition, it was passed down in older times, when a family lost a hunter during a battle defending the tribe or for any other reason, the other hunters of the tribe would make sure that family had the meat they needed for survival. By extension, it can be reasoned, other aspects of life which might have been the responsibility of the man which was lost were taken care of by other men in the tribe. With that practice of providing for those in need, our community and cultural opinion of wealth was not in how much one accumulated, but rather in how much one gave away. In watching our animal relatives in Creation, it was observed how the weaker ones were helped and protected, if possible, by the stronger ones. So, it was our belief, the natural law of caring for each member of a community was written in the hearts and instincts of each member. The overall health and survival of a community depended on the health and survival of each member. Creation inspires a cooperative spirit in many instances where one takes only what is needed.

With our older history in mind as well our more recent history, we recognize how it has impacted our family structures and circumstances. The

assimilation policies and the forcing of our children into boarding schools interrupted the continuity of family life and the passing on of our way of parenting. As a result, we were left with generations guessing on how to parent, repeating abusive behaviors they endured in boarding schools or harsh discipline learned in the military. This disruption has caused much of the dysfunction we see in our Native communities. This dysfunction fuels alcohol and drug abuse, physical and sexual abuse in families and many of the health problems so prevalent in our Native communities.

The healing of this historical trauma suffered by our people requires the recognition and undoing of what doesn't work, forgiveness for the results of the dysfunction we have collectively endured, the revitalization of traditional knowledge and how that influences our collective perspectives and behavior towards one another. We need to return to the traditional way of life where the community helps raise the younger children and provides to others who are lacking. According to our belief in the Seven Generations perspective, the decisions we make today in regard to our community should be with the future generations in mind.

This publication was made possible by Grant Number 90CS2031-04 from Administration of Children's and Families Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Administration for Children & Families or HHS.

Courtesy graphics.

If you or a loved one is a victim of Domestic Violence, help is available.

National Resource Center
on Domestic Violence
1-800-799-7233

Stronghearts Native
Helpline
844-762-8483

National Domestic
Violence Hotline
1-800-799-7233

LTBB Survivor
Outreach
231-242-1628

LTBB Behavioral
Health
231-242-1640

Women's Resource
Center
231-347-0082 or
1-800-275-1995



This project was supported by Grant No.2016-SD-AX-K004 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

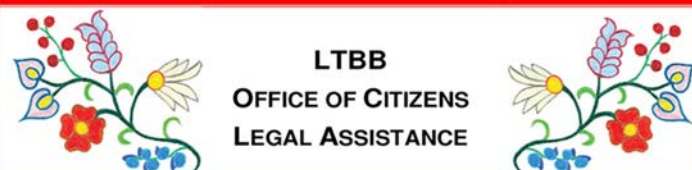


WE ARE OPEN & READY TO HELP YOU!



Must meet income-eligibility requirements in order to receive free legal services.

WWW.MILS3.ORG



The Office of Citizens Legal Assistance has been established to provide free legal advice to enrolled tribal citizens in non-criminal matters such as:

- ❖ **Family Law**
 - Divorce
 - Child Custody
 - Child Support
 - Guardianships
 - Parentage/Paternity
- ❖ **Indian Child Welfare Act / Michigan Indian Family Preservation Act**
- ❖ **Setting Aside a Conviction**
- ❖ **Driver License Restoration**
- ❖ **Estate Planning**
 - Wills
 - Health Care Directives
 - Powers of Attorney
- ❖ **Probate**
- ❖ **Landlord/Tenant**
 - Evictions
 - Tenant Rights
- ❖ **Consumer**
 - Debt Collection

The office is available to provide legal guidance and drafting of certain legal documents but does not provide in court representation at this time. The office may give procedural advice only on matters that are of a criminal nature or involve the Tribe or other Tribal Citizens as a potential party in a dispute.

For assistance and to make appointments, Please call Monday – Friday, 9 am – 5 pm
231-242-1433

THINK Community **THINK INDIAN** **THINK Future**



Culturally relevant **SCHOLARSHIPS** and **STUDENT SUPPORT** to help you succeed in school



Apply TODAY at collegefund.org

@nativepathways

INVISIBLE NO MORE

5,712 Native women were reported murdered or missing in 2016
Now we've lost count

MMIW-GIC.COM
#SOMEBODYS DAUGHTER



GIJIGOWI ANISHINAABEMOWIN LANGUAGE DEPARTMENT

Naabdin Giizis Snowcrust Moon

ACROSS

2 new year

6 sugar

7 tree

9 bucket

10 grandmother

11 maple sap

12 snowshoes

DOWN

1 grandfather

3 Snow Crust Moon

4 original people

5 long ago

8 maple tree

WORD BANK

AAGAMAK
ANISHINAABEG
KIK
MEWZHA
MSHOOMIS
MTIG
NAABDINGIIZIS
NIMKODAAING
NINAATIG
NOKOMIS
ZIISABAAKODAABOO
ZIISABAAKWAT

Answer Key on page 14.

OnaabidinGiizis.
Snowcrust Moon/March

Mewzha...
Long ago...

Anishinabeg
Original people

Nimkodaading
New Year

Ziisabaakwat
Sugar

Ninaatig
Maple tree

Mtig
Tree

Aagamak
Snowshoes

Kik
Bucket

Ziisabaakodaaboo
Maple sap

Nokomis
Grandmother

Mshoomis
Grandfather

Zoom Community Language Class

with Maryann Endanawas

Come join us **Tuesday Evenings**
from 6 - 7:30 PM EST
Zoom: 990 147 0213
NO code required
January 18th - May 24th

For more information, contact:
Theresa Keshick, Gijigowi Language Department @ 231-242-1457 or via email: tkeshick@ltbbodawa-nsn.gov

Find us on **facebook**

Dengwe-Mzinigan: Face-Book
Gijigowi Anishinaabemowin Language Department hosts Facebook Group called "LTBB Anishinaabemowin."

We will post materials for language learning, announcements and flyers. Materials will be accessible on the group page under the "Photos" tab or the "Files" tab. PowerPoints with audio and PDF's are downloadable.

- Search our name and "Join."
- Add your family and friends.
- Post Comments and Language Items.

For more information, contact Little Traverse Bay Bands of Odawa Indians, Gijigowi Anishinaabemowin Language Department at 231-242-1457 or toll free 1-866-652-5822 or e-mail LangTech@ltbbodawa-nsn.gov

LTBB CULTURAL LIBRARY

JOIN THE READ ACROSS AMERICA DAY CELEBRATION

Submitted by **Celestine Petoskey**, Cultural Librarian

From coast to coast, more than 45 million readers, both young and old, are gearing up for the nation's largest reading celebration — the National Education Association's (NEA) Read Across America Day. Launched in 1998 as a way to get kids excited about reading, NEA's Read Across America has grown into a year-long program which culminates every year on or around March 1. In 2022, we're celebrating on Monday, March 2.

As LTBB's Mzinigangamik Cultural Librarian, I ask everyone to participate in this worthwhile cause. Whether it is donating books to the local library or encouraging your own children to pick up a book and read, everyone can do something on March 2. A child's ability to read has a direct effect on their future success. Reading with your child helps to increase their

vocabulary and improves their reading fluency and comprehension. Kids who read, and who are read to, do better in school and help build great public schools.

On March 2, we encourage EVERYONE to pick up a book and read to a child.

Whether it's a beloved classic or something new and exciting, we encourage you to spread the joy of reading.

For more information, visit NEA's Read Across America site at www.readacrossamerica.org.

To encourage readers in the LTBB community, Mzinigangamik will raffle off a Barnes & Noble gift card for a winner in each of four different age groups: 0-5, 6-11, 12-17 and adults. Read throughout the month of March and submit the book titles you read along with your name, mailing address, e-mail and phone number to the Cultural Librarian at cepetoskey@ltbbodawa-nsn.gov. Miiigwech and keep reading!

Read across America
NATIONAL EDUCATION ASSOCIATION
Celebrating A Nation Of Diverse Readers

Let's share stories that raise up the many voices that need to be amplified and heard.
Let's Read Across America.

NATIVE NEWS

CHEROKEE NATION FILM OFFICE ANNOUNCES FIRST-EVER TRIBAL FILM INCENTIVE PROGRAM

The Cherokee Nation Film Office has announced it will soon offer a groundbreaking film incentive program, becoming the first tribal film office in the U.S. to do so. The Cherokee Nation Film Incentive will provide up to \$1 million in annual funding for productions filmed within the Cherokee Nation's 14-county reservation.

"Since establishing our film office, we've worked diligently alongside our state and local partners to help grow the film and television industries in Oklahoma," said Cherokee Nation Principal Chief Chuck Hoskin, Jr. "There are substantial benefits in launching this powerful economic tool within the Cherokee Nation Reservation. In addition to expanding career opportunities for Indigenous filmmakers, producers, directors, actors and behind-the-scenes crew members, this new incentive program reinforces Cherokee Nation's commitment to creating quality jobs and supporting small, family-owned businesses within our tribal communities."

Cherokee Nation Film Office will begin accepting applications for the tribe's film incentive on March 1. The base incentive offers a cash rebate for qualified production expenses. Prequalified productions filming anywhere within Cherokee Nation's 7,000 square miles of northeast Oklahoma are eligible for the rebate incentive.

With this annual \$1 million incentive program in place, the tribe hopes to create economic development and grow job opportunities by encouraging the production of film and television projects within the boundaries of the Cherokee Nation. The incentive also offers increased

CHEROKEE NATION FILM OFFICE

DID YOU KNOW?

\$1 Million Cherokee Nation Film Incentive
The Cherokee Nation Film Office is offering up to \$1 million annually for film production expenses occurring within the boundaries of the Cherokee Nation.

FILM ANYWHERE WITHIN THE BOUNDARIES OF THE CHEROKEE NATION

Applications open March 1, 2022

The Cherokee Nation...
• Located in Northeast Oklahoma
• 7,000 Square Miles (over 14 counties)
• 5 distinct ecosystems, providing access to rural landscapes

Filming in the Cherokee Nation
This \$1 Million Film Incentive aims to further grow film production within the boundaries of the Cherokee Nation while encouraging the use of local and native talent and crews.

funding for employing Native American citizens as well as utilizing Native-owned businesses.

"In pursuit of our long-time mission of growing the tribe's economy, CNB (Cherokee Nation Businesses) continues to invest in the success of Cherokee citizens through new and diverse opportunities across the globe," said Chuck Garrett, CEO of Cherokee Nation Businesses. "The Cherokee Nation Film Incentive is an excellent means of expanding upon those goals by helping grow an entire industry, specifically within the Cherokee Nation."

The Cherokee Nation Film Incentive will be available individually or in conjunction with the state of Oklahoma's incentive program, but each requires a separate application process. The Filmed in Oklahoma Act of 2021, administered by the Oklahoma Film + Music Office, also offers productions a cash rebate based on several qualifying factors.

"Oklahoma's television, film and production industries continue to grow at an exceptional pace. We are pleased to serve a role in helping support economic growth while furthering our mission to promote diversity, inclusion and accurate Native American representation at every level of

these industries," said Jennifer Loren, director of Cherokee Nation Film Office and Original Content. "Encouraging productions to film within Cherokee Nation's many vast and beautiful locations, as well as to hire Indigenous people and utilize Native-owned businesses, offers an immense amount of opportunity for tribal citizens, families and businesses to benefit from the rapid growth of these industries within our state."

The Cherokee Nation Film Office launched in 2019 and became the first certified Native American film commission to open in the United States. Cherokee Nation Film Office also created and maintains unique, all-inclusive talent, crew and consulting online directories, featuring Native American actors, extras, voice actors, crew, cultural experts and other industry resources.

For more information about the Cherokee Nation Film Office, please visit cherokee.film or e-mail hello@cherokee.film. Businesses located within Cherokee Nation's reservation can register to be hired by film and TV productions through Cherokee Nation Film Office's support services directory.

Courtesy graphic.

EAGLE REMAINS RETENTION INFORMATION

The LTBB Natural Resource Department is pleased to announce that after years of work on the issue, the U.S. Fish and Wildlife Service has recently changed its policy to allow federally recognized tribes to keep eagle remains found in Indian country. Tribal citizens who encounter eagle remains or feathers within the LTBB reservation boundaries may be able to retain them for culturally significant use. Any deceased eagle encountered must be reported to LTBB Conservation Enforcement immediately for investigation prior to moving or taking the eagle.

For more information, contact the Little Traverse Bay Bands of Odawa Indians Natural Resource Department at: 7500 Odawa Circle, Harbor Springs, MI 49740 231-242-1670 E-mail: dbrowne@ltbbodawa-nsn.gov

The Little Traverse Bay Bands of Odawa Indians Natural Resources Commission is looking for LTBB tribal citizens with an interest in Great Lakes Commercial Gill Net Fishing

The LTBB Commercial Small Boat Apprentice Program is designed to provide eligible LTBB tribal citizens with an opportunity to learn the trade of commercial fishing from an experienced LTBB Great Lakes Commercial Fishing Captain

For more information on eligibility and requirements, please stop in or contact the LTBB Natural Resources Department

7845 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@ltbbodawa-nsn.gov

HELP PROTECT OUR NATURAL RESOURCES

1-855-NRD-TIPS
TOLL FREE 1-855-673-8477

Please provide any information related to the tip which may include date, time, subject or vehicle description, nature of the incident, and location (Example: nearest crossroad). It is ok if you wish to remain anonymous. All tips are investigated in a timely manner.

TOGETHER
With compassion and community we can end violence against women and girls

KNOW RESPECT
Mnaadendmowin
Be respectful

SHOW LOVE
Zaagidwin
Be caring

BE HONEST
Gwekwaadziwin
Be truthful

The 7 Grandfather Teachings
LOVE
RESPECT
COURAGE
HONESTY
WISDOM
HUMILITY
TRUTH

Get involved • Support survivors
Little Traverse Bay Bands of Odawa Indians
Call Monday through Friday 9-5: (231) 242-1620
Women's Resource Center of Northern Michigan
24-Hour Crisis and Information Line: (231) 347-0082 or (800) 275-1995

Youth Literature Award Winners Announced

By **Sandra Hale Schulman**

Special to Indian Country Today

Editor's note: The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

Becoming Miss Navajo. Powerful shawl scarves. Water monsters. Cherokee aerospace engineers.

These are just some of the stories in the books honored by the American Library Association Youth Media Awards (ALAYMA) this year with American Indian Youth Literature Awards, which showcase the best in children's and young adult literature.

The top three winners are "Herizon," written by Daniel W. Vandever, Diné, and illustrated by Corey Begay, also Diné, for Best Picture Book; "Healer of the Water Monster," written by Brian Young, Diné, with cover art by Shonto Begay, Diné, for Best Middle Grade Book; and "Apple (Skin to the Core)," by Eric Gansworth, Onondaga, with cover art by Filip Peraic.

More than a dozen other books received honors from the association. Awarded every two years, ALAYMA seeks to find the best-written stories and illustrations for young people by and about indigenous peoples of North America.

"We looked at what is going on with Native communities today and what message is being sent in the stories themselves, as well as the representation," Vanessa "Chacha" Centeno, a citizen of the Choctaw Nation of Oklahoma and the Award Chair of the association, told *Indian Country Today* by Zoom from Sacramento, CA.

"I really enjoy seeing the books that are actually developed by a complete Native team of writer, illustrator and editor," Centeno said. "So, we looked at all that as well as what messages are going to go out when these books are received in schools and public libraries and tribal libraries and communities."

The selection committee is careful to make sure there is no stereotyping, the stories are sensitive to elders and children and women are properly displayed.

"A lot of them did a wonderful job of that," said Jury Co-Chair, Anne Heidemann. "Even the ones that aren't on the award selection list, there were some fabulous titles that were given for consideration. You're looking at all different tribes, and all different kinds of issues. You want to be inclusive to try to give equal weight to all these different things that you're looking at."

Issues important in urban environments are different in rez environments. The selection jury has to understand if the youth who are receiving the literature can connect to it, they said.

"There's also Two-Spirit or Indigenous queer representation that we do have in the books this year," Centeno said. "For me as a public librarian, when I do go into classrooms, I often wonder if the teachers know how to discuss the literature, which is a whole other level of consideration with new youth issues."

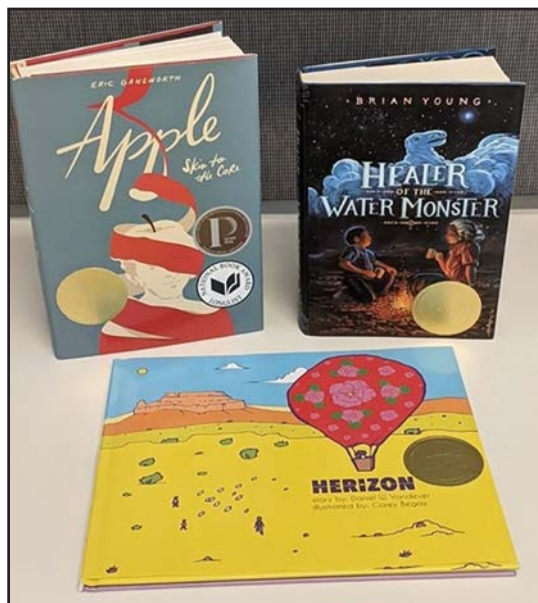
The main importance for the jury was the stories represent Native people and tell stories which may not have been told before. This year, they had the first Diné book written in the Diné language being recognized.

"For me, that's huge," Centeno said. "I don't want to say it's a taking back of who we are, because we've always been who we are, but when it's actually in a book now that's going to go out, it is powerful. We had so many books that were eligible this time, it's just incredible. Our committee was just amazed at how many books we were reading."

Illustrations play a large role as the jurors look at what story is being told by the pictures. Can they see it clearly? How has the text been laid out on the page? That's something they look at as librarians who often read stories to children.

Centeno said publishers are working to produce more meaningful books.

"I think in mainstream publishing, outside of self-publishing and small press, there's more awareness of how things need to be done respectfully with Native culture and Native ways," she said. "There's been a lot of work done by elders and librarians, advocacy, asking for this, saying,



"We need to tell our own stories. We won't take books that have harmful language, that show our youth in an improper way."

The awards provide encouragement to the authors, illustrators and nominees, she said.

"Their stories, their experiences, their arts, who they are — it all matters, it's what we need," Centeno said. "And we're recognizing it because it's what we need, and not just the Native community, but the publishers, the libraries, the education field. We need our own stories in these spaces."

Centeno said the growing number of indigenous writers is a sign youths are getting more involved with their culture and future.

"I hope it encourages them to keep writing and to keep sharing, and to keep working with their community for these collaborations on how to tell stories," Centeno said. "I really hope that there's more audio books in the future. I love audio books. The fact that the cast is Native on these, that's big and we need more of it. Sometimes when I go out and I talk about books, there's an emphasis that the book should be used as well as an oral story, because that is tradition of how stories were passed down."

Here are the winners and honorees in each category:

Best Picture Book Winner
"Herizon," written by Daniel W. Vandever, Diné; illustrated by Corey Begay, Diné; and published by South of Sunrise Creative.

"Herizon" follows the journey of a Diné girl as she helps her grandmother retrieve a flock of sheep, crossing land and water with the help of a magical scarf. "The inspiring story celebrates creativity and bravery, while promoting an inclusive future made possible through inter-generational strength and knowledge," according to the association.

Best Middle Grade Book Winner
"Healer of the Water Monster," written by Brian Young, Diné, with cover art by Shonto Begay, Diné. Published by Heartdrum, an imprint of HarperCollins Publishers.

The book tells the story of a youth, Nathan, who goes to spend the summer on the Navajo Nation with his grandmother, Nali. "One night, Nathan finds something extraordinary, a Holy Being from the Navajo Creation Story — a Water Monster — in need of help," the association said. "With electric adventure and powerful love, Brian Young's debut novel tells the tale of a seemingly ordinary boy who realizes he's a hero at heart."

Best Young Adult Book Winner
"Apple (Skin to the Core)," written by Eric Gansworth, Onondaga; cover art by Filip Peraic; and published by Levine Querido.

"Eric Gansworth tells his story, and the story of his family, of Onondaga among Tuscaroras, of Native folks everywhere," the association notes. And although the term, "apple," is considered a slur, "Eric shatters that slur and reclaims it in verse and prose and imagery that truly lives up to the word heartbreaking."

Sandra Hale Schulman, Cherokee, has been writing about Native issues since 1994. She is an author of four books, has contributed to shows at the Smithsonian's National Museum of the American Indian, The Grammy Museum and The Queens Museum and has produced three films on Native musicians.

Courtesy photo.

Housing Department Programs

Services are available to citizens residing within the 27 county service area. An application packet must be completed and returned to the Housing Dept. for processing to determine qualification. To obtain an application, please contact the Housing Dept. at 231-242-1540.

STR - Short Term Rental Assistance: This program offers up to \$1,500 for new tenants who need assistance with the first month's rent and/or security deposit. This can be used ONE TIME ONLY and the rent requested must be affordable and can NOT exceed 35% of the household gross monthly income. Please note the application packet must be received and approved in advance of your moving into the rental in order to qualify for this program.

HIP - Home Improvement Program: This program offers up to \$2,500 for non-cosmetic home repairs and may be utilized once every five years.

DPA - Down Payment Assistance: This program offers up to \$2,500 or 10% of your mortgage (whichever is less) and can be used to purchase or refinance a home. In order for you to receive any grant dollars, you must be able to match the grant amount with your own guaranteed funds.

FPA - Foreclosure Prevention Program: This program offers up to \$3,000 to assist in foreclosure prevention.

Well & Septic Assistance Program: Funded by the Indian Health Services located in Sault Ste. Marie, MI this program provides the resources and technical assistance associated with the installation of a new well and sanitation service or replacement of deficient existing well/septic.

Credit Counseling: We provide confidential advice and referrals to assist tribal citizens in regaining their financial stability and credibility.

Tribal Rental Housing Program: The LTBB Housing Department offers 29 rental units in the Northern Michigan area. These units are available to rent to Tribal Citizens and most rents are based on a family's monthly income. Any Tribal Citizen interested in renting a unit from the LTBB Housing Department should contact our offices for an application. Currently, there is a waiting list for available units.



**LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS
HOUSING DEPARTMENT**
7500 Odawa Circle
Harbor Springs, MI 49740
Tele: 231-242-1540 Fax: 231-242-1550
TTY: 7-1-1



Apartments for Rent



Now accepting applications

- Must belong to Little Traverse Bay Bands of Odawa Indians
- Must be 55 or older or disabled of any age
- Rents are based on income
- Accept very low, low and moderate income applicants
- All units are 2 bedroom and 1 bath
- Bedrooms are approximately 121 sq. feet and 94 sq. feet
- Located in a quiet country setting, but only 4 miles from Harbor Springs, MI
- Barrier free units are available
- LTBB Housing office hours are Monday through Friday, 8 am to 5 pm

Wah Wahs Noo Da Ke Tribal Village is approximately 4 miles north of Harbor Springs, MI

Contact person: **LTBB Housing Department 231-242-1540**

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form found online at http://www.ascr.usda.gov/complaint_filing_cust.html, at any USDA office or call 866-632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax 202-690-7442 or e-mail at program.intake@usda.gov.



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THE SECTION 184 LOAN CAN BE USED FOR:

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FOR MORE INFORMATION, CALL THE LTBB HOUSING DEPT at 231-242-1540.

NOW ACCEPTING APPLICATIONS

For the Mtigwaakiis housing development. Tribal Preference applies. For more information, contact the Housing Department at 231-242-1540



Equal Housing Opportunity TDD: 800-649-3777

GENERAL MOTORS ACCELERATES ITS DRIVE TO LEAD THE EV INDUSTRY WITH \$7 BILLION INVESTMENT IN MICHIGAN

General Motors Co. (GM) announced today (January 25, 2022) an investment of more than \$7 billion in four Michigan manufacturing sites, creating 4,000 new jobs and retaining 1,000, and significantly increasing battery cell and electric truck manufacturing capacity.

This is the single largest investment announcement in GM history. The investment includes construction of a new Ultium Cells battery cell plant in Lansing, MI, and the conversion of GM's assembly plant in Orion Township, MI, for production of the Chevrolet Silverado EV and the electric GMC Sierra, GM's second assembly plant scheduled to build full-size electric pickups.

These investments are the latest step toward accelerating GM's drive to become the EV market leader in North America by 2025. The Orion and Ultium Cells Lansing investments announced will support an increase in total full-size electric truck production capacity to 600,000 trucks when both Factory ZERO and Orion facilities are fully ramped. GM has been the leader in U.S. full-size truck deliveries during the past two years. In addition, the company is investing in its two Lansing, MI, area vehicle assembly plants for near-term product enhancements.

As previously announced, GM will continue to strategically manage the conversion of its North American manufacturing footprint through unprecedented speed, flexibility and precision. Through site conversion and new facilities, GM is uniquely positioned to stay ahead of the growing demand for electric vehicles while balancing the need to aggressively compete to win in today's market with strong products.

Announcements include investments in the following locations:

Orion Assembly for Production of Chevrolet Silverado EV and Electric GMC Sierra

GM is investing \$4 billion to convert the facility to produce electric trucks using the GM-developed Ultium Platform, which gives the company the flexibility to build vehicles for every customer and segment. This investment is expected to create more than 2,350 new jobs at Orion and retain approximately 1,000 current jobs when the plant is fully operational. GM estimates the new jobs at Orion will be filled by a combination of GM transferees and new hires. Electric truck production, including the Chevrolet Silverado EV and electric GMC Sierra, will begin at Orion in 2024. The Orion investment will drive significant facility and capacity expansion at the site, including new body and paint shops and new general assembly and battery pack assembly areas. Production of the Chevrolet Bolt EV and EUV will continue during the plant's conversion. Site work begins immediately.

GM and LG Energy Solution, via their Ultium Cells joint venture, are investing \$2.6 billion to build Ultium Cells' third U.S. battery cell manufacturing plant. This investment is expected to create more than 1,700 new Ultium Cells jobs when the plant is fully operational. Site preparations will begin this summer and battery cell production is scheduled to begin in late 2024. Ultium Cells Lansing will supply battery cells to Orion Assembly and other GM assembly plants.

Orion Assembly will become GM's third U.S. assembly plant being transformed for production of Ultium-powered EVs. GM assembly plants in North America currently building or being converted to build EVs, include Factory ZERO in Detroit, MI, and Hamtramck, MI; Spring Hill Assembly in Spring Hill, TN; CAMI in Ingersoll, Ontario and Ramos Arizpe Assembly in Mexico. By the end of 2025, GM will have more than one million units of electric vehicle capacity in North America to respond to growing electric vehicle demand.

The Ultium Cells Lansing site represents GM's third Ultium Cells battery cell manufacturing site in the U.S. following two Ultium Cells battery cell manufacturing plants being constructed in Ohio and Tennessee.

In addition to the EV-related investments in Michigan, GM is investing more than \$510 million in its two Lansing, MI, area vehicle assembly plants to upgrade their production capabilities for near-term products:

Lansing Delta Township Assembly
Investment is for production of the next-generation Chevrolet Traverse and Buick Enclave.

Lansing Grand River Assembly
Investment is for plant upgrades.

Vertically integrating battery assembly and converting existing assembly plants are at the core of GM's strategy for scaling EV production in North America. GM projects it will convert 50% of its North American assembly capacity to EV production by 2030.

In addition to strategically adding battery cell and electric vehicle assembly capacity, GM is working to build a new supply chain via strategic supplier agreements for batteries and EV components, one expected to be scalable, more resilient, more sustainable and more North American-focused. These strategic supplier agreements include:

MP Materials to scale rare earth magnet sourcing and production in the U.S.

VAC to build a new magnet factory in the U.S. to support EV growth.

POSCO to build a new North America plant to process Cathode Active Material.

GE Renewable Energy to serve as a source of rare earth and other materials.

Wolfspeed to develop and provide silicon carbide power device solutions.

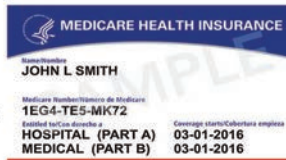
Controlled Thermal Resources to develop a source of U.S.-based lithium through a closed-loop process with lower carbon emissions when compared to traditional processes.

Courtesy graphic.

MEDICARE REIMBURSEMENT PROGRAM



REIMBURSEMENT FOR BOTH B AND D PREMIUM EXPENSES



WHO QUALIFIES?

To qualify for this program, you must:

1. Be an enrolled member of LTBB
2. Be enrolled in Medicare
3. Show proof of Medicare premium expenses

DOCUMENTATION WILL BE REQUIRED

! IMPORTANT INFORMATION !

YEARLY APPLICATION DEADLINES:

- FIRST PAYMENT: FEBRUARY 14TH
- SECOND PAYMENT: AUGUST 14TH

APPLICATION PROCESSING BEGINS JANUARY 1ST AND JULY 1ST. CHECKS CAN TAKE SEVERAL WEEKS TO BE SENT OUT DEPENDING ON VOLUME OF APPLICATIONS. PLEASE BE PATIENT AS WE WORK TO SEND PAYMENTS OUT TO ALL OUR ELIGIBLE TRIBAL CITIZENS. INCOMPLETE APPLICATIONS WILL BE NOT BE ACCEPTED.

QUESTIONS? CONTACT VALORIE GLAZIER, LTBB SPONSORSHIP SPECIALIST, AT 231-242-1748

SURVIVOR OUTREACH SERVICES

The LTBB Survivor Outreach Advocate administers Support Services and is located in the LTBB DHS office. Assistance is available to Native American women and children who are survivors of domestic or sexual violence as well as non-Native intimate partners and their families.

Assistance may include the following:
Non-Emergency Transportation Assistance ~ Assistance with Personal Protection Orders ~ Problem Solving and Safety Planning ~ Emergency Food Vouchers ~ Advocacy and Referrals ~ Court Accompaniment ~ Relocation Assistance ~ Clothing / Toiletries

Please call LTBB Survivor Outreach Services at 231-242-1620, Monday - Friday, from 8 am to 5 pm

Support for domestic abuse or sexual assault is also available at the Women's Resource Center of Northern Michigan 24-hour crisis and information line at 231-347-0082 or for long distance callers 1-800-275-1995.

"THIS DOCUMENT WAS DEVELOPED BY THE LITTLE TRaverse BAY BANDS OF ODAWA INDIANS SURVIVOR OUTREACH SERVICES SUPPORTED BY GRANT No. 2012-TW-AX-0034 AWARDED BY THE OFFICE ON VIOLENCE AGAINST WOMEN, U.S. DEPARTMENT OF JUSTICE. THE OPINIONS, FINDINGS, CONCLUSIONS, AND RECOMMENDATIONS EXPRESSED IN THIS PUBLICATION/PROGRAM/EXHIBITION ARE THOSE OF THE AUTHOR(S) AND DO NOT NECESSARILY REFLECT THE VIEWS OF THE DEPARTMENT OF JUSTICE, OFFICE ON VIOLENCE AGAINST WOMEN."



Enroll in Medicaid: For yourself, For your family, For your community.

Medicaid and the Children's Health Insurance Program (CHIP) offers low-cost or free health insurance for you and your family. In many states, more adults than ever before may qualify for Medicaid.

Who may be eligible?

- Children and teens up to age 19
- Parents (and other adults, depending on the state)
- Pregnant women
- People with disabilities
- Youth "aging out" of foster care

Eligibility depends on income, the size of your family and the rules in your state.

When you enroll, you can get:

- Doctor visits
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- Prenatal and maternity care
- Hospital stays
- Mental health care
- Needed medications
- Children get vision and dental care (adults may get these benefits too)

American Indians and Alaska Natives who are eligible for Medicaid or CHIP:

- Can still get care from your Indian care provider.
- Don't have to pay premiums or co-payments.
- Indian trust income is not counted to determine eligibility and is protected from Medicaid estate recovery rules.

You benefit by having greater access to health care services. Tribes benefit because their health programs get more resources.

To find out if you qualify, visit HealthCare.gov or call 1-800-318-2596 (TTY: 1-855-889-4325) or contact your local Indian health care provider for help applying.

Little Traverse Bay Bands of Odawa Indians Patient Benefits Specialist

1260 Aijjaak Ave. Petoskey, MI 49770
P: (231) 242-1752 F: (231) 242-1617
ardavis@lbbodawa-nsn.gov

Apply online at michigan.gov/mbridges, call your local MDHHS, or contact the LTBB Patient Benefits Specialist



LTBB EDUCATION'S TEXT MESSAGE ALERTS

- Want to be updated everytime there is an event?
- Stay updated with our text message alerts!
- Receive information on events, news, updates and more...



Text one of the keywords listed below to 33222 in order to sign up for updates from that department!
LTBB—General updates from the Education Dept. & the Cultural Library.
WIOA—Updates from WIOA: Employment and Training Services.
WIOCTEP—Updates from Waganakising Odawa Career and Technical Education Program.
K12—Updates from LTBB K-12 Services.
HIGHERED—Updates from Higher Educational Services.
CULTURAL—Updates from Cultural Services.
 *Standard messaging & data rates may apply.



\$6.5B EV INVESTMENT INCLUDES:

ORION ASSEMBLY

\$4 billion to convert the facility for production of future Ultium Platform-based electric trucks, creating more than 2,350 new GM jobs and retaining 1,000 current ones when fully operational.

ULTIUM CELLS LANSING

\$2.6 billion from GM and LG Energy Solution to build Ultium Cells' 3rd U.S. battery cell manufacturing plant, creating more than 1,700 new Ultium Cells jobs when fully operational.

MORE THAN \$510M ADDITIONAL INVESTMENTS INCLUDE:

LANSING DELTA TOWNSHIP ASSEMBLY

Supporting production of the next-generation Chevrolet Traverse* and Buick Enclave.*

LANSING GRAND RIVER ASSEMBLY

Supporting plant upgrades.

*Assembled of globally sourced parts



GM and Ultium Cells are Investing \$7B in Michigan, creating 4,000 new jobs and retaining 1,000.

These investments will significantly increase battery cell and electric truck manufacturing capacity.

MICHIGAN WILL RECEIVE \$110 MILLION TO EXPAND ELECTRIC VEHICLE CHARGING INFRASTRUCTURE

Michigan Governor Gretchen Whitmer announced the State of Michigan is expected to receive \$110 million over five years in formula funding to support the expansion of electric vehicle (EV) charging infrastructure, made possible by passage of the federal bipartisan Infrastructure Investment and Jobs Act (IIJA). The U.S. Department of Transportation's Federal Highway Administration will invest \$5 billion in formula funding across the country to build the first-ever national network of EV chargers.

Michigan will receive \$16,290,764 in its first tranche of funding for Fiscal Year 2022. The National Electric Vehicle Charging Formula Program (\$5 billion) and Grant Program (\$2.5 billion) provides a total of \$7.5 billion to states to procure and install electric vehicle chargers with the goal of building a national network of electric vehicle chargers and to support charging in



communities where people live, work and shop. The Formula Program targets charging along corridors and interstates whereas the Grant Program will invest in communities to support innovative approaches which ensure charger deployment reaches rural, disadvantaged and other hard-to-reach communities.

Courtesy graphic.

STOP THE STIGMA.

Member of our Tribal Community and need help? Call LTBB Behavioral Health.

(231) 242-1640

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az HelpNow

**GOT HOMEWORK?
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- Pre-Calculus
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- Oncology
- Women's Health
- Government
- College Algebra
- Java Script
- History
- Microbiology
- Medical Terminology
- Anatomy
- Cloud Computing and so much more!

Available to LTBB tribal citizens and descendants!
Contact the Education Department at (231) 242-1492 for login credentials.

REACHING YOUR GOALS

Whether you want to accomplish a fitness goal, achieve a certain weight or manage a health condition, nutrition and exercise are key to meeting your goals. Discover tips to help you make healthy food and exercise choices which fit with your lifestyle and preferences.

1. Eat a Variety of Foods

The *Dietary Guidelines for Americans, 2020-2025* recommend consuming a healthy dietary pattern with protein foods, grains, vegetables, fruits, dairy and oils into meals and snacks throughout the day. Choose different foods from each group over time to get a variety of nutrients. For example, dark green leafy vegetables like kale provide iron and folate while orange vegetables like carrots provide vitamin A.

2. Add Physical Activities to Your Daily Routine

Work, studies and personal tasks can make life busy, but even fitting exercise into small breaks in your schedule helps keep your body healthy. For example, walk or bike to work instead of driving, stretch for 15 minutes after



waking in the morning or take a 10-minute walk during your lunch break.

3. Choose Healthy Habits Which Fit Your Preferences

What foods are an important part of your culture and traditions? What types of exercise do you enjoy the most? Ask yourself these questions when planning your healthy habits. You will be more likely to stick with your goals over time if they include the foods and exercises you prefer.

Courtesy photo.

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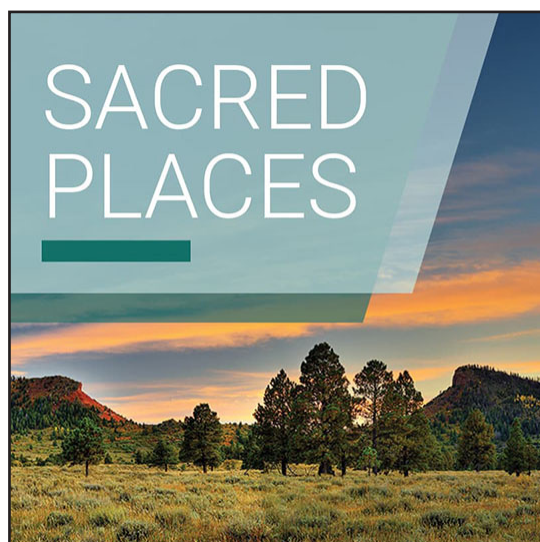
To strengthen protections for Native Peoples' sacred places in the United States, the Native American Rights Fund (NARF) has launched a new Sacred Places project, entitled *Sacred Places Protection: Fulfilling U.S. Religious Freedom Promises to Native Peoples*.

"Since its inception, NARF has worked to protect Native sacred sites, lands and the free expression of Native religion. Native Peoples in the U.S. have long relied on tribal sovereignty, treaties and religious freedom law to protect sacred places," said NARF Staff Attorney Brett Lee Shelton. "What we're finding is sacred place protection needs rethinking in courts, and NARF's Sacred Places Protection Project aims to begin that re-envisioning process."

The three-year project will identify failings to protect Native sacred places in existing law and policy and suggest solutions grounded in indigenous knowledge and developed by Native culture bearers. Existing laws, policies and sacred places protections all use language not centered in indigenous thinking.

"American religious freedom law frequently harms the free exercise of Native religions by constricting interpretation to beliefs only and excluding the exercise of religious liberties and the protection of religious edifices and locations, which all other segments of society have," Shelton explained.

Advancing sacred places protection requires creative, strategic and collaborative rethinking of fundamental language and practices. To guide and lead this work, NARF formed a team of Native traditional knowledge bearers and intellectual leaders whose lives are devoted to this work. That team includes Senior Policy Advisor Suzan Harjo (Cheyenne & Hodulgee Muscogee) and project Advisory Circle members Joe MistyLake Garcia (Ohkay Owingeh), Tina Kuckkahn (Lac du Flambeau Ojibwe), Hon. Delbert Smutcoom



Miller (Skokomish) and Lois Risling (Hoopa).

The Advisory Circle will direct NARF's Sacred Places Project towards developing a common approach to the defense of Native sacred lands, waters and place-based ceremonies.

"With the leadership of traditional knowledge bearers, Native intellectuals and cultural rights specialists, the Sacred Places Project will create model consent agreements, best practices papers and other tools to ensure Native Peoples can continue to use their sacred places and have measures ready to effectively respond to emergencies that threaten and endanger them," said Shelton.

Support from the Henry Luce Foundation will allow the Sacred Places Advisory Circle and project staff to encourage new scholarship by convening Native and non-Native thought leaders on the topic of sacred site protections. The funding will also allow the project to begin conducting professional development activities and producing outreach materials on sacred places protection later in 2022.

Courtesy graphic.

A Healthier Milk Chocolate? Yes, Please!



pairs better with peanuts than chocolate?

“The phenolic compounds in cocoa are the reason for the health benefits attributed to dark chocolate, but they are also why dark chocolate is bitter. If you have ever tried one of the dark chocolate bars that are very high in cocoa (over 80%) you may have found it tasted more like tobacco than chocolate. Also, because dark chocolate contains less cocoa fat, it is brittle and does not melt smoothly,” said Dean.

These are a few of the reasons why people often prefer milk chocolate over dark chocolate. With this in mind, ARS researchers decided to investigate the possibility of increasing the antioxidant levels in milk chocolate to those found in dark chocolate. Working with the ARS team, a graduate student prepared a series of milk chocolate squares containing increasing levels of the peanut skin powder. These chocolate squares were used in a threshold test during which a group of 100 consumers tasted the fortified squares along with some which did not contain any of the peanut skin ingredient. What Dean’s group discovered was most consumers could not tell if there was an additive in the chocolate until the level of the peanut skins was well above the level which had antioxidant activity equal to dark chocolate.

In a separate study, ARS researchers also used the peanut skin additive to make flavored coatings — honey roasted, chocolate-covered and chili lime — for peanuts. Phenolic compounds were extracted from peanuts skins and then combined with 10.5% maltodextrin. Various concentrations of the extract were added to the flavored coatings on roasted peanuts. The scientists found combining peanut skin extract with maltodextrin allowed the peanut skin extract to be added at a high enough level to increase the antioxidant activity without a detectable bitter taste.

Dean’s research constitutes another important example in creating value-added products from food waste. There are a number of food waste products — including coffee grounds and fruit peels — which contain these polyphenol compounds, which could be extracted and processed to make functional food ingredients, including healthier chocolates.

Courtesy photo.

An Agricultural Research Service (ARS)-developed peanut skin extract helps to fortify milk chocolate without affecting flavor or texture.

Chocolate is as versatile as it is tasty, and you may already be aware of the health benefits of cocoa, and in particular, dark chocolate. The health benefits of cocoa, and in particular dark chocolate, are well documented. Dark chocolate is healthier than milk chocolate because it contains more cocoa solids and, therefore, has more antioxidants (called flavanols), which may promote cardiovascular health.

But did you know ARS researchers at the Food Science and Market Quality and Handling Research Unit (FSMQHRU) in Raleigh, NC, are developing a healthier milk chocolate?

ARS Food Technologist Lisa Dean and her team at FSMQHRU are using peanut skins to fortify milk chocolate, thereby increasing the chocolate’s antioxidant levels. Peanut skins contain phenolic compounds, including procyanidins which have been shown to reduce inflammation and act as natural antioxidants and antimicrobials.

Unfortunately, peanut skins are very high in tannins, which give them a bitter taste, so skins are usually removed in processing during blanching or dry roasting. Because 50% or more of the peanuts grown in the United States are made into peanut butter, all of those removed skins are a major source of processing waste for the industry. Peanut skins can be used in animal feed, but the levels have to be low to keep the animals from rejecting the feed. This leaves the peanut industry with a large amount of peanut skin waste with little to no commercial value.

Dean and her team discovered some of the phenolic compounds contained in the skins are the same catechins which are in tea, cranberries and cocoa and provide health benefits such as antioxidant activity and anti-inflammatory properties. But how do you capture the valuable phenolic compounds for valued-added uses?

Since the ARS research unit is located in the Food, Bioprocessing and Nutrition Sciences Department at North Carolina State University, they were able to have a group of students in a Senior Design class develop a way to combine the soluble extracts with maltodextrin, a starch-based polysaccharide, to make a free-flowing powder which was easier to handle and would control the bitterness.

The resulting powder could then be used as a functional food ingredient, albeit, with the caution the allergenicity of peanuts carries over to peanut skins. Therefore, any product using the powder derived from the skins would have to report peanut allergy information on the label. ARS researchers looked for possibilities to use the value-added ingredient in a way which consumers would associate with peanuts. Well, what

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 - \$25 gift card for winning teacher for classroom supplies
 - \$100 for a tree planting at your school or in your community

Please be sure to follow all of the contest rules to ensure your student’s entry is not disqualified. The contest rules, entry form and additional classroom resources can be found at www.miARBORdayalliance.org We hope you have fun with this contest. We are looking forward to seeing all the fantastic entries.

If you have any questions or need additional information, please don’t hesitate to contact us at miARBORday@gmail.com or call 517-543-1512 x5. Please remember to submit all posters by **March 7, 2022.**

Courtesy graphic.

The Michigan Arbor Day Alliance (MADA) would like to invite fifth-grade students to participate in our annual Fifth Grade Arbor Day Poster Contest.

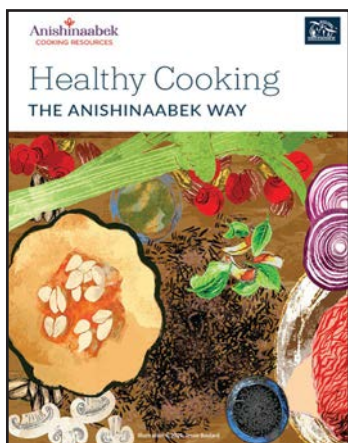
Arbor Day is an important holiday, and we hope students will join us in celebrating it by flexing their artistic muscle to create an original poster depicting this year’s theme: “Trees for the Future!”

Why should you enter? Well, besides the fact trees are amazing, for people and the environment, there are also prizes for the top three posters entries and their teachers. Prizes will be awarded as follows:

- First Place**
- \$100 Acorn Naturalist gift certificate for winning student
 - \$100 gift card for winning teacher for classroom supplies
 - \$100 for a tree planting at your school or in your community
- Second Place**
- \$50 Acorn Naturalist gift certificate for winning student
 - \$50 gift card for winning teacher for classroom supplies
 - \$100 for a tree planting at your school or in your community

FIVE TRIBES RECEIVE NEW ANISHINAABEK COOKING RESOURCES

The Inter-Tribal Council of Michigan, Inc. (ITCM) surpassed its goal of creating a monthly set of Anishinaabek Cooking Resources (ACR) in 2021 and recently, distributed hot off the press cookbooks, recipe cards and posters to tribes which participated in its former Walmart Healthy Native Food and MI Tribal Food Access projects. These brand new materials support the Anishinaabek Cooking Resource (ACR) cooking videos, which were created and released monthly in 2021 by e-mail and through the ITCM's social media. The recipes feature healthy and traditional foods and were created with a community-based lens and feedback from participating tribes on the design, content and cultural appropriateness. The five tribes include the Little Traverse Bay Bands of Odawa Indians, the Hannahville Indian Community, the Pokagon Band of Potawatomi Indians, the

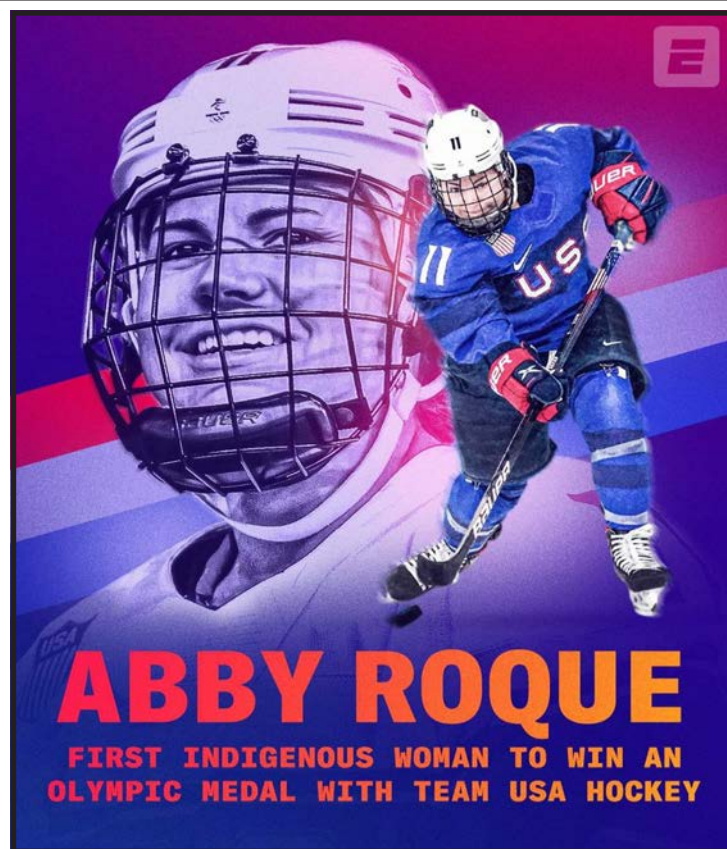


Keweenaw Bay Indian Tribe, the Sault Ste. Marie Tribe of Chippewa Indians and the Bay Mills Indian Community. The ITCM is re-featuring these recipes and materials through its Facebook and Instagram postings from January to December of 2022. Participating tribes will support this activity by showcasing the monthly poster and distributing the cookbook and recipe cards to those who visit their health center or food distribution sites. Cathy Edgerly, ITCM, said,

"My role as the Program Manager of the Anishinaabek Cooking Resources initiative has been tremendously gratifying. My hope is that others will not only appreciate the beautiful materials but will also enjoy the health-giving benefits offered through traditional foods within our Anishinaabek inspired recipes." To view the cooking videos and other ACS resources, please visit the Inter-Tribal Council of Michigan's Anishinaabek Cooking Resources webpage at <http://www.itcmi.org/anishinaabek-cooking-resources/>

Funding and support for the ACR materials were made possible by the National Walmart Foundation and the Michigan Health Endowment Fund. The content and recommendations included in this product are those of the Inter-Tribal Council of Michigan, Inc. and do not necessarily reflect the opinions of its funders.

Courtesy graphic.



STUNNING JOB REPORT? MINUS THE INDIGENOUS

By Mark Trahan

Editor's note: The following article and graphic appeared on *Indian Country Today*, and they are reprinted here with permission.

The headlines after the release of data from the Bureau of Labor Statistics told one story. "Stunning jobs report," said Politico. CNBC said the report showed a "surprisingly powerful gain." And CNN added this take: "Here's what makes the jobs report 'shocking.'"

Even President Joe Biden celebrated. "This morning's report caps off my first year as president," he said. "And over that period, our economy created 6.6 million jobs — 6.6 million jobs. If you can't remember another year when so many people went to work in this country, there's a reason: It never happened."

But for Indigenous people, the numbers show the labor market is leaving indigenous people behind, according to a new report from the Brookings Institution.

"While the nation's topline unadjusted unemployment rate was 4.4% in January, the unemployment rate among Native American workers was an extraordinarily high 11.1%," write Robert Maxim, Randall Akee and Gabriel R. Sanchez. "Nearly two years into the recovery, Native American workers are contending with a labor market that would be considered catastrophic if it was reflective of the full economy."

But the report is also striking because the data is now available.

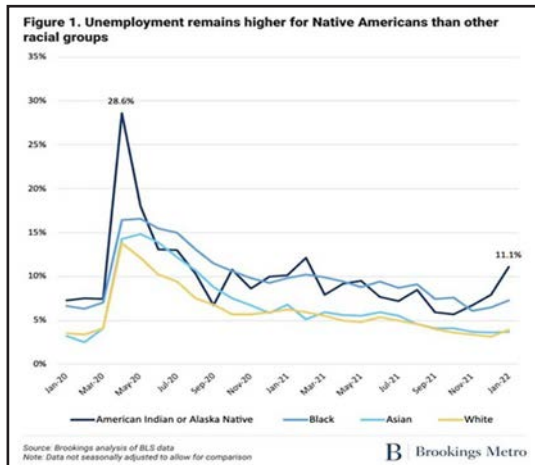
"It was the first time, in my opinion, a historic data release," said Maxim, a senior research associate at Brookings in Washington, D.C. and a citizen of the Mashpee Wampanoag Tribe.

Every month, the Bureau of Labor Statistics releases its report on labor but does not contain any information on Native American workers. That means there was a gap in how the economy was working because it excluded Native people in general.

"I think that largely left us out of the discussion when it came to how the labor market was doing," Maxim said.

The Brookings report shows Native Americans had a higher unemployment rate than other racial groups before the pandemic, "with a 7.5% unemployment rate in February 2020. As the pandemic took hold, the Native American unemployment rate jumped to an astonishing 28.6% — a level comparable to national unemployment during the Great Depression."

Even with the recovery, Native Americans have an unemployment rate "that's two and a half times higher than the nation as a whole," Maxim



said. Those could be considered "crisis levels," he said.

Maxim said one of the goals of the analysis was to highlight the problem of measuring unemployment and to show "Native people have had a much more difficult time with this pandemic than the United States as a whole."

The health disparities, magnified by the pandemic, lead to worse economic outcomes. He said: "If you're not healthy enough to work, if you're just trying to stay alive, you can't even think about your economic well-being. You're just trying to survive."

It's that very difficulty that shows up in the employment numbers.

Beyond the January employment news, the Brookings piece explores improving the data quality of economic reporting.

"I mentioned in the piece that this data only identifies people that self-identify as American Indian or Alaskan Native alone. And why does that matter? Well, 61 percent of Native people identify as two or more races, it's the highest of any racial or ethnic group," Maxim said. "You're effectively excluding three out of every five Native people in the data about them."

He said it's a lot like skipping states and ignoring all of the data.

"People would say that that's of course not representative," he said.

That calls for the Census Bureau and the Bureau of Labor Statistics to rethink their data collection.

"Now it's time to kind of ask this broader question about how we as a country think about Native people," he said.

Mark Trahan, *Shoshone-Bannock*, is editor-at-large for *Indian Country Today* and is based in Phoenix, AZ. Find him on Twitter at @TrahanReports. The *Indigenous Economics Project* is funded with a major grant from the Bay and Paul Foundations.

Courtesy graphic.

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QUIT SMOKING FOR THE ONES YOU LOVE



Quitting smoking can be an expression of that love, by showing how much you value your own health, and with the health of those around you.

According to the Centers for Disease Control and Prevention (CDC), exposure to secondhand smoke, even for a short time, can be harmful to both children and adults. Most people are exposed to secondhand smoke in their homes or the places they work. People may also be exposed to secondhand smoke in public places such as bars, restaurants and casinos as well as in cars.

According to the CDC, in 2019, 20.9% of American Indians and Alaska Natives smoked cigarettes. However, also according to the CDC, in 2015, nearly seven in 10 adult cigarette smokers wanted to quit smoking, and in 2018, more than half of adult cigarette smokers had made a quit attempt in the past year.

Traditional tobacco is different from commercial tobacco. Commercial tobacco products such as cigarettes, e-cigarettes, cigars and chew are manufactured and sold by the tobacco industry. Commercial tobacco products are highly addictive and contain cancer-causing chemicals and additives. Traditional tobacco is natural, not inhaled or addictive, and has no additives. Traditional tobacco is a completely different natural blend used exclusively by many Native American tribes for ceremony and prayer.

Keeping tobacco sacred, and respecting its ceremonial use is one way to begin the journey to live a smoke-free

lifestyle.

The Truth Initiative has developed 10 Steps to Successfully Make a Plan to Quit Smoking: <https://truthinitiative.org/research-resources/quitting-smoking-vaping/10-steps-successfully-make-plan-quit-smoking>

Some tips outlined include: 1. Set a quit date and be strategic, 2. Identify triggers and track cigarettes, 3. Beat your triggers, 4. Get smart about your smoking addiction, 5. Choose a quit smoking aid with your doctor (such as gum, patch, etc.), 6. Tell someone, anyone, 7. Out with the old and in with the new, 8. Get ready and get set with your quit aids along with your support group, 9. Go! Focus on getting through one day at a time, 10. If you need to, pick yourself back up.

Other resources include the BecomeAnEX.org online community. There are resources and a network of people ready to help you quit smoking.

The American Indian Commercial Tobacco Program is a great resource aimed to help Native Americans begin their journey to quit smoking while also preserving traditions. Online help is available at aiquitline.com or by calling 1-855-5AI-QUIT (1-855-524-7848).

Smokefree.gov is also a great resource which has pro-

grams aimed specifically for veterans, women, teens and elders over 60.

Finally, 1-800-QUIT-NOW (1-800-784-8669) is the national phone number which will dial you into your state's resources and support to quit smoking. The quit START app is also a free smartphone app which helps you quit smoking with tailored tips and inspiration.

The National Native Network is jointly funded by the Office on Smoking and Health and Division of Cancer Prevention and Control under Cooperative Agreement #NU58DP005493-01. Through Networking2Save - CDC's National Network Approach to Preventing and Controlling Tobacco-related Cancers in Special Populations Program - the CDC funds eight national networks to support prevention of commercial tobacco use and prevention of cancer in populations experiencing tobacco- and cancer-related health disparities.

The network is administered by the Inter-Tribal Council of Michigan, Inc. and is directed by a board composed of three partner tribal organizations, California Rural Indian Health Board, Great Plains Tribal Leader's Health Board and the SouthEast Alaska Regional Health Consortium.

Courtesy graphic.

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS COMMUNITY HEALTH DEPARTMENT MEDICAL TRANSPORTATION GUIDELINES

Transportation is available to medical appointments only.

You must exhaust all other means available to you, i.e. Friendship Center Bus, Straits Regional Transit, Char/Em Transit, Taxi or Family.

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The Little Traverse Bay Bands of Odawa Indians Community Health Staff

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*Eligibility for the Healthy Michigan Plan is determined through the Modified Adjusted Gross Income methodology.

If you do not have insurance and would like to fill out an application, contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 or by e-mail at vglazier@ltbbodawa-nsn.gov to set up an appointment today!



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Award applications can be found online, in person at the Education office or mailed per request (contact Education at 231-242-1480).

CHANGES COMING TO BETTER HANDLE NATIVE HUMAN REMAINS

By Joaquin Estus

Editor's note: The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

The Native American Graves Protection and Repatriation Act (NAGPRA) has been useful but is long overdue for changes. So said several people testifying at a Senate Committee on Indian Affairs hearing. NAGPRA is a tool for Native Americans seeking the return of ancestral remains and funerary, sacred and cultural objects.

The National Park Service, which administers the law, said it has consulted with 71 tribes and plans to soon release proposed changes to the law for public review.

Carmen Hulu Lindsey, Native Hawaiian, Elected Trustee and Chair of the Office of Hawaiian Affairs, described conditions before the law was enacted in 1990.

"Just over 30 years ago, the mass excavation of the sacred remains of over 1,100 men, women, children and infants out of their final resting place occurred at Honokohau on my island home of Maui to build a large hotel resort. At the same time, hundreds of remains were being disinterred at another large resort in another area of Maui."

Now, she said, "while we continue to address ongoing disinterment and desecration of our ancestral burial sites in the islands," NAGPRA has "allowed Native Hawaiians to bring thousands of our ancestors home to be respectfully venerated and ceremoniously reburied." She said almost 4,000 Native Hawaiian ancestors were repatriated from one museum alone on the island of Oahu.

"Native Hawaiians are humbled and grateful



to be of service to our beloved ancestors, knowing that but for them, we simply would not exist. In the increasingly contentious times now present in our world and in the greater story of humanity, caring for our ancestors guides, strengthens and teaches us the enduring value of Aloha, which embodies the concepts of love, compassion and forgiveness," Lindsey said.

Committee Chairman Senator Brian Schatz, a Hawaii Democrat, said when Congress enacted NAGPRA, it estimated it would take 10 years to complete the work of returning human remains and cultural items to tribes and Native Hawaiians.

"Now more than 30 years later, over 200,000 ancestral remains and approximately 2.5 million associated funeral items have been identified," but less than half the ancestral remains and only 70 percent of cultural items have been repatriated," he said.

One of the biggest problems, said panelists at the hearing, is the lack of a clear process for resolving disputes over ownership. As it stands now, if cultural affiliation with a tribe can be established, that tribe may claim human remains or cultural objects.

"Changes" continued on page 24.

VIOLENCE
has **NEVER** been a
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“Changes” continued from page 23.

However, researchers sometimes contest tribal claims. And, items may be affiliated with more than one Native American entity. In fact, officials say cultural affiliation has not been identified for 94% of the items listed in inventories but not yet returned.

Disputes go before a review committee, but its findings are not binding.

Rosita Worl, Tlingit, President of the Sealaska Heritage Institute, is a former chair of the review committee.

“We would like to amend NAGPRA to require review committee findings in disputes as mandatory rather than advisory. Tribes go to a great deal of effort and expense to bring the case before the committee, a committee comprised of scientists, museum professionals and tribal members, without any guarantee that the committee’s findings will be acted upon,” Worl said.

Worl also said the law needs to be amended to clarify Alaska Native corporations are eligible to take part in NAGPRA.

Co-Chair Senator Lisa Murkowski, a Republican from Alaska, said the proposed change would allow the Native corporations to add to the efforts of tribes and regional nonprofits who work on repatriation efforts in Alaska.

One change Worl doesn’t want to see has to do with notification of tribes.

Worl said, “we strongly object to the removal of the requirement by the federal officials to notify and initiate consultation with any known linear descendant and likely culturally affiliated Indian tribe or a Native Hawaiian organization within three working days of receipt of a written confirmation of discovery.”

Senator Maria Cantwell, a Washington Democrat, said the issue of timeliness has arisen before. She mentioned the case of the 8,000 to 9,000-year-old Kennewick man or the Ancient One. His skeletal remains were discovered in 1996 but due to lengthy disputes over tribal affiliation were not transferred to a tribe until 2017.

Joy Beasley, Associate Director for Cultural Resources, Partnerships and Science with the National Park Service, said museums and federal agencies do wield significant power in determining what items will be repatriated.

“We hope that this imbalance can be corrected through the regulatory changes that we’re proposing. And we hope that the Congress will support that effort by affirming in the hearing record that the purpose of NAGPRA is repatriation,” Beasley said.

She said, “I want to emphasize that the department’s committed to strengthening to the maximum extent possible the requirements for consultation with Indian tribes, Alaska Native villages and Native Hawaiian organizations on any discovery or excavation on federal lands.

“The revisions to the regulations that would streamline the process and make clear what the steps are for federal agencies and federal land managers should assist both Indian tribes and federal agencies through the process.”

Schatz asked if the National Park Service, which handles NAGPRA complaints and inves-

tigations, has a backlog of allegations which remain unaddressed. Beasley said the agency will soon follow up with a status report on that and other committee questions.

Executive Director Valerie Gressing of the National Association of Tribal Historic Preservation Officers said proposed amendments to NAGPRA have come up before, including some changes recommended in a Government Accounting Office report issued in 2011.

“My and our chairman’s predecessors testified before the House Natural Resources Committee in 2000, and before this committee in 2011. Unfortunately, the recommendations and report findings remain relevant today.”

She said more funding is needed to implement NAGPRA.

“A system that makes tribes compete for limited funding for the most sacred and foundational restorative work is retraumatizing. The time is now for the federal government to fulfill its promises to fund agencies’ consultation requirements and to fund tribes so that they have a seat at the table complete with the meal and utensils,” Gressing said.

The Department of Interior said in a prepared statement its proposed changes would:

- Strengthen the authority and role of Indian tribes and Native Hawaiian Organizations in the repatriation process
- Address barriers to timely and successful disposition and repatriation
- Document and address requests of Indian tribes and Native Hawaiian Organizations when human remains or cultural items are discovered on federal or tribal lands before items are further disturbed
- Increase transparency and reporting of holdings or collections
- Panelists suggested additional changes, including:
 - Increased penalties for non-compliance
 - Shift oversight from the National Park Service to another Interior department agency, the Bureau of Indian Affairs
 - Authorize federal agencies to allow the reburial of ancestral human remains at the site from which they were taken
 - Increased funding for tribes, museums and tribal historic preservation officers
 - Update definitions
 - Establish, fund a task force to stop illegal trafficking of human remains and cultural items
 - Fund tribal preservation officers specifically to work on NAGPRA issues
 - Recognize traditional knowledge and oral tradition as a valid form of knowing

Meanwhile, the National Park Service hired an investigator, its first, to go over NAGPRA claims and alleged violations. David Barland-Liles will present his findings to Interior Secretary Deb Haaland, Laguna Pueblo.

Joaqlin Estus, Tlingit, is a national correspondent for Indian Country Today. Based in Anchorage, AK, she is a long-time journalist. Follow her on Twitter at @estus_m or e-mail her at jestus@indiancountrytoday.com.

Courtesy photo.



MICHIGAN GOVERNOR ANNOUNCES FUNDING TO SUPPORT MICHIGAN ARTS, MUSEUMS AND THEATRES

Michigan Governor Gretchen Whitmer announced a new round of funding grants awarded to 10 Michigan arts and cultural organizations to continue supporting local communities and economies across the state. As part of a nationwide effort to support arts and artists in response to the COVID-19 pandemic, the National Endowment for the Arts is awarding a total of \$1.35 million to the state of Michigan.

Those awarded grants include:

- Interlochen Center for the Arts in Interlochen, MI, was awarded \$150,000



- Grand Traverse Band of Ottawa and Chippewa Indians in Peshawbestown, MI, was awarded \$150,000
- Kalamazoo Institute of Arts in Kalamazoo, MI, was awarded \$150,000
- Ann Arbor Art Association in Ann Arbor, MI, was

awarded \$100,000

- Access (on behalf of Arab American National Museum) in Dearborn, MI, was awarded \$100,000
- Detroit Public Theatre in Detroit, MI, was awarded \$100,000
- Heritage Works in Detroit, MI, was awarded \$150,000
- Michigan Opera Theatre in Detroit, MI, was awarded \$150,000
- Music Hall Center for the Performing Arts in Detroit, MI, was awarded \$150,000
- Sphinx Organization, Inc. in Detroit, MI, was awarded \$150,000

Courtesy graphic.

LTBB OPENINGS AVAILABLE!

Little Traverse Bay Bands • 233 Tindle St., Pellston, MI 49769 • 231-539-8325

EARLY HEAD START
0-3 YEARS - HOME BASED

2021/2022 PROGRAM YEAR

ASSISTING NEEDS INCLUDING LOCAL NATIVE AMERICAN CULTURE, NUTRITIOUS MEALS AND CENTRALLY LOCATED BUS PICK-UPS

Monday - Friday 8:30 AM - 4 PM

EARLY HEAD START CAN WORK IN COORDINATION WITH THE INTERMEDIATE SCHOOL DISTRICT TO PROVIDE SERVICES FOR CHILDREN WITH PHYSICAL, EMOTIONAL AND/OR LEARNING DISABILITIES

CALL TODAY!

FIRST NATIVE WOMAN TO LEAD SMITHSONIAN AMERICAN INDIAN MUSEUM

By Kalle Benallie



Chavez Lamar started out as a museum intern for the National Museum of the American Indian in 1994. She said it left her with the hope to work there again. With her eventually returning as a curator in 2000 for five years, it was that position which planted the idea of possibly being the director of the museum one day.

“I do have a long history with NMAI and of course, that’s grown into a love for NMAI, so I am just thankful to NMAI for helping me become the museum professional I am today,” she said.

From 2014 to 2020, Chavez Lamar was the museum’s assistant director for collections and in January 2021, was the acting associate director for collections and operations.

She oversaw the museum’s collections, facilities, safety and information technology departments. In addition to the museum’s collection of objects and photographs, she was in charge of more than 500,000 digitized images, films and other media documenting Native communities, events and organizations.

She said the leadership position helped her explore being a mentor, advisor and support system for other workers and hopes to continue that as the director.

“I’ve learned how impactful it can be when you’re able to support the work and the initiatives of staff that report to you, and I’ve gained a lot of fulfillment,” she said.

Chavez Lamar also hopes to facilitate access to indigenous peoples of the Western hemisphere in order to collaborate and partner with them. In her long career, she has worked with countless tribes and said it taught her how to be flexible and find good humor in the work.

“Sometimes in museum work, we might take ourselves too seriously and some of the best times I’ve had in working in collaboration with Native and Indigenous peoples is when we’re just sitting around the table and we’re having a bite to eat and we’re laughing about something,” she said.

She said she realizes the significance of being the first Native woman to be a Smithsonian museum director and how it’s opening opportunities for others.

“The outpouring of heartfelt and warm wishes has been really meaningful to me,” Chavez Lamar said. “I have to give thanks for where I’m at because it’s not through my efforts alone – my ancestors before me, people before me have paved the way for me to be here, and I won’t be the last one.”

Her other qualifications include being the director of the Indian Arts Research Center at the School for Advanced Research in Santa Fe, NM, from 2007 to 2014; director of the Indian Pueblo Cultural Center in Albuquerque, NM, from 2006 to 2007; a presidential appointee to the Institute of American Indian and Alaska Native Culture and Arts Development in 2011; a governor’s appointee as a commissioner to the New Mexico Arts Commission from 2009 to 2012; and currently sits on the advisory group for Indigenous North America at the Princeton University Art Museum; and a member of the advisory board at the Colorado Springs Fine Arts Center at Colorado College.

She has a bachelor’s degree from Colorado College in studio art, a master’s degree in American Indian studies from UCLA and a doctorate in American studies from the University of New Mexico. She also received an honorary doctorate from Colorado College for her contributions to the museum field.

Kalle Benallie, Navajo, is a reporter-producer at Indian Country Today’s Phoenix bureau. Follow her on Twitter at @kallebenallie or e-mail her at kbenallie@indiancountrytoday.com.

Courtesy photo.



Let’s talk trash.

Cut back on **food waste and loss** to save money, improve access to food, and protect natural resources.



Reduce wasted food in your home with simple shopping, storage, & cooking practices. **WHAT YOU CAN DO**



Plan & Save

Plan your weekly menu and make a grocery list. Does the list include food that you already have at home? Buy only what you need and stay within your budget.



Be Food Safe

Shop refrigerated or frozen foods just before checking out. Transport items that spoil easily in a cooler or thermal bag and refrigerate or freeze within two hours of shopping.



Check for Quality

The dates on a food package help the store determine how long to display the product for sale. It can also help you to choose a product at its best quality.



Set Storage Reminders

Track storage times for different foods using [The FoodKeeper Application](#). This tool will remind you when foods are near the end of their storage date.



Be Organized

Foods are less likely to go bad when you use the older items first. Keep your pantry and refrigerator clean and organized so you can see what needs to be eaten first.



Re-purpose

Give leftovers a makeover when you reuse them in recipes. Add broccoli stems to a salad or blend overripe fruit into a low-fat smoothie. Freeze extra food.



Donate

Many shelters, food banks, and faith-based organizations will accept food donations to feed others who need a meal.



Recycle & Compost

Instead of throwing out food, create a compost bin. Don’t have a yard? Your city may help you find composting or recycling options that are right for you.



*In homes and away from home eating places
**Produce includes meat, poultry, fish, eggs, and nuts.

Sources: All sources are available at [ChooseMyPlate.gov/lets-talk-trash](#).

Center for Nutrition Policy and Promotion
USDA is an equal opportunity provider and employer.
September 2015

NORTH CENTRAL MICHIGAN COLLEGE ANNOUNCES FAST-TRACK HEALTHCARE PROGRAM

North Central’s new Fast-Track Healthcare Program allows students to earn three industry-recognized certifications in less than five months.

North Central Michigan College has announced a new expedited healthcare program which allows students to earn three professional certifications in less than five months.

The Fast-Track Healthcare Bundle Program prepares students for healthcare careers with three in-demand credentials endorsed by the National Healthcare Association®. Certifications include Clinical Medical Assistant, EKG Technician and Phlebotomy Technician.

The program provides students with quick entry into a growing field while helping alleviate a healthcare worker shortage in our region, according to Christy Lyons, director of Corporate and Community Education.



“It is clear from our meetings with local healthcare facilities that there’s an urgent need for medical assistants,” Lyons said. “By condensing this program down to 20 weeks, we will be able to get certified medical assistants into the workforce quickly.”

In addition to the bundled program resulting in all three certifications, North Central is offering stand-

alone courses for EKG Technician and Phlebotomy Technician.

North Central Vice President of Academic Affairs Dr. Stephen Strom said the program’s condensed format is transferable to other academic areas.

“We are excited to work with our local employers on additional fast-track programs leading to employment for our residents and trained employees in high-demand industries,” Strom said.

A free online information session outlining the Fast-Track Healthcare Program is scheduled for 7 p.m. on March 9. Registration is required at [www.ncmlifelearning.com/event-4671527](#).

Applicants to the program must be at least 18 and have earned a high school diploma or GED. Funding assistance is available to qualifying students.

Courtesy photo.

NATIVE NEWS ONLINE JOINS URL MEDIA NETWORK



Indigenous-led news outlet Native News Online was welcomed as the 10th member of URL Media, a network of high-performing BIPOC-owned and operated media organizations from across the U.S. The announcement came last evening (January 25, 2022) during a one-year anniversary celebration of URL Media, a for-profit company founded by Sara Lomax-Reese, CEO of Philadelphia-based WURD Radio, one of the few remaining Black-owned talk radio stations in the nation, and veteran journalist and media executive S. Mitra Kalita, publisher of Epicenter-NYC, a newsletter to help New Yorkers get through the pandemic. Born at the height of the 2020 racial justice protests to address persistent underfunding and underrepresentation of BIPOC communities, URL Media launched in January 2021 with eight media organizations representing a diverse mix of cultures, media formats, geography and audiences. Members of the network share content, distribution and other resources to enhance reach, expand revenue and build long-term sustainability. "We are thrilled to welcome Native News Online as our first Indigenous partner. The truth is that the narrative of America is incomplete without this vital, foundational perspective," said URL Media CEO S. Mitra

Kalita. "We look forward to working to amplify their powerful storytelling and platform." Native News Online, which is based in Grand Rapids, MI, is the first indigenous news outlet added to the URL Media network. Inaugural members of URL Media are WURD Radio, Epicenter-NYC, Documented, Scalawag, The Haitian Times, TBN24, ScrollStack, Palabra.

Minneapolis-based Sahan Journal joined URL Media's network in May 2021. "Native News Online has been elevating Native Voices for 11 years. We are excited about our new affiliation with URL Media because we will now be able to uplift other BIPOC voices as well," Publisher Levi Rickert (Prairie Band Potawatomi) said. "We look forward to sharing stories, opportunities, ideas and best practices with these high-performing BIPOC publications and their talented teams."

About Native News Online: Native News Online delivers important daily news which affects the lives of Native Americans nationwide. Founded in 2011, Native News Online reaches millions of Native and non-Native readers with its website, newsletters and social media platforms. Visit our website at nativenewsonline.net or sign up for our free daily newsletter at <https://rebrand.ly/GetNativeNews>.

Courtesy graphic.



Admiring the Fighters

If you or a loved one has been diagnosed with cancer, knowing what to expect and making plans to proceed can help create a less stressful situation.

GET THE FACTS

Write down questions and concerns before your appointments and bring them with you.

- What kind of cancer do I have?
- Can my cancer be treated?
- What are my treatment options?
- Where is the cancer? Has it spread?

MAINTAIN A HEALTHY LIFESTYLE

- Adequate Rest**: Helps manage the stress and fatigue of the cancer and its treatment.
- Healthy Diet**: Nutrition is an important part of cancer treatment. Eating the right foods before, during, and after can help you to feel better and to stay stronger.
- Exercise**: Studies suggest that people who participate in some physical exercise during treatment not only cope better but may also live longer.

BE PREPARED FOR CHANGES

- Fatigue**: One of the most common and distressing side effects of cancer treatments.
- Hair loss** is a common side effect from chemotherapy treatments.
- Financial burdens** may arise as result of diagnosis. Additional costs of medicines, travel costs, etc.
- A cancer diagnosis is a lifelong ordeal. Treatment recovery can last months, sometimes even years.

Cancer survivors face physical, emotional, psychosocial, spiritual and financial challenges as a result of their diagnosis and treatment.

DEVELOP YOUR OWN COPING STRATEGIES

Highs and lows of cancer are experienced not only by those diagnosed but also family members, friends, and caregivers.

- FIND A SOURCE OF SPIRITUAL SUPPORT
- KEEP A JOURNAL TO HELP ORGANIZE YOUR THOUGHTS
- WHEN FACED WITH A DIFFICULT DECISION LIST PROS AND CONS

For more information regarding your cancer diagnosis visit: www.mayoclinic.org, www.cancer.gov, www.cancer.org, www.cdc.gov



Public Input Session

The NEMCSA – Region 9 Area Agency on Aging (AAA) is tasked with the responsibility of advocacy, planning, funding needed services and monitoring funded programs. Each year the AAA must develop a plan describing how funds received through the Older Americans Act will be used in the communities and what services will be a priority in the counties of Alcona, Alpena, Arenac, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle and Roscommon.

Some of the funds from the Older Americans Act are granted to area County Councils/Commissions on Aging and help to provide services such as senior center meals, home delivered meals, respite care and personal care. The input sessions provide an opportunity for people to express views on issues older persons are facing as well as available services and unmet needs.

Information gathered will be used in the development of a Multi-Year Plan that will cover fiscal years 2023 – 2025.

The input sessions will be held as follows:

Thursday, March 10, 2022
1:00 pm
Cheboygan County Council on Aging
1531 Sand Road
Cheboygan, MI

Friday, March 11, 2022
10:00 am
Ogemaw Commission on Aging
1528 S. M-33
West Branch, MI

TRIBAL COUNCIL MEETING MINUTES

In accordance with law and policy, Elders Comment/Public Comment as recorded in the minutes will contain the name of the Citizen or "Immediate Family" or "Family member" and only the subject matter brought forth by the individual. No attempt will be made by the Legislative Branch to summarize the comments. Written public comments will be accepted by the Legislative Office. Written comments shall be attached to the official approved minutes housed in the Legislative Branch. Written comments are not published, however shall be open to review within the Legislative Office in accordance with any laws regarding such documents.

The Little Traverse Bay Bands of Odawa Indians Tribal Council Meeting Minutes January 20, 2022 via ZOOM

Call to Order: 9:02 a.m.
Opening ceremony: Melissa Wiatrolik
Closed Session: yes
Council Present: Councilor Fred Kiogima, Councilor Tamara Kiogima, Councilor William Ortiz, Councilor Aaron Otto, Councilor Melissa Pamp, Treasurer Leroy Shomin, Secretary Marcella Reyes, Legislative Leader Emily Proctor
Absent: Councilor Marty Van De Car (arrives 9:18 a.m.)

Legislative Office Staff Present: Legislative Office Manager Michele Portman-LaCount, Legislative Services Attorney Donna Budnick, General Counsel Jim Bransky, Executive Legal Assistant Su Lantz, Sr Financial Analyst Rachel Cope, Tribal Historic Preservation Officer Melissa Wiatrolik, Legislative Administrative Assistant Linda Gokee, University of Minnesota Intern Eva Oldman

Corporate Charters Present: Odawa Economic Affairs Holding Corporation Executive Director Shanna Shananaquet and Administrative Assistant Nichlos Peltier

Executive Officials and Staff Present: Unit I Executive Director Phil Harmon, Unit II Executive Director Daugherty "Duffy" Johnson, Chief Financial Officer Carrie Carlson, Natural Resources Department Inland Fisheries Biologist Kevin Haynes, Gijigowi Language Director Carla Osawamick, Safety Coordinator Susan Gasco, Natural Resources Department Office Coordinator Debra Smithkey-Browne, Education's WOCTEP Administrative Assistant Mary Schneider, Planning Department Administrative Assistant Shari Temple, Human Resources Director Denise Petoskey, Tribal Chairman's Office Executive Assistant Kerstine Omev and Administrative Assistant Lakota Worthington, Education Department Administrative Assistant Tammy Gasco, Planning Department Director Amanda Swiss, Accounting Department Controller Cheryl Kishigo

Judicial Officials and Staff: Probation Office/Adult Drug Court Alyssa Harold, Court Administrator Matthew Lesky

Public: Ricky Compo, Dan Pierzynowski, Patrick Anthony, Doug Emery, Karen Boda, Brian Anthony, Judy Field, Renee "Wasson" Dillard, Marvin Mulholland, Bernadece Boda

Invited Guest: Odawa Casino Resort Director of Finance Roger Borton

Motion made by Treasurer Leroy Shomin and supported by Councilor Fred Kiogima to adopt the agenda of January 20, 2022 as amended.

Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Councilor Marty Van De Car)

Motion carries.
Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to dedicate this meeting in honor of the following Tribal Citizen(s) who have walked on: Brian Davis, Diana Peltier, Sara Thomas, Virginia Schansem, Richard Shenoskey Sr., Alfred Sprague, Shawna Jones, and Mona Hugo.

Vote: 8 - Yes, 0 - No, 0 - Ab-

stained, 1 - Absent (Councilor Marty Van De Car)

Motion carries.
Review and Approve Minutes of January 6, 2022.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to approve the minutes of January 6, 2022 as presented.

Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Councilor Marty Van De Car)

Motion carries.
9:30 a.m. Introduction of new Tribal Government Employees Kevin Haynes - Biologist (Transfer)

Executive Oversight Report: Discussion: Unit I Executive Director Phil Harmon

Phase 2.5 will be ending on January 29, 2022; however, it may be extended for a couple of weeks due to COVID.

Discussion: Unit II Executive Director Daugherty "Duffy" Johnson

Tribal Chairperson Gasco Bentley met with U.S. Senator Debbie Stabenow (MI) in regards of making sure the Tribe receives its fair share of funding.

Over 300 Elder's Food and Utility Reimbursement's have been processed. There are 1594 Elder's.

An all-inclusive rate has been approved for pharmacy. The Tribe will make an additional \$2MM per year.

There will be a COVID clinic on Friday, January 21, 2022.

Additional Discussion: PFAS in Pellston, Medicaid reimbursement, Veto concerns regarding resolution terminology

Motion made by Councilor Tamara Kiogima and supported by Councilor Fred Kiogima to acknowledge receipt of the verbal and written Executive Oversight Report as presented by Unit I Executive Director Phil Harmon and Unit II Executive Director Daugherty "Duffy" Johnson January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Tribal Council Officer and Committee Reports:

Legislative Leader Report:

Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Leader Emily Proctor's verbal and written report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Secretary Report:

Documents Delivered to the Executive on January 7, 2022 and is due back to Tribal Council on/ before 02/07/2022:

-Waganakising Odawak Statute Child Protection

Documents signed by the Executive:

-Tribal Resolution # 010622-01 Amended Appropriation of Funds for the 2022 Fiscal Year Operating Budgets (signed 01/07/2022)

-Tribal Resolution United States Bureau of Labor Statistics Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) Cost of Living (COLA) for Little Traverse Bay Band of Odawa Indians (LTBB) Government Employees and Odawa Casino Resort Employees and to appropriate, not to exceed the amount of \$1,990,161.92 for FY 2022 LTBB Operating Budget to come from General Fund-Fund Balance.

Vetoes (a vote of Tribal Council to override a veto shall occur with-

in 90-days of the veto):

01/17/2022 Tribal Resolution United States Bureau of Labor Statistics Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) Cost of Living (COLA) for Little Traverse Bay Band of Odawa Indians (LTBB) Government Employees and Odawa Casino Resort Employees and to appropriate, not to exceed the amount of \$1,990,161.92 for FY 2022 LTBB Operating Budget to come from General Fund-Fund Balance

Phone Polls passed by Tribal Council:

01/14/2022 Reason for Phone Poll: Motion to approve the Action item contained in

Confidential Memo 011222-01 as provided by Legislative Leader Emily Proctor to

Tribal Council.
Phone Poll Vote: 7 Yes, 2 No (Councilor Fred Kiogima, Treasurer Leroy Shomin), 0 Abstain, 0 Absent Motion carries.

Motion made by Councilor

Tribal Council Meeting Dates

March 1 Work Session
March 3 Council Meeting
March 15 Work Session
March 17 Council Meeting

April 5 Work Session
April 6 Council Meeting
April 19 Work Session
April 21 Council Meeting

All Tribal Council meetings and work sessions are held in the Tribal Council Chambers located at
7500 Odawa Circle,
Harbor Springs, MI.

Legislative Tribal Council Members

Emily Proctor, Legislative Leader
Marcella Reyes, Secretary
Leroy Shomin, Treasurer
Tamara Kiogima, Councilor
Aaron Otto, Councilor
Melissa Pamp, Councilor
Marty Van De Car, Councilor
Fred Kiogima, Councilor
William Ortiz, Councilor

William Ortiz and supported by Councilor Melissa Pamp to **TABLE** to pass a veto override of Tribal Resolution United States Bureau of Labor Statistics Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) Cost of Living (COLA) for Little Traverse Bay Band of Odawa Indians (LTBB) Government Employees and Odawa Casino Resort Employees and to appropriate, not to exceed the amount of \$1,990,161.92 for FY 2022 LTBB Operating Budget to come from General Fund-Fund Balance.

Vote: 7 - Yes, 2 - No (Councilor Fred Kiogima, Councilor Tamara Kiogima), 0 - Abstained, 0 - Absent Motion carries.

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to formerly invite Tribal Chairperson Regina Gasco Bentley and Vice Chairperson Stella Kay to meet with Tribal Council Meeting at its next Regularly Scheduled Tribal Council Meeting on Thursday, February 3, 2023 to discuss the Veto Statement issued by the Executive on the following Tribal Resolution: United States Bureau of Labor Statistics Consumer Price

Index for Urban Wage Earners and Clerical Workers (CPI-W) Cost of Living (COLA) for Little Traverse Bay Band of Odawa Indians (LTBB) Government Employees and Odawa Casino Resort Employees and to appropriate, not to exceed the amount of \$1,990,161.92 for FY 2022 LTBB Operating Budget to come from General Fund-Fund Balance.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor William Ortiz to direct Legislative Leader Emily Proctor to send a letter that formerly invites Chairperson Bentley and Vice-Chairperson Kay to meet with Tribal Council at its next Regularly Scheduled Tribal Council Meeting, February 3, 2022, to discuss the Veto Statement issued by the Executive on the following Tribal Resolution: United States Bureau of Labor Statistics Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) Cost of Living (COLA) for Little Traverse Bay Band of Odawa Indians (LTBB) Government Employees and Odawa Casino Resort Employees and to appropriate, not to exceed the amount of \$1,990,161.92 for FY 2022 LTBB Operating Budget to come from General Fund-Fund Balance.

And also request a response by February 1, 2022, from Chairperson Bentley and Vice-Chairperson Kay on whether or not they will be attending the Tribal Council Meeting.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to acknowledge receipt of Secretary Marcella Reyes' verbal and written report as provided on the agenda for January 20, 2022.

Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Councilor Marty Van De Car)

Motion carries.

10:39 a.m. Break

11:00 a.m. Meeting resumes

Treasurer Report

Appropriations and Finance Committee

-Last Meeting: January 11, 2022 (Motions made at the Appropriations and Finance Committee Meeting)

Motion made by Councilor William Ortiz and supported by Secretary Marcella Reyes to recommend to Tribal Council to approve CERTIFIED MOTION # 012022-01 Request for Funding

from Indian Health Services, Substance Abuse and Suicide Prevention Program: Suicide

Prevention, Intervention, and Postvention FY 2022 - FY 20206.

Vote: 3-yes, 0-no, 0-abstain, 0-absent Motion carries.

Motion made by Councilor William Ortiz and supported by Secretary Marcella Reyes to recommend to Tribal Council to approve the 1st Amendment to the Loan Agreement between

Little Traverse Bay Bands of Odawa Indians and PNC Bank and authorize the Tribal Council Treasurer and Tribal Chairperson to sign.

Vote: 3-yes, 0-no, 0-abstain, 0-absent Motion carries.

Motion made by Councilor William Ortiz and supported by Secretary Marcella Reyes to recommend to Tribal Council to adopt Tribal Resolution to Increase Facilities FY 2022 Operating

Budget by \$28,000.00 for a Temporary Maintenance Worker to Help Cover Property Maintenance to come from Space Cost Recovery.

Vote: 3-yes, 0-no, 0-abstain, 0-absent Motion carries.

Phone Polls passed by Appropriations and Finance Committee: None

-Next Special Meeting: Tuesday, February 1, 2022 at 1:00 p.m. via Zoom

-Next Regular Meeting: Tuesday, February 8, 2022 at 9:00 a.m. via Zoom

Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to amend the agenda to include the Appropriations and Finance Committee phone poll:

01/20/2022 Reason for Phone Poll: Motion to recommend to Tribal Council to adopt Tribal Resolution Authorizing First Amendment to Loan Agreement from PNC Bank, National Association, and related Documents, Authorizing Tribal Appropriations for Payments of the Loan, Confirming Adoption of Law Governing the Arbitration of Disputes related to the Loan, Confirming Adoption of Law Regarding Security Interests and Addressing Related Matters

Phone Poll Vote: 3 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Councilor Marty Van De Car)

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to acknowledge receipt of the Appropriations and Finance Committee verbal and written report as provided on the agenda by Treasurer Leroy Shomin, Committee Chair for January 20, 2022.

Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Councilor Marty Van De Car)

Motion carries.

Committee Reports:

Land and Reservation Committee Report

-Last Meeting: January 14, 2022 (Motions made at Land and Reservation Committee Meeting)

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to recommend to Tribal Council to approve CERTIFIED MOTION Designation of Second Street Land Parcels, Harbor Springs, Michigan as Housing Development and assigns the property to the Housing Department

Vote: 3-yes, 0-no, 0-abstain, 0-absent Motion carries.

Phone Polls passed by Land and Reservation Committee: None

-Next Meeting: Friday, February 11, 2022 at 9:00 a.m. via Zoom

Motion made by Councilor Fred Kiogima and supported by Councilor William Ortiz to acknowledge receipt of the Land and Reservation Committee verbal and written report as provided on the agenda by Councilor Aaron Otto, Committee Chairperson for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Tribal Council Member Reports:

Councilor Fred Kiogima - No report

Councilor Tamara Kiogima - No report

Councilor William Ortiz - Attended the 01/14/2022 Odawa Economic Affairs Holding Corporation Meeting

"Minutes" continued on page 28.

“Minutes” continued from page 27.

Councilor Aaron Otto – No report

Councilor Melissa Pamp – Attended the 01/14/2022 Odawa Economic Affairs Holding Corporation Meeting

Councilor Marty Van De Car – No report

Treasurer Leroy Shomin – No report

Secretary Marcella Reyes – Attended the 01/14/2022 3rd Lume store ribbon cutting ceremony.

Legislative Leader Emily Proctor – Viewed pictures from Lume’s ribbon cutting ceremony.

Motion made by Councilor Tamara Kiogima and supported by Councilor Fred Kiogima to acknowledge receipt of Councilor William Ortiz, Councilor Melissa Pamp’s, Secretary Marcella Reyes, and Legislative Leader Emily Proctor’s verbal report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Legislative Office Reports:

Tribal Historic Preservation Officer:

Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to acknowledge receipt of Tribal Historic Preservation Officer Melissa Wiatrolik’s verbal report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Office of Finance and Revenue – Senior Financial Analyst:

Office Update:
Corporate Charters and/or Board Updates:

Gaming Authority – No update
Odawa Economic Affairs Holding Corporation – No update

Odawa Economic Development Management, Inc. – No update

Ziibimijwang, Inc. – No update
Tribal Burial Board, Inc. – No update

Public Comment:

11:45 a.m. Opens
Ricky Compo asked what is the status of taxing the businesses who are leasing Tribal land? Does not agree with Ziibimijwang, Inc. being under the Executive Branch.

Brain Anthony stated he would like more clarity on Tribal Council reports.

Patrick Anthony thanked Tribal Council and the Executive.

Ricky Compo agrees with Councilor Fred Kiogima on the Executive Veto. The Chair needs to be ready to defend her Veto Statement.

Renee Dillard commented being Odawa is all about freedom.

Judy Field commented on the additional funds the Health Department will be receive due to the all-inclusive rate for Pharmacy billing. She hopes Tribal Council and the Health Department work out sensible programs that would benefit the Elders, as well as, these monies should increase Elder benefits, not decrease them.

Brian Anthony commented he agrees with Judy. Give back to the community by providing housing and Elder Programs.

11:55 a.m. Closed

Motion made by Councilor Fred Kiogima and supported by Councilor Aaron Otto to acknowledge receipt of Sr Financial Analyst Rachel Cope’s verbal and written report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Ab-

stained, 0 - Absent Motion carries.

Legislative Services Attorney:

Motion made by Councilor William Ortiz and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Services Attorney Donna Budnick’s verbal and written report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

12:21 p.m. Lunch break

1:21 p.m. Meeting resumes

General Counsel:

Motion made by Treasurer Leroy Shomin and supported by Councilor Fred Kiogima to acknowledge receipt of General Counsel Jim Bransky’s verbal report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Legislative Office Manager:

Closed Session for Personnel.

2:12 p.m. Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to enter into Closed Session for Personnel.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

2:55 p.m. Motion made by Councilor Melissa Pamp and supported by Councilor Aaron Otto to return to Open Session.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Public Comment:

2:55 p.m. Opens

No public comments made

3:00 p.m. Closed

Motion made by Councilor Aaron Otto and supported by Councilor Melissa Pamp to acknowledge receipt of Legislative Office Manager Michele Portman-LaCount’s verbal and writ-

ten report for January 20, 2022.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

3:02 p.m. Break

3:16 p.m. Meeting resumes

Tribal Council Action Items:

Motion made by Councilor William Ortiz and supported by Councilor Fred Kiogima to approve CERTIFIED MOTION # 012022-01 Request for Funding from Indian Health Services, Substance Abuse and Suicide Prevention Program: Suicide Prevention, Intervention, and Postvention FY 2022 – FY 2026.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Motion made by Councilor Marty Van De Car and supported by Councilor Aaron Otto to approve CERTIFIED MOTION # 012022-02 Designation of Second Street Land Parcels, Harbor Springs, Michigan as Housing Development and assigns the property to the Housing Department.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to pass DECLARATION # 012022-01 Statement of Support for United States Senate Bill S. 4752, *To establish the Truth and Healing Commission on Indian Boarding School Policy in the United States, and for other purposes.*

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Motion made by Treasurer Leroy Shomin and supported by Councilor Marty Van De Car to pass the Tribal Council Policy and Procedure – Tribal Council Meetings, Committee Meetings, Work-Sessions and Hearings; short-title: TCP&P00002.

Vote: 9 - Yes, 0 - No, 0 - Abstained, 0 - Absent Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Marty Van De Car to appoint Matt Stemkoski to the Odawa Economic Affairs Holding Corporation for a 3-year term ending January 20, 2025.

Vote: 4 - Yes, 5 - No (Councilor Fred Kiogima, Councilor Tamara Kiogima, Councilor Melissa Pamp, Treasurer Leroy Shomin, Secretary Marcella Reyes), 0 - Abstained, 0 - Absent Motion fails.

Motion made by Councilor Fred Kiogima and supported by Councilor Tamara Kiogima to

adopt Tribal Resolution to Increase Facilities FY 2022 Operating Budget by \$28,000.00 for a Temporary Maintenance Worker to Help Cover Property Maintenance to come from Space Cost Recovery.

Roll Call Vote: Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor William Ortiz-yes, Councilor Aaron Otto-yes, Councilor Melissa Pamp-yes, Councilor Marty Van De Car-yes, Treasurer Leroy Shomin-yes, Secretary Marcella Reyes-yes, Legislative Leader Emily Proctor-yes Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to adopt Tribal Resolution Authorizing First Amendment to Loan Agreement from PNC Bank, National Association, and related Documents, Authorizing Tribal Appropriations for Payments of the Loan, Confirming Adoption of Law Governing the Arbitration of Disputes related to the Loan, Confirming Adoption of Law Regarding Security Interests and Addressing Related Matters.

Roll Call Vote: Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor William Ortiz-yes, Councilor Aaron Otto-yes, Councilor Melissa Pamp-yes, Councilor Marty Van De Car-abstain, Treasurer Leroy Shomin-yes, Secretary Marcella Reyes-yes, Legislative Leader Emily Proctor-yes Motion carries.

Other Items of Business: None

Public Comment:

3:39 p.m. Opens

Brian Anthony likes the idea of purchasing new slot machines, will the casino be selling the old slot machines as scrap metal? Will the Tribe be receiving a rebate on the loan?

3:43 p.m. Closed

Adjournment:

3:44 p.m. Motion made by Councilor Fred Kiogima and supported by Treasurer Leroy Shomin to adjourn.


Vote: 8 - Yes, 1 - No (Councilor Aaron Otto), 0 - Abstained, 0 - Absent Motion carries.

Next Scheduled Meeting:

Thursday, February 3, 2022 at 9:00 a.m. via Zoom

These Minutes have been read and are approved as written.

Marcella R. Reyes, Tribal Council Secretary Date



Little Traverse Bay Bands of Odawa Indians
TRIBAL ELECTION BOARD
P.O. Box 160, Conway, MI 49722

VOTER REGISTRATION FORM

IMPORTANT NOTICE

This Voter Registration Form must be signed by the Tribal Member and verified by either of the following:

1. The seal and signature of a notary public.

OR


2. Attaching a legible copy of one (1) of the following forms of Identification that bears the signature of the Tribal Member:
 - Valid Tribal Identification Card, OR
 - State Driver’s License, OR
 - State issued identification Card, OR
 - Passport

YOUR VOTER REGISTRATION FORM WILL NOT BE ACCEPTED IF THESE REQUIREMENTS ARE NOT MET


“PLEASE PRINT”

_____		_____
TRIBAL ROLL NUMBER		DATE OF BIRTH
_____	_____	_____
LAST NAME	SUFFIX (SR., JR., ETC.)	MAIDEN OR PREVIOUS NAMES
_____	_____	_____
FIRST NAME	MIDDLE NAME	

MAILING ADDRESS (STREET OR POST OFFICE BOX ADDRESS)		
_____	_____	_____
CITY	STATE	ZIP CODE
_____		_____
SIGNATURE OF VOTER		DATE
-----		_____
_____		_____
SIGNATURE OF NOTARY		MY COMMISSION EXPIRES



Little Traverse Bay Bands of Odawa Indians



NOTICE: Sex Offender Registration Requirements

All persons who have been convicted as a sex offender are required by the LTBB Sex Offender Registration and Notification Statute to register with LTBB Law Enforcement if any of the following circumstances are true:

1. If your residence is on Tribally owned land;
2. If you will be visiting and staying on Tribally owned land for more than seven (7) days;
3. If you are enrolled in any classes or schools located in Tribal buildings; or
4. If you are employed on Tribally owned lands.

LTBB Law Enforcement is located at:

911 Spring Street, Petoskey, MI 49770
231-242-1500

For more information regarding Sex Offender Registry, you can visit the LTBB Website www.ltbbodawa-nsn.gov and choose the Law Enforcement link on the right side of the page.

ODAWA ECONOMIC DEVELOPMENT MANAGEMENT, INC. (OEDMI)

UPDATE

Submitted by Tanya Gibbs, OEDMI President



Victories Square in Petoskey, MI. This is really exciting because this is the first LIHTC project to take place on any Michigan tribe's trust lands and is something this area has really needed for a long time. We are also very excited to partner on this project with 1822 Land and Development of Oneida, LLC (1822), which is an economic development arm of the Oneida Nation of Wisconsin. Over the next few months, we will be working with 1822, our consultants and attorneys to close the tax credit transaction. You will likely see some construction activities in the fall.

the local culture, including art-work and architectural aspects meaningful to the tribe. With the help of Sovereign Finance, we have identified a lender for the project and just signed the term sheet last week. The loan will be backed by a BIA loan guarantee. Similar to the first phase of development (Courtyard, Starbucks, etc.), the tribe is not obligated on the loan. Rather, an entity 51% owned by OEDMI will be the borrower and solely responsible for repayment. The next few months will be focused on closing on the loan with the lender, and we anticipate construction starting late summer/early fall.

Aanii LTBB Citizens:
The Odawa Economic Development Management, Inc. (OEDMI) Board of Directors will be providing quarterly updates through *Odawa Trails* and the LTBB Citizens Portal on a quarterly basis in 2022 in addition to our regular annual report.

For our first update, I wanted to provide an overview of what you can expect to see happening on the site in 2022.

50-Unit Workforce Housing Development

Last year, we received a low-income housing tax credit (LIHTC) award through the Michigan State Housing Development Authority (MSHDA). This award will provide the capital we need to build 50 workforce housing units at

Cambria Hotel
The Cambria Hotel is planned to be six stories, 127 rooms and include a full-service seafood restaurant (concepts are still being vetted) and rooftop bar. The Cambria will offer a different vibe than the Courtyard because the brand encourages us to incorporate

Both of these projects were delayed for one reason or another due to COVID-19, and it took a lot of hard work from our board and consultants to move these projects forward. We are very excited to get both of them underway in 2022.

Courtesy graphics.

UNITED NATIONS CALLS FOR HALT TO NOOKSACK EVICTIONS

By Chris Aadland, *Indian Country Today* and *Underscore*. news

Editor's note: The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

In what is believed to be an unprecedented appeal, the United Nations has asked the United States to halt planned tribal evictions of former Nooksack citizens from their homes on tribal trust lands in Washington while the U.S. government simultaneously signaled its acceptance of at least a handful of the removals.

Two of the U.N. Human Rights Council's special rapporteurs on Thursday (February 3, 2022) asked the U.S. to stop the impending evictions of more than 60 former Nooksack tribal citizens amid a federal investigation into allegations the evictions would violate civil rights laws.

Nooksack leaders have been trying to kick the former members – who were controversially disenrolled from the Washington tribe in 2018 – out of their homes for years because, they say, those homes are needed for tribal citizens.

In a Thursday (February 3, 2022) press release announcing the U.N.'s request, the special rapporteur on adequate housing, Balakrishnan Rajagopal, joined the special rapporteur on the rights of Indigenous peoples, Francisco Cali Tzay, in calling for the U.S. to intervene.

The special rapporteurs raised concerns the evictions may violate human rights contained in the Universal Declaration of Human Rights and the United Nations Declaration on the Rights of Indigenous Peoples.



effects on the health of those being evicted because they would occur during the COVID-19 pandemic, and many are elders or children with disabilities or health problems.

"We are also concerned that the forced evictions will deny them the possibility of enjoying their own culture and of using their own language in community with others," they said in the release.

Also on Thursday (February 3, 2022), the Bureau of Indian Affairs (BIA) said its investigation had turned up no tribal housing policy or due process violations in the plan to evict at least nine of the 21 families the tribe is trying to remove from the homes.

But the agency didn't address whether the former tribal citizens may rightfully own the homes through completion of lease-to-own agreements. Instead, the BIA kicked that question to the Department of Housing and Urban Development, which subsidized the homes.

Still, the Department of the Interior's Assistant Secretary for Indian Affairs Bryan Newland implored the tribe to not move ahead with the planned evictions. Attorney Gabe Galanda, who is representing those facing eviction, shared Newland's message with *Indian Country Today*.

"While we respect and commit to uphold tribal sovereignty, we do not support the manner in which these actions are being carried out," Newland said. "There is still time for the Nooksack Tribe to treat its community members with

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"Nooksack Evictions" continued on page 30.

Ebiimoshin (modern phrase to say "e-mail me")

Bibezhik Kidwin E-mail List - One word at a time - E-mails sent of a single word or phrase with MP3 audio sound attached.

Anishinaabemowin E-mail List: In addition to the Bibezhik Kidwin e-mails, you'll also receive occasional e-mails regarding Anishinaabemowin Language such as announcements of Language or Cultural Activities, Classes, Events or General Information and News.

Send us an e-mail, and we'll add you to the "Bibezhik Kidwin E-mail List" or the "Anishinaabemowin E-mail List." Carla Osawamick (McFall) at cosawamick@ltbbodawa-nsn.gov

Bibezhik Kidwin ~ One Word at a Time. AUDIO ATTACHED

LTBB Gijigowi Anishinaabemowin Language Department would like to add you to our Bibezhik Kidwin e-mail list. A word or phrase is sent each work day and includes mp3 audio, so you can hear the word sounded out. Just another little tool to learn and practice Anishinaabe Language! To be added to the list, e-mail Carla Osawamick at cosawamick@ltbbodawa-nsn.gov

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"Nooksak Evictions" continued from page 29.

dignity and respect, and it is our hope that it will."

Galanda first raised the concerns about the potential lack of due process and violations of the Indian Civil Rights Act which led to the investigation. In a letter Thursday (February 3, 2022), Galanda asked HUD and the Internal Revenue Service to investigate and audit the tribe to address the unanswered allegations and ensure it is complying with requirements of any federal housing program it participates in.

Nooksack Tribal Council Chairman Ross Cline did not immediately respond to a request for comment. The tribe has denied it is violating any civil rights laws and said the federal government is improperly involving itself in the affairs of a sovereign government on behalf of "non-Indian individuals."

The Department of the Interior and Bureau of Indian Affairs likewise did not respond when asked about the U.N. request.

The long-simmering dispute heated up late last year after tribal leaders again tried to move ahead with the evictions. In all but one case, the former Nooksack tribal members – who call themselves the "Nooksack 306" – say they are the rightful owners to the homes, having completed terms of lease-to-own agreements signed with the tribe or having nearly completed the 15-year agreement.

Now, since the U.N.'s Human Rights Council has stepped in, Galanda said he hopes the additional pressure keeps the former Nooksack tribal members in the homes. Some have lived in the homes for more than 20 years, he said.

Galanda believes the request is the first time the U.N. has taken such a position in a matter involving internal tribal affairs in the U.S. A search of a U.N. database didn't reveal similar appeals.

"I'm just hopeful that that might help the United States do the right thing and keep my folks in house and home," he said.

Mariya Stoyanova-Bahchevanova, a U.N. spokeswoman, said the organization filed its request with the U.S. Department of the State but it so far has not received a response. The rapporteurs, she said, publicized the appeal because "they felt the wider public should be alerted to the potential for human rights violations."

Any communication between the U.S. and U.N. about the matter will be kept secret for 60 days.

"Validating and Affirming"

The Nooksack Tribe disenrolled the last of the more than 300 tribal members – about 15% of its population at the time – in a process the federal government called a "sham" in 2018. It had unsuccessfully sought to evict the members of the Nooksack 306 who lived in tribal housing for years.

The tribe started the process of evicting the former tribal members late last year. In late September, Galanda raised concerns about a lack of due process and those facing eviction were unable to have an attorney of their choosing to represent them in the eviction proceedings.

Galanda then filed an appeal with the U.N. on December 15, asking it to intervene.

In his letter to the council, Galanda blamed HUD for not being aggressive enough in preventing the tribe from proceeding with its evic-

tions plans and said it should have stepped in earlier to stop any evictions.

Meanwhile, on January 13, tribal leaders told Bureau of Indian Affairs officials they would hold off on moving ahead with any evictions until at least February 1, when they hoped the federal government could have its investigation completed.

"I am hopeful that this investigation will be the last, as this issue has been depriving deserving enrolled Nooksack tribal members of housing for more than six years," Cline said in an e-mail to BIA Northwest Regional Director Bryan Mercier. Galanda obtained a copy of the e-mail through a public records request and shared it with *Indian Country Today*.

Tribal leaders have resisted repeated calls from the federal government to pause the evictions while it investigates. They say the enrollment controversy was settled long ago and tribal leaders are following a recently changed tribal housing policy which prohibits non-citizens from living in tribal housing.

Amid criticism the federal government was violating tribal sovereignty by interfering in the internal affairs of a tribal nation, a BIA spokesperson said in a statement to *Indian Country Today* last month the agency had a duty to ensure tribes aren't violating civil rights when federal programs or money is involved.

"BIA respects tribal sovereignty and supports tribal self-determination," the spokesperson said. "Accordingly, we seek to work closely with our tribal partners to safeguard the rights of both tribes and individuals."

With the tribe's self-imposed deadline passed and some of the allegations apparently cleared up, Galanda said those facing eviction are again dealing with the stress of knowing they could be forced from their homes at any point.

Still, the U.N.'s involvement, he said, is a positive sign for those who continue to say they were improperly disenrolled.

"It's an affirmation of my clients' fundamental and most basic rights – their right to belong, their right to house and home, their right to security and their belonging, and then their house and home; their right to process before those rights can be taken away," Galanda said. "That is all very validating and affirming."

He said it seemed the BIA and U.N. experts had come to different conclusions despite working with the same set of documents and information. And with so many federal agencies now involved, Galanda pressed the White House to step in and "decide whether to halt these domestic Indigenous human rights violations."

"Today remains a watershed moment in domestic Indigenous human rights protection," Galanda said.

The article is co-published by Underscore, news and Indian Country Today, a news partnership which covers indigenous communities in the Pacific Northwest. Funding is provided in part by Meyer Memorial Trust.

Chris Aadland, Red Lake and Leech Lake Ojibwe, is a reporter for *Indian Country Today* and *Underscore.news*. Follow him on Twitter at @cjaadland.

Courtesy photo.

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Where can I dispose of my unused medications?

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Elk Rapids Police Department
321 Bridge Street, Elk Rapids, MI 49629 - 231-264-6592

CHARLEVOIX COUNTY

Boyer City - City Hall
319 North Lake Street, Boyer City, MI 49712 - 231-582-6611

Charlevoix County Sheriff's Office - Jail Entrance
1000 Grant Street Charlevoix, MI 49720 - 231-547-4461

City of Charlevoix Police Department
210 State Street Charlevoix, MI 49720 - 231-547-3258

Charlevoix County Sheriff's Office - Beaver Island
37830 Kings Highway, Beaver Island, MI 49782 - 231-448-2700

City of East Jordan Police Department
326 Main Street, East Jordan, MI 49727 - 231-536-2273

CHEBOYGAN COUNTY

Cheboygan County Sheriff - Department County Building
870 S. Main Street Cheboygan, MI 49721 - 231-627-3155

Cheboygan Department of Public Safety - Cheboygan City Hall
403 N. Huron Street Cheboygan, MI 49721 - 231-627-4321

Mackinaw City Police Department - Village Hall
102 S. Huron Avenue Mackinaw City, MI 49701 - 231-436-7861

Tuscarora Township Police Department
3546 Sturgeon Avenue Indian River, MI 49749 - 231-238-9481

EMMET COUNTY

City of Petoskey Department of Public Safety - Lobby of City Hall
101 East Lake Street, Petoskey, MI 49770 - 231-347-2500

City of Petoskey Dept. of Public Safety Station West Bay Harbor
3625 Charlevoix Avenue Petoskey, MI 49770 - 231-347-4642

Emmet County Sheriff's Office - Jeffery P. Bodzick
Administrative Office and Correctional Facility -Jail Entrance
450 Bay Street, Petoskey, MI 49770 - 231-439-8900

Emmet County Sheriff's Office - Richard L. Zink Law Enforcement Center
3460 Harbor-Petoskey Road, Harbor Springs, MI 49740 (231) 439-8900

Harbor Springs Police Department
170 Zoll Street, Harbor Springs, MI 49770 - 231-526-6211

Little Traverse Bay Bands of Odawa Indians - Tribal Police Department
911 Spring Street, Petoskey, MI 49770 - 231-242-1574

GRAND TRAVERSE COUNTY

Grand Traverse County Sheriff -
Traverse City Police Department Law Enforcement Center
851 Woodmere Avenue, Traverse City, MI 49686 - 231-995-5001

MACKINAW COUNTY

City of St. Ignace Police Department
396 N. State Street, St. Ignace, MI 49871 - 906-643-6077

Mackinac County Sheriff's Office
100 South Marley Street, St. Ignace, MI 49871 - 906-643-1911

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NOOKSACK TRIBE DEMANDS RETRACTION FROM UNITED NATIONS

By Chris Aadland

Editor's note: The following article and photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

The Nooksack Tribe is demanding the United Nations retract its unusual call for the U.S. government to halt the looming evictions of former tribal citizens from federally subsidized tribal housing, saying the U.N. statement was "riddled with misinformation."

The tribe said in a statement released Friday (February 4, 2022) the U.N. relied on "outrageous and disproved allegations" in urging the United States to prevent the tribe's planned evictions of 63 people in 21 families from housing on tribal trust lands over concerns they would violate human rights.

"Your statement to the United States government was riddled with inaccuracies, falsehoods and outright lies that you accepted on face value without a shred of proof," the tribe said in the statement. "You cannot purport to speak for marginalized or Indigenous people yet try to steamroll the rights and sovereignty of an Indigenous nation."

Attorney Gabe Galanda, who is representing those facing eviction, said the tribe's response to the U.N.'s appeal was itself full of misinformation and an attempt to minimize the "magnitude" of the U.N.'s involvement.

"This is an authoritarian regime, and they have now been called out as such and they simply don't like it," he said. "They have now been exposed to the world."

The families maintain they were improperly disenrolled from the tribe in recent years as part of a power grab by tribal leaders.

On Thursday (February 3, 2022), human rights monitors with the U.N.'s Human Rights Council called on the U.S. government to take steps to prevent the tribe from evicting the families, saying many of those who could lose their homes have lived in them for years, are elderly, sick or have a disability which would make it challenging to find new housing, especially amid the COVID-19 pandemic.

In its response, the tribe said tribal policies prohibit non-members from living in tribal housing, and the homes they occupy are needed for tribal citizens.

"Like most governments, we don't have extra housing



for non-citizens," Nooksack Chairman Ross Cline, Sr. said in the statement. "We have homeless people, including elders, who need a place to live, and we need those who aren't Nooksack to move ... We believe that sufficient time has passed for them to make other arrangements. I encourage them to ignore their attorney's ill-advised recommendation to fight eviction and to work to find new housing."

Galanda said the tribe's claim it has a list of 60 families on a waiting list for housing is undercut by its own reports to the federal government saying it can't fill vacancies, at least as of 2019, because applicants can't meet requirements such as passing a drug-screening test. There's no suggestion former tribal citizens who want to stay in their homes have been accused of any violations such as possessing drugs or lack of maintenance, other than not being an enrolled member.

"All they want is quiet enjoyment of their homes," he said.

The U.N. decision to get involved in a disagreement involving the internal affairs of a U.S. tribal nation – apparently a first for the U.N. – comes after years of controversy following the tribe's decision to eject more than 300 from the tribe.

The disenrollment has been criticized by the U.S. government, and Galanda said tribal leaders have ignored tribal court orders to stop the disenrollments.

At the same time, Galanda said, judges who had previously ruled in favor of his clients have been fired and the only attorneys the tribe will license to practice in its courts are employed by the tribe, making it impossible for those facing eviction to get fair, impartial representation.

The Nooksack Tribe sharply criticized the U.N. request, however, saying it had "failed to conduct even the most cursory investigation," didn't contact the tribe before releasing its statement and had been misled by a "Seattle attorney."

The tribe has denied any allegations of wrongdoing

throughout and has said the federal government was improperly meddling in tribal affairs.

Galanda, whose law firm is based in Seattle, has been fighting the tribe's disenrollments and eviction plans for years. Galanda, Round Valley Indian Tribes of California, filed complaints with the federal Housing and Urban Development last fall, alleging the tribe was violating federal civil rights laws and housing policies.

HUD, which helped develop and subsidize the homes in question, then asked the Department of Interior to investigate the matter.

Separately this week, the Interior Department's Bureau of Indian Affairs said the tribe had not violated any of its own policies or the Indian Civil Rights Act in trying to evict some of the former Nooksack citizens.

The BIA also said some of the allegations raised were "beyond the scope" of its investigation. The tribe shared a copy of the letter the BIA sent to the tribe in its statement.

Still, Galanda said the BIA didn't address the main thrust of his allegations – that most of those facing eviction are rightful owners to the homes through completed lease-to-own agreements. He has asked HUD and the Internal Revenue Service to investigate for violations of HUD policies.

While the handful of families facing imminent eviction don't have a sense of when the tribe may restart its eviction processes, they're expecting it.

"We assume it's only a question of time," Galanda said.

The article is co-published by Underscore.news and Indian Country Today, a news partnership which covers indigenous communities in the Pacific Northwest. Funding is provided in part by Meyer Memorial Trust.

Chris Aadland, Red Lake and Leech Lake Ojibwe, is a reporter for Indian Country Today and Underscore.news. Follow him on Twitter at @cjaadland.

Courtesy photo.

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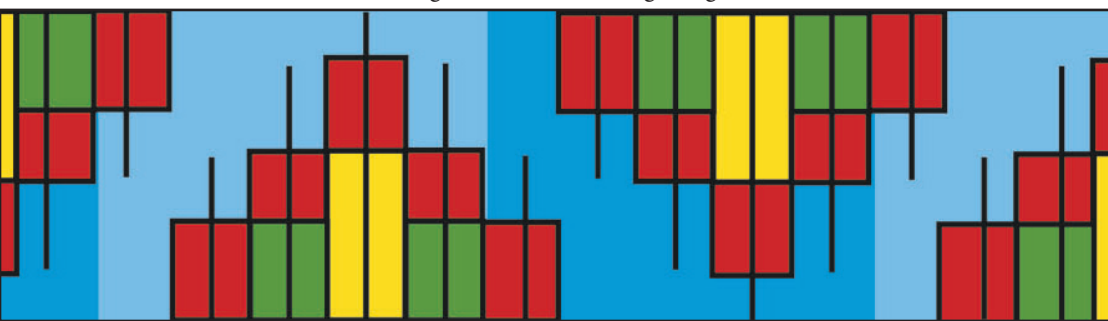
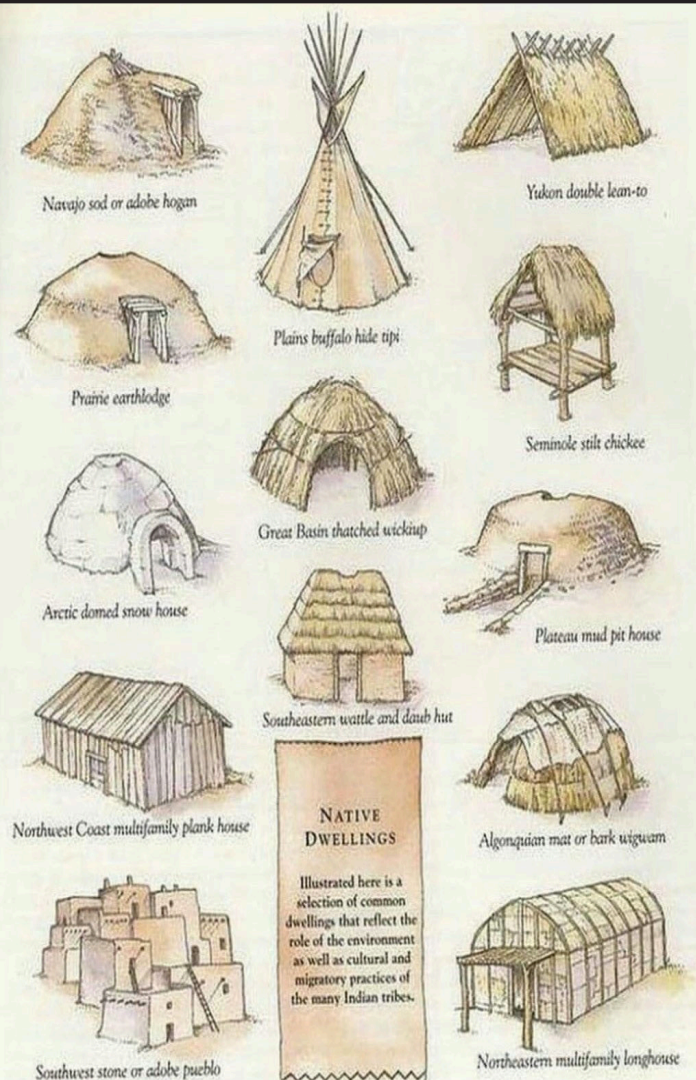
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Schedule

- 10:00am - Pathways & Origins of Invasive Species**
Erica Clites, Oakland County CISMA
- 10:15am - Stopping Invasive Species in their Tracks**
Shikha Singh, Jackson Lenawee Washtenaw CISMA
- 10:30am - Protecting Michigan's State Park Forests** - Heidi Frei, DNR
- 10:45am - Stopping Aquatic Hitchhikers** - Eric Diesing, CRWC
- 11:00am - Keeping Hobby Plants & Pets out of Waterways**
McKenzi Waliczek, Lake St. Clair CISMA
- 11:15am - BREAK**
- 11:30am - Widespread Invasive Identification & Management**
Gadi Krasner, Saginaw Bay CISMA
- 11:45am - Reporting Invasive Species**
Matthew Lindauer, Central MI CISMA
- 12:00pm - Go Beyond Beauty: Avoiding Ornamental Invasive Plants**
Shelly Stusick, Northwest MI Invasive Species Network
- 12:15pm - Supporting Pollinators & Wildlife with Native Plants**
Melissa Kivel, Friends of the St. Clair River

This project was funded by the Michigan Invasive Species Grant Program (Michigan.gov/invasives)



"Dillard" continued from page 1.

vironment and weather, seasons and life cycles, responsible-harvesting techniques, natural dyes, processing methods, Anishinaabe stories, songs, ceremonial teachings, historical connections and related Anishinaabe language. Even when the workshop focus is limited to the creation of the art piece, she provides teachings surrounding all which accompanies it. Wasson strives to fully pass it on to new generations in the same time-honored manner she received it and to instill, within each learner, the relevance of revitalizing such Odawa customs.

Wasson has performed countless presentations, consultations, exhibitions at universities, museums and community organizations. She has taught an immeasurable number of workshops and classes from one-to-one mentoring to classes of 30 or more from young children at schools and day camps to elders and families in Anishinaabe communities, often without receiving monetary compensation. In 2010, Wasson was the recipient of the Michigan Heritage Award for her lifetime achievement in Natural Fiber Arts. Wasson has taught, mentored and educated a great number of recipients and maintains an open-door policy

at her home to those determined to learn.

In 2018, a donated studio was placed in her backyard on her reservation. Being able to share the entire process, including gathering and processing in a familiar environment allows for complete teaching in any season. This helps tribal communities to reclaim their own weaving traditions on their land where generations have lived.

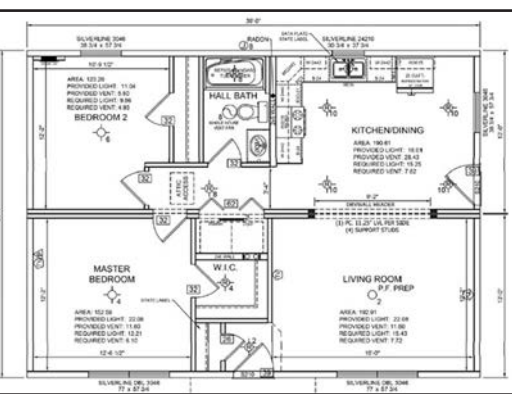
She has volunteered a great deal of time and processed materials used to teach, motivated by her love of fibers, weaving and revitalizing Anishinaabe ways. From her earliest exposure of creating functional art in finger weaving, through more than 45 years of various fiber work and instructing others, Wasson is a master artist of Anishinaabe natural fiber skills and knowledge.

"I believe that the knowledge of our ancestors' lifeways belongs with Native people today. It is through this enlightenment and understanding of our unique history, which we can begin to heal our community from within and establish a conscious and empowering positive direction for our future."

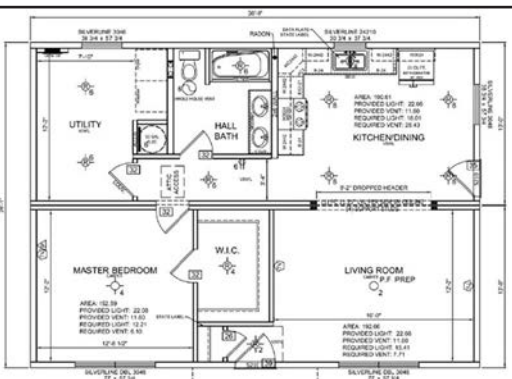
Courtesy photo.

"New Home Project" continued from page 1.

"stick built" construction. There was also a factor of time; we wanted to move on this project quickly with the goal of having occupancy by the end of 2021. Modular home construction gave us the best chance of meeting that goal.



When we first decided building new rental units was the best course of action, we examined the LTBB Housing waiting list. The waiting list had approximately 15 people on it with nine of those applicants being single people. With the way federal regulations are structured, single people can only be offered rental units with one bedroom or less. In order for those applicants to be offered a two-bedroom unit, there would have to be no other larger families on the waiting list. Due to that, we saw our greatest need at that time was to provide smaller, one-bedroom units. Before this project, LTBB Housing had no single bedroom units to offer.



Once we determined what, where and who, the project was put out for bids. LTBB Accounting was able to reach out to several local and state vendors to procure bids for our homes. We received multiple bids on the project, and after reviewing those, we chose to offer the project to Homes 45. They are a modular home distributor from the Gaylord, MI, area. They provided the right product at the lowest cost. They were also one of the only bids which offered a schedule which came close to meeting our goals.

Contracts were signed and the construction process started in the summer of 2021. There was substantial site work to be completed to prepare for the delivery of the new homes. All of the sites chosen needed to be cleared of timber and brush. Rough grading of soil was needed to shape the lot for appropriate drainage. Utilities would need to be brought from the curb to the foundation locations. Water supply lines would need to be tapped into the existing water main and wastewater systems prepared.

fall to prepare the lots for the arrival of the new homes. We received the first of the new homes in December 2021 with all five homes being onsite by the end of 2021.

Homes are currently being set onto foundations, so the finishing phase of the project can start. Homes45 and their sub-contractors are working daily to complete the new homes. We plan on all five new units being available for occupancy by spring 2022. Our Housing staff have begun the process of reviewing our current housing waiting lists and will be contacting applicants shortly.

Courtesy photos and courtesy graphics.



LTBB Enrollment Department
Announcement

The Enrollment Office has changed its policy.

In the past, we have been only accepting the original address change form. Due to the short notice of this year's per cap and the ongoing COVID-19 pandemic, we will now accept photo copies of the original address change form. You may now fax, mail, scan or email a picture of the address change form to Enrollment.

If you have any questions, please feel free to contact us through one of the following:

- Fax: 231-242-1526
- Email: Enrollment@ltbbodawa-nsn.gov
- Phone: Lindsey Doerfler 231-242-1522
- Marin Taylor 231-242-1521
- Pauline Boulton 231-242-1520

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NOT OUR NATIVE DAUGHTERS

TRIBES REACH \$590 MILLION OPIOID SETTLEMENT

By Geoff Mulvihill and Felicia Fonseca, Associated Press

Editor's note: The following article appeared on *Indian Country Today* and is reprinted here with permission.

Tribes have reached settlements over the toll of opioids, totaling \$590 million, with drugmaker Johnson & Johnson and the country's three largest drug distribution companies, according to a court filing made Tuesday (February 1, 2022).

The filing in U.S. District Court in Cleveland lays out the broad terms of the settlements with Johnson & Johnson and distribution companies AmerisourceBergen, Cardinal Health and McKesson. Some details are still being hashed out.

All federally recognized tribes in the U.S. will be able to participate in the settlements even if they did not sue over opioids. And there could be settlements between other firms in the industry and tribes, many of which have been hit hard by the overdose crisis.

W. Ron Allen, Chair of the Jamestown K'Klallam Tribe in Sequim, WA, called it a big deal for tribes to reach their own settlement, in contrast with tobacco industry deals in the 1990s which left out Native American groups.

Allen doesn't expect his tribe of approximately 550 people to get much from the settlement, but it will help in its efforts to build a healing center which will address opioid addiction, he said.

"Every penny counts, so we'll take it and run with it," he said.

One study cited in the settlement found Native Americans have had the highest per

The most common types of opiate/opioid painkillers

• Hydrocodone (Vicodin or Lortab)	• Codeine
• Oxycodone (OxyContin, Roxicodone, Percodan, Percocet)	• Fentanyl (Duragesic, Actiq, Sublimaze)
• Hydromorphone (Dilaudid)	• Methadone (Dolophine)
• Morphine	• Buprenorphine (Buprenex, Suboxone)

capita rate of opioid overdose of any population group in 2015.

"American Indians have suffered the highest per capita rate of opioid overdose and are more likely than other groups in the United States to die from drug-induced deaths," said Douglas Yankton, Chair of the Spirit Lake Nation in North Dakota, in a statement. "The dollars that will flow to Tribes under this initial settlement will help fund crucial, on-reservation, culturally appropriate opioid treatment services."

More than 400 tribes and intertribal organizations representing about 80% of tribal citizens have sued over opioids.

New Brunswick, New Jersey-based Johnson & Johnson — whose opioids included Duragesic and Nucynta, but which has stopped selling opioids — said in a statement the settlement is not an admission of liability or wrongdoing. Cardinal, based in Columbus, Ohio, declined to comment, and the other distributors did not immediately respond to requests for comment.

Under the deal, Johnson & Johnson would pay \$150 million over two years. AmerisourceBergen, based in Conshohocken, PA; McKesson, based in Irving, TX; and Cardinal would contribute \$440 million in total over seven years.

Each tribe could decide whether to participate but

would be required to use the money to deal with the opioid epidemic.

The deal would take effect when 95% of the tribes with lawsuits against the companies agree to the settlement, said Tara Sutton, a lawyer whose firm is representing 28 tribes.

Settlements are also in the works between tribes and other companies involved in opioids, Sutton said.

The newly announced deals are separate from a \$75 million one the Cherokee Nation and the three distribution companies reached last year ahead of a trial.

The same four companies are nearing the final stages of approval of settlements worth \$26 billion with state and local governments across the U.S. They have until later this month to decide whether enough government entities have signed on to continue in the deal.

The money for tribes will come out of the larger settlements.

The tribal settlements are part of approximately \$40 billion worth of settlements, penalties and fines rung up over the years by companies over their role in opioids.

The drugs, including both prescription drugs such as OxyContin and illicit ones including heroin and illegally made fentanyl, have been linked to more than 500,000 deaths in the U.S. in the past two decades.

Courtesy graphic.

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ANNUALS							
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TO HELP SAVE BEES

HANNAH ROSENGREN 2013

WASHINGTON'S NFL TEAM: THE COMMANDERS

By *Indian Country Today*

Editor's note: The following article and graphic appeared on *Indian Country Today*, and they are reprinted here with permission.

Change is possible.

The Washington NFL Team released its new name, the Commanders, after decades of conversations, protests, written letters and media appearances from indigenous peoples telling owners the previous name was (and still is) a racial slur. Sponsorship pressure was the last straw.

The new name unveiled comes 18 months after the franchise dropped its old nickname.

In July 2020, Carla Fredericks, now the President of the Christensen Fund, told *Indian Country Today* how the fight had shifted to corporate boardrooms in the push to change the name.

A group of 88 investors representing over \$620 billion in assets sent letters to Nike, FedEx and Pepsi which called on the companies to terminate their business and public relationships with the Washington team. As the publication *Adweek* put it: "Institutional investors are concerned about brands' actions that go against their stated commitments on diversity and inclusion." Thus, there is no logical path for a Nike Company to run a campaign supporting Colin Kaepernick and yet support the Washington franchise. A second point made by *Adweek* said: "History



has shown there's a risk for companies that don't pay attention to social pressure."

"The campaign with FedEx has been going on for more than a decade now," said Fredericks at the time. She is a citizen of Mandan, Hidatsa and Arikara Nation and was Director of the American Indian Law Clinic at the University of Colorado Law School as well as Director of First Peoples Worldwide at the university. "Folks who have been at the center of the larger campaign have always been part of the dialogue with FedEx, including Suzan Harjo. We have been pressing corporate sponsors of the Washington team for a long time, especially when it became clear that other avenues might not be successful."

Now the Commanders

IllumiNative, an indigenous advocacy organization, sees this as a victory and as an opportunity for the team to repair and build trust

"Commanders" continued on page 34.

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MICHIGAN STATE UNIVERSITY | Extension

"Commanders" continued from page 33.

with indigenous peoples because the team "still bears responsibility for the racism and harm they caused Native peoples."

"Today, we celebrate a pivotal moment decades in the making, but also recognize the costs that came with this victory. The Washington Football Team, now known as The Commanders, are the latest example that teams can make the decision to end a racist practice that has plagued professional sports," said Crystal Echo Hawk, Founder and Executive Director of IllumiNative. "While changing the name is a first step, the team must still set a path for healing and reconciliation with the Native activists, like Suzan Harjo, Amanda Blackhorse, and countless others, who were personally targeted by the team and their fans, as well as with the Native community."

Suzan Shown Harjo, who is Cheyenne and Hodulgee Muscogee, called the change "an amazing and a giant step in the maturation of America." The 76-year-old Harjo has been advocating for sports teams to drop Native imagery and mascots since the 1960s.

"That's sort of our place in the world, Native people's place in the world, to help the rest of the country come to grips with its past and to understand how to move on," she said. "And, I hope, how to do it with grace."

While Major League Baseball's Cleveland Guardians have changed their name, the NFL's Kansas City Chiefs, NHL's Chicago Blackhawks and baseball's Atlanta Braves have said they are not planning to make a change.

"Native mascots are inaccurate and stereotypical depictions of Native culture," Echo Hawk, Pawnee, said in a statement. "They do not honor or celebrate Native peoples but are rather a tool of white supremacy created to dehumanize and objectify us. Research has shown time after time that Native mascots lead to lowered self-esteem and self-worth, and increases rates of depression, self-harm, and violence against Native youth."

"The Washington Commanders are proof that ending the use of Native American imagery in sports is possible. The Cleveland Guardians are further proof."

Research has shown stereotypical depictions of Native Americans leads to low self-esteem, low community worth, increased negative feelings of stress and depression in Native youth.

The organization committed to avoiding Native American imagery in its rebrand after being called the Washington Football Team the past two seasons.

"As an organization, we are excited to rally and rise together as one under our new identity while paying homage to our local roots and what it means to represent the nation's capital," owner Dan Snyder said. "As we kick off our 90th season, it is important for our organization and fans to pay tribute to our past traditions, history, legacy and the greats that came before us. We continue to honor and represent the Burgundy and Gold while forging a pathway to a new era in Wash-

ington."

Washington joins Major League Baseball's Cleveland Guardians among North American major professional sports teams abandoning names stereotyping Native Americans. The NFL's Kansas City Chiefs, NHL's Chicago Blackhawks and baseball's Atlanta Braves have said they are not planning to make a similar change.

From 1932 until two seasons ago, Washington had used the old nickname, which, again, is a racial slur.

As the Commanders, Washington keeps the same burgundy and gold colors which were around for the three Super Bowl championships in the 1980s and early '90s glory days. It follows the desire of Team President Jason Wright and Coach Ron Rivera for the new name to have a connection to the U.S. military.

Commanders was chosen over other finalists such as Red Hogs, Admirals and Presidents. Red Wolves, an initial fan favorite, was ruled out earlier in the process because of copyright and trademark hurdles.

Holly Cook Macarro, a Political Contributor to *Indian Country Today*, said while it's a victorious day for a lot of indigenous advocates who wanted the change, there should also be some criticism and acknowledgement from the team for Dan Snyder's attitude since the movement began.

"I do think that there should be a recognition by the team of that behavior and of those who were really on the front lines and took a lot of that heat," she said.

The rebranding process had been going on since the summer of 2020 when team officials opted for the temporary Washington Football Team name which lingered into the 2021 season.

The change comes amid the organization's latest controversy: dozens of former employees describing a toxic workplace culture, which caused Snyder to commission an investigation which was taken over by the NFL. After the investigation by attorney Beth Wilkinson's firm, the league fined Washington \$10 million and Snyder temporarily ceded day-to-day operations of the team to his wife, Tanya, while he focused on a new stadium agreement.

The league did not release a written report of Wilkinson's findings, a move which sparked criticism. The U.S. House of Representatives Committee on Oversight and Reform is holding a roundtable discussion with a handful of former team employees to discuss their experiences.

Getting a stadium deal done is next on the agenda for Snyder and his front office. The team's lease at FedEx Field expires after the 2027 season and momentum is building for an agreement in Virginia though sites in Maryland and the District of Columbia are still under consideration.

"I think that was really probably what got us across the finish line. And along with the data and the arguments," Macarro said.

The Associated Press contributed to this report.

Courtesy graphic.



Sage

mshkodewashk

Sage is a green-grey herb with velvety leaves. Once harvested, it is best to store in a cool, dry place. Sage candles and teas are very popular for their warm woody scent and flavor. Sage is often dried and bundled together and these bundles are called 'smudging sticks'. Sage is burned in smudging ceremonies, to drive out negative spirits, feelings, or influences. It is thought to have healing abilities. Sage smoke is believed to keep bad spirits from entering an area where a ceremony is taking place. There are many other ceremonies where sage plays an important role. For example in a purifying ceremony it is wrapped around an object to purify it. Sage is spread around the floor of a sweat lodge before the lodge is used, and sage wreaths are placed around the head and wrists of a sundancer before the Sundance begins.



Sweetgrass

wiingashk

Sweetgrass is a tall, natural wild grass with a sweet scent. It is usually braided, dried and burned before use. Sweetgrass is used for blessing a person, place or thing. Sweetgrass can be burned in prayer during ceremonies to attract positive energies and is used for smudging. It is considered a sacred plant.



Tobacco

semaa

Tobacco plants have large green leaves that need to be dried and shredded before use. Tobacco has been used in a sacred way by many tribes for a very long time. If used properly, tobacco can both heal and communicate with the Spirit World and Creator. Just like sweetgrass, cedar, and sage, traditional tobacco is to be burned during prayers and ceremonies in small amounts. Tobacco has both honor and purpose but when used improperly has no connection to Aboriginal spirituality..



Cedar

giizhik

Cedar is a dark green leaf that dries easily with a very strong fresh odor. Once the cedar is dried, it is burned while praying; the prayers will rise on the smoke and be carried to the Creator. Praying can happen either aloud or silently. In many tribes, cedar is sprawled along the floor of the sweat lodges. Cedar is burned to cleanse many different things, and also can be used for self-cleansing. Burning cedar drives out negative energy around and within you.

SEASONAL POSITIONS IN MICHIGAN DNR'S WILDLIFE DIVISION

Looking for a seasonal job in Michigan's great outdoors? Join our Wildlife Team!

The Wildlife Division hires many seasonal employees in the spring and summer and fall and winter months to work at the various locations throughout the state, including State Field Offices, DNR Customer Service Centers and the State Game Areas. Seasonal staff help in several areas, such as:

- Spring/Summer
 - Assisting with wildlife habitat maintenance and improvement, which may include cutting clearings and adjusting water levels.
 - Mowing, landscaping and facility maintenance duties.
 - Handling tasks related to wildlife surveys, nuisance



animal control and equipment operation and maintenance.

- Fall
 - Assisting with chronic wasting disease surveillance and collection of bio data for the deer season.
 - Pre-registering waterfowl hunters and conducting drawings for waterfowl hunting areas.
 - Entering database information and assisting hunters with questions.

DNR-Wildlife Seasonal Employee Categories and Basic Information

Non-Career Wildlife Assistants

- Paid \$18.47 an hour.
- May work up to 129 hours per month.
- Must be 18 and older.
- Must be willing to work weekends and evenings.
- Required to pass a pre-employment drug test.

Non-Career State Worker

- 4
 - Paid a minimum of \$11.50 an hour.
 - May work up to 129 hours per month.
 - Should be 18 and older.
 - Must be willing to work weekends and evenings.
 - Required to pass a pre-employment drug test.

Courtesy photo.

"Colon Cancer Awareness" continued from page 1.
 if found, may indicate there is colon cancer or abnormal growths. For this test, your doctor will provide you with a kit to bring home. You will use the kit components to collect a stool sample and return it to your doctor or the lab to check for blood in the stool. Your doctor will then notify you with the results, and let you know if further screening is recommended based off the results.

Cologuard
 Cologuard is an at home test your doctor can prescribe for you. Cologuard can detect altered DNA and blood in your stool. Using the kit is easy as it is mailed to your house, and you are given detailed instructions of how to collect your stool sample. A phone number is given for you to call to have someone come pick it up. Below is a graphic of how easy it is to perform the screening in the comfort of your own home.

Colonoscopy
 This screening test is done as an outpatient procedure at your local hospital; you will need to have someone accompany you to the appointment as sedation is involved and you cannot drive yourself home afterwards. The doctor uses a long, thin, lighted tube to check for abnormal growths inside the entire colon and rectum. During the procedure, the doctor can find and remove any abnormal growths for testing to determine if they are cancerous or not. This test is performed every 10 years if you do not have an increased risk of cancer. For those who are higher risk, the doctor may recommend a more frequent screening interval.

What Can I Do to Help Prevent Colon Cancer?

Your nutrition plays a big part of prevention. Eat your veggies! Fiber acts like a scrub brush for your colon, helping to keep it clean and healthy. Try to limit your red and processed meats. Try adding some broiled fish, lentils or beans into your diet for other protein options.

Limit your alcohol intake and tobacco use. Those who have seven or more alcoholic beverages per week have a 72% higher risk of colorectal cancer compared to those who do not drink alcohol. Those who smoke a pack or more of cigarettes a week, have an increased risk of colon cancer by 50%. If you need support to minimize alcohol consumption or to quit smoking, please call the clinic at 231-242-1700.

Get your heart rate up with movement and exercise! Try to exercise for a total of 150 minutes each week. Exercising regularly can help to keep you at a healthy weight (when combined with a healthy diet), reduce stress and strengthen your immune system. Try joining a traditional dance group or participate in activities at the Native Way Health and Wellness Center! Call 231-242-1616.

Get screened! If you are 45 to 75 years old, you should be getting regular screening based off your doctor's recommendations dependent upon your health, lifestyle factors and family history.

If you haven't seen your doctor in a while, schedule a checkup to make sure all is well with your health. Make sure to discuss what screening options are best for you. If you think you are overdue or due for a colon cancer screening, call the Patient Navigator, Emily Ferroni, at 231-242-1772 to request a screening.

Courtesy graphics.

Saginaw Chippewa Indian Tribe of Michigan

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SCHMIDT INTRODUCES LEGISLATION TO RAISE AWARENESS OF NATIVE AMERICAN HISTORY

Michigan State Senator Wayne Schmidt on Wednesday (February 16, 2022) introduced legislation which seeks to raise awareness about the history of Indian boarding schools in Michigan and encourages the State Board of Education to include the material in statewide curriculum standards.

“As a survivor of the Holy Childhood Indian boarding school, and as ‘Anishinaabe Mukwa Dodem,’ on behalf of my family and community, I would like to emphasize the importance of this legislation to all the survivors,” said Benedict Hinmon, whose spirit name is “Kushmuncie” (Kingfisher) and who is an elder within the Little Traverse Bay Bands of Odawa Indians, living in Petoskey, MI. “The devastating effects of boarding schools cannot be erased or forgotten. Those of us who survived continue to rebuild our lives each and every day. Every child matters!”

The bill was introduced during “Mukwa Giizis,” the Bear Moon month. Bears represent medicine and healing in the Native American culture, and tribal stakeholders identified this as an appropriate month to move forward on this important issue.

“I am the last generation of my family to attend an Indian boarding school, which was located in Harbor Springs (Michigan),” said Meredith Kennedy of the Little Traverse Bay Bands of Odawa Indians, living in Alanson, MI.

“Ten years ago, I recovered the remains of my ancestors from the grounds of the same school my father and I went to — and more of my ancestors were found in 2020. For the families of Indian boarding school survivors, this is part of our modern history and shapes who we are. This legislation offers the opportunity for healing and making our great nations stronger by acknowledging the past and



Senators Wayne Schmidt, R-Traverse City, and Jeff Irwin, D-Ann Arbor, on Wednesday (February 16, 2022) welcomed survivors of the Harbor Springs Holy Childhood Indian boarding school and their families to the Michigan Senate as the lawmakers introduced legislation to include lessons on Indian boarding schools in the state’s recommended curriculum standards.

moving forward in a good way.”

Senate Bill 876 would encourage the State Board of Education to include the history regarding Indian boarding schools in the state’s recommended curriculum standards for eighth through 12th-grade students. Many schools in Michigan teach according to these standards. While these standards contain aspects of Native American history, proponents of the legislation say they are not strong enough.

“It is important to recognize the fact that Indian boarding schools did exist in our state — even as recent as the mid-1980s,” said Schmidt, R-Traverse City. “Working with tribal leaders, educators and Indian boarding school survivors and their families, we introduced this legislation, so we do not forget, nor repeat, this dark part of our state and nation’s history.”

Senator Jeff Irwin, who is a member of the Sault Ste. Marie Tribe of Chippewa Indians, and the lead co-sponsor of the legislation, agreed and added the treatment of Native American families and children should not be overlooked in the state’s history books.

“Michigan’s Indian board-

ing schools were created to destroy tribal culture and erase Native languages,” said Irwin, D-Ann Arbor. “Michigan’s dark history of violence against tribal communities should be taught in our schools, especially the story of Indian boarding schools. These schools forcibly removed children and trained them to reject and participate in the destruction of their own communities.”

Senate Bill 876 has been referred to the Senate Committee on Education and Career Readiness.

The following tribal members present when the legislation was introduced included Linda Cobe (Lac Vieux Desert Band of Lake Superior Chippewa Indians), Marylin Wakefield (Sault Ste. Marie Tribe of Chippewa Indians), Kim Fyke (Sault Ste. Marie Tribe of Chippewa Indians), Yvonne Walker-Keshick (LTBB), Wyman and Nancy Chippewa (Grand Traverse Band of Ottawa and Chippewa Indians), Ben Hinmon (LTBB), Melissa Moses (LTBB and Burt Lake Band of Ottawa and Chippewa Indians), Cheryl Kishigo (LTBB), Elli Mitchell (Saginaw Chippewa Indian Tribe of Michigan) and Meredith and Sophia Kennedy (LTBB).

Courtesy photo.

LTBB Tribal Flags for Sale!!

For more information, contact Don Portman at biindigen@gmail.com or 231-487-1093

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Regular Physical Activity Helps Lower Your Cancer Risk

Source: Physical Activity Guidelines for Americans, 2nd edition (Chapter 2, page 32)

LEARN MORE AT www.cdc.gov/physicalactivity/basics

August 2020

TYPE OF WOOD	LOG	DESCRIPTION OF WOOD
Oak		- Very dense - Hot-burning - Should season at least one year
Maple		- Difficult to split - Efficient, hot-burning - Should season at least one year
Cherry		- Burns at medium heat - Sweet burning aroma - Sparks a lot, doesn't produce lots of smoke
Birch		- Burns very quickly - Bright, hot-burning - Good firestarter
Pine		- High sap content - Burns messy - Don't use as your exclusive firewood
Elm		- Very dense, hard wood - Difficult to split - Doesn't smell great as it burns
Chestnut		- Burns and splits easily - Burns at a low heat - Sparks a lot, heavy smoke

LANDMARK STUDY DEMONSTRATES CULTURAL, ECOLOGICAL AND ECONOMIC BENEFITS OF TRIBAL BISON RESTORATION

A study published in *Frontiers in Ecology and Evolution* found widespread restoration of bison to tribal lands throughout the Northern Great Plains can help restore the prairie ecosystem while improving the long-running issue of food insecurity and food sovereignty for Native nations and may help to mitigate adverse impacts to traditional agricultural systems due to climate change.

Native nations, universities and conservation organizations came together to examine the environmental, cultural and economic value of bison using case studies from four separate tribally led bison reintroduction programs occurring across the Northern Great Plains in Montana (Blackfoot Nation, Fort Belknap Indian Community, Fort Peck Assiniboine and Sioux Tribes) and South Dakota (Rosebud Sioux).

"The buffalo is important to Indian communities, to our people culturally and ecologically to our lands," said Ervin Carlson, President of the InterTribal Buffalo Council and Blackfoot Buffalo Manager. "We know bringing them back will not only heal our people but also help us with the changes we see on our grasslands due to drought. And for Buffalo Nations to be successful, we need funding support for Tribal research partnerships and for the buffalo that our communities benefit from."

More than 30 million bison once roamed North America. As a major source of meat and hides in the United States, bison formed the basis of the economy for numerous Plains Indian societies. In the late 19th century, the U.S. government encouraged mass hunting of bison in an organized effort to destroy the livelihood of Plains Indians. By the late 1800s, fewer than 1,000 bison were left and all Plains Indians were forced onto reservations, a feat made possible in large part due to the disappearance of bison, their primary food source.

After bison populations disappeared from the prairies, unanswered questions remained about how bison behave in large groups and their migration patterns across the vast landscape. The complex grassland system is created and maintained by variations in climate, soil, topography, fire and animals which physically modify their environment in a way which provides new habitat for other species. As megaherbivores, bison create landscape diversity through grazing, trampling and wallowing (rolling on the ground), which helps support hundreds of prairie animals, from the prairie dog to the pronghorn.

"Buffalo are central to our community," said Daniel Kinsey, Co-Author and Faculty at the Aaniiih Nakoda College. "Fort Belknap reintroduced buffalo in the late 1970s, and we are fortunate to have such a successful program that is a product of hard-working people. It is my duty to connect our students, the younger generation, to the buffalo and the ecosystem and to work with students to incorporate our traditional knowledge into the present research. We recently established a new Tatâga (bison in Aaniiih and Nakoda languages respectively) Research and Education Center for this purpose."

The historically broad distribution of bison suggests they can adapt to a variety of conditions, making them resilient to a wide range of management systems and climates. Bison are tolerant of extreme heat and respond to warming and drought by changing their diet and losing body mass. They seek shade and water less frequently than cattle, which in turn reduces sediment load in grassland streams. Under current grazing managements, bison enable vegetation to regenerate, increasing the capacity of the ecosystem to support people and wildlife throughout seasonal and long-term droughts which are increasing across the region.

Climate change is causing the Northern Great Plains to warm and dry disproportionately relative to the rest of the United States. Agricultural production across the grasslands will become less and less sustainable, both ecologically and economically. With a lack of resources to prepare for an uncertain future, communities with persistent poverty who live and rely on the prairie are more vulnerable to climate change.

In rural Native American communities, poverty is two to three times higher than in white rural communities, and, despite much of



the grasslands being used for agriculture, Native Americans are twice as likely to be food insecure than white people and are 25% more likely to remain food insecure in the future. While often vast in size, reservations are marginal in land quality, leading to increased reliance on the U.S. Department of Agriculture's Food Distribution Program on Indian Reservations and non-tribal operators having a large role in food production.

Over the past few decades, tribes have worked toward the reclamation of food security (having available and accessible food) and sovereignty (ability to access healthy and culturally appropriate food). For Plains Indians, food sovereignty is directly tied to reestablishing bison herds within their reservations and traditional lands.

"We are renewing our relationship with the buffalo as our relative, they are central to our lives," said Roxann Smith, Co-Author and member of the P'te stakeholder group, Fort Peck Indian Reservation. "Together, our community is reclaiming our traditional ways and piecing our ecosystem together again as we heal together."

Beginning in the late 1990s, Native nations collaboratively established bison herds on tribal lands. Organizations like the InterTribal Buffalo Council, representing 76 recognized tribes, currently facilitate education and training programs on bison and reintroduction. Today, there are approximately 350,000 bison in private sector herds, over 30,000 in public sector and non-governmental organization herds and 20,000 on tribal lands.

"Prairie species evolved alongside bison, an iconic animal central to Plains Indian culture and communities for centuries," said Hila Shamon, lead author and an ecologist at the Smithsonian Conservation Biology Institute. "Against the backdrop of a changing climate, continued and new research is needed to develop bison restoration and land management strategies that maximize biodiversity and address the complex socio-economic and ecological needs of Native Nations. Our paper provides actionable recommendations and shows the indisputable connection between conservation and culture."

The case studies on existing tribal bison restoration programs developed for this paper explore management structure, habitat suitability, economic development, community engagement and access, finding successes as well as areas of improvement for the future. Each program's overarching goals are to enhance the ecological, cultural and economic sustainability of the people and lands; draw on indigenous science and facilitate the continuity of traditional knowledge; engage Native youth in buffalo restoration efforts; and restore food sovereignty.

"This paper demonstrates how critical bison restoration is to the health and livelihoods of Tribal Nations and the Northern Plains prairie ecosystem," said Chamois Andersen, Co-Author and Senior Rockies and Plains Representative at Defenders of Wildlife. "With the diversity of authors on this paper, it is our hope we will be able to garner significant support for sustaining tribal buffalo programs well into the future."

Future bison reintroduction success requires merging the concepts of conservation and commercial herds or the growth of both herds until production meets local community food demands and conservation meets ecosystem service needs.

Actionable recommendations include:

- Developing adaptive management plans which incorporate indigenous and cultural knowledge and reflect the expressed goal of retaining the wild nature of bison for both conservation and commercial herds.

"Bison Restoration" continued on page 38.



TRADITIONAL FOODS FOR CANCER SURVIVORSHIP

"Bison Restoration" continued from page 37.

- Additional research on bison grazing patterns and behavior under different land management schemes, future climate scenarios and year-round grazing vs. rotation.
- Establish monitoring protocols and baseline assessments to track the impact of bison restoration on biodiversity; secure additional resources and expertise to augment current tribal college support.
- Within the present context, tribal bison herds cannot achieve numbers sufficient for the dual purpose of food sovereignty and restoration.
- Advance the growth of bison herds by working through landscape requirements and infrastructure challenges.
- Increase program staffing and community engagement to support expanded programming for cultural enrichment and revenue generation.
- Expand training on best practices for bison handling and sustainable ranching to grow the pipeline of new staff and increase jobs.

- Support and grow sustainable revenue streams by building more meat processing facilities on tribal lands to support job creation, increase local meat distribution and reduce costly outsourcing.
- Strengthen communication between communities.
- Build capacity to manage larger herds and rangeland health.
- Create more academic programs in partnership with land grant institutions (tribal colleges and state universities) to bring together traditional culture and restoration science.

Efforts led by Native nations to restore bison to tribal lands can have the desired socio-economic benefits to underserved communities while improving their capacity to influence the health of their lands, their people and their livelihoods. All approaches depend on community support and robust expansion of staff, infrastructure and funding.

Courtesy photo.

GRAY WOLVES REGAIN FEDERAL ENDANGERED SPECIES ACT PROTECTIONS

A federal district court struck down a 2020 decision by the U.S. Fish and Wildlife Service which removed federal protections from gray wolves across much of the U.S. The Donald Trump administration delisted the gray wolf after 45 years of protection under the Endangered Species Act despite the strong disagreement from experts who noted the wolf's recovery hinged on continued protections. Although President Joe Biden expressed personal concern for wolves, the Biden administration chose to defend the delisting decision.

The ruling throws out the Trump administration delisting rule and reinstates federal protections for wolves in 44 states.

"Wolves need federal protection, period," said **Kristen Boyles, Attorney at Earthjustice**. "The Fish and Wildlife Service should be ashamed of defending the gray wolf delisting, and it should take immediate action to restore Endangered Species Act protections to all gray wolves, including those in Idaho, Wyoming and Montana."

"Today's ruling is a significant victory for gray wolves and for all those who value nature and the public's role in protecting these amazing creatures," said **Jamie Rappaport Clark, CEO and President at Defenders of Wildlife**. "Restoring federal protections means that these vitally important animals will receive the necessary support to recover and thrive in the years ahead."

"Although we celebrate this win, my thoughts keep returning to the hundreds of wolves who suffered and died under state management," said **Collette Adkins, Carnivore Conservation Director at the Center for Biological Diversity**. "I hope this ruling finally convinces the Fish and Wildlife Service to focus on recovering wolves, not prematurely removing their life-saving protections."

"Last year, we saw eight wolves illegally poisoned in Oregon with the perpetrator still at large," said **Danielle Moser, Wildlife Program Coordinator at Oregon**



Wild. "Restored protections are integral to making up for this devastating loss not only in our state but across the West."

"Today is a monumental victory for wolves who will now be protected from state-sponsored bloodbaths," said **Kitty Block, President and CEO of the Humane Society of the United States**. "After having yet another wolf delisting overturned in federal court, the U.S. Fish and Wildlife Service should finally learn its lesson. Instead of continuing to devise convoluted excuses to strip these beloved animals of legal protections, the agency must develop a plan for meaningful recovery across the species' range and ensure that states will not decimate their wolf populations."

"In a year where many wolves have been killed near national parks, today's decision provides tremendous hope for the future of these animals. Wolves are an iconic species and a key part of many national park ecosystems," said **Bart Melton, Wildlife Program Director with National Parks Conservation Association**. "As wolves continue to return to national park landscapes, this decision will provide protections for them for generations to come."

"Today's ruling restoring much-needed federal protections means that wolves will have a chance to fully recover and carry out their important ecological and cultural roles across the country," said **Bonnie Rice, Senior Representative for the Sierra Club**. "Instead of prematurely removing protections for wolves, the Fish and Wildlife Service should once and for all commit to their full recovery, including immediately reinstating protections for wolves in the Northern Rockies."

Earthjustice challenged the wolf delisting in a lawsuit on behalf of Defenders of Wildlife, Center for Biological Diversity, Sierra Club, National Parks Conservation Association, Oregon Wild and the Humane Society of the United States in January of 2021; that lawsuit was joined by another coalition of conservation groups and the Natural Resources Defense Council.

Background

Gray wolf recovery in the United States should be an American conservation success story. Once found nationwide, gray wolves were hunted, trapped and poisoned for decades; by 1967, there were fewer than 1,000 wolves in one isolated part of the upper Midwest. The U.S. Fish and Wildlife Service protected gray wolves under the Endangered Species Act in 1978. Today, there are recovering wolf populations in Minnesota, Wisconsin, Wyoming, Montana and Idaho; wolves have begun to inhabit Washington, Oregon and California; and unclaimed wolf habitat remains in states like Maine, Colorado and Utah.

In 2020, 1.8 million Americans submitted comments opposing delisting. Additionally, 86 members of Congress (in both the House and Senate), 100 scientists, 230 business- es, Dr. Jane Goodall from the Jane Goodall Institute and 367 veterinary professionals all submitted letters opposing the wolf delisting plan. Even the scientific peer reviews commissioned by the Fish and Wildlife Service itself found the agency's proposal ignored science and appeared to come to a predetermined conclusion with inadequate scientific support.

After the gray wolf was removed from the protections of the Endangered Species Act, Wisconsin held a tragic wolf hunt where hunters with dogs slaughtered 218 wolves in three days, exceeding the harvest quota by nearly 100 animals. In Idaho and Montana, where wolves were stripped of federal protections a decade ago, the states have allowed increased wolf slaughter.

Courtesy photo.

DOG-FRIENDLY OVER THE COUNTER MEDICATIONS

Always ask a veterinarian before giving any medication to your dog. Even "safe" human meds can be toxic to certain breeds or pets with preexisting conditions.

BENADRYL
FOR ALLERGIES AND ITCHING
1 milligram per pound of dog

BUFFERED ASPIRIN
TO RELIEVE PAIN AND INFLAMMATION
1/2 baby aspirin for dogs under 10 pounds
1 baby aspirin for dogs 10-30 pounds
1/2 regular aspirin for dogs 30-50 pounds
1 regular aspirin for dogs 50-100 pounds
2 regular aspirins for dogs over 100 pounds

DRAMAMINE
FOR MOTION SICKNESS
12.5 milligrams for small dogs
25 milligrams for medium dogs
50 milligrams for large dogs

GAS-X
TO MINIMIZE FLATULENCE OR GAS DISCOMFORT
1/4 adult dose for small dogs
1/2 adult dose for medium dogs
1 adult dose for large dogs

HYDROGEN PEROXIDE
USED TO INDUCE VOMITING AFTER ACCIDENTAL INGESTION OF TOXIC SUBSTANCES
10 milliliters by mouth

ROBITUSSIN DM
FOR COUGHING OR HACKING
1 teaspoon per 10 pounds of dog's weight

PEPCID AC (FAMOTIDINE) / ZANTAC (RANITIDINE)
TO REDUCE STOMACH ACIDS CAUSED BY ULCERS, ACID REFLUX OR BELLACHIE
1/4 tablet for dogs under 20 pounds
1/2 tablet for dogs 20-60 pounds
1 tablet for dogs over 60 pounds

PEPTO BISMOL
FOR DIARRHEA, VOMITING AND GAS
1 teaspoon per 20 pounds of dog's weight (toxic to cats!)

IMODIUM A-D
FOR DIARRHEA
1 milligram per pound of dog

HYDROCORTISONE
FOR ITCHING OR IRRITATED SKIN
Small amount applied topically up to twice daily

sheknows



LINES FROM OUR MEMBERSHIP

Birthdays



Happy birthday to **Nita-awe Elizabeth**, with love and admiration, in celebration and gratitude for all her 21 years of life! Your friends and family are so very proud of you as an artist and as a caring, wise person. It is an honor to see you continue going forth in truth and beauty. Gzaagiin, n'daanis! Gegii, gegii, gegii.

Sending birthday wishes to **Raymond Bottoms** on March 19. Have a great day! From the gang.

It's your birthday **Sharon Sanders**. Have a great March 24th! From your siblings, the 3 "D's" and Tammie.

We want to make sure we wish our sister, **Jo Ann Seay**, a very happy 75th birthday on March 30. Enjoy your special day. From the family.

Congratulations



Congratulations to LTBB Tribal Citizen **Eva Oldman** whose logo was selected by the National Indian and Native American Employment and Training Conference for its 42nd Annual National Indian and Native American Employment and Training – WIOA Section 166 / PL 102-477 national conference to be held May 2-5, 2022 in Catoosa, OK. The conference's theme for this year is Remember • Restore • Rebuild • Rise. Eva, who is also Northern Arapaho, has been a graphic designer for more than 15 years and graduated from the Center of New Media from Kalamazoo Valley Community College with two Associates of Applied Science degrees, one in Graphic Design and one in Web Design. She is the owner of creative graphics by eva and has designed an indigenous product line with items featuring her original artwork. Visit www.creativegraphicsbyeva.com to view her portfolio and product line.

In Loving Memory of:
Curtis D. Willis
January 15, 1941 – March 20, 2020

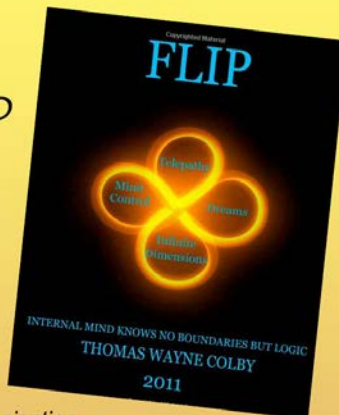
Sadly missed by
Daughters Joyce and Rebecca
and their families, Ron Willis,
many nieces, nephews and cousins

Birth Announcement



Biindigen **Delfina Aamoo Animikwam**, onjibad Manido Giizisonhs, 12/6/2021 in Petoskey, MI. Gaashe Imelda, oos Frank, misanhiwag Memengwe miiniwa Annalise, ingwode-aangiziyaang, miiniwa aanikoobijigaanhsag g'zaagi'igo igwa.

ODAWA MAGIC
FOR THE WARRIOR
TELEPATHY & SOUND
Copyright 2004 Flip Telepathy-3618



To Sound Flip, you start by breaking a word into syllables in your conscious mind and then match one syllable of word, pushing this syllable into one beat of a sound.

This matching of word syllables with sound beats is called *synchronization*. If the push of the word syllable into the beat of music or sound is not synchronized properly, the word transmitted will not be received clear with the sound used. With just a little more concentration focused on the word-syllable synchronization with the sound beat, these discrepancies or fuzziness of Sound Telepathy will clear up. The word synchronization used in this book refers to the timing of the attachment of the word syllable to the beat of sound.

FLIP: TELEPATHY is available in paperback and Kindle at Amazon at <https://tinyurl.com/FlipTelepathy>
For more information, visit <http://Flip.Love>

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This assistance is only available for your primary residence. Program is funded by the United States Department of Treasury and will be available through 2022 or until all funds are expended.

Help us help you! Have questions? Contact us at 231-242-1540. Applications are available at <https://tinyurl.com/HAF2022> and can be submitted in person, mailed to LTBB Housing, 7500 Odawa Circle, Harbor Springs, MI 49740, or e-mailed to Lrowland@ltbbodawa-nsn.gov



This Month ShamROCKS

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SAT, MARCH 19 – BONUS GAMES
SAT, MARCH 26 – DRAWINGS

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WINNING
Bonanza

MACKINAW CITY

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MACKINAW CITY MARCH
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PLUS! \$4 AND \$6 DRINK SPECIALS

Sage
ST. PADDY'S DAY
SPECIALS

MACKINAW CITY



ST. PADDY'S DAY SPECIALS

THURSDAY, MARCH 17 • 11AM-9PM

\$19 CORNED BEEF & CABBAGE
\$4 DRINK SPECIALS

PETOSKEY

THURSDAY, MARCH 17 | 4PM-9PM

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