



MOTIVATED BY THE LOVE OF HER CHILDREN, MOTHER SEEKS BONE MARROW DONOR

By Cheryl Kilborn

If you have ever known the love of a child, you will understand Ashley Witte Anderson's will to live.

Anderson, 42, a member of the Little Traverse Bay Bands of Odawa Indians, has been diagnosed with chronic myeloid leukemia and is desperately seeking a bone marrow/stem cell donor. The single mother of Maisy, 22, and Kenny, 8, Ashley is striving to regain her strength as she works to overcome pneumonia so she can begin several days of intensive chemotherapy treatments at the Karmanos Cancer Institute.

In preparation for the transplant, Ashley will be



given strong doses of chemotherapy to kill the remaining leukemic cells in her body. This also kills cells in the bone marrow, including healthy blood-forming cells. Then, stem cells from a donor will be transplanted to Ashley.

Ashley's mother, Lauree Kirchoff, said doctors estimate the chemotherapy could begin anywhere from two weeks

"Seeking Donor" continued on page 34.

INTRODUCING CHIEF OF POLICE TERRY McDONNELL

Editor's note: LTBB Chief Judge Allie Greenleaf Maldonado administered the oath of office to Chief of Police Terry McDonnell on October 21, 2021.

I am Terry McDonnell, and I assumed the role of Chief of Police for the LTBB Police Department on October 12, 2021.

I have been in law enforcement since 1989. I began my career as a patrol officer with the Coldwater, Michigan Police Department. After a short time there, I took a position with the Department of Public Safety in Bloomfield Hills, MI, where I spent 25 years, retiring at the rank of Detective Lieutenant. I became the Chief of Police for the City of



East Jordan, MI, in September 2015 where I served until October 8, 2021.

My wife, Jill, and I live in

Charlevoix, MI. We have two grown children. Our son, Cameron, is a Police Officer with the Auburn Hills, Michigan Police Department, and our daughter, Jenna, is an event coordinator at a venue in Clarkston, MI. We have one extremely spoiled Labrador Retriever named "Buoy."

I am very humbled to be chosen as the next Chief of your police department. I have very big shoes to fill in taking over for Chief Jeff Cobe, who has served you with excellence for the past 22 years. I am very excited for this new opportunity, and I look forward to meeting you all at some point.

Oath of office photo courtesy of the Judicial Branch.

LTBB TRIBAL CITIZEN CYNTHIA CONNOLLY HONORED BY CRAIN'S CLEVELAND BUSINESS

By Annette VanDeCar, Communications Coordinator

On October 19, 2021, Crain's Cleveland Business announced its Forty Under 40 list, and LTBB Tribal Citizen Cynthia Connolly was among the 40 honored.

Crain's 40 Under 40 Celebration was held on November 22, 2021 at the Music Box Supper Club in Cleveland, Ohio. In announcing the list, Crain's Cleveland Business described those on its list as "a select group of young professionals who scale their businesses to new heights, that make decisions that put their organizations on the map and produce a seemingly infinite stream of impactful work all over Northeast Ohio."

"It is such an incredible honor to be part of the Crain's Cleveland Forty under 40 Class of 2021 alongside so many other incredible movers and shakers from Northeast Ohio, past and present," she said. "The last year for our local Native community has been one of the most challenging as we worked closely with the Cleveland MLB team to remove its harmful name and mascot. I'm proud to have been part of the fight that spanned over 60 years here in Cleveland. This is



a time for celebration for all of us. I will continue to work to ensure our tribe and urban communities are respected and represented as the modern, vibrant, and diverse people we all know ourselves to be."

Connolly is the Director of Programming for the City Club of Cleveland. She is responsible for the strategic vision and programming of the 501(c)3 organization and oversees the production of at least 120 live forums a year. Most recently, she hosted a forum on

Native American visibility and representation featuring Crystal Echohawk of IllumiNative, researcher Dr. Stephanie Fryberg and actress DeLanna Studi, an effort to deepen the conversation in the City of Cleveland around the MLB mascot issue. In August 2021, she hosted Shinnecock water protector Dr. Kelsey Leonard as the keynote speaker for the 2021 State of the Great Lakes. Her previous accolades included being named 2019 Distinguished Young Woman, YWCA of Greater Cleveland; 2018 Greater Cleveland Community Shares "Rising Activist;" and 2016 Cleveland Professional 20/30 Club, Top 25 Under 35 Movers & Shakers.

"Cynthia has been an enormous asset to our organization even before she joined our team," said Dan Moulthrop, CEO of the City Club of Cleveland. "I've known her for years, but when she started helping us organize forums on issues that highlighted the indigenous experience and perspective, I realized how much she has to contribute to community dialogue and engagement. She is an extraordinary leader — hard working, empathetic, thoughtful

"Connolly" continued on page 34.

PAYMENT IV

COVID-19 FINANCIAL IMPACT RELIEF PAYMENT PROGRAM

\$1,500 PER TRIBAL CITIZEN

YOUR ADDRESS MUST BE UP TO DATE WITH ENROLLMENT

FIND FILLABLE APPLICATION ON LTBB WEBSITE

CALL TO REQUEST AN APPLICATION BE MAILED

EXPECT 3 TO 4 WEEK PROCESSING TIME

PLEASE MAIL, EMAIL OR FAX COMPLETED APPLICATION TO:
 Little Traverse Bay Bands
 ATTN: Human Services
 7500 Odawa Circle
 Harbor Springs MI 49740
 Fax 231-242-1635
 Email: DHSApplications@ltbbodawa-nsn.gov

ALL APPLICATIONS MUST BE RECEIVED BY OCTOBER 31, 2022

Questions?
 Please contact Melanie Gasco, DHS Program Generalist or
 Veronice Sanders, DHS Administrative Assistant at
 231-242-1622

Application available on page 33.

Presorted First Class
 U.S. Postage
 PAID
 Big Rapids MI 49307
 Permit No. 62

Little Traverse Bay Bands of Odawa Indians
 7500 Odawa Circle
 Harbor Springs, Michigan 49740
 Return Service Requested

LTBB TRIBAL CITIZENS ENROLLED AS OF 11-15-2021 = 4,478

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This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

Tribal Telephone Directory and Website Information

LTBB Governmental Website www.ltbodawa-nsn.gov
 Odawa Trails Website www.odawatrails.com

Beverly Wemigwase, Receptionist 231-242-1400
 1-866-652-5822

Tribal Administration Health Clinic
 242-1400 242-1700

Tribal Chairman's Office Health
 Lakota Worthington, 242-1600
 Administrative Assistant
 242-1401

Community Health
 (Transportation)
 242-1601

Tribal Council/Legislative Office
 Linda Gokee, Administrative
 Assistant
 1-866-972-0077

Dental Clinic
 242-1740

Legal Department Maternal Child
 Su Lantz, Health Outreach
 Assistant 242-1614
 242-1407

NO Collect Calls Accepted Pharmacy
 242-1750

Office of Citizens Legal Assistance
 Cherie Dominic, Attorney
 242-1433
 NO Collect Calls Accepted

Housing Department
 Heidi Bosma,
 Administrative Assistant
 242-1540

Accounting Department **Human Resources Department**
 Jon Shawa, Assistant
 242-1440
 Dorla McPeak,
 Administrative Assistant
 242-1555

Mandy Szocinski, Contracts
 242-1439

Archives, Records and Repatriation Department **Human Services Department**
 Eric Hemenway,
 Director
 242-1527
 Veronica Sanders, Administrative
 Assistant
 242-1621

IT Department
 Gary Appold,
 Director
 242-1531

Commerce Department
 Hayden Hooper, Director
 242-1584

Law Enforcement Department
 Tribal Police
 242-1500

Communications Department
 Annette VanDeCar,
 Coordinator
 242-1427

Natural Resource Department
 Debra Smithkey-Browne,
 Administrative Assistant
 242-1670

Wendy Congdon,
 Pre-Press Graphic Specialist
 242-1429

Elders Department **Planning, Zoning and Building Department**
 Dorothy Pagel,
 Administrative Assistant
 242-1423
 Shari Temple,
 Administrative Assistant
 242-1581

Enrollment Department
 Marin Taylor,
 Administrative Assistant/
 Genealogist
 242-1521
 Amanda Swiss,
 Tribal Planner
 242-1508

Facilities Department
 Simon Kenwabikise, Director
 242-1532

**Substance Abuse/
Mental Health Department**
 Pat Boda,
 Administrative Assistant
 242-1640

Education Department
 Tammy Gasco,
 Administrative Assistant
 242-1480
 Brenda Schoolcraft,
 Office/Intake Coordinator
 242-1642

Gijigowi Anishinaabemowin Language Department
 Carla Osawamick, Director
 242-1454

Tribal Court/Peacemaking Program
 242-1462

GIS Department **Tribal Prosecutor's Office**
 Alan Proctor,
 Director
 242-1597
 Gwen Teuthorn, Office Manager
 242-1475

Health Department **Youth Services Department**
 242-1611
 Tina Dominic, Coordinator
 242-1593

Election Board Chairperson

electionboard@ltbbodawa-nsn.gov

Little Traverse Bay Bands of Odawa Indians
 Anishinaabemowin Interpretation of LTBB Mission Statement
 Debendiziwin aawan maanda Odawa aawiyiing. Geyaabi gdaa'anaa miinwaa gdanwewmi Anishinaabemowin, maanda egishkaago'iing debendiziwin ebidgwasiing mnaadendiziwin miinwaa wiinmaadendiziying. Gdabendaanaa debendiziwin kina gwaya Odawak naasaap eyaamjik, maanda naakinigewinan, maadiziwin miinwaa mndoowaadiziwin gaanaaniigaaniik debendamowaad. Maanda debendiziwin eyaamiing nangwa, kanamaajiidonaa niigaan ezhibezhigoyiing, kinoomaadwin, dbaakinigewin, giigidowin miinwaa naakinigewin. Kazhiibiignaketaanaa maanda niizhwaachiing bimaadiziwin waabi'aamigak mjignamiing ninda mnomaadiziwinan echipiitendaakin: nbwaakaawin, zaagidwin, mnaadendamowin, aakdeewin, gwekwaadiziwin, dbaadendiziwin miinwaa debwewin. Kanakaazinaa ninda gdabendaaswinaanin, jimiigwe'iing nakaazwinan jimnomewzi'iing, enitaanokijik maampii Anishinaabek enaapshkaamwaad maanda gbimaadziwin. Ninda eyaamiing echipiitendaakin, miigi kina gwaya maampii enjibaad jiniigaanibizad.

LTBB Mission Statement

Being Odawa is all about freedom. The Freedom to be a part of a people who, with integrity and pride, still have and speak our own language. The freedom to share in common with all other Odawak the customs, culture, and spirituality of our ancestors. The freedom we have today we will bring to the future through unity, education, justice, communication, and planning. We will reach out to the next seven generations by holding to cultural values of Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth. We will utilize our Tribal assets to provide the necessary tools to become successful, hard-working community members who proudly represent our culture. With these values we will move the Tribe forward.

Contact Information

ODAWA TRAILS



Annette VanDeCar
 Communications
 Coordinator
 231-242-1427

Wendy Congdon
 Pre-Press Graphic
 Specialist
 231-242-1429

The Communications Department welcomes submissions for our "Lines From Our Membership" section of the newsletter, but we cannot run anything political in nature or expressing an opinion due to a long-standing department policy. Because we have a newsletter and not a newspaper, we do not have an editorial page. We reserve the right to edit any material submitted for space and content.

The deadline for the January 2022 issue of *Odawa Trails* is November 29, 2021.

You can e-mail or call your submissions in to newsletter@ltbbodawa-nsn.gov or at 231-242-1427 or 231-242-1429. Please only call in your submissions if they are short. We also welcome comments, suggestions and story ideas.

ADVERTISE WITH US!

FREE GRAPHIC DESIGN SERVICES AVAILABLE!

3 Column X 3 in.

1 Month = \$36

3 months = \$91.80 **save \$16.20!**

6 Months = \$172.80 **save \$43.20!**

12 Months = \$324 **save \$108!**

4 of our most popular sizes!!

A complete listing of ad sizes and prices are on our website at: www.odawatrails.com

1 Column X 4 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

2 Column X 4 in.

1 Month = \$32

3 months = \$81.60 **save \$14.40!**

6 Months = \$153.60 **save \$38.40!**

12 Months = \$288 **save \$96!**

2 Column X 2 in.

1 Month = \$16

3 months = \$40.80 **save \$7.20!**

6 Months = \$76.80 **save \$19.20!**

12 Months = \$144 **save \$48!**

DEPARTMENTS & PROGRAMS



COMMUNICATIONS DEPARTMENT

Christmas Coloring Contest Rules

Crayons * Markers * Paint * Stickers * Colored Pencils * Glitter * You choose!

- Age categories are 3-7 and 8-12.
- Limit one submission per child.
- All entries must be the original size.
- Open to LTBB Community Citizens.

- Entries can only be submitted by snail mail, 7500 Odawa Circle, Harbor Springs, MI 49740. **No exceptions!**
- All mailed entries must be postmarked by November 29, 2021. **No exceptions!**

Submissions judged by Communications/Odawa Trails staff with three winners being selected in each age category. Each winner will receive a prize!



Name: _____ Age: _____

Phone: _____



LTBB

Little Traverse Bay Bands • 233 Tindle St., Pellston, MI 49769 • 231-539-8325

HEAD START

3-5 YEARS - CENTER BASED

2021/2022 PROGRAM YEAR

ASSISTING NEEDS INCLUDING LOCAL NATIVE AMERICAN CULTURE, NUTRITIOUS MEALS AND CENTRALLY LOCATED BUS PICK-UPS

Monday - Friday 8:30 AM - 4 PM

HEAD START CAN WORK IN COORDINATION WITH THE INTERMEDIATE SCHOOL DISTRICT TO PROVIDE SERVICES FOR CHILDREN WITH PHYSICAL, EMOTIONAL AND/OR LEARNING DISABILITIES

Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with North Central Michigan College:



Waganakising Odawa Career Technical Education Program

- Computer Numerically Controlled (CNC) Certificate of Development
- Medical Billing and Coding Certificate of Development
- Medical Assistant Certificate
- Phlebotomy Certificate of Development
- Computer Information Services (AAS)
- Computer Support Specialist Certificate
- Basic EMS Certificate of Development
- Criminal Justice (AAS)



DEPARTMENT OF COMMERCE

ATTENTION LTBB TRIBAL CITIZEN OWNED BUSINESSES

LTBB Tribal Citizen owned businesses wishing to be e-mailed of various business opportunities within the LTBB Government or LTBB-owned enterprises should contact the LTBB Department of Commerce (DOC) to provide an e-mail address in which they would like to be contacted and include a brief statement of what

their business offers.

LTBB DOC will reach out to these businesses directly when departments or entities ask for their business opportunities to be shared.

LTBB DOC can be reached at 231-242-1584 or DOC@ltbbodawa-nsn.gov.

Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with Bay Mills Community College:



- ◆ Associate of Arts Early Childhood Education
- ◆ Associate of Arts Business Administration
- ◆ Associate of Applied Science Construction Technology
- ◆ Associate of Applied Science Computer Information Systems
- ◆ Medical Office Certificate

WOCTEP offers Financial Assistance!



- ◆ Tuition Assistance
- ◆ Textbook and required course materials Assistance
- ◆ Mileage Assistance
- ◆ Hourly Stipend (based on household income)
- ◆ Examination/qualification fee Assistance

In addition to WOCTEP Financial assistance, Native WOCTEP students may be eligible for Board of Regents Tuition Award at BMCC.

WOCTEP is funded by the US Department of Education through the NACTEP program. Federal funds contribute to 90% of funding (\$448,744) and tribal support of 10% (\$50,108) for project year 1 (2019) budget.

IMPORTANT TRIBAL CERTIFICATE OF EXEMPTION UPDATE

The LTBB Department of Commerce would like to share an important update regarding the Tribal Certificate of Exemption (TCE).

While we strongly encourage Resident Tribal Members (RTMs) to obtain TCEs prior to the purchase(s), there is now a way to request a refund directly from the Michigan Department of Treasury for taxes paid on eligible items. If you made an eligible purchase while being an RTM, and you did NOT claim your exemption at the time of purchase – please contact the LTBB Department of Commerce for detailed information on how to request your refund. Refund claims must be made within four years of the original

date of purchase. Please note this refund option should not be used as an alternative to the regular TCE process; rather, it should be a fallback option as the process for a refund is more burdensome on the RTM and still requires the RTM to obtain a TCE. The refund will be requested directly from the Michigan Department of Treasury, however, LTBB DOC can walk you through the process and help you obtain the necessary paperwork to do so (TCE, appropriate receipts, forms from the seller, etc.).

Please contact the LTBB DOC office at 231-242-1584 or DOC@ltbbodawa-nsn.gov for additional information.

REQUESTS FOR TRIBAL CERTIFICATE OF EXEMPTION (TCE)

The LTBB Department of Commerce (DOC) would like to remind all Resident Tribal Citizens (RTC) that Requests for Tribal Certificates of Exemption (TCE) must be submitted prior to making the purchases. DOC has up to 96 hours to process the request once all necessary information has been received. If the purchase is made before obtaining the TCE, there is now a fallback option which makes it possible for Citizens to request a refund directly from the Michigan De-

partment of Treasury, however this should not be used in lieu of the regular TCE process. The refund process is more burdensome on the RTC and still requires that a TCE is obtained. Refund requests can be made within four (4) years of the original date of purchase. Please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov if you need to request a refund or for any other TCE questions.

LTBB TAX AGREEMENT AREA & RESIDENT TRIBAL CITIZENS

Listed below are the townships included in the LTBB Tax Agreement Area. If your principal residence is within the Tax Agreement Area and your address is updated with the LTBB Enrollment department, you are considered a Resident Tribal Citizen and are eligible for several tax exemptions as defined in our Tax Agreement. For more information on the available exemptions, please contact the DOC office at 231.242.1584 or DOC@ltbbodawa-nsn.gov.

- Little Traverse (all)
- City of Petoskey (all)
- Readmond (all)
- West Traverse (all)
- City of Harbor Springs (all)
- Bear Creek (all)
- *Resort (partial)
- *Hayes (partial)
- *Bay (partial)
- *City of Charlevoix (North of the bridge only)
- *Charlevoix Township (North of the bridge only)

LTBB Tax Agreement Area Townships:
 Cross Village (all)
 Friendship (all)

LEGISLATIVE BRANCH

The Little Traverse Bay Bands of Odawa Indians Tribal Council Attendance at Various Meetings and Events		Emily Proctor	Marcella Reyes	Tamara Kiogima	Melissa Pamp	Leroy Shomin	Marty Van De Car	Fred Kiogima	William Ortiz	Aaron Otto
October 2021										
DATE										
10/1/21	Land and Reservation Committee Meeting started but cancelled.				X	X		X		
10/5/21	Tribal Council Work Session	X	X	X	X	X	X	X	X	X
10/7/21	Tribal Council Meeting	X	X	X	X	X	X	X	X	X
10/12/21	Appropriations and Finance Committee Meeting	X	X	X	X	X		X	X	
10/13/21	Executive Town Hall Meeting					X				
10/15/21	Land and Reservation Committee Meeting		X	X	X	X		X		X
10/19/21	Tribal Council Work Session	X	X	X	X	X	X	X	X	X
10/20/21	Building Strong Sovereign Nations	X	X	X	X					
10/21/21	Tribal Council Meeting	X	X	X	X	X	X	X	X	X
*additional recording of attendance may be reported on future report logs										

Helping Native Americans achieve self-sufficiency through employment and training opportunities in 28 counties throughout Michigan.

Examples of Services Provided:

- Help with job search & placement
- Development of an Individual Employment Plan
- Opportunities for classroom training
- Assistance for entrepreneurs and small business related costs
- Financial assistance for education and employment related costs.

For more information, contact Rachael Koepf at 231-242-1488 or e-mail rkoepf@ltbbodawa-nsn.gov

LTBB of Odawa Indians is the recipient of this grant under the Department of Labor (DOL). In accordance with the Jobs for Veterans Act, WIOA

EVER CONSIDERED A CAREER IN COMPUTER NUMERIC CONTROL?

The average CAD Programmer makes \$26.36 an hour.

Learn how you can begin a career in Computer-Aided Design by contacting Kerstine Bennington, NIT Project Director at (231) 242-1485 or at kbennington@ltbbodawa-nsn.gov.

SCAN THE QR CODE FOR MORE INFORMATION!

The production of this ad was supported by Grant 90NAR359 from ACF. It's content is solely the responsibility of Little Traverse Bay Bands of Odawa and does not necessarily represent the official views of ACF.

SHIRLEY NAGANASHE - OLDMAN

The Shirley Naganashe Oldman Secondary Education Completion Award recognizes your academic achievements as an LTBB tribal member. This program has been developed to promote the completion of secondary education programs. The Shirley Naganashe Oldman Completion Award, in the amount of \$100, will be awarded to LTBB tribal members who complete a secondary education program. In order to receive this award, a copy of your official transcript, copy of high school diploma, GED certificate or certificate of completion MUST be submitted.

Award applications can be found online, in person at the Education office or mailed per request (contact Education at 231-242-1480).

Need to update your address?

When you move, please contact the Enrollment Office and we will send you an Address Verification Form.

Address Verification and many other Enrollment forms are also available at www.ltbbodawa-nsn.gov. They can be found in the Forms Directory or on the Enrollment page of the website.

It is the responsibility of the parent, guardian or custodial parent to complete an address form for any minor children.

If you are the custodial parent of a minor, please provide proof by documentation.

Upon reaching the age of 18, an Adult Address Verification form must be completed. Failure to do so may result in a delay of per capita payment.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current.

Minor verification forms must be signed and notarized.

Adult verification forms must be signed and either witnessed or notarized, depending on your address.

Contact the Enrollment Office at 231-242-1521, 231-242-1520 or by e-mail enrollment@ltbbodawa-nsn.gov.

LTBB Town Hall meetings are available to be viewed at:

www.ltbbodawa-nsn.gov/townhallmeetings.html

December Elders Birthdays

December 1

Doreen Wilson
Danon Ervick
Howard Scott
Carol Lavergne
Ivy Bradley
Teresa Fletcher

December 2

Karen Kaleta
Wayne Glazier
Pamela Feldstein

December 3

Kemo Smith
Rhonda Babcock
Brian Thornburg

December 4

Donna Webb
Roberta Hinman
Virginia Sherwood
Dolphus Delmas, Sr.
Vera Olsen
Roger Wemigwase
Carl Strate, Sr.
Geri Wieseler

December 5

Connie Didomenico
Yvonne Salgat

December 6

Marcelino Bernard, Jr.
Donna VanderHyde
James Shomin
Robert Zalewski

December 7

Pamela Newman
James Minor
Mel Cripps
Karen Brosseau
Florence Indelicato

December 8

Archie Kiogima, Jr.

December 9

Teresa Seume
Samuel Worthington
Bonnie Ramirez
Kathleen Mobley
Jon Kilborn
Kay Bekampis

December 10

Marvin Sebeck
Allan Himes
Nathaniel Chingwa

December 11

Wesley Andrews
Leonard Emery
Ronald Noack, Jr.
Brian Denemy
Floyd Harrington, Jr.

December 12

Teresa Schulz
Scott Williamson
Alice Yellowbank

December 13

Arthur LeClear
Robin Sloan
Stephen Minor
Kenneth Gibson
Deborah Root
Timothy Portman
Ronald Davenport

December 14

Arthur Keller
Maanii Cloud
Sherry Shananaquet
Freida Carroll
Barbara King

December 16

Nancy Bennett
Patricia Chagoya
Lisa Bartels
Shirley Eaves
Sharon Curran
Vincent Sanchez
Frederick Engstrom

December 17

Patricia Weber
Scott Keway
Anna Bixler

December 18

Allan Voisard
Patricia Booth
Harvey Brubacker III

December 19

Kelly Cutler-Shafer
Shirley Davis
Jesse Hansen
Joseph Keller
Alice Liebgott

December 20

Gaila Carpenter
Thomas Adams, Jr.
Duane Cutler
Eli Swope
Janeane Jackson

December 21

Mary Deneen
Byron Plier
Richard Andrews

December 22

Jack Ross
James Kagabitang, Jr.
Patricia DeHailey
Anita Coss
Diane Gibson

December 23

Robert Noack
Robert Devernay

December 24

Patrick Boda
Ronnie Head
Timothy Quick

December 25

Paula Hall
Marilyn Muskovin
Christina O'Banion

December 26

Janice Shackelford
Jean Ansoerge
Daniel Root
Elizabeth Keller
David Paul
Allen Gasco
George Sandoz
Merle Carson, Jr.
Nancy Cassidy

December 27

Mary Mankin
Christine Sevener
Robert Boda
Michael Chisholm
Levi Walker, Jr.

December 28

Christine Levandoski-Russell
Rena Anderson
David Massey
Michele Eising

December 29

Zetta Propst
Deloise Mitchell

December 30

Shirley Adkins
William King
Stacey Miller
Karen Thiesse
Freda Baughman
Lily Anderson

December 31

Jamie Genia I
Ella Petoskey
Marie Simmons



Join Michigan Indian Legal Services and attorney Joshua Wease for a discussion on current tax issues, including:

Tax Debt, What To Do If You Receive an IRS Letter, and Child Tax Credits

When: December 3rd @12pm

Where: <https://bit.ly/MichiganIndianLegalServices>

Preregister: <https://bit.ly/TaxLawSignup>



**GOT TAX QUESTIONS?
HAVE QUESTIONS ABOUT AVOIDING
TAX RETURN PROBLEMS?**

Joshua Wease is Director of the Alvin L. Storrs Low-Income Taxpayer Clinic at Michigan State University. He has been practicing tax law in Michigan for 17 years. He has a passion for helping taxpayers navigate our tax laws.



CIRCLE OF Indigenous Arts

Market & Juried Competition

Dec. 4-5, 2021 • 11a.m. to 4 p.m.

Awards and Prizes
► Best in Division Award
► Best in Show Award

Come support local Anishinabek artists

For more information, please contact: Glenna Jenkins at 989-775-4744 or gjenkins@sagchip.org

ZIIBIWING CENTER of Anishinabe Culture & Lifeways
THE MIDWEST'S PREMIER AMERICAN INDIAN MUSEUM
6650 EAST BROADWAY, MT. PLEASANT, MICHIGAN 48858
989.775.4750 • WWW.SAGCHIP.ORG/ZIIBIWING



Complete our 15 minute survey for a chance to win!

The LTBB Niigaandiwin Education Department designed this survey to understand the unique needs and interests of the Little Traverse Bay Bands of Odawa community to ensure that our program services are relevant and effective in serving our people. Survey takers who provide their information AND complete the entire survey will be entered for a chance to win some awesome prizes!

- 1 of 2 Eighth Generation blankets
- Home Depot \$100 & \$25 gift cards
- Beaded earrings and hats
- Program swag and water bottles
- Copies of Angeline Bouley's "The Firekeeper's Daughter"
- LTBB's Minogin Market maple sugar & more!



Scan the QR code with the camera on your phone or follow the link: <https://fs20.forms.site.com/B6wV14/9baybvqk7c/index.html>

The deadline to enter is December 10th, 2021!



EVER CONSIDERED A CAREER IN COMPUTER-AIDED DESIGN?

The average CAD Programmer makes \$27.43 an hour.

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SCAN THE QR CODE FOR MORE INFORMATION!

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Are You:

- Currently not eligible for Medicaid?
- 19-64 years old?
- Not eligible for Medicare?
- Not pregnant?
- Making under \$15,000 for a family of 1 or making under \$34,000 for a family of 4?



If you have answered "YES" to these questions, you may qualify for Medicaid due to the Michigan Medicaid Expansion: Healthy Michigan!! Please contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 for assistance.

EXECUTIVE BRANCH

FROM THE EXECUTIVE OFFICE



We had an unwelcome change in the Tribal Chairperson's office. Our long-time employee, Executive Assistant Rebecca Fisher, has left us to pursue other opportunities. She leaves behind a long-standing career with us and will be missed greatly.

The LTBB Governmental Center in Harbor Springs, MI, was shut down for a week due to COVID exposures. We can't stress enough how serious this virus is and how it affects our families. Encourage vaccinations to protect our families, future generations and friends. There is much heartache from the losses from this virus. As always, please wear a mask, wash your hands and maintain social distancing.

President Joe Biden issued a proclamation, declaring November as Native American Heritage Month, urging all Americans as well as their elected representatives at the federal, state and local levels to observe November

with appropriate programs, ceremonies and activities and to celebrate November 26 as Native American Heritage Day.

We are pleased to announce per cap is going out this year along with COVID Relief Payment IV, which you can get the application for on the LTBB website, in this newsletter or by contacting Human Services at 231-242-1621.

I continue to work with our Natural Resource Department and Natural Resources Commission by attending the Chippewa Ottawa Resource Authority meetings to negotiate and maintain our fishing and hunting rights.

LTBB GOVERNMENTAL OFFICE CLOSINGS

Please note that **ALL LTBB Governmental offices are closed on these dates, this includes Mskiki Gumik offices**

December 23, 2021 - Christmas Eve
December 24, 2021 - Christmas Day
December 30, 2021 - New Year's Eve
December 31, 2021 - New Year's Day



LTBB CULTURAL LIBRARY

READ THROUGH DECEMBER FOR BOOK BINGO!

Rules:

- 1) Sign up for a LTBB library card number (local and non-local, tribal and non-tribal).
- 2) One title can be used to fill **ONLY THREE** spaces.
- 3) Books read to early readers count as well.
- 4) Each BINGO (vertical, horizontal or diagonal) receives one entry into the month's raffle drawing. You are only eligible to win **ONE** prize.
- 5) Turn in BINGO card to Cultural Library by January 3rd by 5 p.m. for a chance to win one of four incentive prizes (in each age category—kids, teens, adults) in the December BINGO drawing.

Monthly Book BINGO runs through February 2022. BINGO cards are available on the Education Dept. Forms Directory on the LTBB website, on the library website and from the Mzingangamik Cultural Library. Call 231-242-1487 with questions.

Courtesy graphic.



STOP THE STIGMA.

Member of our Tribal Community and need help? Call LTBB Behavioral Health.

(231) 242-1640

PLEASE NOTE:

The LTBB Grants Department works with LTBB Departments to obtain external funds for ongoing and special programming, services and resources for the tribal community. Please contact the respective LTBB Department for information on programming that may be of interest to you.

DECEMBER BOOK BINGO FOR KIDS

Snow	Pine Tree or Christmas Tree	Read Your Favorite Book	Read in Your Pajamas	Love or Friendship
Gingerbread House		Take Turns Reading with Someone	Santa or Elves	Read while Wearing Red
Family	Read Out Loud		Blue or White Cover	Make or Drink Hot Cocoa
Build a Snowman	A Book You Received as a Gift	Read in Bed	Eat Cookies while Reading	Friends
Read for 30 Minutes without Stopping	Color	Wear a Hat or Scarf while Reading		Read on a Weekend

DECEMBER BOOK BINGO FOR TEENS & ADULTS

Red or Green Cover	Snow		Read for 45 minutes without Stopping	Love or Caring for Others
Make a Gift	Drink Hot Cocoa	Read Out Loud to Someone	Read in Bed	Read while Wearing Green
	A Random Shelf Pick	Friends	A Book You Received as a Gift	A Book That Inspired a Movie
Christmas Spirit	Ebook or Audiobook	Make a Holiday Treat		Read a Magazine
Make Paper Snowflakes	A Children's Picture Book	Nutcracker	A Book over 250 pages	Read on a Weekend

Read or do an activity to mark a square!

Read or do an activity to mark a square!

EDUCATION DEPARTMENT

NITAAZHITOOJIK INDUSTRIAL TRAINING PROGRAM STUDENT FEATURE: GIIZHIG MARTELL

Submitted by **Kerstine Omey**, Nitaazhitoojik Industrial Training Project Director

Giizhig Martell, grandson of Little Traverse Bay Bands citizen Jane Martell and Grand Traverse Band citizen Howard Martell, was selected for a one-week pre-apprenticeship opportunity with Bay Shore Steel Works, a subsidiary of Grand Traverse Economic Development.

The experience followed Giizhig's participation in the six-week Work-Based Learning Program through the Industrial Arts Institute where he secured an American Welding Society certification in FCAW 3G & 4G. Mr. Martell comes from a long line of welders, so it was no surprise Giizhig successfully completed a one-week shadow experience with aspirations of continuing his welding education after high school.

"I like welding because it's hands on work and you are creating useful things that will be used by people. I always struggled in school, but welding comes easy, and I just get it. Thank you for the opportunity to learn, Nitaazhitoojik Industrial Training and Bay Shore Steel Works," he said.



Bay Shore Steel Works enjoyed their time mentoring Mr. Martell and welcomes the opportunity of Giizhig coming back after his graduation.

Great work, Giizhig!
Courtesy photo.

FIFTEEN STUDENTS SPARK AN INTEREST IN WELDING THROUGH THE WORK-BASED LEARNING PROGRAM

Submitted by **Kerstine Omey**, Nitaazhitoojik Industrial Training Project Director

This past summer, the Nitaazhitoojik Industrial Training Program collaborated with the Industrial Arts Institute and Northwest Michigan Works to offer the Work-Based Learning (WBL) training to high school juniors, seniors and recent graduates. The bootcamp-style summer opportunity ran from June 21st to July 29th, Monday through Thursday, 8 am to 3:30 pm to mirror an actual work experience.

Students who participated were introduced to basic welding techniques and employability skills, including team building, resume' and cover letter drafting and interview techniques. Students who demonstrated a high level of proficiency in the training program were also given the option to earn a Welder's Qualification Testing Record through the American Welding Society (AWS) – an industry-recognized credential.

The demand for WBL training was significant and resulted in the NIT program expanding resources to support a second cohort. Fifteen students were accepted into the opportunity and received tuition assistance, an hourly stipend, mileage reimbursement and welding gear. Though the training was fast-paced, students really enjoyed getting a feel for what a career in welding would look and for some, the training really reinforced their interest in welding.

About 30% of NIT students requested additional information on program-supported educational opportunities to continue developing their skills. After six intense weeks, fourteen



students successfully completed the training and all graduates earned one or more AWS qualifications.

The following individuals made sparks fly this summer in the Work-Based Learning program:

- Joshuaa Steele
- Devon Hood
- Cameron Crudo
- Colin Hopper
- Kaden Mariotti
- Giizhig Martell
- Brady Hebert
- Kendall Pederson
- Kunu Yellowbank
- Geoffery Herrmann
- Trent Lashbrook
- Tyler Turnbull
- Ella Wanke
- Troy Bolinger

Please join us in congratulating our graduates on their all hard work and recent academic success.

Also, a huge chi-miigwech to our program partners – the Industrial Arts Institute and Northwest Michigan Works – for the roles they played in making the training possible.

Courtesy graphic.

Did you know that the average Michigan CNC Programmer makes \$26.59 per hour?

NIT can help you reach your full potential!

The Nitaazhitoojik Industrial Training Program (NIT) provides financial assistance to eligible students pursuing the following supported programs that are *short-term and offer flexible scheduling!*

Available assistance includes tuition & course fee assistance, textbook and course equipment coverage, **a \$12.75/hr stipend**, mileage reimbursement, and training fee assistance.

Supported Programs

- **Computer Numeric Control (CNC)** Certificate of Development
- **Manufacturing Technology** Certificate
- **Computer-Aided Design (CAD)** Certificate

Scan for more information or contact NIT at (231) 242-1485 • komey@ltbbodawa-nsn.gov

Logos for North Central Michigan College, Little Traverse Bay Bands of Odawa Indians, and ANA are included.

brainfuse HelpNow

GOT HOMEWORK? GET HELP NOW!

BRAINFUSE PROVIDES FREE ONLINE ACADEMIC SUPPORT TO COLLEGE STUDENTS!

Whether you are considering college or already enrolled in classes, Brainfuse offers a variety of subjects that students can access for homework help, essay review, study group tools and so much more!

- Calculus
- Biology
- Accounting
- Economics
- Spanish
- GRE Prep
- Psychology
- Pre-Calculus
- Statistics
- Sociology
- Finance
- Oncology
- Women's Health
- Government
- College Algebra
- Java Script
- History
- Microbiology
- Medical Terminology
- Anatomy
- Cloud Computing and so much more!

Available to LTBB tribal citizens and descendants!
Contact the Education Department at (231) 242-1492 for login credentials.

LITTLE TRAVERSE BAY BANDS OF ODAWA NIIGAANDIWIN EDUCATION DEPARTMENT

AVAILABLE TO LTBB CITIZENS (K-12TH GRADE) IN NEED OF ACADEMIC SUPPORT

Call or e-mail for an application:
231-242-1480
Amanda Weinert,
aweinert@ltbbodawa-nsn.gov
Dorothy Perry,
dperry@ltbbodawa-nsn.gov

LTBB EDUCATION'S TEXT MESSAGE ALERTS

Little Traverse Bay Bands Of Odawa Indians 1h ago

- Want to be updated everytime there is an event?
- Stay updated with our text message alerts!
- Receive information on events, news, updates and more...

Text one of the **keywords** listed below to 33222 in order to sign up for updates from that department!

- LTBB** – General updates from the Education Dept. & the Cultural Library.
- WIOA** – Updates from WIOA: Employment and Training Services.
- WGCTEP** – Updates from Waganakising Odawa Career and Technical Education Program.
- K12** – Updates from LTBB K-12 Services.
- HIGHERED** – Updates from Higher Educational Services.
- CULTURAL** – Updates from Cultural Services.
- *Standard messaging & data rates may apply.

ENROLLMENT DEPARTMENT

PUBLICATION NOTICE

In accordance with WOS #2006-001, notice is hereby given a petition has been filed, LTBB of Odawa Indians Tribal Court Case No: NC-010-0716, and Tribal Court ordered **Gregory Scott Karlis** has legally changed his name to **Gregory Scott Shananaquet**. This notice will be published in the *Odawa Trails* newsletter for two consecutive months and in the Odawa Register on the tribe's website.
Date: October 8, 2021

THE ENROLLMENT OFFICE HAS A MAIL DROP BOX



It is located to the left of the front doors of the LTBB Governmental Center in Harbor Springs, MI. We will have limited quantities of adult and minor address forms stocked. ****Weather Permitting****

We will happily set aside an envelope with any specific form(s) you may need as well.

Just give our office a call, and we will be more than happy to try to accommodate you.

All Enrollment services are available by appointment only. You may call or e-mail to work with our staff.

231-242-1521, 231-242-1522, 231-242-1520 or enrollment@ltbbodawa-nsn.gov

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS ENJIBOOZBIIGENG - ENROLLMENT OFFICE

Services for our citizens:

• Picture Tribal Identification Cards – Available same day. May be requested via mail and electronically.

• Address Changes – Adults only need to be notarized if not having mail sent to their home. Minors must be notarized annually. We have a Tribal Notary in office and many other onsite at the Government Complex.

• Marriage License Applications – Please allow one business day to pick up the Licenses.

• Tribal Directories – Available same day.

We certify for our citizens:

• Michigan Indian Tuition Waivers

• Eagle Parts and Feather Applications

• LTBB Indian Blood Quantum

Apply to become a:

• Citizen – Application available via mail only

• Tribal Notary
• Marriage Commissioner
Need something?
• Request a document from your Enrollment file

• Blood quantum adjustment

• Relinquishment requests

Have any questions or need a form sent to you? Call or email:

Lindsey Doerfler – P: 231-242-1522

E-mail: ldoerfler@ltbbodawa-nsn.gov

Marin Taylor – P: 231-242-1521

E-mail: mtaylor@ltbbodawa-nsn.gov

Pauline Boulton – P: 231-242-1520

E-mail: pboulton@ltbbodawa-nsn.gov

Forms are also available on the LTBB Website.

<https://ltbbodawa-nsn.gov/enrollment>

<https://ltbbodawa-nsn.gov/forms>

LTBB Enrollment Department Announcement

The Enrollment Office has changed its policy.

In the past, we have been only accepting the original address change form. Due to the short notice of this year's per cap and the ongoing COVID-19 pandemic, we will now accept photo copies of the original **address change form**. You may now fax, mail, scan or email a picture of the address change form to Enrollment.

If you have any questions, please feel free to contact us through one of the following:

Fax: 231-242-1526
Email: Enrollment@ltbbodawa-nsn.gov
Phone: Lindsey Doerfler 231-242-1522
Marin Taylor 231-242-1521
Pauline Boulton 231-242-1520

IS YOUR CONTACT INFORMATION CURRENT?



Update your contact information with the Enrollment Department.

- ADDRESS
- PHONE NUMBER
- EMAIL ADDRESS
- VETERAN STATUS



Marin Taylor 231-242-1521
Lindsey Doerfler 231-242-1522
Pauline Boulton 231-242-1520

2021 Tribal Directories Now Available!

Tribal Directories include adult name and addresses of LTBB Citizens enrolled before January 28, 2021, excluding undeliverable addresses and LTBB Citizens requesting not to be included.

To receive your copy:

- ✓ Must include a copy of your Tribal Identification Card
- ✓ A \$5 check or money order payable to LTBB of Odawa Indians
- ✓ Choice of cover design. If you do not specify, we will choose for you!

Mail to: LTBB of Odawa Indians, ATTN: Enrollment Office
7500 Odawa Circle, Harbor Springs, MI 49740.



Little Traverse Bay Bands of Odawa Indians Enrollment Office
231-242-1520 or 231-242-1521
Fax 231-242-1526



Hoar Frost



Peanut Butter Falls



Lake Plumbago

Please Note:

Changeable address forms are available for LTBB Citizens at www.tinyurl.com/ltbbenrollmentforms. The forms must be printed and signed by the Tribal Citizen and hard copies returned to Enrollment. We still require the form to be witnessed or notarized depending on your address.

LTBB Enrollment Office 231-242-1521

Little Traverse Bay Bands of Odawa Indians Enjiboozbiigeng Enrollment Office

Tribal Citizens Fee Schedule

	FEES
Replacement/Expired Cards in person or via mail A replacement card is lost, stolen, expired or has an address change. Any name charges, no charge. Free to Elders.	\$10
Tribal Directory Adults 18 and enrolled prior to 2/1/2021 Published every 4 years.	\$5
Tribal Directory Labels Requestor must provide labels	\$5
LTBB List The list includes adult's first, middle and last names only.	\$5
Photocopies of Enrollment file First 3 copies free, \$1 for each page thereafter.	\$1 ea
Marriage License Application Certified Copies: \$10 Photo Copies: \$5	\$25
Tribal Notary Application Residency/Business residency requirement Surety Bond: \$125 **Cannot be waived**	\$10
Marriage Commission Application Residency/Business residency requirement	\$25

*** Enrollment Fees waived for LTBB Veterans***

August 19, 2021

THE ENROLLMENT OFFICE NEEDS YOUR HELP!

We would like to start tracking LTBB Tribal Citizens who have completed military service or who are currently on active duty. If you are a veteran, please call us toll free at 1-866-652-5822 ext. 1521 or 1520. We will be asking you the following questions:

- (1) Name
- (2) Date of Birth
- (3) Branch of Service

This information will be used by the Grants Department.
Megwetch,
Pauline Boulton, Enrollment Officer

HEALTH DEPARTMENT

12 DAYS OF FITMAS

Hello December!

Community Health would like to challenge you to complete the 12 days of Fitmas. Pick any 12 consecutive days in the month of December to complete. Once you have completed the challenge, please contact Community Health at 231-242-1601 and receive a certificate of completion. Demonstrations and modifications can be found on the LTBB Mnozhiyaa Community Health Facebook page <https://www.facebook.com/Mnozhiyaadaa> on December 1, 2021.

If you have not liked or followed the Mnozhiyaa page yet, be sure to do so. Community Health updates all events and healthy informa-

tion daily. It's a great resource to stay connected with the community.

Courtesy graphic.



12 Days of Fitmas Workout

On the 1st day of Christmas, the Community Wellness Advocate gave to me:
1=30 sec plank

On the 2nd day of Christmas, the Community Wellness Advocate gave to me:
2 burpees and 1=30 sec plank

On the 3rd day of Christmas, the Community Wellness Advocate gave to me:
3=20 sec wall sit,
2 burpees and 1=30 sec plank

On the 4th day of Christmas, the Community Wellness Advocate gave to me:
4 push-ups, 3= 20 sec wall sit, 2 burpees and 1=30 sec plank.

On the 5th day of Christmas, the Community Wellness Advocate gave to me:
5 hip bridges, 4 push-ups, 3=20 sec wall sit, 2 burpees and 1=30 sec plank

On the 6th day of Christmas, the Community Wellness Advocate gave to me:
6 lunges (each leg), 5 hip bridges, 4 push-ups, 3=20 sec wall sit, 2 burpees and 1=30 sec plank

On the 7th day of Christmas, the Community Wellness Advocate gave to me:
7 jumping jacks, 6 lunges (each leg), 5 hip bridges, 4 push-ups, 3=20 sec wall sit,
2 burpees, and 1=30 sec plank

On the 8th day of Christmas, the Community Wellness Advocate gave to me:
8 crunches, 7 jumping jacks, 6 lunges (each leg), 5 hip bridges, 4 push-ups,
3=20 sec wall sit, 2 burpees, and 1=30 sec plank

On the 9th day of Christmas, the Community Wellness Advocate gave to me:
9 tricep kickbacks, 8 crunches, 7 jumping jacks, 6 lunges (each leg), 5 hip bridges,
4 push-ups, 3=20 sec wall sit, 2 burpees, and 1=30 sec plank

On the 10th day of Christmas, the Community Wellness Advocate gave to me:
10 Side bends, 9 tricep kickbacks, 8 crunches, 7 jumping jacks, 6 lunges (each leg),
5 hip bridges, 4 push-ups, 3=20 sec wall sit, 2 burpees, and 1=30 sec plank

On the 11th day of Christmas, the Community Wellness Advocate gave to me:
11 bent over flies, 10 side bends, 9 tricep kickbacks, 8 crunches, 7 jumping jacks,
6 lunges (each leg), 5 hip bridges, 4 push-ups, 3=20 sec wall sit, 2 burpees, and
1=30 sec plank

On the 12th day of Christmas, the Community Wellness Advocate gave to me:
12 squats, 11 bent over flies, 10 side bends, 9 tricep kickbacks, 8 crunches,
7 jumping jacks, 6 lunges (each leg), 5 hip bridges, 4 push-ups, 3=20 sec wall sit,
2 burpees, and 1=30 sec plank

STOP THE STIGMA.

Member of our Tribal Community and need help? Call LTBB Behavioral Health.
(231) 242-1640

PRC Covers Chiropractic Care!

How do I get covered?

1. Make an appointment at the LTBB Health Clinic and discuss with your physician if chiropractic care would be helpful for you.
2. If so, your physician will refer you for chiropractic care and your referral will be reviewed by our managed care team.

All approved referrals will be eligible for three visits and **ONE medical massage per month!** Patients are required to follow up with their physician annually to continue chiropractic care.

Call the LTBB Health Clinic today to get started! 231-242-1700

EAT WELL BE WELL

The LTBB Community Health / Mnozhiyaadaa Department is **EXCITED** to announce that our Dietitian is able to meet with patients via Zoom!

Recently, Charla Gordon, MA, RD, CDCES, CHES, completed her Certification for Well Coaches! So, if you need assistance in preparing your pantry, making healthier food choices, or to have someone work with you on making changes to improve your health, then contact Charla!

CGordon@lbbodawa-nsn.gov

SPECIALTY SERVICES:
+Weight Management
+Children's Health
+Specialty Diets
+Improve performance for all body types

Email Charla today to schedule an appointment!

SMILE WITH CONFIDENCE

Elders Dental Assistance Program is now processed through the Health Department!
Call to see if you qualify!
231-242-1600

Don't miss out on the sounds of life.

Hearing aid assistance is now processed through the Health Department.
Call to see if you qualify!
231-242-1600

SPRING Seeks Input Through Annual Survey

Aanii!

The SPRING team wants to let you know that even during this time of social distancing and in-person meeting restrictions, we are still here to teach "culture is prevention" and Significant Prevention Results In New Generations.

We recently sent out a mailing of our annual adult

substance abuse survey. If you are a tribal citizen aged 20 or older in Emmet, Charlevoix or Cheboygan, MI, counties, keep a lookout for our survey. If you complete it, SPRING will send you a \$10 Subway and \$5 Kilwin's gift card.

Miigwech and stay safe.

SPRING Team

Courtesy graphic.



KEEPING YOURSELF HEALTHY OVER THE HOLIDAYS

Submitted by **Emily Ferroni, LTBB Patient Navigator**



Keep Moving

With the busy holiday season here, it's important to remember to prioritize your health. Enjoy time with your family and friends and remember to make some time for self-care such as getting in daily movement or exercise. Exercising regularly is important for many aspects of your health, including to help reduce your risk of cancer. With the hustle and bustle of the holiday season, our schedules often change, and we don't get time for ourselves, and that's ok. You can still prioritize your health and make memories with your favorite people. Incorporate exercise and movement with your family and friends. Some fun winter activities include sledding with the children, but make sure to walk back up the hill rather than taking a lift. You can also go snowshoeing, cross-country skiing, downhill skiing and take nature walks to enjoy the change of

seasons from fall to winter. Joining a traditional dance group or an exercise class is a great gift to give yourself. Just because the snow comes doesn't mean you have to slow down.

Eating Healthy Traditional Foods

Appreciating all the foods the holiday season offers is a big part of traditions. Of course, you should not feel guilty for eating these foods, but remember, everything is good in moderation. Try to incorporate traditional foods and recipes into your meals: Wild rice, salmon, whitefish, corn, squashes and bean. Taking time to sit down with your family when eating and being mindful of portion sizes are some of the ways to enjoy the holiday meals while also ensuring your body is getting a fair amount of fiber, vitamins and minerals. Enjoy your holiday season and all the joy it brings. Keep your traditions and health close to your heart, and while you show love to your family and friends, don't forget to put your well-being at the top of your gift list for yourself and your family this holiday season!



Michigan Maple Salmon

Looking for a traditional recipe to try? A Maple Salmon recipe can be viewed at www.odawatrails.com

Courtesy graphic and courtesy photo.

Community Support Group

Provided by: LTBB Behavior Health

Zoom meeting will take place every Tuesday and Thursday @ 12 pm Starting 4/9/2020

The meetings are intended for anyone that would like to talk to others during this difficult time. Cultural Advisor, Matt Davis and Case Manager, Sara Hacker will provide the community with information on; community resources, cultural teachings, talking circles and more.

Information on how to participate please call 231-242-1640



WE ARE ALL IN THE SAME SHOES. OPIOID ADDICTION DOESN'T DISCRIMINATE

Opioid addiction is a medical condition that can affect any race, gender, or social class. Those affected need our compassion and respect.

- Opioids can be highly addictive.
- Talk to your doctor about other options for pain management.
- Never share an opioid prescription.
- Dispose of unused medication safely at a take-back program near you.



STOP THE STIGMA.

If you are a member of our Tribal Community and you need help, call Little Traverse Bay Bands of Odawa Indians Behavioral Health at (231) 242-1640

100% Funded by SAMHSA Tribal Opioid Response grant #479710817A

NOVEMBER 2021 RESOURCES

Compiled by the **Inter-tribal Council of Michigan**

Dear LTBB,

Through your participation in the Walmart Healthy Nutrition and/or the MI Tribal Food Access Coalition Projects, we have compiled a set of resources for each month in 2021. The resources are focused on healthier eating using ingredients which may either be found at your local grocery store, farmer's market or Food Distribution Program on Indian Reservations (FD-PIR) site.

The resources which are shared each month also include Anishinaabe culture through the 13 Moons Anishinaabe Nutrition project. Last-



ly, we have included two handouts from the Academy of Nutrition and Dietetics which support the monthly recipe. This eleventh set, November

2021, includes:

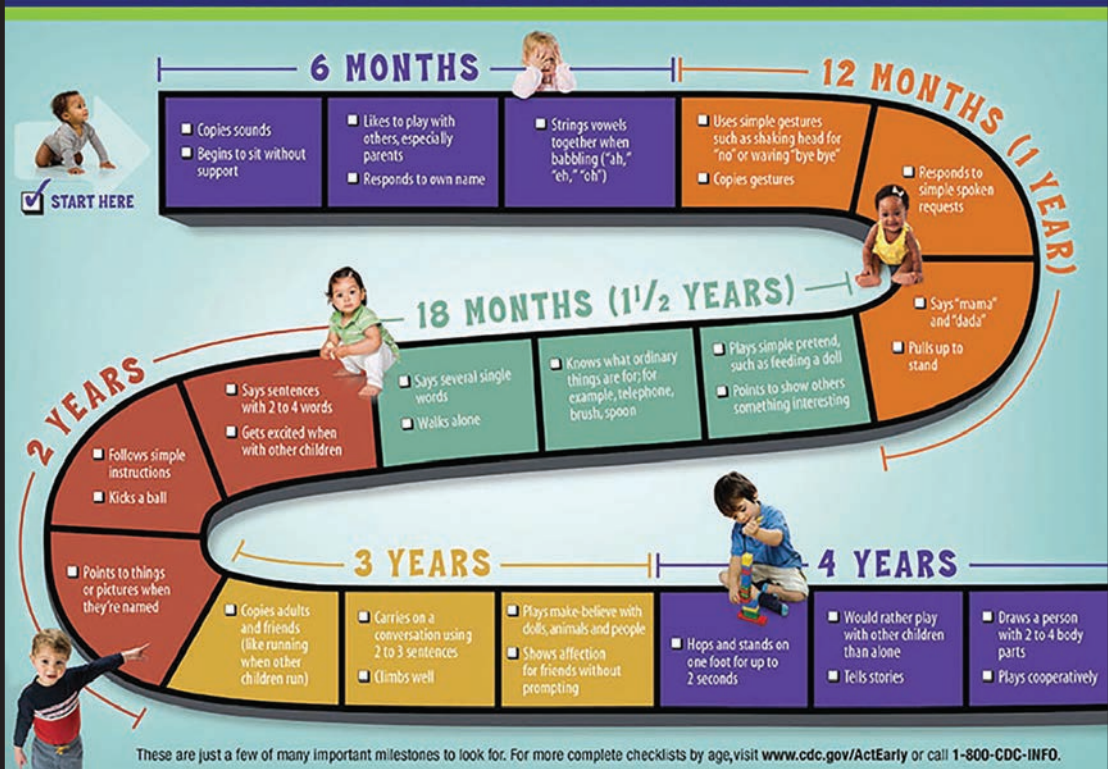
- The Pozole Recipe with the link to the cooking demonstration video.
- A warm and satisfying Roasted Root-Root Vegetables Recipe.
- A lesson from the 13 Moons Anishinaabe Project – Gashkadino Giizis (Freezing Moon).
- 2020 Academy of Nutrition and Dietetics - Eat right Essentials: "Eating Healthy on a Budget: Healthy Dinners" Handout.
- 2020 Academy of Nutrition and Dietetics – Eat right Essentials - "Cooking Basics: Flavor Boosters" Handout.

You can view these at www.ltbbodawa-nsn.gov

Courtesy graphic.

Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



Enroll in Medicaid: For yourself, For your family, For your community.

Medicaid and the Children's Health Insurance Program (CHIP) offers low-cost or free health insurance for you and your family. In many states, more adults than ever before may qualify for Medicaid.

American Indians and Alaska Natives who are eligible for Medicaid or CHIP:

- Can still get care from your Indian care provider.
- Don't have to pay premiums or co-payments.
- Indian trust income is not counted to determine eligibility and is protected from Medicaid estate recovery rules.

You benefit by having greater access to health care services. Tribes benefit because their health programs get more resources.

To find out if you qualify, visit HealthCare.gov or call 1-800-318-2596 (TTY: 1-855-889-4325) or contact your local Indian health care provider for help applying.

Who may be eligible?

- Children and teens up to age 19
- Parents (and other adults, depending on the state)
- Pregnant women
- People with disabilities
- Youth "aging out" of foster care

Eligibility depends on income, the size of your family and the rules in your state.

When you enroll, you can get:

- Doctor visits
- Preventive care, such as immunizations, mammograms and colonoscopy
- Prenatal and maternity care
- Hospital stays
- Mental health care
- Needed medications
- Children get vision and dental care (adults may get these benefits too)

Little Traverse Bay Bands of Odawa Indians Patient Benefits Specialist

1260 Ajiak Ave. Petoskey, MI 49770
P: (231) 242-1752 F: (231) 242-1617
ardavis@ltbbodawa-nsn.gov

Apply online at michigan.gov/mbridges, call your local MDHHS, or contact the LTBB Patient Benefits Specialist



CMS Product No. 11832-N June 2016

COMMUNITY HEALTH TO ESTABLISH WELLNESS TRAIL

Aanii from the Community Health Team. In keeping the greater tribal community safe, we are faced with the challenge of continuing the momentum for the tribal community to being healthy and physically active during this time. It is evident something needs to change.

Several years ago, a wellness trail was discussed and researched at another location in the Roscommon County, MI, area. This particular trail was just over a mile and provided 32 exercise stations for all fitness levels. From stretching to full cardio back to a cool down was all provided within these stations along the walking trail.

While encountering these new difficulties, the current Community Health Team has become so inspired to this idea of recreating an outdoor physical activity area for our tribal citizens and community. We call this the Ogichidaa (Warrior) Trail. This trail will provide an outdoor option for community members and help maintain their health and beyond. The location for

this will be just outside the Pow Wow Grounds and is approximately 0.5 miles long. Individuals have the option of just walking or running the shorter trail and adding in the 12-15 physical activity stations they choose to complete. Many community members and employees walk the mile the Odawa Circle offers, but with the addition of the Ogichidaa Trail on the inside, they will have an opportunity for a full body workout. The workout would include activities for improving flexibility, muscle toning, cardiovascular conditioning to testing an individual's balancing skills. Any fitness level and ages are welcomed to use this trail as we see this opportunity as a family-friendly option for our community.

Funding for this project opportunity will be provided by the Good Health and Wellness in Indian Country grant and also from the Health Department. Construction is set to be finished in the early spring of 2022.

Courtesy photos.



STAY CONNECTED!
Text "HigherEd" to 33222 to receive LTBB Higher Education updates and deadline reminders. Standard data and msg rates apply.

MEDICARE REIMBURSEMENT PROGRAM



REIMBURSEMENT FOR BOTH B AND D PREMIUM EXPENSES



WHO QUALIFIES?

- To qualify for this program, you must:
1. Be an enrolled member of LTBB
 2. Be enrolled in Medicare
 3. Show proof of Medicare premium expenses
- *DOCUMENTATION WILL BE REQUIRED*



! IMPORTANT INFORMATION !

YEARLY APPLICATION DEADLINES:
FIRST PAYMENT: **FEBRUARY 14TH**
SECOND PAYMENT: **AUGUST 14TH**

APPLICATION **PROCESSING** BEGINS JANUARY 1ST AND JULY 1ST. CHECKS CAN TAKE SEVERAL WEEKS TO BE SENT OUT DEPENDING ON VOLUME OF APPLICATIONS. PLEASE BE PATIENT AS WE WORK TO SEND PAYMENTS OUT TO ALL OUR ELIGIBLE TRIBAL CITIZENS. INCOMPLETE APPLICATIONS WILL BE **NOT** BE ACCEPTED.

QUESTIONS? CONTACT VALORIE GLAZIER, LTBB SPONSORSHIP SPECIALIST, AT 231-242-1748

NATIVE WAY

LTBB Community Health is excited to announce you are now able to schedule your workout sessions.

If you already have a membership, all you need to do is scan the QR code with your cell phone camera to begin.



If you do not have a membership, you will need to have a current physical. Once your physical has been completed, then you will need to call Marlene Gasco, Health Wellness Advocate, to schedule your orientation. (231)487-1796

Brought to you by LTBB Community Health
<https://tinyurl.com/NativeWaySignUp>

Hours: Monday – Friday 8 am – 6 pm
Phone: 231-242-1750

What prescriptions are filled at the LTBB Pharmacy?

- Prescriptions written by LTBB Clinic Providers
- Prescriptions written by providers where you have been referred to by the LTBB Clinic

PLEASE BE AWARE OF HOLIDAY HOURS AND MEDICATION REFILLS.

Maahtaag Mnobmaadzid (Maj-tog Minowb-maude-zid) Means "A Start of a Healthy Life"

We are working towards providing services and information that will keep our infants, women and families in the best of health. There are no income guidelines to determine eligibility. We hope our services will reach all families who will be bringing an Anishinaabe baby into this world. Our program is designed to provide services needed to both parent and newborn up to the age of five years.

Maahtaag Mnobmaadzid is designed to complement, but not replace obstetrical and pediatric medical care.

In addition to providing support and education during pregnancy, there is also a focus on helping women become and stay healthy before and after pregnancy. We affirm the sacred role of women in the community as givers of life and promote understanding of the importance of family well-being and the health of women throughout the lifespan.

For more information on Maahtaag Mnobmaadzid, please call Carol J. Sodman-Morris, Maternal Nurse Educator for Family Spirit, at 231-242-1614.



HUMAN SERVICES DEPARTMENT

HUMAN SERVICES MAILBOX NOW AVAILABLE



The Department of Human Services (DHS) would like to announce our new mailbox for tribal citizens to drop off DHS applications. It is located outside the main door at the 911 building in Petoskey, MI. Staff will be checking it throughout the day Monday through Friday, and it will be available for tribal citizen use on the weekends.

DHS is not responsible for lost/stolen items if used for other departments.

Courtesy photo.

DO YOU QUALIFY FOR THE LTBB U.S.D.A. FOOD DISTRIBUTION PROGRAM?

Please call our office to see if we are able to help you!
**Call Monday - Friday
 8 am to 5 pm at 231-242-1620.**

**food distribution varies depending on availability*

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, RELIGION, POLITICAL BELIEFS, OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING 1400 INDEPENDENCE AVENUE, S.W. WASHINGTON D.C. 20250-9410, OR CALL (202) 702-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

DECEMBER 2021 FOOD DISTRIBUTION PROGRAM SCHEDULE

Open Distribution: 6th - 10th from 9am - 3pm

Call 231-881-2855 or 231-347-2573 for food pick-up appointments outside of our Open Distribution Week

828 Charlevoix Ave. Petoskey, MI 49770 Behind Fletch's Auto

Deliveries:
 Local: 2nd and 3rd
 Peshawbestown: 15th
 Traverse City: 16th

For more information, contact
 Food Distribution Program
 Specialist Joe VanAlstine
 at 231-347-2573

NEED HELP PAYING FOR CHILD CARE? WE CAN HELP!

APPLICANT DOCUMENTS

- ★ TRIBAL ID
- ★ SOCIAL SECURITY CARDS FOR ALL HOUSEHOLD MEMBERS
- ★ 30 DAYS PROOF OF INCOME FOR ALL HOUSEHOLD MEMBERS
- ★ SUPERVISOR SIGNED WORK/SCHOOL SCHEDULE
- ★ PROVIDER AGREEMENT

LICENSED PROVIDERS

- ★ COPY OF STATE UNEXPIRED LICENSE

UNLICENSED PROVIDERS

- ★ STATE ISSUED ID
- ★ ABILITY TO PASS ANNUAL BACKGROUND CHECKS

LITTLE TRAVELER BAY BANDS OF ODAWA INDIANS DEPARTMENT OF HUMAN SERVICES
 911 STREET, PETOSKEY, MICHIGAN

USDA INVESTS \$3.5 MILLION TO PROVIDE FOOD PURCHASING OPTIONS TO TRIBAL COMMUNITIES, INCLUDING LTBB



USDA's Food and Nutrition Service (FNS) awarded \$3.5 million to eight tribal nations for a project that, for the first time, will offer them greater flexibility in their administration of the Food Distribution Program on Indian Reservations (FDPIR).

The FDPIR Self-Determination Demonstration Project empowers tribal nations by giving them more options in selecting foods for their FDPIR food packages, so they better align with their dietary preferences. The project also allows tribal nations to purchase directly from commercial vendors instead of USDA.

"USDA is fully committed to supporting the restoration of indigenous food, to empower indigenous agricultural economies and to improve indigenous health through traditional foods. This FDPIR demonstration project is an important part of that effort," said Stacy Dean, deputy under secretary for food, nutrition and consumer services. "We are embracing this opportunity to make long-term enhancements to FDPIR by learning more about the nutritional needs and preferences of tribal communities."

The 2018 Farm Bill authorized USDA and the Department of the Interior (DOI) to collaborate on a demonstration project to give tribes more control over food procurement in FDPIR. Between February 2019 and October 2020, tribal leaders and FDPIR-administering tribes met with FNS to inform the final aspects of the demonstration project.

FNS funded all eligible proposals from tribal nations interested in participating in the demonstration project, including:

- Tribe of Wisconsin
 - The Red Cliff Band of Lake Superior Chippewa from Wisconsin
 - **The Little Traverse Bay Bands of Odawa Indians from Michigan**
- The Lummi Nation from Washington State
- The Alaska Native Tribal Health Consortium (ANTHC) from Alaska
- The Chickasaw Nation from Oklahoma
- The Mississippi Band of Choctaw Indians from Mississippi

Project implementation began in October 2021 with some contracts expected to last up to three years. Tribes proposed to purchase a variety of products, including meats, fish, grains and fresh produce.

FDPIR's current, traditional operating model, purchases nutritious, 100% domestic-grown and produced USDA Foods for eligible households. The foods are then shipped to tribal nations and state agencies which administer FDPIR. These administering agencies store and distribute the foods, determine applicant eligibility and provide nutrition education to participants. USDA provides the administering agencies with funds for the program's administrative costs.

FDPIR is administered by 105 tribal nations and three state agencies and provides benefits and nutrition education services to approximately 278 federally recognized tribes across the United States. In FY 2020, the program served approximately 75,000 individuals per month.

USDA's Food and Nutrition Service leverages its 15 nutrition assistance programs to ensure children, low-income individuals and families have opportunities for a better future through equitable access to safe, healthy and nutritious food while building a more resilient food system. Under the leadership of Secretary Tom Vilsack, FNS is fighting to end food and nutrition insecurity for all through programs such as SNAP, school meals and WIC. FNS also provides science-based nutrition recommendations through the co-development of the Dietary Guidelines for Americans. To learn more, visit www.fns.usda.gov.

Courtesy photo.

Emergency Relief Program

Open to all Tribal Citizens regardless of county of residence

Apply now, first come, first serve basis.

Types of assistance:

Energy Assistance to prevent shut-offs or propane under 25%	Housing Assistance to avoid evictions or foreclosures
Food Assistance	Vehicle Repairs

The need must be **directly** related to the coronavirus pandemic. This is not a reimbursement or stimulus program. The payment will go directly to the vendor of the type of assistance needed.

Applications can be obtained on the LTBB website
www.ltbbodawa-nsn.gov

in the form's directory for Human Services.

You can also call Human Services at 231-242-1620 to have an application mailed. You can submit applications with required documentation to DHSApplications@ltbbodawa-nsn.gov. You can also fax or mail the application. Call Human Services if you have any questions. 231-242-1620

Al-Anon Meetings
 LTBB Health Park, every Wednesday 7-8 pm

Use the right back door for entrance and parking.

There is no magic formula that enables you to help someone stop – or cut back - on his or her drinking. Alcoholism is a complex problem with many related issues. But, Al-Anon can help you learn how to cope with the challenges of someone else's drinking. Come ask questions, share or just listen.

231-675-7044 www.miafg.org

SEEKING: FOSTER HOMES

Little Traverse Bay Bands of Odawa Indians Department of Human Services is searching for foster homes!

If you, or someone you know, have the time and desire to become a foster parent for our youth, please contact the LTBB Department of Human Services at 231-242-1620

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) UPDATE

Update on the Shell Egg Pilot and Dried Eggs



Prior to October 1, 2021, ITOs which were on the shell egg pilot and ordered eggs through the USDA DoD Fresh Fruit and Vegetable Program (USDA DoD Fresh) were only allowed to distribute shell eggs. ITOs not on the shell egg pilot were only allowed to distribute dried eggs. Due to the success of the shell egg pilot and the positive impact it has had on FDPIR, USDA is offering the opportunity for all programs to receive shell eggs and allowing both shell eggs and dried eggs to be distributed by all ITOs.

FDPIR Adds Four USDA DoD Fresh Produce Items to the Food Package

Lettuce, red peppers, spinach and jalapeño peppers, these are the four new additions to the FDPIR food package.

The FDPIR Food Package Review Workgroup voted

to add these four USDA DoD Fresh produce items to the FDPIR Food Package. The four new USDA DoD Fresh produce items include:



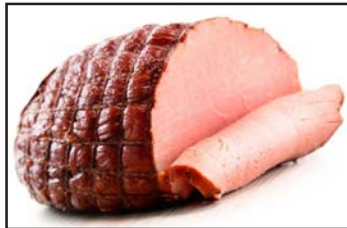
- Iceberg Lettuce: One head equals one vegetable unit (year-round)
- Red Peppers: Three medium peppers equal one vegetable unit (can be mixed with green peppers, both are seasonal produce items and not available year-round)
- Spinach: one bag equals one vegetable unit (year-round)
- Jalapeño Peppers: Twelve peppers equal one vegetable unit (year-round)

To help ITOs and participants promote and incorporate these new items into the food package, we've created four Product Information Sheets, one for each item. Each sheet highlights the nutrition/health benefits of the item, tips

on storage, how to incorporate the item into meals and snacks and two recipes.

Pit Ham and Shelf-Stable Peach Cups Available

We are pleased to announce we were able to successfully procure pit ham for the holiday season. As you know, we have experienced many challenges purchasing this product due to food supply chain issues brought on by the pandemic. Pit ham is currently available for order in both national warehouses and fair share amounts have been distributed.



Shelf-stable peach cups in 100% juice are also available in the national warehouse as a bonus item. Fair share amounts have been distributed and ITOs can place orders now. The shelf-stable peach cups are four ounce each and come with four cups per sleeve. This item is perfect for an afternoon snack or can be packed in a lunch.

Courtesy photos.

SURVIVOR OUTREACH SERVICES

The LTBB Survivor Outreach Advocate administers Support Services and is located in the LTBB DHS office. Assistance is available to Native American women and children who are survivors of domestic or sexual violence as well as non-Native intimate partners and their families.

Assistance may include the following:
 Non-Emergency Transportation Assistance ~ Assistance with Personal Protection Orders ~ Problem Solving and Safety Planning ~ Emergency Food Vouchers ~ Advocacy and Referrals ~ Court Accompaniment ~ Relocation Assistance ~ Clothing / Toiletries

Please call LTBB Survivor Outreach Services at 231-242-1620, Monday - Friday, from 8 am to 5 pm

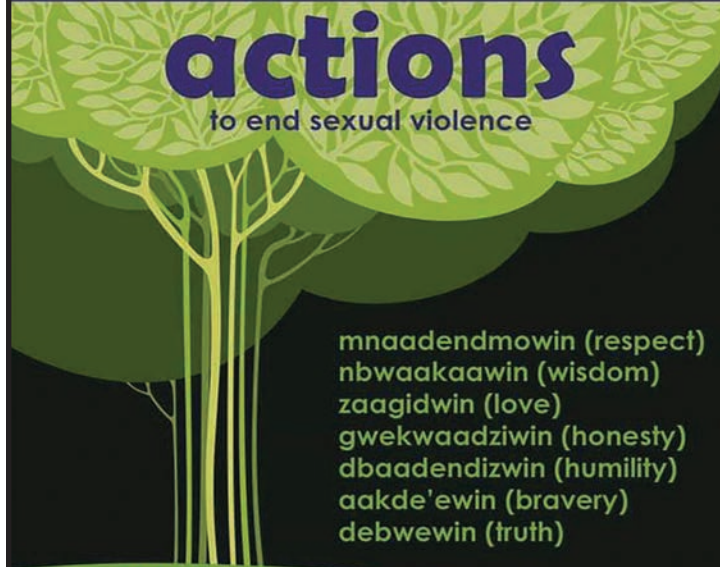
Support for domestic abuse or sexual assault is also available at the Women's Resource Center of Northern Michigan 24-hour crisis and information line at 231-347-0082 or for long distance callers 1-800-275-1995.

"THIS DOCUMENT WAS DEVELOPED BY THE LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS SURVIVOR OUTREACH SERVICES SUPPORTED BY GRANT No. 2012-TW-AX-0034 AWARDED BY THE OFFICE ON VIOLENCE AGAINST WOMEN, U.S. DEPARTMENT OF JUSTICE. THE OPINIONS, FINDINGS, CONCLUSIONS, AND RECOMMENDATIONS EXPRESSED IN THIS PUBLICATION/PROGRAM/EXHIBITION ARE THOSE OF THE AUTHOR(S) AND DO NOT NECESSARILY REFLECT THE VIEWS OF THE DEPARTMENT OF JUSTICE, OFFICE ON VIOLENCE AGAINST WOMEN."

The 7 Grandfather Teachings guide us in our

actions

to end sexual violence



- mnaadendmowin (respect)
- nbwaakaawin (wisdom)
- zaagidwin (love)
- gwekwaadziwin (honesty)
- dbaadendizwin (humility)
- aakde'ewin (bravery)
- debwewin (truth)



Little Traverse Bay Bands of Odawa
 Survivor Outreach Services
 Call Monday through Friday 8-5: (231) 242-1620

24-Hour Crisis and Information Line:
 (231)347-0082 or (800)275-1995
 Operated by Women's Resource Center of Northern Michigan

This brochure was developed by the Little Traverse Bay Bands of Odawa Indians Survivor Outreach Services supported by Grant No. 2018-WB-AX-0013 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

deviled eggs

9 amazing ways



 avocado deviled eggs avocado, cilantro, lime, garlic, + jalapeno	 deviled eggs with bacon mayonnaise, dijon, chives, bacon, + cayenne pepper	 jalapeno deviled eggs mayonnaise, cream cheese, bacon, jalapenos, cheddar
 spicy deviled eggs mayonnaise, hot sauce, blue cheese, celery, taco seasoning	 deviled eggs with relish mayonnaise, smoked paprika, relish, black olives, red onion	 smoked deviled eggs mayonnaise, bbq sauce, red onion, cheddar, cilantro
 classic deviled eggs mayonnaise, dijon, + smoked paprika	 smoked salmon deviled eggs mayonnaise, red onions, smoked salmon, everything but the bagel seasoning	 pickled deviled eggs beet, mayonnaise, dijon, smoked paprika + celery

TOGETHER

With compassion and community we can end violence against women and girls



- | | |
|--|---|
| <p>KNOW RESPECT
 Mnaadendmowin
 Be respectful</p> <p>SHOW LOVE
 Zaagidwin
 Be caring</p> <p>BE HONEST
 Gwekwaadziwin
 Be truthful</p> | <p>The 7 Grandfather Teachings
 LOVE
 RESPECT
 COURAGE
 HONESTY
 WISDOM
 HUMILITY
 TRUTH</p> |
|--|---|



Get involved • Support survivors

Little Traverse Bay Bands of Odawa Indians
 Call Monday through Friday 9-5: (231) 242-1620
 Women's Resource Center of Northern Michigan
 24-Hour Crisis and Information Line: (231) 347-0082 or (800) 275-1995



This brochure was developed by the Little Traverse Bay Bands of Odawa Indians Survivor Outreach Services supported by Grant No. 2015-TW-AX-0030 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.



LTBB Behavioral Health has an open **Talk-line** for community members.

If you are feeling a need to talk with someone, please reach out to us! Take advantage of this resource before experiencing a crisis.

The **Talk-line** is open from 8 AM to 5 PM and is staffed by a LTBB Behavioral Health counselor.

Call 231-242-1645 to speak to a counselor.

GIJIGOWI ANISHINAABEMOWIN LANGUAGE DEPARTMENT

MAKWE - FOOTPRINTS

By **Maryanne Endanawas**, Project Instructor/Fluent Speaker

Ngoding giikinoomaagaazawok shkinwek waazhizhitoowaad minwaagodoowaad waaboozonh ngwaaganan. Giibmosewok emtigwaaki giizhinoomaagaazawaad ezhinaagok mkwewaad waaboozonhik.

One winter, a few young boys were taught to make and hang rabbit snares. They walked in the woods and were taught how to recognize rabbit tracks.

Aabdek ntam kwiindawaamdan makwewaad waaboozonhik. Naangodnang baatiinwok wesiinhak bemkowejik. Wepii shkwaa zookpok gdaabaandakwek waaboozonhin. Gishpin ndakwegewaad weweni mii go daningwaanaad waaboozonh.



First, you need to look for rabbit tracks. Sometimes, there are many animal tracks. After it snows, it's time to go

out and look at rabbit tracks. If you track well, then you will snare a rabbit.

Pane ensa kizhep giimaa-jaawok baawijiiwaa'aad ooswan emtigwaaki ndakendamowaad waaboozonh ngwaaganan.

The two boys went with their father every morning to check the rabbit snares.

Gibegiizhik giizhaawok kinooomaagegamigong. Mii-dash pii dagwoshnowaat mezhiwe-daabaaning, jina biindi-geptowok wiisniwaad.

The boys were gone to school all day. When they arrive and get off the bus, they quickly go inside to have their supper.

Pane oodi gidaaki nipatoowok wiindakendamooowaad ngwaaganan. Pane gwa bezhik maage niizh giingwaanaawaan waaboozonhin.

Then, they run up the hill to go and check on rabbit snares. They always snared one or two rabbits.

Giindamziwok gonda shkinwek, aabdek ge'e wiikwezhooshkwaadwewok minwaa wiibaamwebagewok mkomiing. Mii go nidibikak baamaanigiwewaad. Aapji giipshigendaanaawaa baamboozwaad oodi zaagagaanshing. Giigchinendamok giiginaajwit mkom ensa biboong.



The boys were busy, they also had to go skating and play with their hockey sticks on the river. They thoroughly enjoyed skating there on the lake. And the ice was always smooth for skating each winter.

Giishpin shiimewan baawijiwenid aabdek wiikawaabmawaan baazhooshkwaadwenid. Naangodnang giinakaaznawaa naabkowaagan wiiwiikbinaawaad shiimeyan. Wiinwaa gwaagiindazhichigewok wii minwendaagwaziwok.

If their younger sister came along, they had to keep an eye on her. Sometimes, they used her long scarf to pull her on the ice. They created some kind of activity, so everyone could have fun.

Gaawii giiniboodewzi-siiwok, pane giite waanankiwaad.

They were never bored. They always had something to do.

Courtesy graphics.

LTBB Anishinaabemowin

Find us on **facebook**

Dengwe-Mzinigan: Face-Book

Gijigowi Anishinaabemowin Language Department hosts Facebook Group called "LTBB Anishinaabemowin."

We will post materials for language learning, announcements and flyers. Materials will be accessible on the group page under the "Photos" tab or the "Files" tab. PowerPoints with audio and PDF's are downloadable.

- Search our name and "Join."
- Add your family and friends.
- Post Comments and Language Items.

For more information, contact Little Traverse Bay Bands of Odawa Indians, Gijigowi Anishinaabemowin Language Department at 231-242-1457 or toll free 1-866-652-5822 or e-mail LangTech@ltbbodawa-nsn.gov

Message (Rich Text)

To: GHN (YOU)

Subject: Bibezhik Kidwin

Bibezhik Kidwin ~ One Word at a Time. AUDIO ATTACHED

LTBB Gijigowi Anishinaabemowin Language Department would like to add you to our Bibezhik Kidwin e-mail list. A word or phrase is sent each work day and includes mp3 audio, so you can hear the word sounded out. Just another little tool to learn and practice Anishinaabe Language! To be added to the list, e-mail [Carla Osawamick at cosawamick@ltbbodawa-nsn.gov](mailto:Carla.Osawamick@ltbbodawa-nsn.gov)

You've Got Mail

Weekend Urgent Care Alternative!

McLaren Northern Michigan MedCenter, formerly known as Northern Michigan MedCenter and Quick Care, can be utilized when immediate attention is needed for an urgent, but not life-threatening condition, and the LTBB Health Clinic in Petoskey, MI, is closed.

When using McLaren Northern Michigan MedCenter, formerly known as Northern Michigan MedCenter and Quick Care, you are required to call LTBB Contract Health at 231-242-1600. Notice must be received within 72 hours of the visit. LTBB Elders have 30 days to notify Contract Health.

After hours and weekend emergency treatment can be obtained at McLaren Northern Michigan Regional Hospital in Petoskey, MI, or Munson Healthcare Charlevoix Hospital in Charlevoix, MI.

McLaren Northern Michigan MedCenter
116 W. Mitchell Street Petoskey, MI 49770
231-348-2828

McLaren Northern Michigan Regional Hospital
416 Connable Avenue Petoskey, MI 49770
1-800-248-6777

MUNSON HEALTHCARE Charlevoix Hospital
14700 Lake Shore Drive, Charlevoix, MI 49720
231-547-4024

No Insurance? See if you qualify for the Healthy Michigan Plan!

HEALTHY MICHIGAN PLAN

The Healthy Michigan Plan provides health care benefits to Michigan residents at a low cost so that more people can have health care coverage. Individuals are eligible for the Healthy Michigan Plan if they:

- Are age 19-64 years
- Have income at or below 133% of the federal poverty level* (\$16,000 for a single person or \$33,000 for a family of four)
- Do not qualify for or are not enrolled in Medicare
- Do not qualify for or are not enrolled in other Medicaid programs
- Are not pregnant at the time of application
- Are residents of the State of Michigan

*Eligibility for the Healthy Michigan Plan is determined through the Modified Adjusted Gross Income methodology.

If you do not have insurance and would like to fill out an application, contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 or by e-mail at vglazier@ltbbodawa-nsn.gov to set up an appointment today!



Zookpo. It's snowing.



Zhooskwaade. She is ice skating outside.



Zhooshkijiwewok. They are sliding.



Ngiigdin gojjiing. It is frosty outside.



Giizhoopzan. Dress warm.



Kisinaa! It is cold!



Minidomineskedaa. Let's bead.



Minwaajimo. Telling a good story.



Boodwe. To build a fire.



Daminiwok megwe goon. They are playing in the snow.



Gibeboon. It's a long winter.



Giizhoozik. Stay warm.

VIOLENCE

has NEVER been a Native American tradition



Use the Anishinaabemowin winter words chart on page 14 to complete the word puzzle below.

It's a long winter.

_____ ○ _____

Dress warm.

○ _____

To build a fire.

○ _____

Stay warm.

_____ ○ _____

It is snowing.

_____ ○ _____

Telling a good story.

_____ ○ _____

Place the circled letters into the boxes below to see the mystery word.

Grid of six empty boxes for a word puzzle.

Puzzle key on page 32.

Anishinaabemdaa.com

New mobile friendly website, new design, updated code, new games, new legends and more!



Learn the Anishinaabe Language

- Grammar
- Everyday Terms
- Culture
- Legends
- History
- Fun and Games
- Language Camp Info
- Coloring Book
- CD-ROMs Info

Anishinaabe Weather Terms

Past	Present	Future
It was a good day yesterday Gimnagizhgat jiinaagwaa	It is a good day today Mnagizhgat nangwaa	It will be a good day tomorrow Wimnagizhgat waabang
It was a hot day yesterday Gigizhaatengat jiinaagwaa	It is a hot day today Gizhaatengat nangwaa	It will be a hot day tomorrow Wiigizhaatengat waabang
It rained yesterday Gimnisaan	It is raining today Gimisaan	It will rain tomorrow Wimnisaan

Hundreds of interactive words and phrases with audio!

Ebiimoshin (modern phrase to say "e-mail me")

Bibezhik Kidwin E-mail List - One word at a time -

E-mails sent of a single word or phrase with MP3 audio sound attached.

Anishinaabemowin E-mail List: In addition to the Bibezhik Kidwin e-mails, you'll also receive occasional e-mails regarding Anishinaabemowin Language such as announcements of Language or Cultural Activities, Classes, Events or General Information and News.

Send us an e-mail, and we'll add you to the "Bibezhik Kidwin E-mail List" or the "Anishinaabemowin E-mail List." Carla Osawamick (McFall) at cosawamick@ltbbodawa-nsn.gov



#WHY WE WEAR RED

MISSING & MURDERED INDIGENOUS WOMEN

IN MANY TRIBES, RED IS KNOWN TO BE THE ONLY COLOR THAT SPIRITS SEE. BY WEARING RED, WE HOPE TO CALL BACK THE MISSING SPIRITS OF OUR WOMEN AND CHILDREN



FREE ONLINE TUTORING

LIVE ONLINE HELP, WRITING LAB & SO MUCH MORE

Get Help Today!

Students can log in using the following Username template: first name+last name+ltbb. The student's birthdate is used for the password. (Ex. John Smith, born August 10, 2008; U: johnsmithltbb & P: 8102008.)



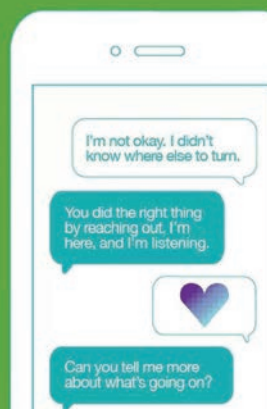
Please contact the Niigaandwin Education Department at 231-242-1480.



web: www.brainfuse.com e-mail: info@brainfuse.com phone: 1-866-BRAINFUSE

In crisis? Text Native to 741741.

#WeNeedYouHere



CRISIS TEXT LINE



JUDICIAL BRANCH

TRIBAL COURT PANDEMIC RESPONSE AND PREPAREDNESS

Aanii LTBB Community:

The Tribal Court serves a critical function in our system of government and in the day-to-day wellbeing of our community. When the COVID-19 pandemic began, the Judiciary felt it was critical Tribal Court find a way to continue to provide services to the community. The court has taken several steps throughout the pandemic to ensure the public is able to utilize services provided by the court.

The court adopted administrative orders which ensured cases involving children, families and criminal cases continued to be heard. The Tribal Court purchased a Zoom license during the first week of the LTBB Government closure in 2020. This allowed the court to continue to hold hearings for Healing to Wellness Court and for other cases given pri-



ority by administrative orders. The court also purchased a Polycom system. Polycom is a point-to-point video conferencing system which connects courts to jails, prisons, detention centers and mental health facilities throughout Michigan. The addition of the Polycom system has enabled Tribal Court to hold hearings without having to have Law Enforcement transport incarcerated individuals to court to

have their hearings.

The court has also taken measures to enable in-person hearings to be held as safely as possible. The court installed plexiglass-style barriers in the court and placed a temperature check station in the lobby of the courtroom. Visitors to the court are required to check-in and do a screening questionnaire prior to entering the courtroom. The Tribal Court has continued to explore ways to ensure tribal citizens have the ability to access services offered by the court, regardless of the status of the COVID-19 pandemic. If you have any questions about Tribal Court or accessing services offered by Tribal Court, please contact the Court Administrator at mwlesky@ltbbodawa-nsn.gov.

Chi-miigwetch!
Courtesy graphic.

If you or a loved one is a victim of Domestic Violence, help is available.

National Resource Center on Domestic Violence
1-800-799-7233

Stronghearts Native Helpline
844-762-8483

National Domestic Violence Hotline
1-800-799-7233

LTBB Survivor Outreach
231-242-1628

LTBB Behavioral Health
231-242-1640

Women's Resource Center
231-347-0082 or
1-800-275-1995



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NATURAL RESOURCE DEPARTMENT

NEW AND IMPROVED CULVERTS AT TANNERY CREEK

Two sets of undersized and failing culverts were replaced this fall with more appropriately sized box and round culverts. These new culverts will help improve fish passage for native species such as brook trout as well as reduce erosion and flooding issues which plague the watershed.

Next year, two more sets of undersized culverts will be removed on the creek, helping to

fully reconnect the system to Little Traverse Bay.

This work was funded by the Great Lakes Restoration Initiative via the Bureau of Indian Affairs and United States Department of Agriculture's Natural Resources Conservation Service.

We'd also like to thank Emmet County Road Commission for patterning on this work.

Courtesy photos.



EAGLE REMAINS RETENTION INFORMATION



The LTBB Natural Resource Department is pleased to announce that after years of work on the issue, the U.S. Fish and Wildlife Service has recently changed its policy to allow federally recognized tribes to keep eagle remains found in Indian country. Tribal citizens who encounter eagle remains or feathers within the LTBB reservation boundaries may be able to retain them for culturally significant use. Any deceased eagle encountered must be reported to LTBB Conservation Enforcement immediately for investigation prior to moving or taking the eagle.

For more information, contact the Little Traverse Bay Bands of Odawa Indians Natural Resource Department at: 7500 Odawa Circle, Harbor Springs, MI 49740
231-242-1670 E-mail: dbrowne@ltbbodawa-nsn.gov

HELP PROTECT OUR NATURAL RESOURCES

1-855-NRD-TIPS

TOLL FREE 1-855-673-8477

Please provide any information related to the tip which may include date, time, subject or vehicle description, nature of the incident, and location (Example: nearest crossroad). It is ok if you wish to remain anonymous. All tips are investigated in a timely manner.

The Little Traverse Bay Bands of Odawa Indians Natural Resources Commission is looking for LTBB tribal citizens with an interest in Great Lakes Commercial Gill Net Fishing

The LTBB Commercial Small Boat Apprentice Program is designed to provide eligible LTBB tribal citizens with an opportunity to learn the trade of commercial fishing from an experienced LTBB Great Lakes Commercial Fishing Captain

For more information on eligibility and requirements, please stop in or contact the LTBB Natural Resources Department



7845 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@ltbbodawa-nsn.gov



NATIVE NEWS

AARON PAYMENT UNANIMOUSLY ELECTED TO NCAI OFFICER POSITION



Mohicans President Shannon Holsey as Treasurer. New to NCAI is Chairman Mark Macarro of the Pechanga Band of Luiseno Indians as 1st Vice President. Payment served two terms in this post and was termed out, so he ran for Recording Secretary.

Established in 1944, NCAI is the oldest and largest Native American organization advocating for member tribes and all tribes across the nation. Legislative and policy agenda items are established by the general assembly of tribal nations during annual and mid-year national conventions. The work of NCAI is not lobbying but educational, promoting the advancement of government-to-government relations, protecting tribal sovereignty and the treaty and trust obligations and working to achieve full and mandatory funding to tribes as well as advanced appropriations to insulate tribes from government shutdowns and impacts of sequestration.

Payment was first elected to the Sault Tribe Board of Directors in 1996 and served two, four-year terms with two, two-year terms as Vice Chair. He was elected as Chair in 2004 and was not re-elected in 2008 but returned in 2012, 2016 and 2020. Quinault Vice Chair Fawn Sharp is in her second term as NCAI President and will term out at the end of her two-year term at which time Payment has indicated his interest in serving in the top elected Native American advocacy position in the nation. In addition to serving as Tribal Chair and NCAI Recording Secretary, Payment serves as President of the Midwest Alliance of Sovereign Tribes and the United Tribes of Michigan and as Chair of the Inter-Tribal Council of Michigan. He also serves in a Presidential appointment on the National Advisory Council of Indian Education and several other national, regional, state and inter-tribal leadership positions.

Courtesy photo.

ARS, COLLABORATING SCIENTISTS TACKLING "TAR SPOT" THREAT TO U.S. CORN

Helping farmers turn the tide on an emerging disease of corn called tar spot is the focus of a multi-organization team of scientists, including from the Agricultural Research Service (ARS) in West Lafayette, IN.

Caused by the fungus *Phyllachora maydis*, tar spot appears as black, roughly circular discolorations on the leaves, husks and stalks of corn plants. A tan halo sometimes surrounds the spore-filled spots, creating what's known as a fish-eye lesion. Outbreaks of the disease, which was first detected in northern Indiana and Illinois in 2015, can reduce grain yields by 20 to 60 bushels an acre. Tar spot is now also found in corn-growing areas of Iowa, Michigan, Minnesota, Missouri, Ohio, Pennsylvania, Wisconsin, Florida and southwestern Ontario, Canada.

Although fungicides offer the hardest-hitting counterpunch, resistance to tar spot disease in corn is far more preferable, according to Steve Goodwin, a plant pathologist with the ARS Crop Production and Pest Control Research unit in West Lafayette, IN.

There, in collaboration with fellow ARS scientists Raksha Singh, Matthew Helm and Charles Crane, Goodwin is working to manage tar spot on several research fronts:

- Screening existing commercial corn varieties and germplasm lines for their resistance or susceptibility to tar spot so that growers can adjust their disease management practices accordingly.
- Developing tools known as molecular markers to quickly and efficiently identify a gene known to confer tar spot resistance in corn, namely *Qrtsc8*. Identifying corn plants which lack the gene but are still resistant to the disease are also of interest since an entirely new gene or genes unknown to science could be at play. Potentially, such sources of resistance could also prove useful in shoring up the crop's defenses even further.
- Determining the biocontrol potential of a community of microorganisms known as the microbiome which was observed on tar-spot-resistant but not susceptible corn plants. "The main goal is to understand how environmental factors, plant growth stage and the associated corn microbiome affect tar spot disease progression and



how all these factors are interconnected," said Raksha.

- Identification of several proteins the tar spot fungus uses to "short circuit" the defenses of susceptible plants — and how, in turn, these proteins could be exploited for better detection of different strains of the fungus and their severity in fields, noted Helm.

On other fronts, university collaborators are conducting research to optimize the timing of fungicide sprays and evaluating rotations of corn with non-host crops to reduce the disease's severity and prevent the fungus from surviving the winter on debris from prior corn harvests.

Researchers are also pouring through existing literature on the biology of the tar spot fungus and building on what's known about it with genomic sequencing — a kind of decoding of its DNA playbook for causing disease in corn. One hope is this will yield clues to new ways of controlling the fungus and preempting costly outbreaks like the one from 2018 to 2020, which claimed an estimated 241 million bushels of U.S. corn.

The effort is being carried out under the auspices of the National Plant Disease Recovery System (NPDRS). Arising from a 2004 Homeland Security Presidential Directive, the NPDRS spotlights emerging plant disease threats and identifies what tools, infrastructure, communication networks and other resources will be necessary to protect U.S. crops or recover from outbreaks which have already occurred.

Besides ARS, other partner organizations are Purdue University, Michigan State University, Iowa State University, The Ohio State University, University of Missouri, University of Florida and the International Maize and Wheat Improvement Center in Mexico where tar spot was first identified in 1904.

Courtesy photo.





SECTION 184 LOAN GUARANTEE PROGRAM

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FOR MORE INFORMATION, CALL THE LTBB HOUSING DEPT at 231-242-1540.

HOUSING DEPARTMENT PROGRAMS

Services are available to citizens residing within the 27 county service area. An application packet must be completed and returned to the Housing Dept. for processing to determine qualification. To obtain an application, please contact the Housing Dept. at 231-242-1540.

STR - Short Term Rental Assistance: This program offers up to \$1,500 for new tenants who need assistance with the first month's rent and/or security deposit. This can be used ONE TIME ONLY and the rent requested must be affordable and can NOT exceed 35% of the household gross monthly income. Please note the application packet must be received and approved in advance of your moving into the rental in order to qualify for this program.

HIP - Home Improvement Program: This program offers up to \$2,500 for non-cosmetic home repairs and may be utilized once every five years.

DPA - Down Payment Assistance: This program offers up to \$2,500 or 10% of your mortgage (whichever is less) and can be used to purchase or refinance a home. In order for you to receive any grant dollars, you must be able to match the grant amount with your own guaranteed funds.

FPA - Foreclosure Prevention Program: This program offers up to \$3,000 to assist in foreclosure prevention.

Well & Septic Assistance Program: Funded by the Indian Health Services located in Sault Ste. Marie, MI this program provides the resources and technical assistance associated with the installation of a new well and sanitation service or replacement of deficient existing well/septic.

Credit Counseling: We provide confidential advice and referrals to assist tribal citizens in regaining their financial stability and credibility.

Tribal Rental Housing Program: The LTBB Housing Department offers 29 rental units in the Northern Michigan area. These units are available to rent to Tribal Citizens and most rents are based on a family's monthly income. Any Tribal Citizen interested in renting a unit from the LTBB Housing Department should contact our offices for an application. Currently, there is a waiting list for available units.

NOW ACCEPTING APPLICATIONS

For the Mtigwaakiis housing development. Tribal Preference applies. For more information, contact the Housing Department at 231-242-1540



Equal Housing Opportunity TDD: 800-649-3777 



**LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS
HOUSING DEPARTMENT**
7500 Odawa Circle
Harbor Springs, MI 49740
Tele: 231-242-1540 Fax: 231-242-1550
TTY: 7-1-1



Apartments for Rent

Now accepting applications

- Must belong to Little Traverse Bay Bands of Odawa Indians
- Must be 55 or older or disabled of any age
- Rents are based on income
- Accept very low, low and moderate income applicants
- All units are 2 bedroom and 1 bath

- Bedrooms are approximately 121 sq. feet and 94 sq. feet
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- Barrier free units are available
- LTBB Housing office hours are Monday through Friday, 8 am to 5 pm

Wah Wahs Noo Da Ke Tribal Village is approximately 4 miles north of Harbor Springs, MI

Contact person: LTBB Housing Department 231-242-1540



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FIRST NATIVE PERSON TO CROSS BOSTON MARATHON FINISH LINE

By Aliyah Chavez

Editor's note: The following article and accompanying photograph appeared on *Indian Country Today*, and they are reprinted here with permission.

A 25-year-old Hopi running phenom continues the legacy of Native runners showing up on big stages. Kyle Sumatzkuku, Hopi, ran alongside some of the world's best runners and was the first Native person to cross the finish line at the 125th Boston Marathon.

Sumatzkuku ran 26.2 miles with an impressive finishing time of 2 hours, 26 minutes and 17 seconds. His average time per mile was 5 minutes and 35 seconds per mile. To put that into perspective, the first-place finisher overall was Benson Kipruno from Kenya. His pace was 4 minutes and 58 seconds per mile.

"I'm really happy and content of how the results went and the performance," Sumatzkuku said.

The runner says he was running 80, 90 and 100 miles in his years-long training. On his "Sunday long runs," he trekked 18 to 19 miles.

In 2019, Sumatzkuku qualified for the Boston Marathon by running the Shiprock Marathon. The Boston Athletic Association requires all runners qualify for the race by running a marathon in a specific time based on a runner's gender and age before they can apply.

He ran the Shiprock Marathon in 2 hours, 28 minutes and 8 seconds — making his Boston time 1 minute and 51 seconds faster than his previous performance.

"I wanted to set the standard and the bar high for my Boston Marathon debut," he said.

Sumatzkuku waited two years to run Boston after the 2020 race was postponed due to the coronavirus pandemic. In the interim, he worked as part of Hopi's COVID-19 response team by delivering goods and foods.

The Boston Marathon, which is one of the world's six major marathons, was held unintentionally on Indigenous Peoples' Day.

To his surprise, Sumatzkuku says this occasion gave him strength. On race day, Sumatzkuku says he needed to catch a bus then walk approximately a mile to get to the starting line.

"I was so nervous," he said.

Following the advice of other runners, he says he kept his composure and went into a "deep meditation," focusing on running his own race. He had a carefully articulated plan of how to run.



Native people have a history of running the Boston Marathon.

Ellison "Tarzan" Brown, Narragansett, won the 1936 Boston Marathon with a time of 2 hours 28 minutes and 51 seconds. Sumatzkuku's Boston time was 2 minutes and 34 seconds faster than that.

Brown became an instant hero to Native people across North America and inspired the name "Heartbreak Hill" to describe the most iconic — and dreaded — section of the Boston Marathon course.

Alongside Sumatzkuku, other Native people ran this year's Boston Marathon, including Interior Secretary Deb Haaland.

Native runners who finished the 125th Boston Marathon: Kyle Sumatzkuku; Erin Tapahe, Navajo; Brandon Parker, Comanche Nation; Deb Haaland, Laguna Pueblo; Craig Curley, Navajo; Liberty Reyes, Shoshone Bannock; and Richard Langdeaux, Sicangu Lakota.

He says he and the other Native runners met up before the race and he also went to a mural unveiling honoring Native runners.

Sumatzkuku has his sights set on training, saying Boston was just the beginning.

Currently, Hopi filmmaker Duane Humeyestewa is working on a documentary highlighting Sumatzkuku's journey.

"The Olympic team is a long and personal goal for me as I stay on the right path and just shoot for the stars."

Louis Tewanima, Hopi, won a silver medal at the 1912 Olympics in Stockholm, Sweden. At the time, Native Americans were not U.S. citizens. His American record stood for 52 years.

For Sumatzkuku, the London Marathon or any other world major marathon is his next goal.

Aliyah Chavez is from Kewa Pueblo. She is an anchor and producer at Indian Country Today. Follow her on Twitter @aliyahjchavez or e-mail her at achavez@indiancountrytoday.com

Courtesy photo.



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LTBB
OFFICE OF CITIZENS
LEGAL ASSISTANCE



The Office of Citizens Legal Assistance has been established to provide free legal advice to enrolled tribal citizens in non-criminal matters such as:

<ul style="list-style-type: none"> ❖ Family Law <ul style="list-style-type: none"> • Divorce • Child Custody • Child Support • Guardianships • Parentage/Paternity ❖ Indian Child Welfare Act / Michigan Indian Family Preservation Act ❖ Setting Aside a Conviction ❖ Driver License Restoration 	<ul style="list-style-type: none"> ❖ Estate Planning <ul style="list-style-type: none"> • Wills • Health Care Directives • Powers of Attorney ❖ Probate ❖ Landlord/Tenant <ul style="list-style-type: none"> • Evictions • Tenant Rights ❖ Consumer <ul style="list-style-type: none"> • Debt Collection
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The office is available to provide legal guidance and drafting of certain legal documents but does not provide in court representation at this time. The office may give procedural advice only on matters that are of a criminal nature or involve the Tribe or other Tribal Citizens as a potential party in a dispute.

For assistance and to make appointments,
Please call Monday – Friday, 9 am – 5 pm
231-242-1433

HOME IMPROVEMENT PROGRAM CHANGE

Due to HUD guidelines, the Housing Department is required to do an environmental review regardless of the work being done. The process of these reviews can take up to three to six months; we cannot proceed until this process has been completed. Please be aware there is a possibility the review could come back with a negative impact, in which case, could be cause for denial.

Little Traverse Bay Bands of Odawa Indians
Natural Resource Department
Lead to Non-Lead Transition

Why Switch?



PHOTO OF BALLISTIC GELATIN



- We have limited centerfire rifle ammunition loaded with non-lead bullets available to eligible LTBB Citizens when lead ammo is brought into the Natural Resource Department (NRD) in exchange for non-lead (copper) ammunition.
- LTBB NRD seeks to reduce the amount of lead deposits that remain in harvested animals consumed by people and disposed of parts consumed by wild animals, causing a potential harmful effect.



For more information, contact the Little Traverse Bay Bands of Odawa Indians

Natural Resource Department
7500 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@ltbbodawa-nsn.gov

\$3.6 MILLION IN ARP FUNDING AVAILABLE TO NATIVE CULTURAL INSTITUTIONS

The Association for Tribal Archives, Libraries and Museums (ATALM) has received \$3.6 million from the National Endowment for the Humanities (NEH) to help Native cultural organizations recover from the COVID-19 pandemic. ATALM is one of seven organizations in the U.S. to receive funding through the "Sustaining the Humanities through the American Rescue Plan" (SHARP) program.

ATALM anticipates making up to 175 sub-awards to Native cultural institutions and their partners. Awards range from \$5,000 to \$50,000. Eligible entities include federally recognized tribal governments with cultural institutions, tribal cultural facilities with non-profit status, non-tribal cultural institutions working in partnership with tribes and higher education institu-

tions working in partnership with tribes. Funds may be used for operational support including rehiring furloughed employees, preparing facilities for reopening, documenting cultural practices and new exhibits and programs.

Program details and the grant application are available at <https://atalm.org/node/534>. Application deadline is December 13, 2021.

Courtesy graphic.

HOUSE ADVANCES \$1.2 TRILLION INFRASTRUCTURE PACKAGE

Today (November 6, 2021), the House of Representatives passed H.R. 3684, the Infrastructure Investment and Jobs Act. The \$1.2 trillion bipartisan infrastructure package includes \$550 billion in new federal spending and an additional \$650 billion in spending over five years across various traditional infrastructure sectors.

The passage of H.R. 3684 marks a pivotal and historic step in addressing critical infrastructure issues in Indian country. The bill contains more than \$15 billion in direct funding for tribal nations and an additional \$146.3 billion in competitive grant and cooperative agreement

funding opportunities. Tribal nations and tribal organizations are eligible to receive.

Courtesy graphic.

MASTER CANOE BUILDER TEACHES NORTHWESTERN STUDENTS NATIVE AMERICAN TRADITION

One of only a handful of Native birchbark canoe builders remaining in the U.S., Northwestern University artist-in-residence Wayne Valliere is sharing the traditional Native art, unchanged in three millennia, with a group of students on the Evanston, IL, campus.



Valliere was first exposed to canoe building at the age of 14. It is a skill once commonly passed from generation to generation among his Ojibwe tribe. But by the 1900s, that knowledge started to disappear as Native Americans were forced to leave their ancestral homes. Now, among six remaining Native American birchbark canoe builders, Valliere has dedicated his life to preserving his culture through traditional arts.



Earlier this summer, a group of Northwestern faculty, staff and students along with members of the urban Native community in Chicago, IL, traveled to Valliere's Lac du Flambeau Reservation in northern Wisconsin to help gather

materials used to create the canoe: Cedar for the ribs, spruce roots for the stitching, pine pitch to seal the seams and, of course, birchbark.

"Our birchbark is so important because it signifies our identity," Valliere said. "It's our connection to our past. It's very important that we don't lose this craft because it connects us to our grandmother, the earth. Birchbark is a great gift that was given to our tribe a long time ago. It was going to be a protector of our people and would serve us in a great way."

Valliere says teaching Northwestern students this rich history and the cultural tradition of canoe building is critical to the future of the planet.



"It's so important to bring awareness to our changing environment and to make sure those environments are still here for Northwestern graduates' great grandchildren and generations beyond, so that they will be able to breathe clean air and drink clean water," he said. "Without our environment, we have nothing."

Valliere is a 2020 National Endowment for the Arts Heritage Fellow. He is currently Artist-in-Residence with Northwestern's Center for Native American and Indigenous Research (CNAIR). Established in 2017 through the Weinberg College of Arts and Sciences, CNAIR is Northwestern's primary institutional space dedicated to advancing scholarship, teaching, learning and artistic or cultural practices related to Native American and indigenous communities, priorities, histories and lifeways.

Courtesy photos.

AMERICAN INDIAN COLLEGE FUND RECEIVES \$5.315 MILLION TO SUPPORT INDIGENOUS EARLY CHILDHOOD EDUCATION



The American Indian College Fund's Indigenous Early Childhood Education program is poised to continue its work at tribal colleges and universities over the next four years thanks to a \$5,315,000 grant from the Bezos Family Foundation. By educating students, training faculty, creating early childhood education programs at tribal colleges and universities and involving parents and community in the education of young people, the College Fund hopes to grow the number of Native children and families it reaches, new early childhood curriculum created and train even more early childhood educators. Early childhood education has been shown to promote education access, persistence, completion and career readiness in students, and the College Fund's holistic program steeped in culture and language strengthens Native communities.

The College Fund has built a four-pronged program to work with 10 tribal colleges and universities (TCUs) through:

- Family engagement to empower parents to advocate for their children and themselves as they interact with education institutions.
- Storytelling to engage diverse audiences and connect program participants to a movement to strengthen the Native teacher pipeline, change the narrative about Native communities to focus on their rich knowledge and traditions and

inspire the next generation of Native teaching professionals.

- Establishing a community of practice for early childhood educators which creates and strengthens TCUs' early childhood education pathways rooted in community knowledge.

- Increasing education success by strengthening degree program creation and enhancement, creating pathways to bachelor's degrees in early childhood education, connecting strong paths to bachelor's degrees, supporting internship practicums and increasing TCUs' ability to support student recruitment, transfers, retention and college completion.

- Developing College Fund capacity through child development education, allowing it to expand its expertise to better administer early childhood education programs with TCUs, grow education opportunities for children and strengthen Native nations.

The College Fund will be working with TCUs this fall to award funding for the first year in the four-year program. The College Fund will build upon its early childhood education program success, which has reached more than 5,000 children, 3,900 families and 2,700 teachers at TCUs across Indian country. In addition, the College Fund has committed to raise an additional six million dollars to offer the program to 25 other TCUs.

Courtesy graphics.



LTBB TOWN HALL MEETINGS



December 8

For updates on time and LTBB Department agendas, follow the official Facebook page at www.facebook.com/LTBBODAWA

Town Hall meetings are held on ZOOM at www.tinyurl.com/tbbtownhall Use passcode 002323

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- E-mail: hr@ltbbodawa-nsn.gov
- Mail to LTBB Human Resources, 7500 Odawa Circle, Harbor Springs, MI 49740

Questions? Please contact the Human Resources Department at 231-242-1563.

MICHIGAN GOVERNOR ORGANIZES NEW AGENCY TO IMPROVE SERVICES FOR OLDER MICHIGANDERS



Michigan has more than two million adults over age 60, nearly 25% of the state's population. Michiganders 85 and older remains the fastest-growing age group and 37% of Michigan residents are 50 and older.

The change allows for increased coordination between aging services teams in local communities and in-house employees who are responsible for developing policies as well as improved analysis of processes and results and expanded capacity across programs and services.

Long-term support services have been delivered through multiple areas of MDHHS, making coordination challenging. The change will address those challenges by:

- Providing additional capacity to serve the intentions of older adults who prefer to age in place – defined by the CDC as “the ability to live in one’s own home and community safely, independently, and comfortably.”
- Increasing speed in the delivery of services.
- Aligning with long-term care support and services to community-based services through the federal Older Americans Act; the MI Choice Waiver Program which allows eligible aging adults to receive Medicaid-covered services like those provided by nursing homes but can stay in their own home or another residential setting; and the Program of All Inclusive Care for the

Elderly (PACE) which provides Medicaid and Medicare funding for frail, elderly people who meet the criteria for long-term care.

• Making the Bureau of Medicaid Long-Term Care Services and Support responsible for programs associated with the Older Michiganders Act overseen by the administrator of the new administration.

• Transferring the Michigan Commission on Services to the Aging and Adult Community Placement program from the former Aging and Adult Services Agency to MDHHS itself.

Coordination under the new administration allows Michigan to more easily:

- Develop a comprehensive strategy to improve the health and well-being of Michigan’s aging population, aligning with MDHHS goals to make Michigan an age friendly state.
- Work to advance strategic goals and objectives quickly and efficiently.
- Leverage federal, state and private dollars to design interventions and supports which maximize impact.
- Streamline program requirements and develop complementary policies which ease burdens on providers, community organizations and other stakeholders.

Courtesy graphic.

Mi maanda aah'man, kwe genji sagaaswaasik pii biinoojiinhs wiin daatzid.

Amanda, age 30, Wisconsin

Amanda smoked while she was pregnant. Her baby was born 2 months early and weighed only 3 pounds. She was put in an incubator and fed through a tube. Amanda could only hold her twice a day. If you're pregnant or thinking about having a baby and you smoke, please call 1-800-QUIT-NOW.

U.S. Department of Health and Human Services Centers for Disease Control and Prevention CDC.gov/tips #CDCTips

Governor Gretchen Whitmer signed EO 2021-14 to establish the Health and Aging Services Administration within the Michigan Department of Health and Human Services (MDHHS). The newly-established agency will provide more coordinated services to Michigan’s growing aging population by combining the former MDHHS Aging and Adult Services Agency and Medical Services Administration under one umbrella within MDHHS. Michigan’s Medicaid Office is also part of the new Health and Aging Services Administration.

The new Health and Aging Services Administration will retain current staff positions, provides for greater collaboration and makes the delivery of MDHHS programs and services to aging adults simpler and more efficient.

LTBB TRIBAL CITIZENS APPOINTED TO LTBB BOARDS AND COMMISSIONS

LTBB Associate Judge John Lemire administered the oaths of office virtually to the following individuals:

September 30, 2024. William McNamara to the Natural Resources Commission on October 20, 2021.



Heidi Bosma to the Liquor and Tobacco Licensing Board on October 6, 2021. Bosma is currently serving a three-year term, ending

McNamara is currently serving a four-year term, ending September 30, 2025. *Courtesy photos.*

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DAUGHTERS OF THE AMERICAN REVOLUTION SCHOLARSHIPS

The Chief Shawano Chapter of the Daughters of the American Revolution (DAR) in Gaylord, MI, wanted to make Native Americans aware of scholarship opportunities offered by DAR.

DAR American Indian Scholarship

This scholarship is awarded to help Native American students of any age, any tribe and in any state striving to get an education at the undergraduate or graduate levels. However, undergraduate students are given preference. All awards are judged based on financial need and academic achievement.

Applicants must be Native Americans (proof of American Indian blood is required by letter or proof papers), demonstrate financial need and have a grade point average of 3.25 or higher. There will be no exceptions.

This is a one-time \$4,000 award.

Contact the National Vice Chair, American Indians Scholarship at american-indiansschol@nsdar.org for questions and information.

Frances Crawford Marvin American Indian Scholarship

This scholarship is award-



ed once a year to one student. A candidate for this scholarship must be enrolled full-time at a two- or four-year college or university.

Applicants must be Native Americans (proof of American Indian blood is required by letter or proof papers), demonstrate financial need and have a 3.25 GPA or higher. A recipient may reapply for this scholarship and be considered along with other members of the applicant pool.

The amount of scholarship is based on total return of the endowment and may vary year to year.

Contact the National Vice Chair, Frances Crawford Marvin Scholarship at FC-MarvinAmericanIndianScholarship@nsdar.org for questions or information.

Anne Trevarthen Memorial Scholarship

This one-time scholarship will be presented each April

to a high-school senior who will be attending the College of William and Mary in Williamsburg, VA. Eligible applicants must demonstrate a personal connection to American Indian culture and traditions as well as evidence of personal commitment to celebrating diversity and to bridging differences between disparate groups.

Preference will be given to students who demonstrate knowledge of and/or involvement with one of Virginia's state-recognized tribes. The amount of the scholarship is based on the annual return of the endowment and may vary year to year.

For further information about this scholarship, please contact the College of William and Mary Office of Admissions at 757-221-4223.

Please apply at www.dar-academicworks.com for scholarships available from the DAR Scholarship Committee.

Online applications are accepted the week of November 1, 2021 through January 31, 2022 at 11:59 pm (EST).

All information must be submitted using the online portal by the deadline, no exceptions.

Courtesy graphic.

AMERICAN INDIAN COLLEGE FUND LAUNCHES BOARDING SCHOOL DESCENDANT SCHOLARSHIP FOR 2021-22



The American Indian College Fund and the National Native American Boarding School (NABS) Healing Coalition have joined forces to provide scholarships to descendants of boarding school survivors. Twenty scholarships of \$3,000 each were awarded for the academic year 2021-22.

The scholarship is designed to acknowledge the experiences of boarding school survivors and to allow families to come together and heal. In the application process, students share a 500-word essay about their relationship with a boarding school survivor in



their family. This process is designed to prompt sharing and healing while acknowledging the impact of this trauma on their lives and relationships.

NABS raised more than \$51,000 as part of a matching campaign to fund the scholarships for this academic year. In addition to financial support, the American Indian College Fund (the College Fund) provides students with culturally relevant and holistic support to facilitate persistence in edu-

cation, academic achievement, personal and professional development and career planning.

To qualify for the scholarship, a student must be a U.S. citizen, a tribal member or descendant of a federally or state-recognized tribe, a boarding school survivor or direct descendant of boarding school survivors and enrolled full-time in a non-profit higher education institution in the United States. Students do not need to demonstrate financial need for this scholarship. Applicants must complete the College Fund's online Full Circle Scholarship application and a 500-word personal essay about the assimilation model of boarding schools. Interested students can apply at <https://collegefund.org/students/scholarships/>.

Courtesy graphics.



TRIBAL NOTARY INFORMATION

The Tribal Notaries listed below are eligible to perform notarial acts within Little Traverse Bay Bands Jurisdiction unless he/she violates section C. Revocation WOS#2008-05 Tribal Notary Statute

Tribal Notary Commission Full Name	Current Status	Expiration Date	Serial Number	Phone Number
Rebecca R Fisher	Active	February 20, 2027	02-09	Not Available
Cynthia Brouckaert	Active	June 5, 2023	05-09	231-242-1462
Beverly J Wemigwase	Active	February 21, 2027	10-09	231-242-1400
Julie Rose Janiskee	Active	August 23, 2027	11-09	231-242-1610
Marin C Taylor	Active	May 14, 2024	13-09	231-242-1521
Hayden Hooper	Active	February 1, 2027	15-09	231-242-1584
Lakota Worthington	Active	May 4, 2027	16-09	231-242-1401

Temporary Help Wanted

Are you a tribal citizen who would like to:

Gain valuable work experience?

Work in the tribal community?

Make a little extra money?

Gain experience in several fields?

Apply today to join our LTBB Temporary Worker pool!

Temporary assignments can last one day or as long as a month or more. Contact the Little Traverse Bay Bands of Odawa Indians Human Resources Department today!

Call: 231-242-1563



ECONOMICS OF URBAN FORESTRY IN THE UNITED STATES

Trees have tremendous impact on local economies and our quality of life. Here's a peek at how America's urban trees are contributing.



Top 5 States with Greatest Annual Economic Footprint from Urban Trees		Top 5 States with Greatest Annual Quality-of-life Benefits from Urban Trees	
California	\$777 billion	Texas	\$776 billion
New York	\$514 billion	Georgia	\$650 billion
Texas	\$507 billion	Florida	\$649 billion
Florida	\$437 billion	North Carolina	\$623 billion
Illinois	\$356 billion	Mississippi	\$477 billion

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2021/2022 PROGRAM YEAR

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-- Christopher



Schedule your colorectal cancer screening today.

POTAWATOMI TRIBES PROVIDE OPPORTUNITY FOR PROFESSIONAL DEVELOPMENT



**NOTTAWASEPPI HURON
BAND OF THE POTAWATOMI**
A FEDERALLY RECOGNIZED TRIBAL GOVERNMENT

The Nottawaseppi Huron Band of the Potawatomi, the Pokagon Band of Potawatomi Indians and the Match-E-Be-Nash-She-Wish Band of Potawatomi Indians are proud to collectively announce a new pathway for tribal members and partners to develop skills in Tribal Administration with the addition of a tribally endorsed course to Western Michigan University's MPA program.



"The course will serve not only as an introduction to Tribal governance but will also allow people to start looking intimately at different aspects within Tribal governance and how they link to federal recognition and nation rebuilding," said Pokagon Tribal Council Secretary and Course Instructor Sam Morseau. "This course is a testament of building collective knowledge and learning like we have done since time immemorial."

The spring 2022 course, titled "Tribal Governance: Sovereignty through Self-Determination," was proposed by the tribes following Western Michigan University's 2019 Land Acknowledgement Statement recognizing the lands on which the campus is located as historically occupied by Ojibwe, Odawa and Bodéwadmi

nations.

Western Michigan University continued their affirmation of indigenous sovereignty and the Native experience through two years of meaningful planning and development of the course with tribal leaders.



Modeled off of a one-of-a-kind Tribal Governance MPA program created by The Evergreen State College in Olympia, WA, the course will focus on indigenous leadership, the path to federal recognition, nation rebuilding and sustainable sovereignty in relation to the three Potawatomi tribes.

The new course introduces theoretical and practical applications of governance from an indigenous perspective. This includes challenges faced by public administrators in understanding the sovereign status of tribal nations, which have demonstrated substantial social, economic and political resilience since the Indian Self-Determination Act of 1975.

Students will review historical trends affecting local tribal nations and articulate how roles in government-to-government relationships impact policy decision-making and administration. Students will also develop skills in tribal administration by reviewing programs and services provided by a local tribal nation and are encouraged to provide a capacity building proposal for consid-



eration.

"Who were the leaders and advocates that solidified legislation and helped each one of the three Bands establish recognition with the federal government? How do we as growing and rebuilding Nations balance all of the duties of not only governance but economic diversification and turning sustainable futures for our Nations and Tribal citizens?"

"It is our hope that with our combined collaborative partnerships and relationships, we continue to build upon the successes that we've had in terms of long-term sustainability, not only for the university but also for our Tribal Nations," Morseau said. The course will be offered from 6 to 9 p.m. Tuesdays, January 11 through April 26. Registration is open now for tribal members of the three tribes. Each tribe has seven seats reserved for early registration before the course opens to other Western Michigan University students.

For more information on how to register for the course, please contact NHBP Higher Education Specialist Andrea Rainer at andrea.rainer@nhbp-nsn.gov or 269-704-8356, Pokagon Band of Potawatomi Education Resource Specialist Kristie Bussler at kristie.bussler@pokagonband-nsn.gov or 269-782-0887, Gun Lake Governmental Affairs Officer John Shagonaby at john.shagonaby@glt-nsn.gov or 269-397-1780 or Gun Lake Education Director Jannan Cotto at jannan.cotto@glt-nsn.gov or 269-397-1780.

Courtesy graphics.



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state**

FUELING YOUR BODY

Food provides energy to fuel your body. Did you know there are three main nutrients (called macronutrients) which provide us with energy from calories? Learn the basics about the macronutrients, carbohydrates, proteins and fats and why they are important for the body:

types of carbohydrates: Simple and complex. Complex carbohydrates contain fiber, which helps with digestion and cholesterol levels and include whole grains such as brown rice, beans and fiber-rich fruits and vegetables.



Protein helps the body to grow and keep its cells and muscles healthy. Protein can be obtained from animal products such as beef, eggs and dairy and plant products such as soy, beans and whole grains.

Fat allows the body to absorb certain vitamins and store extra energy. Choose



foods with unsaturated fats such as avocados, olives, nuts, seeds and fatty fish.

Don't forget about vitamins and minerals. While they do not give us energy, they are also needed to keep the body working normally. Every person has different nutrient needs depending on age, height, weight, activity level and other physical conditions. Use the Food and Nutrition Information Center's DRI Calculator to estimate the amount of calories, macronutrients, vitamins and minerals your body needs each day.

Courtesy photos.



Carbohydrates are sugars which the body uses to provide energy to our muscles, tissues and organs. Some common foods which contain carbohydrates include grains, beans, milk, vegetables and fruits. There are two

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS COMMUNITY HEALTH DEPARTMENT MEDICAL TRANSPORTATION GUIDELINES

Transportation is available to medical appointments only.

You must exhaust all other means available to you, i.e. Friendship Center Bus, Straits Regional Transit, Char/Em Transit, Taxi or Family.

Clients of the Little Traverse Bay Bands Health Department must notify the Community Health Department 72 hours prior to their appointments.

Transportation is based on availability.

Call 231-242-1601 to set up a ride as soon as possible.

Miigwech!

The Little Traverse Bay Bands of Odawa Indians Community Health Staff



SPRING, YOUTH SERVICES, TRIBAL POLICE & COMMUNITY HEALTH
Camp Agaming
LITBB Youth Services
Indian Springs, MI

LITTLE TRAVERSE BAY BANDS' HALLOWEEN/FALL ENCAMPMENT DRIVE-THRU
OCTOBER 29TH, 2021 4-7PM
7500 ODAWA CIRCLE, HARBOR SPRINGS, MI, 49750

SCAN THE QR CODE WITH THE CAMERA ON YOUR PHONE FOR MORE INFORMATION AND AN AGENDA!



DINE... IF YOU DARE

A LTBB YOUTH SERVICES SOCIALLY DISTANCED FAMILY EVENT
LTBB YOUTH CENTER
BACK LOT

COOL COSTUME PRIZES

MENU SPECIALS
BOO-LICIOUS BUTTERNUT SOUP
PETRIFYING PUMPKIN PIE
HOBGOBLIN HOTCIDER
CREEPY COOKIES
DAIRY/GLUTEN FREE OPTIONS
FREE TRICK-OR-TREAT BAGS

FAMILIES MAY TAKE FOOD TO GO OR DINE AT OUR SPOOKY BACK LOT
FOOD PICK-UP WINDOW WILL BE OPEN RAIN OR SNOW
OUTDOOR DINING IS WEATHER PERMITTING*
OUTDOOR SEATING IS LIMITED

915 EMMET STREET, PETOSKEY

SATURDAY OCTOBER 30TH 6-8PM

Parking on Emmet St. Washington St. Only, please do not park at Tom & Dicks



Courtesy Photos

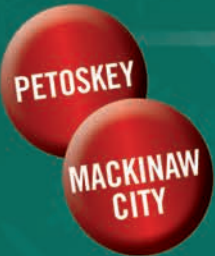
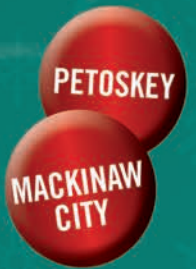
VERY MERRY WINNINGS & MORE

AT ODAWA CASINO

SATURDAY, DECEMBER 18 | 12PM-6PM

Play Slots with your Pure Rewards Card for your chance to win a Hot Seat Drawing for **\$200** in Free Slot Play!

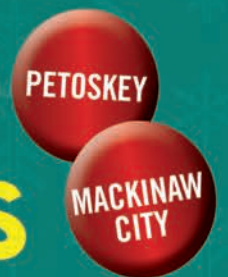
CANDY CANE
Hot Seats



HOLIDAY LIGHTS
BONUS GAMES

FRIDAYS, DECEMBER 3, 10 & 17
STARTING AT 2PM

Earn 200 Base Points to win your share of Free Slot Play!



DECEMBER 1-12 | 10AM-10PM

Guests who bring in a new, unwrapped toy valued at \$10 or more can receive \$5 in Free Slot Play! All gifts will be donated to Toys for Tots.

TOYS FOR TOTS



TOYS FOR TOTS
POKER TOURNAMENT

SUNDAY, DECEMBER 12 | 1:30PM

\$150 Buy-in | (\$110 prize and \$40 to Toys for Tots) = \$10,000 in chips



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JEDI MIND TRIP

SATURDAY DECEMBER 4

QUEENS OF CHRISTMAS
* SPECIAL EVENT

FRIDAY DECEMBER 10

PETE KEHOE & MICHELLE CHENARD

SATURDAY DECEMBER 11

DETOUR

FRIDAY DECEMBER 17

BUMPUS

SATURDAY DECEMBER 18

TC KNUCKLEHEADS

THURSDAY DECEMBER 30

MEGA 80'S

FRIDAY DECEMBER 31

CLASS OF '98

SATURDAY JANUARY 1

HERB THE ARTIST

HAPPY HOLIDAYS
FROM YOUR FRIENDS AT ODAWA CASINO

In observance of the Holidays and to give everyone time with their families, Odawa Casino Petoskey and Mackinaw City will close at 6PM on Christmas Eve and reopen Christmas Day at 2PM.

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STANDARD PROMOTIONAL RULES APPLY. SEE PLAYERS CLUB FOR DETAILS. 2021.



TRUE OR FALSE: ABUSE AGAINST MEN



partner violence as it discourages them from seeking the support they need and further makes them feel inadequate because of the abuse.

The impacts and experiences of violence are very real. In addition to physical harm, victims may experience depression, anxiety, disconnection from friends, family and themselves and post-traumatic stress disorder (PTSD) as a result of abuse. These impacts and experiences cannot just be toughed out.

FALSE: Native men are "wife-beaters."

TRUE: Native women experience a disproportionately high rate of violence; however, studies show most violence against Native women (and men) is not caused by Native men. Of all Native women who have experienced violence, 97% had an interracial perpetrator, meaning the violence was done by someone who is not Native. (National Institute of Justice, 2021).

Stereotypes like this are unfounded and racist. They harm Native women as much as Native men as it distracts from the reality of their situation and does nothing to address the root causes of violence against Native peoples.

FALSE: Men can't be abused. They are bigger, stronger, tougher.

TRUE: Untrue.

Men are abused. No matter someone's size or strength, they can experience abuse. Intimate partner violence can take many forms and men can experience physical abuse, emotional abuse, sexual abuse, financial abuse, digital abuse and cultural abuse. Most people experience many if not all of the above forms of abuse.

• One in seven men report having experienced severe physical violence from an intimate partner in their lifetime (CDC.Gov 2021).

• 38 million men have experienced psychological aggression by an intimate partner in their lifetime (CDC.Gov 2021).

• One in 10 men have experienced rape, physical violence and/or stalking by an intimate partner (CDC.Gov 2021).

Emotional abuse is the most common form of abuse reported to StrongHearts Native Helpline. Emotional abuse is intentional tactics which cause someone psychological, mental or spiritual harm, especially as a means of control over that person. Emotional abuse against men can include:

- Questioning where they've been and with whom.
• Calling them names, belittling them.
• Enforcing unhealthy gender roles and expectations: Saying they aren't man enough, shaming them if they are not the main financial contributor to the household, pressuring them into sexual activity to prove their manhood, etc.
• Constantly accusing them of cheating.
• Limiting their time with friends and relatives.

StrongHearts Native Helpline is here for all Native Americans and Alaska Natives, whatever their gender or sexual identity. If you think you are being abused, StrongHearts can help. StrongHearts advocates take a Native-centered, empowerment-based approach to every contact. Services are anonymous and confidential. Call or text 1-844-7NATIVE (762-8483) or visit strongheartshelpline.org for one-on-one chat advocacy 24/7.

Courtesy graphic.

USDA United States Department of Agriculture. Easy Steps to Prevent Food Waste. Everyone is shopping smarter these days. It is important for the environment to keep food waste out of landfills where it produces methane, a powerful greenhouse gas. Use these tips to save on groceries and help the environment. 1. Plan ahead, 2. Serve smart, 3. Love your leftovers, 4. Compost, don't trash.

FOODS THAT WILL HELP OUR WILD FRIENDS DURING COLD WEATHER. guardiansofrescue.org. Uncooked oats, Cereal, Cooked rice (ideally brown), Soaked dog kibble, Wet dog or cat food, Fresh coconut in the shell, Baked potatoes, Suet blocks / bird cake, Raw peanuts / walnuts / others, Raw sunflower seeds, Wild birdseed, Bread is better than nothing at all, but is very low in nutritional value. Thank You for caring! Guardians of Rescue

LTBB Tribal Flags for Sale!! For more information, contact Don Portman at biindigen@gmail.com or 231-487-1093. Little Traverse Bay Bands of Odawa, Waganakising Odawa.

Ultra Health. GATHERING OF NATIONS POW WOW. 39TH ANNUAL WORLD CELEBRATION SPECIAL ALL NATIVE NATIONS REUNION - EVERYONE WELCOME APRIL 28-30, 2022. TINGLEY COLISEUM, ALBUQUERQUE, NM. Includes details on contests, tickets, cash awards, and stage 49.

NCAI Speaks: Dismantle Custer Memorials Across the USA

Editor's note: The following press release and accompanying photograph are courtesy of the Anishinaabek Caucus of the Michigan Democratic Party.

The National Congress of American Indians (NCAI) of the United States voted in favor of a resolution to dismantle memorials to George Armstrong Custer across the United States. The resolution was presented at the Monroe City Council meeting on October 18, 2021 to reignite the project to remove the Custer Memorial from St. Mary's Park.

The Anishinaabek Caucus and Good Trouble Monroe have been engaging the city of Monroe to remove the Custer Memorial since June 2020. Progress dissolved when Monroe City Council cancelled the project at the August 2 meeting.

The Anishinaabek Caucus escalated the work to remove the Monroe Custer memorial to NCAI, the oldest and largest national organization of sovereign Native Nation governments across the United States. Custer is notoriously known as an "Indian Killer," and thus, monuments named in his honor act as public reminders of the genocide committed against indigenous peoples. Further, they serve as de facto



endorsements for continued ethnocentrism and racism in the United States. NCAI has taken aim at all memorials to Custer throughout the United States.

All memorials to Custer and public name places propagate myths and fallacies. He amassed 726 demerits and faced a court-martial while still a student at West Point Military Academy. During reconstruction, he refused to lead African American troops,

believing the role of soldier was above their station. He defied orders from military superiors, invoked his own laws among troops contrary to military discipline and abandoned his command without permission to leave, resulting in him being court-martialed again and suspended from rank for 10 months. All this before he would go on to violate treaties with Native peoples signed by presidents and tribal leaders.

The fallacies surrounding Custer's life began by his own hand in writing false accounts for publication. An act continued after his death by his wife, Elizabeth Bacon, who romanticized her husband's memory in books such as "The Boy General." In 1907, "The Custer Memorial Association of Monroe," fueled by these romantic fallacies, lobbied the state government for funds to erect the Custer statue which now stands at the entrance of St. Mary's Park in Monroe, MI.

NCAI is resolved to stop all harms to indigenous peoples associated with Custer memorials across the United States.

Anishinaabek Caucus of the Michigan Democratic Party is a political caucus of the Michigan Democratic Party advocating for the issues and concerns of the 12 Native Nations in Michigan.

Courtesy photo.


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* Room rate subject to availability
Tribal ID must be shown at check-in



Honoring Our Past. Creating Hope for the Future.

WE CAN HELP

Victim service providers help victims rebuild their lives. We can help you learn about your legal rights and options, cope with the impact of crime, access victim compensation, develop a safety plan, and navigate the criminal justice and social service systems.

DIRECT SERVICES FOR VICTIMS

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- Cyber Civil Rights Initiative 844-878-2274
- Love Is Respect 866-331-9474, TTY 866-331-8453
- Mothers Against Drunk Driving 877-MADD-HELP
- National Domestic Violence Hotline 800-799-SAFE, TTY 800-787-3224
- National Human Trafficking Hotline 888-373-7888, TTY 711
- National Runaway Safeline 800-RUNAWAY
- Parents of Murdered Children, Inc. 888-818-POMC
- Rape, Abuse, & Incest National Network 800-656-HOPE
- Pathways to Safety International 833-SAFE-833
- StrongHearts Native Helpline 844-7NATIVE
- National Suicide Prevention Lifeline 800-273-8255, TTY 800-799-4889
- The Trevor Project 866-488-7386
- Veterans Crisis Line 800-273-8255 x1, TTY 800-799-4889

INFO & REFERRALS FOR VICTIMS

- Battered Women's Justice Project Legal Helpline 800-903-0111 x1, TTY 711
- Bureau of Indian Affairs, Indian Country Child Abuse Hotline 800-633-5155
- Federal Trade Commission Identity Theft Hotline 877-FTC-HELP, TTY 866-653-4261
- National Center for Missing & Exploited Children 800-THE-LOST*
- Substance Abuse and Mental Health Services Administration Helpline 800-662-HELP, TTY 800-487-4889
- VictimConnect Resource Center 855-4-VICTIM

Two Big Updates to the MyPlate Quiz

Take the MyPlate Quiz
TO DISCOVER YOUR MYPLATE LEVEL



Now available in Spanish!

MyPlate.gov

Announcing two exciting updates to our popular MyPlate Quiz – the MyPlate Quiz and supporting materials are now available in Spanish plus MyPlate levels have been added to your results page. Take the MyPlate Quiz to find your starting point and discover which MyPlate level you are. There are a total of six levels, ranging from "MyPlate Beginner" to "MyPlate Hall of Famer." Do you have what it takes to make it to the top?

In addition to receiving MyPlate recommendations and personalized resources, you can now save and download a PDF of your results and re-take the quiz to view your progress over time. MyPlate is here to help you with your eating habits as you work towards the next MyPlate level.

Are you making every bite count? Take the MyPlate Quiz today to find out.

Courtesy graphic.



In Michigan,

American Indians have the highest rates of commercial tobacco use of any ethnic group. There is help for those who wish to quit smoking with the help of a compassionate, dedicated coach and nicotine replacement therapy as needed. The American Indian Commercial Tobacco Program is a free quitline service in partnership with the Michigan Tobacco Quitline. Calls are free and confidential. 1-855-372-0037


★ Denotes a Michigan Indian tribe or urban center


In some Michigan tribal communities, the smoking rate among adults is as high as	Smoking is linked to fetal and infant mortality. Among American Indians in the state, the infant mortality rate is	Tribes are facing a growing number of lung cancer cases. The mortality rate for American Indians with lung cancer is as high as
70%	15%	90%

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

With help comes hope

Help is available for you or someone you care about, 24/7

 We welcome everyone to visit our Official Facebook Page at <https://www.facebook.com/LTBBODAWA>. Please be respectful in your comments.



VALUE OUR TRADITION. KEEP TOBACCO SACRED.



TRIBAL COUNCIL MEETING MINUTES

In accordance with law and policy, Elders Comment/Public Comment as recorded in the minutes will contain the name of the Citizen or "Immediate Family" or "Family member" and only the subject matter brought forth by the individual. No attempt will be made by the Legislative Branch to summarize the comments. Written public comments will be accepted by the Legislative Office. Written comments shall be attached to the official approved minutes housed in the Legislative Branch. Written comments are not published, however, shall be open to review within the Legislative Office in accordance with any laws regarding such documents.

Little Traverse Bay Bands of Odawa Indians
7500 Odawa Circle, Harbor Springs, MI 49740
Tribal Council Regular Meeting
September 16, 2021
via ZOOM

Call to Order: **9:03 a.m.**
 Opening ceremony: Legislative Office Manager Michele Portman-LaCount
 Closed Session: No
 Council Present: Councilor Fred Kiogima, Councilor Tamara Kiogima, Councilor William Ortiz, Councilor Aaron Otto, Councilor Melissa Pamp, Councilor Marty Van De Car, Secretary Marcella Reyes, Legislative Leader Emily Proctor

Absent: Treasurer Leroy Shomin
 Legislative Office Staff Present: Legislative Office Manager Michele Portman-LaCount, Legislative Services Attorney Donna Budnick, General Counsel Jim Bransky, Sr Financial Analyst Rachel Cope, Legislative Administrative Assistant Linda Gokee

Corporate Charters Present: Odawa Economic Affairs Holding Corporation's Administrative Assistant Nichlos Peltier, Treasurer Cheryl Kishigo, and Executive Director Shanna Kishigo

Executive Officials and Staff Present: Unit I Executive Director Phil Harmon, Unit II Executive Director Daugherty "Duffy" Johnson, Chief Financial Officer Carrie Carlson, Law Enforcement Dispatch Alison Ronk, Education's Employment and Training Specialist Rachael Koepf, Health Services Navigator Tracey Conant, Human Resources Generalist Rose Pyant, Planning Administrative Assistant Shari Temple, Housing Administrative Assistant Heidi Bosma, WOCTEP Student Advisor Ben Hinmon, Planning Director Amanda Swiss, Education's NIT Project Director Kerstine Ome, WOCTEP Administrative Assistant Mary Schneider, WOCTEP Student Advisor Michael Mondoskin, Human Resources Director Denise Petoskey, Health Department Director Jody Werner, Human Services Program Distribution Specialist Joe VanAlstine

Judicial Officials and Staff:
 Public: Daniel Pierzynowski, Patrick Anthony, Renee Dillard, Ricky Compo, Melissa Shomin, Bernadece Boda, Wayne Etawageshik, Brian Anthony, Marvin Mulholland, Sierra Boda, Kenny Dewey, Kay Briggs

Invited Guest: none
Motion made by Councilor Fred Kiogima and supported by Councilor Tamara Kiogima to Adopt the Agenda of September 16, 2021 as amended.

Vote: 8 Yes, 0 No, 0 Abstain, 1 Absent (Treasurer Leroy Shomin)
 Motion carries.

Motion made by Secretary Marcella Reyes and supported by Councilor William Ortiz to dedicate this meeting in honor of the following Tribal Citizen(s) who have walked on: Terry Erno, Kaylene Hendrickson, and Roscoe Howard III.

Vote: 8 Yes, 0 No, 0 Abstain, 1 Absent (Treasurer Leroy Shomin)
 Motion carries.

Motion made by Councilor Aaron Otto and supported by Councilor Melissa Pamp to approve the minutes of September 2, 2021 as presented.

Vote: 8 Yes, 0 No, 0 Abstain, 1

Absent (Treasurer Leroy Shomin)
 Motion carries.

9:30 a.m. Introduction of new Tribal Government Employees.
(some employees were unable to attend. Human Resources Generalist Rose Pyant provide update)

-Julie Shananaquet – Law Enforcement Police Dispatcher-absent-Rose updated

-David Burks – Gijigowi Language Project Technician (transfer)-absent-Rose updated

-Tracey Conant – Health Services Navigator

-Alison Ronk – Law Enforcement Police Dispatcher

-Brandon Chojnacki – Tribal Social Services Manager-absent

-Lindsey Doerfler – Enrollment Receptionist-absent

-Heidi Bosma – Housing Administrative Assistant (transfer)

-Benedict Hinmon – WOCTEP Student Advisor

Legislative Office Reports:
General Counsel Report:

9:23 a.m. Treasurer Leroy Shomin arrives

Motion made by Secretary Marcella Reyes and supported by Councilor Melissa Pamp to acknowledge receipt of General Counsel Jim Bransky's verbal report for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Motion made by Secretary Marcella Reyes and supported by Councilor Melissa Pamp to approve the Non-Federal Share Public Funding Agreement Between the Federally Recognized Tribes in Michigan and the State of Michigan Department of Health and Human Services and authorize the Tribal Chairperson to sign on behalf of the Tribe.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Executive Oversight Report:

Discussion: Unit I Executive Director Phil Harmon

Vice Chairperson Stella Kay is out today.

Tribal Chairperson Regina Gasco Bentley is attending Chippewa Ottawa Resource Authority (CORA) meeting via Zoom.

COVID-19 Update: Phase IV will be sent out soon. There are a couple changes in regards to masks.

The front desk project continues. It will be completed in two weeks.

The Natural Resources Department (NRD) has a few upcoming events. If you are interested, please contact the office at (231) 242-1670.

-Gun Safe raffle. NRD will be accepting applications now until October 1, 2021. The drawing will be held on October 27, 2021 during the Natural Resources Commission Meeting.

-Migratory Bird Hunt is scheduled for Saturday, September 25, 2021

-Subsistence Gillnet Workshop, October 2 & 3, 2021

-Annual Youth and New Hunters Deer Hunt, Saturday, October 23, 2021

-Deer Processing Hands on Workshop, Monday, October 25, 2021

The Education Department is working on an outdoor Halloween event scheduled for Friday, October 29, 2021. More details will be release in the upcoming weeks.

Executive Town Hall Meeting is scheduled for Wednesday, October 10, 2021.

Discussion: Unit II Executive Director Daugherty "Duffy" Johnson

Kudos to the Youth Services Department. 102 serviced during the backpack drive thru

The Tribe is prepared to submit the Housing Tax Credit. The application is due on October 1, 2021.

All staff are back in their respective offices.

The broadband application has been submitted for \$500,000. The Tribe requested \$5.9 million.

Motion made by Secretary Marcella Reyes and supported by Councilor William Ortiz to acknowledge the verbal and written Executive Oversight Report as presented by Unit I Executive Director Phil Harmon and Unit II Executive Director Daugherty "Duffy" Johnson for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

10:50 a.m. Break

11:01 a.m. Resume

Tribal Council Officer Reports:

Tribal Council Meeting Dates

December 14 Work Session
 December 16 Council Meeting

January 4 Work Session
 January 6 Council Meeting
 January 18 Work Session
 January 20 Council Meeting

All Tribal Council meetings and work sessions are held in the Tribal Council Chambers located at
 7500 Odawa Circle,
 Harbor Springs, MI.

Legislative

Tribal Council Members

Emily Proctor, Legislative Leader
 Marcella Reyes, Secretary
 Leroy Shomin, Treasurer
 Tamara Kiogima, Councilor
 Aaron Otto, Councilor
 Melissa Pamp, Councilor
 Marty Van De Car, Councilor
 Fred Kiogima, Councilor
 William Ortiz, Councilor

Legislative Leader Report:

Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Leader Emily Proctor's verbal and written report for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Secretary Report:
 Documents delivered to the Executive on 09/02/2021 and is due back on or before 10/4/2021:

-Tribal Resolution Appropriation of Funds for the Legal Fund-Reservation Boundary Litigation in the amount of \$150,000 to come from the General Fund-Fund Balance.

Vetoes (*a vote of Tribal Council to override a veto shall occur within 90-days of the veto*): None

Phone Polls passed by Tribal Council: None

Other Activities: Received an invitation from Judge Maldonado to attend Drug Court, will be working on Peacemaking for Grandparents Rights, had conversations with Odawa Economic Affairs Holding Corporation's Vice-Chairwomen Denise Steffel

and Executive Director Shanna Kishigo regarding a business opportunity.

Motion made by Councilor Fred Kiogima and supported by Legislative Leader Emily Proctor to acknowledge receipt of Secretary Marcella Reyes' verbal and written report as provided on the agenda for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Treasurer Report:

Appropriations and Finance Committee

-Last Meeting: September 7, 2021.

(Motions made at Appropriations and Finance Committee Meeting)

Motion made by Councilor William Ortiz and supported by Secretary Marcella Reyes to recommend to Tribal Council to adopt Tribal Resolution Authorization of the Odawa Casino Resort COVID-19 Employee Compensation Fund, in the amount of \$1,472,800.00 to come from American Rescue Plan Act ("ARP") funds.

Vote: 3 -yes, 0 -no, 0 -abstain, 0 -absent Motion carries.

Motion made by Councilor William Ortiz and supported by Secretary Marcella Reyes to **TABLE** and refer to the next Tribal Council Work Session the Motion to recommend to Tribal Council Tribal Resolution Authorization of the COVID-19 Vaccine Incentive Program that allows a five hundred dollars (\$500.00) payment to Little Traverse Bay Bands of Odawa Indians and Employee to come from American Rescue Plan Act ("ARP") funds, for a total of \$2,450,000.

Vote: 3 -yes, 0 -no, 0 -abstain, 0 -absent Motion carries.

Phone Polls passed by Appropriations and Finance Committee: None

-Next Meeting: Tuesday, October 12, 2021 at 9:00 a.m. via Zoom.

Other Activities: Received an invitation from Judge Maldonado to attend Drug Court and has accepted.

Motion made by Secretary Marcella Reyes and supported by Councilor Aaron Otto to acknowledge receipt of the Appropriations and Finance Committee verbal and written report as provided on the agenda by Treasurer Leroy Shomin, Committee Chair for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Land and Reservation Committee Report

-Last Meeting: September 10, 2021

(Motions made at Land and Reservation Committee Meeting)

Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to recommend to Tribal Council to approve CERTIFIED MOTION Assignment of Cemetery Road Property, Affordable Housing at approximately 4 Acres, Petoskey, Michigan.

Vote: 3 -yes, 0 -no, 0 -abstain, 0 -absent Motion carries.

Phone Polls passed by Land and Reservation Committee: None

-Next Meeting: Friday, October 1, 2021 at 9:00 a.m. via Zoom

Motion made by Councilor William Ortiz and supported by Secretary Marcella Reyes to acknowledge receipt of the Land and Reservation Committee verbal and written report as provided on the agenda by Councilor Aaron Otto, Committee Chairperson

for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Tribal Council Member Reports:

Councilor William Ortiz – Requesting a Public Hearing sponsored by the Appropriations and Finance Committee regarding the American Rescue Plan Act funds

A Public Hearing will be scheduled on Thursday, September 23, 2021 from 4:30 p.m. – 7:00 p.m.

An Appropriations and Finance Committee phone poll will be conducted to approve the Public Hearing.

Public Comment
11:48 a.m. Opens

Ricky Compo commented that front line employees at Odawa Casino Resort are getting COVID. Cases getting worse and non-Tribal front-line workers also need reassurance there is help with PTO. Supports resolution for relief.

Aaron Otto supports Ricky Compo's statement. Knows people who are/have been affected by COVID. To show support would be great.

Linda Gokee agrees with Ricky and Aaron. Odawa Casino Resort employees front line workers support the Tribe. Tribal government supported front-line workers. The Tribe received \$11,497,642.60 based on employment numbers. Being an employee and Tribal Citizen is hard to draw the line when Council wants Tribal Citizens to participate in meetings. The Tribal Council and/or Executive need to put out a statement saying, "Yes, you are a Citizen and an employee, your voice does count".

Patrick Anthony agrees with the previous comments. Have to take care of front-line workers. Why kick this down the road. Have a good day.

Rose Pyant questioned the amount of money going towards the land litigation.

Brian K. Anthony commented during this coronavirus and pandemic that it is not the time to build new businesses or skyscrapers. Time to rebuild the community.

Renee Dillard appreciates Council members bringing forth legislation for the language use however you can't legislate spirituality.

Rachael Koepf commented the Education department, and Chris Smith, will be showing movies, weekends in October at the powwow grounds. Looking for volunteers. Chi Miigwech to Youth, Human Services, and Spring Grant for assisting. This is pending the safety plan and pandemic.

11:59 a.m. Closed

Councilor William Ortiz discussion continued.

Scheduling of an Appropriations and Finance Committee Public Hearing.

Motion made by Treasurer Leroy Shomin and supported by Councilor Tamara Kiogima to acknowledge receipt of Councilor William Ortiz' verbal report as presented on September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Councilor Tamara Kiogima – Youth Center, a Tribal Resolution and a Statute

Have been working towards a youth center and daycare.

Co-sponsored a Tribal Resolution with Councilor Melissa Pamp for a second payment of \$1,500 at

"Minutes" continued on page 28.

“Minutes” continued from page 27.
the September 14 Tribal Council Work Session. Would like an Appropriations and Finance Committee phone poll.

Working with Councilor Melissa Pamp and Renee Dillard on a Grandparents and Grandchild Visitation Statute. Would like to invite Renee Dillard to the work session.

Bringing forth an Anishinaabemowin Statute. Utilizing the language is very important. Would like to bring this to an upcoming Work Session to discuss.

Councilor Tamara Kiogima will be sponsoring the Group of Concerned Citizens American Rescue Plan (ARP) plan.

Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to acknowledge receipt of Councilor Tamara Kiogima's verbal report for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

12:17 p.m. Lunch

1:00 p.m. Resume

Legislative Office Reports:

Office of Finance and Revenue:
Senior Financial Analyst

Corporate Charters and/or Board Updates:

Tribal Burial Board, Inc.

Odawa Economic Development Management, Inc.

Ziibimijwang, Inc.

Odawa Economic Affairs Holding Corporation, Inc.

Gaming Authority – July 2021 Monthly Report

2:07 p.m. Councilor Marty Van De Car steps away

2:30 p.m. Councilor Marty Van De Car returns

Motion made by Councilor Tamara Kiogima and supported by Councilor Aaron Otto to acknowledge receipt of Sr Financial Analyst Rachel Cope's verbal and written report for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

2:49 p.m. Break

3:00 p.m. Resume

Public Comment:

3:01 p.m. Opens

Ricky Compo commented he won't be participating in the meeting when the vote is in as he is a front-line employee at Odawa Casino Resort. Would have liked to share the vote outcome for good news. Is not going to give up on the Employee Compensation Fund and he appreciates it.

Linda Gokee commented we all have family members in other Michigan Tribes or family who sit on other Tribes Tribal Council. Would be interested in how those Tribes utilized that particular portion of ARP funding given based on employee numbers.

Bernadece Boda commented in support of getting some relief for our casino employees. Those employees continually brought in revenue and kept the casino up and operating, thru the pandemic. They were included in the number count for some of the ARP funds. Especially front-line workers who have been there since the beginning of the pandemic. Commented on the PowerPoint graph Sr Financial Analyst Rachel Cope presented comparing the federal direct payments to Citizens versus the Tribal payments made to Citizens.

3:10 p.m. Public Comment Closes

Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to acknowledge receipt of the Gaming Authority/Odawa Casino Resort's written July 2021 Status Report dated September 9, 2021.

Vote: 6 Yes, 0 No, 3 Abstain

(Councilor Aaron Otto, Councilor Melissa Pamp, Councilor Marty Van De Car), 0 Absent

Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to approve BDO as the Odawa Casino Resort Auditor for Fiscal Years 2021-2024.

Vote: 6 Yes, 0 No, 3 Abstain (Councilor Aaron Otto, Councilor Melissa Pamp, Councilor Marty Van De Car), 0 Absent

Motion carries.

Tribal Historic Preservation Officer – No report

Legislative Services Attorney:

Motion made by Councilor Fred Kiogima and supported by Councilor William Ortiz to acknowledge receipt of Legislative Services Attorney Donna Budnick's verbal and written report for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Legislative Office Manager:

Motion made by Councilor Melissa Pamp and supported by Secretary Marcella Reyes to acknowledge receipt of Legislative Office Manager Michele Portman-LaCount's verbal and written report for September 16, 2021.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Motion made by Councilor Aaron Otto and supported by Secretary Marcella Reyes to appoint Belinda Bardwell to the Odawa Economic Development Management, Inc. for a 5-year term, September 16, 2021 – September 16, 2026.

Vote: 5 Yes, 4 No (Councilor Fred Kiogima, Councilor Tamara Kiogima, Councilor Melissa Pamp, Councilor William Ortiz), 0 Abstain, 0 Absent

Motion carries.

Motion made by Councilor William Ortiz and supported by Councilor Fred Kiogima to **TABLE** Waganakising Odawak Statute Oath of Offices of Chairperson, Vice-Chairperson and Tribal Council to the web as sponsored by Councilor Marty Van De Car, Councilor Tamara Kiogima, and Councilor Melissa Pamp.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Motion made by Secretary Marcella Reyes and supported by Councilor Aaron Otto to approve CERTIFIED MOTION #091621-01 Assignment of Cemetery Road Property, Affordable Housing at approximately 4 Acres, Petoskey, Michigan.

Vote: 7 Yes, 2 No (Councilor Tamara Kiogima, Legislative Leader Emily Proctor), 0 Abstain, 0 Absent Motion carries.

Motion made by Councilor Fred Kiogima and supported by Secretary Marcella Reyes to acknowledge receipt of the Executive nomination of Rose Pyant to the Elders Commission and set up an interview.

Vote: 9 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Roll Call Votes:

Motion made by Councilor William Ortiz and supported by Councilor Tamara Kiogima to adopt Tribal Resolution Authorization of the Odawa Casino Resort COVID-19 Employee Compensation Fund, in the amount of \$1,472,800.00 to come from American Rescue Plan Act (“ARP”) funds.

Roll call: Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor William Ortiz-yes, Councilor Aaron Otto-abstain, Councilor Melissa Pamp-resigned her employment with Odawa Casino Resort effective immediately-yes, Councilor Marty Van De Car-abstain, Treas-

urer Leroy Shomin-no, Secretary Marcella Reyes-yes, Legislative Leader Emily Proctor-yes.

Motion carries.

Other Items of Business: None

Adjournment

4:40 p.m. Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to adjourn.

Vote: 8 Yes, 0 No, 0 Abstain, 1 Absent (Councilor Marty Van De Car) Motion carries.

Next Regular Tribal Council Meeting:

Thursday, October 7, 2021 at 9:00 a.m. via Zoom

These Minutes have been read and are approved as presented:

Marcella R. Reyes, Tribal Council Secretary Date

Little Traverse Bay Bands of Odawa Indians

7500 Odawa Circle, Harbor Springs, MI 49740

Tribal Council Regular Meeting October 7, 2021 via Zoom

Call to Order: 9:00 a.m.

Closed Session: none

Opening Ceremony: Melissa Wiatrolik

Absent at time of roll call: Treasurer Leroy Shomin (arrived 10:17 a.m.) and Councilor Marty Van De Car (arrived 10:33 a.m.)

Legislative Office Staff: Legislative Office Manager Michele Portman-LaCount, Legislative Services Attorney Donna Budnick, Sr Financial Analyst Rachel Cope, Tribal Historic Preservation Officer Melissa Wiatrolik

Executive Officials and Staff: Dr Frank Animikwam, Executive Director Unit I Phil Harmon, Executive Director Unit II Daugherty Johnson, Planning Director Amanda Swiss, Chief Financial Officer Carrie Carlson, Human Resources Director Denise Petoskey, Language Department Administrative Assistant Mary Schneider, Planning Department Administrative Assistant Shari Temple, Health Director Jody Werner, Housing Department Administrative Assistant Heidi Bosma, Language Department Director Carla Osawamick, Natural Resources Department Administrative Assistant Deb Smithkey-Browne, Executive Office Temp Cathy Bradley

Judicial Officials and Staff: none

Corporate Charters: Administrative Assistant Nichols Peltier

Public: Renee Dillard, Doug Emery, Joseph Beaver II, Bernadece Boda, Jody Field, Patrick Anthony, Ricky Compo, Sue Silva, Marvin Mulholland, Keith Dayson

Invited Guest: none

Motion made by Councilor Melissa Pamp and supported by Councilor Tamara Kiogima to adopt the Agenda of October 7, 2021 as amended.

Vote: 7-yes, 0-no, 0-abstained, 2-absent (Treasurer Leroy Shomin, Councilor Marty Van De Car) Motion carried.

Executive Oversight Report

Executive Director Unit I Phil Harmon-currently in phase 3.5 more COVID cases out there. Environmental Services Manager Caroline Moellering has been accepted in to a leadership program. Halloween events still on in planning stages.

Executive Director Unit II Daugherty Johnson-selected engineering firm for DPW department. Section 105 lease program resolution on the agenda, Dr. Frank Animikwam will update on COVID.

Dr. Animikwam: Focus is to keep our team safe. Stay aware of the 3-W's. There were a few staff at

clinic who tested positive so contract tracing was conducted.

Executive Director Unit I Phil Harmon-new police Chief is Terry McDonnel. Was Chief of Police in East Jordan.

Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to acknowledge the verbal Executive Oversight Report as presented by Executive Director Unit I Phil Harmon and Executive Director Unit II Daugherty Johnson for October 7, 2021.

Vote: 7-yes, 0-no, 0-abstained, 2-absent (Treasurer Leroy Shomin, Councilor Marty Van De Car) Motion carried.

Tribal Council Officer Reports

Legislative Leader Report
Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Leader Emily Proctor's verbal and written report for October 7, 2021.

2-absent (Treasurer Leroy Shomin, Councilor Marty Van De Car) Motion carried.

Secretary Report

Documents Delivered to the Executive-none

Vetoes (a vote of Tribal Council to override a veto shall occur within 90-days of the veto): none

Phone Polls passed by Tribal Council: none

Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to acknowledge receipt of Secretary Marcella Reyes' verbal and written report as provided on the agenda for October 7, 2021.

Vote: 7-yes, 0-no, 0-abstained, 2-absent (Treasurer Leroy Shomin, Councilor Marty Van De Car) Motion carried.

Treasurer Report

Appropriations and Finance Committee

Last Meeting: September 7, 2021.

(Motions made at Appropriations and Finance Committee Meeting were presented at the September 16, 2021 Tribal Council Meeting)

Phone Polls passed by Appropriations and Finance Committee:

09/17/2021 Reason for Phone Poll: Motion to approve sponsoring a Public Hearing to be held on Thursday, September 23, 2021 at 4:30pm – 7:00pm, regarding the American Rescue Plan funding uses; and to approve the posting of a notice for the Public Hearing.

Phone Poll Vote: 3 Yes, 0 No, 0 Abstain, 0 Absent Motion carries.

Next Meeting: Tuesday October 12, 2021 at 9:00 a.m. on Zoom

10:17 a.m. Treasurer Leroy Shomin arrived.

Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to acknowledge receipt of the Appropriations and Finance Committee verbal and written report as provided on the agenda by Committee Secretary Marcella Reyes for October 7, 2021.

Vote: 8-yes, 0-no, 0-abstained, 1-absent (Councilor Marty Van De Car) Motion carried.

Land and Reservation Committee

Last Meeting: October 1, 2021 was Cancelled

Next Meeting: Friday November 12, 2021 at 9:00 a.m. on Zoom

Phone Polls passed by Land and Reservation Committee: none

Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to acknowledge receipt of the Land and Reservation Committee verbal and written report as provided on the agenda by Councilor Aaron Otto, Committee Chairperson

for October 7, 2021.

Vote: 8-yes, 0-no, 0-abstained, 1-absent (Councilor Marty Van De Car) Motion carried.

Tribal Council Member Reports:

Discussion: Councilor Tamara Kiogima, Councilor William Ortiz and Councilor Melissa Pamp: Proposed Legislation to dissolve Appropriations and Finance Committee and Land and Reservation Committee. Councilor William Ortiz has been attending the 2020 Consent Decree negotiations.

10:33 a.m. Councilor Marty Van De Car arrived.

Motion made by Councilor Fred Kiogima and supported by Councilor Aaron Otto to acknowledge receipt of Councilor Tamara Kiogima, Councilor William Ortiz, Councilor Melissa Pamp verbal Tribal Council Member Report for October 7, 2021.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion carried.

11:05 a.m. Break

11:15 a.m. Meeting resumed.

Motion made by Councilor Marty Van De Car and supported by Councilor Fred Kiogima to table the minutes of September 16, 2021 as (presented/corrected)

Vote: 8-yes, 0-no, 0-abstained, 1-absent (Councilor Tamara Kiogima) Motion carried.

Legislative Office Reports

Tribal Historic Preservation Officer

Motion made by Councilor Melissa Pamp and supported by Treasurer Leroy Shomin to acknowledge receipt of Tribal Historic Preservation Officer Melissa Wiatrolik's verbal and written report for October 7, 2021.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion carried.

Office of Finance and Revenue Senior Financial Analyst

Tribally Accepted Accounting Practice Statute – QuickBooks and Reporting.

Corporate Charters and/or Board Updates:

Tribal Burial Board, Inc.

Odawa Economic Development Management, Inc.-3rd Quarter Report

Ziibimijwang, Inc.

Odawa Economic Affairs Holding Corporation, Inc.

Gaming Authority

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to acknowledge receipt of Sr Financial Analyst Rachel Cope's written report for October 7, 2021.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion carried.

Councilor Aaron Otto announced his last day working for Odawa Casino Resort was October 4, 2021.

Motion made by Treasurer Leroy Shomin and supported by Secretary Marcella Reyes to acknowledge receipt of the Gaming Authority/Odawa Casino Resort's written August 2021 Status Report dated September 27, 2021.

Vote: 8-yes, 0-no, 1-abstained (Councilor Marty Van De Car) 0-absent Motion carried.

Motion made by Councilor Marty Van De Car and supported by Councilor Fred Kiogima to acknowledge receipt of the Odawa Economic Development Management, Inc. 2021 3rd Quarter Report dated October 7, 2021.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion carried.

Legislative Services Attorney

Motion made by Councilor Aaron Otto and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Services Attorney Donna Budnick's verbal and written report

“Minutes” continued on page 29.

“Minutes” continued from page 28. for October 7, 2021.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion carried.

General Counsel-no report

11:44 a.m. Public Comment opened:

Patrick Anthony spoke regarding the increase of COVID and mandating employees to get vaccinated and can Tribal Council share the Odawa Economic Development Management, Inc. 3rd Quarter Report.

Marvin Mullholland spoke regarding Tribal Council strategic planning and to not hire an outside firm due to funding and processes. Tribal Council Committees used to get stipends, committees have no authority and Tribal Council was elected to function as a group not a committee.

Ricky Compo supports ARC Funding resolution put together by the Citizens. Thanked Tribal Council for passing the COVID relief fund for Odawa Casino Resort.

Bernadece Boda spoke regarding safety protocols for COVID and why they are in effect. Would like to see mask wearing mandate at Casino. Jobs postings and recruiting individuals prior to deciding after posting. Need an every 5-year audit of Human Resources Department for transparency. Supports the APR resolution presented by the Citizens. Supports dissolving Tribal Council committees as it is Tribal Council’s responsibility.

Patrick Anthony would like to see that Odawa Economic Development Management, Inc. report.

Bernadece Boda-would like to see skill assessments for hiring.

Legislative Office Manager

Motion made by Councilor William Ortiz and supported by Treasurer Leroy Shomin to acknowledge receipt of Legislative Office Manager Michele Portman-LaCount’s verbal and written report for October 7, 2021.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor William Ortiz and supported by Councilor Marty Van De Car to direct Legislative Leader to request nominations from the Executive for the Odawa Construction Corporation.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Treasurer Leroy Shomin and supported by Councilor Tamara Kiogima to acknowledge receipt of the BDO Audit Report for year ended December 21, 2020.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor Tamara Kiogima and supported by Councilor William Ortiz to approve the Little Traverse Bay Bands of Odawa Indians Odawa Economic Affairs Holding Corporate Charter.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor Tamara Kiogima and supported by Councilor Fred Kiogima to approve Little Traverse Bay Bands of Odawa Indians Odawa Economic Development Management, Inc. Corporate Charter.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor Melissa Pamp and supported by Councilor Marty Van De Car to appoint William McNamara to the Natural Resources Commis-

sion for a 4-year term ending October 7, 2025.

Vote: 8-yes, 0-no, 1-abstained (Councilor Fred Kiogima), 0-absent Motion carried.

Motion made by Councilor William Ortiz and supported by Councilor Marty Van De Car to post for comment the draft Grandparent and Grandchild Visitation Statute as sponsored by Councilor Tamara Kiogima.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor Marty Van De Car and supported by Councilor Tamara Kiogima to accept the Executive Nomination of Jana Simmons for Prosecutor and set up an interview.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor William Ortiz and supported by Councilor Tamara Kiogima to table proposed legislation Waganakising Odawak Statute Tribal Government Budget Formulation and Modification Statute as sponsored by Councilor William Ortiz, Councilor Tamara Kiogima, Councilor Melissa Pamp a work session.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to table proposed legislation Waganakising Odawak Statute Tribal Treasurer Responsibility as sponsored by Councilor William Ortiz, Councilor Tamara Kiogima, Councilor Melissa Pamp and bring to a work session.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Councilor William Ortiz and supported by Councilor Melissa Pamp to ta-

ble proposed legislation Waganakising Odawak Statute Land and Reservation as sponsored by Councilor William Ortiz, Councilor Tamara Kiogima, Councilor Melissa Pamp and bring to a work session.

Vote: 9-yes, 0-no, 0-abstained, 0-absent Motion Carried.

Motion made by Secretary Marcella Reyes and supported by Councilor Fred Kiogima to adopt Tribal Resolution: To Approve the Negotiation of an IHS Section 105 Lease(s) for the Health Park Facility Building(s).

Roll call vote: Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor William Ortiz-yes, Councilor Aaron Otto-yes, Councilor Melissa Pamp-yes, Councilor Marty Van De Car-yes, Treasurer Leroy Shomin-yes, Secretary Marcella Reyes-yes, Legislative Leader Emily Proctor-yes

Motion made by Councilor Melissa Pamp and supported by Councilor Tamara Kiogima to adopt Tribal Resolution: To recognize “Indigenous Peoples Day” as a Tribal Holiday.

Roll call vote: Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor William Ortiz-yes, Councilor Aaron Otto-yes, Councilor Melissa Pamp-yes, Councilor Marty Van De Car-yes, Treasurer Leroy Shomin-yes, Secretary Marcella Reyes-yes, Legislative Leader Emily Proctor-yes

1:12 p.m. Public Comment opened:

Ricky Compo spoke regarding all Michigan Tribes receiving a letter from Van Andel Museum asking for Tribal representatives to go. Why was there no representation from LTBB.

Donna Budnick spoke regarding the Tribe supporting a day that honors indigenous people rather than Columbus Day.

Marty Van De Car-spoke regarding more knowledge of the Odawa People at the Crooked Tree Arts Center and highly recommends attendance to see the Tribal art. It good to see the road signs recognizing the Tribes roads funding projects.

Michele Portman-LaCount spoke regarding Tribal Flags on all properties where business is conducted. Thankful for the roads signs as Marty Van De Car mentioned.

Renee Dillard would like to know of those invites from museums the Tribe receives.

Ricky Compo supports Renee Dillard’s concern.

Amanda Swiss – Flags should be kept on better repair.

Ricky Compo-Thank you and everyone have a great weekend.

1:26 p.m. Public Comment closed.

Other Items of Business: none

1:29 p.m. Public Comment opened:

Patrick Anthony, you guys have a great week, see you next time.

1:30 p.m. Public Comment closed.

1:31 p.m. Motion made by Councilor Fred Kiogima and supported by Treasurer Leroy Shomin to adjourn.

8-yes, 1-no (Councilor Aaron Otto), 0-abstained, 0-absent Motion Carried.

Next Scheduled Meeting October 21, 2021 at 9:00 a.m.

Next Scheduled Meeting Thursday, at 9:00 a.m.

These Minutes have been read and are approved as corrected Secretary Marcella Reyes Date



Little Traverse Bay Bands of Odawa Indians TRIBAL ELECTION BOARD P.O. Box 160, Conway, MI 49722

VOTER REGISTRATION FORM

IMPORTANT NOTICE

This Voter Registration Form must be signed by the Tribal Member and verified by either of the following:

- 1. The seal and signature of a notary public. OR 2. Attaching a legible copy of one (1) of the following forms of Identification that bears the signature of the Tribal Member: • Valid Tribal Identification Card, OR • State Driver’s License, OR • State issued identification Card, OR • Passport

YOUR VOTER REGISTRATION FORM WILL NOT BE ACCEPTED IF THESE REQUIREMENTS ARE NOT MET

“PLEASE PRINT”

TRIBAL ROLL NUMBER DATE OF BIRTH

LAST NAME SUFFIX (SR., JR., ETC.) MAIDEN OR PREVIOUS NAMES

FIRST NAME MIDDLE NAME

MAILING ADDRESS (STREET OR POST OFFICE BOX ADDRESS)

CITY STATE ZIP CODE

SIGNATURE OF VOTER DATE

SIGNATURE OF NOTARY MY COMMISSION EXPIRES

Little Traverse Bay Bands of Odawa Indians NOTICE: Sex Offender Registration Requirements All persons who have been convicted as a sex offender are required by the LTBB Sex Offender Registration and Notification Statute to register with LTBB Law Enforcement if any of the following circumstances are true: 1. If your residence is on Tribally owned land; 2. If you will be visiting and staying on Tribally owned land for more than seven (7) days; 3. If you are enrolled in any classes or schools located in Tribal buildings; or 4. If you are employed on Tribally owned lands. LTBB Law Enforcement is located at: 911 Spring Street, Petoskey, MI 49770 231-242-1500 For more information regarding Sex Offender Registry, you can visit the LTBB Website www.ltbbodawa-nsn.gov and choose the Law Enforcement link on the right side of the page.

Want to Reach 3000+ Consumers? Advertising in the Odawa Trails gets your ad seen for \$10.20/month.* Call the LTBB Communications Dept. at: 231-242-1427 *Price per month for 3 month block.

REMOVE BIRD FEEDERS WHILE BLACK BEARS PREPARE FOR HIBERNATION

By Michigan DNR

This time of year, brown bears are packing on the pounds in preparation for a long winter spent in their dens.

Here in Michigan, black bears are doing the same.

Black bears likely will enter their dens for hibernation by December, but timing can vary depending on food availability. Bears may start entering dens in early October with females typically entering dens earlier than males. Prior to hibernation, bears spend months foraging for foods rich in calories to bulk up their fat reserves. In the bear world, fat means survival as they can lose up to one-third of their body weight during hibernation.

“While foraging, bears may move into new areas in search of food or return to a location where they previously found a meal,” said Rachel Leightner, wildlife outreach coordinator for the Michigan Department of Natural Resources Wildlife Division. “During this time, we ask everyone to consider removing their bird feeders and any other potential food sources until bears have entered their dens in December.”

Bears have an excellent sense of smell and will follow their nose to find food. While natural foods such as acorns, hickory nuts and hazelnuts are abundant, bird seed in feeders is an especially appealing food source because it is high in calories and easy to access.

“Even if you enjoy wildlife watching and seeing black bears, it’s critical for the health and safety of a bear to not eat from human-provid-



ed food sources. Bears that seek out these types of foods are more at risk to lose their fear of humans, which ultimately may lead to an unfortunate outcome for the bear,” Leightner said.

Bears also may be attracted to grills with food debris, unsecured trash or outdoor pet foods. Look around your yard and see what small steps you can take to help keep Michigan black bears wild.

Additional tips and information about preventing potential conflicts with bears can be found at Michigan.gov/Wildlife.

Courtesy photo.

KEEP MOBILE DEVICES SAFER WITH MICHIGAN SECURE APP



By Michigan DNR

Since the start of the COVID-19 pandemic, Michigan residents have headed outdoors in record numbers, seeking space to spread out, exercise and relieve stress. Hunting and fishing, camping and several other outdoor recreation activities saw significant user increases last year and into 2021.

Understandably, many people also have turned to technology to make everyday activities like grocery shopping, banking and paying bills more efficient, less time-consuming and, perhaps, most importantly, removed from traditional face-to-face contact in order to limit the spread of the virus. DNR customers are part of that trend, too, going online to do things like purchase licenses, make campground reservations, find recreation safety classes, research park amenities and explore natural and historic sites.

The convenience is appealing, but when

people take their buying and research efforts online – especially, via mobile devices like smartphones and tablets and local Wi-Fi – there are real-world security risks to consider. According to a recent RSA Fraud Quarterly Report, more than 40% of fraud occurs in mobile applications and mobile security company Zimperium said malware grew 118% between just the third and fourth quarters of 2020.

With the goal of helping residents stay safe on mobile devices, the State of Michigan created the Michigan Secure app, launched earlier this year. It’s free to download and free to use with no in-app purchases or advertisements and alerts you to unsafe apps in Android, system tampering and other suspicious activity, including:

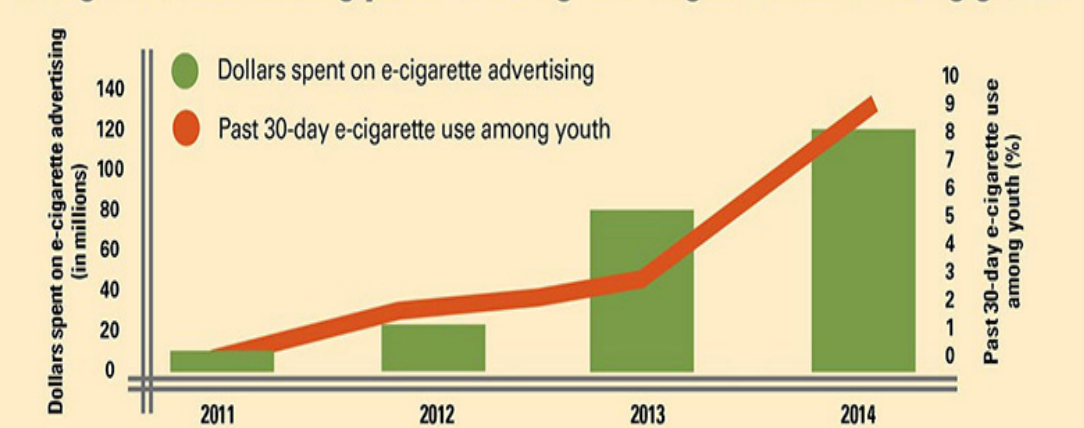
- Potentially unsafe e-mail attachments and downloaded apps.
- Phishing attempts to trick you into sharing personal information.
- Unsecure Wi-Fi networks.

One of StateScoop’s IT Innovations of the Year, Michigan Secure is unlike other mobile security apps in that it does not collect any of your personal, private information.

Don’t get hooked by phishing scams and other mobile threats. Learn more about how Michigan Secure can keep you and your family safer online at Michigan.gov/MichiganSecure-App.

Courtesy photo.

E-cigarette use among youth is rising as e-cigarette advertising grows



SOURCE: National Youth Tobacco Survey, 2011-2014; Kim et al (2014), Truth Initiative (2015).

COMMERCIAL TOBACCO USE

At **26%**, that's **1.5 times** greater than the US smoking rate.

More than **1 in 4** AI/AN adults smoke cigarettes.

Out of the 10 leading causes of death among AI/AN, 6 of them have been linked to smoking.

26%

18%

Smoking commercial tobacco can damage every part of your body. Poisons in cigarette smoke weakens the body's immune system.

Smoking commercial tobacco causes cancer, heart disease, stroke, lung diseases, diabetes, and many other life-threatening diseases.

People who stop smoking commercial tobacco greatly reduce their risk for cancer, heart disease, lung disease, and early death.

There are health benefits from quitting smoking at any age.

WHAT YOU CAN DO

Tobacco users

- Call the quitline today (1-800-QUIT-NOW) for information, advice, support, and referrals to help you quit. The sooner you quit, the sooner your body can begin to heal, and the less likely you are to get sick from commercial tobacco use.
- Never smoke commercial tobacco in your home, vehicles, or around nonsmokers, especially children, pregnant women, and persons with heart disease or respiratory conditions.
- Ask a health provider or traditional healer for help quitting.

Community members

- Make your home and vehicles 100% smoke-free 24/7 from commercial tobacco smoke.
- Don't start, if you aren't already using commercial tobacco.
- Tell your community leaders you support commercial tobacco control programs and smoke-free policies in all indoor air environments.
- Teach children about the health risks of smoking commercial tobacco and secondhand smoke.
- Encourage friends, family, and coworkers to quit. Support them in their efforts.

Health care providers

- Ask your patients if they use commercial tobacco; if they do, help them quit.
- Advise all patients to make their homes and vehicles 100% smoke-free 24/7 from commercial tobacco smoke.
- Make quitting commercial tobacco part of an overall approach to health and wellness.
- Advise nonsmokers to avoid secondhand smoke exposure, especially if they are pregnant or have heart disease or respiratory conditions.
- Refer patients to recommended resources and support groups.

Community leaders

- Fund comprehensive commercial tobacco control programs.
- Designate all indoor air environments 100% smoke-free from commercial tobacco smoke.
- Increase the price of all commercial tobacco products.
- Implement hard-hitting media campaigns that raise public awareness of the danger from commercial tobacco use and secondhand smoke exposure.
- Reduce commercial tobacco use by making these products less accessible, affordable, and desirable.

KEEP IT SACRED

This infographic was supported by the Cooperative Agreement Number DPO04979 funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.

A Dangerous Trend – Smokeless Tobacco Use Among High School Athletes

Past 30-day use of combustible tobacco products dropped from 2001 to 2013 among all high school students (31.5% to 19.5%), while past 30-day use of smokeless tobacco remained unchanged among non-athletes (5.9%), and increased among athletes (10.0% to 11.1%).

Smokeless tobacco is NOT without risk

SMOKELESS TOBACCO USE CAN...

- Lead to nicotine addiction
- Cause cancer of the mouth, esophagus and pancreas
- Cause diseases of the mouth
- Increase the risk for death from heart disease and stroke

CDC

AMERICAN INDIAN Commercial Tobacco Program

Open to Veterans and all other community members.

Call today.

As an American Indian veteran, you fought for your country. Now, join the fight for our culture and traditions by getting help to quit using commercial tobacco. Call the American Indian Commercial Tobacco Program today.

1-855-372-0037

Be a Warrior in Your Community.



Little Traverse Bay Bands of Odawa Indians

SPiRiT WEEK

25 OCT FAVORITE MUSIC GENRE
For every music genre, there is a fashion style that is unique. This channels the creativity and self-expression of each music artist's distinctive style

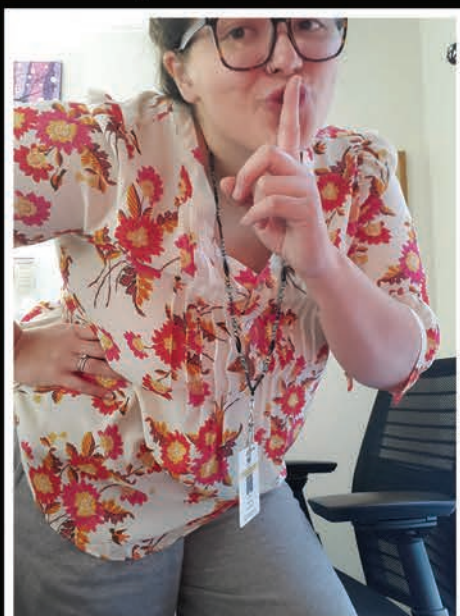
26 OCT Mismatch Day
Don't forget to wear Pink for Breast Cancer

27 OCT GREASE 50s Theme
"I got chills, they're multiplying"

28 OCT College Day
Grab your college gear and show your support!

29 OCT Group Costume Theme
Get a group of 2 or more together to get this done! This can be accomplished via Zoom, just send a screenshot!

Questions: Contact Marlene Gasco (231) 242-1616 or MRGasco@ltbbodawa-nsn.gov



Courtesy Photos

MICHIGAN GOVERNOR AWARDS HOUSING AND ECONOMIC DEVELOPMENT INVESTMENTS TO CHEBOYGAN, COLDWATER AND SAULT STE. MARIE

Michigan Governor Gretchen Whitmer joined the Michigan Economic Development Corporation (MEDC) to announce four projects which will bring growth and much-needed housing to three communities around Michigan which received support from the Michigan Strategic Fund.

The projects are expected to generate a total capital investment of \$2.3 million, bringing new vitality and economic activity to the communities of Cheboygan, MI, Coldwater, MI, and Sault Ste. Marie, MI.



Bright Sky Consulting plans to rehabilitate a vacant building in downtown **Cheboygan, MI**, into a mixed-use development. When completed, the project will include retail space and one residential unit. The project is expected to generate a total capital investment of \$593,990 and will revitalize a long-vacant building in the heart of Cheboygan, MI, bringing new vibrancy and increased economic activity to the downtown.



The Michigan Strategic Fund has approved a \$216,300 Michigan Community Revitalization Program performance-based grant in support of the project. The city of Cheboygan, MI, has provided a \$1,000 façade grant in support of the project and has approved a 10-year Commercial Rehabilitation Act tax abatement valued at \$30,940. The city of Cheboygan is engaged with MEDC's Redevelopment Ready Communities program.

The city of Cheboygan, MI, is also receiving \$335,980 in Community Development Block Grant funds for the **Purple Tree Rental Rehab** project in downtown **Cheboygan, MI**. The two-story building currently houses a bookstore and Made in Michigan gift shop on the first floor while the second floor has been vacant for more



than 20 years. When completed, a total of five residential units will be added to the building with four units on the second floor and an accessible unit on the first floor at the rear of the commercial space.

The project is expected to generate a total capital investment of \$445,297 and will transform a vacant, underutilized space into an attractive property and bring needed housing to the heart of downtown Cheboygan, MI. The city of Cheboygan, MI, has approved an Obsolete Property Tax Abatement valued at \$85,893 in support of the project.

Caywood Propane Gas, a family-owned business based in Hudson, MI, plans to renovate a vacant, three-story building in the historic district of downtown **Coldwater, MI**, into a mixed-use development. When completed, the project will include commercial space and five apartment units. The project is expected to generate a total capital investment of \$804,960 and will create a revitalized space on a key block in Coldwater's historic district while also bringing critical housing units to downtown.

The Michigan Strategic Fund has approved a \$250,000 MCRP performance-based grant in support of the project. The city of Coldwater, MI, has approved a \$10,000 façade grant in support of the project and has approved a 10-year Commercial Rehabilitation Act tax abatement valued at \$111,000. The city of Coldwater, MI, is engaged with MEDC's RRC program.

J&C Development, LLC to renovate a historic, vacant building located at 824 Ashmun Street in downtown **Sault Ste. Marie, MI**. When completed, the mixed-use development project will include three market-rate residential units on the second floor and commercial space on the first floor. The project is expected to generate a total capital investment of \$476,219 and will revitalize a vacant, highly visible property into a vibrant new space, bringing new density and economic activity to a critical business and tourism corridor.

The Michigan Strategic Fund has approved a \$194,625 MCRP performance-based grant in support of the project. The city of Sault Ste. Marie, MI, is supporting the project with a 12-year Obsolete Property Rehabilitation Act tax abatement valued at \$4,584. The city of Sault Ste. Marie, MI, is engaged with MEDC's RRC program.

Courtesy graphics.

LTBB ELECTION BOARD CONTACT INFORMATION

Office Location
407A Michigan St.
Petoskey, MI
ElectionBoard@ltbbodawa-nsn.gov

Mailing Address
P.O.Box 160
Conway, MI 49722

Office Phone/FAX
231-348-8209

Andrea Pierce, Vice-Chairperson
Phone: 734-796-0710
apierce@ltbbodawa-nsn.gov

Jon Shawa, Treasurer
517-927-3255
jashawa@ltbbodawa-nsn.gov

Carla Osawamick, Secretary
Phone: 517-862-3633
cjosawamick@ltbbodawa-nsn.gov

Alice Hughes, Board Member
231-838-9833
ahughes@ltbbodawa-nsn.gov

Regina Gasco, Board Member
Phone: 231-838-6107

WELL AND SEPTIC ASSISTANCE PROGRAM



We can provide you with a new well and/or septic system for your new construction OR if your current well and/or septic system is deficient, we can help. Please call the LTBB Housing Department at 231-242-1540 to find out more about how you can get a free well and septic system or replace your current system.

Please be aware it takes approximately 3 to 4 months to gain federal approval of your application.

SOVEREIGN



"As Native Nations, when we become more financially successful, we become more sovereign."

Dawson Her Many Horses
Vice President, Global Commercial Banking
Bank of America Merrill Lynch
Rosebud Sioux

Building the next generation of Native American financial leaders.



Winter Fun Puzzle Key.

Puzzle on page 15.

- It's a long winter. G I B E (B) O O N
- Dress warm. G (I) Z H O O P Z A N
- To build a fire. (B) O O D W E
- Stay warm. G I I Z H O (O) Z I K
- It is snowing. Z O (O) K P W A
- Telling a good story. M I (N) W A A J I M O

Mystery Word:

BIBOON

FACT: YOU LOVE YOUR BABY. YOU CAN QUIT SMOKING.



1.855.372.0037

Help and support is just a phone call away.

Our specially trained American Indian coaches offer free one-on-one cessation counseling for pregnant smokers. They understand that quitting is about so much more than just not smoking and that so often feelings of stress and guilt can play a huge role in wanting to, but not being able to quit. It's worth the health of you and your unborn child to give them a call.



The American Indian Commercial Tobacco Program is free of cost – call today!

Like us at www.facebook.com/LTBBHigherEducation

FOR CURRENT SCHOLARSHIP OPPORTUNITIES AND FINANCIAL AID UPDATES

LET THIS BE YOUR REASON





**Little Traverse Bay Bands of Odawa Indians
Department of Human Services**
7500 Odawa Circle, Harbor Springs, MI 49740
Telephone: (231) 242-1622 Fax: (231) 242-1635
Email: DHSApplications@ltbbodawa-nsn.gov



Payment IV: COVID-19 Financial Impact Relief Program Application

Deadline Date: October 31, 2022

Filing Status

- Adult** (Check if you are 18 years of age or older and/or an LTBB citizen filing as Head of Household)
- Head of Household** (Check if you are a Parent/Guardian with minor children in the household)

First Name _____ Last Name _____ Tribal ID # _____

MAILING Address _____ City _____ State _____ Zip Code _____ Birthdate _____

Telephone/Cell # () _____ E-Mail Address: _____

Include all **LTBB Citizen Minor Children** living in the household. Check if additional pages are attached

Name	Birthdate	Tribal ID #	Relationship

- **Eligibility**:**
- I am an adult Tribal Citizen or parent/guardian of a LTBB minor who is currently enrolled, since October 21, 2021, with LTBB.
 - I have experienced a negative financial impact on my household as a result of the COVID-19 Health Emergency. Check all that apply:
 - food assistance rent mortgage utility assistance counseling legal aid to prevent eviction or homelessness
 - cash assistance emergency assistance for burials home repairs weatherization internet access
 - digital literacy assistance job training to address negative economic
 - public health impacts experienced due to a worker's occupation or level of training

****REQUIRED:** Please include a description of how you or your family have been impacted by Covid-19:

****STRONGLY RECOMMEND FOR AUDITING PURPOSE:**
SUCH RECORDS SHOULD BE MAINTAINED UNTIL OCTOBER 31, 2026 IN ACCORDANCE WITH OIG RECORD KEEPING.

Guidance
Signing this application, for myself or as parent/guardian, I CERTIFY that I or my child/ward meet the eligibility criteria for the Payment II: COVID-19 Financial Impact Relief Payment Program.

Signature: _____ Date: _____

.....To be completed by Human Services Dept.....

Received By: _____ Date: _____ Sent to Accounting on: _____

Payment IV: COVID-19 Financial Impact Relief Program Application pg 2.

This page is to be used if you indicated on page 1 that additional space is needed to list LTBB Citizen Minor Children. All others disregard

Please print name of Head of Household from pg 1

First Name _____ Last Name _____ Tribal ID # _____

LTBB Citizen Minor Children continued

Name	Birthdate	Tribal ID #	Relationship

Signature: _____ Date: _____

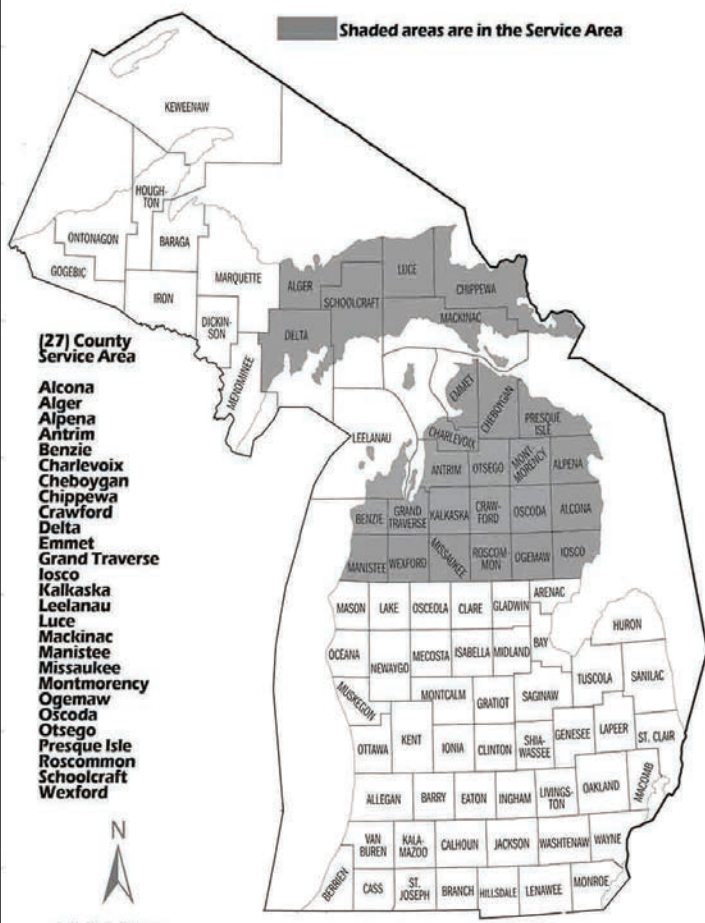
PLEASE MAIL, EMAIL OR FAX COMPLETED APPLICATION TO:

**Little Traverse Bay Bands
ATTN: Human Services
7500 Odawa Circle
Harbor Springs MI 49740**

Fax 231-242-1635
Email: DHSApplications@ltbbodawa-nsn.gov
ALL APPLICATIONS MUST BE RECEIVED BY OCTOBER 31, 2022

Questions on this application?
Please contact Melanie Gasco, DHS Program Generalist or Veronica Sanders, DHS Administrative Assistant at 231-242-1622

Little Traverse Bay Bands of Odawa Indians Service Area



Programs receiving funds from the Bureau of Indian Affairs (BIA) and some Indian Health Services (IHS) are limited to serving members within a 27 county service area.

Admiring the Fighters



If you or a loved one has been diagnosed with cancer, knowing what to expect and making plans to proceed can help create a less stressful situation.

GET THE FACTS

Write down questions and concerns before your appointments and bring them with you.

What kind of cancer do I have?

Can my cancer be treated?

What are my treatment options?

Where is the cancer? Has it spread?

MAINTAIN A HEALTHY LIFESTYLE

Healthy Diet

Nutrition is an important part of cancer treatment. Eating the right foods before, during, and after can help you to feel better and to stay stronger.

Adequate Rest

Helps manage the stress and fatigue of the cancer and its treatment.

Exercise

Studies suggest that people who participate in some physical exercise during treatment not only cope better but may also live longer.

Fatigue

One of the most common and distressing side effects of cancer treatments.

Hair loss is a common side effect from chemotherapy treatments.

BE PREPARED FOR CHANGES

Cancer survivors face physical, emotional, psychosocial, spiritual and financial challenges as a result of their diagnosis and treatment.

DEVELOP YOUR OWN COPING STRATEGIES

Highs and lows of cancer are experienced not only by those diagnosed but also family members, friends, and caregivers.

FIND A SOURCE OF SPIRITUAL SUPPORT

KEEP A JOURNAL TO HELP ORGANIZE YOUR THOUGHTS

WHEN FACED WITH A DIFFICULT DECISION LIST PROS AND CONS

For more information regarding your cancer diagnosis visit: www.mayoclinic.org, www.cancer.gov, www.cancer.org, www.cdc.gov

"Seeking Donor" continued from page 1.
 to six months, depending on how quickly Ashley recovers from pneumonia and rebuilds her white blood count. In the meantime, family members, including Ashley's twin sister, Erin Witte Huyck, and daughter, Maisy, will be among the first to be tested as stem cell donors. If no match is found in the family, others will be tested.
 The family is creating a list of potential donors in the event no match is found within the family. To be included, please send your name and phone number to Ashley-AndersonDonorList@gmail.com.
 Huyck said many people have reached out, offered prayers and other assistance,

all of which the family greatly appreciates and says is much needed. They ask those who are open to being tested as a donor, please contact the family via the e-mail and to also spread the word.
 The American Cancer Society explains the donation process begins with a simple blood test to learn the potential donor's human leukocyte antigen (HLA) type. People who join a volunteer donor registry will most likely have their tissue type kept on file until they reach age 60.
 The goal of stem cell transplantation is to cure the patient's cancer by destroying the cancer cells in the bone marrow with high doses of chemotherapy and then replacing them with new, healthy

blood-forming stem cells. The healthy stem cells grow and multiply, forming new bone marrow and blood cells.
 A successful transplant creates a new immune system for the patient which helps the body fight infections and other diseases.
 "If you are a match for Ashley, we would be eternally grateful," Kirchoff said. "And if you're not a match for Ashley, perhaps you will save the life of someone else who is fighting for their child."
 For more information on what is involved in donating, visit <https://www.cancer.org/treatment/treatments-and-side-effects/treatment-types/stem-cell-transplant/donors.html>
Courtesy photo.

"Connolly" continued from page 1.
 and crazy smart. Plus, she has a great sense of humor and is a joy to work with."

The following biography of Connolly appears on The City Club of Cleveland website:

"Connolly joined the City Club in 2021. She has more than a decade of experience in the non-profit sector, most recently with Policy Matters Ohio where she worked since 2015. Prior to that, she worked at Ohio City Incorporated and as a Graduate Researcher in non-profit program evaluation at the Center for Nonprofit Policy & Practice at Cleveland State University where she earned a Master of Public Administration degree. She received a BA in American Culture with a focus in Native American Studies from the University of Michigan. A citizen of the Little Traverse Bay Bands of Odawa Indians located in Northern Michigan, she began her civic work at an early age, serving as a tribal representative at the National Congress of American Indians located in Washington D.C. which advocates for government policies to help Indigenous people. Today, she serves on the Executive Board for the Lake Erie Native American Council and teaches the Native American Studies course at Kent State University. She serves on the boards of University Settlement in Cleveland's Broadway-Slavic Village neighborhood and the Institute on Taxation and Economic Policy in Washington, D.C."

According to its website, "The City Club of Cleveland is one of the nation's great free speech forums. A product of the Progressive Era, we

were founded in 1912 and are one of the nation's oldest continuous independent free speech forums, renowned for our tradition of debate and discussion. For more than a hundred years, all of our speakers — from sitting presidents to community activists — have answered unfiltered, unrehearsed questions directly from the audience. To fulfill these goals, the City Club produces forums on a range of topics for a variety of audiences. The backbone of our programming is the Friday Forum, a luncheon program devoted to significant national and regional concerns. We also have forums on other days, at different times and venues, including neighborhood bars. Some of our most successful programs are developed by member-led teams and students. Every election season, you can count on the City Club to convene candidate and issue debates. The City Club's primary media partner is ideastream public media, which includes 90.3 WCPN/NPR, 104.9 WCLV, WVIZ/PBS and the Ohio Channel. ideastream public media provides production support to our programs, broadcasting some of the best ones and helping us provide a digital archive and live stream of the rest. Our programs are often broadcast on radio and television outlets around the country."

Connolly is the daughter of Valerie (Laughlin) Biro and James Biro and the granddaughter of Virginia Janet Kishigo. She and her husband, Joseph, who is Onondaga from Six Nations, have been married for 10 years, and have two daughters, Vivian and Cora.
Courtesy photo and courtesy graphic.

P.O.D. IT, DON'T FLUSH IT!

What can I dispose of in the Collection Boxes?

<p>Items Accepted</p> <ul style="list-style-type: none"> • Prescription Drugs (Including controlled substances) • Over-the-counter (OTC) Medicines • Pet Medicines • Nutritional Supplements and Vitamins • Medicated Ointments and Lotions • Liquid Medications in Sealed Containers or Plastic Bags 	<p>Items NOT Accepted</p> <ul style="list-style-type: none"> • Needles, Lancets or Pen Needles (ANY Sharps) • Aerosol Cans • Bloody or Infectious Waste • Hydrogen Peroxide • Thermometers • IV Bags • Trash • Mail
--	--

Where can I dispose of my unused medications?
 Place your medications in the secure POD collection boxes at these locations.

ANTRIM COUNTY

Antrim County Sheriff's Office - Administration Office
 107 Grove Street, Bellaire, MI 49615 - 231-533-8627

Elk Rapids Police Department
 321 Bridge Street, Elk Rapids, MI 49629 - 231-264-6592

CHARLEVOIX COUNTY

Boyer City - City Hall
 319 North Lake Street, Boyer City, MI 49712 - 231-582-6611

Charlevoix County Sheriff's Office - Jail Entrance
 1000 Grant Street Charlevoix, MI 49720 - 231-547-4461

City of Charlevoix Police Department
 210 State Street Charlevoix, MI 49720 - 231-547-3258

Charlevoix County Sheriff's Office - Beaver Island
 37830 Kings Highway, Beaver Island, MI 49782 - 231-448-2700

City of East Jordan Police Department
 326 Main Street, East Jordan, MI 49727 - 231-536-2273

CHEBOYGAN COUNTY

Cheboygan County Sheriff - Department County Building
 870 S. Main Street Cheboygan, MI 49721 - 231-627-3155

Cheboygan Department of Public Safety - Cheboygan City Hall
 403 N. Huron Street Cheboygan, MI 49721 - 231-627-4321

Mackinaw City Police Department - Village Hall
 102 S. Huron Avenue Mackinaw City, MI 49701 - 231-436-7861

Tuscarora Township Police Department
 3546 Sturgeon Avenue Indian River, MI 49749 - 231-238-9481

EMMET COUNTY

City of Petoskey Department of Public Safety - Lobby of City Hall
 101 East Lake Street, Petoskey, MI 49770 - 231-347-2500

City of Petoskey Dept. of Public Safety Station West Bay Harbor
 3625 Charlevoix Avenue Petoskey, MI 49770 - 231-347-4642

Emmet County Sheriff's Office - Jeffery P. Bodzick
 Administrative Office and Correctional Facility -Jail Entrance
 450 Bay Street, Petoskey, MI 49770 - 231-439-8900

Emmet County Sheriff's Office - Richard L. Zink Law Enforcement Center
 3460 Harbor-Petoskey Road, Harbor Springs, MI 49740 (231) 439-8900

Harbor Springs Police Department
 170 Zoll Street, Harbor Springs, MI 49770 - 231-526-6211

Little Traverse Bay Bands of Odawa Indians - Tribal Police Department
 911 Spring Street, Petoskey, MI 49770 - 231-242-1574

GRAND TRAVERSE COUNTY

Grand Traverse County Sheriff -
 Traverse City Police Department Law Enforcement Center
 851 Woodmere Avenue, Traverse City, MI 49686 - 231-995-5001

MACKINAW COUNTY

City of St. Ignace Police Department
 396 N. State Street, St. Ignace, MI 49871 - 906-643-6077

Mackinac County Sheriff's Office
 100 South Marley Street, St. Ignace, MI 49871 - 906-643-1911

For more information, call Tip of the Mitt Watershed Council at 231- 347-1181 or visit www.watershedcouncil.org



Respect TOBACCO OUR 1ST MEDICINE

There is no safe use of commercial tobacco. Using tobacco commercially is not traditional.

For the health of you and your future generations, call today.


1-855-372-0037



• CHEMICAL COMPOUNDS IN CIGARETTE SMOKE •

A SUMMARY OF A SELECTION OF HAZARDOUS COMPOUNDS IN CIGARETTE SMOKE & THEIR EFFECTS

ESTIMATED NUMBER OF CHEMICAL COMPOUNDS IN CIGARETTE SMOKE



7,357

70

NUMBER OF THESE COMPOUNDS WITH CONFIRMED CARCINOGENIC ACTIVITY

<p>NICOTINE</p> <ul style="list-style-type: none"> - Approx. 919µg per cigarette - Addictive - Increases heart rate - Increases blood pressure - Increases blood glucose - Lethal dose: around 500-1000mg 	<p>ACETALDEHYDE</p> <ul style="list-style-type: none"> - Approx. 680-1571µg per cigarette - Known animal carcinogen - Probable human carcinogen - Irritant to skin & eyes - Irritant to respiratory tract
<p>N-NITROSAMINES</p> <ul style="list-style-type: none"> - Large class of compounds - Several are tobacco-specific - Known human carcinogens - Most carcinogenic: NNK & NNN - NNK: approx. 0.3µg per cigarette - NNN: approx. 2-50µg per cigarette - May cause reproductive damage 	<p>1,3-BUTADIENE</p> <ul style="list-style-type: none"> - Approx. 36-191µg per cigarette - Known human carcinogen - Suspected human teratogen - Irritant to eyes & skin - Irritant to upper respiratory tract
<p>BENZENE</p> <ul style="list-style-type: none"> - Approx. 46-272µg per cigarette - Known human carcinogen - Damages bone marrow - Lowers red blood cell count - May harm reproductive organs 	<p>ACROLEIN</p> <ul style="list-style-type: none"> - Approx. 69-306µg per cigarette - Possible human carcinogen - Known DNA mutagen - Irritant to skin & nasal passages - May contribute to heart disease
<p>AROMATIC AMINES</p> <ul style="list-style-type: none"> - Large class of compounds - Includes 2-aminonaphthalene: - Known human carcinogen - Linked with bladder cancer - Approx. 0.04µg per cigarette 	<p>POLYAROMATICS</p> <ul style="list-style-type: none"> - Large class of compounds - Includes benzo(a)pyrene: - Known human carcinogen - Known DNA mutagen - Affects reproductive capacity - Up to 0.14µg per cigarette

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We want your birthdays, anniversary wishes, congratulations, wedding announcements, birth announcements or a miigwetch!!

Surprise the ones you love with a thinking of you!

Submissions can be e-mailed to newsletter@ltbbodawa-nsn.gov

LINEs FROM OUR MEMBERSHIP



Birthdays



Happy 80th birthday to **King Dennis**, celebrating on December 30. Be sure to share your “cupcakes” cake with all of your friends. Try to stay out of trouble on your special day. Love, the King and VanDeCar families.



The OG **Yvonne Marie Keshick**. Happy Heavenly Birthday on December 7, Mom! We love and miss you dearly! Love, Mitz, Bobby, Dominic, Abram and your 3rd grandson/hockey player Ethan.

LTBB ENROLLMENT DEPARTMENT ANNOUNCEMENT

Address Verification Forms are now being accepted through Email & Fax.

- Forms must be completed in full
- Hardcopies **MUST** still be mailed in or left in outdoor mailbox located in front of Administration Building

✉ Enrollment@ltbbodawa-nsn.gov

📞 231-242-1526

Office is open for appointments
For questions or appointments call:

231-242-1522 - Lindsey

231-242-1521 - Marin

231-242-1520 - Pauline



Walking On...



Mona L. (Minor) Vertz Hugo, 78

Mona L. (Minor) Vertz Hugo, 78, of Grand Rapids, MI, passed away on October 20, 2021 with her loving family at her side. Mona was born October 22, 1942 in Manistique, MI, to the late Leo and Beatrice (Isaac) Minor. She was also preceded in death by her husbands, Ernest “Mike” Vertz and Randall Hugo, and brothers, Don Minor, Robert Minor and Jack Minor. She worked at Meijer, retiring after 33 years, and would fondly recall her days at Meijer socializing with customers and establishing life-long friendships with colleagues. She loved being a part of the Red Hat Society. Mona will be remembered for her sunny and frequent

smiles. Mona loved hostessing every holiday and family gathering, making sure no one left any of her tables hungry. Mona loved to travel, including many road trips to Florida and anywhere else she could travel to with family or friends. Mona spread happiness and comfort to all who knew her, and her absence is a loss. She is survived by her children, Michael (Chris Moore) Vertz, of Grand Rapids, MI, Michele (Kyle) Hillman of Grand Rapids, MI, Mona (Pete) Wojtas of Grand Rapids, MI, Mia Eilers of Grand Rapids, MI, Marcia (Bram) van der Ploeg of Granville, OH; grandchildren, Blake (Amy) Vertz, Adam Vertz, Heather (George) Golliver, Andrew (Kelly) Hillman, Jessica (Tyler VanReed) Hillman, Evan Hillman, Hunter Wojtas, Harrison Wojtas, Fisher Wojtas, Rembrandt van der Ploeg, Madelaine van der Ploeg; and great grandchildren, Sadie, Henry, Alivia, George, Noa and Robert. She is also survived by her sister, Joanne Schnurer; sisters-in-law, Myrle Minor, Donna Minor; and many nieces and nephews.

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When a Loved One Walks On...

NEW DATE and TIME!!!

An informal discussion about the process and arrangements you may encounter when a loved one passes on. Training sponsored by the Traditional Tribal Burial, Inc.

WHEN: Tuesday, December 14, 2021 from 11:00am - 3:00pm

WHERE: Courtyard by Marriot at Victories Square
1866 Mkwa Place, Petoskey, MI 49770

This training will adhere to the COVID-19 pandemic recommendations and guidelines. Space is limited for in-person attendance due to COVID-19 precautions. Masks will be required and social distancing will be implemented to keep the environment safe for all those in attendance.

To register to attend this training in person, please email us at:

tlgasco@ltbbtribalburial.org

If space is available to attend in-person, an email confirmation of attendance will be sent.

All participants will be required to submit to a COVID-19 Screening and temperature check before entry.

This training will also be available via Zoom!!

Zoom Online Log-in
Meeting ID: 768-213-3945
Password: Odawa.2021
Please log-in with your first and last name.

Due to COVID-19 precautions, we will not be able to accommodate walk-ins.

Topics include:

- **LTBB Burial Fund** - presented by the LTBB Human Services Department
- **What to Expect - from passing to burial** - presented by TTBI
- **Pre-Arrangement Burial Needs** - presented by TTBI
- **Q & A session**

Light snacks and refreshments will be provided.

Light snacks and refreshments provided by Tootsie Bluffins and Ziibimijwang's Minogin Market.

If you have questions regarding this training opportunity, please feel free to email TTBI Board of Directors at: burialboard@ltbbtribalburial.org.

If you have specific questions that you would like addressed during this training, please feel free to email them to the Board prior to this event, and TTBI will try to address them during the training.

NYE 21

RING IN THE NEW YEAR WITH THESE ROCKIN' EVENTS

DECEMBER 27

**MEGA GROOVY
RED HOT POINTS**

10AM-10PM
PETOSKEY &
MACKINAW CITY

DECEMBER 30

MEGA 80'S IN VICTORIES
DOORS 8PM | SHOW 9PM | PETOSKEY

TOTALLY TUBULAR HOT SEATS
2PM-8PM | PETOSKEY &
MACKINAW CITY

DECEMBER 31

CLASS OF '98 IN VICTORIES
DOORS 8PM | SHOW 9PM | PETOSKEY

BEAT BOX HOT SEATS
2PM-9PM | PETOSKEY

DECADES OF CASH DRAWINGS
11:30AM-3:30PM & 7:30PM-11:30PM | PETOSKEY

PEACE, LOVE & HOT SEATS
11:30AM-3:30PM & 7:30PM-11:30PM | MACKINAW CITY

NYE

2021

JANUARY 1

**HERB THE ARTIST
IN VICTORIES**
DOORS 8PM | SHOW 9PM
PETOSKEY

**BOOGIE DOWN
HOT SEATS**
12PM-6PM | PETOSKEY &
MACKINAW CITY

JANUARY 2

**BODACIOUS
BONUS GAMES**
STARTING AT 2PM
PETOSKEY &
MACKINAW CITY



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STANDARD PROMOTIONAL RULES APPLY. SEE PLAYERS CLUB FOR DETAILS. 2021.


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