

Program Phase Breakdown

PHASE ONE	PHASE TWO
A) Phase One - Week-to-Week Workbook	B) Phase Two - Week-to-Week Workbook
Week 1 - Where am I? Where will I go? Week 2 - What to Expect from Us? What We Expect... Week 3 - Those Around Us Week 4 - How will We Start the Fire? Week 5 - Step One, Part One Week 6 - Step One, Part Two Week 7 - Step One, Part Three Week 8 - Presentation on Step One Accomplishment	Week 9 - Step Two Part One Week 10 - Step Two Part Two Week 11 - Step Two Part Three Week 12 - Presentation on Step 2 Accomplishment Week 13 - Step Three Part One Week 14 - Step Three Part Two Week 15 - Step Three Part Three Week 16 - Take Step Three Week 17 - Sponsorship, pt. 1 Week 18 - Sponsorship, pt. 2
B) Phase One - Week-to-Week Planner	(B) Phase Two - Week-to-Week Planner
Probation Reporting 1X/week Status hearings 4X/month Daily PBT's, drug test 2X/week minimum 1 Hour of physical activity/week Individual counseling 2X/week Self-help meetings 4X/week Daily morning prayer and meditation	Probation Reporting 1X/week Status hearings 4X/month Daily PBT's, drug test 2X/week minimum 1 Hour of physical activity/week Individual counseling 1X/week Self-help meetings 3X/week Daily morning prayer and meditation
C) Follow ALL Program Rules and Regualtions	C) Follow ALL Program Rules and Regualtions
PHASE THREE	PHASE FOUR
A) Phase Three - Week-to-Week Workbook	A) Phase Four - Week-to-Week Workbook
Week 19 - Setting Life Goals Week 20 - Know Where You Come From Week 21 - Family Tree Presentation Week 22 - Step Four, Part One Week 23 - Step Four, Part Two Week 24 - Step Four, Part Three Week 25 - Step Four, Part Four Week 26 - Step Five Week 27 - Step Six Week 28 - Step Seven Week 29 - What is Relapse Prevention? Week 30 - Relapse Prevention Presentation	Week 31 - Step Eight, Part One Week 32 - Step Eight, Part Two Week 33 - Step Nine, Part One Week 34 - Step Nine, Part Two Week 35 - Step Nine, Part Three Week 36 - Personal Makeover Week 37 - Understanding Your Shape Week 38 - Building Your Resume Week 39 - Interview for Your Dream Job Week 40 - Step Ten Week 41 - Step Eleven Week 42 - Aftercare, Part One Week 43 - Aftercare, Part Two Week 44 - Your First Lead
B) Phase Three - Week-to-Week Planner	(B) Phase Four - Week-to-Week Planner
Probation Reporting as needed Status hearings 2X/month Random PBT's, drug test 1X/week minimum 1 Hour of physical activity/week Individual counseling as needed Self-help meetings 3X/week Daily morning prayer and meditation	Probation reporting as needed Status hearings 2X/month Random PBT's, random drug test 1 Hour of physical activity/week Individual counseling as needed Self-help meetings 2X/week Daily morning prayer and meditation
C) Follow ALL Program Rules and Regualtions	C) Follow ALL Program Rules and Regualtions