

W inter Solstice 2005







Thank You!

I would like to send a Chi Miigwech to those elves that assisted in helping make this year's Winter Solstice Children's Party a success.

- * Tribal Council for approving the request to have a party.
- * Gift Purchasing: Ron & Ashley Boda; Cathy Olson; Rob, Mary, Courtney, Rochelle & Jacob Schneider.
- * Gift & Treat Bagging: Ron & Ashley Boda; Rob & Courtney

Winter Solstice 2005

This year's annual Winter Solstice party was held at the new community center located at the Emmet County Fairgrounds in Petoskey, Michigan. The event was well attended and enjoyed by all who went. The winners from this year's party were: Stephanie Howell for stepping up and organizing the event for us all to enjoy! Your hard work did not go unnoticed ladies, way to pull it off with such short notice! All Photos are courtesy

All Photos are courtesy of Linda Keshick.



Tribal Council Meeting Dates 2006

January 7, 2006 Work Session January 8, 2006 Council Meeting

January 21, 2006 Work Session January 22, 2006 Council Meeting

February 4, 2006 Work Session February 5, 2006 Council Meeting

February 18, 2006 Work Session Febrary 19, 2006 Council Meeting

March 4, 2006 Work Session March 5, 2006 Council Meeting

ALL TRIBAL COUNCIL MEETINGS AND WORK SESSIONS ARE HELD IN THE TRIBAL COURT ROOM LOCATED AT 7500 ODAWA CIRCLE, HARBOR SPRINGS

EXECUTIVE

FRANK ETTAWAGESHIK TRIBAL CHAIRMAN WILLIAM DENEMY VICE CHAIRMAN

LEGISLATIVE TRIBAL COUNCIL MEMBERS

BEATRICE A. LAW, LEGISLATIVE LEADER SHIRLEY OLDMAN, TREASURER MELVIN L. KIOGIMA, SECRETARY FRED HARRINGTON, JR., COUNCILOR REGINA GASCO BENTLEY, COUNCILOR MARY ROBERTS, COUNCILOR RITA SHANANAQUET, COUNCILOR ALICE YELLOWBANK, COUNCILOR DEXTER MCNAMARA, COUNCILOR

This newsletter is published by the LTBB of Odawa Indians, 7500 Odawa Circle, Harbor Springs, Michigan 49740. We reserve the right to edit any material submitted for space and content.

- Schneider
- * Setup: Patrick, Ron & Ashley Boda; Rob, Courtney & Rochelle Schneider
- Kitchen: Stephanie & Mallory Howell; Larry Howell; Shann Davenport; Maureen Kipatrick; and Julie Harrington
- * Gift Distribution: Ron Boda & Rob Schneider
- * Music: David & Amy Kagabitang
- * Cakes: Maria Sargent, owner Sweet Maria's Confections
- * Our own Native "Santa"
- * Other: Melissa Barber- shopping for the treat bags and candy, & Mandy Ragland-who came in on Saturday morning so I can finish purchasing for the Party.
- * All those who stayed & helped clean up after the party. Without the help of volunteers, this party wouldn't have been possible.

We look forward to planning next year's party. Theresa Boda, 2005 Winter Solstice Party Chair Treat Bags golden-ticket" winner: Cody Walker Gingerbread House Decorating Contest: YaLynn Nanegos Gingerbread House Decorating Contest Runner-Up: Susie Swadling Comment Card Drawing: Janet Sagataw

Chi Miigwecth to Theresa Boda and



Return Service Requested

Little Traverse Bay Bands of Odawa Indians 7500 Odawa Circle Harbor Springs, Michigan 49740

Prstrt First Class U.S. Postage PAID Permit Vo. 975 MI

2		O DAW A TRAILS		January 2006
Commission N	Meeting Dates	Tribal C	uncil Min	
Enrollment	Indian Child Welfare			
Commission	January 9, 2006 9:30 A.M	The Little Traverse Bay Bands of Odawa Indians	11:48 a.m. Public Comment	Budget. Roll Call Vote: Councilor Gasco
January 16, 2006 February 20, 2006	January 16, 2006 Noon February 4, 2006 9:30 A.M.	Tribal Council Meeting December 4, 2005	opened: Harvey Gibson, Eleanor Barber	Bentley-yes, Councilor Harrington- yes, Councilor McNamara-yes,
March 20, 2006	February 20, 2006 Noon March 4, 2006 9:30 A.M.	Tribal Court Room 7500 Odawa Circle	12:00 p.m. Public Comment closed	Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor
Meetings begin at 5:00 PM	March 20, 2006 Noon	Smudging 9:15 a.m. Meeting begins at 9:30 a.m.	12:01 p.m. Lunch Recess called	Yellowbank-yes, Treasurer Oldman-absent, Secretary
and are located in the Enrollment Commission	Meeting location is 915		1:38 p.m. Meeting Resumed with Executive Report	Kiogima-yes, Legislative Leader Law-yes
Workroom #118 at 7500 Odawa Circle, Harbor Springs,	Emmet Street, Petoskey, Michigan. All meetings open	Executive Session: no Call to Order: Meeting was called	3:00 p.m. Recess called	Motion Carried
MI 49740. All meetings are open to the Tribal membership	unless noted in closed ses- sion.	to order at 9:36 a.m. Council Present: Legislative	3:07 p.m. Meeting reconvened	Motion made by Councilor Shananaquet and supported by
unless otherwise posted.		Leader Beatrice A. Law, Secretary	Motion made by Councilor	Councilor Yellowbank to adopt Tribal Council Resolution
Housing Commission All meetings are open to the	Education Commission	Melvin L. Kiogima, Councilor Dexter McNamara, Councilor	Yellowbank and supported by Councilor Harrington to accept	#120405-04 Tribal Council Code
public unless otherwise posted close session.	January 14, 2006 February 11, 2006	Alice Yellowbank, Councilor Rita Shananaquet, Councilor Mary	the Executive Branch report as presented by Tribal Chairman	of Conduct and Ethics. Motion Withdrawn
January 2, 2006	March 11, 2006	Roberts, Councilor Regina Gasco Bentley, Councilor Fred	Frank Ettawageshik. Vote: 8 Yes, 0 No, 0 Abstained, 1	Motion made by Councilor
February 6, 2006 March 6, 2006	April 8, 2006	Harrington, Jr. Absent: Treasurer Shirley Oldman	Absent (Treasurer Oldman) Motion Carried	Harrington and supported by Councilor Gasco Bentley to adopt
All meetings start at 3:30pm	All meatings are open to the tribal membership unless oth-	Executive Office Present: Tribal	Motion made by Councilor Gasco	resolution #120405-04 Tribal Council Higher Education
and are being held at the Government Complex at 7500	erwise noted This meeting will be held in the	Chairman Frank Ettawageshik, Vice-Chairman William Denemy,	Bentley and supported by Councilor Harrington to adopt	Scholarship Ad-Hoc Committee. Roll Call Vote: Councilor Gasco
Odawa Circle. If you have any questions or concerns, please	education department class-	Rebecca Fisher-Executive Assistant	Resolution #120405-01 Support for Public Acquisition of Big Rock	Bentley-yes, Councilor Harrington- yes, Councilor McNamara-yes,
contact one of your Housing Commissioners.	room in the first floor of the governmental complex	Legal Staff Present: Allie	Point. Roll Call Vote: Councilor Gasco	Councilor Roberts-yes, Councilor Shananaquet-yes. Councilor
Health Commission		Greenleaf Maldonado, Assistant General Counsel	Bentley-yes, Councilor Harrington- yes, Councilor McNamara-yes,	Yellowbank-yes, Treasurer Oldman-absent, Secretary
	9, 2006 13, 2006	Staff Present: Michele LaCount-	Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor	Kiogima-yes, Legislative Leader Law-yes
	13, 2006	Legislative Office Manager, Albert Colby, JrTribal Administrator,	Yellowbank-yes, Treasurer Oldman-absent, Secretary	Motion Carried
All meetings start at 6:30pm and Government Complex at 7500 Od		Valerie Tweedie, Chief Financial Officer	Kiogima-yes, Legislative Leader Law-yes	Motion made by Secretary Kiogima and supported by
	Little Traverse Bay Bands of Odawa Indians	Commission, Boards and	Motion Carried	Councilor McNamara that we accept the receipt of nomina-
		Committees: none	Motion made by Councilor McNamara and supported by	tions from the Executive for Judicial, Prosecutorial and
Community Resources		Guests: Harvey Gibson, Eleanor Barber, Andrew Stich	Councilor Gasco Bentley to adopt Resolution #120405-02	Commissions as presented by Tribal Chairman Frank
			Authorizing Chairman to Sign Great Lakes Regional	Ettawageshik on December 4, 2005.
▶ Food	Distribution Program	Opening Ceremony: Frank Ettawageshik	Collaboration. Roll Call Vote: Councilor Gasco	Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Treasurer Oldman)
Concreting	Rensent	Motion made by Councilor	Bentley-yes, Councilor Harrington- yes, Councilor McNamara-yes,	Motion Carried
General Information	for a	McNamara and supported by Councilor Gasco Bentley to adopt	Councilor Roberts-yes, Councilor Shananaquet-yes, Councilor	Motion made by Councilor Roberts and supported by
Alternative to Food	Baresa Marquette Nger Schookraft Luce Chippens	the agenda for December 4,	Yellowbank-yes, Treasurer	Councilor Gasco Bentley to adopt Resolution #120405-05
Cannot receive com-	Ires Dississe Delta	2005, as amended. Vote: 8 Yes, 0 No, 0 Abstained, 1	Oldman-absent, Secretary Kiogima-yes, Legislative Leader	Authorizing the Legal Department
modities & food stamps in same	SIL m	Absent (Treasurer Oldman) Motion Carried	Law-yes Motion Carried	to File Complaints. Roll Call Vote: Councilor Gasco
month. Native Americans living in 	Emer Resource Pressue	Motion made by Councilor	3:59 p.m. Public Comment	Bentley-yes, Councilor Harrington- yes, Councilor McNamara-yes,
the 27 counties-see map (north of & east of arrows)	Levies Intrin Disson Manta, Bipena Brazie Franziska Asport Bocoda Bicona Benzie Franzeska	Yellowbank and supported by Councilor McNamara to	opened: Andrew Stich 4:06 p.m. Public Comment	Councilor Roberts-yes, Councilor Shananaquet-no, Councilor
	Manistre Jestard Hissau Boscon, Egenau Atanistre Jestard Hissau Boscon, Egenau	approve the minutes of November 20, 2005 as present-	closed	Yellowbank-yes, Treasurer Oldman-absent, Secretary
	Hason Lace Bocela Clare Gladuin Biceana Nature Arcasta Isabella Midland Dav	ed. Vote: 8 Yes, 0 No, 0 Abstained, 1	Motion made by Councilor Harrington and supported by	Kiogima-yes, Legislative Leader Law-yes
	Vursveicar Manteals Gratist Sacinau Tuscola Sanilac Ottava yunt Genescc Laper 51. Clair	Absent (Treasurer Oldman) Motion Carried	Councilor McNamara to approve EXEC ELD 135-00	Motion Carried
Community Resources	Riesan Barry Eaton Inghan Livines Bakland	Motion made by Secretary	Elder's Housekeeping Policy, Elder's Housing Keeping Program	5:15 p.m. Motion made by Councilor McNamara and sup-
7500 Odawa Circle Harbor Springs, Mi 49740	Uan Buren Kalunazao Calhoun Jackson Jashtena-Ulavne Berrien Coss Jasere Branch Mildale Lenuare	Kiogima and supported by Councilor Gasco Bentley to	Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Treasurer Oldman)	ported by Councilor Roberts to adjourn.
Phone: 231-242-1626	Non-uni musi musi kampi musan regaga	accept the Elder's verbal report from Harvey Gibson on	Motion Carried	Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Treasurer Oldman)
The ITEP Herring P	onautmant Dramana	December 4, 2005. Vote: 8 Yes, 0 No, 0 Abstained, 1	Motion made by Councilor Harrington and supported by	Motion Carried
SHORT TERM RENTAL ASSISTANCE: THIS PROGRAM OFFERS		Absent (Treasurer Oldman) Motion Carried	Councilor Yellowbank to approve EXEC ELD 130-00	These Minutes have been read and approved as written:
FOR NEW TENANTS WHO NEED ASSISTANCE WITH THE FIRST MONTH'S I RITY DEPOSIT. THIS CAN BE USED ONE TIME ONLY AND THE RENT P			Elder's Snow Plowing Policy,	Approved:

SHORT TERM RENTAL ASSISTANCE: THIS PROGRAM OFFERS UP TO \$1,500.00 For new tenants who need assistance with the first month's rent and/or secu-rity deposit. This can be used One Time Only and the rent requested must be and may not exceed 30% of the household's monthly income.



DOWN PAYMENT ASSISTANCE - THIS PROGRAM OFFERS UP TO \$5,000 OR 10% OF YOUR MORTCAGE (WHICHEVER IS LESS OF THE TWO) AND CAN BE USED TO PUR-CHASE OR RE-FINANCE A HOME.

FORECLOSURE PREVENTION PROGRAM: THIS PROGRAM OFFERS UP TO \$3,000 TO ASSIST IN FORECLOSURE PREVEN

> WELL & SEPTIC ASSISTANCE PROGRAM: FUNDED BY THE INDIAN HEALTH SER-VICES LOCATED IN SMULT STE. MARKE, MIT; THIS PROCRAM PROVIDES THE RESOURCES AND TECHNICAL ASSISTANCE ASSOCIATED WITH THE INSTRULATION OF A NEW WILL AND SANITA-TION SERVICE OR REPLACEMENT OF DEFICIENT EXISTING WELL/SEPTIC.

CREDIT COUNSELING: OUR COUNSELING PROVIDES TRIBAL MEMBERS THE KNOWLEDGE IT TAKES TO GAIN FINANCIAL STABILITY AND CREDIBILITY.

> TRANSITIONAL HOUSING PROGRAM: THIS PROCRAM IS DESIGNE LIES, FOR A LIMITED TIME, UNTIL PERMANENT HOUSING GIN BE FOUND. LIMITED AVAILABILITY. PLEASE SUBMIT LETTER OF INTEREST AND YOUR NAME WILL BE PLACED ON OUR WAITING LIST.

ELDERS HOUSING DEVELOPMENT: WAH-WAHS-NOO DA KE ELDER HOUSING DE-VELOPHENT CONSISTS OF 12 UNITS AND EDGENED TO MEET THE NEEDS OF VERY LOW TO MODERATE INCOME LEVEL ELGERLY TRIBLE MEMBERS, AGE 55 AND OLDER. PLEXE MPLETE APPLICATION AND YOUR NAME WILL BE PLACED ON OUR WAITING LIST.

the Legal Department's report as presented by Allie Maldonado Assistant General Counsel. Vote: 8 Yes, 0 No, 0 Abstained, 1 Absent (Treasurer Oldman) Motion Carried

Motion made by Councilor Yellowbank and supported by

Councilor Harrington to accept

10:48 a.m. Recess called 10:54 a.m. Meeting reconvened Motion made by Councilor Gasco Bentley and supported by Councilor Yellowbank to adopt Resolution #120405-03 Appropriation of Additional Funds for 2005 Per Capita Distribution

Elder's Snow Plowing Policy,

Elder's Snowplowing Program.

Vote: 7 Yes, 0 No, 1 Abstained

(Councilor Gasco Bentley), 1

Absent (Treasurer Oldman)

Motion Carried



Melvin L. Kiogima, Tribal

Secretary

Approved:

LTBB Community Workshop First Steps to Renewable Energy on Tribal Lands Friday Evening, Janurary 20, 2006 7-9 pm Saturday Morning, Janurary 21, 2006 9-12 noon Located at the LTBB Government Complex This is a community-wide event. Anyone interested in the development of renewable energy for the Tribe is welcome and encouraged to attend

Contact the Housing Department @ 242-1540 for further details.

Child Passenger Safety Seats Available

- Infant Car Seats (available soon)
- Convertible Car Seats
- High Back Booster Seats
- Booster Seats

Contact Information: Tina Shawano, MCH RN Child Passenger Safety Technicion Health Start Program Bear River Health Park (231) 242-1614

Waganakising Odawa Business Technology Training Program

Attention Students:

WOBTT Winter semester will begin Monday, January 9, 2006

Attention



Drop into the Education Department or Call (231) 242-1484 to enroll or for more information

Space is limited so act now!



Looking For Ex-Smokers Willing to Tell Their Stories

One of the areas the Steps Grant focuses on is smoking cessation efforts. Michigan ranks high among the states for the percentage of smokers, and the health impact continues to grow. Many organizations are looking for ways to improve how we currently run smoking cessation classes, and the best way I can think of is to get information from the successful. I know there are a lot of people out there who have managed to quit smoking, and I would like to talk with you about your efforts to quit; what worked, what helped, what didn't help and what would you recommend to others who are trying to quit.





Please don't dismiss this notice because you don't think there was anything remarkable or dramatic about your effort. Your story may be just the inspiration someone out there needs to hear and you just don't know it yet!

If you have any questions, or are willing to share your story with me, call me at 1(231)242-1664 or email me at <u>rbrubacker@ltbbodawa-nsn.gov</u> and I will set something up. Also, if you are a smoker who is interested in quitting, or who has tried to quit and not been successful yet, or a family member of someone who walked on because of smoking-related illness, I would still like your story.

I'm looking forward to hearing from you. Migwech!

Regina Brubacker, RN LTBB Health Educator

Low Income Energy Assistance Program (LIEAP)

New Tribal Government Employees



Anne Stander

Aanii,

I am delighted to join the Archives and Records Department as Curriculum Specialist for the Language Program. A new ANA grant will enable the Language Department to organize Anishnaabemowin classes for the whole community. I will be working with Carla McFall and Winnay Wemigwase to revitalize Anishnaaemowin as a living language in Northern Michigan. I grew up half in the Detroit area and half in Interlochen. After getting degrees in English and Poetry, I fell into teaching foreign exchange students English as a Second Language. That's when my love of other languages began; I spent two years teaching in Mexico and five years in Eastern Europe. While not a fluent speaker yet in any language other than English, I learned enough to talk my way out of trouble (Spanish) talk my way into heaps of trouble (Romanian) and listen well enough to keep my mouth shut

(Russian).

Every language casts a beam of light on the meaning of human existence, and the loss of any language robs humanity of understanding itself. The language of the Odawa is very close to extinction. While the program will start with children, it will also take several hundred adults, especially young people, several years of dedication to acquire the ability to speak Anishnaabemowin fluently. Are you one of them? I hope to see you at language events. Miigwech for the warm welcome I have received from everyone.

Anne Stander Language Program Curr

Language Program Curriculum Specialist

Case #	Members Name	Date Order signed	Amount owed	
H-006-0601	Patricia Booth	9/20/01	\$100.00 Fines & Court Costs	
H-007-0701	Charles Mulholland	10/10/01	\$100.00 Fines & Court Costs	
H-010-1101	Robert Keshick	1/30/02	\$100.00 Fines & Court Costs	
H-011-1101	Michael E. Keshick	11/2/01	\$100.00 Fines & Court Costs	
H-019-1102	Charles Barber	2/7/04	\$100.00 Fines & Court Costs	
H-020-1102	Joseph Medicine	2/7/03	\$100.00 Fines & Court Costs	
H-021-1102	Michael Minor	11/21/03	\$100.00 Fines & Court Costs	
H-022-1102	Joseph Beaver	11/18/04	\$100.00 Fines & Court Costs	
H-023-0203	Russell J Massee	8/15/03	\$300.00 Fines & Court Costs	
H-024-1203	Anthony T Hudson	7/2/04	\$100.00 Fines & Court Costs	
H-026-0104	Michael Foreman	8/23/04	\$100.00 Fines & Court Costs	
H-030-0704	John William Adams	12/13/04	\$150.00 Fines, Court Costs & Contempt Costs	

Individual Tribal Members

Note: Members wishing to Re-Instate Treaty Privileges must Petition the Court and pay outstanding fines & court costs with an additional \$50.00 filing fee.

Linda C Harper, Court Clerk Date issued 12/2/05





Shannon Wemigwase

Aanii,

My name is Shannon Wemigwase and I am happy to be the new Third Party Billing Specialist for the Little Traverse Bay Bands Health Clinic. I bring to LTBB over 5 years experience in the Medical Billing field from my previous employment with the Burns Clinic Medical Center and Northern Michigan Hospital. I reside in Harbor Springs with my husband Patrick Wemigwase and our daughter Charlotte. I am excited about my new career with LTBB and look forward to serving the membership.

Miigwetch!



The applications for this program will be available starting October 1st.

If you live in Michigan and need assistance with Fuel Oil, Propane, Electric, Natural Gas or Wood/Coal and are Low Income, please stop by Human Services or call 231-242-1626 for an application.

There are 3 types of assistance available:

- Direct: Any assistance that is not emergency
- Emergency: Will help with Shut-off or tank less than 10%
- Weatherization: insulation, storm door, etc.

231-582-2181 Fax: 231-582-2115

Womens Hand Drum and Singing Group Tuesdays: 1:00 P.M.-2:30 P.M. Fridays: 5:00 P.M.-7:00 P.M. For more information Call:

Cark: (231)242-1454



W inter Solstice 2005































Reportfrom New Orleans by Regina Brubacker



Photo Courtesdy of Regina Brubacke

Imagine that your house was destroyed by fire, and everything in it that you weren't able to grab on your way out the door was damaged beyond salvaging.

What would you do? Where would you turn?

Usually, someone who has suffered this sort of disaster has all sorts of assistance available, right down to using your neighbor's phone to call your insurance company.

Unfortunately for the survivors of Katrina, almost all of their neighbors are just as affected. The available aid is strained because the agencies have never before had to deal with as large a



Photo Courtesy of Regina Brubacker

disaster as this one.

In early November I was privileged to travel to New Orleans with the Red Cross and work as Health Support staff at the Magnolia Park shelter in Folsom, New Orleans for ten days. By now, many of those displaced by the hurricane have been able to go home, even though their life will never be the same. There were still some who were caught in limbo while I was there, however; waiting for assistance from FEMA, or their insurance companies, or some other agency, before they could get on with their lives.

Many people since I've been back have asked me what it was like. For the

News From Substance Abuse/Mental Health

Aanii.

All of the staff at the Substance Abuse and Mental Health Department hopes that everyone is enjoying the holiday season. We hope that this will be an excellent year for all us!

Chi-Miigwetch to those who came and enjoyed the day with Gene Thin Elk at our Circle of Hope holiday event. He gave us much food for thought. His presentation was about our journey, the Red Road, that we travel in this lifetime. He told us that we have a powerful mind and when we use it in a positive way it is because of our contact with our Creator in the morning to help us begin our day. We are not to limit our Creator and we need to see the love of the Creator in everyone we see. We are 'Sacred" and when we realize that we do not have to use alcohol, drugs or do anything that would harm ourselves or others. He said that forgiveness is the ability to release ourselves from resentment, anger, emotional pain. As long as we cannot forgive we are limiting our Creator. Then our lives become "ego vs we-go." In that ego state, "it's about me." Whereas when we are in a "we-go" state we are thinking of each other and how we affect our environment. What we think affects our environment. Wellness is our responsibility in this life. He said that healing is a gift but that wellness is our responsi-

bility. We have a POWERFUL MIND

we must Emotional: to evaluate our

- selves, we must 1) be aware of our
- feelings/emotions
- 2) express our feelings appropriately

The Unnatural way of life: Emotional: we evaluate ourselves by our feelings

- 1) Unaware of our feelings or aware but don't know what to do about our feelings so we may use some type of escape to not feel, i.e., alco hol, drugs, rage, depres sion, etc.
- 2) Repress our feelings or express inappropriately Physical: Over-react or don't
- act at all
 - we don't have the energy or 1) too much energy (being too busv)
- 2) Over think everything, worry a lot

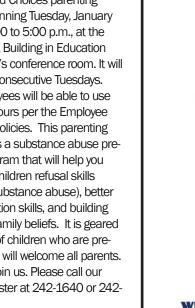
Ritual (vs. Spiritual): We become desperate 1) lack commitment or

- over-commit ourselves
- 2) we don't listen or we may listen but don't follow through with action

To summarize what Gene said with his powerful words is to dishonor him. I wished you could have all listened to him. His message was inspirational. It helped us to work through our stresses of the holiday season. I am hoping we will invite him back here again only for a longer period of time. The rest of the evening was fun-filled, we ate, shared gifts with each other and danced. I am hoping we will do this often, just to have an evening together for socialization and visiting. Call us and

let us know if you have any ideas.

A reminder: We will be offering Guiding Good Choices parenting classes beginning Tuesday, January 10, from 3:00 to 5:00 p.m., at the Government Building in Education Department's conference room. It will run for five consecutive Tuesdays. LTBB employees will be able to use education hours per the Employee Handbook policies. This parenting curriculum is a substance abuse prevention program that will help you teach your children refusal skills (regarding substance abuse), better communication skills, and building on healthy family beliefs. It is geared for parents of children who are preteen, but we will welcome all parents. Come and join us. Please call our office to register at 242-1640 or 242-1642.



what I was expecting. When you think of volunteering for disaster relief, you think of crises, emergencies, and trying to save lives. By the time I got there, the people who called the shelter home had been there for almost three months. Several people had homes or property, but because of storm or flood damage they were uninhabitable. They had been living in a gym, sleeping on an army-style cot, with everything they owned stacked around their cot in Rubbermaid Totes. They were dealing with frustration, depression, and anger because of the lengthy wait. I spent many hours just talking with them. On my one day off, I drove into the city with several other volunteers to view some of the damage. Whole neighborhoods have been abandoned because the homes aren't fit to live in. We drove past ghost towns, bare of human and animal life. The high water lines on the sides of many of the houses were almost at the top of the door. There were piles of trashed household goods along many side streets because the water damage had ruined them, and the

most part, all I can say is that it wasn't

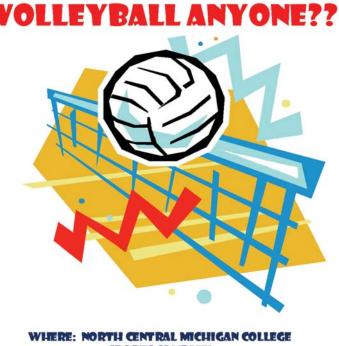
streets looked like those in any war-torn third world country. There are no green yards; all are full of bricks of dried cracked mud the floods left behind. There are so many stories, of disaster and doom and sadness, and heroism and kindness beyond imagining, that it's impossible to share them all.

The debate still going on is whether to rebuild New Orleans, and if it's even possible. The projected cost is unimaginable. All I can say for certain is that this year at Thanksgiving, I saw those clients at my shelter, sitting on a cot with boxes around them, and thought of all the small everyday things I take for granted that they were so appreciative of.

When I was preparing to leave I was told that it would be a life changing experience. On an intellectual level I understood that, but it wasn't until I shared their lives that I felt it.

Migwech to the tribe for allowing me this experience.

> Sincerely, Regina Brubacker, RN LTBB Health Educator.



SPORTS COMPLEX **1514 HOWARD STREET** PETOSKEY, MI WHEN: EVERY WEDNESDAY (WEATHER PERMITTING) FEBRUARY 1-MARCH 29, 06 TIME: 6:00-7:00 PM WE WILL ALTERNATE WEEKS BETWEEN YOUTH AGES 10-17 YEARS OLD & ADULTS 18 & OVER, BEGINNING WITH YOUTH. OLESTIONS CALL CATHY GIBSON @ 231242-1601 OR REGINA BRUBACKER @ 231 242-1664

2006 ANNUAL SNOWSNAKE GAMES

WHEN: SATURDAY, FEBRUARY 18, 2005

WHERE: LTBB GOVERNMENT COMPLEX

TIME: 9:00 A.M.-3:00 P M.

and our mind is sacred. Whatever hurts us the most we must embrace it and make it our friend. Fear is what paralyzes us and is created in our minds, that is why when we use it in a positive way, the fears are diminished. He then described a day living the "Natural" way and one in an "Unnatural" way. The Natural way is: Spiritual: for inspiration we

- 1) Meditate or listen
- 2) Pray
- Mental: for creation we
- 1) examine our thought process
- 2) examine our attitude and the way we think

Physical: for action, we

- Plan there's a season for 1) all things.
- 2) Have the energy to do what



FAT

L

TH

S

CID

FRO

Summorfield's Tax & Accounting Solutions

Refund Anticipation Loans-CASH FAST All Tribal related forms filed Evenings and Weekends available by appointment Brian Sommerfield, Accountant 809 Regent Drive, Petoskey, Michigan

(231) 838-3437 www.sommerfields.com

POT LUCK	FOLLOWING MALE AND FEMALE CAT GORIES.
BRING YOUR VORITE DISHES TO PASS. UNCH WILL BE SERVED FROM	PRESCHOOL AGES 1-4 KINDERGARTEN-2ND GRADE 3RD-5TH GRADE
РКОМ 12:00 Р.М.—1:30 Р.М.	6TH—ŜTH GRADE
IE DIABETES PROGRAM WILL PROVIDE MEAT.	9TH-12 GRADE 18-34 YEARS OLD
OUP, COFFEE & APPLE ER WILL BE AVAILABLE	35–49 YEARS OLD 50–64 YEARS OLD
DM 10:00 PM12:00 P.M.	65 & UP

Competitors must be pre-registered to be eligible for awards. (No Exceptions) Registration closes on February 18, 2004 @ 8:30 a.m. Rules and registration forms will be available in the newsletter, by fax or email or you can pick up at the Community Health/Diabetes Program, 1080 Hager Drive, Petoskey, MI. Please call Cathy Gibson @ 231 242-1601, fax 231 242-1619 or email: cgibson@ltbbodawa-nsn.gov.



January is, of course, the time for New Years Resolutions, and many people start out with good intentions and grand schemes for change. Very few people, however, manage to maintain their plans for long. A lot of people are so skeptical of resolutions that they don't even try anymore. Magazines even publish articles about why they "don't work".

often at New Years Resolutions? One of the more common causes for failure is that we don't make our resolutions specific, measurable, or sustainable. For instance, I would love to lose some weight this year (same as every year). If I said my resolution was to lose weight, it would be neither specific nor measurable. Even if I said my resolution was to lose fifty pounds by spring, I would be asking for failure. I would probably start by trying to cut back on my calories. In half a week I would feel hungry all the time and start to feel deprived, and in less than a week I would have fallen off the diet wagon. That starts the feelings of guilt, and before I know it I'm feeling depressed because I've failed another diet attempt and turning to food for comfort. If I'm going to be fat, I might as well earn it, right? Sound familiar to anyone else?

This year at the Native Americans and Diabetes and Heart Disease Conference all the experts agreed that the methods we use to fight diabetes, heart disease, and obesity are not effective. Disease rates are increasing instead of decreasing. All agencies state that we need to look at things from a new angle. The message is simple: Americans need to eat better and be more active. Throw the words "diet" and "exercise" out of our vocabularies; there's too much negativity associated with both. Come to that, there's a lot of negativity associated with New Years Resolutions as well.

Maybe we should start over with this, as well. I like the sound of New Life Resolutions. Each day is an opportunity to start life over, a New Life. I may not lose any weight today, but I can take care of myself in other ways. If you would like to learn more about how to take better care of

yourself, there are a lot places to go to check it out. Here is a listing of websites you could check out: www.mypyramid.gov - the United States Department of Agriculture's website, with information about the food guide pyramid, tips and resources for adults and children, and even an interactive tool to track your food intake. www.diabetes.org - the home page of the American Diabetes Association, containing information on diabetes prevention, nutrition, physical activity, research, and even lower- or nosugar cooking and baking. www.justmoveit.org - the home page of Native American activity programs across the country. Their goal is to share

Temporary

News From our Elder's Department

Warren Petoskey, Coordinator

Aanii LTBB Elders,

We hope this communication finds you well, safe and warm. Winter is upon us, as well as the holiday season.

We have established snowplowing and housecleaning services for those LTBB Tribal Elders living in Emmet, Charlevoix and Cheboygan Counties. Both of these services are offered on a needs basis only. Eligibility will be based on Housing Income Guidelines, living alone and verifiable health limitations. Interested applicants can complete an application with the LTBB Elders Program by picking up an application or by calling 231-242-1423 and completing an application over the phone.

We also wanted to make the LTBB Elders to be aware of a program to assist Elders with heating costs this winter. Assistance will be based on Housing Income Guidelines. When submitting a request for assistance, the applicant should submit a copy of their annual income, i.e., pension, social security, etc., and a brief letter of

explanation, as well as a copy of the heating bill. This program is only to provide heating cost assistance. Send your proof of income, brief letter of explanation and copy of heating cost to Albert Colby Jr., Tribal Administrator, LTBB Government Building, 7500 Odawa Circle, Harbor Springs, Michigan 49740.

If you are planning to visit the Petoskey area we hope that you will plan your visit on one or both days of our weekly Elder's luncheons at the LTBB Government Complex. Our luncheons are Tuesday and Thursday each week beginning at noon.

Miigwetch!

Warren Petoskey **Elders Outreach Coordinator** Tina Sutton Assistant Elders Outreach Coordinator



From the desk of the Tribal Chairman Frank Ettawageshik

Tribal Presider Comments Frank Ettawageshik, Tribal Chairman Little Traverse Bay Bands of Odawa Indians Great Lakes Regional Collaboration, Summit II, Chicago, IL December 12, 2005

I'd like to acknowledge our distinguished attendees today: Members of Congress, Tribal Leaders, Great Lakes Mayors, Federal Representatives from Executive Departments and Agencies, and many friends of the Great Lakes. I'd like to remind everyone that I speak today with the consent, and on behalf, of the members of the Tribal Caucus for this Great Lakes Regional Collaboration. Either individually or through consortium, we have here today elected leaders or staff from many of the 35 Great Lakes Basin Tribal governments. The importance of this issue of water is certainly demonstrated by the presence of so many distinguished leaders from such a broad group of governments and organizations. I am humbled to be able to be able to bring these words to such a group.

Attention Tribal Contractors Tribal contractors who wish to be considered for bidding on the construction of the new casino development please contact the Planning Department to have your information placed on a list of individuals and companies that will be sent bidding information

We are also compiling a list of potential construction workers to be provided to our construction services contractor. 231-242-1400



Tribal Directories The Enrollment Of fice has Tribal Directories for sale toLTBB members \$5.00 each Makechecks payable to LTBB of Odawa Indians



				_			
Tribal Telephone Directory							
Tammy Gasco, Receptionist		Alan Proctor, G.I.S. Director	242-1597	ľ			
Tribal Administration Melissa Wiatrolik, Administrative Assistant	242-1420	Housing Department Margaret Gasco, Administrative Assistant	242-1540				
Council Office Mike Smith, Administrative Assistant	242-1406	Human Resources Department Susan Gasco, Human Resources Representative	242-1555				
Chairman's Office Ellie Payton, Administrative Assistant	242-1401	Legal Department Su Lantz, Legal Assistant	242-1407	i			
Accounting Department Tonia Gasco, Accounting Assistant	242-1441	Law Enforcement Department. Tribal Police	242-1500	i			
Archives and Records Department Michael L. Lyons, Administrative Assistant	242-1450	MIS Department Ed Nephler, MIS Technician	242-1534	i			

242-1427

242-1426

242-1582

242-1423

242-1521

242-1574

242-1532

Our children should not have to fear for their future. Our elders should no longer have to hear the cries of pain from Mother Earth. Over the past year I've spoken with Tribal and First Nation citizens and leaders from throughout the entire Great Lakes Basin: young people, elders, men and women, hunters, fishermen, farmers, dancers and storytellers, council members and chiefs, pipe carriers and other tradition bearers. What they have told me is that they fear for the water. They fear for their own survival and the survival of our people. They also have told me that we are one with creation, that we have sacred duties to ourselves and to all those beings with whom we share this world. These duties are exemplified in our thoughts and actions towards each of the elements that make up this creation: represented by the physical, the spiritual, the emotional and the mental.

Through the work of hundreds of volunteers throughout the entire Great Lakes Basin a strategic plan for restoring and protecting the waters of the Great Lakes has been prepared. Do we all now breathe a sigh of relief? Do we now go home and get on with other matters? No. Our work has barely begun. This Strategic Plan that we offer today outlines and defines issues that we must work on. It also suggests ways by which we can address these issues. Quoting from the Executive Summary, "The Collaboration partners have rallied around a shared vision of a restored, sustainable Great Lakes ecosystem that has generated optimism and engendered a spirit of cooperation. What is needed now is the will to act and the leadership to proceed if we are to realize our vision and reach our goals. The time to begin is now."

The question of how to pay for the restoration after years of the effects of harmful actions has been raised. This certainly will be a challenge for governments at all levels. Listening to the myriad thoughts that have come together over the past year it would be easy to be overwhelmed. But the real issue that we need to face is first within ourselves, within our own hearts and minds.

Last December we signed the Great Lakes Declaration that started us on this shared journey. Today we sign a Resolution that acknowledges the work of the past year that created this Strategic Plan and moves us on to implementation. All of this plan and the hundreds of pages of appendices can be summed up as follows: If it is harmful, 242-1588 don't do it; if we are already doing it, then stop; if harm is coming from what 242-1462 we already have done, then we must undo it. These are simple words, but they lead to great and complicated tasks. 242-1700 The most difficult task however does-242-1700 n't have to cost us any money. That task is one that is a challenge for everyone 242-1611 here, everyone who is listening to these 242-1602 words, and everyone who reads them in 242-1607 the future. Change yourself and your 242-1614 own life. Conserve water, respect the life that depends upon it, accept the fact 242-1621 242-1620 that there are limits to our natural resources, demand that our businesses and governments adapt to these limits, and finally, celebrate the limitless potential that is within us all. 242-1670

Communications Department Melissa Barber, Director

Contracting Department Kristi Houghton, Contracts Manager

Economic Development Department Susan Swadling, EDD Assistant

Education Department Beverly Wemigwase, Administrative Assistant 242-1480

Elders Department Tina Sutton, Elders Program Assistant

Enrollment Department Linda Keshick, Administrative Assistant

Environmental Department Regina Gasco, Environmental Assistant

Facilities Department Steve Clausen, Facilities Manager

G.I.S. Department

Planning Department Vacant, Administrative Assistant

Tribal Court Linda Harper, Court Clerk

Tribal Health Clinic Tribal Health Clinic Dawn Kilpatrick, Receptionist

Health Department Gwen Gasco, Administrative Assistant Owen LaVeque, Transportation Kathleen Willis, Contract Health Receptionist Heidi Bosma, Maternal Child Health Outreach

Human Services Department Theresa Chingwa, Administrative Assistant Administrative Assistant/Intake Worker

Substance Abuse/Mental Health Department Jenifer Wilson, Office/Intake Coordinator 242-1642

Natural Resources Department Fiona Banfield, Administrative Assistant

Student News

Derek Richard

William McNamara

On December 10th, 2005 was

awarded the degree of Bachelor

of Arts in Telecommunications,

Information Studies and Media

from Michigan State University.

Derek made the Dean's list on

many different occasions. He

was a High School graduate

from Elkton-Pigeon-Bayport

Schools and was also an All-

State selection in the field of

Dexter and Debbie McNamara

from Pigeon Michigan and the

Mom and Dad say we are very

proud of you Derek and we love

you very much. Dad says,"Now

Grandson of Viola McNamara of

sports. Derek is the son of

Petoskey.

get a job!"

Go Green!

Lines From our Membership

Birthday Announcements

Happy 14th Birthday Adam Chippewa who celebrates his special day on January 10th! Love, Mom

Happy Birthday to Michael Sutton on January 6th! Love, Your sister

Happy Birthday Wishes to a Great Brother and Sister: Linda Keshick on January 28 and Don Keshick on January 31. With Love, from your sister, Yvonne

Happy Birthday wish to Aaron Wemigwase who celebrates on January 2nd! From all his family

Have a happy Fun-Filled Birthday on January 5th Jaxon Jewel! The big 2! You are beautiful and exceptional. We will always love you, no matter how mischevious you are!!

Love you mother and father

Happy Birthday to my litle brother Jaxon Young. Thanks for being such a good fighter ... and you better watch it!! Love your big Brother, Jayden Young

Mno-dibishkaan nangwa to Carter Clifton McFall whose birthday falls on January 16th. Here's wishing you a super-duper day Ngwis and many more to come. . . Gazaagan--your family and friends.

Happy Belated Birthday Kurt! From your bro Jeremiah

Wishing my baby sister, Collen Field a very happy birthday on January 9th. You have dome more for our mother than all of us put together! I want you to know that I love you dearly for that and am so very proud of you!!! Love you, Judy

Happy birthday to my little sister, Pricilla and my nephew, Shai Leist on January 1 and 2nd! Enjoy you day, mother and son. Love ya's, Judy

Happy birthday **Gerald Lee Field** on January 27th...it doesn't seem possible that you have been "my special angel" all these years. So very proud of what a fantastic father you are...coach!..and try to stay away from Moe and his bad habits!! ha ha

All my love, Mom

Happy Birthday to my wonderful children; Linda Keshick on January 28th and Don Keshick on January 31st! I love you both dearly. Mom

Happy Birthday on the 27th to Uncle Jer! We love you Uncle and we will be thinking of you!! Love, Your nephews, Jayden and Jaxon Young

We just wanted to say "Happy Birthday to Grandma Judy!" We love you, miss you, and hope you will come to see us soon and play in the snow and have a snowball fight with us! Love your little Jewels, Jayden and Jaxon

Happy 55th birthday to our wild, crazy, wonderful, beautiful, generous, and loving mother. We love you Judy. Have a wonderful day on January 16th! Love, Lisa and Keno Young

To the best niece in the entire nishanbee community: LINDA SUE KESHICK, we wish you a happy b'day, and we WILL be there this summer: love auntie toots and auntie meel...

Mno dibishkaan nangwa on January 27th to our brother Jesse James King. Have a fun day Jess! From your sisters, cousins, nieces and nephews.

Mno dibishkaan nangwa to our son, **Bobby Yellowbank** on January 10th. Have a great day Ngwis!

Gazaagan-Gashi miinwaa Nos

Happy birthday Aunt Boots ... "All in"...have a happy birthday and we''ll play poker soon. Love ya, Skippy

Happy Birthday Mom... hope you have a great day filled with joy and laughs from your family..get the I.O.U. sheet out lol...love you mom

Love you lots, your son, Skippy

Birthday wishes to my "older" sister, Linda Keshick on January 28th!! Be careful, dear sister, for the wrath of the grape gods have no mercy!! Enjoy you birthday weekend!!

Love, your younger sister T

Happy Birthday to Don "Ho" Keshick on January 31st. With love, Theresa, Michael and Jordan

Happy Birthday wishes to our good friend, **Linda Keshick**. You are just like your favortie drink..fine wine.. you just keep getting better with age!!!! we love you dearly. All the gals from the office, yeah all the ones that will always be younger than you!!!!

Happy Birthday on January 8th to grandmother, Irene my Petoskey! Love, Tina

Happy 18th Birthday YaLynn! Happy 20th Birthday Paul! We miss you, we love you! Love Dad & Kathy Nanegos

Happy Birthday wishes to Tony Clark in Escanaba, Michigan who celebrated his birthday on December 30th! Happy Birthday! Love, Mom

Happy Birthday wishes to Larry Stead who celebrates a January Birthday! Have a great day! Love, Aunt Diane & Uncle Tom



Birth

Announcement

Sophia Charmaine Henry

Congratulations to Meredith & Kenroy Henry on the arrival of their healthy baby girl, Sophia Charmaine Henry, born on November 28, at 6lbs 14 oz and was 21.5 inches long. Enjoy your new addition to your family...embrace each experience to the fullest...and always make time for yourselves. Lots of Lovin;...the Environmental Services Department

Congratulations

Congratulations to Krystina Peariso who made the honor roll, the first semester of her sophomore year. Good job and keep it up! Love, Mom, Rachel and Sandi

Chi Miigwech

My granddaughter, Sierra Anthony, was diagnosed with liver cancer in May of 2005. She has endured six months of chemotherapy which shrunk the tumor but was found to be embedded in her liver. She was placed on the pediatric transplant waiting list.

On December 7th, Sierra had liver transplant surgery. The surgery went well and the doctors are amazed at her recovery. She went home on December 17th and Grandma'am Anthony said Sierra is scooting around on her "bum" and playing as though she never had surgery. Her mother and father, however, are still exhausted and catching up on their rest.

My sincere and heartfelt gratitude goes out to everyone for their compassion and prayers during this trying time for my family. Chimegwetch to everyone. Susan Swadling and Family

2006 Elder's Association Calendars

For Sale \$15.00 per calendar without coupons \$25.00 with Casino coupons.

If interested contact: Harvey Gibson, Elders Association at 231-526-2079

From the Alex Cornstalk Jr. relatives....

Chiimegwetch to the LTBB firekeepers For all your help at our Uncle/brother's fire in Charlevoix and Chiimegwetch to the Biidaaskay drum for their song!!



Walking Ch . . . John F. Shenoskey



John F. Shenoskey, age 58 passed away Saturday, November 26, 2005 at St. Mary's Hospital in Grand Rapids, Michigan. He was born August 14, 1947 to William J and Margaret R (Kiwe) Shenoskey. His par-

NIP # ents preceeded him in death, as well as one brother. Clarence, John attended Holy Childhood School in Harbor Springs, Michigan. He spent his summer youth months in Cederville, Michigan with his family. John worked various jobs most of his adult life in the Grand Rapids area. He was a member of the Little Traverse Bay Bands of Odawa Indians and an avid outdoorsman. John is survived by his family; two sisters, Lucille Winberg, of Manistique, Michigan and Alice (Chuck) Honson of Oden, Michigan many nephews, nieces and cousins. He is also survived by his step-children, Debbie (Bruce) Hoyt, David (Barb) Gort, Dennis (Susan) Gort, and 9 stepgrandchildren. A family memorial service was held on December 2, 2005 in Pierson, Michigan. A traditional Native service will take place at a later date. Upon Johns wishes cremation has taken place.

Richard Kevin Laughlin



Richard Kevin Laughlin, 40, of Harbor Springs walked on December 7, 2005. Richard's sense of humor and outrageous antics will be missed by all who knew him. Richard was born on July 14, 1965, in Detroit, to the late Virginia "Janet" (Kishigo) Laughlin and Thomas John Laughlin. Richard graduated from Harbor Springs High

School in 1984. He was a long time resident of Harbor Springs, but also called Hillman and Harper Woods his home He was a member of the Little Traverse Bay Bands of Odawa Indians. Three children from his first marriagae to Peggy Seamon survive him, sons, Kevin and Christopher, and a daughter, Cathleen Ronk; and two daughters from his second marriage to Melissa Naganashe, Nicole and Josephine Laughlin; his family, Brian Laughlin of Macomb, Barry (Barb) Laughlin of Harbor Springs, Duane "Jeffery" Laughlin of Grosse Pointe, Valerie (Jim) Biro of Harper Woods, Sharon (Randy) Miller of Eaton, CO, Christopher Laughlin of Mt.Pleasant, Cynthia (Ray) Rivard of Macomb and Linda (Abe) Thiessen of Charlevoix; and many, many nieces and nephews all will miss him dearly. Funeral Services were held December 10 at Parks Funeral Home in Petoskey, Michigan. Internment will be in the Spring at Lakeview Cemetary in Harbor Springs.

In Memory . . . Written by Nicole Laughlin

Richard Kevin Laughlin was 40 years old. Whether it was playing games with him or eating Doritos while watching NASCAR races, we always had fun with him. He'll always be our Dad no matter what. One of the funniest things we did was take our Monte Carlo to the store for more Doritos. Whenever we were sad, he cheered us up. Whenever somebody at school was picking on us, he simply said, "Fight back and always remember that you are a Laughlin and don't forget that!"

He had five children. 2 handsome young men and 3 beautiful young ladies. Kevin his eldest son, is now in college and is trying to get a job. Christopher, his youngest son is in the 9th grade and doing good. Cathleen, his eldest daughter is soon to graduate from high shcool. Nicole, his second oldest daughter is in Shay Elementary along with her sister Josephine. He was always glad to hear that his children were doing good in school, and he was always proud of all of us. He was loved very much by his family. I will always remember him as a good man and a good Dad!