Easy Pizza Casserole - makes 4 to 6 servings

Ingredients

- 1 lb. ground beef OR ground turkey or turkey breast OR turkey sausage
- 1 small onion, diced
- 1 clove garlic, minced OR ½ teaspoon garlic powder
- 2 tsp. Italian seasoning OR oregano
- 2 15 oz. cans spaghetti sauce OR 1 28 oz. jar
- 1 can diced tomatoes
- 1 4-ounce can sliced mushrooms (may be omitted OR sauté 8 oz. of fresh)
- 1 16 oz. box whole grain rotini pasta
- 2 cups shredded cheese, divided for use
- ½ of 5-ounce package of turkey pepperoni slices, cut in half (may omit this)
- Red chile flakes and Parmesan cheese (if desired for serving)

Instructions

- 1. Cook pasta according to package directions. Do not overcook. Drain pasta well.
- 2. Brown ground beef with onion, garlic (powder) and Italian seasoning.
- 3. Start preheating oven to 350° F.
- 4. Drain excess fat from ground beef.
- 5. In a large bowl, mix together spaghetti sauce, diced tomatoes, mushrooms, cooked pasta, 1 1/2 cups shredded cheese, cooked ground beef and half of pepperoni pieces. Stir well.
- 6. Spray 9"x 13" baking dish with nonstick cooking spray or lightly grease with oil.
- 7. Pour in pasta mixture.
- 8. Sprinkle with remaining 1/2 cup of cheese.
- 9. Place remaining pepperoni slices on top. Cover with aluminum foil.
- 10. Bake at 350° F for 20 minutes.
- 11. Remove aluminum foil and bake for another 5-10 minutes (until cheese is melted).
- 12. Enjoy with a green vegetable like broccoli, green beans or spinach. Let each person sprinkle with red chile flakes and Parmesan cheese if desired.

Notes

- Spray the inside of the aluminum foil with nonstick spray so the cheese does not stick to it while baking.
- Have fun with this dish and add more of your favorite pizza toppings like green peppers, bacon bits, sausage or olives!
- Items in **BOLD** are available on the FDPIR program. Tanner says to use the whole package of turkey pepperoni (3).