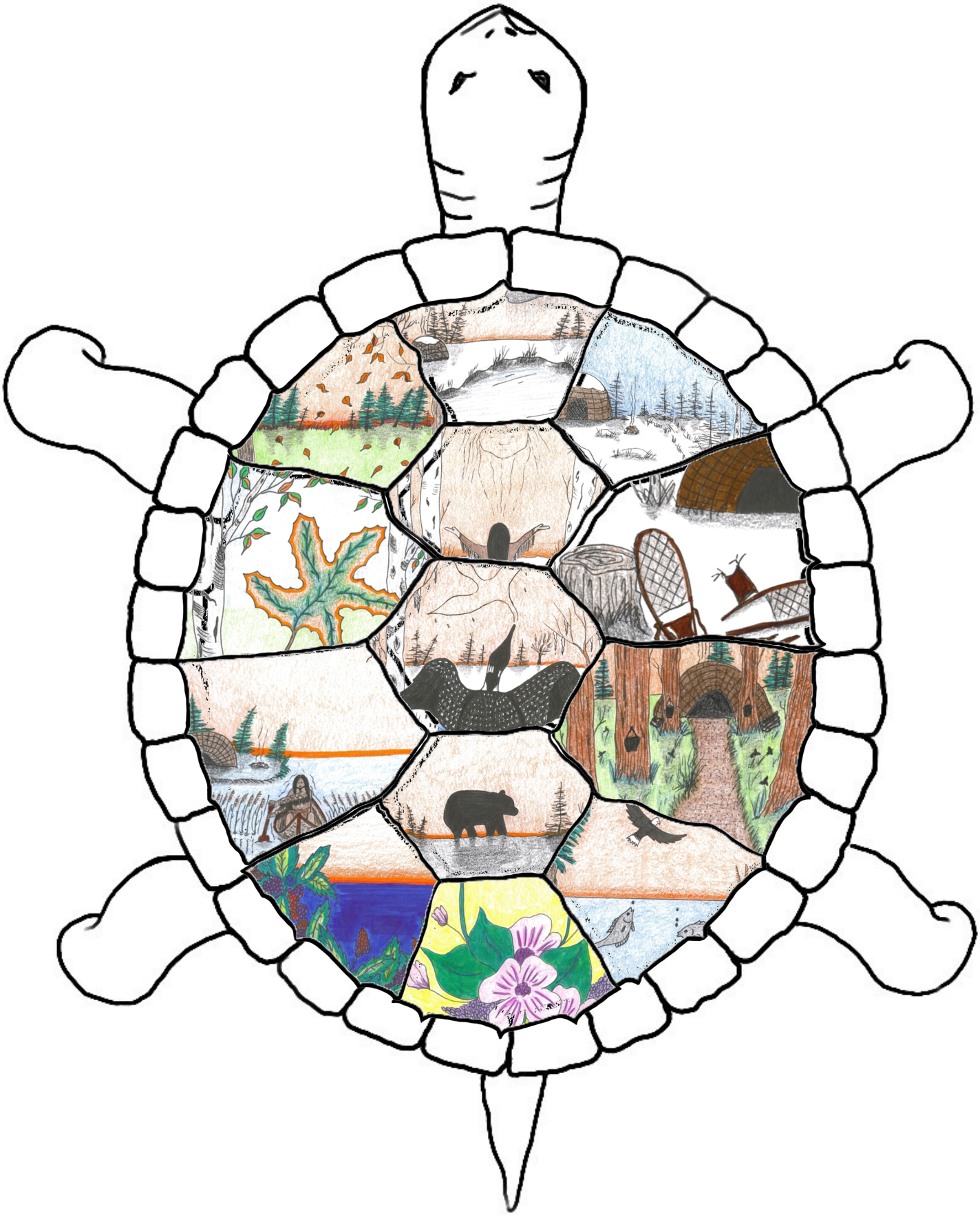Mshiikenh Giizisak