



20 UNDER 40 OVERALL WINNERS: No. 19 CANDICE COLBY-SCOTT

Editor's note: The following article and photograph appeared in the *Midland Daily News*, and they are reprinted here with permission. Dr. Candice Colby-Scott is an LTBB Tribal Citizen.



Candice Colby-Scott, 39, is an ENT physician specializing in ear surgery for McLaren Midland ENT. She is also director of the Cochlear Implant Center.

Colby-Scott resides in Midland, MI, with her husband, Steve Scott, and children, Nineveh, 5, Xara, 3, and Wolf, 1.

Colby-Scott was voted No. 19 in the *Midland Daily News'* 20 Under 40 Contest highlighting younger professionals in our local communities. Here is more information about this popular MD.

What is the best aspect of your job?

Giving people back quality of life through regaining the ability to hear their loved ones.

Why is your community a good place to live and work?

Midland is a wonderful place to raise kids with tons of activities and ways to become involved in the community. It is also very meaningful to serve the region in which I grew up and give back to the community who made me the person I am.

What one person has influenced you the most?

My mother — a single mom of four children who taught me the value of work ethic and to always put my children first.

What is your biggest goal in life?

To raise healthy, happy children who contribute to society.

What do you do to relieve stress?

CBD! Also wine, pilates, yoga and more wine.

What are your three favorite movies?

Frozen, Frozen 2 and Mona (I have small children).

Name a book that has influenced you.

"Odawa Language and Legends" by Andrew J. Blackbird and Raymond Kiogima.

If you could be any fictional character, who would it be?

Doc McStuffins

What quote do you live by?

When I don't understand what He does, I trust who He is.

Courtesy photo.

STACEY ETTAWAGESHIK: ADVOCATE, LEADER AND SURVIVOR

By Annette VanDeCar, Communications Coordinator

As the Lead Survivor Outreach Services Specialist in the LTBB Survivor Outreach Services (SOS) Program, Stacey Ettawageshik works to inspire, to empower and to heal our tribal community from the violence perpetuated against our people.

"Our ancestors were resilient and started the advocacy movement hundreds of years ago," said Ettawageshik, an LTBB Tribal Citizen who has worked in the LTBB Human Services Department since January 23, 2013. "They fought hard to have our voices heard at the table, and we're still fighting for it. My ancestors give me the strength to move forward. We deserve equal access to equal funding. I've always been an empath and a natural helper. I feel like this is the path I was destined to go down. I was supposed to do this. This is my life purpose."



Pictured left to right in the courtesy photo are Keely Frye, Yvonne Goudreau, Diana Isard, Meghan Day and Stacey Ettawageshik.

During her adolescent and young adult years, she was involved in domestic violence relationships with non-Native men and was sexually assaulted at age 15. She said it wasn't until she volunteered and was an intern at the Safe Home of the Women's Resource Center of Northern Michigan that she realized she was a

survivor. "Fortunately, I had a strong family to love and support me," she said, "Unfortunately, a lot of women don't have that. You need someone there every day to tell you, 'I love you, you're important, you're worthy and you can move forward and heal.' It's a day by day, "*Ettawageshik*" continued on page 30.

ZIIBIMIJWANG, INC. IMPROVING THE WELFARE OF THE ODAWAK COMMUNITY THROUGH SUSTAINABLE AGRICULTURE, ORGANIC GROWING AND INDIGENOUS FOOD SYSTEMS

Minogin Market in Mackinaw City, MI, to Re-open Memorial Day Weekend

By Annette VanDeCar, Communications Coordinator

Rosebud Schneider wants to feed your mind, body and spirit.

A proponent of food sovereignty, Schneider works to provide tribal communities with traditional foods through her work with Ziibimijwang, Inc. Schneider, the Minogin Market Manager, assists Kafui "KK" Okai Adjei, the Ziibimijwang Manager, to grow traditional foods on the Ziibimijwang Farm in Carp Lake, MI, and sell them in local farmer's markets in northern Michigan, and at Minogin Market in Mackinaw City, MI. They also sell traditional foods and products to local and non-local clients. You can order products from its website, www.ziibimijwang.com, it has Facebook pages, Ziibimijwang Farm and Minogin, and Ziibimijwang is on Instagram.

"I want to feed our people our traditional foods and indigenize our plates," said Schneider, a member of the Lac Courte Oreilles Band of Lake Superior Chippewa (LCO). "Our people have always drawn from what we've had. I can tell you where I got everything on your plate. Especially with the pandemic, I think people appreciate knowing where their food comes from. We're taking back our food sovereignty



and understanding how our ancestors were eating before colonization. It's about being creative with what we have and being true to ourselves."

LTBB purchased the 311-acre farm, previously operated as Just a Plain Farm, in 2012 while Tribal Council designated the former Bell's/Odawa Fishery property in Mackinaw City, MI, to Ziibimijwang in March 2018. Ziibimijwang means "the place where food grows near the river" in Anishinaabemowin. Ziibimijwang, Inc. is a tribally chartered non-profit corporation under the Legislative Branch. Ziibimijwang, Inc. was named the 2020 Farmer of the Year by Michigan Family & Farms (MIFFS) at the MIFFS Conference on February 8, 2020 in Kalamazoo, MI. Prior to the pandemic, Ziibimijwang made \$160,000 in net sales for 2019.

"We're able to grow year-round here because we "*Ziibimijwang*" continued on page 31.

LTBB TRIBAL CITIZENS ENROLLED AS OF 5-17-2021 = 4,506

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This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

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U.S. Postage
PAID
Big Rapids MI 49307
Permit No. 62

Little Traverse Bay Bands of Odawa Indians
7500 Odawa Circle
Harbor Springs, Michigan 49740
Return Service Requested

Tribal Telephone Directory and Website Information

LTBB Governmental Website www.ltbodawa-nsn.gov
 Odawa Trails Website www.odawatrails.com

Beverly Wemigwase, Receptionist 231-242-1400
 1-866-652-5822

Tribal Administration 242-1400	Health Clinic 242-1700
Tribal Chairman's Office Lakota Worthington, Administrative Assistant 242-1401	Health 242-1600 Community Health (Transportation) 242-1601
Tribal Council/Legislative Office Linda Gokee, Administrative Assistant 1-866-972-0077	Dental Clinic 242-1740
Legal Department Su Lantz, Assistant 242-1407	Maternal Child Health Outreach 242-1614
NO Collect Calls Accepted	Pharmacy 242-1750
Office of Citizens Legal Assistance Cherie Dominic, Attorney 242-1433	Housing Department Hunter Johnson, Administrative Assistant 242-1540
NO Collect Calls Accepted	
Accounting Department Jon Shawa, Assistant 242-1440	Human Resources Department Dorla McPeak, Administrative Assistant 242-1555
Mandy Szocinski, Contracts 242-1439	
Archives, Records and Repatriation Department Eric Hemenway, Director 242-1527	Human Services Department Veronica Sanders, Administrative Assistant 242-1621
	IT Department Gary Appold, Director 242-1531
Commerce Department Hayden Hooper, Director 242-1584	Law Enforcement Department Tribal Police 242-1500
Communications Department Annette VanDeCar, Coordinator 242-1427	Natural Resource Department Debra Smithkey-Browne, Administrative Assistant 242-1670
Wendy Congdon, Pre-Press Graphic Specialist 242-1429	
Elders Department Dorothy Pagel, Administrative Assistant 242-1423	Planning, Zoning and Building Department Shari Temple, Administrative Assistant 242-1581
Enrollment Department Marin Taylor, Administrative Assistant/ Genealogist 242-1521	Amanda Swiss, Tribal Planner 242-1508
Facilities Department Simon Kenwabikise, Director 242-1532	Substance Abuse/ Mental Health Department Pat Boda, Administrative Assistant 242-1640
Education Department Tammy Gasco, Administrative Assistant 242-1480	Brenda Schoolcraft, Office/Intake Coordinator 242-1642
Gijigowi Anishinaabemowin Language Department Carla Osawamick, Director 242-1454	Tribal Court/Peacemaking Program 242-1462
GIS Department Alan Proctor, Director 242-1597	Tribal Prosecutor's Office Gwen Teuthorn, Office Manager 242-1475
Health Department 242-1611	Youth Services Department Tina Dominic, Coordinator 242-1593

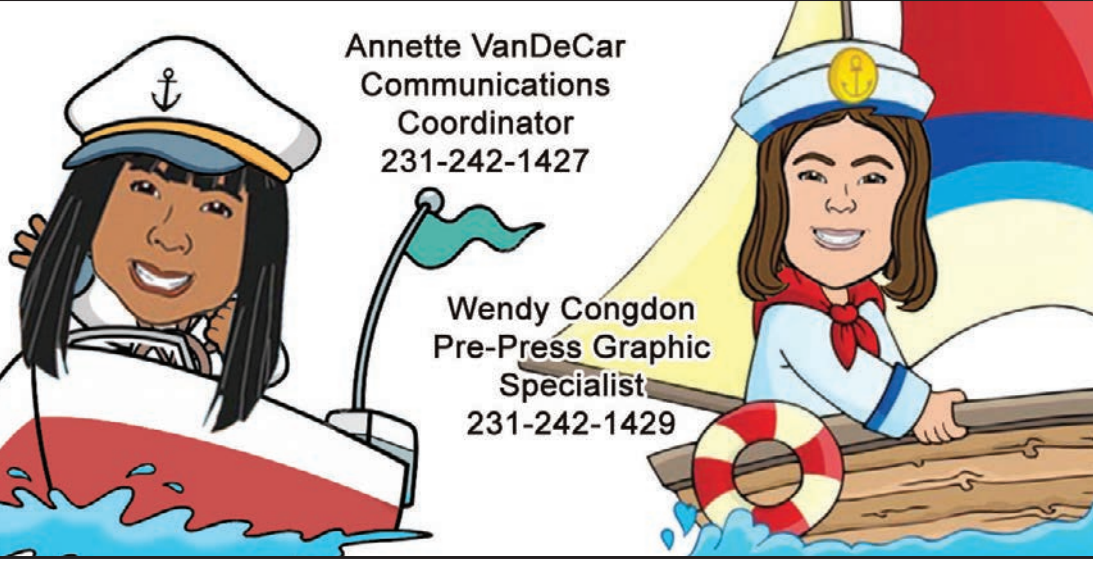
Election Board Chairperson
electionboard@ltbbodawa-nsn.gov

Little Traverse Bay Bands of Odawa Indians
 Anishinaabemowin Interpretation of LTBB Mission Statement
 Debendziwin aawan maanda Odawa aawiyiing. Geyaabi gdaa'anaa miinwaa gdanwewmi Anishinaabemowin, maanda egishkaago'iing debendziwin ebidgwasiing mnaadendziwin miinwaa wiinmaadendziyiing. Gdabendaanaa debendziwin kina gwaya Odawak naasaap eyaamjik, maanda naakinigewinan, maadziwin miinwaa mndoowaadziwin gaanaaniigaaniik debendamowaad. Maanda debendziwin eyaamiing nangwa, kanamaajiidonaa niigaan ezhibezhigoyiing, kinoomaadwin, dbaakinigewin, giigidowin miinwaa naakinigewin. Kazhiibignaketaanaa maanda niizhwaachiing bimaadziwin waabi'aamigak mjignamiing ninda mnomaadziwinan echipiitendaakin: nbwaakaawin, zaagidwin, mnaadendamowin, aakdeewin, gwekwaadziwin, dbaadendziwin miinwaa debwewin. Kanakaazinaa ninda gdabendaaswinaanin, jimiigwe'iing nakaazwinan jimnomewzi'iing, enitaanokijik maampii Anishinaabek enaapshkaamwaaad maanda gbimaadziwin. Ninda eyaamiing echipiitendaakin, miigo kina gwaya maampii enjibaad jiniigaanibizad.

LTBB Mission Statement
 Being Odawa is all about freedom. The Freedom to be a part of a people who, with integrity and pride, still have and speak our own language. The freedom to share in common with all other Odawak the customs, culture, and spirituality of our ancestors. The freedom we have today we will bring to the future through unity, education, justice, communication, and planning. We will reach out to the next seven generations by holding to cultural values of Wisdom, Love, Respect, Bravery, Honesty, Humility and Truth. We will utilize our Tribal assets to provide the necessary tools to become successful, hard-working community members who proudly represent our culture. With these values we will move the Tribe forward.

Contact Information

ODAWA TRAILS



The Communications Department welcomes submissions for our "Lines From Our Membership" section of the newsletter, but we cannot run anything political in nature or expressing an opinion due to a long-standing department policy. Because we have a newsletter and not a newspaper, we do not have an editorial page. We reserve the right to edit any material submitted for space and content.
 The deadline for the July 2021 issue of *Odawa Trails* is June 1, 2021.
 You can e-mail or call your submissions in to newsletter@ltbbodawa-nsn.gov or at 231-242-1427 or 231-242-1429. Please only call in your submissions if they are short. We also welcome comments, suggestions and story ideas.

ADVERTISE WITH US!

FREE GRAPHIC DESIGN SERVICES AVAILABLE!

3 Column X 3 in.

1 Month = \$36
 3 months = \$91.80 **save \$16.20!**
 6 Months = \$172.80 **save \$43.20!**
 12 Months = \$324 **save \$108!**

4 of our most popular sizes!!

A complete listing of ad sizes and prices are on our website at: www.odawatrails.com

2 Column X 4 in.

1 Month = \$32
 3 months = \$81.60 **save \$14.40!**
 6 Months = \$153.60 **save \$38.40!**
 12 Months = \$288 **save \$96!**

1 Column X 4 in.

1 Month = \$16
 3 months = \$40.80 **save \$7.20!**
 6 Months = \$76.80 **save \$19.20!**
 12 Months = \$144 **save \$48!**

2 Column X 2 in.

1 Month = \$16
 3 months = \$40.80 **save \$7.20!**
 6 Months = \$76.80 **save \$19.20!**
 12 Months = \$144 **save \$48!**

DEPARTMENTS & PROGRAMS



EXECUTIVE BRANCH

FROM THE EXECUTIVE OFFICE



Aanii, I hope everyone is enjoying the start of summer activities. Programs are gear-

ing up for summer months, socially distanced programming as we continue with our phased opening plan.

Our team for our hunting and fishing treaty rights are still involved in negotiations, but the pandemic has drastically affected our ability to meet face to face with the other tribal and state officials. I am optimistic we will come up with a solution we can all agree to.

We continue to gain access to funds for pandemic-related purposes. We have opened up the rental assis-

tance program for all LTBB Citizens residing in the United States. We are trying hard to reach out beyond our typical service area with as many funds as possible.

As always, I encourage citizens to get involved in our government. Please follow our website www.ltb-bodawa-nsn.gov or our Facebook page Little Traverse Bay Bands of Odawa Indians Government. Many LTBB departments also have Facebook pages. I can always be reached at tribalchair@ltb-bodawa-nsn.gov

MEET ADMINISTRATIVE ASSISTANT LAKOTA WORTHINGTON



Aanii, My name is Lakota Worthington. I recently started in the Tribal Chairperson's office as the new Administrative Assistant.

I grew up in Pellston, MI, which is a little south of the Mackinaw Bridge. I grad-

uated from Pellston Public Schools. Fun fact: Pellston is so tiny that it is considered a village, and many call it the "Icebox of the Nation" because of its off-the-wall weather. I was a part of the graduating class of 2020. It was a wild year following the global pandemic that occurred. I am glad and excited that we are slowly and safely moving forward during these hectic times. Since graduating, my interest in learning has not faded, and I have been eager to find a way to continue to learn. So, when offered this position, I was very motivated to work for the tribe.

I am a Little Traverse Bay Bands citizen and am also part of the Nimkii clan. I am 19 years old and enjoy learning about our culture and how our government works.

I started with the Youth Conservation Corp program as part of the Natural Resource Department for two years, then continued to work with the S.E.E.D.S. program. I gained so much knowledge and am grateful for that experience.

Some of my hobbies are fishing, biking, watching sports and spending time outside. I especially enjoy doing these hobbies with my friends and family members.

Another fun fact is that I have seven siblings! So, I got an excellent chance to learn patience and take advantage of the Seven Grandfather teachings.

I look forward to the challenges in front of me, and I am excited to be meeting and getting to know you as I move forward! Miigwetch.

Courtesy photo.

Casino vouchers and Shuttle available!
Family Owned

Coachhouse Inn LLC

Tribal Member Discount
\$74.85 per night*

1011 US-31 N, Petoskey, MI 49770 Ph: 231-347-8281

* Room rate subject to availability
Tribal ID must be shown at check-in

IMPORTANT NOTICE!

IF YOU HAVE ANY QUESTIONS OR ISSUES CONCERNING **LAND CLAIMS DISTRIBUTION (TRUST FUND)**, PLEASE CONTACT **CARRIE CARLSON, CFO, AT 231-242-1442.**

LTBB GOVERNMENTAL OFFICE CLOSINGS

Please note that **ALL LTBB Governmental offices are closed on these dates, this includes Mskiki Gumik offices**

May 31, 2021 - Memorial Day
July 5, 2021 - 4th of July
September 6, 2021 - Adams Holiday
September 21, 2021 - Sovereignty Day
September 24, 2021 - Michigan Indian Day
October 11, 2021 - Indigenous Peoples Day
November 11, 2021 - Veteran's Day
November 25, 2021 - Thanksgiving
November 26, 2021 - Day after Thanksgiving
December 23, 2021 - Christmas Eve
December 24, 2021 - Christmas
December 30, 2021 - New Year's Eve

TRIBAL NOTARY INFORMATION

The Tribal Notaries listed below are eligible to perform notarial acts within Little Traverse Bay Bands Jurisdiction unless he/she violates section C. Revocation WOS#2008-05 Tribal Notary Statute

*****Tribal Notary Services are available by appointment only. See below for contact information.*****

Tribal Notary Commission Full Name	Current Status	Phone Number (231)	Surety Bond Expiration	Serial Number
Rebecca R Fisher	Active	242-1418	February 20, 2027	02-09
Cynthia Brouckaert	Active	242-1462	June 5, 2023	05-09
Beverly J Wemigwase	Active	242-1400	February 21, 2027	10-09
Julie Rose Janiskee	Active	242-1610	August 23, 2021	11-09
Marin C Taylor	Active	242-1521	May 14, 2024	13-09
Janice L Shackelford	Active	unavailable	February 16, 2026	14-09
Hayden Hooper	Active	242-1584	February 1, 2027	15-09
Lakota Washington	Active	242-1401	May 4, 2027	16-09

HUMAN SERVICES DEPARTMENT

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) UPDATE



FDPIR Guide Rate Adds Walleye as a New Traditional Food

The FDPIR Guide Rate, effective March 1, 2021, has been updated to include walleye as a new traditional food. Walleye will soon be available for fair share distribution this spring. Walleye is a flaky white fish with a mild flavor and can be prepared in a variety of ways. The walleye fillets are individually frozen, skinless and boneless and will be packed in a 1-pound package. The update to the FDPIR Guide Rate is reflected in the latest AIS version 03.2021.

Walleye offers a variety of health benefits. Including walleye and other seafood in your diet

helps to meet protein needs and boosts intake of vitamins and healthy fats and fatty acids. A 4-ounce walleye fillet counts as 4 ounce-equivalents for the MyPlate Protein Food Group. MyPlate recommends eating a variety of protein foods throughout the week, including at least eight ounces of seafood.

USDA Food and Nutrition Service worked with the Midwest Region to develop a collection of delicious walleye recipes that are healthy and easy to prepare, including:

- New England Style Fish Chowder
- Manhattan Style Fish Chowder
- Baked Breaded Fish (prepared two ways)
- Seafood Creole
- Jambalaya

Check out these tasty recipes at www.fns.usda.gov/fdpir/walleye-recipes-sheet

Update on the FDPIR CARES Act Food Package

Forty tribes are approved to distribute the CARES Act food package. The CARES Act food package provides up to an additional 21 units of USDA Foods per person, per month to eligible households. Approved tribes can distribute the CARES Act food package until September 30.

Courtesy photo.

Do you need a Food & Utility Appropriation Allowance Application? Go to www.tinyurl.com/2021FUA. Still have questions? Call the Elders Department at 231-242-1423 for information.

NEED HELP PAYING FOR CHILD CARE? WE CAN HELP!

APPLICANT DOCUMENTS

- ★ TRIBAL ID
- ★ SOCIAL SECURITY CARDS FOR ALL HOUSEHOLD MEMBERS
- ★ 30 DAYS PROOF OF INCOME FOR ALL HOUSEHOLD MEMBERS
- ★ SUPERVISOR SIGNED WORK/SCHOOL SCHEDULE
- ★ PROVIDER AGREEMENT

LICENSED PROVIDERS

- ★ COPY OF STATE UNEXPIRED LICENSE

UNLICENSED PROVIDERS

- ★ STATE ISSUED ID
- ★ ABILITY TO PASS ANNUAL BACKGROUND CHECKS

LITTLE TRVERSE BAY BANDS OF ODAWA INDIANS DEPARTMENT OF HUMAN SERVICES
911 SPRING STREET, PETOSKEY, MICHIGAN

JUNE 2021 FOOD DISTRIBUTION PROGRAM SCHEDULE

Open Distribution: 7th - 11th from 9am - 3pm

Call 231-881-2855 or 231-347-2573 for food pick-up appointments outside of our Open Distribution Week

828 Charlevoix Ave. Petoskey, MI 49770 Behind Fletch's Auto

Deliveries:

Local: 3rd & 4th

Peshawbestown: 16th

Traverse City: 22nd

For more information, contact

Food Distribution Program

Specialist Joe VanAlstine

at 231-347-2573



DO YOU QUALIFY FOR THE LTBB U.S.D.A. FOOD DISTRIBUTION PROGRAM?

Please call our office to see if we are able to help you!
Call Monday - Friday
8 am to 5 pm at 231-242-1620.

*food distribution varies depending on availability

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, RELIGION, POLITICAL BELIEFS, OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING 1400 INDEPENDENCE AVENUE, S.W. WASHINGTON D.C. 20250-9410, OR CALL (202) 702-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.



United States Department of Agriculture



Food Distribution Program on Indian Reservations (FDPIR) Nutrition Education

Nutrition education is changing the way program participants cook and eat.

Of the respondents who picked up educational materials or took part in nutrition education activities:

- An estimated **52%** made changes to their cooking or eating
- Of those who made changes, **40%** used the recipes offered



Nutrition education activities and materials include:

- Cooking demonstrations
- Taste tests
- Recipes
- Cookbooks
- Calendars
- Newsletters
- Fact sheets
- Workshops



Nutrition education topics are culturally relevant and geared towards the specific needs and interests of FDPIR participants.

Examples include:

- Healthy eating patterns
- Dietary Guidelines for Americans and MyPlate
- Food preparation and food storage
- Food safety
- Food systems
- Gardening
- Traditional and local foods



Food and Nutrition Service | January 2018 | FNS-702

Study of the Food Distribution Program on Indian Reservations (FDPIR) Final Report
<https://www.fns.usda.gov/study-food-distribution-program-indian-reservations-fdpi-8>

USDA is an equal opportunity provider, employer, and lender.



Honoring Our Past.
Creating Hope for the Future.

WE CAN HELP

Victim service providers help victims rebuild their lives. We can help you learn about your legal rights and options, cope with the impact of crime, access victim compensation, develop a safety plan, and navigate the criminal justice and social service systems.

DIRECT SERVICES FOR VICTIMS

- Childhelp National Child Abuse Hotline 800-4-A-CHILD
- Cyber Civil Rights Initiative 844-878-2274
- Love Is Respect 866-331-9474, TTY 866-331-8453
- Mothers Against Drunk Driving 877-MADD-HELP
- National Domestic Violence Hotline 800-799-SAFE, TTY 800-787-3224
- National Human Trafficking Hotline 888-373-7888, TTY 711
- National Runaway Safeline 800-RUNAWAY
- Parents of Murdered Children, Inc. 888-818-POMC
- Rape, Abuse, & Incest National Network 800-656-HOPE
- Pathways to Safety International 833-SAFE-833
- StrongHearts Native Helpline 844-7NATIVE
- National Suicide Prevention Lifeline 800-273-8255, TTY 800-799-4889
- The Trevor Project 866-488-7386
- Veterans Crisis Line 800-273-8255 x1, TTY 800-799-4889

INFO & REFERRALS FOR VICTIMS

- Battered Women's Justice Project Legal Helpline 800-903-0111 x1, TTY 711
- Bureau of Indian Affairs, Indian Country Child Abuse Hotline 800-633-5155
- Federal Trade Commission Identity Theft Hotline 877-FTC-HELP, TTY 866-653-4261
- National Center for Missing & Exploited Children 800-THE-LOST*
- Substance Abuse and Mental Health Services Administration Helpline 800-662-HELP, TTY 800-487-4889
- VictimConnect Resource Center 855-4-VICTIM

June Elders Birthdays

June 1
Robert Thompson
Tamora Skelly

David Norton
Cynthia Wunderlich
Marilyn Austin
Karen McGraw
Theresa Schaner

June 13
Catherine Rotan
Susan Keller

June 19
Terry Erno
Thomas Kline
Michael Lyons
Albert Zehe

Thomas Sharkey, Sr.
Louis Kiogima
Alice Marshall

June 2
Kelly Gravelyn
Stewart Walker
Angela Patterson
Samuel Lasley
Rodney Worthington

June 8
Marcelia Long
Susan Day
Gabriele Davenport
Kathleen Kilgore
Archie McMillan, Jr.
Deborah Medina

June 14
Joseph Massey
Henry Lasley
Douglas Emery
Dorothy Faustmann
Mary Foltz

June 20
Deborah Hamilton
Mona Wojats
Francis Holdorh
Ronald Allison
Lorraine Bonneau
Debbra Baker

June 26
Thomas Bellone
Betty Iliff-Debusk
Evon Pirsein
Elmer Bruette
Lisa Woodworth
Carla Sharp

June 3
Dennis Degraff
Gerald Garrow
Warren Petoskey
Moses Bernard, Jr.
Teresa Louchart
Catherine Bonneau
Carrie Denemy

June 9
Ervin Voisard, Jr.
George Santiago
Eugene Sineway

June 15
Donald Boda
Mary Gaus
Dolphus Delmas, Jr.

June 21
Susan Lantz
Jacklynn Cole
David Dominic

June 27
Kathy Floyd
Victoria Stemkoski
Lisa Ann Miller
Michael Fox

June 4
Debra Harper
Lucille Lafreniere
Jacob Boyd

June 10
Charles Mulholland
Thomas Strate
Molly Baldwin
Carol McFall

June 16
Raye Darling
Gloria Ryan
Cheryl Kishigo
Pearl Poole
Marcia Sutton

June 22
Kristi Houghton
Charles Zehe

June 28
Barbara Jacobs
Diana Halstead
Rosanna Campbell
Eugene Nadeau
Patrick Schmidt

June 5
Sandra Shepard
Jean Schlappi
Andrea Sanders

June 11
Jeanette Root
Scott Charvez
Michael Minor
Marcia Radlicki
Susan Slick
Karen Denney
Jeffery Bernard

June 17
Joann Carey
Doylene Fockler-Smith
Mitchell Kewaygeshik
Daneen Anthony

June 23
Francene McCorkle
Wanda Vincent

June 29
William Gasco
Richard Gaus
Twyla Hyde
Sandra Cripps
Victoria Vogel

June 6
Catherine Portman

June 12
Edward Roussain
Thomas Colby
Mary Thornburg

June 18
Michael Vertz
Johnny McFall
Regina Ward
Bonnie Harris
Diana Peltier
Sandra Parm

June 24
Curtis McFall, Sr.
Linda Hogge
Lawrence Crossett
John Walker, Jr.
Elena Marquez
Kathryn McGraw

June 30
Shirley Tipkey
Forrest Worthington
William Shawa, Jr.

June 7
Alvin Vandegriff
Emerald Lacroix

ENROLLMENT DEPARTMENT

THE ENROLLMENT OFFICE HAS A MAIL DROP BOX

It is located to the left of the front doors of the LTBB Governmental Center in Harbor Springs, MI. We will have limited quantities of adult and minor address forms stocked. ****Weather Permitting****

We will happily set aside an envelope with any specific form(s) you may need as well. Just give our office a call, and we will be more than happy to try to accommodate you.

All Enrollment services are available by appointment only. You may call or e-mail to work with our staff.

231-242-1521, 231-242-1522, 231-242-1520 or enrollment@ltbbodawa-nsn.gov



IS YOUR CONTACT INFORMATION CURRENT?



Update your contact information with the Enrollment Department.

- ADDRESS
- PHONE NUMBER
- EMAIL ADDRESS
- VETERAN STATUS



Marin Taylor 231.242.1521
Kathryn Burek 231.242.1522
Pauline Boulton 231.242.1520

2021 Tribal Directories Now Available!

Tribal Directories include adult name and addresses of LTBB Citizens enrolled before January 28, 2021, excluding undeliverable addresses and LTBB Citizens requesting not to be included.

To receive your copy:

- ✓ Must include a copy of your Tribal Identification Card
- ✓ A \$5 check or money order payable to LTBB of Odawa Indians
- ✓ Choice of cover design. If you do not specify, we will choose for you!

Mail to: LTBB of Odawa Indians, ATTN: Enrollment Office
7500 Odawa Circle, Harbor Springs, MI 49740.



Little Traverse Bay Bands of Odawa Indians Enrollment Office
231-242-1520 or 231-242-1521
Fax 231-242-1526



Hoar Frost



Lake Plumbago



Peanut Butter Falls

Tribal Citizens Fee Schedule	FEES
Replacement/Expired Cards A replacement card is lost, stolen, expired or has an address change. Free to Elders.	\$10
Tribal Directory Adults 18 and enrolled prior to 2/28/2017 Published every 4 years.	\$5
Tribal Directory Labels Requestor must provide labels.	\$5
LTBB List The list includes adult's first, middle and last names only.	\$5
Photocopies of Enrollment file First 3 copies free, \$1 for each page thereafter.	\$1 ea
Marriage License Application Certified Copies: \$10 Photo Copies: \$5	\$15
Tribal Notary Application Surety Bond: \$125 (Payable: Brownrigg Companies LTD)	\$10

Services

- Enrollment Applications.
- Address Change Forms.
 - Adults require notarization if mail is delivered to a post office box.
 - Minors require notarization annually.
- Tribal Directory.
- Marriage License Application.
- Tribal Notary Application.
- Michigan Indian Tuition Waiver Certification.
- BIA - 4432 Indian Preference Form.
- Eagle Feather Application and Re-Order Form.
- Certifier of LTBB Degree of Indian Blood.

EDUCATION DEPARTMENT

THE NITAAZHITOOJIK INDUSTRIAL TRAINING (NIT) PROGRAM

Are you ready for a career change?

Did you know the average Michigan CNC Programmer makes \$26.59 per hour?

We can help you reach your full potential!

Supported Programs
North Central Michigan College

Computer Numeric Control (CNC) Certificate of Development

Manufacturing Technology Certificate

Computer-Aided Design (CAD) Certificate

Industrial Arts Institute Comprehensive Industrial Welding Program

Work-Based Learning Program

Financial Assistance Available

\$12.75/hr. Stipend

Mileage Reimbursement
Tuition Support
Required Course Material

Assistance Test Fee
Coverage Equipment Assistance, and more!

Contact
Kerstine Bennington,
Project Director

(P) 231-242-1485 (F) 231-242-1490

kbennington@ltbbodawa-nsn.gov

Scan the QR code for more information!

INSERT QR CODE

The production of this was supported by Grant 90NA8359 from ACF. Its content is solely the responsibility of Little Traverse Bay Bands of Odawa and does not necessarily represent the official views of ACF.

Courtesy graphics.



STAY CONNECTED!
Text "HigherEd" to 33222 to receive LTBB Higher Education updates and deadline reminders. Standard data and msg rates apply.



EVER CONSIDERED A CAREER IN COMPUTER NUMERIC CONTROL?

The average CAD Programmer makes \$26.36 an hour.

Learn how you can begin a career in Computer-Aided Design by contacting Kerstine Bennington, NIT Project Director at (231) 242-1485 or at kbennington@ltbbodawa-nsn.gov.



SCAN THE QR CODE FOR MORE INFORMATION!

The production of this ad was supported by Grant 90NA8359 from ACF. Its content is solely the responsibility of Little Traverse Bay Bands of Odawa and does not necessarily represent the official views of ACF.



EVER CONSIDERED A CAREER IN COMPUTER-AIDED DESIGN?

The average CAD Programmer makes \$27.43 an hour.

Learn how you can begin a career in Computer-Aided Design by contacting Kerstine Bennington, NIT Project Director at (231) 242-1485 or at kbennington@ltbbodawa-nsn.gov.



SCAN THE QR CODE FOR MORE INFORMATION!

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THE ENROLLMENT OFFICE NEEDS YOUR HELP!

We would like to start tracking LTBB Tribal Citizens who have completed military service or who are currently on active duty. If you are a veteran, please call us toll free at 1-866-652-5822 ext. 1521 or 1520. We will be asking you the following questions:

- (1) Name
- (2) Date of Birth
- (3) Branch of Service

This information will be used by the Grants Department.

Megwetch,
Pauline Boulton, Enrollment Officer

LTBB CULTURAL LIBRARY ONLINE RETURNS



Our LTBB Cultural Library is back online! Though

our library is currently closed to the public, we are still sharing our programs, and the online catalog is also available for searching.

Fortunately, we belong to a consortium of libraries, which bring e-books, audiobooks and videos to our communities through the Great

Lakes Digital Library. The digital library <https://gldl.overdrive.com/> is open 24/7 to our registered library patrons. If you are not signed up yet, please complete the library form and return it to get set up with a sign-in ID and PIN.

LTBB Cultural Library logo by David K. Burks.

Mzinigangamik Cultural Library Registration Form

Patron Name: _____

NEW PATRON ONLY

Affiliation: (circle one)

LTBB Citizen LTBB Employee Educator Student

Community member Native American Other: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

I agree to be responsible for all library items and return them by the **DUE DATE**: _____

Signature / Date Signed

Parent/Guardian (if applicant is under 18): _____

Address and Phone (if different from child): _____

Agreement – I agree to be responsible for the Library materials checked out on the card of the minor child above.

I give consent for this child's Library records to be released to me if items are overdue.

Signature: _____

Date Signed: _____

Relationship to Child: _____

*Please send completed form to cepetoskey@ltbbodawa-nsn.gov

Are you ready for a career change?

Did you know that the average Michigan CNC Programmer makes \$26.59 per hour?

We can help you reach your full potential!

SUPPORTED PROGRAMS

- North Central Michigan College
 - Computer Numeric Control (CNC) Certificate of Development
 - Manufacturing Technology Certificate
 - Computer-Aided Design (CAD) Certificate
- Industrial Arts Institute
 - Comprehensive Industrial Welding Program
 - Work-Based Learning Program

FINANCIAL ASSISTANCE AVAILABLE

- \$12.75/hr Stipend
- Mileage Reimbursement
- Tuition Support
- Required Course Material Assistance
- Test Fee Coverage
- Equipment Assistance, and more!

CONTACT
Kerstine Bennington
Project Director
Phone 231-242-1485
Fax 231-242-1490
kbennington@ltbbodawa-nsn.gov

Scan the QR code for more information!

Supported by Grant 90NA8359 from ACF. Its content is solely the responsibility of Little Traverse Bay Bands of Odawa and does not necessarily represent the official views of ACF.

WIOA
WORKFORCE INNOVATION AND OPPORTUNITY ACT

Helping Native Americans achieve self-sufficiency through employment and training opportunities in 28 counties throughout Michigan.

Examples of Services Provided:

- Help with job search & placement
- Development of an Individual Employment Plan
- Opportunities for classroom training
- Assistance for entrepreneurs and small business related costs
- Financial assistance for education and employment related costs.

For more information, contact Rachael Koepf at 231-242-1488 or e-mail rkoepf@ltbbodawa-nsn.gov

LTBB of Odawa Indians is the recipient of this grant under the Department of Labor (DOL). In accordance with the Jobs for Veterans Act, WIOA

Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with North Central Michigan College:

Waganakising Odawa Career Technical Education Program

- Computer Numerically Controlled (CNC) Certificate of Development
- Medical Billing and Coding Certificate of Development
- Medical Assistant Certificate
- Phlebotomy Certificate of Development
- Computer Information Services (AAS)
- Computer Support Specialist Certificate
- Basic EMS Certificate of Development
- Criminal Justice (AAS)

It's what matters!

SUMMER READING CHALLENGE

OPEN TO ALL LTBB YOUTH & TEENS, CITIZENS & DESCENDANTS, LOCAL & NON-LOCAL.

PRIZES FOR TOP 3 READERS IN EACH AGE GROUP:

- 3-6 YEARS OLD
- 7-9 YEARS OLD
- 10-12 YEARS OLD
- 13-17 YEARS OLD

Begins NOW and ends July 23rd. Registration forms & reading logs on LTBB website & from Cultural Library. Questions? Call Celestine, 231-242-1487 or email cepetoskey@ltbbodawa-nsn.gov

ALL reading counts! Magazines, graphic novels, audiobooks...



THIS PROJECT MADE POSSIBLE IN PART BY IMLS GRANT # NAB-246338-OLS-20



LTBB EDUCATION'S TEXT MESSAGE ALERTS

Little Traverse Bay Bands Of Odawa Indians 1h ago

- Want to be updated everytime there is an event?
- Stay updated with our text message alerts!
- Receive information on events, news, updates and more...

Text one of the keywords listed below to 33222 in order to sign up for updates from that department!

LTBB - General updates from the Education Dept. & the Cultural Library.
WIOA - Updates from WIOA: Employment and Training Services.
WOCIESP - Updates from Waganakising Odawa Career and Technical Education Program.
K-12 - Updates from LTBB K-12 Services.
HIGHERED - Updates from Higher Educational Services.
CULTURAL - Updates from Cultural Services.
 *Standard messaging & data rates may apply.



The Shirley Naganashe Oldman Secondary Education Completion Award recognizes your academic achievements as an LTBB tribal member. This program has been developed to promote the completion of secondary education programs. The Shirley Naganashe Oldman Completion Award, in the amount of \$100, will be awarded to LTBB tribal members who complete a secondary education program. In order to receive this award, a copy of your official transcript, copy of high school diploma, GED certificate or certificate of completion MUST be submitted.

Award applications can be found online, in person at the Education office or mailed per request (contact Education at 231-242-1480).

Temporary Help Wanted

Are you a tribal citizen who would like to:

- Gain valuable work experience?
- Work in the tribal community?
- Make a little extra money?
- Gain experience in several fields?

Apply today to join our LTBB Temporary Worker pool!

Temporary assignments can last one day or as long as a month or more. Contact the Little Traverse Bay Bands of Odawa Indians Human Resources Department today!

Call: 231-242-1563



LTBB Cultural Library

Summer Reading Registration

Name: _____

Age: _____

Address: _____

Phone Number: _____

Reading totals must be turned in by 5pm on July 23rd to be counted.

Totals can be mailed to the LTBB government building, sent to LTBB Mzinigangamik Cultural Library on Facebook Messenger or by email. LTBB Cultural Library
 7500 Odawa Circle
 Harbor Springs, MI 49740
 (231) 242-1487
cepetoskey@ltbbodawa-nsn.gov

LTBB Cultural Library 2021 Summer Reading Challenge Book Log

Name: _____ Age: _____

Book Title	Minutes Read	Total
1. _____	___+___+___+___=	_____
2. _____	___+___+___+___=	_____
3. _____	___+___+___+___=	_____
4. _____	___+___+___+___=	_____
5. _____	___+___+___+___=	_____
6. _____	___+___+___+___=	_____
7. _____	___+___+___+___=	_____
8. _____	___+___+___+___=	_____
9. _____	___+___+___+___=	_____
10. _____	___+___+___+___=	_____
11. _____	___+___+___+___=	_____
12. _____	___+___+___+___=	_____
13. _____	___+___+___+___=	_____
14. _____	___+___+___+___=	_____
15. _____	___+___+___+___=	_____
16. _____	___+___+___+___=	_____
17. _____	___+___+___+___=	_____
18. _____	___+___+___+___=	_____
19. _____	___+___+___+___=	_____
20. _____	___+___+___+___=	_____
21. _____	___+___+___+___=	_____
22. _____	___+___+___+___=	_____
23. _____	___+___+___+___=	_____
24. _____	___+___+___+___=	_____
25. _____	___+___+___+___=	_____

This project was made possible in part by IMLS Grant # NAB-246338-OLS-20



Please Return Reading Log to Library by Friday, July 23, 2021



HAND DRUM CULTURAL PACKAGE RAFFLE

These packages have been created as a way to stay safe during COVID-19 that would have otherwise been in-person events. These packages are designed to connect our citizens to our culture while combating pandemic fatigue.

- 40 HAND DRUM CULTURAL PACKAGES ARE AVAILABLE FOR LTBB CITIZENS WITHIN THE U.S.
- BEGINNER-INTERMEDIATE: EASY PROJECTS USING BASIC STITCHES, REPETITIVE PATTERNS, SIMPLE SHAPING & FINISHING.
- VIDEO INSTRUCTIONS & INFORMATION FOR EXTRA HELP VIA ZOOM WILL ACCOMPANY THIS PACKAGE
- REGISTRATION DEADLINE IS MONDAY, JUNE 28TH BY 5 P.M. EASTERN TIME
- RAFFLE WILL BE RECORDED & POSTED TO LTBB EDUCATION FACEBOOK PAGE
- WINNERS WILL BE CONTACTED

To register for raffle, please email your name, tribal ID #, phone #, and mailing address to: culturalprogramming@ltbbodawa-nsn.gov

Miigwech to Joe Medicine for the video teachings.



VIRTUAL COMMUNITY CRAFT CIRCLE

A laid back virtual meetup for a chance to interact & reconnect with community while working on craft projects of your choosing

Wednesday, June 9th, 7-8:30 PM

Please use the following
Zoom Meeting address:

<https://ltbbodawa.zoom.us/j/3937392960>

Questions? E-mail
culturalprogramming@ltbbodawa-nsn.gov

ATTENTION WAGANAKISING ODAWAK



The Cultural Services Program has coordinated with local Cultural Keepers, LTBB Departments, and local businesses in order to create cultural packages for LTBB Citizens. These packages have been created as a way to stay safe during COVID-19, but continue events that would have otherwise been in-person. These packages are designed to connect our citizens to our culture while combating pandemic fatigue.

CULTURAL PACKAGE RAFFLE

- June, Hand Drum Package
- July, Moccasin Package
- August, Medicine Pouch Package
- September, Grave Crown Package

Please note, per local Culture Keepers, grave crown making starts Oct. 1st

- 40 CULTURAL PACKAGES ARE AVAILABLE IN EACH CATEGORY FOR LTBB CITIZENS WITHIN THE U.S.
- VIDEO INSTRUCTIONS WILL ACCOMPANY THESE CULTURAL PACKAGES
- SELECT DAYS & TIMES AVAILABLE FOR EXTRA HELP VIA ZOOM

REGISTRATION FOR EACH ACTIVITY WILL OPEN AT THE BEGINNING OF EACH MONTH & INDIVIDUAL FLYERS WILL FOLLOW WITH REGISTRATION INFORMATION

For additional questions, please email: culturalprogramming@ltbbodawa-nsn.gov

Starting winter semester, WOCTEP will offer assistance with the following programs through our partnership with Bay Mills Community College:



- ◆ Associate of Arts Early Childhood Education
- ◆ Associate of Arts Business Administration
- ◆ Associate of Applied Science Construction Technology
- ◆ Associate of Applied Science Computer Information Systems
- ◆ Medical Office Certificate

WOCTEP offers
Financial Assistance!



- ◆ Tuition Assistance
- ◆ Textbook and required course materials Assistance
- ◆ Mileage Assistance
- ◆ Hourly Stipend (based on household income)
- ◆ Examination/qualification fee Assistance

In addition to WOCTEP Financial assistance, Native WOCTEP students may be eligible for Board of Regents Tuition Award at BMCC.

WOCTEP is funded by the US Department of Education through the NACTEP program. Federal funds contribute to 90% of funding (\$448,744) and tribal support of 10% (\$50,108) for project year 1 (2019) budget.

Need to update your address?

When you move, please contact the Enrollment Office and we will send you an Address Verification Form.

Address Verification and many other Enrollment forms are also available at www.ltbbodawa-nsn.gov. They can be found in the Forms Directory or on the Enrollment page of the website.

It is the responsibility of the parent, guardian or custodial parent to complete an address form for any minor children.

If you are the custodial parent of a minor, please provide proof by documentation.

Upon reaching the age of 18, an Adult Address Verification form must be completed. Failure to do so may result in a delay of per capita payment.

If you are incarcerated and would like to continually receive the newsletter, you must keep your address current.

Minor verification forms must be signed and notarized.

Adult verification forms must be signed and either witnessed or notarized, depending on your address.

Contact the Enrollment Office at 231-242-1521, 231-242-1520 or by e-mail enrollment@ltbbodawa-nsn.gov.

Please Note:

Changeable address forms are available for LTBB Citizens at www.tinyurl.com/ltbbenrollmentforms. The forms must be printed and signed by the Tribal Citizen and hard copies returned to Enrollment. We still require the form to be witnessed or notarized depending on your address.

LTBB Enrollment Office 231-242-1521



We welcome everyone to visit our Official Facebook Page at

<https://www.facebook.com/LTBBODAWA>.

Please be respectful in your comments.



DEPARTMENT OF COMMERCE

REQUEST FOR TCE - TIMELINE REMINDER

The LTBB Department of Commerce (DOC) would like to remind all Resident Tribal Members to please submit all Requests for TCEs prior to making the actual purchase(s). Due to the many areas of verification that occur with a TCE Request, DOC has up to 96 hours to process a completed Request once all backup and necessary information has been received – provided there are no issues found during the verification processes or circumstances that happen beyond our control (i.e., power outages, etc.).

Please make an effort to submit your Requests

within the 96-hour timeframe, so that there is a sufficient amount of time to complete the verification processes. While we do understand that sometimes this may not be possible – this should be a last resort situation and we ask that you please reach out to us as soon as possible if you do have a unique circumstance that does not allow you to submit your Request in advance. If you have any questions or concerns regarding the TCE process – please contact the LTBB DOC office at 231-242-1584 or by e-mail at DOC@ltbbodawa-nsn.gov. Miigwech – Hayden Hooper, Department of Commerce Director.

LTBB TAX AGREEMENT AREA FOR RESIDENT TRIBAL MEMBERS

Listed are the townships that are included in the LTBB Tax Agreement Area. In order to receive the Resident Tribal Member benefits, your principle address must be within the Tax Agreement Area and must be on file with the Enrollment Department. Please take note of the townships denoted with an asterisk (*) as these are only partially included in the Tax Agreement Area. If you already live in the Tax Agreement Area and are not utilizing the Resident Tribal Member benefits, please contact the LTBB DOC Office, so I can go over these with you.

A map of the Tax Agreement Area can be found on the LTBB website under the Commerce section. The DOC Office is also available to help citizens determine whether or not their address falls into the Tax Agreement Area. DOC can be reached by calling 231-242-1584 or by e-mailing

DOC@ltbbodawa-nsn.gov. Miigwech. – Hayden Hooper, Department of Commerce Director.

LTBB Tax Agreement Area Townships

- Cross Village (all)
- Friendship (all)
- Little Traverse (all)
- City of Petoskey (all)
- Readmond (all)
- West Traverse (all)
- City of Harbor Springs (all)
- Bear Creek (all)
- *Resort (partial)
- *Hayes (partial)
- *Bay (partial)
- *City of Charlevoix (only North of the bridge)
- *Charlevoix Township (only North of the bridge)

UPDATE REGARDING TRIBAL FUEL TAX EXEMPTION AT DERRER GAS STATION

The Derrer (BP) gas station, located in Petoskey, MI, has switched to a “prepay only” station.

LTBB Tribal Citizens are still able to pay for their fuel after pumping in order to get the fuel tax exemption. However, you must go into the store first and let the cashier know what pump you are on, and you will need to come back in and pay after pumping in order to receive your exemption.

Without prepay, it is also Derrer’s policy to keep an ID with the cashier while the gas is being pumped. If citizens are uncomfortable leaving an ID, please ask the cashier what other options may be available. The ID or other item(s) as approved by the store, will be returned to you upon coming back in to receive the fuel tax exemption and paying for the fuel.

If you have any questions, please contact the LTBB Department of Commerce at 231-242-1584 or DOC@ltbbodawa-nsn.gov

Courtesy photo.



HEALTH DEPARTMENT

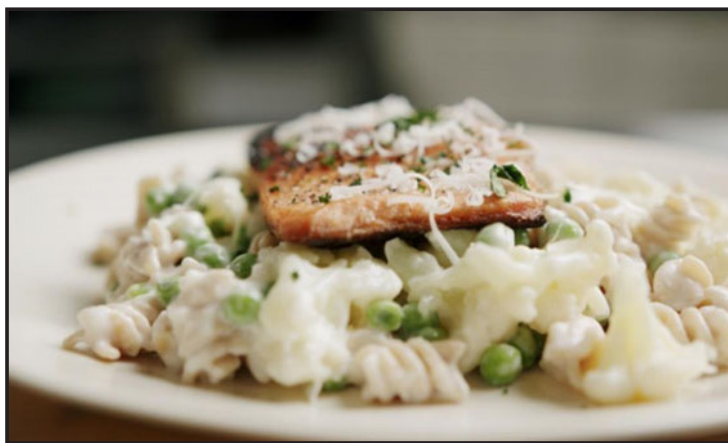
MAY 2021 RESOURCES

Compiled by the **Inter-tribal Council of Michigan**

Dear LTBB:

Through your participation in the Walmart Healthy Nutrition and/or the MI Tribal Food Access Coalition Projects, we have compiled a set of resources for each month in 2021. The resources are focused on healthy eating using ingredients found at your local grocery store, farmer’s market or Food Distribution Program on Indian Reservations (FD-PIR) site. The fifth set - May 2021, includes:

- Salmon alfredo with vegetables recipe link.
- A delicious and nutritious carrots with garlic and basil recipe.
- A lesson from the 13



Moons Anishinaabe Nutrition project – Fish is our Relative.

- 2020 Academy of Nutrition and Dietetics *Healthy Meal Planning and Shopping*: “Meal Planning and Shopping for Heart Health” Handout
- 2020 Academy of Nutrition and Dietetics *Eat Right Essentials - Cooking Basics*:

“Cooking Methods to Master” Handout.

- A May *Harvest of the Month* handout on Radishes from Groundworks, MSUE, FoodCorps MI and Farm to School NW MI/TBA-ISD.

You can view these at www.odawatrails.com
Courtesy photo.

LTBB TOWN HALL MEETINGS

MARK YOUR CALENDAR



June 9, July 14
August 11, September 8, October 13
November 10 and December 8

For updates on time and LTBB Department agendas, follow the official Facebook page at www.facebook.com/LTBBODAWA

Town Hall meetings are held on ZOOM at www.tinyurl.com/ltbbtownhall Use passcode 002323

Community Support Group

Provided by: LTBB Behavior Health

Zoom meeting will take place every Tuesday and Thursday @ 12 pm Starting 4/9/2020

The meetings are intended for anyone that would like to talk to others during this difficult time. Cultural Advisor, Matt Davis and Case Manager, Sara Hacker will provide the community with information on; community resources, cultural teachings, talking circles and more.

Information on how to participate please call 231-242-1640

PRC Covers Chiropractic Care!

How do I get covered?

1. Make an appointment at the LTBB Health Clinic and discuss with your physician if chiropractic care would be helpful for you.
2. If so, your physician will refer you for chiropractic care and your referral will be reviewed by our managed care team.



All approved referrals will be eligible for three visits and ONE medical massage per month! Patients are required to follow up with their physician annually to continue chiropractic care.

Call the LTBB Health Clinic today to get started! 231-242-1700

SMILE WITH CONFIDENCE

Elders Dental Assistance Program is now processed through the Health Department! Call to see if you qualify! 231-242-1600



Don't miss out on the sounds of life.



Hearing aid assistance is now processed through the Health Department. Call to see if you qualify! 231-242-1600

BREAST AND CERVICAL CANCER SCREENING PATIENT NAVIGATOR NEEDED



cancer screening. Patient Navigators are skilled in removing barriers to cancer screening by identifying critical resources for primary care clients, helping them navigate health care services and systems, and promoting improved long term health outcomes. The incumbent of this newly created position funded by the MDHHS, Breast and Cervical Cancer Screening Navigation Program (BC3NP) and the Centers for Disease Control, will work collaboratively with the NW Lower Michigan providers and health systems to ensure all clients (regardless of insurance status) receive

timely screenings and follow up care.

This position is located onsite at the Little Traverse Bay Bands Health Clinic in Petoskey, MI. If you have experience in community health, health education or nursing and you are interested in this position, the position description and application instructions are available at <https://ltbbodawa-nsn.gov/wp-content/uploads/2021/04/Contractual-Client-Navigator-Posting.pdf>

Qualified individuals may send their resume' to noelp@itcmi.org

Courtesy graphic.

The Inter-Tribal Council of Michigan and the Little Traverse Bay Bands of Odawa Indians in Petoskey, MI, are seeking a Breast and Cervical Cancer Screening Patient Navigator.

This is a full-time position to provide clinic-based management services for clients referred for breast and cervical

Weekend Urgent Care Alternative!



McLaren Northern Michigan MedCenter

116 W. Mitchell Street Petoskey, MI 49770
231-348-2828



McLaren Northern Michigan Regional Hospital

416 Connable Avenue Petoskey, MI 49770
1-800-248-6777



Munson Healthcare Charlevoix Hospital

14700 Lake Shore Drive, Charlevoix, MI 49720
231-547-4024

McLaren Northern Michigan MedCenter, formerly known as Northern Michigan MedCenter and Quick Care, can be utilized when immediate attention is needed for an urgent, but not life-threatening condition, and the LTBB Health Clinic in Petoskey, MI, is closed.

When using McLaren Northern Michigan MedCenter, formerly known as Northern Michigan MedCenter and Quick Care, you are required to call LTBB Contract Health at 231-242-1600. Notice must be received within 72 hours of the visit. LTBB Elders have 30 days to notify Contract Health.

After hours and weekend emergency treatment can be obtained at McLaren Northern Michigan Regional Hospital in Petoskey, MI, or Munson Healthcare Charlevoix Hospital in Charlevoix, MI.

No Insurance?
See if you qualify for the Healthy Michigan Plan!



The Healthy Michigan Plan provides health care benefits to Michigan residents at a low cost so that more people can have health care coverage. Individuals are eligible for the Healthy Michigan Plan if they:

- Are age 19-64 years
- Have income at or below 133% of the federal poverty level* (\$16,000 for a single person or \$33,000 for a family of four)
- Do not qualify for or are not enrolled in Medicare
- Do not qualify for or are not enrolled in other Medicaid programs
- Are not pregnant at the time of application
- Are residents of the State of Michigan

*Eligibility for the Healthy Michigan Plan is determined through the Modified Adjusted Gross Income methodology.

If you do not have insurance and would like to fill out an application, contact Valorie Glazier, Patient Benefits Specialist, at 231-242-1748 or by e-mail at vglazier@ltbbodawa-nsn.gov to set up an appointment today!

Maajtaag Mnobmaadzid (Maj-tog Minowb-maude-zid) Means "A Start of a Healthy Life"

We are working towards providing services and information that will keep our infants, women and families in the best of health. There are no income guidelines to determine eligibility. We hope our services will reach all families who will be bringing an Anishinaabe baby into this world. Our program is designed to provide services needed to both parent and newborn up to the age of five years.

Maajtaag Mnobmaadzid is designed to complement, but not replace obstetrical and pediatric medical care.

In addition to providing support and education during pregnancy, there is also a focus on helping women become and stay healthy before and after pregnancy. We affirm the sacred role of women in the community as givers of life and promote understanding of the importance of family well-being and the health of women throughout the lifespan.

For more information on Maajtaag Mnobmaadzid, please call Carol J. Sodman-Morris, Maternal Nurse Educator for Family Spirit, at 231-242-1614.



LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS COMMUNITY HEALTH DEPARTMENT MEDICAL TRANSPORTATION GUIDELINES

Transportation is available to medical appointments only.

You must exhaust all other means available to you, i.e. Friendship Center Bus, Straits Regional Transit, Char/Em Transit, Taxi or Family.

Clients of the Little Traverse Bay Bands Health Department must notify the Community Health Department 72 hours prior to their appointments.

Transportation is based on availability.

Call 231-242-1601 to set up a ride as soon as possible.

Miigwech!

The Little Traverse Bay Bands of Odawa Indians Community Health Staff



LTBB Pharmacy
Hours: Monday – Friday 8 am – 6 pm
Phone: 231-242-1750

What prescriptions are filled at the LTBB Pharmacy?

- Prescriptions written by LTBB Clinic Providers
- Prescriptions written by providers where you have been referred to by the LTBB Clinic

PLEASE BE AWARE OF HOLIDAY HOURS AND MEDICATION REFILLS.

LTBB Hosts Vaccine Clinic in Lansing, Michigan

Our LTBB Vaccine Clinic was a great success!

Our team of staff and volunteers vaccinated 60 people with their primary dose of Moderna vaccine.

It was great to see LTBB Tribal Citizens, descendants, other Native Americans and Lansing area community members come in say hello and to get their vaccine.

We received positive press coverage for this event via the *Lansing State Journal*, WLNS TV and the *Michigan Advance* (an online publication).

Our thanks to the State of Michigan for spreading the word to help this coverage happen.

Chi Miigwech to:



- Our staff who made the trip down and had such a positive outlook at the event. It was great to see the smiles.

- Steve Sochay, who secured the vaccine clinic site for us and stayed with us the whole time we were there.

- The volunteers who worked the clinic: Kristen Monroe, Tianna Ferris-Murphy and Reddog Sina, DO.

- Frank Animikwam who helped during the morning of the clinic. It was great to have him working with our staff.

- The kind tribal citizen who dropped off donuts for the staff.

- The MSU Native American Student Organization for the cookies in the afternoon.

We returned on May 15, 2021 to provide booster doses for the people who were vaccinated on April 17, 2021.

Miigwech!

Jody Werner, LTBB Health Director

Courtesy photos.



NEW MIDWIFERY COMPONENT OFFERED IN MATERNAL HEALTH PROGRAM



ulum that continues through post-partum and serves the children through age five.

The Intertribal Council of Michigan has added a midwifery component to the program. A pilot program will begin in Petoskey, MI, with hopes of having other programs follow throughout Michigan.

This program will not replace OB/GYN care, and we will not be participating in births. It will add a larger educational component with emphasis on Native American teachings and medical problems that tend to be more predominant among the Native population. It is our hope the program will demonstrate that the additional time spent

with our families will improve certain pregnancy outcomes. Some of the areas covered will include special emphasis on families, home-life, depression, nutrition, substance abuse and will be individually designed for each client. There will also be a large emphasis on breast feeding, and we will provide support along with frequent post-partum visits.

Carol Sodman-Morris, a Nurse Midwife and Women's Health Nurse Practitioner, will be the practitioner for the program. Carol has worked as a nurse for five years with the Healthy Start Program. If you have inquiries or questions, please call Carol at 231-268-1733.

Courtesy photo.

SEASONAL LOCAL FOODS OUTSIDE YOUR DOOR - LEEKS

By Charla Gordon, Dietician



sto with Chef Shawn Adler <https://www.cbc.ca/life/video/forage-how-to-sustainably-source-wild-leeks-one-of-canada-s-most-prominent-spring-edibles-1.5538964>

- Visit <http://www.glifwc.org/Mazinaigan/summer2012.pdf> on Page 6 for more recipes and a news article about leeks.

- Did you know there are two different kinds of leeks in the woods? And, that there is a new children's book available about collecting wild leeks? Check the 2021 Ziigwan (spring) edition, Page 6 at this website for more information: http://data.glifwc.org/download/archive.maz/Spring_web.pdf

I am grateful for the many things my friend, Gail, has taught me.

If you have recipes, teachings, stories or additional gathering tips that we all would benefit from using, please share with me at cgordon@ltbbodawa-nsn.gov and I will pass them along.

Enjoy your next walk in the woods and see if you can find some leeks!

*Drawing credit: <https://heilenday.tumblr.com/post/160>
Courtesy photo.*

I went for a walk in the woods on Sunday, and the leeks (also sometimes known as ramps) were abundant and fragrant. I was walking in a protected area, so I could not pick any, and I started thinking about how much I had learned in the last year about leeks.

Last spring, I bought two big bunches of leeks at a farmer's market. They were delicious, but that was not a good thing to do because I had no idea if they had been harvested sustainably. At the time, I did not know how important of an issue that was. Also, I did not know what questions to ask.

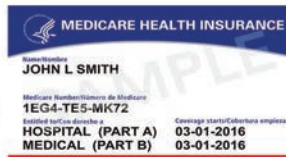
I thought I would share what I have learned by attaching links for information about identifying and sustainably harvesting leeks. This may be useful if you are heading out in the next couple of weeks to gather some leeks.

- This is a great video and recipe for Wild Leek Pe-

MEDICARE REIMBURSEMENT PROGRAM



REIMBURSEMENT FOR BOTH B AND D PREMIUM EXPENSES



WHO QUALIFIES?

- To qualify for this program, you must:
1. Be an enrolled member of LTBB
 2. Be enrolled in Medicare
 3. Show proof of Medicare premium expenses
- *DOCUMENTATION WILL BE REQUIRED*

! IMPORTANT INFORMATION !

YEARLY APPLICATION DEADLINES:
FIRST PAYMENT: FEBRUARY 14TH
SECOND PAYMENT: AUGUST 14TH

APPLICATION PROCESSING BEGINS JANUARY 1ST AND JULY 1ST. CHECKS CAN TAKE SEVERAL WEEKS TO BE SENT OUT DEPENDING ON VOLUME OF APPLICATIONS. PLEASE BE PATIENT AS WE WORK TO SEND PAYMENTS OUT TO ALL OUR ELIGIBLE TRIBAL CITIZENS. INCOMPLETE APPLICATIONS WILL BE NOT BE ACCEPTED.

QUESTIONS? CONTACT VALORIE GLAZIER, LTBB SPONSORSHIP SPECIALIST, AT 231-242-1748



LTBB Behavioral Health has an open Talk-line for community members.

If you are feeling a need to talk with someone, please reach out to us! Take advantage of this resource before experiencing a crisis.

The Talk-line is open from 8 AM to 5 PM and is staffed by a LTBB Behavioral Health counselor.

Call 231-242-1645 to speak to a counselor.

LTBB COMMUNITY HEALTH

Take a Hike in June SCAVENGER HUNT

- | | | |
|---------------------------------------|--------------------------------------|--|
| <input type="checkbox"/> Bird | <input type="checkbox"/> Pinecone | <input type="checkbox"/> Pet Playing Outside |
| <input type="checkbox"/> Bench | <input type="checkbox"/> Stop Sign | <input type="checkbox"/> For Sale Sign |
| <input type="checkbox"/> Flowerpot | <input type="checkbox"/> Sports Ball | <input type="checkbox"/> Yard Statue |
| <input type="checkbox"/> Flag | <input type="checkbox"/> Fence | <input type="checkbox"/> Something Green |
| <input type="checkbox"/> Fire Hydrant | <input type="checkbox"/> Bike | <input type="checkbox"/> Yellow Flower |
| <input type="checkbox"/> Your Shadow | <input type="checkbox"/> Trash Can | <input type="checkbox"/> Pile of Sticks |
| <input type="checkbox"/> Feather | <input type="checkbox"/> Mailbox | <input type="checkbox"/> Something Purple |
| <input type="checkbox"/> Gray Car | <input type="checkbox"/> Large Tree | <input type="checkbox"/> Bird Feeder |
| <input type="checkbox"/> Bug | <input type="checkbox"/> Oval Item | <input type="checkbox"/> Colorful Rock |
| <input type="checkbox"/> Worm | <input type="checkbox"/> Motorcycle | <input type="checkbox"/> Bird Singing |
| <input type="checkbox"/> River | <input type="checkbox"/> Pine Tree | <input type="checkbox"/> Orange Object |

Collect a picture of each item you find then share your adventures with us on Social Media using the hashtag #mnozhiyaatakehike

First 30 kids will receive a frisbee, water bottle, and jumprope to encourage families to move more towards living in good health!

Contact LTBB Community Health if you have questions (231)242-1601

Brought to you by the Good Health and Wellness in Indian Country

EAT WELL BE WELL

The LTBB Community Health / Mnozhiyaadaa Department is EXCITED to announce that our Dietitian is able to meet with patients via Zoom!

Recently, Charla Gordon, MA, RD, CDCES, CHES, completed her Certification for Well Coach! So, if you need assistance in preparing your pantry, making healthier food choices, or to have someone work with you on making changes to improve your health, then contact Charla!

CGordon@ltbbodawa-nsn.gov

SPECIALTY SERVICES:
+Weight Management
+Children's Health
+Specialty Diets
+Improve performance for all body types

Email Charla today to schedule an appointment!



HOMETOWN WIRELESS GROUP will give 15% OFF ALL ITEMS TO ANY LTBB TRIBAL CITIZEN, LTBB EMPLOYEE, OR FAMILY MEMBER OF AN EMPLOYEE. ALL WE NEED IS YOUR TRIBAL ID OR EMPLOYEE BADGE. WE HAVE 3 LOCATIONS TO SERVE YOU:

- | | | |
|---|--|---|
| HARBOR SPRINGS
HARBOR PLAZA
8430 M-119
231-487-9390 | ALANSON
7722 US 31 NORTH
[NEXT TO SUBWAY]
231-548-5997 | KALKASKA
559 S. CEDAR (131)
800-757-5997 |
|---|--|---|

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

With help comes hope
Help is available for you or someone you care about, 24/7



Planting trees is a simple way to cool and beautify your outdoor space



- Improve quality of life
- Save money
- Improve air quality
- Help stormwater management

GIJIGOWI ANISHINAABEMOWIN LANGUAGE DEPARTMENT

CALL FOR PHOTOGRAPHS FROM LTBB COMMUNITY



LTBB Aankwadong Project, of the Gijigowi Anishinaabemowin Language

Department (GALD), is still looking for photographs from community members to use in the development of their on-line classes. The goal is to have as many different individuals, families and areas represented as possible. For a complete list of photos needed, please go to <https://ltbbodawa-nsn.gov/departments/language/>

Please note that all photos need to be originals, taken by either the person submitting them or their relative. Photos must be clear, good quality digital photos.



Email your photo(s) to Eva Oldman, Aankwadong Project Coordinator, at eoldman@ltbbodawa-nsn.gov. Please include your name, phone contact, name of person who took the photo and name of person in the photo.

Miigwech for contributing and supporting this exciting project!

Courtesy graphics.

LTBB Anishinaabemowin

Find us on **facebook**

Dengwe-Mzinigan: Face-Book

Gijigowi Anishinaabemowin Language Department hosts Facebook Group called "LTBB Anishinaabemowin."

We will post materials for language learning, announcements and flyers. Materials will be accessible on the group page under the "Photos" tab or the "Files" tab. PowerPoints with audio and PDF's are downloadable.

- Search our name and "Join."
- Add your family and friends.
- Post Comments and Language Items.

For more information, contact Little Traverse Bay Bands of Odawa Indians, Gijigowi Anishinaabemowin Language Department at 231-242-1457 or toll free 1-866-652-5822 or e-mail LangTech@ltbbodawa-nsn.gov

Ebiimoshin (modern phrase to say "e-mail me")

Bibezhik Kidwin E-mail List - One word at a time - E-mails sent of a single word or phrase with MP3 audio sound attached.

Anishinaabemowin E-mail List: In addition to the Bibezhik Kidwin e-mails, you'll also receive occasional e-mails regarding Anishinaabemowin Language such as announcements of Language or Cultural Activities, Classes, Events or General Information and News.

Send us an e-mail, and we'll add you to the "Bibezhik Kidwin E-mail List" or the "Anishinaabemowin E-mail List." Carla Osawamick (McFall) at cosawamick@ltbbodawa-nsn.gov

WAABGONII GIIZIS: FLOWERING MOON - JUNE

BIIMSKOWEBSHKIKENG - BIKING STORY

By Maryann Endanawas, Project Instructor/Fluent Speaker

Ngoding ndawemaaba biimskowebshkikeng ngiinakaaznaanik wiibaambizyaang. Miisa ndawemaa ekidad, "Niin maaba ngankaazan nswi edetbisenhwid."

One day, my late sister and I decided to go bike riding. My sister says, "I will use this bike with the three wheels."

"Nahaaw" ndinaa "kiintam kamaajidaabaanik, shkweyaang genii kanoopnaanin." Jiigbiik miikan etek ganizhaami kida ndawemaa.

"Okay," I said, "You can go ahead, and I will follow you." Sister decides we will follow the road along the beach.

Miisa ndawemaa giiniboozgwaashkinit biimskowebshgning mii gego giimaajidaabaanogot, negaach giinimdaabaango. Aapiji gwa gikendmaan ninda waazhi-bmizowad weweni nso-detbisenh biimskowebshkignan ndinendam.

Then, sister jumped on the bike and slowly peddled away. I thought to myself, she knows how to maneuver the three-wheel bike rather well.

Ngoding dash ginwaabmak giinikamdaabango miiknang. Wegnesh na maaba enokiit ndinendam! Daawegamgongsing nikey nipizo. Shtaahaa! Miigego giinipkebzod enji-booskamgaak miidash giigchiptaakshing daawegamgongsing.

Then, all of a sudden, I see her going across the road towards the store. What is she doing, I thought to myself! She's heading into the store. Oh my God! She went in the ditch and over the



embankment and smashed into the store.

Wewiip ngiitakaambattoo. Shwejiishin biimskowebshkigan minwaa gewii shweyiing maakshin. "Aaniish naagaazhiwebak ndawemaa?" ndinaa. Miidash ekidad, "Gaawii wiikaa mbizowaake maaba dinowe biimskowebshkigan! Gaawiin maamda wiidaakeyin kiin! Wiin maaba biimskowebshiganish da'aaan daakan waapizod."

I ran across quickly. There, she was on the ground beside the bike. "What happen, sister?" I said. Then, she said, "Don't ever drive this kind of bike! You can't steer it! This bike will drive where it wants."

Miidash giinaadmowak wiibizakwiid. Gchidikishkwan nso-detbisenh biimskowebshgning miidash bijiinak giigchibaabaapyaang. Ngiiwaawnendaagzimi pane ndawemaa.

Then, I helped her up. Then, she gave the three-wheel bike a good kick and we started to laugh and laugh. My sister and I had great times together.

Geget maanda giizhiwebat.

This is a true story.

Courtesy photo.

Anishinaabemdaa.com

New mobile friendly website, new design, updated code, new games, new legends and more!



Learn the Anishinaabe Language

Grammar
Everyday Terms
Culture
Legends
History
Fun and Games
Language Camp Info
Coloring Book
CD-ROMs Info

MENU Anishinaabemdaa

Anishinaabe Weather Terms

Past	Present	Future
It was a good day yesterday Gimnagizhagat jinsagwaa	It is a good day today Mnagizhagat nangwaa	It will be a good day tomorrow Wimnagizhagat waabang
It was a hot day yesterday Gigizhaatemgat jinsagwaa	It is a hot day today Gizhaatemgat nangwaa	It will be a hot day tomorrow Wigizhaatemgat waabang
It rained yesterday Gimnaganan	It is raining today Gimnaganan	It will rain tomorrow Wimnaganan

Hundreds of interactive words and phrases with audio!

Message Insert Options Format Text

Calibri (B) 11

To: GIIN (YOU)

Subject: Bibezhik Kidwin

Bibezhik Kidwin ~ One Word at a Time. AUDIO ATTACHED

LTBB Gijigowi Anishinaabemowin Language Department would like to add you to our Bibezhik Kidwin e-mail list. A word or phrase is sent each work day and includes mp3 audio, so you can hear the word sounded out. Just another little tool to learn and practice Anishinaabe Language! To be added to the list, e-mail Carla Osawamick at cosawamick@ltbbodawa-nsn.gov

You've Got Mail

Emergency Rental Assistance Program (ERAP)

Are you behind in your rent due to COVID-19? If so, contact the LTBB Housing Department.

- Program will pay for rental arrearage costs that were incurred due to COVID-19 (Renters ONLY, No Mortgages)
- Available to LTBB Citizens in any U.S. state. Income restrictions will apply, based on individual state guidelines
- Program is funded by the Department of Treasury and is ONLY available until September 2021

Help us help you! Have questions? Contact us at 231-242-1540. Applications are available at www.tinyurl.com/ERAP2021 and can be submitted in person or mailed to LTBB Housing, 7500 Odawa Circle, Harbor Springs, MI 49740 or e-mailed to hjohnson@ltbbodawa-nsn.gov



WAGNAKISING ODJIA

LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS HOUSING DEPARTMENT
7500 Odawa Circle
Harbor Springs, MI 49740
Tele: 231-242-1540 Fax: 231-242-1550
TTY: 7-1-1

Apartments for Rent

Now accepting applications

- Must belong to Little Traverse Bay Bands of Odawa Indians
- Must be 55 or older or disabled of any age
- Rents are based on income
- Accept very low, low and moderate income applicants
- All units are 2 bedroom and 1 bath
- Bedrooms are approximately 121 sq. feet and 94 sq. feet
- Located in a quiet country setting, but only 4 miles from Harbor Springs, MI
- Barrier free units are available
- LTBB Housing office hours are Monday through Friday, 8 am to 5 pm

Wah Wahs Noo Da Ke Tribal Village is approximately 4 miles north of Harbor Springs, MI

Contact person: LTBB Housing Department 231-242-1540

This institution is an equal opportunity provider and employer. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form found online at http://www.ascr.usda.gov/complaint_filing_cust.html, at any USDA office or call 866-632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax 202-690-7442 or e-mail at program.intake@usda.gov.

EQUAL OPPORTUNITY

BINESHIINHAK (BIRDS)

Study this Set A handout, complete the word search. Then, go online to play puzzles and games that go along with Set A. Links for games are below or click on the links in the LTBB Gijigowi Department's Facebook group "Daminawinan Anishinaabemang"

Bineshiinhak Set A Matching Game

<https://puzzel.org/en/matching-pairs/play?p=-MXp35MNJHGYWq1xG3wR>

Bineshiinhak Set A Memory

<https://puzzel.org/en/memory/play?p=-MYljZrqu573Tlx0WCBA>

Bineshiinhak Set A Word Search

<https://puzzel.org/en/wordseeker/play?p=-MYlliOPt7PEsJNB-c32>

Bineshiinhak Set A Crossword

<https://puzzel.org/en/crossword/play?p=-MYlli1Zt6MWNfM9XWc>



Bineshiinh'ik
Birds [Bi ne shiinh ik]



Answer
Key on
page 32.

M	H	N	E	K	I	B	Z	I	A	H	W	A	A	I	M	H	C	A	A	S
K	H	N	E	S	A	A	P	A	A	B	S	E	N	H	I	N	H	A	M	W
E	N	M	I	T	P	J	I	G	A	A	K	A	I	I	G	S	I	I	A	A
P	N	H	N	I	I	H	S	K	A	A	G	A	A	G	A	N	I	I	P	H
A	B	I	M	G	H	Z	W	A	A	N	O	O	N	E	I	G	Z	N	I	B
K	A	Z	G	N	W	S	A	E	I	O	N	O	Z	S	P	N	I	A	A	E
A	A	B	A	O	A	A	E	A	G	O	S	H	H	A	A	S	E	A	C	H
N	E	A	O	T	O	I	A	N	I	S	H	N	E	S	A	O	N	W	W	A
E	S	S	E	O	P	N	G	N	A	H	A	I	D	A	O	H	I	I	O	E
H	I	S	O	Z	Z	I	H	Z	H	A	Z	I	N	N	G	K	H	Z	M	I
A	E	H	E	W	A	H	C	S	K	B	G	D	A	I	S	A	W	I	I	S
G	J	I	G	A	A	K	O	H	C	I	E	I	J	O	O	A	A	G	A	A
I	A	I	N	A	A	H	S	O	I	G	I	I	G	I	A	N	B	I	I	J
N	C	N	D	O	C	O	B	I	A	A	P	J	I	I	M	I	I	M	O	A
G	A	H	E	O	O	A	G	P	I	I	C	H	E	N	J	G	A	O	Z	A
I	M	I	G	N	A	I	A	S	E	N	H	K	W	A	A	I	I	A	G	W
S	K	A	A	E	S	A	D	G	O	O	S	M	I	I	H	S	G	Z	I	A
I	I	A	I	N	B	I	N	E	S	H	I	I	N	H	A	A	N	I	I	A
J	N	I	S	H	E	N	G	A	A	M	W	A	A	N	E	W	O	O	J	M

Write in Translation, Then Find Anishinaabemowin in Word Search

- | | |
|--------------------|----------------------------|
| asiganaak _____ | waabmiimii _____ |
| jiidiinh _____ | zhaawshko-bineshiinh _____ |
| nika _____ | gaakaapshiinh _____ |
| ajjaak _____ | misko-bineshiinh _____ |
| zhiishiibenh _____ | baakaakwaanh _____ |
| aandeg _____ | jigijigigaaneshiinh _____ |



Anishinaabemowin

PANE IMMERSION PROGRAM

Language Weekends-Summer Semester 2021

Wenesh Pii? When?
 June 25, 26, 27
 July 9, 10, 11
 August 20, 21, 22

Aapiish? Where?
 Online - Zoom

Aaniish epiichak? What time?
 Fridays, 1 - 8 pm
 Saturdays, 9 am - 7 pm
 Sundays, 9 am - 1 pm

Register for 8 credits (5 weekends) or 6 credits (4 weekends)
 Opportunity for make-up hours include midweek classes and Bay Mills weekends

For more information, call Gijigowi Language Department at 231-242-1457 or e-mail langtech@ltbbodawa-nsn.gov
 In partnership with Bay Mills Community College

HOME IMPROVEMENT PROGRAM CHANGE

Due to HUD guidelines, the Housing Department is required to do an environmental review regardless of the work being done. The process of these reviews can take up to three to six months; we cannot proceed until this process has been completed. Please be aware there is a possibility the review could come back with a negative impact, in which case, could be cause for denial.

NOW ACCEPTING APPLICATIONS

For the Mtigwaakiis housing development. Tribal Preference applies. For more information, contact the Housing Department at 231-242-1540



Equal Housing Opportunity TDD: 800-649-3777

HOUSING DEPARTMENT PROGRAMS

Services are available to citizens residing within the 27 county service area. An application packet must be completed and returned to the Housing Dept. for processing to determine qualification. To obtain an application, please contact the Housing Dept. at 231-242-1540.

STR - Short Term Rental Assistance: This program offers up to \$1,500 for new tenants who need assistance with the first month's rent and/or security deposit. This can be used ONE TIME ONLY and the rent requested must be affordable and can NOT exceed 35% of the household gross monthly income. Please note the application packet must be received and approved in advance of your moving into the rental in order to qualify for this program.

HIP - Home Improvement Program: This program offers up to \$2,500 for non-cosmetic home repairs and may be utilized once every five years.


DPA - Down Payment Assistance: This program offers up to \$2,500 or 10% of your mortgage (whichever is less) and can be used to purchase or refinance a home. In order for you to receive any grant dollars, you must be able to match the grant amount with your own guaranteed funds.

FPA - Foreclosure Prevention Program: This program offers up to \$3,000 to assist in foreclosure prevention.

Well & Septic Assistance Program: Funded by the Indian Health Services located in Sault Ste. Marie, MI this program provides the resources and technical assistance associated with the installation of a new well and sanitation service or replacement of deficient existing well/septic.

Credit Counseling: We provide confidential advice and referrals to assist tribal citizens in regaining their financial stability and credibility.

Tribal Rental Housing Program: The LTBB Housing Department offers 29 rental units in the Northern Michigan area. These units are available to rent to Tribal Citizens and most rents are based on a family's monthly income. Any Tribal Citizen interested in renting a unit from the LTBB Housing Department should contact our offices for an application. Currently, there is a waiting list for available units.



SECTION 184 LOAN GUARANTEE PROGRAM

Office of Native American Programs
Office of Public & Indian Housing

- Low Monthly Payment
- Flexible Underwriting
- Low Interest Rates
- Monthly Mortgage Insurance - Now at a Lower Rate!

THE SECTION 184 LOAN CAN BE USED FOR:

- Acquisition of existing housing
- Rehabilitation of existing housing
- Construction of new housing, including manufactured housing affixed to a permanent foundation

REFINANCING IS BACK!!! Includes rate and term, streamline, cash out

FOR MORE INFORMATION, CALL THE LTBB HOUSING DEPT at 231-242-1540.

NATURAL RESOURCE DEPARTMENT

NRD SUBSISTENCE FISHING EVENT

LTBB NRD had fun subsistence fishing in Little Bay De Noc in Gladstone, MI, on April 23, 24 and 25. We would like to thank William and Mindi Ortiz for their help and time. We would

also like to thank Kevin Donner for all of his help setting up this event and helping us get out and practice our treaty rights.

Courtesy photos.



NRD SPEAR FISHING EVENT

LTBB NRD had a great time harvesting 10 steelhead out of Tannery Creek in Petoskey, MI, on April 10. We would like to thank Westley

Thomas for his help.

Courtesy photos.



WELL AND SEPTIC ASSISTANCE PROGRAM

We can provide you with a new well and/or septic system for your new construction OR if your current well and/or septic system is deficient, we can help.

Please call the LTBB Housing Department at 231-242-1540 to find out more about how you can get a free well and septic system or replace your current system.

Please be aware it takes approximately 3 to 4 months to gain federal approval of your application.



Like us at www.facebook.com/LTBBHigherEducation

FOR CURRENT SCHOLARSHIP OPPORTUNITIES AND FINANCIAL AID UPDATES



Al-Anon Meetings

LTBB Health Park, every Wednesday 7-8 pm

Use the right back door for entrance and parking.

Al-Anon Family Groups
Strength and hope for friends and families of problem drinkers

There is no magic formula that enables you to help someone stop – or cut back - on his or her drinking. Alcoholism is a complex problem with many related issues. But, Al-Anon can help you learn how to cope with the challenges of someone else's drinking. Come ask questions, share or just listen.

231-675-7044 www.miafg.org

Little Traverse Bay Bands of Odawa Indians Natural Resource Department Lead to Non-Lead Transition

Why Switch?



PHOTO OF BALLISTIC GELATIN



- We have limited centerfire rifle ammunition loaded with non-lead bullets available to eligible LTBB Citizens when lead ammo is brought into the Natural Resource Department (NRD) in exchange for non-lead (copper) ammunition.
- LTBB NRD seeks to reduce the amount of lead deposits that remain in harvested animals consumed by people and disposed of parts consumed by wild animals, causing a potential harmful effect.



For more information, contact the Little Traverse Bay Bands of Odawa Indians
Natural Resource Department
7500 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@lbbodawa-nsn.gov

EAGLE REMAINS RETENTION INFORMATION



The LTBB Natural Resource Department is pleased to announce that after years of work on the issue, the U.S. Fish and Wildlife Service has recently changed its policy to allow federally recognized tribes to keep eagle remains found in Indian country. Tribal citizens who encounter eagle remains or feathers within the LTBB reservation boundaries may be able to retain them for culturally significant use. Any deceased eagle encountered must be reported to LTBB Conservation Enforcement immediately for investigation prior to moving or taking the eagle.

For more information, contact the Little Traverse Bay Bands of Odawa Indians Natural Resource Department at: 7500 Odawa Circle, Harbor Springs, MI 49740 231-242-1670 E-mail: dbrowne@lbbodawa-nsn.gov

The Little Traverse Bay Bands of Odawa Indians Natural Resources Commission is looking for LTBB tribal citizens with an interest in Great Lakes Commercial Gill Net Fishing

The LTBB Commercial Small Boat Apprentice Program is designed to provide eligible LTBB tribal citizens with an opportunity to learn the trade of commercial fishing from an experienced LTBB Great Lakes Commercial Fishing Captain

For more information on eligibility and requirements, please stop in or contact the LTBB Natural Resources Department



7845 Odawa Circle
Harbor Springs, MI 49740
231-242-1670
dbrowne@lbbodawa-nsn.gov



HELP PROTECT OUR NATURAL RESOURCES 1-855-NRD-TIPS TOLL FREE 1-855-673-8477

Please provide any information related to the tip which may include date, time, subject or vehicle description, nature of the incident, and location (Example: nearest crossroad). It is ok if you wish to remain anonymous. All tips are investigated in a timely manner.

NATIVE NEWS

FREE WEEKENDS THIS SUMMER

By Michigan DNR

Two days twice a year, families and friends can enjoy one of Michigan's premiere outdoor activities, Michigan Fishing, for FREE!

The 2021 Free Fishing weekend for summer is June 12 and 13.



All fishing license fees will be waived for two days. A Recreation Passport will NOT be required for entry

into state parks and boating access sites during Free Fishing Weekend. Residents and out-of-state visitors may enjoy fishing on both inland and Great Lakes' waters for all species of fish. All fishing regulations will still apply.

Want to know when future Free Fishing Weekends will be? The winter weekend is always the Saturday and Sunday of President's Day weekend and the summer weekend is always the Saturday and Sunday following the first full week of June.

Enjoy Two Free ORV Weekends This Summer

Twice a year, residents and nonresidents legally can ride without buying an ORV license or trail permit during Free ORV Weekends June 12-13 and August 21-22, 2021. All other ORV rules and laws still apply.

Riders will have access to nearly 3,800 miles of off-road trails and the state's six scramble areas (Bull Gap, Black Lake



Scramble Area, Holly Oaks ORV Park, The Mounds, Silver Lake State Park, St. Helen's Motorsport Area). *There is an additional entrance fee at Holly Oaks ORV Park.

"Three Free" Weekend

The first Free ORV Weekend also lines up with Summer Free Fishing Weekend when fishing licenses and the Recreation Passport requirement are waived. Don't miss "Three Free" weekend - two full days when Michigan residents and visitors can grab a fishing pole, ride the off-road trails and visit state parks and boating access sites - all free of charge.

Courtesy graphics.

What have you been doing to occupy your time during the Stay Home, Stay Safe period?

Submit your photograph and short description along with your name to newsletter@ltbbodawa-nsn.gov to be included in the Odawa Trails newsletter. Any questions, please send them to newsletter@ltbbodawa-nsn.gov

MASK UP FOR THE WIN

MDHHS
Michigan Department of Health & Human Services

HELP PREVENT THE SPREAD OF OAK WILT: AVOID PRUNING OR WOUNDING OAK TREES BETWEEN APRIL 15 AND JULY 15

By Michigan DNR

From April 15 to July 15, oak trees are at high risk for oak wilt, a serious fungal disease which can weaken white oaks and kill red oak trees within weeks of infection. During this time of year, flying beetles can carry oak wilt fungus spores from tree to tree and the fungus can infect trees through wounds left by pruning or storm damage.

"The guidelines against pruning oak trees during this time can help prevent the spread of the disease," said James Wierich, forest health specialist in the DNR's Forest Resources Division.

The fungus can move from an infected oak to neighboring oaks through root grafts. Depending on tree size, adjacent oaks may be connected to other trees or grafted through root systems. Roots of large trees can reach 100 or more feet. Left untreated, oak wilt will continue to move from tree to tree, killing more red oak over an increasingly larger area. As more trees die from oak wilt, more fungal spores are produced, which allows the beetle to carry infection to new locations. Trees in the white oak family are more likely to survive an infection because they are capable of compartmentalizing the fungus.

Oak wilt was first identified in Michigan in 1951 and this invasive species now is widespread across the state. An invasive species is one which was introduced to Michigan's environment from



elsewhere and can cause harm to the environment, economy or human health.

Red Oaks are Vulnerable; Can Die Within Weeks of Infection

Trees in the red oak family are most susceptible to oak wilt. These trees have leaves with pointed tips and include black oak, northern red oak and northern pin oak. Trees in the white oak group have rounded leaf edges and include white oak and swamp white oak. They are less susceptible. Symptoms most often appear from late June through September. Affected trees will suddenly begin to wilt from the top down, rapidly dropping leaves, which can be green, brown or a combination of both colors.

If you have a tree which gets damaged during the risk period from April 15 to July 15, immediately cover all wounds with tree-wound paint or latex-based paint.

Firewood can harbor the fungus, so don't move firewood from place to place in the state. If you suspect your firewood is infected with oak wilt, you can help slow the spread by burning it, chipping it or debarking it before April. Once the firewood has been dried over a year and/or all the bark loosens, the firewood can no longer spread oak wilt.

To minimize the risk of oak wilt infection caused by logging damage, the DNR restricts cutting of red oak trees on state land between April 15 and July 15. The DNR recommends private forest landowners exercise caution during this period and, whenever possible, delay harvesting activity in oak forests until after July 15.



What to Do If You Suspect Oak Wilt

Report infections at Michigan.gov/ForestHealth using an interactive map.

Contact a local DNR forest health specialist for more information at DNR-FRD-Forest-Health@Michigan.gov or 517-284-5866.

Contact your local Forestry Assistance Program forester for a site visit in select counties.

Seek verification from Michigan State University. Find instructions at canr.msu.edu/pestid or call 517-355-4536.

Get help from an oak-wilt qualified specialist. Visit MichiganOakWilt.org for a listing and more information.

Learn more about invasive species in the state at Michigan.gov/Invasives.

Courtesy photos.

#WHY WE WEAR RED

MISSING & MURDERED INDIGENOUS WOMEN

IN MANY TRIBES, RED IS KNOWN TO BE THE ONLY COLOR THAT SPIRITS SEE. BY WEARING RED, WE HOPE TO CALL BACK THE MISSING SPIRITS OF OUR WOMEN AND CHILDREN

VIOLENCE has NEVER been a Native American tradition

TIPS TO KEEP YOU AND THE OUTDOORS SAFE THIS SEASON

By Michigan DNR



Give others space. In fact, give at least six feet of space when around people from outside your household.

If you are sick, stay home.

Play it Safe

Slow down and choose lower-risk activities to reduce chance of injury, search and rescue operations and health care resources both are strained.

Consider the ability level of your group, including dogs, if you bring one.

Take extra precautions around water and be mindful changes in weather can significantly drop or raise temperatures.

Always let others know where you are going and when to expect you to return.

Leave No Trace

Respect public lands and waters as well as tribal and local communities.

Take all your garbage and

recycling with you.

Clean your gear before going into and leaving recreation sites to avoid spreading invasive species and diseases across our woods and waters.

If you build a campfire, make sure to douse the fire with water, stir and douse again before leaving the site.

Build an Inclusive Outdoors

Be friendly and welcoming to people of all abilities and identities.

Share the space; remember many sites and resources serve multiple recreation uses.

Learn about our accessible recreation opportunities.

Explore Locally

Limit long-distance travel.

Make use of local parks, trails and public spaces.

Consider your impact on communities you visit.

For ideas and information on destinations close to home, check with your local convention and visitors' bureau, county website or Google Maps. We've also put together a resource for state-managed lands to help you find local options and ideas for a "plan B": Your Local Outdoors.

Courtesy graphic.

SEEKING: FOSTER HOMES
Little Traverse Bay Bands of Odawa Indians
Department of Human Services
is searching for foster homes!
If you, or someone you know, have the time and desire to become a foster parent for our youth, please contact the LTBB Department of Human Services at 231-242-1620

The 7 Grandfather Teachings guide us in our

actions

to end sexual violence

mnaadendmowin (respect)
nbwaakaawin (wisdom)
zaagidwin (love)
gwekwaadziwin (honesty)
dbaadendizwin (humility)
aakde'ewin (bravery)
debwewin (truth)



Little Traverse Bay Bands of Odawa
Survivor Outreach Services
Call Monday through Friday 8-5: (231) 242-1620

24-Hour Crisis and Information Line:
(231)347-0082 or (800)275-1995
Operated by Women's Resource Center of Northern Michigan

This brochure was developed by the Little Traverse Bay Bands of Odawa Indians Survivor Outreach Services supported by Grant No. 2018-WB-48-0013 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

BIRD NESTS IN EVERY NOOK? BE A GOOD NEIGHBOR AND LEAVE THEM ALONE

By Michigan DNR



Bird nests can be found in all kinds of places, so don't be surprised if you find one in a hanging flowerpot, wreath or elsewhere in your backyard.

In addition to songbirds, mallards seem to set up spring nests just about everywhere. Female mallards, called hens, often build them in landscaping, gardens or other locations that people may find inappropriate – or at least inconvenient. If you spot one, be a good neighbor and leave the nest alone and keep pets away from it, too. The hen will lead her young to water soon after they hatch.

"Even if a duck's nest seems quite a way from water, the hen knows how to get her ducklings to the water," said Hannah Schauer, wildlife communications coordinator with the DNR.

Schauer also noted a mallard will lay her eggs over several days.

"You might see eggs show up in a nest but no mother duck sitting on them. The hen will start to incubate the eggs once they all have been laid. They'll take about a month to hatch," said Schauer.

Canada geese sometimes build nests near houses or in parks. Adult geese are very protec-

tive and may hiss and run or fly toward perceived intruders.

"Try to avoid nesting areas, but if that is not possible, carry an umbrella and gently scare the bird away by opening and closing it," said Schauer.

Bird nests and the eggs they may contain are protected under federal law. It is illegal to touch, move or possess any part of the nest or eggs without the proper permit.

Get additional tips and information on handling conflicts with wildlife and what to do if you find a baby animal at Michigan.gov/Wildlife.

Questions? Contact the DNR Wildlife Division at 517-284-9453.

Courtesy photo.

PLEASE NOTE:

The LTBB Grants Department works with LTBB Departments to obtain external funds for ongoing and special programming, services and resources for the tribal community. Please contact the respective LTBB Department for information on programming that may be of interest to you.

Interested in working for LTBB?

Jobs are updated daily at
www.ltbbodawa-nsn.gov
Job Hotline toll free 1-866-582-2562
Submit your applications, resumes, and cover letters:

- In person at our LTBB Human Resources office
- E-mail: hr@ltbbodawa-nsn.gov
- Mail to LTBB Human Resources, 7500 Odawa Circle, Harbor Springs, MI 49740

Questions? Please contact the Human Resources Department at 231-242-1563.

MAKE EVERY MOVE COUNT

When you Move More every day, you can reach some pretty big goals over time. Small steps can add up to huge strides in your physical health, mental health, stress levels, sleep, productivity, relationships and more. Let movement take you places you never thought possible.

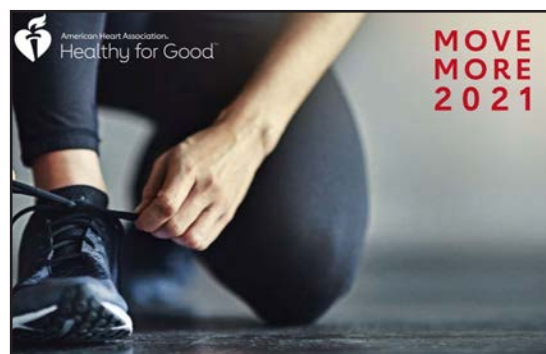
10 minutes of stretching is like walking the length of a football field.

2.5 hours of walking every week for a year is like walking across the state of Wyoming.

30 minutes of singles tennis is like walking a 5K.

1 hour of dancing every week for a year is like walking from Chicago, IL, to Indianapolis, IN.

20 minutes of vacuuming is like walking one mile.



30 minutes of grocery shopping every other week for a year is like walking a marathon.

For more ways to add activity to your life, visit heart.org/movemore

Courtesy graphic.

LTBB Citizens
Virtual Community Meeting 2020
video available online:
LTBB Website
<https://www.ltbbodawa-nsn.gov/>
*Citizen's Portal Tab
*Misc. Recordings

MICHIGAN JOINS USDA IN INVASIVE SPECIES AWARENESS CAMPAIGN TO PROTECT STATE'S AGRICULTURE, NATURAL RESOURCES

By Michigan DNR

The United States Department of Agriculture (USDA) declared April 2021 as "Invasive Plant Pest and Disease Awareness Month" - a campaign aimed at raising public awareness about damaging invasive pests threatening our nation's crops, forests and natural resources.

According to the USDA, damage caused by invasive tree and plant pests, coupled with the cost of control and eradication efforts, can reach \$40 billion annually. These destructive pests impact agriculture, forest products and even residential landscapes.

"Most pests don't make it very far on their own. Some non-native, exotic pests made it to the United States on goods and materials from other countries or even on the ships, planes and trains that transport them. Once here, plant pests can be unintentionally moved to new areas by hitchhiking rides on outdoor gear, vehicles and untreated firewood," said Rob Miller, MDARD's Invasive Species Specialist. "They can also hide in or on fresh produce, soil seeds and plants. Whether you are shopping, traveling or just spending time outdoors, you can do a lot to prevent the movement of exotic pests."



Michigan Invasive Species

These simple steps can help limit the spread of invasive species:

Learn to spot invasive pests posing a threat to plants and agriculture in your area. Report signs of invasive plant pests and diseases to MDARD through the Michigan Invasive Species website or at 1-800-292-3939.

Don't move untreated firewood. Buy heat-treated firewood or buy wood where you burn it to avoid unintentionally spreading species which hide inside untreated firewood.

When returning from international travel, declare food, plants and other agricultural items to U.S. Customs and Border Protection to ensure these items are pest-free.

Before buying seeds or plants online from out-of-state vendors, contact MDARD at 1-800-292-3939 to ask if they need to be inspected or meet other conditions to bring them into Michigan legally and without pests.

To combat the spread of invasive pests, both the federal government and individual states use quarantines to restrict the movement of materials which might carry plant pests or diseases. Michigan's quarantine lists, which impact intrastate and interstate movement, is available on its website at MDARD's plant pest quarantine website. Travelers can learn about pest and disease quarantines in states by checking the USDA-APHIS Pest Tracker at APHIS.USDA.gov.

Visit the Michigan Invasive Species website to find photos and information about invasive plant pests in Michigan and contact information



to report pests in your community.

Register Now for Upcoming NotMISpecies Webinars

Are you concerned about invasive species in Michigan? Wondering what's being done or what you can do? The NotMISpecies webinar series, offering different topics, has answers and information you can use.

The hourlong, series hosts experts with hands-on experience in invasive species research, management and prevention who provide current information on threats to Michigan's land and waters. Question and answer sessions and links to resources help attendees get the most out of each presentation. The Michigan Invasive Species Program has added new sessions for the spring and summer. To register for these upcoming events, visit www.michigan.gov/egle/0,9429,7-135-3308_3333-539592--,00.html

"Dynamite! And other tools to protect Michigan's state park trees" (9 a.m. Tuesday, May 25) explores how and why tree health is a critical component of state park management. Learn about the variety of tools, including explosives, used to control invasive insects and diseases to keep the forest ecosystem intact and ensure you have a great recreation experience.

Invasive bighead, silver and black carp are the topic of "Big Hungry Fish" (9 a.m. Thursday, June 24). Currently, there is no evidence of these live fish, commonly called Asian carp, in the Great Lakes. Find out how Michigan, Illinois and the U.S. Army Corps of Engineers are working to keep it that way. Tuesday, July 27 at 9 a.m., join representatives from the Michigan Invasive Species Coalition for "Hey, what's that in your backyard?" They will discuss Michigan's 22 cooperative invasive species management areas, how they can help with management of invasives on your property and the benefits of partnering with your local CISMA.

If you are new to the series, it's easy to catch up on topics, including red swamp crayfish management, invasive species resources for boaters and lake associations and the threat posed by spotted lanternfly. Recorded versions of all previous NotMISpecies webinars are available at Michigan.gov/EGLEEvents under Featured Webinar Series.

Michigan's Invasive Species Program, a collaborative effort of the departments of Natural Resources; Environment, Great Lakes, and Energy; and Agriculture and Rural Development, coordinates and supports invasive species initiatives across the state and provides support through the Michigan Invasive Species Grant Program.

Courtesy graphics.

TOGETHER
With compassion and community we can end violence against women and girls

KNOW RESPECT
Mnaadendmowin
Be respectful

SHOW LOVE
Zaagidwin
Be caring

BE HONEST
Gwekwaadziwin
Be truthful

The 7 Grandfather Teachings
LOVE
RESPECT
COURAGE
HONESTY
WISDOM
HUMILITY
TRUTH

Get involved • Support survivors
Little Traverse Bay Bands of Odawa Indians
Call Monday through Friday 9-5: (231) 242-1620
Women's Resource Center of Northern Michigan
24-Hour Crisis and Information Line: (231) 347-0082 or (800) 275-1995

WOMEN'S RESOURCE CENTER OF NORTHERN MICHIGAN, INC.

INVISIBLE NO MORE

5,712 Native women were reported murdered or missing in 2016
Now we've lost count

MMIW-GIC.COM
#SOMEBODYS DAUGHTER

Global Indigenous Nations UNSEVERED

Don't drop the ball now.

Wear your mask.

MDHHS
Michigan Department of Health & Human Services

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If you or a loved one is a victim of Domestic Violence, help is available.

National Resource Center on Domestic Violence
1-800-799-7233

Stronghearts Native Helpline
844-762-8483

National Domestic Violence Hotline
1-800-799-7233

LTBB Survivor Outreach
231-242-1628

LTBB Behavioral Health
231-242-1640

Women's Resource Center
231-347-0082 or
1-800-275-1995

STOP!

This project was supported by Grant No.2016-SD-AX-K004 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

BURN BARREL CHECKUP

In Michigan and across the nation, burning leaves and backyard waste is a common activity that, if done carelessly, can have great costs. It's consistently the No. 1 cause of wildfires.

Use this quick checklist for tips on improving your backyard burn barrel to reduce chances of wildfire:

- Set the barrel on level concrete blocks or a similar hard, nonflammable surface.
- As required for burn barrels, use a cover or screen with holes a quarter of an inch or smaller to prevent flying embers.
- Set the barrel far away from flammables, like wood-piles, and trim any overhead



tree branches.

- Always keep a water source and shovel nearby, and never leave a fire unattended.
- Before lighting a fire, check the weather. Don't burn on a dry, windy day.

"Paper, leaves and natural materials are permitted to be burned," said Paul Rogers,

DNR fire prevention specialist. "However, plastic, hazardous materials, foam and other trash are illegal to burn and release harmful chemicals into the air."

The safest burn barrel isn't one at all - it's a compost bin! Paper, leaves and other biodegradable items that commonly are burned can be composted to create nutrient-rich soil. Learn how at Michigan.gov/EGLEcompost. Materials like cardboard and paper also can be recycled.

Get fire safety tips at Michigan.gov/PreventWildfire.

Questions? Contact Paul Rogers at 616-260-8406.

Courtesy photo.

SECRETARY HAALAND CONTINUES PURSUIT OF JUSTICE IN INDIAN COUNTRY, BEGINS IMPLEMENTATION OF "NOT INVISIBLE ACT"

Secretary of the Interior Deb Haaland announced today (April 22, 2021) she is moving forward to implement the *Not Invisible Act*, including establishing a joint commission led by the Departments of the Interior and Justice on reducing violent crime against American Indians and Alaska Natives.

Congress enacted the *Not Invisible Act* in October 2020 to increase intergovernmental coordination to identify and combat violent crime against Indians and within Indian lands. The act calls for the Interior Department to coordinate prevention efforts, grants and programs related to missing and murdered indigenous peoples. Secretary Haaland was the lead sponsor of the *Not Invisible Act* when she served in Congress. The bill was passed unanimously by voice vote in both chambers of Congress.

"A lack of urgency, transparency, and coordination has hampered our country's efforts to combat violence against American Indians and Alaska Natives," said Interior Secretary Deb Haaland. "In partnership with the Justice Department and with extensive engagement with Tribes and other stakeholders, Interior will marshal our resources to finally address the crisis of violence against Indigenous peoples."

Secretary Haaland is coordinating with Attorney General Merrick Garland to establish a joint commission and appoint members. The commission must be composed of at least 27 federal and non-federal members who represent diverse experiences, backgrounds and geography, and who are able to provide balanced points of view with regard to the duties of the commission. The commission will hold hearings, take testimony and receive evidence in order to develop recommendations for the



federal government to combat violent crime against Indians and within Indian lands.

"For too long, Tribes have suffered from high rates of violent crime that ripple across the entire community. It is incumbent on the federal government to partner with Tribes to support and sustain safer communities," said Attorney General Merrick Garland. "I look forward to working closely with Secretary Haaland to honor our treaty and trust responsibilities to the Tribes, to fulfill the requirements of the *Not Invisible Act*, and to further our nation-to-nation partnership with Tribal governments."

The announcement follows Secretary Haaland's recent formation of a new Missing & Murdered Unit (MMU) within the Bureau of Indian Affairs Office of Justice Services (BIA-OJS) to provide leadership and direction for cross-departmental and interagency work involving missing and murdered American Indians and Alaska Natives. The MMU will help put the full weight of the federal government into investigating these cases and marshal law enforcement resources across federal agencies and throughout Indian country.

Courtesy photo.

ODAWA CASINO COLLECTS FOR PURSES WITH A PURPOSE

Editor's note: The following is an Odawa Casino press release.

Odawa Casino, with the help of the community, presented donations to the Michigan State Police (MSP) for its Purses with a Purpose program.

In honor of Women's History Month, the Michigan State Police launched the Purses With a Purpose program to help collect important items for victims of sexual assault. When a survivor is leaving an abusive situation, they often must do so quickly and are not able to take necessities with them. The goal of the program was to collect donations of purses which are filled with comfort items and necessities to provide them to these survivors.

"Purses with a Purpose" was started in 2019

by a trooper at the Cadillac, MI, post who saw what a great need for support there was for victims of sexual assault. Since then, the program has grown and become successful at other MSP posts throughout the state of Michigan. Odawa Casino became a drop off location for items this April and plans to continue to participate in years to come.

Owned and operated by the Little Traverse Bay Bands of Odawa Indians, Odawa Casino in Petoskey, MI, opened in June 2007 and features nearly 1,000 slot machines, table games, multiple dining options, the fabulous Victories Sports and Entertainment Bar, and an off property 137-room hotel. Odawa Casino Mackinaw City opened in May 2016 and recently, completed a new expansion for an even higher quality gaming experience.



Pictured left to right in the courtesy photo are Alan Bouschor, Odawa Casino Director of Marketing; Sgt. Ashley Miller, Michigan State Police; and Marty Van De Car, Odawa Casino Community Relations Coordinator.



LTBB

OPENINGS AVAILABLE!

Little Traverse Bay Bands • 233 Tindle St., Pellston, MI 49769 • 231-539-8325

EARLY HEAD START

0-3 YEARS - HOME BASED

2020/2021 PROGRAM YEAR

ASSISTING NEEDS INCLUDING LOCAL NATIVE AMERICAN CULTURE, NUTRITIOUS MEALS AND CENTRALLY LOCATED BUS PICK-UPS

MONDAY - THURSDAY 8:30 AM - 2:30 PM

EARLY HEAD START CAN WORK IN COORDINATION WITH THE INTERMEDIATE SCHOOL DISTRICT TO PROVIDE SERVICES FOR CHILDREN WITH PHYSICAL, EMOTIONAL AND/OR LEARNING DISABILITIES

CALL TODAY!

VOLUNTEERS ARE ENCOURAGED AND APPRECIATED!



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HEAD START

3-5 YEARS - CENTER BASED

2020/2021 PROGRAM YEAR

ASSISTING NEEDS INCLUDING LOCAL NATIVE AMERICAN CULTURE, NUTRITIOUS MEALS AND CENTRALLY LOCATED BUS PICK-UPS

MONDAY - THURSDAY 8:30 AM - 2:30 PM

HEAD START CAN WORK IN COORDINATION WITH THE INTERMEDIATE SCHOOL DISTRICT TO PROVIDE SERVICES FOR CHILDREN WITH PHYSICAL, EMOTIONAL AND/OR LEARNING DISABILITIES

VOLUNTEERS ARE ENCOURAGED AND APPRECIATED!

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-- Christopher



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OR AT
231-947-0122

Must meet income-eligibility requirements in order to receive free legal services.

WWW.MILS3.ORG



WHITE HOUSE CONVENED FIRST NATIVE AFFAIRS MEETING



By Aliyah Chavez

consultation continues to guide federal decision-making and facilitate a whole-of-government approach to addressing Tribal priorities. I look forward to working with the Council on our shared commitment to upholding our federal trust and treaty responsibility to sovereign Tribal Nations and Native communities.”

The conference is set to resume in late 2021 and is hoping to be scheduled in-person.

Participants at Friday’s meeting included agency leadership from the following offices:

- Department of the Interior
- Domestic Policy Council
- Department of Agriculture
- Department of Commerce
- Department of Defense
- Department of Education
- Department of Energy
- Environmental Protection Agency
- Health and Human Services
- Department of Homeland Security
- Department of Justice
- Department of Labor
- Office of Management and Budget
- Office of Personnel Management
- Small Business Administration
- Social Security Administration
- Department of State
- Department of Transportation
- Department of Treasury
- Department of Veterans Affairs
- US Ambassador to the United Nations
- US Trade Representative
- Advisory Council on Historic Preservation

- Denali Commission
- Gender Policy Council
- Office of Science and Technology Policy
- National Climate Advisor
- Office of Intergovernmental Affairs
- Cabinet Affairs

Aliyah Chavez is from Kewa Pueblo and works as a reporter-producer at Indian Country Today. Follow her on Twitter @aliyahjchavez or e-mail her at achavez@indiancountrytoday.com
Courtesy photo.

Editor’s note: The following article appeared on *Indian Country Today* and is reprinted here with permission.

Ten Cabinet secretaries and other top-ranking officials met Friday (April 23, 2021) for the first convening of the White House Council on Native American Affairs under President Joe Biden’s administration.

Interior Secretary Deb Haaland, Laguna Pueblo, and chair of the council, and Domestic Policy Advisor Susan Rice co-led the virtual meeting. The discussion focused on improving tribal consultation and formalizing working committees of the council, the White House said in a statement.

The event was closed to press.

The White House council was first established in 2013 by former President Barack Obama through an executive order. It aims to work across executive departments to develop policy recommendations to support tribal self-governance and overall to “improve the quality of life for Native Americans.”

The council was not reestablished during former President Donald Trump’s first three years in office. In 2020, the Trump administration announced plans to reestablish the body with former Interior Secretary David Bernhardt as chair.

Under the Biden administration, the council was reinstated in less than 100 days of office, according to the White House.

A key function of the council is to assist in organizing an annual White House Tribal Nations Conference each year, a hallmark event for tribal leaders to speak with the president and Cabinet members.

“Reviving the Council sends a strong signal that this administration is committed to hearing from Native leaders and supporting Native communities,” Hawaii Senator Brian Schatz said, chairman of the Senate Committee on Indian Affairs. “This Council will ensure Tribal

WHITE HOUSE PLANS TRIBAL NATIONS CONFERENCE THIS YEAR

Editor’s note: The following article appeared on *Indian Country Today* and is reprinted here with permission.

The White House Tribal Nations Conference — a hallmark event for tribal leaders to meet with the nation’s top officials — is set to return later this year.

Press Secretary Jen Psaki told *Indian Country Today* at a White House press briefing Friday (April 16, 2021) officials are hoping for an in-person gathering if the pandemic eases toward the end of the year.

“To have a conference like that, we’d love to do that in person and have people meet in person to make it that much more constructive and productive,” Psaki said, responding to a question via Zoom from *Indian Country Today*.

The conference, first established by President Barack Obama, provides an opportunity for a president and members of the Cabinet to meet directly with tribal leaders.

The conference began as a promise Obama made during a visit to the Crow Nation in 2008 but has not been held since Obama’s last year in office in 2016. President Donald Trump reestablished the White House Council on Native



American Affairs but did not host the tribal nations conference while in office.

Other topics addressed at Friday’s briefing included the Biden administration’s pledge of additional funding, topping \$4 billion to support Indian country’s COVID-19 response.

“We will continue to partner, and we will work directly with tribal nations in distributing critical resources and ensuring that funds meet the needs of Indian Country,” Psaki said.

Friday’s press briefing offered a rare chance for an indigenous journalist to ask a question at a White House press briefing, a daily occurrence which usually features reporters in Washington.

Courtesy photo.



Little Traverse Bay Bands of Odawa Indians

NOTICE: Sex Offender Registration Requirements

All persons who have been convicted as a sex offender are required by the LTBB Sex Offender Registration and Notification Statute to register with LTBB Law Enforcement if any of the following circumstances are true:

1. If your residence is on Tribally owned land;
2. If you will be visiting and staying on Tribally owned land for more than seven (7) days;
3. If you are enrolled in any classes or schools located in Tribal buildings; or
4. If you are employed on Tribally owned lands.

LTBB Law Enforcement is located at:

911 Spring Street, Petoskey, MI 49770
231-242-1500

For more information regarding Sex Offender Registry, you can visit the LTBB Website www.ltbbodawa-nsn.gov and choose the Law Enforcement link on the right side of the page.

LITTLE TRAVERSE BAY BANDS OF ODAWA NIIGAANDIWIN EDUCATION DEPARTMENT



AVAILABLE TO LTBB CITIZENS
(K-12TH GRADE)
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ACADEMIC SUPPORT

Call or e-mail for an application:
231-242-1480
Amanda Weinert,
aweinert@ltbbodawa-nsn.gov
Dorothy Perry,
dperry@ltbbodawa-nsn.gov

SURVIVOR OUTREACH SERVICES

The LTBB Survivor Outreach Advocate administers Support Services and is located in the LTBB DHS office. Assistance is available to Native American women and children who are survivors of domestic or sexual violence as well as non-Native intimate partners and their families.

Assistance may include the following:
Non-Emergency Transportation Assistance ~ Assistance with Personal Protection Orders ~ Problem Solving and Safety Planning ~ Emergency Food Vouchers ~ Advocacy and Referrals ~ Court Accompaniment ~ Relocation Assistance ~ Clothing / Toiletries

Please call LTBB Survivor Outreach Services at 231-242-1620, Monday - Friday, from 8 am to 5 pm

Support for domestic abuse or sexual assault is also available at the Women’s Resource Center of Northern Michigan 24-hour crisis and information line at 231-347-0082 or for long distance callers 1-800-275-1995.

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Excessive heat events are a risk to everyone’s health



-  Stay hydrated
-  Wear loose fitting, light-colored clothing
-  Minimize direct sun exposure
-  Take a cool bath or shower

 epa.gov/heatislands



Guide to Spring Wildflower Hikes



Bloodroot
Blooms mid-April. Large white flower wrapped in a large leaf. Stem actually "bleeds" orangeish-red. Was used as an antiseptic



Skunk Cabbage
Fun 'stinky' plant that actually melts the snow around it so it can sprout first. Then has broad green leaves.



Spring Beauty
Five-petaled pink/purple flowers with grass-like stems. Blooms April-May.



Trout Lily
Large purple-green spotted leaves. Blooms yellow or white in late April.



Trillium
Large white 3-petaled flowers and large leaves. Blooms Late April - May.



Anemone
Three varieties: rue, false rue and wood anemone. White blooms with small lobed leaves.



Cut-leaved Toothwort
Long toothed leaves with bunches of dangling white flowers. Blooms April-May.



May Apple
Large umbrella like plants. Female plant bloom under the leaves in the crook. Then produces "apple" like fruits.



Dutchman's Breeches
Funny little pant shaped blooms hang in a group along the stem. Blooms May.



Star Flowered Solomon's Seal
Alternating leaves with a bunch of star shaped flowers at the tip. Blooms in May.



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- Making under \$15,000 for a family of 1 or making under \$34,000 for a family of 4?

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Webinar ID: 892 0096 8387
International numbers available:
<https://ltbbodawa.zoom.us/j/keHdWlrJMc>

More information, contact the Annual Community Meeting Speaker Eva Oldman at ltbbcommunitymtg@gmail.com

MICHIGAN SELECTED FOR \$15 MILLION CODE.ORG PILOT PROGRAM EXPANDING AP COMPUTER SCIENCE OFFERINGS



Michigan, a national leader in STEM education for K-12 students, will expand Advanced Placement Computer Science (AP CS) opportunities thanks to a \$15 million Code.org pilot program launching in seven states. The pilot focuses on expanding AP CS course offerings to more students and increasing diversity to ensure CS courses are available to all students.

This investment will leverage best practices of inclusive teaching which considers the cultural perspectives, interests and experiences of Black, Latino, Native American and other underrepresented student groups. The goal of this new pilot program is to grow the number of participants and ultimately, increase the number of students from underrepresented groups who will pursue careers in computer science or engineering. Michigan schools will have the opportunity to offer two college-level computer science courses to students with full curriculum materials and professional development support for teachers at no cost with the support of grant funds through the MiSTEM Network.

To date, this professional learning partnership has trained more than 300 AP Computer Science teachers and launched more than 300 new AP courses at no cost to Michigan schools. The results have been stunning – the number of students taking AP CS exams has increased more than 400% while maintaining the rate of students

who earn college credit. During this time, more than 70% of Michigan students earned a score of three or higher on AP CSP Exams. This score qualifies those students to potentially earn college credit for their accomplishment.

The College Board has been awarding the AP Computer Science Female Diversity Awards since 2018 and two-thirds of the schools recognized from 2018 through 2020 in Michigan were a part of this partnership. Partnership schools have increased the number of African American and Latino students taking the course and exam significantly.

To learn more about the workshops for school districts to take part in this pilot, visit www.mi-code.org.

To learn more about the MiSTEM Network, and how businesses or organizations can connect with their Regional MiSTEM Network Director to support Computer Science in their local community, visit www.michigan.gov/MISTEM.

Courtesy graphic.

WHITE HOUSE ANNOUNCES ADDITIONAL INTERIOR LEADERSHIP NOMINATIONS

The White House today (April 23, 2021) announced the intent to nominate the following officials to serve at the Department of the Interior:

- Bryan Newland – Assistant Secretary for Indian Affairs
- Tracy Stone-Manning – Director of Bureau of Land Management

The nominations will now be considered by the U.S. Senate.

“Bryan and Tracy care deeply about ensuring that our country’s stewardship of public lands and waters is responsible and equitable. They will both help lead the Interior Department’s efforts to pursue a clean energy future, engage Tribal communities and governments, and protect our land, waters, and wildlife habitats for generations to come,” said Interior Secretary



Deb Haaland.

Bryan Newland is a citizen of the Bay Mills Indian Community (Ojibwe), where he recently completed his tenure as Tribal President. Prior to that, Bryan served as Chief Judge of the Bay Mills Tribal Court. From 2009 to 2012, he served as a Counselor and Policy Advisor to the Assistant Secretary of the Interior – Indian Affairs. He is a graduate of Michigan State University and the Michigan State University College of Law. Bryan

enjoys hiking and kayaking the shores of Lake Superior and is a nature photography enthusiast.

Tracy Stone-Manning was most recently senior advisor for conservation policy at the National Wildlife Federation. Before joining the federation, she served as Montana Governor Bullock’s chief of staff where she oversaw day-to-day operations of his cabinet and the state’s 11,000 employees. She stepped into that post after serving as the Director of the state’s Department of Environmental Quality and as a regional director and senior advisor to Senator Jon Tester. Tracy lives in Missoula, MT, and holds a master’s in Environmental Studies from the University of Montana and a bachelor’s from the University of Maryland.

Courtesy photo.

NAJA DEMANDS GANNETT ADDRESS PAY DISPARITIES IN U.S. NEWSROOMS

The Native American Journalists Association demands Gannett immediately address sexist and racist pay disparities in its newsrooms and calls on journalism philanthropists, funders, grantors and subscribers to join as allies in holding the company accountable.

According to a recent study by the NewsGuild-CWA, women and people of color made at least \$5,000 less than their white male counterparts at 14 Gannett newsrooms in the U.S. At the *Arizona Republic*, a hub for indigenous women working on stories from Indian country, the gender pay gap was nearly \$30,000 – 63% of what white reporters made. NAJA calls for immediate action to address pay disparities for women and journalists of color across Gannett-owned



newsrooms including:

Raise starting salaries to a living wage and implement pay scales based on experience company wide.

Release anonymized pay data for the entire company broken down by location, department, job title, years at the company, age, gender and race.

Create policies and ongoing reviews to improve hiring and retention of reporters from underrepresented groups as well as to eliminate future pay disparities.

Voluntarily recognize and bargain in good faith with employees.

Apply retroactive pay as reparations for racist, sexist treatment.

Executives responsible for these disparities be fired immediately.

Where Gannett management exploits workers while paying exorbitant amounts to their executives and shareholders, NAJA calls on journalism organizations engaged in funding special projects, providing newsroom resources in the form of grants as well as subscribers to immediately divest from Gannett outlets until employees of color are treated equally and fairly. A failure to do so would only embolden newsrooms to continue these practices without fear of repercussion. NAJA stands in solidarity with reporters at Gannett outlets that have been exploited for their race and gender and demands immediate action.

Courtesy graphic.

LTBB
OFFICE OF CITIZENS
LEGAL ASSISTANCE

The Office of Citizens Legal Assistance has been established to provide free legal advice to enrolled tribal citizens in non-criminal matters such as:

<ul style="list-style-type: none"> ❖ Family Law <ul style="list-style-type: none"> • Divorce • Child Custody • Child Support • Guardianships • Parentage/Paternity ❖ Indian Child Welfare Act / Michigan Indian Family Preservation Act ❖ Setting Aside a Conviction ❖ Driver License Restoration 	<ul style="list-style-type: none"> ❖ Estate Planning <ul style="list-style-type: none"> • Wills • Health Care Directives • Powers of Attorney ❖ Probate ❖ Landlord/Tenant <ul style="list-style-type: none"> • Evictions • Tenant Rights ❖ Consumer <ul style="list-style-type: none"> • Debt Collection
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The office is available to provide legal guidance and drafting of certain legal documents but does not provide in court representation at this time. The office may give procedural advice only on matters that are of a criminal nature or involve the Tribe or other Tribal Citizens as a potential party in a dispute.

For assistance and to make appointments,
Please call Monday – Friday, 9 am – 5 pm
231-242-1433

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U: johnsmithltbb & P: 8102008.)

Please contact the Niigaandwin Education Department at 231-242-1480.

web: www.brainfuse.com e-mail: info@brainfuse.com phone: 1-888-BRAINFUSE

EFFECTIVE CAREGIVING AT HOME

Taking care of a person with cancer is called being a caregiver. Caregiving is not easy, so it can be very useful to look for additional help and support during this time. The tips here can help you.

- How do I make caregiving a team effort? You might feel alone, but caregiving can be a team effort. Family, friends and volunteers can help along with health care professionals. Each helper will bring different skills and strengths to caregiving depending on how close they live and their schedules. Try to have regular, informal conversations to talk about concerns and opinions, so you can work together effectively. Whenever possible, make sure the person with cancer has a central role in these discussions. It can be very helpful to meet with the health care providers to get clear, accurate information about the cancer, including prognosis and treatment goals. Consider bringing a device to record these meetings and/or adult children or friends to help you manage all of the information.

- How can I manage the caregiving responsibilities? When you know what the patient needs and wants, it can be helpful to write down caregiving tasks in a list such as giving care at home, providing transportation, offering companionship and addressing financial issues. Then, work together with friends and family to create a schedule that lists which person is available when and for what tasks. There are many online tools that allow you to easily communicate requests and information to people involved in the caregiving tasks. The goal is to plan ahead as much as possible to identify potential problems and prevent last-minute scheduling emergencies. When a problem arises, it's important to find out what's needed and follow through. Don't be afraid to seek advice from others and use creative solutions that work for you and the person you care for. Keep in mind that caregiving needs can change over time, so you may need to review tasks once in a while.



- Are there services available to help me with caregiving? There are professional and volunteer caregiving services, including home care, meal delivery and help with everyday activities. Some community agencies have volunteers who can help with transportation or advocate for health insurance or other benefits. You can get referrals to agencies and community resources from your loved one's doctor, oncology social worker or nurse. You can also learn about available services from members of local or online support groups or state and county health agencies. If you are employed, ask your human resources manager about the Family Medical Leave Act, employee assistance programs and other benefits that can help with caregiving.

- How can I take care of myself while caregiving? Taking care of your own emotional health, physical health and personal responsibilities makes you a more effective caregiver. However, this can be difficult to do. A good first step is to recognize your own strengths and weaknesses as a caregiver, so you can set boundaries and know when to ask for help. For example, have people reach you by e-mail or text message, so you aren't interrupted by many phone calls. If you're having trouble coping in any way, talk with others who are helping you care for the person with cancer. You may also wish to talk with other friends, religious or spiritual advisors, counselors, other caregivers and health care professionals.

ASCO ANSWERS is a collection of oncologist-approved patient education materials developed by the American Society of Clinical Oncology (ASCO) for people with cancer and their caregivers.

Courtesy graphic.

Indigenous-Owned Bookstores

USA

Birchbark Books
MINNEAPOLIS, MN

Red Planet Comics
ALBUQUERQUE, NM



CANADA

Iron Dog Books
VANCOUVER, BC

Goodminds
BRANTFORD, ON

Massy Books
VANCOUVER, BC

Strong Nations
ONLINE

PROTECT AND RESPECT

RESPECT OUR ELDERLY. PROTECT OUR COMMUNITY.



WEAR YOUR MASK.

TRIBAL NATION CHALLENGES PIPELINE PERMIT APPROVAL

The Bay Mills Indian Community has challenged a permit issued to Enbridge Energy by the Michigan Department of Environment, Great Lakes and Energy (EGLE), which would allow Enbridge to build a massive tunnel beneath the Straits of Mackinac to house a new segment of its Line 5 pipeline. EGLE, despite recommendations from the Michigan State Historic Preservation Office and opposition from tribal nations, granted the permit before the key cultural and archaeological studies were completed — studies which were required by law as part of EGLE's evaluation of the tunnel permit application.

"It is incredibly disturbing to learn that EGLE approved this permit without performing sufficient analysis into this pipeline's far-reaching impacts on our cultural resources and treaty-protected fish and plant populations," said Whitney Gravelle, President and Chairwoman of the Bay Mills Indian Community. "Side-stepping the concerns of Tribal Nations and rubber-stamping this project before the necessary studies were completed signals a deeply concerning indifference to Tribal sovereignty."

Earthjustice, in partnership with the Native American Rights Fund (NARF), represents the Bay Mills Indian Community in the tribe's fight to protect the Straits and the tribe's treaty rights throughout waters in Michigan.

"EGLE sidelined the concerns of the Tribal Nations and the State Historic Preservation Office, a sister agency with expertise over historic preservation and cultural landscapes in Michigan, and ignored its statutory obligation to evaluate the Project's effects on historic and cultural resources," said Earthjustice Attorney Adam Ratchenski.

"Enbridge has failed to justify how this pipeline tunnel will be in the public interest while disturbing an area of such historic and cultural significance as the Straits of Mackinac," said Native American Rights Fund attorney David Gover. "This permit was granted without the adequate information necessary to address the grave concerns of the Tribal Nations who stand the most at-risk from its approval."

Background

The permit, issued under Parts 303 and 325 of Michigan's Natural Resources and Environmental Protection Act, would allow the destruc-



tion of sensitive wetlands and the placement of structures on the bottomlands within the Straits of Mackinac. This permit is one of many approvals Enbridge must receive before beginning construction of its Line 5 Tunnel Project. At the state level, this includes the Michigan Public Service Commission's contested case process for re-routing the Line 5 pipeline through a tunnel, in which Bay Mills has intervened with Earthjustice and NARF's representation. At the federal level, this includes the Army Corps of Engineers' review of Enbridge's Clean Water Act permit application. With Earthjustice and NARF's representation, Bay Mills has submitted substantive comments to the Army Corps, seeking a denial of that permit.

Line 5 crosses over 290 rivers and streams, many of which are interconnected and flow to the Great Lakes and the Straits of Mackinac, and throughout, which Bay Mills has treaty-protected fishing, hunting and gathering rights.

The Great Lakes are the largest source of fresh water in the world, supplying drinking water for 48 million people.

If Enbridge is successful, oil could continue flowing under the Straits of Mackinac for 99 years.

In 2010, Enbridge caused the largest inland oil spill in our nation's history when another one of its pipelines released nearly one million gallons of oil into Michigan's Kalamazoo River.

In November 2020, Governor Gretchen Whitmer and the Department of Natural Resources Director Dan Eichinger notified Enbridge it will revoke and terminate the 1953 easement allowing the oil giant to operate dual pipelines in the Straits of Mackinac to transport petroleum and other products.

Courtesy graphic.



"It does not require many words to speak the truth."

- Chief Joseph of the Nez Perce

FORD ACCELERATES BATTERY R&D WITH DEDICATED TEAM, NEW GLOBAL BATTERY CENTER OF EXCELLENCE NAMED FORD ION PARK

Ford today (April 27, 2021) announces a new global battery center of excellence – called Ford Ion Park – to accelerate research and development of battery and battery cell technology – including future battery manufacturing.

The company is building on nearly two decades of battery expertise by centralizing a cross-functional team of 150 experts in battery technology development, research, manufacturing, planning, purchasing, quality and finance to help Ford more quickly develop and manufacture battery cells and batteries.

The Ford Ion Park team also is exploring better integration and innovation opportunities across all aspects of the value chain – from mines to recycling – working with all teams within Ford, including experts at Ford’s new Battery Benchmarking and Test Laboratory, Ford Customer Service Division plus key suppliers and partners.

The Ford Ion Park team already is underway. In addition, a \$185 million collaborative learning lab in Southeast Michigan that is dedicated to developing, testing and building vehicle battery cells and cell arrays opens late next year.

This world-class 200,000 square foot learning lab will include pilot-scale equipment for electrode, cell and array design and manufacturing and will use state-of-the-art technology to pilot new manufacturing techniques that will allow Ford to quickly scale breakthrough battery cell designs with novel materials once the company vertically integrates battery cells and batteries.

Anand Sankaran will lead the Ford Ion Park team as its new director. A 30-year veteran of Ford, Sankaran brings to the new position decades of battery and electrification expertise – including his current role as the company’s director of Electrified Systems Engineering as a 1999 Henry Ford Technology Award winner for his electrification work at the Ford Research Lab and a product development leader who applied his research and technical innovations on key production vehicles, including the award-winning original Escape Hybrid, 2021 Mustang Mach-E and 2022 F-150 Hybrid.

Sankaran also holds 32 U.S. patents in automotive power electronics and hybrid vehicle technologies and is a fellow of the Institute of Electrical and Electronics Engineers.

The Ford Ion Park team will ensure batteries are optimized for its diverse customers – from daily commuters to performance enthusiasts to commercial vehicle fleet operators.

The team will apply customer insights to optimize battery technologies that deliver the performance and capability truck, utility, commercial vehicle and fleet owners value most. That means creating distinct batteries and technologies to deliver meaningful towing and off-road capability for truck customers as well as stop-and-go driving efficiency for fleet operators in cities worldwide.

New Lab to Support Ford Ion Park Development Work

Ford’s new Battery Benchmarking and Test Laboratory in Allen Park, MI, will help quickly test and identify the right battery cells and chemistries to power Ford’s growing EV lineup to best meet different customers’ needs.

Ford’s Battery Benchmarking and Test Laboratory, which opened late last year, has 150 test chambers and 325 channels for development work. Experts at the \$100 million, 185,000 square foot lab already have analyzed more than



150 types of battery cells.

The state-of-the-art lab houses battery cell and pack test rooms, test benches and benchmarking facilities to support battery cell design validation, controls calibration, pack development and pilot battery pack projects with different chemistries. The lab team can replicate the performance of full-scale production batteries under extreme weather and customer use cases, speeding implementation in future vehicles.

Gaining Momentum

Ford this year announced its commitment to invest at least \$22 billion through 2025 to deliver connected, electrified vehicles, building on its areas of strength, starting with EV versions of its most popular nameplates.

In North America, the Ford Mustang Mach-E already has found early sales success. Plus, the all-electric Ford Transit is set to go on sale late this year and the all-electric F-150 arrives by mid-2022.

In Europe, Ford is moving to an all-electric lineup by 2030 with its commercial vehicle range 100% zero-emissions capable – all-electric or plug-in hybrid – by 2024. Ford also is investing \$1 billion in a new electric vehicle manufacturing center in Cologne to build a high-volume all-electric passenger vehicle for European customers starting in 2023.

In China, Ford is preparing to produce the Mustang Mach-E for local customers later this year, and recently announced it is establishing a BEV division with a direct sales model and network that will reach 20 major cities across China this year. In addition, Ford has partnered with China’s State Grid and NIO to offer EV customers access to more than 300,000 public charging stations, of which 160,000 are fast charging, in more than 340 cities across the country.

Proven Electrification Expertise

Ford has been actively involved in battery research and electric vehicles, starting with Henry Ford and Thomas Edison. To date, the company has secured more than 2,500 U.S. patents in electrification technologies with another 4,300 patents pending.

Since 2004, Ford has sold more than 1 million hybrids, plug-in hybrids and all-electric vehicles and integrated four generations of batteries into its vehicles. By year-end, the company will be manufacturing electrified vehicles and supporting technologies at more than 15 powertrain and vehicle assembly plants globally.

Ford has assembled hybrid battery packs and electric motors in Michigan since 2012 after making the state its center of excellence for vehicle electrification in 2010.

That same year, Ford invested \$135 million to design, engineer and produce these components for hybrids. It included a combined 170 jobs at the Rawsonville plant to assemble batteries and VanDyke Transmission plant to assemble e-motors plus hiring more than 50 electric vehicle engineers.

Courtesy photo.

Financial exploitation by a trusted friend.

Psychological abuse by a partner.

Neglect or abandonment by a family member.

Would you recognize these crimes as elder abuse?

Reach Out.

Credit: Olycom/Telephoto/Corbis

If you or someone you know is an older adult victim, get help on VictimConnect.org or call 855-4-VICTIM.



In an intimate relationship, emotional abuse can look like:

- ACTING EXTREMELY JEALOUS OR POSSESSIVE
- HUMILIATING OR SHAMING YOU
- THREATENING TO HURT YOU OR THEMSELVES
- REPEATEDLY LYING TO YOU OR DECEIVING YOU
- CHEATING ON YOU TO INTENTIONALLY HURT YOU

STRONGHEARTS
Native Helpline

Native WAZE

IN THE CIRCLE WE ARE ALL EQUAL

**NO ONE ABOVE
NO ONE BELOW
NO ONE BEHIND**

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Wearing a protective face mask helps lower the transmission of COVID-19, and helps protect those who are at most risk from contracting it.

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NCAI PRESIDENT FAWN SHARP JOINED WORLD LEADERS TO ADDRESS CLIMATE CHANGE AT THE WHITE HOUSE LEADERS SUMMIT ON CLIMATE

National Congress of American Indians President Fawn Sharp joined world leaders at the White House Leaders Summit on Climate yesterday (April 22, 2021) to highlight the dramatic effects of climate change on tribal nations and the importance of tribal sovereignty and traditional knowledge in combating those effects.



President Sharp, indigenous leaders from Brazil and Chad, and local government leaders from Mexico, France, Japan and the U.S. discussed holistic responses to the climate crisis while at the same time creating opportunities for economic growth and respecting tribal sovereignty in a breakout session titled, "Climate Action at All Levels." The session was moderated by Environmental Protection Agency Administrator Michael S. Regan.

President Sharp emphasized the grave impacts of climate change on tribal nations, and the specific climate challenges she has navigated as a leader of the Quinault Indian Nation since taking office 15 years ago.

"In 2006, I faced a harsh reality. While millions of sockeye salmon returned to the mighty Quinault River each year for millennia, only 4,000 returned that year. I had to declare multiple states of emergency, witnessing sea level rise inundate our main village, flood our courthouse, commu-

nity center, jail facility and our only store in town. I stood on our shores along the beautiful Pacific Ocean and witnessed miles of coastline littered with dead marine life due to oxygen depletion on the ocean floor," President Sharp said. "Every one of these front-line impacts has taken a significant toll and traumatized our entire nation. Sadly, my Tribal Nation is not alone. All across the country and around the world, Indigenous communities share our tragic, true, and very harsh reality, story, and narrative."

Her remarks further stressed the importance of traditional knowledge and multi-lateral partnerships to develop creative solutions to address climate change.

"Tribal Nations and communities are truly a brain trust of millennia-old ideas and practices. We share centuries of timeless and ancient wisdom and knowledge on how to best confront the impacts

of climate change," Sharp said. "I look forward to a robust discussion leading to full, creative, holistic, and inclusive actions that respect our communities, respect and honor tribal sovereignty and propel our economies into a bright, prosperous, and sustainable future, a future that our ancestors dreamed of and a future that generations to be born to deserve."

President Sharp highlighted four key principles to move the discussion forward. First, all federal and international climate-based planning must continue to include tribal nations. Second, tribal nations' involvement must meet the standards of the UN Declaration on the Rights of Indigenous Peoples. Third, tribal co-management of lands and resources can support inter-governmental approaches to climate responses. Lastly, there must be parity for tribal nations in climate action funding provided at the state, national and international levels.

"All across Indian Country, with our vast and precious natural resources, we are unlocking new and emerging opportunities for economic growth and justice," Sharp said. "We stand poised and ready to engage in bilateral and multilateral conversations to partner with a global community in an aggressive, inclusive, strategic, and global climate action agenda."

Courtesy photo.

USDA AGENCY AND COMPANY PARTNER TO EXPLORE PERSONAL CARE PRODUCTS FROM HEMP

Expanding the market for hemp seed oil is the goal of a new cooperative research and development agreement (CRADA) involving Agricultural Research Service (ARS) scientists and the Midwest Bioprocessing Center (MBC), a Peoria, IL-based firm specializing in organic chemical and pharmaceutical manufacturing.

ty acids (including omega-3 fatty acids) and bioactive compounds which can



be transformed into specialty chemicals offering useful new properties.

Toward that end, the ARS-MBC team will focus on bio-catalyzing hemp oil to make "cosmeceuticals"—skin-care ingredients which perform specific functions like protecting skin from UV light, retaining moisture or stabilizing other active ingredients used in skin-care formulations.

"Collaborating with industry partners like MBC, which has expertise in enzymology and the infrastructure for scale-up, is critical to exploring expanded uses for our original technology," said Compton, with the ARS center's Renewable Technologies Research Unit in Peoria.

The research unit is one of seven comprising the NCAUR which collectively specialize in researching value-added uses for agricultural commodities as well as the byproducts of their manufacture into other processed goods.

The NCAUR has also played a lead role in devising sustainable approaches to processing these commodities with an eye towards expanding economic opportunities for growers of both established crops like corn, wheat and soybean as well as emerging ones like cuphea and industrial hemp.

In addition to opening the door to the cosmetics and personal care markets, NCAUR scientists are researching ways to better process hemp into fuels, lubricants and adhesives as well as functional food ingredients and fiber products.

Courtesy graphics.



At the heart of the 24-month agreement is a patented process that a team of chemists with the ARS National Center for Agricultural Utilization Research (NCAUR) in Peoria developed called "bio-catalysis." In short, it involves using enzymes and heat rather than harsh chemicals and solvents to catalyze reactions which bind natural antioxidants like ferulic acid to lipids in soybean and other vegetable oils.

In prior research, the team used the process to create a class of compounds called feruloyl soy glycerides (FSGs) from soybean oil. These were subsequently licensed and commercialized for use as ingredients in skin- and personal-care products because of the ultraviolet (UV) absorbance and antioxidant properties they offered.

Now, under the cooperative agreement with MBC, the team will explore creating similar ferulic-acid-based ingredients from bio-catalyzed hemp seed oil, potentially broadening the market for this commodity from an estimated 90,000 U.S. acres of industrial hemp, a type of *Cannabis sativa* which was legalized under the Farm Bill of 2018.

Hemp seed oil today is popularly used in cannabidiol-containing products for perceived health benefits. However, like soy or corn oil, hemp oil also contains a variety of nutrients, fat-

KIDS 7 MINUTE HIT WORK OUT FOR SELF-REGULATION

Set an interval timer and complete each animal movement for 45 seconds, with 15 seconds of rest in between. Do as many as you can!

- FROG JUMPS**
Hop, hop, back and forth like a frog
- BEAR WALK**
Hands & feet on the floor, hips high - walk left and right
- GORILLA SHUFFLE**
Sink into a low sumo squat, with hands on the floor, shuffle around the room.
- STARFISH JUMPS**
Jumping jacks as fast as you can, with arms and legs spread wide.
- CHEETAH RUN**
Run in place, as FAST as you can! Just like the fastest animal in the Sahara.
- CRAB CRAWL**
Sit and place your palms flat on the floor behind you near your hips. Lift up off the ground and crawl.
- ELEPHANT STOMPS**
March in place lifting your knees as high as you can and stomping the ground as hard as you can!

RAISING AN EXTRAORDINARY PERSON
HTTPS://HES-EXTRAORDINARY.COM

HOW TO STORE FOOD WITHOUT PLASTIC

Put leftovers in jars or just put a plate over and fridge it!

Wrap bread in cloth (or pillow case) and store in a wooden bread bin.

Store celery + float carrots in water.

Stand celery + float carrots in water.

Wrap your lettuce in a tea towel! And FRIDGE!

Store onions + potatoes in a basket and a dark space.

Wrap beans and peas in a damp cloth.

Store these whole in the freezer... Stone fruit! Bananas! Beef sticks! Tomatoes! Beeswax wraps! Steel + glass freeze well!

KEEP YOUR JARS! (let them cool before freezing)

Cut the ends off the stems then store in glasses of water in fridge or on your counter!

@eco with em

7 SINGLE-USE SWAPS AND THE TRASH YOU CAN SAVE IN ONE YEAR

"THE PEOPLE WHO MAKE THE BIGGEST DIFFERENCE ARE THE ONES WHO DO THE LITTLE THINGS CONSISTENTLY."

- 1 bamboo tooth brush = 4 plastic tooth brushes
- 1 glass floss container = 7 plastic floss containers
- 1 reusable water bottle = 167 plastic water bottles
- 1 reusable bag = 170 plastic bags
- 1 reusable cup = 500 coffee cups
- 1 metal straw = 540 plastic straws
- 1 cloth towel = 7,300 paper towels

2020 Census Apportionment Results Delivered to the President

The U.S. Census Bureau announced today (April 26, 2021) the 2020 Census shows the resident population of the United States on April 1, 2020 was 331,449,281.

The U.S. resident population represents the total number of people living in the 50 states and the District of Columbia. The resident population increased by 22,703,743 or 7.4% from 308,745,538 in 2010.

“The American public deserves a big thank you for its overwhelming response to the 2020 Census,” Secretary of Commerce Gina M. Raimondo said. “Despite many challenges, our nation completed a census for the 24th time. This act is fundamental to our democracy and a declaration of our growth and resilience. I also want to thank the team at the U.S. Census Bureau, who overcame unprecedented challenges to collect and produce high-quality data that will inform decision-making for years to come.”

“We are proud to release these first results from the 2020 Census today. These results reflect the tireless commitment from the entire Census Bureau team to produce the highest-quality statistics that will continue to shape the future of our country,” acting Census Bureau Director Ron Jarmin said. “And, in a first for the Census Bureau, we are releasing data quality metrics on the same day we’re making the resident population counts available to the public. We are confident that today’s 2020 Census results meet our high data quality standards.”

The new resident population statistics for the United States, each of the 50 states, the District of Columbia and Puerto Rico are available on census.gov.



The most populous state was California (39,538,223); the least populous was Wyoming (576,851).

The state which gained the most numerically since the 2010 Census was Texas (up 3,999,944 to 29,145,505).

The fastest-growing state since the 2010 Census was Utah (up 18.4% to 3,271,616).

Puerto Rico’s resident population was 3,285,874, down 11.8% from 3,725,789 in the 2010 Census.

In addition to these newly released statistics, today (April 26, 2021), Secretary Raimondo delivered to President Biden the population counts to be used for apportioning the seats in the U.S. House of Representatives. In accordance with Title 2 of the U.S. Code, a congressionally defined formula is applied to the apportionment population to distribute the 435 seats in the U.S. House of Representatives among the states.

The apportionment population consists of the resident population of the 50 states plus the overseas military and federal civilian employees and their dependents living with them overseas who could be allocated to a home state. The populations of the District of Columbia and Puerto Rico are excluded from the apportionment population because they do not have voting seats in Congress. The counts of overseas federal employees (and their dependents) are used for

apportionment purposes only.

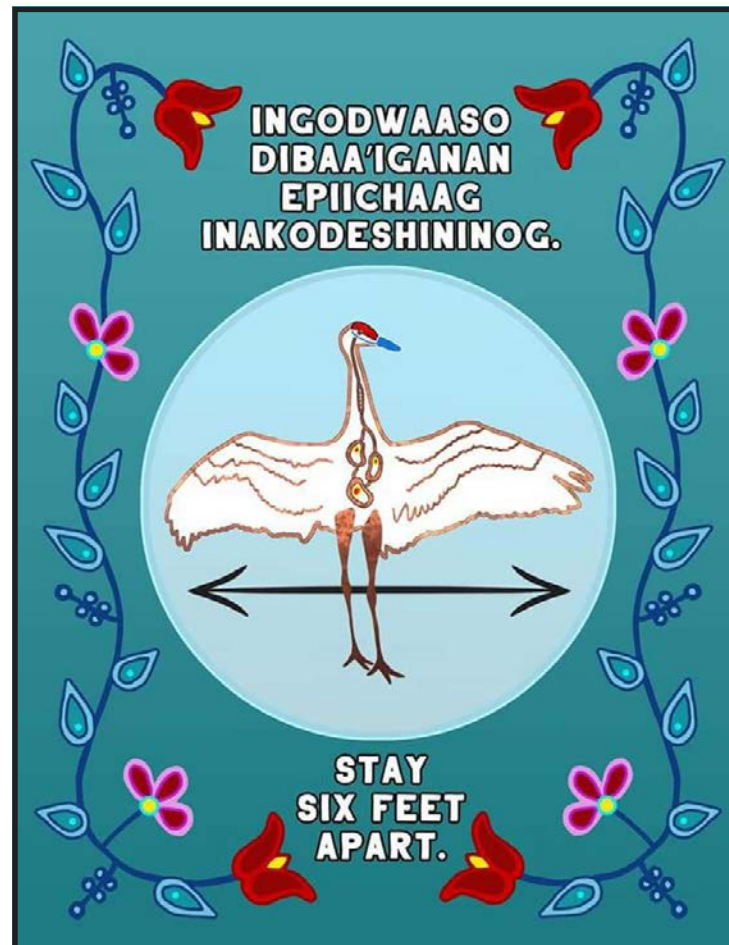
After the 1790 Census, each member of the House represented about 34,000 residents. Since then, the House has more than quadrupled in size (from 105 to 435 seats) and each member will represent an average of 761,169 people based on the 2020 Census. Texas will gain two seats in the House of Representatives, five states will gain one seat each (Colorado, Florida, Montana, North Carolina and Oregon), seven states will lose one seat each (California, Illinois, Michigan, New York, Ohio, Pennsylvania and West Virginia), and the remaining states’ number of seats will not change based on the 2020 Census.

Upon receipt of the apportionment counts, the president will transmit them to the 117th Congress. The reapportioned Congress will be the 118th, which convenes in January 2023.

“Our work doesn’t stop here,” added acting Director Jarmin. “Now that the apportionment counts are delivered, we will begin the additional activities needed to create and deliver the redistricting data that were previously delayed due to COVID-19.”

Redistricting data include the local area counts states need to redraw or “redistrict” legislative boundaries. Due to modifications to processing activities, COVID-19 data collections delays and the Census Bureau’s obligation to provide high-quality data, states are expected to receive redistricting data in mid-to-late August and the full redistricting data with toolkits for ease of use will be delivered by September 30. The Census Bureau will notify the public prior to releasing the data.

Courtesy graphic.



Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

6 MONTHS		12 MONTHS (1 YEAR)	
<ul style="list-style-type: none"> Copies sounds Begins to sit without support 	<ul style="list-style-type: none"> Likes to play with others, especially parents Responds to own name 	<ul style="list-style-type: none"> Strings vowels together when babbling ("ah," "eh," "oh") Uses simple gestures such as shaking head for "no" or waving "bye bye" Copies gestures 	<ul style="list-style-type: none"> Responds to simple spoken requests
18 MONTHS (1 1/2 YEARS)			
<ul style="list-style-type: none"> Says sentences with 2 to 4 words Gets excited when with other children 	<ul style="list-style-type: none"> Says several single words Walks alone 	<ul style="list-style-type: none"> Knows what ordinary things are for; for example, telephone, brush, spoon Plays simple pretend, such as feeding a doll Points to show others something interesting 	<ul style="list-style-type: none"> Says "mama" and "dada" Pulls up to stand
2 YEARS		3 YEARS	
<ul style="list-style-type: none"> Follows simple instructions Kicks a ball 	<ul style="list-style-type: none"> Carries on a conversation using 2 to 3 sentences Climbs well 	<ul style="list-style-type: none"> Plays make-believe with dolls, animals and people Shows affection for friends without prompting 	<ul style="list-style-type: none"> Hops and stands on one foot for up to 2 seconds Tells stories Draws a person with 2 to 4 body parts Plays cooperatively
4 YEARS			

These are just a few of many important milestones to look for. For more complete checklists by age, visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.

TRIBAL COUNCIL MEETING MINUTES



In accordance with law and policy, Elders Comment/Public Comment as recorded in the minutes will contain the name of the Citizen or "Immediate Family" or "Family member" and only the subject matter brought forth by the individual. No attempt will be made by the Legislative Branch to summarize the comments. Written public comments will be accepted by the Legislative Office. Written comments shall be attached to the official approved minutes housed in the Legislative Branch. Written comments are not published, however, shall be open to review within the Legislative Office in accordance with any laws regarding such documents.

Little Traverse Bay Bands of Odawa Indians
7500 Odawa Circle
Harbor Springs, MI 49740
Tribal Council Regular Meeting
April 8, 2021 via ZOOM

Call to Order: 9:03 a.m.
 Opening ceremony: Tribal Chairperson Regina Gasco Bentley
 Closed Session: Yes
 Council Present: Councilor Fred Harrington Jr., Councilor Fred Kiogima, Councilor Tamara Kiogima, Councilor Melissa Pamp, Councilor Leroy Shomin, Councilor Marty Van De Car, Secretary Julie Shananaquet, Legislative Leader Emily Proctor
 Absent: Treasurer Marcella Reyes
 Legislative Office Staff Present: Office Manager Michele Portman-LaCount, Legislative Services Attorney Donna Budnick, General Counsel Jim Bransky, Senior Financial Analyst Rachel Cope, Legislative Administrative Assistant Linda Gokee

Corporate Charters Present: Odawa Economic Affairs Holding Corporation Administrative Assistant Nicholas Peltier and Executive Director Shanna Kishigo
 Executive Officials and Staff Present: Tribal Chairperson Regina Gasco Bentley, Vice Chairperson Stella Kay, Unit I Executive Director Phil Harmon, Unit II Executive Director Daugherty "Duffy" Johnson, Chief Financial Officer Carrie Carlson, WOCTEP Administrative Assistant Mary Schneider, Planning Administrative Assistant Shari Temple, Human Resources Director Denise Petoskey, Natural Resource Department Office Coordinator, Debra Smithkey-Browne

Judicial Officials and Staff: Domestic Violence Court Docket Coordinator Stuart Fenton
 Public: Ricky Compo, Matt Davis, Bernadece Boda, Renee Dillard, Doug Emery, Marvin Mulholland
 Invited Guest: None
Motion made by Councilor Tamara Kiogima and supported by Councilor Marty Van De Car to adopt the agenda for April 8, 2021 as amended.

Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
Motion made by Councilor Melissa Pamp and supported by Councilor Leroy Shomin to approve the Regular Meeting minutes of March 25, 2021 as presented.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.

Executive Oversight Report:
Discussion: Tribal Chairperson Regina Gasco Bentley
 American Rescue Plan Funding consultations still in progress.
 Enbridge video using tribal people to say this is a part of consultation. Told Enbridge tribal folks who reach out to Enbridge individually is not the considered a part of consultations with the Tribe.
 70% of staff at Tribal Government have been vaccinated.

Discussion: Unit I Executive Director Phil Harmon
 Still in Phase II. Scheduled to end April 24. Meeting to review that.
 Outdoor events still need safety plans.
 Steel head possibly running right now as well as Walleye. Sparring event this Weekend.
Discussion: Unit II Executive Director Daugherty "Duffy" Johnson
 Worked at the vaccine clinic last week. Thanked Health Department staff.
 Five (5) home bids out until end of April. Looking at obtaining 5-new homes and approving housing as well.

Discussion: Vice Chairperson Stella Kay

Attending a lot of consultations including the Rescue Plan. Comments due Friday. They have 60-days from date of signing to approve of a distribution plan

Michigan State Housing Development Authority (MSHDA) had a focus group as to how to change to make Tribes eligible for tax credits. Looks like 5% set aside for Tribal Projects)
 Alerted Odawa Economic Development Management, Inc. (OED-MI) and Housing Department about next focus group date.
 Finished up budgets.

Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to acknowledge the verbal Executive Report as presented by Tribal Chairperson Regina Gasco Bentley, Unit I Executive Director Phil Harmon, Unit II Executive Director Daugherty "Duffy" Johnson, and Vice Chairperson Stella Kay on April 8, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.

Tribal Council Officer Reports: Legislative Leader Report
Motion made by Councilor Tamara Kiogima and supported by Councilor Fred Kiogima to accept Legislative Leader Emily Proctor's verbal and written report for April 8, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.

Motion made by Councilor Fred Harrington, Jr. and supported by Councilor Melissa Pamp to allow the Legislative staff to continue to work from home, and may voluntarily work in the office as needed or requested.
 Vote: 5 - Yes, 3 - No (Councilor Tamara Kiogima, Secretary Julie Shananaquet, Legislative Leader Emily Proctor), 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.

Legislative Office Reports: General Counsel
Motion to adopt Tribal Resolution Appropriation for System Upgrades to Implement All Inclusive Rate Reimbursements.
 Roll Call: Councilor Fred Harrington Jr.-yes, Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor Melissa Pamp-yes, Councilor Leroy Shomin-yes, Councilor Marty Van De Car-yes, Treasurer Marcella Reyes-absent, Secretary Julie Shananaquet-yes, Legislative Leader Emily Proctor-yes
 Motion carries.

Motion made by Councilor Fred Kiogima and supported by Councilor Tamara Kiogima to accept General Counsel Jim Bransky's verbal report for April 8, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.

10:40 a.m. Break
10:55 a.m. Resume
Resume Tribal Council Officer Reports:
Secretary Report
 Documents Delivered to the Executive on 03/25/2021 and is due back to Tribal Council on/by 04/26/2021:
 -Tribal Resolution Authorization for Support to Designate Three New Wilderness Areas and One Addition to an Existing Wilderness Area on the Ottawa National Forest in Michigan's Upper Peninsula.
 -Waganakising Odawak Statute Tribally Accepted Accounting Practice Statute
 Documents signed by the Executive:
 -Tribal Resolution 032521-01 Authorizing the Natural Resource Department to Retain Revenue from Treaty Rights Related and/or Recreational Activities.

Vetoes (a vote of Tribal Council to override a veto shall occur within 90-days of the veto): None
 Phone Polls passed by Tribal Council: None
 FYI: Fielded questions from Tribal Citizens regarding consolidating the Tribes debt.
Motion made by Councilor Melissa Pamp and supported by Councilor Marty Van De Car to accept Secretary Julie Shananaquet's verbal and written report as provided on the agenda for April 8, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
Treasurer Report
Appropriations and Finance Committee
 -Last Regular Meeting: February 16, 2021 (Motions made at the February 16, 2021 Appropriations and Finance Committee Meeting were presented at the March 11, 2021 Tribal Council Meeting.)
 -Last Special Meeting for Executive and Election Board Budget Hearings: April 7, 2021
 -Next Special Meeting: Friday, April 9, 2021 at 9:00 a.m. via Zoom

Land and Reservation Committee Meeting were presented at the March 11, 2021 Tribal Council Meeting)
 Phone Polls passed by Land and Reservation Committee: None
 -Next Meeting: Friday, April 16, 2021 at 9:00 a.m. via Zoom
Motion made by Councilor Leroy Shomin and supported by Councilor Tamara Kiogima to acknowledge receipt of the Land and Reservation Committee verbal report as provided on the agenda by Councilor Fred Kiogima, Committee Secretary for April 8, 2021.
 Vote: 7 - Yes, 0 - No, 0 - Abstained, 2 - Absent (Councilor Fred Harrington Jr., Treasurer Marcella Reyes) Motion carries.
Tribal Council Member Reports: Councilor Tamara Kiogima-Youth Group
Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to acknowledge receipt of Councilor Tamara Kiogima's verbal report regarding the Youth Council Meeting.
 Vote: 7 - Yes, 0 - No, 0 - Abstained, 2 - Absent (Councilor Fred Harrington Jr., Treasurer Marcella Reyes) Motion carries.
Legislative Office Reports: Office of Finance and Revenue
 Corporate Charters and/or Board Updates:
 Traditional Tribal Burial Board - No report
 Odawa Economic Development Management, Inc. - No report
 Ziibimijwang, Inc. - No report
 Odawa Economic Affairs Holding Corporation - No report
 Gaming Authority - No report
 Senior Financial Analyst
Motion made by Councilor Fred Kiogima and supported by Councilor Tamara Kiogima to acknowledge receipt of Sr. Financial Analyst Rachel Cope's verbal report for April 8, 2021.
 Vote: 7 - Yes, 0 - No, 0 - Abstained, 2 - Absent (Councilor Fred Harrington Jr., Treasurer Marcella Reyes) Motion carries.
Tribal Historic Preservation Officer - No report
Legislative Services Attorney
Public Comment:
11:46 a.m. Opens
 Linda Gokee #0200 commented since the Feds are moving slowly with Burt Lake recognitions, would like to see Burt Lake area included in tax agreement area as they are in our Constitution.
 Melissa Pamp #4879 acknowledge Moon Meade who distributed Easter Baskets.
 Matt Davis Tribal Citizen said does not support 7th Life Legacy as was noted on Facebook.
 Renee Dillard #4614 spoke regarding the line getting blurry between politics and our culture. A stance needs to be taken with our Tribe. We need a Public Relations person.
11:50 a.m. Councilor Fred Harrington Jr. returns to meeting
11:53 a.m. Public Comment Closed
 Legislative Services Attorney continued...
Motion made by Councilor Fred Kiogima and supported by Councilor Leroy Shomin to acknowledge receipt of Legislative Services Attorney Donna Budnick's verbal and written report for April 8, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
Legislative Office Manager
Motion made by Councilor Tamara Kiogima and supported by Councilor Fred Kiogima to acknowledge receipt of Legislative Office Manager Michele Portman-LaCount's verbal report as presented on April 8, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained,

Tribal Council Meeting Dates

June 8 Work Session
 June 10 Council Meeting
 June 22 Work Session
 June 24 Council Meeting

July 6 Work Session
 July 8 Council Meeting
 July 20 Work Session
 July 22 Council Meeting

All Tribal Council meetings and work sessions are held in the Tribal Council Chambers located at
 7500 Odawa Circle,
 Harbor Springs, MI.

Legislative Tribal Council Members
 Emily Proctor, Legislative Leader
 Julie Shananaquet, Secretary
 Marcella Reyes, Treasurer
 Tamara Kiogima, Councilor
 Leroy Shomin, Councilor
 Melissa Pamp, Councilor
 Marty Van De Car, Councilor
 Fred Kiogima, Councilor
 Frederick Harrington, Jr., Councilor

for the Judiciary, Legislative Branch, and any other Budget Hearing
 Phone Polls passed by Appropriations and Finance Committee:
 April 8, 2021 Motion to recommend to Tribal Council to adopt Tribal Resolution Appropriation for System Upgrades to Implement All Inclusive Rate Reimbursements.
 Phone Poll Vote: 3 Yes, 0 No, 0 Abstained, 0 Absent
 Motion carries.
 -Next Regular Meeting: Tuesday, April 13, 2021 at 9:00 a.m. via Zoom
 -Next Special Meeting: Tuesday, April 13, 2021 at 1:00 p.m. via Zoom for the Annual Budget Public Hearing.
Motion made by Councilor Fred Kiogima and supported by Councilor Melissa Pamp to acknowledge receipt of the Appropriations and Finance Committee verbal report as provided on the agenda by Secretary Julie Shananaquet, Committee Secretary for April 8, 2021.
 Vote: 7 - Yes, 0 - No, 0 - Abstained, 2 - Absent (Councilor Fred Harrington Jr., Treasurer Marcella Reyes) Motion carries.
 Land and Reservation Committee
 -Last Meeting: March 5, 2021 (Motions made at 03/05/2021

1 - Absent (Treasurer Marcella Reyes) Motion carries.
Tribal Council Action Items:
Motion made by Councilor Tamara Kiogima and supported by Councilor Fred Kiogima to acknowledge receipt of Executive nomination of Kevin Gasco for the Gaming Authority and set up an interview.
 Vote: 7 - Yes, 0 - No, 1 - Abstained (Councilor Marty Van De Car), 1 - Absent (Treasurer Marcella Reyes) Motion carries.
 TABLE the Tribal Council Open Meeting Attendance Policy.
Motion made by Councilor Melissa Pamp and supported by Councilor Fred Kiogima to acknowledge receipt of Brent Bennington's resignation from Odawa Economic Affairs Holding Corporation dated March 9, 2021.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
Motion made by Councilor Leroy Shomin and supported by Councilor Marty Van De Car to approve the Legislative Branch Policy and Procedures for Ethics Complaints filed against a Tribal Councilor.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
Motion made by Councilor Marty Van De Car and supported by Councilor Leroy Shomin to approve Tribal Council's Legislative Directive #040821-01 Amendment to Legislative Branch Operations Governmental Employee Personnel Policies Handbook #110917-01.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
Motion made by Councilor Marty Van De Car and supported by Councilor Tamara Kiogima to pass the Waganakising Odawak Statute Domestic Violence.
 Roll Call: Councilor Fred Harrington Jr.-yes, Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor Melissa Pamp-yes, Councilor Leroy Shomin-yes, Councilor Marty Van De Car-yes, Treasurer Marcella Reyes-absent, Secretary Julie Shananaquet-yes, Legislative Leader Emily Proctor-yes
 Motion carries.
Motion made by Councilor Marty Van De Car and supported by Councilor Tamara Kiogima to pass the Waganakising Odawak Statute Interim Criminal Code.
 Roll Call: Councilor Fred Harrington Jr.-yes, Councilor Fred Kiogima-yes, Councilor Tamara Kiogima-yes, Councilor Melissa Pamp-yes, Councilor Leroy Shomin-yes, Councilor Marty Van De Car-yes, Treasurer Marcella Reyes-absent, Secretary Julie Shananaquet-yes, Legislative Leader Emily Proctor-yes
 Motion carries.
Other Items of Business: None
Public Comment
12:20 p.m. Opens
 Marty Van De Car #3962 spoke of the new Tribal Website
 Renee Dillard #4614 spoke of the new Tribal Website.
12:23 p.m. Closed
Adjournment
12:34 p.m. Motion made by Councilor Tamara Kiogima and supported by Councilor Leroy Shomin to Adjourn.
 Vote: 8 - Yes, 0 - No, 0 - Abstained, 1 - Absent (Treasurer Marcella Reyes) Motion carries.
 Next Scheduled Meeting
 April 22, 2021 at 9:00 a.m. via Zoom
 These Minutes have been read and are approved as corrected
 Julie Shananaquet, Tribal Council Secretary Date

WE WILL NOT BE ERASED: AMERICAN INDIAN COLLEGE FUND URGES EDUCATION ABOUT NATIVE PEOPLES, CULTURES AND HISTORIES FOR MEDIA AND CITIZENS

By **Cheryl Crazy Bull**, President and CEO, American Indian College Fund

When Rick Santorum, a former GOP Congressman from Pennsylvania, and a senior political commentator with CNN, asserted the founders of the United States “birthed a nation from nothing,” he added to our nation’s false and shameful legacy of erasure of Native people.

I come from a big family with many children, grandchildren, great-grandchildren, siblings, nieces, nephews and in-laws. Most of my family members are indigenous — the descendants of the original inhabitants of this land now called the United States. We live every day of our lives embedded in our Native identity. We live in the knowledge this land is our land.

But once again, we were erased, made invisible by the words of a politician with national status.

We often feel like our invisibility is a never-ending story. It has deep roots in the narrative about the colonists/settlers who “discovered” this land they called the vacuum domicilium of what is now North America. Yet our lands were not uninhabited or unused at all. The approximately 60 million people who were here (as compared to 70-88 million in Europe at the time) and who spoke approximately 300 different languages with established governments and thriving cultures, cultivated and grew food, fished its streams and hunted in its mountains and forests, built their longhouses and pueblos and maintained their cultures and traditions for centuries. Yet these cultures and people were not seen as human and did not count in the eyes of colonial powers for one reason and one reason only: It justified the widescale taking of our rights to our land through a genocide which reduced the world population by 10%, which scientists believe caused a global cooling period.

Just imagine that. Enough people died post-contact — people with hopes, dreams, children and grandchildren — including the ancestors of my extended family and the more than 500 federally recognized Indian tribes in the United States, causing the climate to cool down. That is the very antithesis of “birthing a nation from nothing.”

Rick Santorum is a national figure with a platform on CNN. His assertion was and is patently false and a



continuation of the shameful legacy our nation has had with Native peoples.

In his speech to the Young America’s Foundation, Santorum went on to say, “I mean, there was nothing here ... I mean, yes, we have Native Americans, but candidly, there isn’t much Native American culture in American culture.”

These comments are wholly unacceptable. They perpetuate stereotypes and falsehoods and are a form of hate speech. We join others in Indian country and among our allies in calling for his removal from his role.

Our nation’s Native people have had their concerns and their very humanity minimized again and again to the point which we have suffered the loss of political status and visibility. Native peoples’ sacred spaces have been carved up for corporate profit (Bears Ears Monument) and the socio-economic impact of both the former Trump administration policies and the pandemic has resulted in the loss of tribal jobs, business revenue and exacerbated the lack of access to quality housing, education and health care.

But, we will not be silenced and made invisible again. We have fought since the initial contact for our voices to be heard, for our cultures to be honored and for the good health and happiness of our people. In recent months, we have seen Americans — good people who recognize our humanity and our rights — respond in support of our visibility and our priorities.

We have seen school districts and universities eliminate racist and harmful Native mascots. Nationally known sports teams have changed mascots and offensive names and banned caricatures of Native people at their venues. We have seen a surge of support for Native peoples’ health during the pandemic. We have seen an interest in our histories, cultures and unique voices in the arts, literature and the very history and culture of this nation. The values we share such as a commitment to family have emerged as foundational

to our good relationships with the American public at large.

When CNN, a national news outlet, gives people like Santorum a platform, they elevate ignorant opinions as viable or even as truths. Speech invalidating our humanity and cultures is hate speech. It has no place.

Would CNN allow someone on their platform who has said Black people have no culture or Jewish people’s culture is inferior? Of course not. So, why is it acceptable for CNN to give a platform to those who denigrate, minimize or eradicate Native people?

This is not the first time CNN has contributed to erasure of indigenous peoples. The network referred to Native people as a group as “something else” during its 2020 national election coverage and incorrectly identified Minnesota Lieutenant Governor Peggy Flanagan, a member of the White Earth Band of Ojibwe, as a white woman, an uncorrected statement as of this writing.

As the President and CEO of the American Indian College Fund, the national non-profit which provides indigenous students with access to higher education, our motto is “Education is the answer.” We know how transformative education can be for an individual to lead an engaged life as a citizen.

Education is not merely the acquisition of knowledge. It has the power to heal and restore. Through education, we as indigenous people and as Americans, can live in ways which honor identity, culture and relationships.

Education is not just for Native peoples. We can insist as indigenous people and Americans our leaders and the news media, especially CNN, educate its journalists and staff about Native peoples and our cultures. To that end, we are providing a link to the Native American Journalist Association’s resource page as a reference to be consulted when writing and reporting about indigenous peoples. We also urge our allies to contact CNN to share their views in support of indigenous people and our visibility.

We understand apologies are intended to minimize harm, but actions speak the loudest. Earnest attempts at self-education are one action which will help heal relationships and end the erasure of indigenous peoples and their humanity, contributions and cultures.

Courtesy photo.

TRUSTED SAFETY TIPS FROM ADT

Car safety kit

MAINTENANCE

- ✓ Extra wiper fluid
- ✓ 1 quart of oil

EMERGENCY

- ✓ Blanket
- ✓ Bottled water and granola bars
- ✓ Flashlights (and extra batteries)
- ✓ Window-breaking tool
- ✓ Battery-powered jumper cables
- ✓ Roadside lantern

PARTS

- ✓ Spare tire and car jack
- ✓ Diagnostic code reader
- ✓ Extra fuses
- ✓ Replacement bulbs for headlights

ADT

Coping with Being Cooped Up

Keep a list of activities to do

Exercise every day

Tackle indoor projects

Think of something positive before getting out of bed

Lend help to others in need



FIRE SAFETY TIPS AT HOME

STOVE
Turn off the stove and remove pots and pans from burner right after cooking.

MATCH
Keep flammable materials such as lighters and matches out of children’s reach.

ELECTRIC PLUG
Unplug appliances after use to avoid overheating.

LPG
Always check your LPG tank for leaks.

CANDLES
Keep lit candles away from flammable materials such as cloth and wood.

ELECTRIC WIRINGS
Regularly check electrical wires for damage. Replace faulty wiring immediately.

FOREST SERVICE RESEARCH: BY-THE-NUMBERS

Poplars, willows, and other special varieties of trees are increasingly the “go-to” tool for cleaning up pollution from closed landfills, dumps, and similar waste sites.



Using trees for environmental cleanup costs **25 to 33% less** than other remediation methods and reduces ground disturbance.



AMERICAN INDIAN
Commercial Tobacco Quit Line

1 (855) 372-0037

MTAmericanIndianQuitLine.com



LITTLE TRAVERSE BAY BANDS OF ODAWA INDIANS

PRIMARY ELECTION
May 3, 2021

UNOFFICIAL ELECTION RESULTS

TRIBAL CHAIRPERSON & VICE-CHAIRPERSON	IN PERSON	MAIL IN	HAND TALLY	TOTAL	%
BERNADICE (BERNIE) BODA & LINDA GOKEE	17	208	0	225	29.64%
REGINA GASCO-BENTLEY & STELLA KAY	13	362	2	377	49.67%
DEXTER MARSH MCNAMARA & TAMELA OKULY SHANANAQUET	5	151	1	157	20.69%
VOTE TOTALS	35	721	3	759	100.00%

VOTER PARTICIPATION	REGISTERED VOTERS	BALLOTS CAST	% VOTING
	1835	759	41.36%

2021 Tribal Elections Schedule

MAY

Thursday, May 27 - Mailing of the General Election Ballots

JUNE

Monday, June 28 - General Election Day
Location To Be Determined, 9 am - 6 pm

JULY

Thursday, July 1 - Non-Certified General Election Results Posted

Thursday, July 8 - Last Date to File a Challenge to the General Election by 5 pm

Monday, July 12 - Certification of the General Election at 5 pm & Official Results of General Election Posted

**ATTENTION TRIBAL
BUSINESSES/
ENTREPRENEURS!**

If you would like to be on the tribal governmental vendor list for providing goods or services to the LTBB government, please contact Mandy Szocinski at 231-242-1439 or mszocinski@ltbbodawa-nsn.gov. Please be prepared to provide the following information: Name, contact information, good/services you are providing and any additional information as required. Supporting our tribal businesses is our preference. Chi Miigwech!

**LTBB ELECTION
BOARD CONTACT
INFORMATION**

Office Location
407A Michigan St.
Petoskey, MI
ElectionBoard@ltbbodawa-nsn.gov

Mailing Address
P.O.Box 160
Conway, MI 49722

Office Phone/FAX
231-348-8209

Melissa Shomin, Board Member
Phone: 616-206-3900
mshomin@ltbbodawa-nsn.gov

Andrea Pierce, Vice-Chairperson
Phone: 734-796-0710
apierce@ltbbodawa-nsn.gov

Jon Shawa, Treasurer
517-927-3255
jashawa@ltbbodawa-nsn.gov

Carla Osawamick, Secretary
Phone: 517-862-3633
cjosawamick@ltbbodawa-nsn.gov

Alice Hughes, Board Member
231-838-9833
ahughes@ltbbodawa-nsn.gov



Little Traverse Bay Bands of Odawa Indians
TRIBAL ELECTION BOARD
P.O. Box 160, Conway, MI 49722

VOTER REGISTRATION FORM

IMPORTANT NOTICE

This Voter Registration Form must be signed by the Tribal Member and verified by either of the following:

1. The seal and signature of a notary public.

OR

2. Attaching a legible copy of one (1) of the following forms of Identification that bears the signature of the Tribal Member:
 - Valid Tribal Identification Card, OR
 - State Driver's License, OR
 - State issued identification Card, OR
 - Passport

YOUR VOTER REGISTRATION FORM WILL NOT BE ACCEPTED IF THESE REQUIREMENTS ARE NOT MET

"PLEASE PRINT"

TRIBAL ROLL NUMBER DATE OF BIRTH

LAST NAME SUFFIX (SR., JR., ETC.) MAIDEN OR PREVIOUS NAMES

FIRST NAME MIDDLE NAME

MAILING ADDRESS (STREET OR POST OFFICE BOX ADDRESS)

CITY STATE ZIP CODE

SIGNATURE OF VOTER DATE

SIGNATURE OF NOTARY MY COMMISSION EXPIRES

**2021
ELECTIONS
ANNOUNCEMENT**

Beginning April 8, 2021, candidate statements will be posted on the LTBB website, Election Board webpage:

https://ltbbodawa-nsn.gov/election-board/

Here, you will be able to read about candidates running for Tribal Council and candidate teams running for Tribal Chairperson and Vice Chairperson in the 2021 LTBB Elections.

"Ettawageshik" continued from page 1.

step by step process. The Creator and my ancestors gave me the strength to heal and overcome it. I accept that it's a part of who I am. I want to use it to help others heal and move forward."

Survivor Outreach Services Program

In her eight-plus years working in the LTBB Human Services Department, the Survivor Outreach Services Program has assisted 319 clients. SOS consists of Ettawageshik, VOCA Advocate Keely Frye, TSH Specialist Yvonne Goudreau, VOCA Advocate Meghan Day and Rural Advocate Diana Isard.

"I was excited to build the program," Ettawageshik said of joining LTBB after working as a Domestic Violence Counselor at the Women's Resource Center of Northern Michigan from August 2012 to January 2013. "At the time, I never would have imagined where we would be today. We didn't want to duplicate the services the Women's Resource Center provided, we wanted to enhance them. It's about building a trust and a rapport with other agencies and organizations through integrity and consistency. It's about them having the confidence to refer people to us for services. It's about us walking with survivors on their journeys of healing."

During that time, SOS has received the following grants:

- Department of Justice/Office of Violence Against Women: Coordinated Tribal Assistance Solicitation (CTAS) Purpose Area (PA) 6: Grants to Indian Tribal Governments - October 2012 to December 30, 2015; CTAS PA 5: Grants to Indian Tribal Governments - October 2015 to September 30, 2019; Enhanced Training and Services to End Violence and Abuse of Women Later in Life Program (ALL) October 2012 to September 30, 2015; Transitional Supportive Housing Grant Program (TSH) October 2015 to September 30, 2022; Continuation. Tribal Sexual Assault Services Program Violence Against Women Grant Program (TSASP) October 2014 to September 30, 2018; and Rural Sexual Assault, Domestic Violence, Dating Violence and Stalking Program October 2018 to September 2021.

- Department of Health and Human Services, Administration for Children and Families: (FVPSA) Family Violence Prevention and Services Act - October 2012 to September 30, 2013 and to the present (annual funding).

- Michigan Department of Health and Human Services (annual funding since 2018 to present).

Tribal Victim Services (VOCA).

"There is no way our Survivor Outreach Services Program would be where we are now without the help and support of many," Ettawageshik said. "We have an amazing team of advocates at LTBB that are in the trenches everyday with survivors in our community. So, a huge Chii Migwech to Keely Frye, Yvonne Goudreau, Diana Isard and Meghan Day for forming a wonderful team and continuously providing needed services to survivors. The most important message here is that survivors of violence deserve support and encouragement as well as opportunities to seek supportive services such as SOS."

During the COVID-19 pandemic, SOS has continued to provide all its services, albeit in a different manner.

"Our cases have increased since March 2020," Ettawageshik said. "We're connecting with people on the phone, virtually, meeting them one on one at their homes while observing all the safety precautions and connecting them to the services they need. It's more mobile advocacy these days. Before the pandemic, we used to do more outreach at health fairs and other events such as Project Connect."

Community Support

Over the years, LTBB has advocated for survivors and raised awareness.

LTBB Tribal Council signed Tribal Resolution #092213-01 Designating the Second Monday of October as Native American Domestic Violence Awareness Day on September 22, 2013.

"We've received a tremendous amount of support from the community, starting with Tribal Council designating the second Monday of October as Native American Domestic Violence Awareness Day," Ettawageshik said. "We're all in this together. When you help a woman, you help her children and her family and ultimately, the



community."

LTBB became the first tribe in Michigan and among the first in the nation to adopt the Violence Against Women Act of 2013 (VAWA), allowing the tribe to exercise criminal jurisdiction over crimes of domestic and dating violence regardless of the perpetrator's Native or non-Native status when it adopted VAWA into its domestic violence statute following the deadline, signing the act into law on March 6, 2015.

The late Audrey Atkinson-Ba, an LTBB Tribal Citizen, created the Red Shawl Project in 2013 to honor survivors of domestic and sexual violence. Community members created shawls and sashes to honor present survivors or to honor the pain of our ancestors. Red stands for the blood that was shed through abuse, teal is the color that represents sexual abuse awareness and purple represents domestic violence awareness. An honor song is held annually at the LTBB Traditional Pow Wow to honor survivors and allies.

Accolades

Ettawageshik has won her share of awards. The Women's Resource Center of Northern Michigan honored her with a 2017 Tribute award in the Advocate category. The Michigan Association of Broadcasters honored SOS, Leslie King and Mane Content with the award of Best Commercial 2020 for collaborating on a PSA about human trafficking. The Prosecuting Attorneys Association of Michigan (PAAM) named her the Victim Advocate of the Year on April 12, 2021. PAAM is a voluntary association of 83 county prosecutors, the Attorney General and U.S. Attorneys serving in Michigan. Lori Jump, the Director of StrongHearts Native Helpline, a culturally appropriate and anonymous helpline for Native Americans impacted by domestic, dating and sexual violence, and the founder of Uniting Three Fires Against Violence, nominated her for the PAAM award.

"I was very surprised to win the award," Ettawageshik said. "I'm one of many advocates. The main thing I want to stress is that it takes a team and support from the community to do what we do. I don't like to be in the spotlight. I admire all those who came before me like Lori and Sandra Pilgrim Lewis (a social change advocate across multiple systems and geographical areas for 40 years. She marched in the South speaking out against racial discrimination during the civil rights movement and started as a volunteer to end violence against women in the early 1970's)."

Leslie King, the founder of Sacred Beginnings in Grand Rapids, MI, was the lead in the human trafficking PSA. She founded Sacred Beginnings to support victims of human trafficking and sexual exploitation. To donate to Sacred Beginnings, visit www.sbt.org/give.

"I was amazed by her story," Ettawageshik said. "Who better to do it than someone who was a trafficking survivor. She is so impactful because she is speaking her truth. Her organization has helped a lot of women. She does street outreach. She hands out blessed bags with toiletries. She's showing them she's there when they are able to seek help. She's bringing awareness to something that happens everywhere."

King was one of the featured speakers at a Human Trafficking Conference held at Odawa Casino in Petoskey, MI, on September 10, 2019 and hosted by SOS. More than 190 community members and professionals from Grand Traverse, Wexford, Emmet, Charlevoix, Cheboygan, Otsego, Presque Isle, Midland, Alpena, Chippewa and Antrim counties were in attendance.

"People ask, 'why would it happen in northern Michigan?'" Ettawageshik said. "Because there's tourism, money and man camps in northern Michigan. We're trying to help people un-

"Ettawageshik" continued on page 31.



How to Support Stem Nesting Bees?

Spring

Larvae grow into adults and appear from before-last-year stalks

Spring/Summer

Females are fed by the flowers and build nests in last year's stalks

Summer/Fall

Eggs and pollen are now hidden and stored in last year's stalks

Fall/Winter

The hidden eggs will develop into larvae, which feed on the stored pollen

Don't clean up the old growth; there is life in it!

HEALTHY YARDS

Plant Guide For Pet Owners

Poisonous Plants

- Daffodil
- Star Gazer Lily
- Castor Bean
- Tiger Lily
- Easter Lily
- Cyclamen
- Sago Palm
- Azalea

Toxic Plants

- Aloe
- Chrysanthemum
- Gardenia
- Begonia
- Coleus
- Geranium
- Pansy
- Bird of Paradise
- Cosmos
- Hibiscus
- Peace Lily
- Bougainvillea
- Dumb cane
- Hydrangea
- Plumbago
- Calla Lily
- Elephant ear
- Iris
- Poinsettia
- Carnation
- Fleabane
- Mother-In-Law Tongue
- Primrose

Pet-Friendly Plants

- Alyssum
- Echevaria Succulents
- Polkadot Plant/Baby Tears
- Blue Daisy
- Gerber Daisy
- Rose
- Boston Fern
- Gloxinia
- Snap Dragons
- Bottlebrush tree
- Impatiens
- Spider Plant
- Camelia
- Marigold
- Start Jasmine
- Canna
- Nasturtium
- Sunflower
- Ceolsia Plumosa
- Pampas Grass
- Sword Fern
- Christmas Cactus
- Persian Violet
- Viola
- Coreopsis
- Petunia
- Zinnia

“Ettawageshik” continued from page 30.

derstand it does happen here. At the conference, we wanted to teach people there are red flags and signs to watch for. It’s usually someone they know, a boyfriend, a family member or a woman they trust. They build trust and then they use that trust to prey upon and trap women.”

Uniting Three Fires Against Violence

Ettawageshik has served as the President of Uniting Three Fires Against Violence (UTFAV) since 2015 and as a Board Member since 2012. Uniting Three Fires Against Violence is a state-wide tribal domestic violence and sexual assault coalition serving tribes in Michigan. UTFAV’s mission is to support Michigan tribes in promoting the social change necessary to address the disproportional rates of violence impacting our communities. It provides training, technical assistance, events, education and system advocacy. Lori Jump established UTFAV in 2007.

“It’s important to provide culturally appropriate training to non-Native organizations, state agencies and domestic violence and sexual assault workers, so they have an understanding of where we are coming from as Native people,” Ettawageshik said. “It’s about raising awareness and having an understanding of who we are trying to assist. They need to understand our culture, our historical and intergenerational trauma, our family values, our sense of collectivism and our view of taking care of our elders and family members.”

Family Support

Ettawageshik credits her family for encouraging and supporting her. Her father, Tim, started working at Victories Casino in 1999 and works as a Casino Host at Odawa Casino. Her mother, Wendy, works in medical billing at Burns Professional Building in Petoskey, MI. Her older brother, Andrew, is a chef who works at Pierson’s in Harbor Springs, MI, and serves on the Board of Ziibimijwang, Inc. Her older sister, Jennifer, works as a bartender at the Sage Restaurant inside Odawa Casino. Her uncle, Frank, served as LTBB Tribal Chairman for several years and is the Executive Director of



United Tribes of Michigan. Her aunt, Rochelle, has served on the National Indian Child Welfare Association (NICWA) Board since 2008 and has served as NICWA Vice Chairperson. She is the former Director of Native American Affairs for the State of Michigan.

“I have a strong family network with individuals who strive to be leaders,” Ettawageshik said. “It’s important to work for change and to make a difference in your community.”

She is a single mother with a 7-year-old son, Colton. “I help him understand how important it is to treat women with dignity and respect,” Ettawageshik said. “He has strong male role models like my father, my brother and other males in the community. I teach him about the Seven Grandfather teachings, how to respect Mother Earth and all beings on it and to show love and kindness.”

Respected in Her Field

The Women’s Resource Center of Northern Michigan sponsored a viewing of the film, the *Great American Lie*, by Jennifer Siebel Newsom, and a virtual panel discussion. Ettawageshik served as a panelist. She was also invited to give a lecture on intimate partner violence for a graduate school course at the University of Michigan.

Ettawageshik earned a Bachelor’s in psychology from Grand Valley State University and a Master’s in Social Work from Michigan State University.

Courtesy photos.



entrepreneurs and artisans by showcasing their work in the store. We’ll have 100% Native products available.”

If you are a Native entrepreneur and/or artisan and would like to sell your work at Minogin Market, contact Schneider at minoginmarket@gmail.com

Stay tuned for more information about pop-up events, featuring Native chefs, to be held at Minogin Market.

Schneider wanted to thank LTBB for classifying Ziibimijwang employees as “essential workers” and providing them with the COVID-19 vaccine.

Ziibimijwang provided goodie bags to be distributed at LTBB vaccine clinics. Five hundred pounds of corn was made into hominy and cornmeal and distributed to the community in the goodie bags.

The Ziibimijwang Board consists of Chairperson Joe VanAlstine and Board Members Blayne Bott, Andrew Ettawageshik and Kevin Gasco. All are LTBB Tribal Citizens.

Courtesy photos.

GARDEN YOGA FOR KIDS



Pretend to be a tree

Tree Pose: Stand on one leg. Bend the other knee and place the sole of your foot on your inner thigh. Sway like a tree in the breeze. Now the other side.



Pretend to be a frog

Squat Pose: Come down to a squat with your knees apart and arms resting between your knees. Touch your hands to the ground. Jump like a frog.



Pretend to be a seed

Child’s Pose: Sit back on your heels and bring your forehead down to rest on the floor. Pretend to be a seed in the garden.



Pretend to be a butterfly

Cobbler’s Pose: Sit on your buttocks with a tall spine. Bend your legs with the soles of your feet together. Flap your legs like the wings of a butterfly.



Pretend to be a flower

Flower Pose: Lift your bent legs, balancing on your sitting bones. Weave your arms under your legs, palms up. Pretend to be a flower in bloom.



printable yoga poster

“Ziibimijwang” continued from page 1.

have a (100-foot) greenhouse and two (200-foot) hoop houses in addition to the farm,” Schneider said. “We’ve seen a high increase in demand for our products. We have wholesale accounts with other tribal nations and we’re fortunate to have others (Native American Finance Officers Association, Intertribal Agriculture Council and American Council on Housing Association) promoting us.”

After being closed last year due to the COVID-19 pandemic, Minogin Market will be open Memorial Day weekend with safety precautions and restrictions in place. Hours will be Wednesday through Sunday, 11 a.m. to 8 p.m., with the food window being open Friday through Sunday.

“It’s exciting,” Schneider said of the re-opening. “We’re a year into the pandemic and everyone is well-versed in how to follow the rules and stay healthy. As we saw last year, the pandemic didn’t stop vacationers from coming up here. We’re a small store, but we can safely operate. Our main priority is to keep everyone healthy and safe.”

Schneider said they will limit the amount of people in the market, offer no-contact pickup service, and there will be a pickup window for food. Customers are not allowed to eat food inside the store, but there will be picnic tables set up in front of the store for customers. Fish and chips and wild rice bowls will be available at the pickup window.

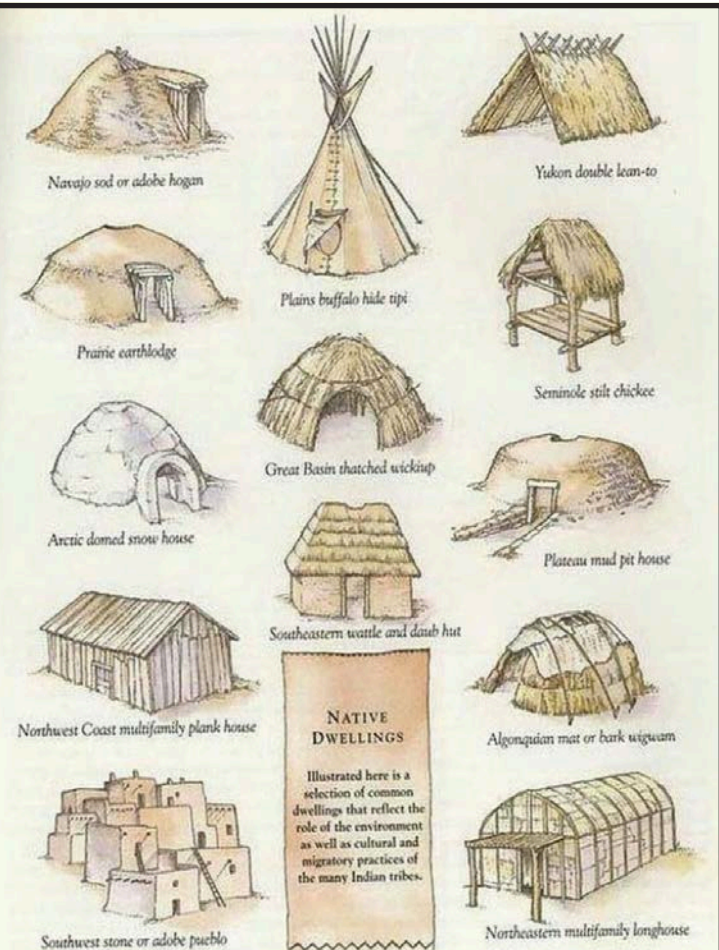
“We’ll have produce from the farm, smoked and fresh fish, maple products and Ziibimijwang merchandise available for purchase as well as jewelry and crafts from local Native artisans,” Schneider said. “We want to uplift our Native

Flu vaccines

have reduced the risk of flu hospitalizations among adults by about 40 percent in recent years



IVACCINATE



www.itcmi.org/healthcenters

We take care of our families by making sure they get their health check-ups, so why not take care of ourselves?

Janna H., Cervical Cancer Survivor



INTERIOR SETS NEW PATH THROUGH LAND MAZE

By Aliyah Chavez



Editor's note: The following article appeared on *Indian Country Today* and is reprinted here with permission.

After hearing some tribes completed fee to trust applications, then waited years to hear back, the U.S. Department of Interior is deciding to take action.

The agency announced major steps this week to allow for more straightforward guidelines for tribal nations applying to put land into trust.

"No tribe should have an application that lingers for years and years and years," a speaker from the office of the secretary said.

On Tuesday (April 27, 2021), Interior Secretary Deb Haaland, Laguna Pueblo, issued a new secretarial order which says fee to trust applications will now be reviewed and authorized by regional directors of the Bureau of Indian Affairs instead of the previous process which required applications to be reviewed through Interior's headquarters.

According to the Indian Reorganization Act of 1934, the interior secretary is authorized to acquire land into trust for federally recognized tribes.

The changes are effective immediately though the order will not apply to gaming applications, the Interior Department said.

The department's solicitor also announced Tuesday (April 27, 2021) a series of newly issued or withdrawn opinions. A new opinion, M-37069, appears to allow Haaland the authority to place land into trust in Alaska.

"The withdrawal eliminates an unnecessary barrier to taking land into trust in Alaska imposed by the previous administration," a spokesperson told *Indian Country Today*. "This action allows the Department to consult with Tribal Nations in Alaska on a path for the Secretary to approve trust acquisitions."

In 2016, former President Barack Obama allowed the Interior to accept land into trust for federally recognized tribes in Alaska.

The department's solicitor also withdrew three previous opinions put into place by the Trump administration which hindered the process of completing a fee to trust application.

The three withdrawn opinions, M-37054, M-37055 and M-37064, created an "unduly burdensome process" for tribes to place land into trust under the Indian Reorganization Act and also stated the Interior Secretary did not have authority to take land into trust for tribes in Alaska. The solicitor also reinstated a previous opinion, M-37029, which outlines a reasonable process for tribal fee-to-trust applications. This process has been used in numerous land acquisitions in the past.

"At Interior, we have an obligation to work with tribes to protect their lands and ensure that each tribe has a homeland where its citizens can live together and lead safe and fulfilling lives," Haaland said in a statement.

The nature of Tuesday's actions "are a big deal for Indian Country," an Interior spokesperson said.

In the Obama administration, the Interior placed more than 560,000 acres of land into trust — that's in comparison to the Trump administration, which placed 75,000 acres of land into trust.

"The actions are unwinding the last administration," the spokesperson said.

One of the successes under the Trump administration included the Santa Ynez Band of Chumash Indians in California.

In 2010, the Santa Ynez Band of Chumash Indians purchased 1,390 acres of land to aid the tribe's housing needs. They began the application process in June 2013 and the land was officially placed into trust in January 2017.

John Tahsuda III, Kiowa, previously served as principal deputy assistant secretary of Indian Affairs under the Trump administration. He told *Indian Country Today* Wednesday (April 28, 2021) that during his tenure, adjustments were already made to make the process easier to put

land into trust.

"If Secretary Haaland has a better way to go about it, that would be great, but it looks to me like what she's doing is kind of going back to where the system was before we made some changes. And, so, I'll be interested to see how that works out for them," Tahsuda said.

Other tribal leaders weighed in, too.

"Tribal nations care for the social needs of their people, whether that's housing, health care or education," said Lance Gumbs, an ambassador for the Shinnecock Indian Nation on Long Island, which was formally recognized by the federal government in 2010 after a 32-year campaign.

There are 574 federally recognized tribes in the U.S. and 326 reservations, villages, rancherias and other designated homelands, according to the Bureau of Indian Affairs.

Some reservations have multiple tribes but not every tribe has land of its own. Many reservations are just remnants of a tribe's original land base.

Gumbs, who is also a board member of the National Congress of American Indians, said the now-cancelled policy for approving land transfers had injected more delay and uncertainty into the process and added to costs for tribes.

"Land is everything ... It makes it very difficult for tribes to take care of their people without this very important component," he added.

Putting land into trust can benefit tribal nations in many ways. Tribes are able to use the land in trust for housing opportunities, energy development and even negotiate the use and sale of natural resources on their homelands. They are also able to better protect their communities through greater jurisdictional boundaries.

The Interior Department estimates there are currently more than 1,000 pending applications presented by tribes with the overwhelming majority of those applications consisting of lands requested within existing reservations.

A tribal nation, who recently gained federal recognition, says it hopes to benefit from the new process.

In 2019, the Little Shell Tribe of Chippewa Indians in Montana gained federal recognition. It also had the option of putting 200 acres of land (which is approximately 0.31 square miles) into trust. The tribe has not yet taken that action.

In usual circumstances, most newly federally recognized tribes do not automatically get land.

Little Shell is now hoping to expand its land base, Chairman Gerald Gray said. The tribe recently purchased approximately 700 acres of agricultural land near Great Falls. It plans to use the land to start a tribal food sovereignty program to raise cattle and distribute meat to those in need, including elders.

Little Shell is currently looking at putting the purchased acres into trust land.

"I think this is really good that the Interior is looking at making this process a lot easier," Gray said.

Tuesday's actions were spurred by many tribes advocating a need to exercise self-determination. "This administration is aiming to make sure that its Indian Affairs agenda is really driven by the people of Indian Country," the Interior spokesperson said.

Another benefit to tribes is the new actions minimize costs.

The faster tribes can get their fee-to-trust application reviewed, the less they'll have to pay in completing the process — and the less taxes they will have to pay to operate on lands they don't own. Such is the case with tribes in Montana.

A Senate bill in the state allows counties to retrieve property taxes if a fee to trust application is denied or if the entire process exceeds five years.

Montana State Representative Tyson Running Wolf, Blackfeet, says he opposed the bill because it would mean tribes would have to pay back years of taxes if an application is long-wind-

"Land Maze" continued on page 33.

P.O.D. IT, DON'T FLUSH IT!

What can I dispose of in the Collection Boxes?

Items Accepted

- Prescription Drugs (Including controlled substances)
- Over-the-counter (OTC) Medicines
- Pet Medicines
- Nutritional Supplements and Vitamins
- Medicated Ointments and Lotions
- Liquid Medications in Sealed Containers or Plastic Bags

Items NOT Accepted

- Needles, Lancets or Pen Needles (ANY Sharps)
- Aerosol Cans
- Bloody or Infectious Waste
- Hydrogen Peroxide
- Thermometers
- IV Bags
- Trash
- Mail

Where can I dispose of my unused medications?

Place your medications in the secure POD collection boxes at these locations.

ANTRIM COUNTY

Antrim County Sheriff's Office - Administration Office
107 Grove Street, Bellaire, MI 49615 - 231-533-8627

Elk Rapids Police Department
321 Bridge Street, Elk Rapids, MI 49629 - 231-264-6592

CHARLEVOIX COUNTY

Boyer City - City Hall
319 North Lake Street, Boyer City, MI 49712 - 231-582-6611

Charlevoix County Sheriff's Office - Jail Entrance
1000 Grant Street Charlevoix, MI 49720 - 231-547-4461

City of Charlevoix Police Department
210 State Street Charlevoix, MI 49720 - 231-547-3258

Charlevoix County Sheriff's Office - Beaver Island
37830 Kings Highway, Beaver Island, MI 49782 - 231-448-2700

City of East Jordan Police Department
326 Main Street, East Jordan, MI 49727 - 231-536-2273

CHEBOYGAN COUNTY

Cheboygan County Sheriff - Department County Building
870 S. Main Street Cheboygan, MI 49721 - 231-627-3155

Cheboygan Department of Public Safety - Cheboygan City Hall
403 N. Huron Street Cheboygan, MI 49721 - 231-627-4321

Mackinaw City Police Department - Village Hall
102 S. Huron Avenue Mackinaw City, MI 49701 - 231-436-7861

Tuscarora Township Police Department
3546 Sturgeon Avenue Indian River, MI 49749 - 231-238-9481

EMMET COUNTY

City of Petoskey Department of Public Safety - Lobby of City Hall
101 East Lake Street, Petoskey, MI 49770 - 231-347-2500

City of Petoskey Dept. of Public Safety Station West Bay Harbor
3625 Charlevoix Avenue Petoskey, MI 49770 - 231-347-4642

Emmet County Sheriff's Office - Jeffery P. Bodzick
Administrative Office and Correctional Facility -Jail Entrance
450 Bay Street, Petoskey, MI 49770 - 231-439-8900

Emmet County Sheriff's Office - Richard L. Zink Law Enforcement Center
3460 Harbor-Petoskey Road, Harbor Springs, MI 49740 (231) 439-8900

Harbor Springs Police Department
170 Zoll Street, Harbor Springs, MI 49770 - 231-526-6211

Little Traverse Bay Bands of Odawa Indians - Tribal Police Department
911 Spring Street, Petoskey, MI 49770 - 231-242-1574

GRAND TRAVERSE COUNTY

Grand Traverse County Sheriff -
Traverse City Police Department Law Enforcement Center
851 Woodmere Avenue, Traverse City, MI 49686 - 231-995-5001

MACKINAW COUNTY

City of St. Ignace Police Department
396 N. State Street, St. Ignace, MI 49871 - 906-643-6077

Mackinac County Sheriff's Office
100 South Marley Street, St. Ignace, MI 49871 - 906-643-1911

For more information, call Tip of the Mitt Watershed Council at 231-347-1181 or visit www.watershedcouncil.org

Bineshiinh'ik - Birds [Bi ne shiinh ik] Word Search Answer Key

waabmiimii - dove
zhaawshko-bineshiinh - bluebird
gaakaapshiinh - barn owl
misko-bineshiinh - cardinal, red bird
baakaakwaan - chicken
jigijigigaaneshiinh - chickadee
asiganaak - blackbird
jiidiinh - bluejay
nika - Canadian goose
ajjaak - crane
zhiishiibenh - duck
aandeg - crow

Puzzle on
page 13.



MAKE EVERY MOVE COUNT

When you Move More every day, you can reach some pretty big goals over time. Small steps can add up to huge strides — in your physical health, mental health, stress levels, sleep, productivity, relationships and more. Let movement take you places you never thought possible!



10 Minutes
of stretching is like walking the length of a football field



2.5 Hours
of walking every week for a year is like walking across the state of Wyoming



30 Minutes
of singles tennis is like walking a 5K



1 Hour
of dancing every week for a year is like walking from Chicago to Indianapolis



20 Minutes
of vacuuming is like walking one mile



30 Minutes
of grocery shopping every other week for a year is like walking a marathon

Source: purdue.edu/walktothemoon/activities.html
 For more ways to add activity to your life, visit HEART.ORG/MOVEMORE



CHOOSE YOUR OWN WORKOUT

Circuits can be a great way to work out and reduce stress without any special equipment

TO BUILD YOUR CIRCUIT, CHOOSE 3-4 EXERCISES FROM EACH CATEGORY:

Alternate cardio and strength exercises in short bursts of 30 seconds and 3 minutes, then repeat the circuit two to three times.

CARDIO EXERCISES

- Jumping Jacks
- Squat Jumps
- Jogging or Marching in Place
- Stair-Climbing or Step-Ups
- High Knees
- Mountain Climbers
- Star Jumps
- Burpees

STRENGTHENING AND STABILITY EXERCISES

- Plank and Side Plank
- Pushups
- Sit-Ups or Crunches
- Hip Lift or Bridge Position
- Tricep Dips on a Chair
- Lunges
- Squats or Chair Position
- Wall Sits

Learn more ways to add activity to your routine at heart.org/HealthyForGood

EAT SMART MOVE MORE BE WELL

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How much physical activity do you need?

Here are the American Heart Association recommendations for adults.

- Fit in 150+**
Get at least 150 minutes per week of moderate-intensity aerobic activity or 75 minutes per week of vigorous aerobic activity (or a combination of both), preferably spread throughout the week.
- Move More, Sit Less**
Get up and move throughout the day. Any activity is better than none. Even light-intensity activity can offset the serious health risks of being sedentary.
- Add Intensity**
Moderate to vigorous aerobic exercise is best. Your heart will beat faster, and you'll breathe harder than normal. As you get used to being more active, increase your time and/or intensity to get more benefits.
- Add Muscle**
Include moderate- to high-intensity muscle-strengthening activity (like resistance or weight training) at least twice a week.
- Feel Better**
Physical activity is one of the best ways to keep your body and brain healthy. It relieves stress, improves mood, gives you energy, helps with sleep and can lower your risk of chronic disease, including dementia and depression.



Move more, with more intensity, and sit less.

Find out how at heart.org/movemore.

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SAFETY TIPS

for active outdoor dogs



Sunburn
Apply a pet sunscreen with an SPF of 15+ to the bridge of the nose, ear tips and any area where pigmentation is low. Dogs with short hair need full coverage sunscreen.



Signs of heat stroke
Keep dogs hydrated and cool. Heat stroke is deadly. Excessive panting, failure to respond to commands and a redder than normal tongue and gums are all signs that your dog needs medical attention promptly.



Dangerous plants
Many plants can be dangerous to dogs. Foxtails have spiky seeds can get lodged in a dog's ear, nose, eye or skin. Be aware of the problem plants in your area.



Bug bites
Dogs show signs of discomfort by whining or howling persistently when bitten. For simple bug bites, like an ant, apply a cool compress and a paste of baking soda and water to soothe the area.

SHEKNOWS

ENCOURAGING WORDS IN OJIBWE

Ginibwaakaa
You are smart

Gigotaamigiz
You are a good worker

Niminwendam omaa ayaayan
I am happy you are here

Gidapiitendaagoz
You are important

Giwiidookaage
You help people

Gidebweyenimin
I believe in you

Gidapiitenimin
I value you

Ginitaa-bizindam
You are a good listener



"Healing Prayer for the Water"
Painting by LeAnne "Kalihwiyotha" Thompson
www.inkdropgallery.com/kalihwiyotha

EMPOWERED YOUTH DEVELOPMENT INITIATIVES
Info: 218.368.6430
coach.danninham@gmail.com

RES2021

RESERVATION ECONOMIC SUMMIT

July 19-21, 2021 | Las Vegas, Nevada



LINEs FROM OUR MEMBERSHIP



Birthdays



Wishing my Aunt Carol a happy birthday on June 10. Gzaagin, Pauline.

Walking On...



Suzanne Margaret Portman, 85

Suzanne Margaret Portman, 85, of Cheboygan, MI, passed away May 7, 2021. Suzanne was born December 3, 1935 to John and Elizabeth (Glynn) Kleabir in Detroit, MI. She grew up in Detroit, MI, and Livonia, MI, and attended Bentley High School, graduating in 1954. On August 27, 1955, she married Donald A. Portman in Livonia, MI. She was a bowling coach, girl scout leader and cub scout den mother. Suzanne enjoyed playing bingo, bowling, traveling near and far, dancing, art and anything to do with family and friends. She was a member of St. Mary's Catholic Church and St. Francis Solanus Indian Mission Church. Suzanne is survived by her children, Michele Portman-LaCount, Dan (Joie) Portman, Kimmy (Tim) Symanski and Don (Shannon) Portman; grandchildren, Chrissy, Jenny, Liz, John, Traci, Michael, Jessica, Christopher, Danni, Jeremy, Duane, Nicholas, Brandy, Donny, Nathan and Izzy; 20 great-grandchildren; her nephews, John Chamie, Joe Chamie and her goddaughter, Joyce Ann Kandes. She was preceded in death by her husband, Donald Portman, parents, John and Elizabeth Kleabir, sister, Glynda Chamie, brother, John Kleabir, and son-in-law, Greg LaCount.



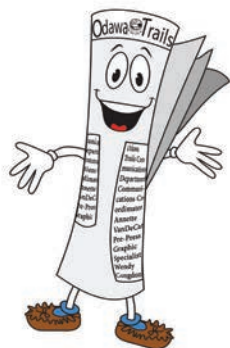
Our little buddy, **Cameron!** How we miss you, your hugs and kisses, and your giggles!! We hold these memories of you so deep in our hearts!! We can't believe you will be 14 this year!! We hope you have an awesome birthday!! We will be thinking of you as we do every day!! Your whole Kiogima family loves you!! Never forget that!

Happy birthday, pretty girl **McKenzie!** We hope you have a beautiful 15th birthday!! We miss celebrating these milestones with you, but God knows, you are always in our hearts, our thoughts, and our prayers!! Our memories with you never fade!
Grandma & Grandpa Kiogima and your whole Kiogima family love you...always!!



We want your birthdays, anniversary wishes, congratulations, wedding announcements, birth announcements or a miigwetch!!
Surprise the ones you love with a thinking of you!

Submissions can be e-mailed to newsletter@ltbbodawa-nsn.gov



All 2021 graduation announcements must be received by June 7, 2021 to be included in the July issue of Odawa Trails. E-mail your announcement along with a photo of the graduate to newsletter@ltbbodawa-nsn.gov or mail to LTBB Communications Department, 7500 Odawa Circle, Harbor Springs, MI 49740.



33rd Annual Michigan Indian Family Olympics

Tribe vs Tribe ONLINE Competition

July 12-16, 2021

- Each Tribe will compete in their own community.
- Tribal Coordinator will designate times to participate in the events.
- We encourage performing the events with your Tribal coordinator in person, however if you are not able to you can submit your results to them.
- Look for more information on events soon!
- Contact your local Tribal coordinator for more information.

Pre-register at:

www.sagchip.org/mifo/

Registration will open:

Tuesday, June 1, 2021

Score/results deadline:

All event scores/results are to be submitted to your coordinator by Friday, July 16 at 5 p.m.

For more information, please contact: Jaden Harman at 989.775.4694



Each participant will receive a 2021 MIFO T-shirt



Saginaw Chippewa Indian Tribe of Michigan
"Working Together for Our Future"

7500 Soaring Eagle Blvd.
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org



July 23 - 25, 2021

Grand Entry

Friday: 7 p.m. | Saturday: 1 p.m. | Sunday: 12 p.m.

Saginaw Chippewa Tribal Campground
7525 E. Tomah Rd., Mt. Pleasant, MI 48858

Hotel Information:

- Soaring Eagle Casino & Resort | 1.888.732.4537
- Soaring Eagle Waterpark and Hotel | 1.877.232.4532
- The Retreat at Soaring Eagle | 1.877.232.4532

Vendor Application:

- Accepting applications until June 7, 2021 and approved by committee.
- Limited spaces available.
- All vendors will be required to donate for the giveaway or donate water.

Special Request:

- All specials will be approved by committee prior to event.
- Donation of giveaway gift or water

Due to COVID-19, please follow the guidelines:
Wearing masks, washing hands and social distancing

For more information, please contact: SCIT Powwow Committee at 989.775.4000 or PowwowCommittee@Sagchip.org



Saginaw Chippewa Indian Tribe of Michigan
"Working Together for Our Future"

7500 Soaring Eagle Blvd.
Mount Pleasant, MI 48858
989-775-4000
www.sagchip.org

43rd Annual KBIC Maawanyiding
July 23-25, 2021
Baraga, Michigan



HEAD MALE DANCER
AHSINEES LARSON
HEAD FEMALE DANCER
TERRI "BUCKS" WEBSTER
HEAD VETERAN DANCER
RODNEY LOONSFOT
HONOR GUARD
KBIC WIIKWEDONG
OGICHIDAA SOCIETY

HOST DRUM
CROSSROADS
MC'S
JOHN TELLER JR.
KEITH SMITH
ARENA DIRECTOR
ROBERT BLACKDEER

GRAND ENTRIES

Friday 7pm
Saturday 1pm & 7pm
Sunday 1pm

Drum split for all visiting drums
Dancers & Drums paid each session



18+ Men's Woodland Special
1st-\$500
2nd-\$300
3rd-\$200
18+ Woman's Jingle Special
1st-\$500
2nd-\$300
3rd-\$200
3-Man Hand Drum Contest

PUBLIC WELCOME
FREE ADMISSION

NO DRUGS OR ALCOHOL
NOT RESPONSIBLE FOR LOST
OR STOLEN PROPERTY

FOR MORE INFO CONTACT:
ALDEN CONNOR (906) 353-4278
TINA MURRY (906) 353-4193

CELEBRATE EVERY SATURDAY IN JUNE!

ANNIVERSARY WINNING Bonanza

PETOSKEY

RED HOT POINTS

June 5 | 9AM-9PM

9AM-12:59PM 7X | Elite Member Bonus 10X
1PM-4:59PM 4X | Elite Member Bonus 7X
5PM-8:59PM 2X | Elite Member Bonus 5X

HOT SEATS

June 12 | 12PM-8PM

Win up to \$60 in Free Slot Play.

BONUS GAMES

June 19 | Starting at 2PM

The first 400 guests who earn 200 Base Points will trigger a Bonus Game on their Slot Machine for a chance to win up to \$75 in Free Slot Play!

DRAWINGS

June 26 | 4PM-8PM

5 Base Points = 1 Drawing Entry. Win up to \$14,000 Cash!

VICTORIES

SPORTS & ENTERTAINMENT

JUNE ENTERTAINMENT LINE-UP

PETOSKEY

FRIDAY, JUNE 4

PIANO WARS!

SATURDAY, JUNE 5

PIANO WARS!

FRIDAY, JUNE 11

DON SWAN & THE 4 HORSEMEN

SATURDAY, JUNE 12

DERAILED

FRIDAY, JUNE 18

HERB THE ARTIST

SATURDAY, JUNE 19

JABO BIHLMAN Q100 PARTY

FRIDAY, JUNE 25

BROTHER ELSEY

SATURDAY, JUNE 26

CROSSCUT KINGS

PETOSKEY
MACKINAW CITY



FATHER'S DAY PLAY TO EARN



Sunday, June 20 | 12PM-6PM

Earn 100 Base Points on your Pure Rewards Card to choose your gift!

PETOSKEY

MACKINAW CITY



JUNE VETERANS HOT SEATS JUNE 14 • 12PM-6PM

All Veterans and Active Duty Personnel playing Slots with their Pure Rewards card will have a chance to win Free Slot Play or a Handcrafted Wooden American Flag from Brave American.

Brave American is a Michigan based company. These Wooden American Flags are handcrafted by USA Veterans and a portion of each purchase from Brave American is donated to Veteran Services.



mackinaw city SWIMMING IN WINNINGS

EARN ENTRIES: JUNE 1-25

MACKINAW CITY

DRAWINGS | JUNE 25 | 4PM-8PM

2 Winners every half hour!

5 BASE POINTS = 1 DRAWING ENTRY

Play slots with your Pure Rewards Card for your chance to win up to \$200 in Free Slot Play or \$500 Cash!



Elite members will receive 2X entries every day.



Premier members will receive 2X entries on Thursdays.



Preferred members will receive 2X entries on Tuesdays.

Petoskey | Mackinaw City

877.442.6464 | 231.344.4433

| odawacasino.com

STANDARD PROMOTIONAL RULES APPLY. SEE PLAYERS CLUB FOR DETAILS. 2021.

ODAWA
Casino